### In this issue . . .





VOLUME XXIX(4)·OCTOBER 2003



# President's Column Mary Barber, MD

AGLP Business Meeting, September 13, 2003, Washington, DC

Photos by Roy Harker

GBT people had an eventful summer. The Ontario Supreme Court ruled that same-sex couples must be allowed to marry, the U.S. Supreme court finally put an end to sodomy laws, and the Episcopal Church approved the election of its first openly gay bishop. In the popular media the reality TV shows, "Queer Eye for the Straight Guy" and "Boy Meets Boy" became surprise hits, and not just among gay viewers. On the other side, the Pope and the President made statements placing themselves firmly against all this progress and gay visibility. Whether the news was positive or negative, it

Perhaps feeling energized from all the media attention, the Board and Council of AGLP had a very productive planning meeting on September 12-13 in Washington, DC. In a retreat on September 12 and an all-day meeting on Sept 13, we finalized our mission statement and goal statements. They are as follows:

seems we were in the media nearly every week during the summer of 2003.

Mission: The Association of Gay and Lesbian Psychiatrists (AGLP) is a community of psychiatrists that educates and advocates on Lesbian Gay Bisexual and Transgender mental health issues.

## Our goals are to:

- · Foster a fuller understanding of LGBT mental health issues;
- · Research and advocate for the best mental health care for the LGBT community;
- · Develop resources to promote LGBT mental health;

Continued on page 3

The Newsletter of the Association of Gay and Lesbian Psychiatrists

### Editor, Cheryl Chessick, M.D.

Published quarterly from 4455 East 12th Avenue, Box A011-21, Denver, Colorado 80220.

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Cheryl Chessick, M.D., Editor, Newsletter of AGLP; is 4455 East 12th Avenue, Box A011-21, Denver, Colorado 80220. (Phone: 303-315-9884, FAX 303-315-9570, E-mail: cheryl.chessick@uchsc.edu). Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the sub-mission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is September 30, 2003.

### ADVERTISING RATES

The Newsletter of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay ore lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$200
Half-Page Ad	\$125
Business Card	\$50

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

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# Editor's Column

# By Cheryl Chessick MD

nother successful fall meeting occurred in September at our usual spot of Washington DC. Please check out the exciting news this go round on the new logo and goals for the future that were set out during and after these meetings. Both our president and secretary have documented these changes that are coming up.

Please check out the medical student column. It sounds as though the mentorship program is full steam ahead.

Lastly, we will have several spots open for officers this next year. If you or anyone you know who would be interested, please contact Phil Bialer MD.

I hope everyone has a great fall. Also, if anyone is going to the play "I am my own wife" and would like to do a review for the next newsletter, I would be eternally grateful.

# Nominations Sought

Several positions on the executive board of SLP will be opening up in May. These include the offices of Vice President, Secretary, and Newsletter Editor.

The VP's main duties consist of coordinating all of the activities that take place in the hospitality suite during the annual meeting. More importantly, the VP is also in charge of the educational program at the annual meeting which includes the Saturday morning symposium as well as other educational activities taking place during the week. The VP serves on the executive board of AGLP and fills in for the president when she/he is not available.

The secretary is responsible for recording minutes at all executive committee and board meetings and general business meetings and making them available to the general membership via the newsletter.

The newsletter editor is responsible for editing and distributing the quarterly newsletter and also serves on the executive committee.

Anyone interested in these positions or who has suggestions for suitable candidates should contact me.

As past-president, I am also seeking nominations for the annual AGLP Distinguished Service Award and the James Paulsen Award. The Distinguished Service Award was first presented in 1986 to Barney Frank for his tremendous contribution to the gay and lesbian community as the first openly gay congressman. Other honorees have included Dr. Judd Marmor, Emery Hetrick, Dr. Evelyn Hooker, Paulette Godard (founder of PFLAG) Uvrashi Vaid, Marlon Riggs, Frank Kameny and Barbara Gittings, Dr. Carolyn Rabinowitz, Martin Duberman, Mel Sabshin, Sven Robinson, Dick Isay, and Larry Hartman, Jon Fryer, and Francis Lu.

The James Paulsen Award has been sponsored in years past by Jannsen Pharmaceutica and is intended for honoring one of AGLP's own. Dr. Paulsen was one of the founders of an underground gay physicians group that predated AGLP, and was then instrumental in the founding of AGLP as one of its largest contributors. Past winners of this award have included Frank Rundle, Bert Schaffner, Jim Krajeski, Peggy Hanley Hackenbruck, David Scasta, Marshall Forstein, and Margery Sved among others.

Please forward all nominations to me by Dec. 31.

Contact information:

Philip A. Bialer, MD

Beth Israel Medical Center · First Ave. and 16th St. Fierman 509 · New York, NY 10003

Phone: 212-420-4352

e-mail: pbialer@bethisraelny.org

# President's Column Continued from page 1

- · Create a welcoming, safe, nurturing, and accepting environment for members; and
- · Provide valuable and accessible services to our members.

We also approved a new logo, which followed several months of brainstorming and considering different possibilities. The logo, which appears for the first time in this newsletter, takes ideas from the previous logo and updates the look. The psi, representing psychiatry, appears stylized, with the "arms" reaching out. This conveys our missions to educate the public and to nurture our own members. The opening arms of the psi suggest our slogan, "opening minds." The psi is on a blue background, which is often used to represent the health professions. Some of you may choose to stare at the image some more and have your own associations to it, but I thought everyone might like to know about some of the careful thinking behind the final design.

Our September 12 retreat also focused on development strategies, and we further discussed these in the all-day meeting the next day. We will start applying for foundation grants to help diversify our funding sources, as well as to offset our ever-increasing programming costs. Roy Harker deserves a big thank you for his hard efforts in guiding us through the visioning process that resulted in our mission and goal statements, in researching foundations and giving us a roadmap for doing requests, and in executing the graphic design work on the logo. With Roy's help, we have been able to take the Association to a different level of organization and vision.

During the all-day September 13 meeting, the AGLP Board and Council voted to create two new awards. The first will be a new AGLP award, which will be presented for the first time at the Awards Banquet this May in NYC. The Stuart E. Nichols, MD Award will be given to a community organization in the city hosting the annual meeting, which has made significant contributions to LGBT mental health. The award will consist of \$500 and a plaque, to be presented to a representative of the recipient organization. Stu Nichols had a lifelong commitment to community mental health, from his work with people with addictions and HIV to his involvement with gay professional organizations. 1 The AGLP Board thought that giving the first award this May in Dr. Nichols' home of NYC would also be meaningful to his memory.

The second new award is still in the planning process, and would be an APA award sponsored by AGLP. The John E. Fryer, MD Award would be given to a public figure who has made significant contributions to LGBT mental health. The award would consist of \$500, a

plaque, and a lecture at the APA Annual Meeting. The APA has several other awards sponsored by minority and underrepresented allied organizations. Lectures associated with these awards are typically well-attended and are featured prominently in the Annual Meeting program. An APA award sponsored by AGLP would increase the visibility of AGLP and of LGBT mental health issues within APA. This would, of course, echo John Fryer's own stand for visibility, as Dr. H. Anonymous at the APA meeting in 19722. APA guidelines on awards stipulate that an award be endowed with at least \$50,000, given by the sponsoring organization to APA. So the next step in our creation of this award will be to seek sources of such an endowment. When we have secured the funding, we will be able to formally propose the award to APA.

Everyone at the fall AGLP meeting was excited about these two awards. Ubaldo Leli and the rest of the NY Local Arrangements Committee also generated excitement at the meeting. The NY program is shaping up to be an ambitious one, with an all-day Saturday symposium on psychoanalytically-oriented treatment of LGBT people. The Committee is also planning hospitality suite workshops and evening social gatherings, so there will be lots to do from May 1-6 in NYC.

Your Board and Council are working hard for you, as you can see from our accomplishments at the fall meeting. Please join me in thanking everyone who was at the retreat and all-day meeting. Because of the efforts of these folks, AGLP membership is back on the rise, at a time when similar professional and nonprofit organizations continue to struggle. And if all this heady talk makes a reader out there want to get involved personally, please contact me. There are openings in the AGLP Council, and there will be open Executive Board positions this year as well. These positions come with few material perks, but lots of intangible rewards – good friends and colleagues, productive work, a feeling of making a difference for our patients and ourselves.

## **NOTES**

- 1. See an interview with and tribute to Dr. Nichols in Vol 6, no 4, 2002 of the *Journal of Gay and Lesbian Psychotherapy*.
- 2. See the interview with Dr. Fryer in Vol 6, no 4, 2002 of the *Journal of Gay and Lesbian Psychotherapy*.

Mary Barber, M.D.

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# **Executive Director's Report**

# Roy Harker

here is good news to report on our membership numbers. For the first time since 1997, AGLP is showing a net increase of members. Our total membership of 569 can be compared with 549 for the same period last year – a 4% increase that has been sustained over the last six months. Our website has been quietly doing much of the work in the background with 45 of these new members having joined online. Those members received via the site represents 8% of the total. A current summary of our membership appears below:

Founding:	6
Patron:	9
Sponsoring:	48
Full:	250
Associate:	30
Resident:	77
Early Career:	34
Newsletter:	58
Medical Student	36
International	21
Total	569

Women, minorities, and large geographic areas of the mid-west continue to be underrepresented in our membership numbers. A chair for both the Women's Committee and the Minorities' Committee would greatly enhance the representation of these groups in our organization. We also continue to search for a chair for the Membership Committee. Would you consider taking on any of these roles so important to the viability of AGLP?

Our Membership Campaign for 2004 has officially begun. A notice for renewing your membership has been included with this mailing of the *Newsletter*. You may also renew your membership by visiting our website, www.aglp.org. On this form you will notice two new options for AGLP members: one checkbox for receiving your AGLP newsletter electronically, and another for automatic renewal of your membership by retaining credit card information. I hope you will elect both of these useful options.

As you may have read over the course of the last two years, AGLP Board and Council executives have been developing a new vision and strategic plan for the organization. In conjunction with this new visioning process, the committee developed a new logo. The new logo combines traditional elements from our former logo, designed by David Scasta in 1990, and updates them with a fresh, contemporary, and more inclusive image. The new logo incorporates the "Psi" in a motion of outreach on a field of "physician blue" along with our new tag line, "Opening minds." The stylized and organic shapes of the Psi and the oval background speak to the mental health care focus of our members.

This issue of the Newsletter officially launches our new logo, which will appear eventually on all of our printed material and advertising. The committee is confident this new image will serve AGLP well into the future.

# Looking to the future...

Preparations for future AGLP Annual Meetings are already underway. AGLP will visit **New York in 2004**. Ubaldo Leli, M.D., is local arrangements chair for this event. We have booked the Park Central Hotel,



The Park Central, New York, site of the AGLP 2004 Annual Meeting

located at Seventh Avenue and 56th Street in New York. The Park Central is directly across the street from Carnegie Hall, two blocks South of Central Park, a short walk from Rockefeller Center, all the best Museums, Broadway and all of Fifth Avenue and Madison Avenue's finest stores. The hotel recently finished a \$74 million renovation. The AGLP special group rate is \$198/night. The block runs from April 30 to May 7, 2004.

AGLP 2005 is in Atlanta, Georgia.
There we have blocked 100 rooms at the Sheraton Midtown at Colony
Square. This location is ideal for our membership in the heart of midtown-

Atlanta's arts and business district. Besides residing in Atlanta's gay district, the hotel is just one block from the Woodruff Arts Center, the Atlanta Symphony, the Alliance Theater and the Atlanta School of Art. MARTA, Atlanta's rapid mass transit system, is just two blocks from the hotel, putting you within minutes of Hartsfield International Airport, downtown, Buckhead and all of Atlanta's best venues, shopping and



The Sheraton Midtown Colony Square, site of the AGLP 2005 Annual Meeting

attractions. Other on-site amenities include a seasonal outdoor swimming pool and sundeck, massage therapy services and a fitness center. Guests may also take advantage of the six-mile jogging trail and tennis courts at Piedmont Park, just two blocks from the hotel.

Our group rate for this venue is \$239/night. The local arrangements chair in Atlanta is Dr. Edward Nix, M.D. The meeting runs from May 20 to May 26, 2005.

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### VOLUME XXIX(4)·OCTOBER 2003

THANKS TO THE FOLLOWING MEMBERS WHO HAVE JOINED AT THE SPONSOR AND PATRON LEVEL, AND TO THOSE MEMBERS AND FRIENDS OF AGLP WHO HAVE CONTRIBUTED TO THE STUDENT TRAVEL FUND FOR 2001.

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EDWARD NIX, M.D.
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# Photos from the AGLP Welcoming Reception



Dan Hicks, MD, and partner John McCall hosted the Fall Welcoming Reception in their new home.



John McCall and Richard Blanks



Khakasa Wapenyi, Mary Barber, and Ellen Haller



Rick Imorowicz and Terrance Heath with their new son, Richard Blanks and Milton Wainberg.

# Medical Student Column UPDATES

he medical student reps have been rather busy over the last couple of months. First, our heartfelt thanks go out to the 48 practicing psychiatrists who volunteered to serve as mentors to medical students. You collectively represent a wide spectrum of psychiatric practice, from residency directors and department chairs to community psychiatrists and activists. We're so grateful that you're willing to help mentor medical students. We have made the initial matches between interested students and professionals in their state/region, and we will continue to form more during the year. With such a great response, we will not find medical students for each mentor, but we will be sure to maintain the database into future years. Psychiatry is not a particularly easy field to navigate, and having identified LGBT folks available to help means much to us.

If additional medical students or practicing psychiatrists would like to participate in the program, it's not too late to email us: palmer.brian@mayo.edu or david\_tompkins@nymc.edu.

Second, at the September board member, it was decided to add one more position for a medical student to work under the auspices of the board. We added a liaison to the AMSA Lesbian Gay Bisexual Transgender People in Medicine (LGBTPM) to further strengthen the alliance between the two groups. The new liaison, a second year student at the University of Alabama-Birmingham, will create web space promoting AGLP on the AMSA website, will encourage future members to join and stay active in both organizations, and will provide communication and foster group activities at both national conventions.

First, our heartfelt thanks go out to the 48 practicing psychiatrists who volunteered to serve as mentors to medical students...Psychiatry is not a particularly easy field to navigate, and having identified LGBT folks available to help means much to us.

Third, as Brian and I close out our medical school careers and look forward to the future, we actively are seeking new students to fill our shoes. To become a new student board member, we require that applicants be AGLP members and would really encourage you to be at the AGLP/APA convention in New York from May 1-6, 2004. This will provide a smooth transition between old and new while being a great time to meet others interested and practicing in the psychiatric field.

Finally, I have individually been working with the local arrangements committee to make sure that students can and do come as well as have fun at the annual convention. (On his behalf, Brian does live almost a thousand miles away and has been busy presenting his research at various meetings. He is, though, only a phone call away.) For this effort, AGLP does offer travel scholarships for students who have been members for at least six months. If you qualify, then send an email to Roy Harker at rharker@aglp.org expressing interest. For receipt of these valuable scholarships, students are only required to work a three hour shift at the AGLP booth in the exhibit hall during the convention. Quite a deal!! For those students who do make it to New York, I am working hard to organize living arrangements. If any local residents or psychiatrists have space, please email me at the above address stating how much space, the location of it, and for how long a student could stay. This effort really does enable more students to participate and attend conferences. Brian and I both look forward to seeing everyone again or for the first time in the Big Apple!

Margerie Sved, M.D., AGLP's Delegate to the Caucus of Gay, Lesbian, and Bi-Sexual Psychiatrists, has submitted this Action Paper to the Assembly. If your District Branch Executive Council meets between now and the Assembly Meeting time (November 14-16) please try to get your district branch to pass an endorsement of each action item. Each endorsement does help. Thereafter be sure someone from your DB is in touch, by email, with Stacy De La O (sdelao@psych.org) to make sure she knows that the endorsement has been added.

# **ACTION PAPER**

## SUBJECT: CULTURAL, RACIAL, AND ETHNIC DISPARITIES IN MENTAL HEALTH CARE

INTENT: Have our APA include issues related to all the Minority and Underrepresented groups recognized by our APA in all APA documents related to Cultural, Racial, and Ethnic Disparities in Mental Health and Psychiatric Care

PROBLEM: Our APA has renamed the previous Council on National Affairs as the Council on Minority Mental Health and Health Disparities, which includes: the Committee of American Indian, Alaska Native, and Native Hawaiian Psychiatrists; the Committee of Asian-American Psychiatrists; the Committee of Black Psychiatrists; the Committee on Gay, Lesbian, and Bisexual Issues; the Committee Hispanic Psychiatrists; the Committee on International Medical Graduates; the Committee on Women; and the Corresponding Committee on Religion, Spirituality, and Psychiatry. In addition, the recognized Minority and Underrepresented Caucuses include: the Caucus of American Indian, Alaska Native, and Native Hawaiian Psychiatrists; the Caucus of Asian-American Psychiatrists; the Caucus of Black Psychiatrists; the Caucus of Hispanic Psychiatrists; the Caucus of International Medical Graduates; the Caucus of Lesbian, Gay, and Bisexual Psychiatrists; and the Caucus of Women Psychiatrists.

Recently, the Steering Committee to Reduce Disparities in Access to Psychiatric Care was formed to create recommendations for our APA to respond to the Surgeon General's 2001 Report, Mental Health: Culture, Race, and Ethnicity. These recommendations are supposed to incorporate efforts to improve cultural diversity and health disparities into our APA's strategic goals and implementation strategies. The first draft document addressed only racial and ethnic disparities.

This is only one recent example where issues related to all the APA identified minority and underrepresented groups were not included. Another recent similar issue was with the work groups for the DSM V. Everyone, at all levels within our APA, needs to remember to include all these groups in official APA actions and proposals.

### **ALTERNATIVES:**

- 1) All committees, components, task forces, work groups, etc. addressing issues related to cultural, racial, and ethnic disparities or other issues of cultural diversity should be constituted to include representation from all of our APA's identified minority and underrepresented groups.
- 2) All documents produced by committees, components, task forces, work groups, etc. addressing issues related to cultural, racial, and ethnic disparities or other issues of cultural diversity should include issues relevant to all of our APA's identified minority and underrepresented groups.
- Do nothing.

RECOMMENDATION: 1 and 2.

IMPLEMENTATION: To the JRC and BOT for inclusion in official APA policy.

ESTIMATED COST: None.

SUBMITTED BY: Margery Sved, MD

Representative, Lesbian, Gay, and Bisexual Caucus

ENDORSED BY (in principle): Committee on Gay, Lesbian, and Bisexual Issues, September 13, 2003

Association of Gay and Lesbian Psychiatrists, September 13, 2003

North Carolina Psychiatric Association, September 21, 2003

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Margerie Sved, M.D., AGLP's Delegate to the Caucus of Gay, Lesbian, and Bi-Sexual Psychiatrists, has submitted this Action Paper to the Assembly. If your District Branch Executive Council meets between now and the Assembly Meeting time (November 14-16) please try to get your district branch to pass an endorsement of each action item. Each endorsement does help. Thereafter be sure someone from your DB is in touch, by email, with Stacy De La O (sdelao@psych.org) to make sure she knows that the endorsement has been added.

# **ACTION PAPER**

SUBJECT: APA MEMBERSHIP DEMOGRAPHICS

INTENT: Have the APA request sexual orientation in the demographics requested of members

PROBLEM: Currently, the APA collects various demographic data about our membership. This has allowed the APA to collect and evaluate information about various subgroups, including results of recruitment and retention efforts. Both the Association of Gay and Lesbian Psychiatrists and the Committee on Gay, Lesbian, and Bisexual Issues have requested that information about sexual orientation be requested voluntarily from the membership, and have offered to provide assistance with the appropriate wording. This is the only Minority and Underrepresented Group that is not currently reflected in the demographic information collected.

Since the APA is currently updating its databases, this would be a good time to begin collecting this data.

### **ALTERNATIVES:**

- 1. No change.
- Have the APA begin collecting voluntary information about sexual orientation from the membership.
- 3. Ask the Association of Gay and Lesbian Psychiatrists and the Committee on Gay, Lesbian, and Bisexual Issues to assist in the wording of the relevant questions.

RECOMMENDATION: Items 2 and 3

IMPLEMENTATION: 1. To the JRC then BOT for approval, then to the Office of Membership for implementation.

ESTIMATED COST: Minimal. Can be handled by email, and included with the next mailing of annual dues.

SUBMITTED BY: Margery Sved, MD

Representative, Caucus of Lesbian, Gay, and Bisexual Psychiatrists

ENDORSED BY (in principle): Committee on Gay, Lesbian, and Bisexual Issues, 9/13/03

Association of Gay and Lesbian Psychiatrists, 9/13/03 North Carolina Psychiatric Association, 9/21/03

World Psychiatric Association The next International Conference of the World Psychiatric Association will take place in Florence, Italy in November 10-13, 2004. There is a new deadline for submission of workshops which is now January 31, 2004. If you have any interest in participating in a workshop, please contact me by January 1, 2004 with the title of your presentation and a 4 sentence description. The conference theme is psychiatric treatments, so please make your description relevent to treatment issues. Gene Nakajima, MD (415) 292-1554 Gnakajima@alumni.stanford.org



On August 23, 2003, Guy Glass, M.D. married his partner Lewis Reece Baratz, Ph.D. in Vancouver, British Columbia, Canada. Immediately following, Gene Nakajima, M.D. and Howard Rubin, M.D. also exchanged vows.

# AGLP Fall Business Meeting Minutes

Saturday, September 13, 2003, 9 AM-5 PM JW Marriott Hotel, Washington, D.C.

Mary Barber called the meeting to order at 9:15 AM. Meeting began with introductions.

## I. Report on Annual meetings:

- A. NEW YORK, 2004 Local Arrangements Committee Ubaldo Leli
  - 1) Hotel-Park Central hotel located in mid-town
  - 2) Booth-price fixed for renting of space and furniture; trainees will be required to sign up to staff the booth in order to receive a travel grant.
  - 3) Booklet-Kenn and several others are working on it and plan to add a membership form to it. Council discussed making the guidebook smaller and handing it out with a free gay guide to NYC. The deadline for submission of materials to the guide is 1/30/04.
  - 4) Women's events- No woman has attended a local arrangements meeting yet despite invitations to several via email and vmail. Mary will contact several suggested names. General discussion held about moving the women's dinner to another night.
  - 5) ECP/Residents/students-A lunch will be held on Sunday organized by Andy. Travel scholarships will be offered 6 months in advance. Andy also plans to work on arranging housing in NY for trainees.
  - 6) Minority Outreach- Kenn is organizing an event.
  - 7) Awards: Phil Bialer-Paulson award for service to AGLP will be given to Jack Drescher. The service award has not yet been decided; Phil is seeking nominations. Several nominees were discussed. Discussion focused on awarding it to a local person who has made contributions to LGBT Mental Health.
  - 8) Dan Karasic -- educational program and hospitality suite. Focus of Saturday symposium will be on psychoanalytic issues. A committee has been formed to organize it working closely with Dan. Different space issues were discussed; the host hotel may not have a room large enough to hold the symposium. The hotel will be asked again if they have a room of adequate size. GLMA will most likely do the CME again but another option being pursued is the White Institute.
  - 9) Opening and Closing Receptions-Opening reception will be at "Therapy," a large, centrally located gay club. Closing banquet: Phil and others looking at options but the committee hasn't yet finalized a site. AGLP Board discussed raising the ticket price for the dinner (which has been held \$75 for several years). Motion was made and approved to have the ticket price rise to at least \$100 at the discretion of the LA Committee. Committee will contact Roy, Mary and Bob should the price need to rise about that amount. Council estimated that 120 people will attend this event (but also recognized that the number may increase pending the award recipient's decision).
- B. Atlanta, GA, May 22 through May 25, 2005. Local Arrangements

- Committee. Ed Nix is Chair of the committee. Dan raised issue of moving the Saturday Symposium to Sunday for future meetings starting in Atlanta. If it is moved, will need to adjust contract with hotel. Motion made and approved to move the CME symposium to Sunday starting with the 2005 meeting.
- C. Toronto, Ontario, Canada, May 20-25, 2006. Several names of Toronto members were discussed to potentially become involved in the Local Arrangements committee. Mary will contact these individuals.
- D. San Diego, CA, May 19-24, 2007. Names of San Diego members were discussed.

## II. Board and Committee Reports

- A. Executive Director Roy Harker: 65 CME certificates were granted at the SF Meeting. GLMA delivered the certificates somewhat late leading to some frustration by members. It cost AGLP \$2,125 to have GLMA do the CME process. AGLP currently has 568 members (548 this same time last year); this is the first time since 1997 that membership has increased! Most of the new members have joined through the AGLP website. Currently, AGLP has a deficit and few reserves due to not getting an expected grant this year of \$15,000 from Janssen. October will be the start of the Annual Membership drive which will help the cash flow. Audit for 2000 has been approved, and 2001 is in process of completion. AGLP saved \$1100 by offering the newsletter to members in electronic format. Check boxes will appear on the new membership forms giving members the option to receive the newsletter electronically and to be billed annually off of their credit card.
- B. President Mary Barber Mary thanked Roy for all of his hard work with gathering foundation information, creating a new logo, helping with the recent retreats, etc.
  - a. Mary presented idea of creating a new AGLP award (of \$500) given to a local community agency or organization of some sort in the city where the Annual Meeting is being held. Motion made and approved to move forward with this award and to name it after Stu Nichols. Council decided to go forward with it for the meeting in NYC in 2004.
  - b. American Psychiatric Foundation has Minority Mental Health awards for an individual or a mental health program. The deadline is November 1, 2003. Nominations were solicited from the council; Mary wills f/u with Kenn who brought the award to her attention.
  - c. Job descriptions have been developed for all of the Council positions in AGLP; council reviewed the material.
  - d. Mary stated that her vision has been to clarify AGLP's mission, to develop new printed materials and to promulgate our membership benefits.
- C. Vice-president Dan Karasic Educational activities were successful in SF. Approx 130 people came to the Saturday symposium. New members joined as a result of offering a full day program with CME. Symposium again offering CME will be held in NY focused on psychoanalysis and psychoanalytic theory with an attempt to outreach to non-AGLP members

and to non-MD therapists. Hospitality suite events: attendance depended on what was also being offered in APA at the same time. Andy suggested moving the medical student discussion group to Tues from Wednesday.

- D. Secretary Ellen Haller: minutes from May meetings were submitted.
- E. Treasurer Bob Mitchell AGLP did not get \$15,000 grant from Janssen despite planning for it in the budget process. Number of members who pay above the full membership fee is robust. Membership has grown since last year. Additional sources of non-dues income will be sought.
- F. Development Committee Rick Hire. No report from Rick, however, issues discussed under new business. Gene Nakagima was suggested as a co-chair with Rick. Mary will contact him.
- G. Newsletter Cheryl Chessick-- Next deadline is 9/30/03. Due to becoming the President of her DB, Cheryl has resigned as newsletter editor. New editor will be sought.
- H. Journal Jack Drescher: Next issue will be a series of papers on the Spitzer study (which is coming out soon in the Archives of Sexual Behavior). Future issues will cover transgender issues, treating LGB issues in the public sector, the mental health impact of treating prostate CA in gay men, and a special issue on "barebacking". Proposal was discussed to increase amount of compensation per volume from Hayworth Press. Motion made and approved for Mary to f/u with Hayworth.
- I. Women no current chair
- J. Minority Outreach no current chair
- K. Early Career no current chair
- L. Residents Kristen Riley-Lazo, Dennis Lin; no report
- M. Medical students Andy Tompkins, Brian Palmer. Mentor-mentee program has led to many responses from potential mentors (47 individuals have provided their names and contact info). Andy and Brian are now soliciting medical students and plan to match people in pairs. Andy proposed a new position of an individual who would be a formal liaison between the LGBT student group in AMSA and AGLP; council concurred. Both Andy and Brian will be recruiting students to fill their spots as they both are MS4s.
- N. Membership no current chair
- O. International Kenn Ashley, Gene Nakajima; no report
- P. Psychoanalysis Ubaldo Leli; committee meeting was not well-attended at 2003 Annual Meeting. Next year, Ubaldo will contact people directly to encourage attendance. Hospitality suite workshop with focus on shame will continue.
- Q. LAGCAPA Stewart Adelson, Rob Pinney Rob presented issue of joint membership between LAGCAPA and AGLP. Discussion below under new business.
- R. HIV no current chair; Council discussed importance of having members available to serve as support regarding HIV/AIDS for any members in need. Mary will f/u with individuals she knows who have participated in the discussion group at the annual meeting.

S. Transgender – Wynelle Snow; no report

## III. Report from LGB Committee - Jack Drescher

The APA Council on Minority and Mental Health Disparities met on 9/12/03. It's chaired by Francis Lu and reports directly to the JRC. Membership includes members of the various minority committees. Documents were reviewed regarding mental health disparities among minorities. Focus was on ethnic and racial minorities in the documents reviewed, but there was no mention of LGBT issues. After Council discussion, Margie was asked (and agreed) to submit an Assembly Action Paper stipulating that any document addressing minority issues needs to include both women's and LGBT issues. Washington, New York and Northern California district branches will be asked to endorse this action paper. Additionally, Jack sent a letter about DSM-V to Jay Scully in March, 2003. Jack sent it a second time in August, 2003. Jack has since spoken to Larry Hartman about the issue also but has not heard back from Dr. Scully. Jack has asked Bob Cabaj to write a document about the epidemiology of psychiatric d/o in LGBT for possible inclusion in the Research Agenda for DSM-V document. (The APA Women's Committee followed a similar process to include gender issues in this document). The committee has submitted a component workshop showing the film, "Trembling before G\*d" and a Symposium on "Homosexuality in the Orthodox Jewish Community" with Paul Applebaum as the discussant. The committee also discussed transgender inclusion issues; the language in the charge of the committee was changed to be more inclusive. Graeme Hanson (a member of the Family Violence Committee) presented to the LGB Committee around increasing the awareness and detection of family violence.

IV. Report from Caucus - Margie Sved, Mark Townsend

Margie will serve one more year. Margie was the MUR rep for the APA National Elections nominating committee. 10/15/03 is the deadline for Action items for the Assembly's November meeting. Individuals can now be members of more than one caucus at the same time; Council members were encouraged to sign up for other APA caucuses in addition to the LGB caucus. The climate at APA has changed with the change to a new Medical Director. Suggestion was made for Margie to put forward an action paper to have APA to ask members about sexual orientation. This was endorsed by Jack as the Chair of the LBG Committee. Margie agreed to f/u.

V. Nominating Committee - Phil Bialer Open offices for 2004-2005 include President-elect, Vice president, Secretary, and Newsletter editor. Council suggested several names as potential nominees. Phil will f/u, working with Ellen and Cheryl, to seek additional names (with attention to geographic, ethnic and gender diversity).

## VI. New Business

- A. New AGLP award to local program: discussed in President's report
- B. APF award nomination: ditto
- C. Creating a new APA award for LGBT MH: Foundation support was dis-

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cussed to fund the award. There was general consensus to follow up with the idea. Motion made and approved to name it the John Fryer award for significant contributions in LGBT Mental Health. Winner will not have to be an APA member. Jack suggested that as part of a submission for grant funding of the award, that John's interview from the Journal, his obituaries and a copy of the photo of him as Dr. Anonymous be included. Motion was made and approved that the specifics included a \$500 annual award with a plaque, a lecture, and expenses paid for non-APA members. The Chair of the APA LGB Committee and Immediate past president of AGLP will be charged with forming an awards committee of APA members.

D. Joint membership with LAGCAPA—a \$200 joint member ship has been proposed (\$40 to LAGCAPA and \$160 to AGLP) with the idea that either organization could collect the total fee and then send the money and the information to the other organization. Many individuals are not currently members of both organizations. Rob will bring back to LAGCAPA. Motion made and approved to support the concept in spirit and that Roy and Stewart Adelson (of LAGCAPA) will work out the details and either by email or at May meeting will present the recommended process and time-line to the Council for implementation.

E. Recruitment incentive for members-tabled

## F. Report from retreat – Mary Barber:

- a. Proposed mission statement reads: The Association of Gay and Lesbian Psychiatrists (AGLP) is a community of psychiatrists that educates and advocates on Lesbian Gay Bisexual and Transgender mental health issues. Motion was made and approved to accept this new, revised mission statement. The mission statement will appear on all printed materials.
- b. Motion was made and approved to accept the following new goal statements:
- · Foster a fuller understanding of LGBT mental health issues;
- $\cdot$  Research and advocate for the best mental health care for the LGBT community;
- · Develop resources to promote LGBT mental health;
- · Create a welcoming, safe, nurturing, and accepting environment for members; and
- · Provide valuable and accessible services to our members.
- c. Additionally, three proposals for a new logo were reviewed. Motion was made and approved for a blue image with the Psi and the tag line, "Opening Minds."
- d. AGLP has a critical need to diversify funding sources including foundations, additional pharmaceutical companies, individuals, and other potential sources. Roy reviewed process of collecting information on 42 different foundations to pursue for potential funding. He provided a CD full of development tools to each Council member and recommended that we match our goals to those of various foundations. Mary and Roy have sent out three grants to date (two have been rejected and one is still pending). Mary proposed that every member of the

Council become active in development and asked that each volunteer for writing at least two grants. Members reviewed Roy's list of foundations and several volunteered to actively pursue funding. Andy mentioned that Brian Palmer is currently the National Treasurer of AMSA and has volunteered to work on developing programs that could generate non-dues income for AGLP (such as travel discounts, credit cards, financial planning). Council suggested that Brian work directly with Roy.

Meeting was adjourned at 3:45 PM Respectively submitted, Ellen Haller, MD



Ellen Haller, MD, Secretary for AGLP

Photo by Mary Barber



Mary Barber leads the meetings

Photo by Mary Barbe

## AGLP MEMBERSHIP APPLICATION FORM

Name:		
Degree: Preferred first (nick) name:		
Address:		
City:		
State: Zip:		
Country: Membership Status:		
Full Member - \$185.00, Founding Member - \$1,000, Patron - \$500, Sponsoring \$250, Associate Member - \$185.00, Resident - \$30.00, Medical Student - \$185.00, Nesident - \$185.00, Medical Student - \$185.00, International (outside of US and Canada) - \$60.00	5.00,	
Date membership status changes:		
Are you a member of the American Psychiatric Association O Yes O No	ıś	
Special Instructions:		
(e.g. label "Personal")		
Do you want your name and address listed in a		
NON-CONFIDENTIAL directory of AGLP members?		
O Yes (Initial) O No		
Do you want to be a NON-CONFIDENTIALLY LISTED referral source?		
○ Yes (Initial) ○ No		
	N BELOW	
·		
O P T I O N A	L	
Age: Gender: Ethnicity:		
Home Phone: Office Phone:		
fax: e-mail:		
Home Address:		
City:		
State: Zip:		
Office Address:		
City:		
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CARD NO.		
EXP. DATE:		
CICNATURE		
signature:		

## **APPLICATION FORM**

# CAUCUS OF LESBIAN, GAY & BISEXUAL PSYCHIATRISTS

## AMERICAN PSYCHIATRIC ASSOCIATION

(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name:		
Address:		
City:		
	Zip:	
*APA Membership Status:		
Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.		
Signed:	Date:	
Send this form to:	Office of Membership American Psychiatric Association 1400 K Street, NW Washington, DC 20005	

\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow



Joe Henry and Jeff Akman at the AGLP Welcoming Reception in Washington, DC. More photos on page 5

Join AGLP or renew your membership online!
Go to www.aglp.org
and click on MEMBERSHIP

Make check out to "AGLP" and mail to: AGLP, 4514 Chester Avenue, Phila., PA 19143-3707