AGLP Opening Minds

In this issue . . .

President's Column Eric Yarbrough, M.D.	1
Editors' Column Joanne Ahola, M.D., and Jose Vito, M.D.	2
Executive Director's Column Roy Harker	3
AAOSL Report David Scasta, M.D.	3
Secretary's Column Sarah Noble, D.O.	5
Welcome to our New Members	5
AGLP Membership House Parties Chris McIntosh, M.D., AGLP Membership Chair	6
John Fryer, M.D., Award Update Mary Barber, M.D.	7
AGLP Board Meeting Minutes Sarah Noble, D.O., Secretary	8
Images from IPS 2014 Photos by Chris McIntosh, MD, and Howard Rubin, MD	8
AGLP Sponsors	11
Membership Forms	12





Dee Mosbacher, MD, Ph.D., (center) receives the John Fryer Award in San Francisco from AGLP President Eric Yarbrough, MD, (left) and AGLP Vice-President Amir Ahuja, MD, (right). More images from IPS follow on page 10.

President's Column Eric Yarbrough, M.D.

EYarbrough@aglp.org

all has finally arrived and the trees in Central Park have changed from their shades of green to the golden hues of orange, red, and yellow. The air is crisp and alive as we just verified our first case of Ebola in New York City. The hysterical frenzy among the staff where I work, let alone a barrage of patient phone calls, is enough to send my proverbial hair pulling into a trichotillomanic pruning party. The clinic I'm working for is also up and moving one block away to expand in space, so in addition to the world's viral accolades, I'm dealing with deciding what color chairs to have in the waiting room and what timber of shouting the walls can handle before a sound machine is necessary.

Suffice it to say, my first few months of president of AGLP have been full of distractions. As you roll your eyes back into their standard position from their whiplash response to my excuse, let me say that Roy, the board, and I have been working to solidify some of the structure of the organization to make it viable for years to come.

Membership has been, as it has been for the past decade, the primary source of stress for our organization just like so many other organizations in the country. Our numbers hover just below 300 where at the turn of the century we were comfortably above 600. Membership dues are the main budgetary item that keeps our organization alive and I want to thank those of you that have been loyal to the organization.

Continued on page 2

The Newsletter of the Association of Gay and Lesbian Psychiatrists

Co-Editors, Joanne Ahola, M.D., and Jose Vito, M.D.

Published quarterly from 4514 Chester Avenue, Philadelphia, PA 19143-3707.

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to the National Office, 4514 Chester Avenue, Philadelphia, PA 19143; phone 215-222-2800; Fax: 215-222-3881; E-mail: AGLPEditors@aglp.org. Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is January15, 2015.

ADVERTISING RATES

The Newsletter of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad \$350 Half-Page Ad \$250 Business Card \$125

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.



View this and all AGLP Newsletters by visiting our website at www.AGLP.org. Scan the QR Code to the left to visit the entire archive.

AGLP National Office

Roy Harker, Executive Director rharker@aglp.org 4514 Chester Avenue Philadelphia, PA 19143-3707 Voice: (215)222-2800 Fax: (215)222-3881 aglp@aglp.org www.aglp.org

Editorial ColumnJoanne Ahola, M.D., and Jose Vito, M.D.

AGLPEditors@aglp.org





Joanne Ahola, M.D. Jose

Jose Vito, M.D.

Please read every word in this newsletter. Our shared AGLP future is at stake. Read about who inspires us: Fryer Award winner Dr. Dee Mosbacher. Read about the critical issues that we face in Eric Yarbrough's presidential column and in Roy Harker's Executive Director's article. Read Sarah Noble's thoughtful piece on who are we to become. Read reports from our Town Hall meeting at the IPS.

And then please respond. As an organization, we need to take stock and make decisions. We need to hear what you think and feel, what you need and want from AGLP. We need input, members, dues, board

members. Let's reclaim the cutting edge on LGBTI issues for psychiatry and make a welcoming professional home for all.

And please make plans to come to Toronto! Our northern meeting place and AGLP offer a warm welcome. And, in the meantime, may your holidays be gay!

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Eric Yarbrough, M.D.

President's Column Continued from Page 1

tion to help with all the work we do. Having more members would make it possible for us to expand programming, educational activities, and social events on the whole.

I continue to try to solidify the structure of the board as well. Roy wouldn't let me dissolve the board and take over as dictator, so I'm forced to spread power as one would in an apparent democracy. We still need an AAOL representative to replace David Scasta. Understanding the APA organizational structure takes an IQ of 170 so many of us have been selected out. That being said, we are taking Mensa member applications and would like you to consider representing us with the larger APA. I also have a host of other board seats to fill. Instead of going into their individual roles here, I'd like you to send me a quick e-mail If you want to participate more in the organization. Trust in the fact I will find you a suitable role and you will be welcomed into the board with open arms. The initiation ceremony can be a bit taxing, but you'll recover in a few weeks and be on your road to bureaucracy in the most psychiatric way possible.

"Membership has been, as it has been for the past decade, the primary source of stress for our organization just like so many other organizations in the country."

If we missed you at IPS in San Francisco, please join us in Toronto in May. We'll have plenty of social activities and educational events. As always, we are very happy to have you as part of the organization and I'm always happy to get your comments, suggestions, thoughts, and feelings about how we can make AGLP more meaningful and productive for you and the larger community.

• •

Roy Harker, Executive Director

RHarker@aglp.org



Roy Harker

"The question before us: How do we better communicate the value of the organization to our membership and beyond?"

MEMBERSHIP CHALLENGES

t our recent Fall Meeting, in San Francisco, the AGLP Executive Board and many committed AGLP members attended, either in person or by teleconference, a wide-ranging discussion on membership, the value proposition of AGLP to our members and the public, current finances, and some goals for the future. The enthusiasm for the work of the organization, and the need to communicate that enthusiasm, was made immediately evident. Many pledged support for projects coming up over the next months. The meeting was called primarily in the face of ever-declining statistics regarding our membership numbers and constituent groups.

How did we get here? Clearly, the membership challenges we see today did not materialize overnight. In 2004, AGLP members numbered over 625. There was pharma money available to subsidize social events and symposia. In 2006, a number of external and internal forces brought about a huge shift in membership numbers — not only for AGLP, but also for all allied groups within the APA (and even a national trend documented by several association management experts). That year, AGLP experienced a one-year decline of almost 20% after many years of stable membership numbers. Since that time, while there has been some fluctuation, the overall trend in membership has been continually downward. Our current membership is 270. Our retention rate for long-term members (86%) remains high — above national averages. Many of these people also sustain AGLP with Patron-level dues contributions. But our retention rate for new members is considerably lower than it should be (41%), and remains a challenge for all on the board. Many of our long-term members are now facing retirement and ending their direct support for the organization.

One result of this downward membership trend is the necessity of the board to consider raising dues rates on General and Early Career categories for the first time in ten years. Rates for residents and medical students would remain highly subsidized as we continue our emphasis on stimulating their participation — and long-term membership — in our organization. In the past, the number of dues-paying members, coupled with low administrative overhead, made it possible for the organization to accomplish its goals with the revenue generated by the relatively large membership base. Over the past years we have instituted several cost saving measures using digital technology, expanded reliance on APA meeting support, and a number of other tools. But generally costs have continued to spiral upwards while the number of members has declined, especially costs in connection with our annual meeting. Today, with a per-member cost to run the organization of \$300, we face a revenue deficit that threatens to eliminate some programming and services.

There are so many signs of a healthy and viable organization in front of us: our Journal, with its international array of contributors, has an ever-widening circulation and is inching closer to MedLine listing; Our Referral page receives 200 hits per day (and two to three phone calls per week)! The APA, especially under the leadership of Dr. Saul Levin, seeks our support and counsel on many components of the organization. Our symposia contribute greatly to the corporate knowledge base of the American Psychiatric Association; Our website reports astounding numbers of visitors, especially those pages dealing with research, treatment guidelines, LGBT bibliography, and the GAP online curriculum. Annual Meeting social events remain popular and well attended.

In 2012, AGLP held a leadership retreat to formulate a strategic plan for the future. The consultant we hired made it clear to all that AGLP remains as relevant an organization

AGLP Board of Directors, Advisory Council, and Standing Committees 2014 - 2015

PRESIDENT

Eric Yarbrough, M.D. 646-256-7009 EYarbrough@aglp.org

VICE-PRESIDENT Amir Ahuja, M.D.

AAhuja@aglp.org

Editors@aalp.ora

IMMEDIATE-PAST PRESIDENT

Kenn Ashley, M.D. 212-844-1864 KAshley@aqlp.org

SECRETARY

SNoble@aglp.org Sarah Noble, D.O.

TREASURER

Serena Volpp, M.D. 443-834-3215 SVolpp@aglp.org

NEWSLETTER EDITORS

Joanne Ahola, M.D. Jose Vito, M.D. 212-877-3775 AGLPEditors@aglp.org 917-727-4662

JOURNAL OF GAY AND LESBIAN MENTAL HEALTH

Phil Bialer, M.D. 212-727-1262

Chris McIntosh, M.D. 416-323-9751

EXECUTIVE DIRECTOR 215-222-2800 Roy Harker RHarker@aglp.org

AGLP ADVISORY COUNCIL

MEMBERSHIP

Chris McIntosh, M.D. CMcintosh@aalp.ora

MEDICAL STUDENTS

Joshua Carroll medstudents@aglp.org Scott Grossman

PSYCHIATRIC RESIDENTS AND FELLOWS

Laura Erickson-Schroth, M.D., M.A. LErickson-Schroth@aglp.org

EARLY CAREER PSYCHIATRISTS

DSafin@aglp.org

ETHNIC MINORITY MEMBERS

AAhuja@aglp.org Amir Ahuia, M.D.

EDUCATION COMMITTEE

Andy Tompkins, M.D. 443-834-3215 ATompkins@aglp.org

CHILD AND ADOLESCENT PSYCHIATRISTS

JWeiss@aglp.org Jonathan Weiss, M.D.

WOMEN

Sarah Noble, D.O. SNoble@aglp.org

PSYCHOTHERAPY

CMcintosh@aglp.org Chris McIntosh, M.D.

HIV-AFFECTED MEMBERS

Paul Browde, M.D. PBrowde@aglp.org

INTERNATIONAL MEMBERS Gene Nakaiima, M.D.

GNakajima@aglp.org

SPIRITUALITY AND RELIGION

David Scasta, M.D. DScasta@aglp.org

TRANSGENDER MEMBERS

JPula@aglp.org Jack Pula, M.D.

WEB EDITOR

Maureen Murphy-Ryan, M.D. MMurphyRyan@aglp.org

ASSEMBLY DELEGATES TO THE CAUCUS OF GAY. **LESBIAN AND BISEXUAL PSYCHIATRISTS**

Dan Hicks, M.D. (President) Philip Bigler, M.D. Ubaldo Leli, M.D.

AGLP REPRESENTATIVE TO THE APA ASSEMBLY DScasta@aglp.org

David Scasta, M.D.

APA COMMITTEE ON GLB ISSUES

Anand Pandva, M.D. APandya@aglp.org

Continued on page 10

The Assembly Allied Organizations and Sections Liaisons (AAOSL) Report

David L. Scasta, MD, DLFAPA

DScasta@aglp.org



David Scasta M.D.

he APA Assembly will be meeting for the Fall Plenary in Washington, DC from November 7th through the 9th. 2014. The Speaker, Dr. Jenny Boyer, has just completed a survey of the Assembly Representatives regarding APA priorities for the Assembly. Early reports indicate that the Assembly representatives' top priories are advocacy against discriminatory practices by insurance companies towards patients with mental illnesses and substance abuse, and member retention at local and national levels in the APA. Maintenance of Certification requirements by the American Board of Psychiatry and Neurology continues to be problematic in the District Branch queries.

My committee, the Assembly Allied Organizations and Sections Liaisons Committee (which I chair), is particularly concerned about the institution of electronic voting in the Assembly. Electronic voting could make "votes by strength" easier. In a "vote by strength," rather than a vote by voice or a standing vote, representatives are given different strengths to their votes. District branch representatives receive one vote for every person that they represent. Assembly representatives who are not geographically based, receive only one vote. In a "vote by strength," the district branch representatives have over 30,000 votes. The allied organizations have only 19 votes in total. The allied organizations, of which AGLP is one, are effectively disenfranchised by a "vote by strength." In the past, such votes were cumbersome and time consuming and rarely used. With electronic voting, district branch representatives could easily force votes by strength on any issue, making the allied organizations irrelevant to the legislative process. The AAOSL committee and I will be working on procedural issues to make such votes able to be used only in rare circumstances.

"In a 'vote by strength,' the district branch representatives have over 30,000 votes. The allied organizations have only 19 votes in total. The allied organizations, of which AGLP is one, are effectively disenfranchised by a 'vote by strenath."

Action papers which are scheduled to be considered in November are as follows:

Assembly Action Papers

November 2014 Plenary

- 1. Integrating Buprenorphine Maintenance Therapy with Primary Mental Health (Aoun)
- 2. Production and Distribution of The APA Mini Reference to Inform Patient Care during Training and Lifelong Practice (Aoun)
- 3. E-prescribing of Controlled Substances (Behrens)
- 4. Telepsychiatry (Burd)
- Addressing the Educational Specifics and Training Needs of International Medical Graduates (De Faria)
- 6. The Impact of the Diminishing Number of IMGs on the Care of the Underserved Populations (De Faria)
- 7. Direct to Consumer Advertising (Geller)
- 8. Critical Psychiatrist Shortages at Federal Medical Centers (Hart)
- 9. Conversion of the Components Directory to an Online-only Format (Lewis)
- 10. Standardization of Psychiatric Nurse Practitioner Training (Pabbati)
- 11. Assembly DSM Component Exploration: Whether to Add some Symptoms to the Next DSM (Peele)
- 12. Medical Term for 'Lack of Physical Exercise" (Peele)
- 13. Neurodevelopmental (Peele)
- 14. Replacing "Personality Disorder" with 'Syndrome" (Peele)
- 15. District Branch President-Elect Orientation (Sarkis)
- 16. EHR for Psychiatrists (Sarkis)
- 17. Assembly Allied Organizations and Sections Liaison (AAOSL) Committee Name Change (Scasta)
- 18. Training and Regulatory Standards for the Practice of Medicine Pertaining to the Treatment of Patients with Mental Disorders (Tiamson-Kassab)

My action paper calls for changing allied organizations' designation from liaisons to subspecialty representatives. The liaisons are the only members of the Assembly who are not called representatives.

Any member of the APA can develop an action paper for the APA to consider as long as an Assembly representative is listed as the primary author. One of our members has proposed an action paper on supporting California's ban on use of the "Homosexual Panic" defense in criminal trials, but the AGLP Executive Board has yet to address AGLP's position. I am always privileged to sponsor such initiatives on behalf of AGLP members. Any member wishing to do so should contact me by e-mail at DScasta@aglp.org.

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Sarah Noble, D.O.

Sarah Noble, D.O.

SNoble@aglp.org

s a bi, white, cis-gendered, woman it is fairly easy for me to navigate society, and on a day to day basis I often forget that the struggle isn't over. With all the wonderful victories we've had over the last few years including the reversal of DOMA, and so many states allowing gay marriage it seems like our fight is over. Yet a recent incident in Philadelphia brought many in our community to a horrified standstill. On a Thursday evening two

men were walking in the "Gayborhood" section of Philadelphia when they were approached by a group of "clean cut young people". This group proceeded to yell anti-gay slurs and then beat the men so badly that one of them had to have his jaw wired shut. Thankfully the perpetrators have been identified and will be tried in court, but unfortunately, Pennsylvania's hate crime laws don't protect victims of violence against sexual orientation or gender identity. The perpetrators will likely be charged with assault only.

Every day there are smaller, more subtle crimes that happen because homophobia isn't dead. It is our job as doctors, as those with power, to unite and create a strong voice so that we don't blend in and pretend that we are just like everyone else. Join with me and continue to make AGLP an organization that fights for us, for our patients, and for all GLBTQ folks.



WELCOME TO OUR NEW MEMBERS

Julien Cavanagh de Carvalho Brooklyn, NY

Clifford Kye Morris, CT

Michael Morshuis, M.D. Amsterdam, The Netherlands

Stevan Obradovic Hollywood, FL Amilcar Tirado, M.D. New York, NY

Susan Vaughan, M.D. New York, NY







Academically-Oriented Psychiatrists

Come join us in Boston at the VA Boston Healthcare System (VABHS), named among the "Top 100 Places to Work," by the Boston Globe. As New England's premier referral center for Veterans' healthcare, VABHS's Mental Health Service has strong and longstanding affiliations with Harvard Medical School and Boston University School of Medicine. Our healthcare system consists of three academic medical center campuses located in Jamaica Plain, West Roxbury, and Brockton, MA, with quick access to the heart of the city. Practice within the VA Boston Healthcare System will provide an immense sense of personal and professional satisfaction by fulfilling the Medical Center's mission to serve our Nation's Veterans.

Positions Available: We have exciting full-time opportunities available: Addiction Psychiatrist (Jamaica Plain/Brockton); Inpatient Consultation-Liaison or Geriatric Psychiatrist (Brockton/West Roxbury) and General Psychiatrist (Brockton/Jamaica Plain). Experience managing Buprenorphine and Clozapine is a plus! Duties for all positions include a well-balanced mix of direct clinical care, teaching & supervision of psychiatry residents and medical students, and an opportunity to participate in current research.

Qualifications: Board Certification in General Psychiatry, Addictions Psychiatry, Geriatric Psychiatry, or Psychosomatic Medicine; a commitment to serving Veterans, strong clinical skills, a desire to work as part of a strong interdisciplinary team. The VA Boston Healthcare System is an Affirmative Action / Equal Employment Opportunity employer, and women and minority candidates are strongly encouraged to apply. The successful candidates must be a U.S. Citizen. These positions offer a highly competitive VA salary and a faculty appointment at HMS or BUSM commensurate with experience.

Come discover the greater Boston region, from the boutiques on Newbury Street to the old-fashioned charm of Charles Street. A vibrant and diverse business sector, prestigious colleges and universities, unrivaled hospitals, world-renowned museums, rich history, and close proximity to the beaches of Cape Cod and the White and Green Mountains.

Please email your letter of interest, CV, and contact information for three references to:

BostonPsychiatryPositions@va.gov

Learn about VA Boston Healthcare System at: http://www.boston.va.gov/



Chris McIntosh, M.D.

"Who doesn't love a house party? I'm willing to bet most of our members can throw a pretty fabulous fête."

Chris McIntosh, M.D.

CMcintosh@aglp.org

HOUSE PARTIES FOR AGLP!

By Chris McIntosh, Membership Committee Chair To all AGLP members and supporters:

Members are the lifeblood of our organization and it's become clear over the last few years that AGLP needs to make a concerted effort to attract new members.

To that end the membership committee is instituting a new initiative: HOUSE PARTIES FOR AGLP!

Who doesn't love a house party? I'm willing to bet most of our members can throw a pretty fabulous fête. We need to harness our natural skills in the service of recruiting new members!

Here are a few tips for throwing an effective House Party for AGLP:

1. The Guest List

Think of all the LGBT psychiatrists you know in your area and invite them all. Encourage your guests to bring others they know who may be interested. Residents and medical students should also be welcomed. Consider allied professionals who may enjoy the networking opportunities or like to be involved with our projects.

2. The Invite

Be clear in your invite that the party is a recruitment drive for AGLP. That way, some people who may decline because of a conflict with another engagement can be encouraged to nevertheless sign up at our website: www.aqlp.org

3. The Prep

Contact our executive director Roy Harker (rharker@aglp.org; 215-222-2800) in advance so he can mail you some membership brochures. Depending on availability he may also be able to send you some paper copies of recent AGLP newsletters. You can download and print out AGLP newsletters here if you'd like to do so yourself: http://www.aglp.org/images/newsletterPDF/

4. The Gift-With-Purchase

Consider a specific incentive gift for invitees who join at the full member rate. This could be a small gift basket of goodies, a DVD of "Abomination" the documentary produced by AGLP, or a book. At my last house party, for example, I offered a signed copy of The LGBT Casebook (Levounis, Drescher and Barber, eds.) which has contributions by many AGLP members.

Remember, AGLP will subtract \$50 from your membership dues for this coming year for every new general or associate member who you recruit, and \$15 for every early-career or resident member.

5. The Set-Up

Prior to the arrival of your guests, set up a section of the main room with AGLP recruitment paraphernalia. This should include a laptop computer open to the membership section of the aglp website, so that people who want to join immediately can do so:

http://www.aglp.org/pages/AGLPMembership.php

Also include the membership brochures and paper copies of the AGLP newsletter. Fan out on a table some recent issues of The Journal of Gay and Lesbian Mental Health, a tangible benefit of membership!

6. The Main Event

During the party, take some pictures for later posting the AGLP Facebook page (ask people's permission first though, some people are shy!). Have fun and don't worry about a high-pressure pitch, just tell crazy stories about the fun times you've had with AGLP. A personal appeal is always best. Let people know when and where the next APA Annual Meeting is (San Francisco this year, May 18-22nd, 2013) and the next Institute of Psychiatric Services (Philadelphia, Oct 10-13th, 2013). Both of these conferences have AGLP associated social and educational events.

If you have invited a member of the AGLP's Board or Advisory Council, ask them to say a few words about AGLP and current projects and committees.

7. The Aftermath

Send an email to your guests a few days after the party thanking them for coming and inviting them to join the AGLP Facebook page. Include the AGLP membership website link in your email so people who needed a few days to consider can easily sign up.

Post the pictures and an enthusiastic description of your party on the AGLP Facebook page and also send the words and pictures to Newsletter Editor Eric Yarbrough (eyarbrough@aglp.org).

•••

Fryer Award Update Mary Barber, M.D.

MBarber@aglp.org



John E. Fryer, M.D.

"The Fryer
Award is
AGLP's
enduring
legacy. It is
AGLP's
method to
ensure a
place for
LGBT mental
health
issues at
APA for
years to
come. "

just wrote a check out for another installment in my pledge to the Fryer Award fund.
As you can see from the donations list, many AGLP members have written such checks.
Have you given to ensure the health and ongoing work of the Fryer Award in raising the visibility of LGBT issues in APA? If you have given, should you give more? How much is the right amount?

No one can answer the question of how much to give except you. The answer to that question really comes down to another question: What does AGLP mean to you?

The Fryer Award is AGLP's enduring legacy. It is AGLP's method to ensure a place for LGBT mental health issues at APA for years to come. It is a way that AGLP can project our vision into the larger psychiatry organization, increasing our voice.

What has AGLP meant to me? AGLP was a safe space for me to come out and meet friends while I was in training. AGLP has allowed me to build an academic career in LGBT psychiatry, a career separate from my paid job that would not have been possible without the peer and mentor network AGLP provides. AGLP gave me the Journal of Gay and Lesbian Mental Health on which to practice and hone my writing and editing, and to put forth a vision of what scholarship on LGBT issues I would like to create and encourage.

But all this is inadequate to express what AGLP really means.

This past weekend I attended a memorial for David McDowell, who died this past spring of pancreatic cancer at the young age of 51. David was an accomplished addictions psychiatrist, but more than that, he was a funny, sweet man who lit up any room he entered and who made anyone he spent time with feel special. I was lucky and privileged to have known him because he was a gay psychiatrist. Because he was a member of our AGLP family.

It's really the people of AGLP that have meant the most. Friends who have been like brothers and sisters to me. AGLP family who I have known for twenty years, and who I hope to know for many more.

What does AGLP mean to you? What could it mean in the future? What debt do you owe to this organization, this group of cherished friends and colleagues?

These are questions only you can ponder and answer. Please consider making a gift or repeat gift to the Fryer Award. You can make your pledge in installments as I have. But please do something for this organization, for this community, for this family.



CONTRIBUTORS

Ruth Alpert

Kenneth Ashley, M.D.

Mary Barber, M.D.

Phil Bialer, M.D.

Robert Buckingham, M.D.

William Byne, M.D.

Robert Cabaj, M.D.

Flavio Casoy, M.D.

Robert Delgado, M.D.

Jack Drescher, M.D.

Daniel Fast, M.D.

Marshall Forstein, M.D.

Michael Golder, M.D.

Timothy Hall, M.D.

Roy Harker

Ronald Hellman, M.D.

William Herz, M.D.

Daniel Hicks, M.D.

Gary Hirshberg, M.D.

Charles Ihlenfeld, M.D.

David Krefetz, D.O.

Kewchang Lee, M.D.

Saul Marc Levin, M.D.

Paul Lynch, M.D.

Daniel Mardonis, M.D.

Anthony Marino, M.D.

Scot McAfee, M.D.

Lindsey McClenathan

Christopher McIntosh, M.D.

Edward Nix, M.D.

Brett Offenberger, M.D.

Richard Pleak, M.D.

Howard Rubin, M.D.

Ben Ruesink, M.D.

James Slayton, M.D.

Edward Spencer, M.D.

Margie Sved, M.D.

Douglas Vanderburg, M.D.

Serena Volpp, M.D.

Milton Wainberg, M.D.

Jonathan Weiss, M.D.

Eric Yarbrough, M.D.

Penelope Ziegler, M.D.

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VOLUME XXXVV(4) • NOVEMBER 2014

AGLP Executive Meeting Monday, June 16th, 2014 3:00pm-4:00pm EDT

In Attendance: Eric Yarborough, Kenn Ashley, Amir Ahuja, Jonathon Weiss, Roy Harker, Joanne Ahola, Jose Vito, Sarah Noble

Excused: Chris McIntosh and Jack Pula

Announcements

- Deadline for Newsletter July 15th
- We were able to come in slightly under budget for the AGLP annual events at APA because
 Lonny gave us a great rate for the closing ceremony, Mary Barber helped with Roy's hotel
 room and it wasn't as expensive shipping to NYC as to other locales.
- How did smaller group meetings go?
- Per Sarah, the Women's dinner had a great turnout and the Minority dinner was easy to manage and went well per Amir
- The AGLP track at IPS has been finalized
- The Fryer award will be presented and Roy will take pictures
- Jose, Joann, Kenn won't be there, but we'll have our business meeting in San Francisco during the meeting
- Gene created a social event with Bay Area Physicians for Human Rights Goals
- Fryer Award Fund Development
- We currently have a value around \$59,000 and with pledges hoping to have a value of \$62,000 by year end
- APF hasn't really contributed other than the match, they haven't found any grants
- Still applying for grants, but waiting for APF to hire new grant developer. Waiting to hear
 back from them about whether they'll extend the 3 year period given we don't have a
 contact currently and there is no one on the horizon at this point.
- Mary Barber wants us to consider increasing the honorarium, which is currently \$1000. A
 higher award would increase the prestige. She believes that \$2000 plus travel would be
 feasible given the current interest produced. We can expect to produce about 4-5 thousand a year in interest.
- Per Roy \$1000 plus travel was set 10 years ago. Should we also establish an increase of 1.5% per year?
- We'll vote on this increase at next meeting
- We need to proceed quickly to find an AAOL successor to replace David Scasta
- No one has been identified to replace him
- Anand Pandya, Mark Townsend, Marshall, Julie Schulman were suggested as options
- Eric will contact Julie Schulman
- Social Events in SF IPS
- Gene usually takes over
- Identify a full member to take over early career psychiatrist
- The section is made up of early career, medical student and residents
- A long term member being in charge would be great because it would help with continuity
- Maybe someone involved in education
- Eric will contact Brian Hurley
- Also suggested: Marshall Forstein, Scott McAfee or Ellen Haller
- Updating the Website
- We have a lot of space on the website and it's probably underutilized
- Maybe putting pictures and videos of people on the board
- We need 30 sec clips of everyone on the board saying your name, what your role is in the
 organization, your primary interests, etc..., send to Roy
- Submissions for APA Toronto
- Due Sept usually
- Amir- symposium related to international LGBT issues and how it relates to mental health.

He's asked Miriam Schulman from Toronto, who can talk about situation in Uganda, etc... Looking for people who can talk about Asia, Eastern Europe.

- Amir will talk to Gene to see if he has any other suggestions for speakers
- We need to identify local arrangements committee and awards recipients for Toronto APA
 Long term objectives
- Roy has put together a list of all our symposia and awards since 1998 because if we're looking for grants we can show them what we've done
- Also to have a digital archive- We're looking for a cheap way to get old pamphlets and
 pictures digitized and put online.

Committee Reports

- Vice president report- Amir states he might want to include something educational for minority issues in the hospitality suite or at the minority dinner, perhaps also do something at IPS
- Immediate past president- Kenn states that it's nice to be able to listen instead of running meeting.
- Executive Director- Roy says the GAP site is completely redone and back up. We're going
 to start AGLP audit early because we actually have cash available. He's sending out two
 grant applications. One for Delaware Valley Foundation for \$5000 to support the Fryer
 Award. The second is to Bay Area Physicians for Human Rights to help fund IPS reception.
- Newsletter- Eric and Kenn need to write articles. Mary and Roy are working on a joint
 article about Fryer award. Eric suggested reaching out to Award winners to do articles
 about their response.
- Transgender Committee- Jack Pula sent in a note stating: "The APA Working group on the treatment of GD, which I am on with Dan Karasic, Evan Eyler, Bill Byne, and others, spent a good part of the weekend working with Jack Drescher on a letter to the editor in response to Paul McHugh's op-Ed in the Wall Street Journal last week, in which he presented his old and misleading notion that gender transitions solve nothing. We are waiting to see how APA wants to proceed with the letter. Whatever finally gets published, Jack or I will post in the AGLP Facebook page, and we should consider posting in the AGLP website."

Next Meeting on July 28th instead of 21st at 3pm EDT

AGLP Executive Meeting Monday, July 28th, 2014 3:00pm-4:00pm EDT

In Attendance: Eric Yarborough, Kenn Ashley, Serena Volpp , Amir Ahuja, Laura Erickson-Schroth, Roy Harker, Sarah Noble, Chris McIntosh, Jose Vito

Excused: Joanne Ahola , Jonathon Weiss

Announcements

I. IPS

IPS track for San Francisco has been finalized

Fryer Award Sat 10-11:30am

LGBT Symposia Fri-Sat: see website for the schedule http://www.aglp.org/pages/AGLPEvents.php

Business Meeting will be Sat 1-5pm

II. Roy- The AGLP annual audit is getting done earlier this year because we have the money Short —term objectives

1. Fryer fund raising going well without any help from APF. With the matching grant from them we should have about \$55,000 by the year end.

Eric was wondering if we need to have the Fryer award at IPS since our biggest audience at APA. But this schedule is determined by APA and is randomly scheduled. Would it make sense to skip a year and not have awards at IPS.

Discussion re: increasing the honorarium to \$2000. Serena suggested that we wait until we complete the fundraising since we don't know how much more we're going to get. The argument for increasing it is that we could offer it to higher profile people if the honorarium is higher.

VOLUME XXXVV(4) • NOVEMBER 2014

AGLP Executive Board Meeting Minutes Continued from Page 8

We'll postpone the decision until next month and have Mary Barber join the phone call to answer questions.

II. AAOL successor.

Eric spoke with Julie Schulman. She's got some interest, but not committed. She doesn't want to commit and then not be able to fulfill. Maybe someone who is in the assembly can speak to her. Eric is pretty dedicated to getting more women in our leadership positions and is hoping this might sway her. The position starts in Spring 2015.

III. Identifying Full Member for Early Career Psychiatrist/ Medical Student/ Resident

Eric hasn't had a chance to talk to Brian Hurley, but is hoping he might be interested since he's been very involved in organizing.

IV. Update the website

- a. Videos Eric will do his video and share so we know what we should put in our video
- b. Digital record- a medical student, Osman Sheikh, has offered to work with Eric and upload the archives of AGLP
- c. The importance of building the history page of the website so younger members in particular know more about what the AGLP and its members have achieved

V. APA Toronto

- a. International LGBT rights symposium
- i. Amir is organizing 4 or 5 people to speak so far Amir Ahuja, MD, Miriam Schulman, MD, and John Abdullah Wambere have committed
- ii. Amir also got an email from Guy Glass who wrote a play about advocating for patients through art- so how do we incorporate this? Maybe in the hospitality suite or organize a symposium around it?

b. Awards Suggestions

- i. Chris McIntosh will use local arrangements committee for help with suggestions
- ii. The awards include: Stewart Nichols- for an organization, Barbara Giddings for a woman working with women, Paulson-for an AGLP member, and the Distinguished Service award
 - iii. Chris will start to organize the local arrangements committee soon

New Business

A few years ago the NYC county district branch of APA and also someone at Mt. Sinai ER did a survey on residency programs education about LGBT issues. Now WPATH would like to do another survey for all residency programs across the program. Kenn is retooling the original survey.

Next meeting for August 18th at 3pm

AGLP Executive Meeting Monday, August 18, 2014 3:00pm-4:00pm EDT

In Attendance: Eric Yarborough, Amir Ahuja, Laura Erickson-Schroth, Roy Harker, Sarah Noble, Jose Vito, Joanne Ahola

Excused: Jonathon Weiss, David Scasta, Chris McIntosh, Kenn Ashley

Announcements: No announcements

Short -term objectives

- I. Fryer Award Fund
 - a. Currently collected up to \$14,300, and have \$3,500 in uncollected promises and another \$3,500 in APF matching funds
 - b. Mary Barber won't be in SF for the Fryer award this year so Eric will present the award
- II. Fryer Award Honorarium Increase
 - a. Not sure if Serena and Mary spoke to discuss this proposal

III. Fryer Award

a. Do we want to give it every other year so we can skip the IPS year that is mandated by APA?

IV. AAOL successor

- a. Julie Schulman has thought about the position but hasn't given a formal yes or no
- b. Jose Vito reached out two times, but she didn't return
- c. We should have a backup in case she says no

V. Member Follow-ups

- a. A lot of studies show that rather than doing member follow ups when people lapse, we should introduce ourselves to new members. Roy will make a list of new members and assign a sort of "buddy" for each board member each month. A board member will reach out to each new member going forward.
- b. Also in the new member profile and renewal forms, we will add check boxes for people to volunteer for the different committees

VI. Submissions for APA Toronto

a. Amir has organized a symposium on international LGBT mental health — it will be submitted and we'll know if it's accepted in the fall

VII. Video for website-

- a. Eric will have his done by August 31st
- Name, what you do for organization, what we're doing as an organization, and keep within two minutes in length

VIII. Name Change Project

- a. May want to make some calls to core members to see if we can get them on board with the idea of a change
- b. Roy suggested that starting with the past presidents might be a good idea
- c. Sarah will send an email to the past presidents with the current ideas and see if they have thoughts about which tagline most agree on to be voted on in Toronto

IX. Roy's update

- a. Audit going on currently
- b. Membership generally slow in summer, but should pick up un September
- c. Still cash positive

Next meeting for Sept 15th 3pm

AGLP Executive Meeting Monday, September 15, 2014 3:00pm-4:00pm EDT

In Attendance: Eric Yarborough, Roy Harker, Sarah Noble, Serena Yuan Volpp, Joanne Ahola, Jose Vito, Chris McIntosh

Excused: Kenn Ashley, Laura Erickson-Schroth

Absent: Amir Ahuja,

Announcements

Received a \$2,500 grant from Atlantic Philanthropies (compliments of Sarah Kay)

Short —term objectives

I .Fryer Award

- \$15, 350 collected so far (including APF matching funds)
- Mary Barber won't be at IPS, so Roy and Eric will be working on fund raising
- Since APF hasn't come through with any successful matching grants, Eric was hoping that
 we might be able to leverage asking to present the award only at APA.
- · Roy will find out which groups currently are presenting their awards only at APA
- Still need to decide whether to increase the honorarium

II. AAOL successor

- Eric emailed Julie Schulman today because she needed confirmation on the dates for the office.
- The post would be May 2015-2017

Continued on page 10

Images from IPS San Francisco 2014



AGLP members joining the membership development discussion at the Fall Business Meeting



lan Hedges (newly appointed Director of the Office of HIV Psychiatry), Jane Chittick, CFRE, Director of Development, American Psychiatric Foundation, and Saul Levin, M.D., CEO and Medical Director of the American Psychiatric Association join the Fall Meeting to discuss ways to broaden AGLP's relationship with the APA.

Executive Director's Column Continued from Page 3

today as it ever was — perhaps even more so. Yet the message of our value seems to have been lost to many members. The question before us: How do we better communicate the value of the organization to our membership and beyond?

One outcome of both the AGLP Retreat and the Fall Meeting in San Francisco is the need for more membership research regarding the attitudes and perceptions of our members, both current and lapsed. To this end we will be formulating a survey to gather as much information as possible to get to the heart of some of these problems. Your input — and the input of those who are no longer members - will be invaluable. I hope when the survey is completed you will respond with candor and thoughtfulness.

In the meantime, there are a number of ways you can get involved now: Dr. Renee Binder, President-Elect of the APA, is asking for AGLP representation in upcoming IPS and Annual Meeting planning. Send your CV to the National Office is you wish to be considered in these planning committees. Join an advi-

AGLP Executive Board Meeting Minutes Continued from Page 9

III. New member follow up and buddy assignments

• This month we will start the buddy assignments to reach out to new members

IV. Early Career Committee

- Eric talking with Brian Hurley about being in charge of the Early Career Committee
- V. Updating website
 - Videos- Laura did one and Eric is working on one
 - Gives the organization a face

VI. Toronto APA- Local Arrangements Committee

- Wayne Baici interested in being the chair of the committee
- Roy will send him the budget and the punch list of what's needed from the committee
- Awards suggestions will need to be finalized by March 2015

Long Term Objectives

I. Identify places to target for grants/donations

II. Digital archive

Roy will start shipping up old newsletters to Eric so they can be scanned and uploaded to
website

Reports

Newsletter (Jose Vito): Next deadline- October 15th, 2015

Membership (Chris McIntosh): It's our job to greet anyone who looks new so to make sure everyone feels welcome so that they join or stay a member.

Treasurer (Serena Volpp):

- Should we have membership applications at Gene's party?
- We're so reliant on dues and it's going to be tight trying to create a realistic budget this
 year
- Maybe we can ask some of the local San Francisco members come to the business meeting at IPS to discuss membership.

Executive Director (Roy Harker):

- Maybe we should have a short meeting about membership retention
- For example- studies show that sending a physical newsletter increases membership retention

Next meeting for November 1, 1-5pm at IPS

•••

sory committee. The full list appears on page three of this newsletter. Agree to be a buddy to a new member — email me at rharker@aglp.org to sign up. Renew your membership and encourage a colleague to join.

And, perhaps most importantly, communicate to everyone you know the value of this organization and the need for a sustainable, effective, and proactive AGLP.

• • •

THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2014-2015

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APA/AGLP Annual Meeting May 16 to 20, 2015