APA Candidates

George Harrison, M.D.

While the country has been seized by the election frenzy, our own APA elections are coming up again. The Newsletter has annually sent out a set of questions to the candidates in order for our readers to make a more informed decision when voting. This year we have responses from candidates for the President-Elect, Vice President, Trustee-at-large, and MIT Trustee-Elect who were canvassed for their responses to 2 questions.

President-Elect Candidates:

Pedro Ruiz, M.D.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

If elected President Elect of the APA in this year’s elections, I will not only continue to closely work with the Association of Gay and Lesbian Psychiatrists but I will take the initiative to address all relevant issues pertaining to the needs and advancement of Gay and Lesbian Psychiatrists within the APA. In the 1970s, I was very active in creating the APA Task Force on Gay and Lesbian Psychiatrists. In the 1980s, while I was Chair of the APC Council of National Affairs, I worked very hard...
Editor’s Column

George Harrison, MD

While the general discussion in the public has heated up over Gay Marriage, the issue has been finding its way through the system at the APA. In 2000 the APA adopted a position statement in support of same sex unions. “The American Psychiatric Association supports the legal recognition of same sex unions and their associated legal rights, benefits and responsibilities.” (http://www.psych.org/edu/other_res/lib_archives/archives/200003.pdf).

This year, Dan Hicks, Acting Chair of the Committee on Gay, Lesbian and Bisexual Issues (CGLBI), has been spearheading the efforts to expand the APA’s position for same sex unions. During the fall meetings the Committee discussed the best possible way to expand the APA statement. It was clear with discussion and input from Dr. Francis Lu, Chair of the Council on Minority Mental Health and Health Disparities, and Dr. Annelle Primm, the new APA staff in charge of minority affairs, that a position statement needed to be carefully crafted to be able to pass at the APA Board meeting this year. In particular, advocating for a statement supporting same sex marriage would probably encounter resistance due to the widespread misunderstanding of this issue, so would have little chance of passage without more lobbying and education.

A modification of the current APA same sex unions statement, which was passed in 2000 after several years of work, was determined to be the most likely means to get a stronger APA statement about GLB relationships passed this year. This modified civil union statement asks that the APA oppose attempts to limit rights and responsibilities of same sex unions. It is directed at the states which are passing legislation which curtails or outlaws benefits and rights of civil unions. An example of this is Virginia where the APA is based. Virginia’s law bars private employers such as the APA from offering partner benefits outside of marriage. This is a matter of ongoing concern as advocates for partner benefits have argued for the APA to take a more aggressive stance with the Virginia legislature.

The AGLP council endorsed the CGLBI's amended same sex union statement in the fall meeting. It also has recently been passed by the Northern California Psychiatric Society and the Washington Psychiatric Society, and is pending in other district branches. The hope is that this statement will be passed by the Board of Trustees in December. Prior to the General Assembly meetings in May more education for the representatives will be needed. In part the issue needs to be reframed from one which is simply political to one that also has significant psychiatric aspects. Specifically, that denial of legal recognition of these significant relationships causes our community to be marginalized resulting in increased rates of depression, suicide, and substance abuse. The American Psychological Association this last summer adopted a position statement advocating for same sex marriage. This document (www.apa.org/pi/lgbc/policy/marriage.pdf) is a great resource about the psychological sequelae of this discrimination.

As efforts from the district branches and committees of the APA reach the voting bodies of the APA, the hope is that in the future that the American Psychiatric Association can join the American Psychological Association and Psychoanalytic Association advocating equal rights...
PRESIDENT’S COLUMN

Mary Barber, MD

We in the LGBT community have had an up-and-down spring and summer season. Same-sex couples in Massachusetts are legally marrying, yet on the other coast, same-sex couples in San Francisco saw their marriages nullified. Yes, some continued to try to push forward the idea of a Federal Marriage Amendment, but it appeared to have little hope of getting anywhere.

This may be mixed news, yet the progress that has been made in the last couple of years with the repeal of antisodomy laws and with real steps toward marriage equality is heartening and exhilarating. It almost makes one forget that some amongst us are still being persecuted in a very basic way. There are still gay and questioning people all over this country who are being told by clergy, by family members, and by “therapists” that they are sick, that they are sinners, and that they can and must change.

In New Paltz, New York, not far from my home, a Connecticut ministry tried to put up a billboard. The billboard showed a photo of a man, woman, and two children with the caption: Devoted Husband and Father. Former Homosexual. Jesus Saves Lives. The group is clearly targeting New Paltz because of the mayor’s marrying same-sex couples earlier this year. And while the billboard has yet to be accepted by any of the nearby vendors, it has already gotten a good amount of publicity in the local newspapers.

And lest you think this is a small-town matter, the LA Times published a full-page ad for Exodus International just this past summer. How the advertisement was accepted became a subject of controversy afterwards, both within and outside the newspaper. These two incidents, which are no doubt not isolated, point out that the Christian Right continues to actively pursue their agenda to prove that gay people can “change,” and to ultimately use this to deny gay people equal rights. In the meantime, LGBT people who get caught in the crosshairs of these culture wars endure damaging “treatments” to try to become straight.

I spent part of my summer looking for people to interview for the AGLP reparative therapy film. In the process I’ve spoke to men and women all over the country, from Oklahoma to Atlanta to Mississippi to Los Angeles. Most of these folks spent years fighting against being gay and participating in prayer, group sessions, and retreats. Many of the participants report that the groups themselves were very supportive and caring, yet ultimately, these people were left with feelings of self-hatred and failure. One woman spent the better part of twenty years in various reparative therapy ministries before finally deciding to accept herself as a lesbian. She now has a partner, is out in her rural community, and travels over an hour each way on Sundays to a

Continued on page 4
church that is accepting of gay people. Her pastor learned of the film project and referred her to me. Her story needs to be told, so that hopefully at least one other person can be prevented from going through the same thing.

The power of this woman’s story and the others I’ve spoken with has convinced me more than ever of the importance of this project. The AGLP video crew has made progress with the video, doing more shooting in New York and in DC, including interviews with APA officials Jay Scully and Annelle Primm. Our next step will be to interview the survivors of ex-gay ministries all over the country. For more information on the video project or to contribute, see our web site.

AGLP’s Fall Planning meeting in DC was very productive this year. I’d like to thank all board and council members who attended and made it possible. One major accomplishment of the meeting was overhauling AGLP’s bylaws. We cleaned up some policies and language that had become out-of-date, and wrote new procedures regarding nomination for offices in the Association. Under the proposed new rules, instead of announcing nominees at the Annual Meeting and then voting on them later during the Annual Meeting, the general membership would be notified of nominees three months in advance of the Annual Meeting. This would let us have fewer business meetings at the Annual Meeting, but even more importantly, it would allow for more member involvement in nominations. The draft of the new bylaws was approved at the Fall Meeting, and will be reviewed by a Pennsylvania attorney. Once that is done, the proposed bylaws will be mailed to all members for review prior to this year’s Annual Meeting, along with a guide to what is different from the old ones. Please look out for it and give feedback on the proposed changes.

The board had also approved hiring a consultant to write a technical assistance grant for AGLP. The grant was recently completed, and will be sent to foundations as suggested by the consultants. This is another step in continuing and enlarging our mission, and is an exciting sign of our growth and maturity as an organization.

Please feel free to contact me with your ideas and feedback. I hope to see many of you in Atlanta this May!

...
Nominations Sought

Philip A. Bialer, MD

As past-president, I am seeking nominations for the annual AGLP Distinguished Service Award and the James Paulsen Award. In addition, AGLP will be presenting its second Stuart Nichols Award for outstanding achievements in GLBT Community Mental Health.

The Distinguished Service Award was first presented in 1986 to Barney Frank for his tremendous contribution to the gay and lesbian community as the first openly gay congressman. Other honorees have included Dr. Judd Marmor, Emery Hetrick, Dr. Evelyn Hooker, Paulette Godard (founder of PFLAG) Uvrashi Vaid, Marlon Riggs, Frank Kameny and Barbara Gittings, Dr. Carolyn Rabinowitz, Martin Duberman, Mel Sabshin, Sven Robinson, Dick Isay, Terry Stein, Bob Cabaj, Larry Hartmann, Jon Fryer, and Francis Lu. Last year in New York, the Distinguished Service Award was presented to New York State Assembly member Deborah Glick and New York State Senator Tom Duane.

The James Paulsen Award is intended to honor an AGLP member for contributions to the organization. Dr. Paulsen was one of the founders of an underground gay physicians group that predated AGLP, and was then instrumental in the founding of AGLP as one of its largest contributors. Past winners of this award have included Frank Rundle, Bert Schaffner, Jim Krajeski, Peggy Hanley Hackenbruck, David Scasta, Marshall Forstein and Margery Sved. Last year we were proud to honor Jack Drescher, chair of the APA Committee on Gay, Lesbian, and Bisexual Issues and the editor of the Journal of Gay and Lesbian Psychotherapy.

The Nichols Award was created to honor a program in the annual meeting’s host city for excellence in mental health services to the LGBT community. Stu Nichols was a founder and second president of AGLP and a strong advocate of community mental health. While I will be getting input from the Atlanta local arrangements committee for candidates for this award, the general membership is welcome to nominate deserving programs.

Please forward your nominations to me by Dec. 31.

Contact information:
Philip A. Bialer, MD
Beth Israel Medical Center
First Ave. and 16th St. Fierman 509
New York, NY 10003
Phone: 212-420-4352
e-mail: pbialer@bethisraelny.org

Editor’s Column
Continued from page 2

for marriage. On the leading edge is the Massachusetts Psychiatric Society where a position statement is in progress in support of same sex marriage. It is clear that this is not an easy battle, as many APA members and those in governance either are against same sex marriage as they were against de-pathologizing homosexuality. Even those who support us do not understand the important mental health implications around non-recognition of same sex relationships, and see it as a political issue, not a psychiatric issue.

What can you do? Advocate for these issues in your local district branch, let your Assembly representative know that you are a concerned member and this issue is important to you. Also, that when the Assembly has a chance to vote on this issue, we expect our representatives to advocate for us.

(Thanks to Dan Hicks and Marshall Forstein for their contributions to this column.)

The following is the Action Item issued by the CLGBC:

Action Item from the Committee on Gay, Lesbian and Bisexual Issues – 9/11/2004

Approved by the Council on Minority Mental Health and Health Disparities – 9/12/2004

Subject: Amendment to the Position Statement on Same Sex Unions

Approved December 2000 by the APA Board of Trustees

Intent: For the APA to reinforce its current statement on Same Sex Unions to protect the mental health of LGBT patients and their families from attempts to erode recognition of their relationships and their families.

Problem: In the years since passage of the Position Statement on Same Sex Unions (2000), the issue of legal recognition of same sex relationships has become very controversial. Canada has legalized same sex marriage, actions challenging restrictions on gay marriage are occurring in the United States, and courts and legislatures are wrestling with accepting or restricting legal recognition of same sex relationships and the benefits provided. Because the APA has recognized the importance of these relationships for the mental health of LGBT patients, families and the community through its position statement on this issue, there is a need for a stronger statement from APA at this time. There are already cases of these laws

Continued on page 8
Fall Business Meeting Minutes

Mason Turner-Tree, MD

September 11, 2004
Hotel Washington
Washington, DC

Members Present:
Roy Harker, MD; Mary Barber, MD; Dan Karasic, MD; Kenn Ashley, MD; Mason Turner-Tree, MD; Robert Mitchell, MD; Ubaldo Leli, MD; George Harrison, MD; Philip Bialer, MD; Andy Tompkins, MD; Adam Prueitt, MD; Eric Yarbrough, MD; Lisa Heuer

Invited Guests: Members of the American Psychiatric Association Committee on Lesbian, Gay, and Bisexual Affairs

AGLP Executive Board and Council members met on September 11, 2004, at the Hotel Washington in Washington, DC, for the annual fall business meeting. Major topics addressed included planning for the AGLP annual meeting, membership and financial development and revision of the AGLP Bylaws.

Eric Yarbrough, medical student representative and Kenn Ashley, Vice President, presented a brief report on the AGLP annual meeting which coincides with the American Psychiatric Association annual meeting from Friday, May 20 to Thursday, May 26, 2005 in Atlanta, GA. This year’s AGLP Symposium will be held on Sunday, May 22 with the planned topic of transgendered psychiatry.

Activities planned for the annual meeting include the symposium; opening reception; women’s dinner; early career physician, resident, and medical student events; two business meetings of the AGLP membership; Executive Council meetings; a hospitality suite; and closing banquet. Venues and exact dates are all to be announced. Continuing medical education credits for the symposium will be sponsored through either Emory University or the Gay and Lesbian Medical Association.

Awards to be given at the annual meeting include the Paulson Award for dedicated service to AGLP, the Distinguished Service Award for service to the LGBT community as a whole, and the Nichols Award to a community-based organization active in LGBT mental health care in the Atlanta area. Nominations for these awards are currently being accepted by the Chair of the Nominations Committee, Phil Bialer.

The headquarters hotel for the annual meeting will be the Sheraton Colony Square Hotel in Atlanta, GA. We have negotiated with the hotel to cancel our original contract with them, and have our bookings handled with the APA travel office, in order to obtain a better rate ($199/night) and eliminate the attrition rate (payment of unbooked rooms).

Extensive discussion was held regarding future hotel bookings for the Annual Meeting. Roy Harker will meet with Joan Hoy at the APA to discuss subsuming our Annual Meeting reservations with the APA travel office permanently. Pros include obtaining the best rates from hotels due to mass bookings through the APA and elimination of attrition rates for rooms that are un-booked. Cons include losing independence of space.

A motion was made by Phil Bialer, seconded by Dan Karasic, and passed with no opposition to change ticket prices for the closing banquet to $100 each for AGLP members and to $150 each for non-AGLP members.

Because of difficulties with hotel/meeting space reservations and conflict with other committees during the annual APA Components Meeting in September, the Executive Council held a brief discussion regarding the benefit of moving the full business meeting to a different date and/or venue. Suggestions for the location of future meetings included Philadelphia or the President’s hometown. The decision on changing future meetings was deferred pending more information and discussion with APA. The current structure and schedule will be maintained for now.

Roy Harker presented the Executive Director’s Report, which focused mostly on the financial health of the organization and financial and membership development.

AGLP’s financial situation has improved over the last year, and there is now a projected surplus of $13,000 for the organization for 2004, compared to overall deficit of $10,259.55 in 2003. Cost savings this year include the change from paper to electronic format of the newsletter ($1000/year savings) as well as extensive fund raising by the NYC Local Arrangements Committee for the 2004 Annual Meeting. This resulted in an overall net reduction in costs for that meeting, even though it was one of the most expensive Annual Meetings on record.

The consulting firm of Mikesall and Rossi have been contracted to assist with financial development and grant writing. They have contributed beneficially to AGLP, far in excess of expectations.

A grant application for $15,000 was resubmitted to the Gill Foundation to partially fund the John Fryer Award. This award will be given to a public figure who has made a significant contribution to LGBT mental health. The total cost to endow the award is $50,000.

Membership development was discussed as a group. To assist in development, the Council recommended that Membership Committee reports should include a better geographic breakdown of members (currently listed simply as metropolitan and non-metropolitan) to target development of specific geographic areas, which vary quite widely across the organization.

International members and non-whites are underrepresented in the organization. Future recruitment efforts should be targeted at these groups to diversify the membership at large and/or identify and address reasons behind this trend.

New action items include initiation of contacts with each new member by an Executive Board member and identifying new members and possibly planning specific events for them at the annual meeting.

The newsletter has been circulated in electronic format for some time now; however, not everyone in the organization has provided email information for or agreed to electronic dissemination of the newsletter. The general consensus
was that barriers to provision of email addresses and electronic dissemination include the need for privacy and a fear of unsolicited email.

One action item regarding the use of electronic transmissions of the newsletter included the conversion of all Medical Student, Resident, and International members to electronic version (default). We should continue to encourage all members to use email preferentially.

The Executive Council held a discussion regarding endorsement and sponsorship of events, particularly in reference to a request from Glaxo-Smith-Kline to endorse an event with Greg Louganis, “Talking about It: Coming Out and Depression in the LGBT Community.”

Pros include gaining awareness of LGBT psychiatric issues. Cons include diluting the AGLP name and not being in control of content. Decision on this specific endorsement issue is pending based on clarification of details, including format of talk and agenda.

AGLP will no longer require full audits as of tax year 2004 (to be submitted in late 2005). This will amount to a cost savings of approximately $3000/year. The Commonwealth of Pennsylvania will still require annual reviews by our accountant at a much reduced cost.

A series of reports to the Council followed.

The President’s Report was presented by Mary Barber. The video project on reparative therapy is going quite well and is currently in ongoing production. A pilot film should be available by May 2005 to show at the annual meeting. The final product will be an hour educational video for distribution to parent groups (i.e., PFLAG), church groups, and television stations, i.e., HBO/PBS. It will also potentially be posted as a streaming video on the AGLP website.

Bob Mitchell presented the Treasurer’s Report, suggesting the addition of a request for bequest gifts to the AGLP newsletter. Along with Dr. Barber, Dr. Mitchell and the remainder of the Council approved giving a bonus to the Executive Director from the budget surplus at the end of the year. The amount will be decided upon in the coming months, as the budgetary surplus amount is verified.

Regarding the Journal of Gay and Lesbian Psychotherapy Report, Dr. Jack Drescher was absent; however, Dr. Barber noted that he will be seeking a replacement editor so that he may step down.

The Resident Section Report was presented by Andy Tompkins, who discussed means of recruiting new residents for membership and active participation in the organization. Ideas generated included submitting a column to the Resident’s Forum section of Psychiatric News, as well as generating publicity via the American Association of Directors of Psychiatry Residency Training (AADPRT).

The Medical Student Section Report was presented by Adam Pruett, Eric Yarbrough and Lisa Heuer. Discussion focused on medical student membership recruitment (possibly via the American Medical Student Association), development of a speaker’s bureau for medical students (derived from AGLP membership), and establishment of a mentor program for medical students when they join the organization. Action items include placing a check off box on the membership form for general members who would like to participate in the Speaker’s Bureau and Mentoring Programs, and automatic assignment of medical students and residents to a mentor when they join AGLP.

Regarding the International Committee Report, Dr. Gene Nakajima was not present; however, Dr. Barber reminded the Council about upcoming World Psychiatric Association meetings in Florence, Cairo and Greece (dates not available).

Ubaldo Leli presented the Psychoanalysis Committee Report, noting that the committee is developing a workshop on shame to present at the annual meeting.

Ideas for topics should be forwarded to him, as there are currently 2 slots available for talks.

Areas of leadership development within the organization include recruitment of individuals to represent certain special interest groups within the organization, such as women, minority outreach, early career, HIV, and the transgendered membership.

A report from invited guests on the APA Committee on Gay, Lesbian and Bisexual Issues followed. Of note, the Committee is planning a name change to include transgendered in the title and also recently established a corresponding member position from AGLP to serve on the Committee.

The Committee members noted several advocacy efforts. A proposal for the APA to support a gay marriage amendment failed in the General Assembly. However, the proposal has been re-worded to read that the APA supports “not eroding current rights afforded to same sex partners.” This will be presented to the General Assembly soon.

Various state legislatures/assemblies have attempted to limit the rights of LGBT individuals. This is an active area of advocacy by the Committee. Updates will follow as available.

Current educational initiatives by the Committee include a same sex marriage workshop, a forum on the psychiatric effects of discrimination, and domestic/family violence educational programs. Robert Cabaj is on the Gender Identity Disorder workgroup for DSM-V and is looking for experts willing to write narratives for the manual.

Margery Sved and Mark Townsend were not in attendance at the business meeting to present the Caucus Report, but Dr. Barber provided a brief report. Dr. Sved would like to leave her position as the Caucus representative, to be replaced by Dr. Townsend. The deputy caucus representative will be Phil Bialer. The Council unanimously agreed with her appointments.

AGLP has applied to become an allied organization within APA, which would provide an AGLP Assembly Seat in the APA.

Proposed Bylaws Revisions were proposed by Dr. Barber, and include incorporation of goal statements into the “Object” section; clearly defining, and making consistent, terms such as Board, Executive Board, and Council; changing the term of office for all elected officers of the Executive Board to 2 years; allowing the Executive Board to serve more of a “cabinet” structure and include both elected and appointed officers; and allowing for nominations or bylaws changes to be given to the membership 3 months in advance of the May business meeting, which would allow for only one business meeting, instead of two, at the annual meeting.

The changes will be forwarded to the membership 3 months prior to the business meeting in May for approval during the 2005 Annual Meeting by the entire AGLP membership.

A Non-Discrimination/Non-Harassment Policy was approved, as written, by the Executive Council for inclusion in the new Policies and Procedures Manual of the AGLP.

Respectfully submitted by Mason Turner-Tree, MD.

• • •

Photos follow on page 8
and restrictions causing distress and disruption to LGBT families, and this matter is of highest concern to our LGBT patients as well as to the community of LGBT psychiatrists (Association of Gay and Lesbian Psychiatrists). Therefore, it is proposed that the previous position statement be amended as follows (changes in italics):

The APA expresses a valid interest in the well being of heterosexual married couples in such areas as children’s mental health and other aspects of family life. Heterosexual relationships have a legal framework for their existence, which provides a stabilizing force.

In the United States, with the recent exception of Vermont, Massachusetts, and a few other jurisdictions, same sex partners are currently denied the important benefits and responsibilities of legal marriage. Same sex couples therefore experience several kinds of state-sanctioned discrimination that affect the stability of their relationships.

The children of gay and lesbian parents do not have the same protection that legal marriage affords the children of heterosexual couples. Adoptive and divorced lesbian and gay parents face additional obstacles. An adoptive parent who is lesbian or gay is presumed unfit in many U.S. jurisdictions. Furthermore, when couples do adopt, usually one parent is granted legal rights, while the other parent may have no legal standing. These obstacles occur even though research has shown that the children raised by lesbian and gay men are as well adjusted as those reared within heterosexual relationships.

The American Psychiatric Association has historically supported equity, parity, and non-discrimination regarding legal issues affecting mental health. Educating the public about lesbian and gay relationships and supporting efforts to establish same sex legal unions is consistent with the Association’s advocacy for other disadvantaged minority groups.

“The American Psychiatric Association supports the legal recognition of same sex unions and their associated legal rights, benefits, and responsibilities, and opposes restrictions to those same rights, benefits, and responsibilities.”
in converting this Task Force into a Committee. Also in the late 1980s, I supported very strongly the creation of the Commission on AIDS. All along, I have been at the forefront of the plea of Gay and Lesbian Psychiatrists. Thus, my commitment will be the same as of the last 30 years, however, I will be in a better position to make things happen. I look forward to collaborating with your Association effectively, and expeditiously. In order to do it, however, I need all of your support in this year’s APA elections.

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

If elected APA President Elect, I will do everything in my power to oppose and to reject the proposed “constitutional amendment to ban same sex weddings”;

and for that matter, will advocate and fight for the rights of Gays and Lesbians to marry and to be equal to any other citizen of this nation.

Human rights and also patient rights have been eroded recently in this country. We must all unite and consistently fight back all types of discrimination, stigma and ignorance in this regard. Gays and lesbians are as human as any one else in this country and, thus, they deserve to be free and to be respected as anyone else in this nation. The United States is currently trying to be a symbol of democracy and human rights around the world; well, this principle needs to apply at home as well.

Sidney H. Weissman, M.D.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

The American Psychiatric Association (APA) is the one national organization that represents all American Psychiatrists. As such it is critical that it is knowledgeable about the issues and concerns of all of its members. In recent years to better connect to varied subgroups of members the APA has established a number of “components” to both learn about and aid members of these subgroups. The Association of Gay and Lesbian Psychiatrists is one of these groups. It critical for the APA to appreciate that the essential membership structure and concerns of this group for unfortunately long standing societal prejudices are not the same as those experienced by other subgroups of APA members. This awareness has to be taken account of in addressing the needs of members of your Association. As APA President and as a member of the APA Board of Trustees I would work with your leaders and members to ensure effective support for your special needs.

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

Amendments to the United States Constitution have generally been advanced to ensure and enhance the rights of American Citizens not to reduce them. The concept in the United States of same sex marriages is new and follows the development of models of ensuring the rights of same sex living partners in a number of areas (e.g. health insurance). Although well meaning people may disagree on the appropriateness of same sex marriages there is not any evidence that such marriages have an adverse impact on societal well being. As such there is no legal reason to restrict such marriages. Since we can not find a social reason to restrict same sex marriages and we do not know of any psychological reasons to do so the APA should oppose the use of the United States Constitution to foster the societal views of a minority of citizens.

Vice President Candidates:

Patricia R. Recupero, J.D., M.D.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

Allied organizations are critical to the work of the APA. The AGLP is especially important because its members bring to attention that which might be easily overlooked or discounted under traditional male Western-European viewpoints. I would like to be an effective partner with each of the Allied organizations, but in particular with the AGLP, because of the unique perspective the AGLP brings to important issues. If given the opportunity, I would very much like to meet with members of the Board or have a telephone conference in order to become acquainted with the Organization’s agenda and to discuss how, as Vice President, I could be helpful in advancing that agenda. I know that the APA’s agenda has been crafted politically to be consonant with the current
conservative climate in the Federal Government. I disagree with this position. I believe that as an organization, we should remain strong in our principles and not minimize or dilute our stands with the misguided belief that it will allow us to advance other issues important to the organization. I therefore, believe that the APA agenda, while it cannot be exactly the same as the AGLP's, should be crafted in a way that is true to principles of respect for all human beings and their basic identity and sense of self-worth.

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

I do not approve of the current efforts to amend the Federal Constitution to ban same sex weddings for several reasons. First, I do not believe that the Federal Constitution should be amended to address social issues unless the amendment is an attempt to assure universal civil rights. An amendment to ban same sex weddings would be the exact opposite of what I would favor under this position. Secondly, I believe we should have learned our lesson from slavery and its memorialization in the Constitution. We learned that creating a group of second class citizens is wrong. I believe that banning same sex weddings would have a similar effect on a new and differently defined “second class.” Lastly, marriage is a civil, and for some, a religious event. To the extent that it is civil, citizens, whether homosexual or heterosexual, should be allowed its benefits. To the extent that it is religious, I believe that religious organizations should be able to set their own standards. For the Federal Constitution to adopt religious standards, in my mind, is an error.

Additionally, I am aware that the leadership of the APA is considering a New Jersey case about gay marriages in which an Amicus Brief may be filed. I believe the APA should file an Amicus Brief supporting gay and lesbian marriage in New Jersey, and if the case is appealed, we should continue to file such briefs all the way through to the Supreme Court of the United States. Stigma and discrimination can have profound negative psychological consequences. As the APA we should fight the stigma and discrimination inherent in attempts to suppress gay weddings.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

I have been a member of AGLP for several years. I was the spokesperson who first conveyed to the media the APA Board’s decision to take a stand against destructive therapies aimed at changing homosexual to heterosexual orientation. As a member of the APA Assembly representing the Women’s Caucus, I was elected Chair of the Committee of Minority and Underrepresented Group Representatives, and began several years of effort to establish a rule that APA members could belong to as many APA caucuses as they were entitled to by virtue of their identities: race, ethnicity, gender, country of medical school graduation, and sexual orientation. I do not think there was a single issue or action paper brought forward by the Gay/Lesbian/Bisexual Caucus that I and our committee did not support. The same was true when I was the Vice Chair of the Council on National Affairs, to which the GLB Committee reported. As Speaker-Elect of the Assembly, I organized the very first meetings of the representatives of the major allied ‘identity’ psychiatric organizations with the top elected and staff leadership of the APA. Of course AGLP was there. I kept the dream alive, so to speak, during the years when the APA had no psychiatric staff dedicated to minority issues, and brought it to the attention of Annelle Primm, MD, the new director, as soon as she was appointed. I am in hopes that these meetings will become a regular feature of APA activities. The existence of our various allied organizations speaks to the inability of APA to fully satisfy our particular needs, and who can speak better for the members of minority groups than those they have elected to lead those groups? APA needs to learn from those leaders.

To answer your question: if elected Vice President of the APA, I envision my relationship with AGLP and our issues as a continuation of the close collaboration we have enjoyed for years.

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

Same sex weddings are particularly poignant for me. Watching dear friends realize dreams of marriage they have
quietly nurtured for decades has sharpened my awareness of the deprivation they had endured. The prevention of same sex marriages inflicts grave psychological harm on those who need to formalize their loving unions just as heterosexual couples do. Formalizing this discrimination and deprivation in the Constitution of the United States would permanently legalize second-class citizenship. The APA must oppose this morally repugnant and psychologically damaging initiative.

Trustee-at-Large Candidates:
Charles L. Bensonhaver, M.D.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

If elected, I see myself relating to the AGLP as follows:

1. I will assume that your members have the same concerns as the great majority of psychiatrists. Among these is non-discrimination in health insurance, prescribing privileges for psychologists, and better support for care in both the private and public sectors.

2. I will recognize the special contributions you make to our field and to patient care because of your understanding of sexual orientation issues.

3. I will assume issues brought to the APA by AGLP will be well developed and reasonable and that I will support them. I base this on my experience with your association while serving on an Assembly Reference Committee.

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

If elected, my position on a constitutional amendment banning same sex weddings will be that the APA should oppose it. In my view any psychiatrist with even a few years of clinical experience knows that same sex unions pose no threat to the nuclear family whatsoever. Human dignity calls for all to be able to own their own sexuality without claims from either government or religion. It is the duty of government to insure that citizens who enter into same sex marriage should be treated fairly. For more information on all my views and experience, please visit my website at www.bensonhaver.com.

David Fassler, M.D.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

I would envision maintaining a positive and collaborative association with AGLP. First of all, I support an expanded role for all “allied organizations” within the APA. I have previous supported enhanced representation within the Assembly. As a Trustee-at-Large, I can serve as a conduit to the Board for issues of particular concern to AGLP and its members. I would also look to groups such as AGLP for recommendations regarding appointments to APA Components.

I also think I have a strong track record on a number of issues of particular concern to AGLP. Early in my career, I was involved in research on children’s knowledge and attitudes about AIDS. I produced a series of educational materials for use with very young children. A book which I co-authored, What’s a Virus, Anyway?, is still in print. It is one the few books which can actually be used to explain AIDS to a 5 year old child.

Prior to joining the Board, I was the Chair of the Council on Children, Adolescents and their Families. I also serve as a member of the Joint Reference Committee. In this capacity, I supported adoption of APA Policy Statement on Psychiatric Treatment and Sexual Orientation (1998), Therapies Focused on Attempts to Change Sexual Orientation (2000), and Same Sex Unions (2000). As a member of the Executive Committee of the Vermont Psychiatric Association, I also supported and helped secured VPA endorsement for an amicus brief in Baker v. State, our landmark civil union case. I also serve as a media spokesperson for the APA on many child psychiatric issues. I am often called to comment on issues pertaining to adoption by gay and lesbian parents. As a member of the AACAP Assembly and Council, I also helped pass the 1999 Policy Statement “Gay, Lesbian and Bisexual Parents”, and as a member of the APA Board, I voted to approve our 2002 Position Statement on “Adoption and Co-Parenting of Children by Same Sex Couples”. As the Vice-Chair of our

Continued on page 12
AMA Section Council on Psychiatry, I also had the opportunity to testify about this issue before the AMA House of Delegates. My most recent testimony on this subject, which cited both APA and Academy policy, helped secure passage of a Resolution on “Partner Co-Adoption”, which established new AMA policy in support of adoption by same sex partners.

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

I believe the APA should actively oppose any Constitutional amendment which would ban same sex weddings for several reasons. First, the APA should stand firm against any and all forms of discrimination, and I view such bans as clearly discriminatory. Second, I would view the proposed Constitutional amendment as contrary to established APA policy, specifically, our 2000 Position Statement on Same Sex Unions. And finally, it’s just the right thing to do. We should support the right of same sex couples to marry.

Member in Training Trustee-Elect Candidates:

Robert E. Kelly, M.D.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

Thank you for offering me the opportunity to share my views about gay and lesbian issues. I hope that we will see the day when sexual characteristic of a person, no more remarkable than eye or hair color. Looking back over the past 40 years, we can see what significant changes toward that goal have already occurred. Today, gay and lesbian individuals have greater freedom to express their sexuality than was the case 40 years ago.

Positive gay and lesbian role models in films and among public figures have been influential in changing societal attitudes. I hope that this development will continue, but it is not one that we can take for granted. Reactionary forces are at work that strive to return us to the values of another century. For example, let us look at the proposed constitutional amendment to ban same sex weddings. How ironic that some people seek to use the Constitution, the instrument which has served to guard our rights of privacy and freedom, as a means to promulgate prejudice and persecution.

Since 1973, the APA has acted to reduce the stigma associated with homosexuality and has worked closely with the AGLP on gay and lesbian mental health issues. Naturally, it will continue to do so. In 2000, an APA position statement made it clear that the APA supports same sex unions. The same statement notes that scientific evidence indicated that children raised by gay and lesbian men and women are as well adjusted as those reared within heterosexual relationships. On the basis of this position statement, the APA is clearly against the proposed constitutional amendment to ban same sex marriages.

The APA’s powerful role as the definitive authority on scientific evidence pertaining to psychiatry can be utilized. To be more effective, the AGLP and the APA must collaborate in their dealings with journalists, policy makers, and the public-at-large. High on my priority list is to educate the media and influence media programming to reduce stigma and increase public understanding. We must use our knowledge and influence to hold the media accountable for accurate reporting. We should also encourage film productions that portray gay and lesbian individuals in sensitive ways with which viewers can identify. If elected, I will work to help the APA and the AGLP toward these ends.

One intervention that may advance these goals is the AGLP Film Project. Another is this current issue of the AGLP Newsletter, which asks the candidates for election to the Board of Trustees to become more focused on issues of concern to the AGLP. The latter is a good example of the kind of collaborative effort that will serve to better integrate the APA with issues of concern to AGLP members. As we join forces, we will better be able to advocate for our patients, our profession, and for all people regardless of sexual orientation. With your support, I will work through the APA and with the AGLP to make this happen.
Chanley M. Martin, M.D., J.D.

If elected, how would you envision your relationship with the Association of Gay and Lesbian Psychiatrists and our issues?

I ardently believe in equal rights for all. I respect and support the mission of the Association of Gay and Lesbian Psychiatrists. If I were elected Member-In-Training Trustee, I would work to have open and honest communication with the Association, especially the resident faction, so as to understand what issues needed special attention. Further, I would do all that I could to address those issues equitably. It would be an honor and a privilege to represent the Association and its members.

What response should the APA have to the proposed constitutional amendment to ban same sex weddings? Why?

The American Psychiatric Association should absolutely oppose any ban on same sex legal unions. Legal marriage is a basic civil right that every citizen, without exception, should enjoy. To ban certain unions can only lead to increased prejudice and discrimination for those couples and their children. I believe the APA should fight any form of bias or inequity which our patients and/or our colleagues might suffer.

Announcements

Institute of Psychiatric Services Meeting, San Diego Oct 5-9, 2005

This year at the Institute of Psychiatric Services Meeting, we heard presentations about gay marriage and one largely focusing on depression and substance use in gay men and transgenders. The next Institute of Psychiatric Services Meeting takes place Columbus Day weekend 2005 in San Diego. The submission deadline is early December 2004. If you are interested in participating in a HIV or LGBT workshop, please contact Gene Nakajima, MD by November 22nd 2004.

World Psychiatric Association Meeting.

The next World Psychiatric Association meetings include Athens, March 12-15, 2005 and Cairo Sept 10-15, 2005. The Athens meeting will be a smaller regional conference, whereas the Cairo meeting is a large meeting—the WPA Congress, which occurs every three years. The meeting deadline for submission has already passed, but frequently, they accept late submissions. For more info about the conference, see www.wpa-cairo2005.com and http://www.era.gr/wpa2005athens.htm. The next meeting that we can submit proposals for will be a WPA meeting in Istanbul, Turkey July 12-16, 2006. For more info see www.wpa2006istanbul.org

Update from Northern California Psychiatric Society

This past June, the Northern California Psychiatric Society (NCPS) LGBT Committee invited members of the American Psychoanalytic Association to give talks to our members during their annual meeting in San Francisco. In addition, we presented a concert of music of Ubaldo Leli, MD. This year Gene Nakajima, MD has become the new co-chair of the NCPS professional education committee, and he is in charge of organizing the NCPS meetings. We will have our annual meeting in Napa from April 1-3, 2005. We will probably have three or four workshops on LGBT issues. In California, there is a new 12 hour CME requirement for Pain Management/End of Life care for our medical licenses that must be completed by 2006. We will be organizing a two-day conference to meet this requirement sometime in early February or March. For more information about these conferences, please see www.ncps.org
**Call for proposals for a special issue of Journal of Gay and Lesbian Psychotherapy**

This special issue of this journal will focus on “ACTIVISM” within LGBT affirmative psychotherapy and psychology. Articles can focus on issues such as (but not limited to):

- Psychologists as activists (including allies) Activism, psychology, and psychotherapy
- Organized psychology and social activism
- Policy issues in psychology and psychotherapy

The concept for this special issue is in part in memory of Martin Rochlin, Ph.D., one of the founders of the Association of Gay and Lesbian Psychologists & Division 44, initiator of the first program in Gay Studies at Sacramento State (University of California) in 1973 who was committed to changing the status of LGBT individuals through psychology.

Inquiries welcome. If interested, please send a 1-page proposal by December 15, 2004 to:

**Special issue Editor:** Judith M. Glassgold, Psy.D.  
drglassgold@yahoo.com (preferred)  
or  
324 Raritan Avenue, Highland Park NJ 08904  
732-777-9377

---

**John Fryer Award Approved**

The Board of Trustees of the American Psychiatric Association voted to approve the creation of the John Fryer Award which honors an individual who has contributed to the improvement of the mental health of sexual minority communities. The awardee will be asked to deliver an award lecture on a subject of his/her choice during the APA Annual Meeting or the IPS (based on the existing rotation schedule). He/she will receive an $1,000 honorarium. In addition, if the awardee is not a member of the APA, his/her travel expenses will be reimbursed. The Committee on Gay, Lesbian and Bisexual Issues with the Association of Gay and Lesbian Psychiatrists, will serve as the award board for this award.

An endowment of $50,000 for this award must now be raised by AGLP. Efforts have already begun to develop a strategy for corporate gifts, foundation grants, and direct contributions from AGLP membership.

---

**ANNOUNCEMENTS**

Continued from page 13
Medical Student Column
Eric Yarborough, MS III
University of Alabama School of Medicine

As a third year medical student, I find that now what I imagine life to be like is changing with the seasons. Where once life involved paints and oils, lazy weekends to work crossword puzzles, playing outdated computer games, and have late-night chats with friends, it now has become imperative to strive to fit as much into a 24 hour day as possible. Life has become melodramatic in that every minute of my time is already filled with prerequisites to my medical education. The person I once was has become like those same hobbies, slid under the bed for future reference. My main wonder is, when will I see that person come out again?

The lesson I've come to understand most is that life is continuously changing. We all take steps toward goals in the hope to better ourselves and become contributing members of society. In return, we want family, friendship, love, and even compensation so we may do the things we enjoy. It seems once one becomes comfortable in a new environment, an outside force intervenes and another step is forced. It's like the unexpected messages we get on our beepers just when we feel like the day is settling down. Ready or not, move!

While medical school itself is a goal, other objects of desire easily get neglected. Everyone wants to do well and wants to succeed, but how do we learn when enough is enough? At what point do I keep reading and at what point do I go home, visit family, look for a boyfriend, and or just have time to eat or sleep? We are pulled in many directions but medical school is the most demanding. The other needs being abandoned and overpowered and abandoned, leaving pain behind in their absence. Is it really supposed to be this hard?

I've spent most of my life wondering when life, itself, is actually going to start. These dreams and expectations in my mind always seem within arm's reach, yet a lifetime away. As the days turn into years, my life forms around me. I see who I have become and witness the foundations of who I will become. While complaining about the lost of my ideal life, I forget that my life continues to take shape around me. It makes sense to me now that life doesn't turn out the way I dreamt it would. What happens is you take aim, close your eyes, and shoot hoping to hit as close to your target as possible. One day I'll find out if I hit the target, landed somewhere around it, or hit a different target, miles away, which had my name written on it in the first place. Destiny tends not to be fair, is seldom on time, and is usually what you least expect.

At about three in the morning, when I can picture the majority of my family and friends fast asleep in their comfortable beds, I wonder if I'll ever get to continue the life I put on hold two years ago when medical school opened my new life's door. Then I page one of my friends I know who is as equally awake and disgusted, hoping to get a substantially humorous reply. Ironically, life continues on in the halls where death makes its daily rounds. The hobbies I infrequently get to pursue outside of work have turned into gifts to help me in my new profession. Painting with oils has turned into weaving a history into a story, the challenges of crossword puzzles and computer games turns into differentials and management, and late-night chats with friends continues to be just that. My friends now are the residents, interns, nurses, and patients, but sometimes they are none of those old friends only a beeper away, continuing our friendship one message at a time.

Jeanne Spurlock
Congressional Fellowship Awarded to Jose P. Vito, M.D.

The award is a joint project of the American Psychiatric Association and American Psychiatric Foundation in collaboration with the American Academy of Child and Adolescent Psychiatry. It provides general and child psychiatry residents the opportunity to work in a congressional office on federal health policy issues that relate to child and minority issues.

This year's recipient is Dr. Vito who is a fourth-year psychiatric resident at Albert Einstein College of Medicine/Bronx Psychiatric Center in New York. In January, 2005, he will begin his six month fellowship in Washington. After this he plans to enter his child and adolescent fellowship. Dr. Vito is a supporter of the AGLP and intends to include the Association's issues as part of his agenda while he is working with Congress.
AGLP MEMBERSHIP APPLICATION FORM

Name: _____________________________________________________
Degree: _______  Preferred first (nick) name: __________________
Address: ___________________________________________________
________________________________________________________________
City: _______________________________________________________
State: _____________  Zip: _____________________ - _____________
Country:  ______________  Membership Status: _________________
fax: __________________  e-mail:_____________________________
FULL MEMBER - $185.00, FOUNDING MEMBER - $1,000, PATRON - $500, SPONSORING MEMBER - $250, ASSOCIATE MEMBER - $185.00, RESIDENT - $30.00, MEDICAL STUDENT - $15.00, NEWSLETTER ONLY - $40.00, INTERNATIONAL (OUTSIDE OF US AND CANADA) - $60.00 US
Date membership status changes: ____________________________
Are you a member of the American Psychiatric Association?
☐ Yes  ☐ No
Special Instructions: _________________________________________
(E.G. LABEL "PERSONAL")
Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members?
☐ Yes (Initial) _____________  ☐ No
Do you want to be a NON-CONFIDENTIALLY LISTED referral source?
☐ Yes (Initial) _____________  ☐ No
If Yes, fill in Office Address and Phone number and list Specialty Information below.
Do you want to be a NON-CONFIDENTIALLY LISTED online referral source?
☐ Yes (Initial) _____________  ☐ No
If Yes, fill in Office Address and Phone number and list Specialty Information below.

OPTIONAL
Age: ______  Gender:  _______ Ethnicity: _____________________
Home Phone: ________________ Office Phone: ______________
Home Address: ____________________________________________
________________________________________________________________
City:  ______________________________________________________
State: _____________  Zip: _____________________ - ____________
Office Address: ____________________________________________
________________________________________________________________
City: ______________________________________________________
State: _____________  Zip: _____________________ - ____________
Speciality:  ________________________________________________

I wish to pay by ☐ Check  ☐ VISA  ☐ MasterCard  ☐ AMEX
CARD NO._______________________________________________
EXP. DATE: __________________

SIGNATURE: ____________________________________________________________________________________

Make check out to "AGLP" and mail to:
AGLP, 4514 Chester Avenue, Phila., PA  19143-3707

BEGIN YOUR PLANNING FOR ATLANTA!

AGLP 2005 is in Atlanta, Georgia. There we have blocked 100 rooms at the Sheraton Midtown at Colony Square. This location is ideal for our membership in the heart of midtown-Atlanta's Arts and business district. Besides residing in Atlanta's gay district, the hotel is just one block from the Woodruff Arts Center, the Atlanta Symphony, the Alliance Theater and the Atlanta School of Art. MARTA, Atlanta's rapid mass transit system, is just two blocks from the hotel, putting you within minutes of Hartsfield International Airport, downtown, Buckhead and all of Atlanta's best venues, shopping and attractions. Other on-site amenities include a seasonal outdoor swimming pool and sundeck, massage therapy services and a fitness center. Guests may also take advantage of the six-mile jogging trail and tennis courts at Piedmont Park, just two blocks from the hotel.

The local arrangements chair in Atlanta is Dr. Edward Nix, M.D. The meeting runs from May 20 to May 26, 2005.