AGLP in San Francisco May 17th through May 22nd

On behalf of the Local Arrangements Committee, welcome to San Francisco! Whether it is your first visit or your first visit this month, we are sure that you’re going to find a happy diversion while you are here. Something unexpected as well as maybe a little something to take back home with you. We hope that you find our town as engaging as we do because we’re always proud to show off for our guests.

The AGLP Host Hotel in San Francisco is the INTERCONTINENTAL SAN FRANCISCO (888 Howard Street, San Francisco, California 94103 http://www.intercontinentalsanfrancisco.com/). The hotel features a fitness center, indoor pool, a location just one block from the Convention Center, is pet friendly, and provides free Internet access. Our hospitality suite is located in this hotel and is open on Monday, May 20.

EDUCATIONAL OFFERINGS

AGLP’s 2019 Symposium, “How We Live Now: The State of LGBTQ Mental Health in the Current Political Times” is scheduled for Wednesday, May 22, at 10:00am at the Moscone Center, and includes AGLP President Howard Rubin, M.D. along with AGLP Vice-President Amir Ahuja, M.D., Mark Messiah, M.D., and Ariel Shidlo. As the American Psychiatric Association (APA) celebrates its 175th anniversary, another educational offering will be “The History of American Psychiatry and of Lesbian, Gay Bisexual, and Transgender (LGBT)” that will reflect upon the crucial role APA played in the transformation from the criminalization and stigmatization of homosexuality. Howard Rubin, M.D., Margery S. Sved, M.D., Saul Levin, M.D., M.P.A., Robert Cabaj, M.D., Curley L. Bonds, M.D., and Adrian Jacques H. Ambrose, M.D. will be leading the efforts. Both promise to be a highlight of the APA’s educational offerings.

And of course, the 2019 John Fryer, M.D. Award and Lecture is scheduled for Tuesday, May 21, from 2:00pm to 3:30pm at the Moscone Center. This year's awardee and speaker is Shannon Minter, Esq. Mr. Minter will receive...
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AGLP San Francisco 2019

this award and make his presentation, “The Essential Role of Mental Health Professionals in Securing Equality for LGBTQ People.”

SOCIAL OFFERINGS

There are a large number of receptions planned for AGLP members attending the convention. The first is Friday night, May 17, the AGLP Welcome Reception, from 6:00 to 7:30pm at the InterContinental San Francisco, Bar 888. There is no RSVP Required.

Three social events on Saturday include the Resident/Early Career/Medical Student Brunch, from 10:00am to 12:00pm, an AGLP Chamber Music Concert, 6:30 to 8:00pm, AGLP Women’s/Trans/Bi/Queer Reception at 7:30pm, and an AGLP Saturday Night Party at the home of Howard Rubin, M.D., and Gene Nakajima, M.D., from 8:00pm to 11:00pm. Details on all of these events, are available at www.aglp.org.

Our Annual Awards Reception is Sunday, May 19, 7:00pm to 9:30pm, at the San Francisco Center for Psychoanalysis, (444 Natoma St, San Francisco, CA 94103). The event is preceded by a private VIP Reception for AGLP Sponsors, Patrons, and their guests beginning at 6:00pm. This year’s event is, once again, sponsored in part by PRMS and BAPHR.

On Tuesday, May 21, the International and Minority Members Dinner (all AGLP Members welcome!) will meet at the home of Randy Solomon, at 7:00pm. An RSVP is requested for this event.

Details on this and all AGLP social events are available online at www.aglp.org, in the AGLP Guide to San Francisco, and beginning on page 16 of this newsletter.

ARTS OFFERINGS AND PRIVATE TOURS

Four private docent-lead tours of San Francisco-area museum offerings have also been organized. You can RSVP for tours that include “Early Rubens” at the Legion of Honor Museum, “Late Monet” at the DeYoung Museum, “Queer California: Untold Stories” at the Oakland Museum, “Andy Warhol: From A to B and Back Again,” at the San Francisco Museum of Modern Art, and “Show Me As I Want to be Seen,” at the Contemporary Jewish Museum. All of these private tours are limited to 12 people each and require pre-paid admission. You can make your reservations by clicking on THIS LINK or visiting www.aglp.org. And on Saturday, May 18, the Rainbow Chamber Players, an ensemble of 20 musicians, will feature a performance of Jimmy Lopez’s Man and Man, a piece of chamber music with countertenor and a text by Pulitzer prize winning playwright Nilo Cruz. Lopez originally wrote the music for his own wedding.

MEMBERSHIP INVOLVEMENT

Our Annual Membership Meeting will take place in the InterContinental on Sunday, May 19, at 1:00pm. This year we will be electing a new slate of officers including President-Elect, Vice-President, Secretary, and Treasurer. The meeting provides a great opportunity to find out more about AGLP, meet and network with fellow members, and welcome our new burgeoning group of medical students.

AGLP is, once again, sponsoring a booth at the Moscone Center, and we encourage you to sign up for a one-hour slot (or more) to meet and greet convention center visitors interested in learning more about AGLP. It’s a great way to benefit the association, and a lot of fun meeting new people and welcoming back older members. You can sign up for booth duty by clicking on THIS LINK or visiting www.aglp.org. The Moscone Center Allied Organization Booths are open Sunday through Tuesday, with a special APA Welcome Reception at the Exhibition Hall on Saturday, May 18, from 5:30pm to 7:00pm.

As always, there is much planning that has gone into making your stay during the Annual Meeting a pleasant one!
Welcome to our pre-convention newsletter. This year I am thrilled to welcome many of you to my home city of San Francisco for this year’s annual American Psychiatric Association Meeting. In 2019, we celebrate the 175th anniversary of the APA and the 41st anniversary of AGLP. San Francisco was the site of the first APA Meeting I attended as a third year medical student in 1989, so it with some awe and disbelief that I look forward to my 30th consecutive APA meeting in the city where it started for me a half-a-life time ago! Throughout that time, AGLP has been an important part of my professional and personal life, as I have grown up with the organization.

I am proud to say that this year there are over 25 symposia and workshops that cover the wide range of the LGBTQ psychiatric experience in the APA. AGLP has organized an additional 20 social and educational events. You will learn about the mental health challenges our communities face and the ways in which our colleagues and friends have found to heal our patients and to take care of ourselves.

AGLP is sponsoring a number of events which will allow us to exchange ideas and get support for the work we do. They will provide us with the opportunity to socialize with old friends, make new ones, and celebrate the diversity and strength of our communities. I hope it will be an opportunity for us to build a stronger AGLP and for many of us to re-commit to this organization as we look toward the future. We are at almost 400 members at the time of this writing, but I am sure you all know of at least one LGBTQ psychiatrist who is a friend and colleague who is not a member, whom you could ask to join. Imagine how strong we would be as an organization of 800!

Finally, one of the great pleasures in my life has been appreciating visual art, and we are very lucky this year that the Bay Area has several outstanding art exhibitions. Roy and I have set up several guided tours of these exhibits to encourage you to see them with your fellow AGLP members. Please sign up for them today. It will be a busy APA for me—good busy!—but I hope to join you on several of them.

Have a wonderful APA. I am grateful to AGLP and to you for these past 30 years and look forward to many more meetings in the future.

Mark your Calendars for October 3-6, 2019, for the APA IPS The Mental Health Services meeting in New York City

AGLP is helping the APA plan a LGBTQ track for the upcoming IPS meeting in New York. IPS is a smaller more intimate meeting than the annual conferences in May. AGLP will host a meeting on Saturday morning, October 5 where we plan activities for the coming year. We will also host a reception, as well as sponsor cultural activities, like museum outings and theater trips. The conference takes place at the Sheraton New York Times Square Hotel.

So far the following sessions have been accepted. Please let us know if you are aware of any other LGBTQ sessions that have been accepted. Also any suggestions for planning the meeting would be greatly appreciated.

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Secretary’s Column
Sarah Noble, D.O.
SNoble@aglp.org

Happy Spring everyone! By the time you’re reading this we’ll be at the APA, and I hope that we’re all having the opportunity to catch up and enjoy the AGLP community. This is a time to rejuvenate and be inspired so we can return to the important work we do all at home.

It is more important than ever that we encourage folks to participate in AGLP. Our government continues to challenge the gains made during the Obama administration such as the protection of trans folks in the military. In addition, no state protects trans folks from losing their jobs because of their gender identity, and many states don’t protect folks from losing their job because they are gay. We have so much more work to do for ourselves and our patients.

Remember AGLP Strives to be a community for both the personal and professional growth of all LGBT Psychiatrists as well as advocating for the best mental health care for the LGBT community.

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AGLP Goes European! (at Exhibitions of European Masters: Monet and Rubens)
Gene Nakajima, M.D.
GNakajima@aglp.org

The Fine Arts Museum of San Francisco actually consists of two Museums, the De Young Museum and the Legion of Honor. Both of them are having shows that may require advanced online ticket purchase in advance due to their popularity. The Monet requires timed entry tickets.

As an AGLP benefit, we have arranged an exclusive guided docent tour of the Monet: the Late Years at the De Young Museum in Golden Gate Park. AGLP docent tour: Saturday May 18th from 3:00pm to 4:00pm. S42 includes admission to the tour and to the rest of museum. AGLP is partly subsidizing the tour with a fee of $20 for medical students and residents. Preregistration required. Limited to 12 people. RSVP Now!

This exhibit features 50 paintings by one of the founders of Impressionism. While you are Golden Gate Park, you may want to visit the AIDS Memorial Grove as well, and the Japanese Garden next door to the Museum. If taking public transportation from the convention center, please allow about 45 min to an hour to get to the museum. It may be easier to take a taxi. Golden Gate Park, 50 Hagiwa Tea Garden Drive. Closed Mondays. Open Tuesday-Sunday 9:30a to 5:15p. https://deyoung.famsf.org/exhibitions/late-monet The museum is also featuring a small exhibition on the art of Paul Gauguin as well.

The Legion of Honor is presenting Early Rubens. Peter Paul Rubens is perhaps the best known Flemish Baroque painter. He worked in 17th Century Antwerp. This exhibit features 50 of his paintings and prints. If you are taking public transportation, allow about an hour. 100 34th Ave. We are suggesting that AGLP members visit the museum as a group on Saturday May 18th from 1:00p to 2:00p. But the museum is open Tuesdays through Sundays 9:30a to 5:15p. Closed Mondays. Early Rubens Exhibit: https://legionofhonor.famsf.org/exhibitions/early-rubens at the Legion of Honor.

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Understanding LGBTQ Lives, Three Bay Area Museum Exhibits
Gene Nakajima, M.D.

During the APA Annual Meeting in San Francisco, there will be three major LGBTQ exhibits, two of them at museums within a block of the Moscone Conference Center. As the APA explores its history during its 175th anniversary, these exhibits illuminate the history of LGBTQ experience during the last century, particularly before and after the 1973 depathologization of homosexuality by the APA. In addition, these exhibits explore the intersection of sexual orientation and gender identity and examine how queer artists grapple with the issues of self representation.

The Oakland Museum of California will present an exhibit entitled Queer California: Untold Stories. This is the first major museum exhibit to explore California’s LGBTQ history, culture, and social activism through artwork and archival materials. In this time when many marginalized groups feel under attack, this exhibit helps us understand the history of the LGBTQ civil rights movement. Several original artworks have been made specifically for this show.

The museum is a 13-minute BART ride from downtown SF ($4.00 each way). The Convention Center is a five minute walk from the Montgomery BART Station and the Museum is a one minute walk from the Lake Merritt BART Station. Address: 1000 Oak Street @ 10th St., Oakland. The museum is closed Monday and Tuesday. Open Saturday and Sunday 10a to 6p, Wed-Thursday 11a to 5p, Friday 11a to 9p. www.museumsca.org.

AGLP’s organized docent tour will be at 10:30a to 11:30a on Sunday May 19. RSVP Now! Registration is limited to 12 people.

The Contemporary Jewish Museum, which is one block north of the Convention Center, has an exhibition called Show Me as I Want to Be Seen, focusing on a lesbian couple: French Jewish artist and writer Claude Cahun (1894-1954) and her lifelong lover and collaborator Marcel Moore (1892-
2019 is a significant year for JGLMH. Volume 1 issue 1 of the journal, under its original name The Journal of Gay and Lesbian Psychotherapy was published in January 1989, making this year the 30th anniversary of first publication! Like many 30 year olds in the psychiatry field, JGLMH is maturing and coming into its own as a publication of note. We now publish more original research than at any time in our publishing history. And far from resting on our laurels, we are introducing new features to the journal ongoingly, like the Perspectives series which has its first installment in the issue making its way to members’ mailboxes as we speak. Perspectives will be an ongoing series of personal pieces that describe an LGBTQ mental health issue from a personal perspective. Dr. Joseph Wise addresses the issue of transphobia in the military by relating his own experience as a psychiatrist in the military confronting unjust treatment of trans soldiers. We are soliciting further submissions for this series so please send your manuscripts directly to editors@aglp.org with the subject line: Perspective Submission.

We hope that you will attend the AGLP Annual Meeting in San Francisco to hear more updates regarding the Journal and to attend the presentation of the JGLMH Outstanding Resident Paper Award by award winner Xavier Diao, MD on May 20th in the AGLP Hospitality Suite, the Sutter Room at the Intercontinental Hotel San Francisco, 888 Howard St. Dr. Diao’s winning manuscript: “The Association between HIV/AIDS and Childhood Sexual Abuse: An Exploratory Case Study” will also be published in an upcoming issue of JGLMH.

Also, we are interested in bringing more Associate Editors onto the Journal volunteer staff, so if you have an interest in academic publishing, please send your CV including any previous experience with peer-review to editors@aglp.org with the subject line: Associate Editor.

2019 Journal of Gay and Lesbian Mental Health (JGLMH) Outstanding Resident Paper Award

The Journal is proud to announce the winner of the 2019 Outstanding Resident Paper Award, Dr. Xavier Diao. Xavier, a fellow PGY-2 psychiatry resident at the Icahn School of Medicine at Mount Sinai, is being recognized for his case report “The Association between HIV/AIDS and Childhood Sexual Abuse: An Exploratory Case Study.” He will present his paper Monday May 20th, 2019, at 11:00am to 12:30pm, at the AGLP Hospitality Suite in the InterContinental San Francisco, Sutter Room.

Born and raised in China, Xavier grew up in...
Executive Director’s Report
Roy Harker, C.A.E.
RHHarker@aglp.org

Last year at our Annual Meeting in New York, we announced the creation of a Membership Drive, labeled “40-400-1,” to celebrate our 40th Anniversary and challenge us as a whole to expand our membership numbers. By year end, overall, membership in AGLP grew by 25% over last year! The largest growth was seen in the Medical Student category — a good portend for the future of AGLP. This category has the greatest potential for long-term membership retention as we have seen in years past. A very large percentage of our current membership and executive leadership were introduced to AGLP as medical students. We also exceeded our membership revenue goals for the year by over 6%. Growth was also seen in “Patron-level” membership categories which continue to sustain our organization in real and tangible ways. And overall revenue for the year advanced by a whopping 14%! In all, we gathered in 80 new members during the course of the year.

Now, as we approach the one-year mark in the development of this program we have even better news. We are literally within striking distance of our target of 400 members, now reporting 384 members. It is very possible that we will reach our ultimate goal by the conclusion of the Annual Meeting.

The graphics at left, represent our year-end financial standing. Our small invested funds portfolio took a real dive at the end of 2018 — as did the stock market in general. But the fund bounced back, as did the stock market in the following months. The end-of-year totals illustrated in the Ledger Summary show diminished totals mainly as a result of these losses and small operating deficit of about $2,000. We had several exceptional expenses last year, mainly in the form of new booth graphics, expanded marketing expenses at the convention center, and additional budgeted expenses for our 40th Anniversary celebrations. Journal expenses have increased as a result of a larger AGLP membership base. Other expenses for the year remain aligned with previous years.

We distributed $4,525 dollars in grants this year, the bulk of that going to develop the endowment for the John Fryer Award at APA. And, as he has done for several years now, David Kessler presented AGLP with an exceptional $10,000 year-end contribution.

AGLP continues on very sure footing thanks to many dedicated members and executive leadership that continue to fulfill the mission of this organization — the development of a community for the personal and professional growth of all LGBT Psychiatrists, and the recognized expert on LGBTQ mental health issues.
Thanks to the following who have generously supported AGLP for 2018-2019

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Listings of Upcoming Subspecialty Meetings of Interests to Members
Kenn Ashley, MD
KAshley@aglp.org

Many AGLP-ers are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get-together at a member’s home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our Past-President, Kenneth Ashley, MD, at KAshley@aglp.org for more details and suggestions.

American Academy of Psychiatry and the Law (AAPL)  
http://www.aapl.org/

American Academy of Psychoanalysis and Dynamic Psychiatry  
http://www.aapdp.org/

American Association for Emergency Psychiatry  
https://www.emergencypsychiatry.org/

American Association for Geriatric Psychiatry (AAGP)  
http://www.aagp.org/

American Association of Directors of Psychiatric Residency Training (AADPRT)  
http://www.aadprt.org/

American College of Psychiatrists  
http://www.acpsych.org/

American Psychiatric Association (APA)  
http://www.psych.org/

  2019 APA Annual Meeting • San Francisco, CA • May 18-22
  2019 IPS: The Mental Health Services Conference  
  New York, NY • Oct 3-6
  2020 APA Annual Meeting • Philadelphia, PA • April 25-29
  2021 APA Annual Meeting • Los Angeles, CA • May 1-5

Association of Women Psychiatrists  
http://www.associationofwomenpsychiatrists.com/index.php

Meetings have been in conjunction with the Annual APA Convention

Black Psychiatrists of America (BPA)  
http://www.blackpsych.org/

JGLMH available online FREE to AGLP Members

The Journal of Gay and Lesbian Mental Health, the official journal of the Association of Gay and Lesbian Psychiatrists, is now available for viewing online free to all AGLP Members. The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

The IT and production editors at Taylor & Francis have developed a new and streamlined way to access all of the content for articles published in the Journal of Gay and Lesbian Mental Health. AGLP members with valid and current memberships can now access the Journal directly through the AGLP website free of charge as a member benefit. Go to www.aglp.org, click on the Members Area link (upper right hand of the screen) and once you are logged in, a box will appear on the right side of the blue banner to access the content.

You should find this new streamlined approach to access more user friendly. If you have any questions at all, or need to be reminded of your username, please contact the National Office at rharker@aglp.org.

Online help is available for any problems you may encounter. We hope that this new method will provide greater ease and dependability to the entire process.

AGLP 32nd Annual Awards Reception and Ceremony
SUN D A Y, May 19
7:00 - 9:00pm

Hors d’oeuvres, Cash Bar
No admission charge for members
S10 donation requested for non-members
Award Presentations at 8:00pm

San Francisco Center for Psychoanalysis  
444 Natoma St, San Francisco, CA 94103

We gratefully acknowledge the support, in part, of this event by PRMS and the Bay Area Physicians for Human Rights.
The Rainbow Chamber Players Celebrate Gay Marriage and Women’s Suffrage

During the APA conference, the Rainbow Chamber Players, an ensemble of 20 musicians, will feature a performance of Jimmy Lopez’s Man and Man, a piece of chamber music with countertenor and a text by Pulitzer prize winning playwright Nilo Cruz. Lopez originally wrote the music for his own wedding.

The concert will be held on Saturday May 18th at St. Matthew’s Lutheran Church at 3281 16th St. (corner Dolores Street—in the area between the Mission and Castro) (J Church Muni, stop 16th St) at 6:30pm. Other works on the program, which are part of an LGBTQ Composer series include, Ethel Smyth’s March of the Women/ Overture to The Boatswain’s Mate and David Del Tredici’s Acróstico Song (Chamber Version). The concert also includes excerpts from the chamber version of Brahms Serenade #1.

Man and Man was written for Jimmy Lopez’s own wedding. This performance will be its West Coast public premiere. Our soloist will be countertenor Jean-Paul Jones. Jimmy Lopez is a Peruvian-American composer who recently composed the opera Bel Canto for the Lyric Opera of Chicago. Ethel Smyth was a British composer primarily known for her operas. She studied in Leipzig, Germany, and had a particular reverence for Brahms, whom she met on several occasions. She wrote the Women’s March, which became the anthem for the Suffrage Movement. The Boatswain’s Mate is a comic opera and its overture incorporates the Women’s March. We will be performing the US premiere of the chamber version of this overture and celebrating the 100th anniversary of women’s right to vote.

Rainbow Chamber Players is primarily composed of members of the Bay Area Rainbow Symphony (BARS), San Francisco’s LGBTQ orchestra. This concert will be conducted by Kyle Baldwin. Players include three psychiatrists, Gene Nakajima, MD, Randy Rischette, MD and Clayton Bullock, MD. The concert is free, and donations are encouraged for BARS.

A reception will follow the performance at 538 Sanchez St (at 18th St.), 3 blocks away.

AGLP at IPS, New York
Continued from page 3

Update on Mental Health Issues in LGBTQ Youth
Kenneth Ashley, Ali Haidar, Michael Ingram, Timothy Van Deusen, Gabrielle Shapiro

The role of mental health in getting to zero new HIV infections: The science, psychosocial issues, and disparities:
Kenneth Ashley, Daena Petersen, Marshall Forstein, Carmen Casasnovas

In the Shadow of History: The LGBTQ Psychiatric Experience
Saul Levin, Howard Rubin, Adriclar Tirado, Adrian de Julio, Harshit Sharma

Conversion Therapy: Boy Erased, Can it Alter Sexual Orientation Without Causing Harm?
Jose Vito, Amir Ahuja, Shervin Shandianloo, Dan Safin

Welcome to Our New Members 2018-2019
Saeed Ahmed, M.D.
Murat Alinay, M.D.
Kyle Armstrong, D.O.
Tamer Aydin
Kelly Aylsworth, M.D.
Luke Bacon
Steven Bartek, M.D.
Bradley Becker
Joseph Beckwith
Wayne Benham, M.D.
Ira Bergman, M.D.
Dominic Boccaccio
Suzanne Borkowski, M.D.
London Browning
Amity Buxton, Ph.D.
Alexander Cantu
Will Carter III
Abhay Chauhan
Julie Christensen
Chelsea Cosner
Katie Crist
Conor Cronin
Marc Dalton, M.D.
Robert Davies, M.D.
Joris De Keersmaecker
Stephen Deci, M.D.
Pojen Deng, M.D.
Michael Diamond
Rachel Duffy
Amber Dunbar
Ralph Fader, M.D.
Albert Fernandez
Jaryd Frankel
Gabriel Franta
William Garrett
Joseph Garry, CSW
Jack Girardi, Ph.D.
Jonathan Gomez
Jeffrey Gruhler, M.D.
Sateesh Gunda, M.D.
Nathan Hu, Ph.D.
Ali Haidar, M.D.
Demario Hankins
John Haupert
Chase Hilker
Rachael Holbreich
Clayton Hubbell
Kevin Johnson, M.D.
Thomas Jordan, M.D.
Brandon Jun
Adam Keton, Ph.D.
John Kurek, D.O.
Hein Lott, M.D.
James Lehman M.D.
Tricia Lemelle, M.D.
Naomi Libby, M.D.
Nicholas Lopresto
Paul Mahtland-McKinley, M.D.
Fatima Masumova, D.O.
James Meyer
Michal McDowell, M.P.H.
Caitlin McFarland, M.D.
Sara McHenry
Conor McLean
Ahmad Mohammad
Nafiz Mosharraf
Cathy Ng
Obiora Nnisi, M.D.
Stevan Obadovics, M.D.
Jillian Prie
Eric Rafle-Yuan, M.D.
Barry Rand, M.D.
Jace Reed, M.D.
Seth Roseblatt, M.D.
Hanna Saad, M.D.
Dylan Sabb
Robert Saint-Vil, D.O.
Jon Vincent Samson, M.Sc.
Melanie Schurrer, M.D.
Rebecca Segal
Steven Sha
Nina Sheade
Collin Shumate
Gregory Singleton, M.D.
Jamie Snyder, M.D.
Jessica Spellun, M.D.
Oliver Stroeh, M.D.
Calvin Sung
Edward Tabasky, M.D.
Rex Taber, M.D.
Darya Terekhova, M.D.
Albert Thomas, M.D.
Joshua Tomashev
Chun Tong
Burak Uzay, Ph.D.
Joshua Valverde, M.D.
Shane van Weelie
Tim Walsh
Oakland Walters, M.D.
Kenneth Wee
Daniel Weiner, M.D.
Joseph Wise, M.D.
Jami Woods, M.D.
Brian Zimmitsky, M.D.
2019 John Fryer, M.D., Award Winner Announced

Shannon Minter, Esq., has been named the winner of the 2019 John E. Fryer, M.D., Award. The award honors an important and highly-visible figure in the LGBTQ-rights community and offers opportunities for another voice in the ongoing advocacy for rights, research, and informed care for our LGBTQ patients. Mr. Minter will receive this award and make his presentation, “The Essential Role of Mental Health Professionals in Securing Equality for LGBTQ People,” on Tuesday, May 21, at 3:00pm.

M Interstate for same-sex couples in the landmark California marriage equality case which held that same-sex couples have the fundamental right to marry and that laws that discriminate based on sexual orientation are inherently discriminatory and subject to the highest level of constitutional scrutiny.

Shannon Minter is the Legal Director of the National Center for Lesbian Rights (NCLR), one of the nation’s leading advocacy organizations for lesbian, gay, bisexual, and transgender people.

Minter was also NCLR’s lead attorney in Christian Legal Society v. Martinez, a U.S. Supreme Court decision upholding student group policies prohibiting discrimination based on sexual orientation and gender identity.

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Minter was also NCLR’s lead attorney in Christian Legal Society v. Martinez, a U.S. Supreme Court decision upholding student group policies prohibiting discrimination based on sexual orientation and gender identity. The argument that such policies violated a student group’s rights to freedom of speech, religion, and association. NCLR represented Hastings Outlaw, an LGBTQ student group who intervened to help defend the nondiscrimination policy.

In 2009, Minter was named a California Lawyer of the Year by California Lawyer. In 2008, he was named among six Lawyers of the Year by Lawyers USA and among California’s Top 100 Lawyers by the legal publication The Daily Journal. He also received the 2008 Dan Bradley Award from the National Gay and Lesbian Bar Association for outstanding work in marriage cases and was the recipient of the Cornell Law School Exemplary Public Service Award. In 2004, he was awarded an Honorary Degree from the City University of New York School of Law for his advocacy on behalf of same-sex couples and their families. Shannon has also received the Anderson Prize Foundation’s Creating Change Award by the National Gay and Lesbian Task Force and the Distinguished National Service Award from GAYLAW, the bar association for LGBTQ lawyers.

JGLMH Resident Paper Award

Continued from page 5

Dramatic increases in AGLP Medical Student Membership

Roy Harker, C.A.E., Executive Director

RHarker@aglp.org

In January of the 2018, the Executive Board of AGLP voted to reduce the membership fee for medical students to $0. This was done in an effort to stimulate the involvement of medical students interested in the field, especially as it pertains to the effective care of the LGBTQ+ Community. This move also aligned pricing policy with that of the American Psychiatric Association (APA) and other professional associations across the country. Medical Students receive all of the benefits of full membership including hard-copy editions of the AGLP Journal of Gay and Lesbian Mental Health and full online access to all digital content of the journal.

In addition, the board pledged to communicate more broadly the availability of funds that are developing in the John O’Donnell Fund for Medical Student Travel. Grant money from this fund is available to medical student members of AGLP for travel to and from the APA Annual Meeting in May, or IPS in October. In response to the grant, these medical students are encouraged to attend an AGLP Executive Meetings and partner with one of our full members at the AGLP booth. The grants are funded by contributions from AGLP members.

Mentoring programs are also available to connect medical students with veteran AGLP members. AGLP has developed a large pool of mentors in many specialized areas that have offered their expertise free of charge to AGLP student members. Medical students can enroll in this program by contacting the National Office.

As a result of these strategic changes Medical Student membership metrics have changed dramatically adding 46 members since the start of the program and now...
The AGLP James Paulsen Award, created in 1986 and presented to an AGLP member who has made significant contributions to the ongoing life of the organization, is conferred this year on Bob Cabaj, M.D., a long-standing member of AGLP. In addition to his roles as one of the founding members and former president of AGLP, his expertise and publications on administration, substance abuse, gay and lesbian mental health, and HIV/AIDS, has contributed enormously to the body of research supporting the LGBTQ community. A Board-certified psychiatrist and certified addiction medicine specialist who is currently the Medical Director of San Mateo Behavioral Health and Recovery Services, an integrated system that delivers and monitors mental health and substance abuse services for the public sector in San Mateo County, which includes an award-winning Psychiatric Residency Training Program.

Dr. Cabaj is the co-author/editor of two books—Textbook of Homosexuality and Mental Health and On the Road to Same-Sex Marriage—as well as many articles related to sexuality and mental health, substance abuse and mental health, and HIV and AIDS and mental health. He was instrumental in the removal of “Ego-Dystonic Homosexuality” from DSM-III-R. He helped create and foster the APA’s Caucus and Committees for LGBTQ issues and members, including Chair of the Committee on Minority and Underrepresented Groups.

He currently serves on many committees and boards for various national and local groups, including Past Chairperson of the Council on Advocacy and Government Relations for the American Psychiatric Association, and a member of its Council on Health Care Systems and Financing as well as the Council on Quality Care. He is also a past-president of the Northern California Psychiatric Society and current Representative to the Assembly of the American Psychiatric Association; a council member of the California Psychiatric Association; and co-chair of CPA Public Psychiatry Committee.

The Barbara Gittings Award for 2019 is being presented to Kate Kendell, Esq. The AGLP Barbara Gittings Award is presented to a woman who demonstrates exceptional leadership and advocacy for lesbian issues. It was named after one of the founders of the gay rights movement and one of the activists instrumental in moving APA to consider depathologizing homosexuality.

Kate Kendell, Esq., is the former Executive Director of the National Center for Lesbian Rights (NCLR), a national legal organization that fights for the civil and human rights of lesbian, gay, bisexual, and transgender (LGBTQ) people and their families through litigation, public policy advocacy, and public education. Through direct litigation and advocacy, NCLR worked under Kate’s direction to change discriminatory laws and to create new laws and policies protecting the LGBTQ community. Ms. Kendell joined NCLR in 1994, when she joined the organization as its Legal Director. Two years later, she was named Executive Director. She stepped down from that position this past March to become Campaign Manager for Pack The Courts, a non-profit organization dedicated to restoring legitimacy to our stolen Supreme Court.

The Distinguished Service Award, AGLP's first designated award, is given to an individual for outstanding contributions to the LGBTQ community. Over the years it has been awarded to AGLP members whose work extends past the reach of the organization, to supportive APA officials, and to public figures. The 2019 Distinguished Service Award is being presented to Mark Leno.

Mark Leno is a San Francisco-area politician who served in the California State Senate until November 2016. A Democrat, he represented the 11th Senate district, which includes San Francisco and portions of San Mateo County. Before the 2010 redistricting, he represented the 3rd Senate district. A member of the California Legislative LGBTQ Caucus, Mr. Leno was the first openly gay man (along with John Laird) to serve in the California State Assembly.

The 2019 Stuart Nichols Award is being conferred on the Bay Area Physicians for Human Rights (BAPHR), the world’s first organization of gay physicians founded in 1977. Psychiatrist David Kessler, MD was the first elected president of the BAPHR from 1978-1980. Dr. Kessler subsequently became president of the Gay and Lesbian Caucus of the American Psychiatric Association. BAPHR holds monthly networking mixers for LGBTQ medical students, residents and attendings. It also raises money to sponsor grants to organizations for their LGBTQ health projects. Since 1986, it has donated over $1.4 million dollars to agencies with demonstrated commitment to LGBTQ health and wellness. BAPHR is also one of the sponsors of the AGLP Annual Awards Reception. For more information go to www.baphr.org. The Stuart Nichols Award is presented to a community service organization in the Annual Meeting city that supports LGBTQ Mental Health. It was named after Stuart Nichols, MD, a community psychiatrist who did addictions and HIV work and was a mentor to many AGLP members, and includes a cash award.

This year, the 2019 AGLP Awards will be presented in a ceremony at The San Francisco Center for Psychoanalysis, 444 Natoma St, San Francisco, CA 94103, on Sunday, May 19. The reception begins at 7:00pm with the Awards Ceremony following at 8:00pm. The event is free to AGLP members. A ten-dollar donation is requested for visitors and non-members.
Book Review: Reflections on The Great Believers

Howard Rubin, M.D.
HRubin@aglp.org

Rebecca Makkai’s novel, The Great Believers, is one of the most moving and sad books I have read in a long time. It shifts between the early days of the HIV epidemic in Chicago in the 1980s, and the present day as it depicts the struggles of a group of friends who must cope with illness and fear, government inaction, and death. Fiona, the sister of one of those men, and best friend of another, must re-examine her past to become more fully present in her current life. Although the balance between the gravity of the stories in the past and present can come across as lopsided, the novel works hard to answer the question, “Is it possible to achieve absolution for, or at least, some kind of hard-won peace with the errors, trauma, and pain in our personal and collective histories?”

The epigraph to the book is a quotation from F. Scott Fitzgerald: “We were the great believers. I have never cared for any men as much as for these who felt the first springs when I did, and saw death ahead, and were reprieved—and who now walk the long and stormy summer.” Makkai derives the title of the book from that brilliantly ambiguous phrase, “great believers,” which raises many questions for me. Who are those believers, what makes them great, and what did they believe in? The poetic phrase, “long and stormy summer” intrigues me. We traditionally associate late autumn and winter as the seasons of death—the dark days of the early HIV epidemic—but the “long and stormy summer” resonates with feelings of passion, promise, and hope. The novel walks us through that summer with compassion and grace.

Sometimes, the book reads like a psychotherapeutic case history (but not in a bad way!) of Fiona as she struggles to re-establish a relationship with her daughter who wants nothing to do with her. The estranged daughter has fled to Paris and has now become a mother herself. A major mystery in the book is why Fiona considers the birth of this beloved daughter the worst day of her life. Imagine the flood of feelings when she discovers that her grandchild is named after her own brother who died of AIDS in the 1980s.

At the very end of the novel, a character who is long-term survivor of HIV, rhetorically asks Fiona, “What the hell does Horatio do in act six (of Hamlet)?” How do we go on living in the face of so much death and loss? There are memorials. There are memories, and there is the work of reconciliation, of putting one step in front of the other and moving forward. There is art, there is beauty and ugliness, and there is hard-won love. Perhaps, a reprieve from the burdens of the past is possible, after all.

Bay Area Museum Exhibits
Continued from page 4


1974). It explores how artists depict the self. Cahun and Moore were surrealist artists who took photographs of Cahun in varying guises and gender expressions. They were active in the resistance against the Nazis. They distributed flyers urging Nazi soldiers to defect, and were sentenced to death for their artistic activism. They were released at the end of the war before their sentence could be carried out. Cahun died at age 60, 9 years after the war, and Moore committed suicide in 1972. Ten contemporary artists who are grappling with issues of identity in portraiture are also included in this exhibit.

The Contemporary Jewish Museum was designed by architect Daniel Liebeskind, who is also the architect for the Jewish Museum in Berlin, and the creator of the master plan for the reconstruction of the World Trade Center. Address: 736 Mission Street. Open Monday-Tuesday, Friday-Sunday 11a to 5p. Thursday 11a-8p. Closed Wednesday. www.thejm.org

AGLP’s organized docent tour will be from 11a to noon on Tuesday May 21. RSVP Now! Registration is limited to 12 people.

The SF Museum of Modern Art exhibit Andy Warhol from A to B and Back Again, will be opening on Sunday May 19, 2019 during the meeting. The museum is one block east from the Convention Center. This exhibit was organized by the Whitney Museum of American Art, and is the first major Warhol retrospective in 30 years. It was very well received in New York. This exhibit was lauded by Out Magazine for “Re-gaying Andy Warhol.” Part of the focus of the exhibit is on Warhol’s sexual orientation and gender identity, which had been glossed over in previous exhibits where Warhol was depicted as being asexual, with an emphasis on his Catholic background. Early in his career he differentiated himself from the predominant heterosexual abstract expressionist artists of the time with representational art featuring gay imagery. Besides the iconic images of Chairman Mao, Brillo Boxes and Coca Cola, the exhibit contains photographs and paintings of trans women, drag queens, and self portraits of Warhol in drag along with his collaborations with gay artist Keith Haring.

Artwork featuring diverse members of LGBTQ communities including Gianni Versace, Truman Capote, Christine Jorgensen, Lucinda Childs, Candy Darling, Marsha P. Johnson and Wilhelmina Ross are also featured. His studio called The Factory was a haven for queer people in the 1960’s, and his early experimental movies featuring LGBTQ content will be screened.

It would be best to buy timed tickets before hand to avoid disappointment and to reduce waiting periods. Open Friday-Tuesday 10am to 5 pm, Thursdays 10am to 9pm, closed Wednesday. www.sfmoma.org Address: 131 Third St. Visit the exhibit on Monday May 20 from 11:00a to noon.
Yale Alumnus Pledges $5 Million for Yale School of Public Health Fund and Professorship to Advance LGBTQ Mental Health

(Reprinted from the Yale School of Public Health Office of Communications)

As a psychiatrist, Yale School of Medicine alumnus David R. Kessler, M.D., ’55, understands the swirling mix of anxiety and fear that can consume individuals who identify as LGBTQ during their struggle to come out about their sexual orientation.

Kessler is not only trained in such knowledge, he lived it. From the intense anxiety attacks he suffered as a closeted gay med student in the 1950s to the fears of persecution he and other closeted gay doctors shared in the 1970s, Kessler lived through a turbulent time for LGBTQ people in American history.

Coming out was a fantastic experience for me and that’s why I’m so interested in helping others, because I realized from my own experience what a meaningful, life-changing event it is.”

Now retired and living on the West Coast, Kessler, who publicly affirmed his sexuality in 1978, wants to help other LGBTQ individuals who may be struggling to come out or who are dealing with stigma, oppression, and other issues impacting their mental health.

“Coming out was a fantastic experience for me and that’s why I’m so interested in helping others, because I realized from my own experience what a meaningful, life-changing event it is,” said Kessler, no relation to former Yale School of Medicine Dean David Aaron Kessler.

Kessler recently made a gift of $200,000 to support the work of Yale School of Public Health Associate Professor John Pachankis, Ph.D., and his Esteem Research Group, which is dedicated to addressing the depression, anxiety and substance use problems that disproportionately affect the LGBTQ community and can erode healthy relationships and behaviors. A clinical psychologist, Pachankis, is internationally known for his development of novel psychosocial interventions to improve LGBTQ individuals’ mental health.

“John is just so energetic and productive on the issue of coming out,” said Kessler. “I’m very supportive of his work not only in this country but internationally, which is really unbelievable. People around the world are dealing with issues related to coming out and John is studying how it affects them in a scientific and rigorous manner, which is very impressive.”

Kessler also is directing $5 million from his estate to the Yale School of Public Health, part of which is intended for the creation of a David R. Kessler Endowed Professorship. The professorship and accompanying resource fund will support teaching and research associated with improving LGBTQ mental health.

The majority of the world still lives in conditions that are not stigma-free when it comes to LGBTQ acceptance, including many areas of the United States, said Pachankis. In some states, parents still send their children to conversion therapy, and in some countries, conversion therapy to make gay people “normal” heterosexuals is common, he said.

“As a stigmatized minority in society, people who identify as LGBTQ are subject to continuous assaults on their self-esteem and sense of belonging in their families, schools, and workplaces,” said Yale School of Public Health Dean Sten H. Vermund, M.D., Ph.D., who has made improving LGBTQ mental health a priority of his administration. “I cannot think of a higher impact program in which Dr. Kessler could invest than Dr. Pachankis’ Esteem Program. Dr. Kessler’s generosity will ensure that LGBTQ mental health research geared toward preventive and therapeutic interventions will be part of YSPH under Dr. Pachankis’ leadership and on in perpetuity.”

Pachankis’ research is dedicated to delivering effective LGBTQ-affirmative mental health treatments to vulnerable populations in the United States and around the world such as those in rural Appalachia, China, and Eastern Europe. Some of the programs Pachankis has initiated since arriving at Yale in 2013 involve improved training for mental health providers, delivering mental health treatment via the internet and mobile applications and finding ways to sustain such treatments in areas where LGBTQ stigma is present and strong.

“David’s journey inspires all of us to be as courageous and creative as his generation has been in living proudly and meaningfully in the face of societal and emotional barriers,” said Pachankis. “For a lot of LGBTQ people, that journey includes supporting the next generation of LGBTQ individuals. That’s certainly one of David’s major contributions and, in my own way as a researcher and teacher, I hope that it can be one of mine.”

After coming out in San Francisco, Kessler helped launch the country’s first formal gay doctors’ organization—the Bay Area Physicians for Human Rights. He later served as president of the National Gay Caucus of Members of the American Psychiatric Association, which became the American Association of Gay and Lesbian Psychiatrists. People magazine highlighted his leadership and advocacy work in 1979. He gave one of the eulogies at the funeral of Harvey Milk, a seminal figure in the gay rights movement.

Kessler credits his friends in the gay community with providing the crucial support he needed to acknowledge his sexual orientation—and his sanity—at a time when the leading psychiatric diagnosis manual, the Diagnostics and Statistical Manual of Mental Disorders or DSM III, classified homosexuality as a mental illness and perversion.

Continued on page 14
Continued from page 13

David Kessler Pledges $5 Million

“I had been reading all this nonsense psychiatrists had written about how sick gay people are and I got so angry I couldn’t stand it anymore,” Kessler recalled. “I just said, ‘That’s it! We need to organize and put an end to this stuff and let people know who we are and that there are gay people everywhere and we’re just like everyone else.’”

Despite San Francisco’s burgeoning gay community, organizing wasn’t easy, Kessler said. Other medical professionals were scared of losing patients if their homosexuality became public. The early groups would meet after dark in the shelter of members’ living rooms. There, discussion would drag on for hours about how members would be kept informed, whether there should be a printed members list, who should possess the list and what might happen if it fell into the wrong hands. Even the group’s initial chosen name—Bay Area Physicians for Human Rights—made no mention of homosexuality.

After completing his psychiatric residency at Yale in 1961, Kessler went on to become a faculty member in the Department of Psychiatry at the University of California San Francisco Medical School and also a unit supervisor at the Langley Porter Institute. He retired as a clinical professor of psychiatry in 1986.

Scholarship and Research

The Lesbian and Gay Studies Center at Yale, established in 1986, was one of the first of its kind in the country. The Research Fund for Lesbian and Gay Studies (FLAGS), established in 1992, supports faculty and graduate student research and the university is widely known for its national conferences. In 2001, a major donation from Arthur Kramer, ’49, in honor of his brother, the writer, AIDS activist and ACT UP founder Larry Kramer, ’57, led to the establishment of the Larry Kramer Initiative for Lesbian and Gay Studies. LKI, as it was known, was a highly successful five-year initiative that allowed the appointment of visiting lecturers and dramatically expanded Yale’s archive of LGBTQ materials, including the papers of Kramer and fellow activists David Mixner and Harvey Fierstein.

Kessler said he has been interested in creating something at Yale for years, but it took two tries to get it done. The first time he approached the university in the early 1990s, the people he met with weren’t sure where the funds should be directed or how they might be used, and Kessler chose instead to create the David R. Kessler Lectures in Lesbian and Gay Studies at his alma mater, the City University of New York.

A longtime supporter of the Yale School of Medicine, Kessler decided to make an estate gift to the Yale School of Public Health after speaking with YSPH Dean Vermund and YSM Deputy Dean and Chief Diversity Officer Dr. Darin Latimore, who introduced him to professor Pochankis last year. Kessler hopes his endowment encourages others to support the Yale School of Public Health’s ongoing efforts to improve mental health outcomes for the LGBTQ community.

“Now Yale is ready, willing and able with a research program in full swing that is very close to my heart,” Kessler said. “I am delighted to be able to come back and do it even bigger and better.”

If you would like to support efforts to improve LGBTQ mental health and reduce adverse health outcomes related to stigma, donate to the Yale School of Public Health or to its LGBTQ research directly by visiting https://publichealth.yale.edu/giving/ for more information.

Fryer Award

Continued from page 10

The Association of Gay and Lesbian Psychiatrists (AGLP) has instituted a fund raising campaign, in association with the American Psychiatric Foundation, to help to further endow this award in perpetuity. For more information about how you can get involved, please contact Roy Harper, Executive Director of AGLP at rharker@aglp.org. Tax-deductible contributions can be made through this secure link.

The Fryer Award lecture educates psychiatrists on a wide range of significant LGBTQ issues. These lectures take place at the Annual Meeting of the American Psychiatric Association (APA) and are popular and well-attended. By publishing these lectures as papers in the Journal of Gay & Lesbian Mental Health, which has a wide circulation among psychiatrists and other mental health workers, the reach of these lectures is extended even further. Past honorees have included prominent advocates for the LGBTQ community, such as Barbara Gittings, Frank Kameny, Gavin Newsome, Evan Wolfson, and Bishop Gene Robinson, as well as experts in psychiatry and the mental health field, including Lawrence Hartmann, Richard Pillard, Marjorie Hill, Dee Mosbacher, Jack Drescher, and Caitlin Ryan.

The award is named for John Fryer, M.D., the Philadelphia-area psychiatrist, who appeared with Barbara Gittings and Frank Kameny as “Dr. H. Anonymous” at the 1972 APA Annual Meeting and helped move forward the process of removing the diagnosis of homosexuality from the DSM. John Fryer, MD was born in Kentucky in 1938. He attended medical school at Vanderbilt University and completed his psychiatry residency in Philadelphia and spent the rest of his career in Philadelphia. His early years as a psychiatrist were difficult because of his sexual identity. He was forced to leave the University of Pennsylvania’s Psychiatry Residency Program when it was discovered that he was gay, and later he completed his residency at Norristown State Hospital. Dr. Fryer was never apologetic about who he was or how he presented himself, and he went on to have a distinguished career as a professor of family and community psychiatry at Temple University.
Seeking a new AGLP Newsletter Editor

AGLP is seeking a volunteer to assume the responsibilities of Editor or Co-Editor of the Newsletter. A job description for the position(s) appears below. For more information, please contact either Howard Rubin, M.D., President (HRubin@aglp.org) or Roy Harker, C.A.E., Executive Director, at the AGLP National Office (RHarker@aglp.org).

AGLP Newsletter Editor Job Description

The Editor(s) of the AGLP Newsletter should have a good sense of what makes an interesting angle to a story, be aware of AGLP activities and meetings, and liaise with the National Office to juggle all the moving parts of publication. The Editor will plan, coordinate, review and edit content in preparation for publication. The goal is to provide exceptional, informative, and engaging content. Newsletter editors need to know what stories are out there by developing and maintaining contacts throughout the organization.

Responsibilities

- Creatively explore new content ideas or stylistic formats in alignment with the membership’s preferences
- Coordinate publishing cycle and manage content areas
- Set publication standards and establish goals and expectations
- Oversee layout (artwork, design, photography) and check content for accuracy and errors
- Proofread, edit and improve stories or pieces
- Recruit and manage writers and reporters
- Give committee members recognition for their work.
- Attend each Board meeting, if possible. The Editor position of the newsletter is an appointed position on the executive board of AGLP.

Requirements

- Strong writing/editing/proofreading skills
- Hands on experience with MS Office or other publishing tools
- An eye for detail along with critical thinking

Typical articles/information for the newsletter include:

- Feature articles about annual meetings of the organization
- Information about seminars and workshops of interest to AGLP members
- News and announcements from other committees
- Columns from AGLP President, Vice-President, Secretary, Past-President and/or Treasurer
- Awards/achievements won by chapter members
- Scholarship and student travel information
- Letters to the editor
- Advertisements
- Photos of AGLP events
- List of new members in the preceding period, and a list of donors

Page Layout, Printing, and Distribution

The gathered content will be compiled, edited, and submitted in electronic format to the National Office. The National Office will design, layout, and typeset the galley proofs for the editor(s). Once a newsletter is proof-read, and approved for publication, the National Office will handle the details of printing and distribution. The current process for distribution entails hard-copy mailing and PDF/digital development emailed directly to the membership and placed as a link on the AGLP website. All AGLP newsletters are archived in both digital and hard-copy formats.

The current cycle for AGLP Newsletter publication is as follows: The current deadlines for submission to the National Office are January 30 (February/March Issue); March 30 (April/Convention Issue); August 15 (September Issue); November 15 (December/APA Elections Issue).

AGLP Medical Student Members Increase in Numbers

Continued from page 10

representing about 15% of the total membership. As a natural result, the age demographic of the association has also trended younger and more ethnically diverse.

Retention rates for this sector have proven to be a challenge for most non-profits. We hope to sustain our medical students with some of the programs and services listed above. But ultimately, it will be the connections that these new members form with our current membership that will determine not only long-time membership in the association, but also successful LGBTQ career psychiatrists. Please take the time to engage some of these new members at one of our many social programs coming up in San Francisco. Think about your own experience as a medical student and about those people that encouraged and mentored you. Consider becoming a mentor to one or more of these students over the span of their medical training. You can make a difference in a young life and in the long-term success of AGLP.
APA/AGLP Annual Meeting
May 17 through May 22, 2019
San Francisco, California

Shaded areas require Registration/RSVP
Register/RSVP for AGLP Events online at www.aglp.org

AGLP Host Hotel: The InterContinental San Francisco
888 Howard St, San Francisco, CA 94103
Phone: (415) 616-6500
http://www.intercontinentalsanfrancisco.com

Friday, May 17
AGLP Welcome Reception
6:00pm to 7:30pm
InterContinental San Francisco, Bar 888
No RSVP Required

Saturday, May 18
Resident/Early Career/Medical Student Brunch
10:00am to 12:00pm
AGLP is delighted to host complimentary brunch for medical students, residents, and fellows, who are interested in learning about LGBTQ mental health and more about AGLP.
760 Haight Street
RSVP Required. RSVP Now!

Early Rubens
The Greatest Flemish Baroque Painter
1:00pm to 2:00pm
Legion of Honor Museum, 100 34th Avenue
https://legionofhonor.famsf.org/exhibitions/early-rubens

Late Monet
A founding member of French Impressionism
3:00pm to 4:00pm
DeYoung Museum
Golden Gate Park \ 50 Hagiwara Tea Garden Drive
415.750.3600
https://deyoung.famsf.org/exhibitions/late-monet

Limited to 12 people. $42 admission price includes admission to the rest of the museum. This private tour is being led by docent Steve Luppino. Meet at the Information Desk in the main lobby of the deYoung. He will have your tickets in hand. RSVP Now!

APA Welcome Reception at the Exhibition Hall: AGLP Booth Opens
5:30pm to 7:00pm
Moscone Convention Center, Booth 1808
VOLUNTEER TO STAFF THE BOOTH...

Rainbow Chamber Players: Celebrating Gay Marriage and Women’s Suffrage
6:30 to 8:00pm
Music of Jimmy Lopez, Ethel Smyth, David Del Tredici and Johannes Brahms. Featuring members of the Bay Area Rainbow Symphony
St. Matthews Lutheran Church (1 Church Muni to 16th St)
3281 16th St @ Dolores Street
Concert is free.

AGLP Women’s/Trans/Bl/Queer Reception
7:30pm
Hosted by Violet Hong, MD
Fang’s Restaurant; 660 Howard Street, 415-777-8568
https://www.fangrestaurant.com
RSVP Now!

AGLP Saturday Night Party
8:00pm to 11:00pm
538 Sanchez Street @ 18th Street in the Castro
No RSVP Required

APA LGBTQ PROGRAMMING
8:00am to 9:30am
Comprehensive Mental Health Care of the Transgender Patient
Mural Altimay, MD, Jason Lambrese, MD, Antone Feo, Eric Yarbrough, MD

ADDITIONAL APA PROGRAMMING OF INTEREST
8:00am to 9:30am
Making the Invisible Visible: Using Art to Explore Bias and Hierarchy in Medicine
Nientara Anderson, Robert Rock

Sunday, May 19
AGLP Annual Executive Business Meeting
9:00am to 12:30pm
InterContinental San Francisco, Fremont Room

AGLP Booth
10:00am to 4:00pm
Moscone Center, San Francisco, Booth 1808
VOLUNTEER TO STAFF THE BOOTH...

Museum Outing: Queer California: Untold Stories
10:30am to 11:30am
First comprehensive exhibit to explore California’s LGBTQ history, culture and art
Oakland Museum
1000 Oak Street, at 10th Street, Oakland
http://museumca.org/exhibit/queer-california-untold-stories
$20 Admission. 13 min BART ride from Montgomery (5 min walk to convention) to Lake Merritt (one minute walk to museum). AGLP Docent Tour
RSVP Now! Registration limited to 12.

AGLP Annual Membership Meeting
1:00am to 3:00pm
Please join us to become more involved and make an impact on our organization
InterContinental San Francisco, Sutter Room

Scan the QR Code to the left to view all of the latest schedule information on our website.
AGLP Annual Meeting Schedule
Continued from page 10

AGLP Annual Awards Reception
7:00pm to 9:30pm
San Francisco Center for Psychoanalysis, 444 Natoma Street
This year recognizing:
Bob Cabaj, M.D., for the AGLP 2019 James Paulsen Award
California Representative Mark Leno, for the AGLP 2019 Distinguished Service Award
Xavier Diao, M.D., for the AGLP 2019 Resident Paper Award of the Journal of Gay and Lesbian Mental Health
Bay Area Physicians for Human Rights (BAPHR) for the AGLP 2019 Stuart Nichols Award
No RSVP Required

APA LGBTQ PROGRAMMING
8:00am to 9:30am
Sex, Drugs, and Culturally-Responsive Treatment: Addressing Substance Use Disorders in the Context of Sexual and Gender Diversity
Jeremy Kidd, MD, Brian Hurley, MD, Faye Chao, Petros Levonis, MD

8:00am to 9:30am
Addressing Microaggressions Toward Sexual and Gender Minorities: Caring for LGBTQ+ Patients and Providers
Lawrence McGlynn, MD, Daena Petersen, MD, Ripal Shah, MD, Neir Eshel, MD

1:00pm to 2:30pm
Intersectionality 2.0: How the Film Moonlight Can Teach us about Inclusion and Therapeutic Alliance in Minority LGBTQ Populations
Amanda Wallace, MD, Haining Yu, MD, Sean Arayasirikul, PhD, Latoya Frolov, MD, Keith Hermanstyne, MD

1:00pm to 2:30pm
Transgender Care: How Psychiatrists can Decrease Barriers and Provide Gender-Affirming Care
Cassy Friedrich, MD, and Tamar Carmel, MD

3:00pm to 4:30pm
Mental Health Providers’ Primer Regarding Terminology, Lessons, and Resources on Sexual Orientation and Gender Identity and Expression
Richard Pleak, MD Panagiotas Korenis, MD, Gino Anthony Mortillaro, MD, Mohammed Zeshan, MD, Shervin Shadianloo, MD

3:00pm to 4:30pm
Disrupting the Cycle of HIV Transmission: The Role of Mental Health Providers in the Inclusive use of PrEP to Address Disparities
Daena Petersen, MD, Kenneth Ashley, MD Keith Hermanstyne, MD

Monday, May 20
AGLP Hospitality Suite
8:30am to 5:00pm
InterContinental San Francisco, Sutter Room

9:30am to 10:30am
The Way of the World: how heterosexism shapes and distorts male same-sexuality: a thesis
Ronald Hellman, M.D.
AGLP Hospitality Suite, InterContinental San Francisco, Sutter Room

AGLP Booth
10:00am to 4:00pm
Moscone Center, San Francisco, Booth 1808

Volunteer to Staff the Booth...

11:00am to 12:30pm
Journal of Gay and Lesbian Mental Health Resident Paper Award
AGLP Hospitality Suite, InterContinental San Francisco, Sutter Room

Andy Warhol: From A to B and Back Again
11:00am to 12:00pm
San Francisco Museum of Modern Art
131 Third Street, one block east of Convention Center
https://www.sfmoma.org/exhibition/andy-warhol-from-a-to-b-and-back-again/

Resident and Medical Student Discussion Group
1:00pm to 2:30pm
Moderated by Howard Rubin, M.D.
AGLP Hospitality Suite, InterContinental San Francisco, Sutter Room
RSVP Now!

APA 175th Anniversary Celebration
6:00pm to 6:45 pm
AGLP Members-Meet up Pre-175th Celebration
Martuni’s Bar, 4 Valencia Street

7:00pm to 10:00pm
San Francisco City Hall
1 Dr Carlton B Goodlett Pl, San Francisco, CA 94102
Tickets at http://apasoapboxexchangecom.nonlinepro.com/gala. Let’s congregate at Harvey Milk’s bust at the top of Grand Staircase in the Ceremonial Rotunda 2nd floor, Cocktail attire/Black tie Optional

Continued on page 18
APA LGBTQ Programming

8:00am to 9:30am
Community Activism Narrative in Organized Medicine: Homosexuality, Mental Health, Social Justice, and the American Psychiatric Association
Saul Levin, MD, Patrick Sammon, Bennett Singer, Adrian Ambrose, MD

8:00am to 9:30am
A Blueprint for Providing Free, Comprehensive, Integrated Adolescent Health, Transgender Services and Mental Health Care in NYC for $1,000 Per Patient
Kushmiraj Rustomji, MD, John Steever

8:00am to 12:00pm
Psychiatric Care for Transgender and Gender Non-Conforming (TGNC) Youth and Young Adults (Course, needs additional registration)
Shevin Shadianloo, MD, Richard Pleak, MD, Ali Haidar, MD, Sarah Herbert, MD

1:00pm to 2:30pm
What Every Psychiatrist Should know about HIV
Lawrence McGlynn, MD, David Tran, MD Marshall Forstein, MD Ripal Shah, MD Michael Polignano, MD

3:00am to 4:30pm
No Blacks, Fats, or Femmes: Stereotyping in the Gay Community and Issues of Racism, Body Image, and Masculinity
Kenneth Ashley, MD, Paul Poulakos, DO, Murad Khan, Alex Arash Nourishad, MD

ADDITIONAL APA PROGRAMS OF INTEREST

10:00am to 11:30am
Innovative Systems to Address New Challenges in College Mental Health
Doris Iarovici, MD Ayesha Chaudhary, MD Barbara Lewis, MD

Tuesday, May 21

AGLP Booth
10:00am to 4:00pm
Moscone Center, San Francisco, Booth 1808
VOLUNTEER TO STAFF THE BOOTH...

Show Me As I Want to be Seen
11:00am to 12:00pm
Exhibit focusing on a lesbian couple, French artist and writer Claude Cahun and her lifelong lover and collaborator Marcel Moore who were active in the resistance movement against Nazi occupation.
Contemporary Jewish Museum
736 Mission Street, 415-655-7800; One block north of Moscone Convention Center.
https://www.thecjm.org/exhibitions/108
AGLP Docent-led Tour. $20 Admission. Registration limited to 12. RSVP Now!

The History of American Psychiatry and of Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) Communities
(As part of the APA’s 175th Anniversary Track)
1:00pm to 2:30pm
Moscone North, Room 20
Chair: Howard Charles Rubin, M.D., Presenters: Margery S. Sved, M.D., Saul Levin, M.D., M.P.A., Robert Paul Cabaj, M.D., Curley L. Bonds, M.D., and Adrian Jacques H. Ambrose, M.D.

1:00pm to 4:00pm
A conversation on Diversity with APA Members
Ranna Parekh, MD Eric Yarborough, MD, Vabren Watts, Altha Stewart, MD

APA John Fryer, M.D., Award (Funded through the support of AGLP)
3:00pm to 4:30pm
The Essential Role of Mental Health Professionals in Securing Equality for LGBTQ People
Shannon Minter, Esq. Moscone South, Room 207

AGLP International and Minority Members Reception and Dinner (All AGLP Members Welcome)
7:00pm to 8:30pm
45 Hartford Street, in the Castro
RSVP NOW!

8:30pm to 10:00pm
No-host dinner immediately following at Gyro Xpress, 499 Castro Street

AGLP Outing
10:00pm
Drinks at Blush Wine Bar, 476 Castro Street

APA LGBTQ Programming

8:00am to 11:00am
Psychiatry’s Dark Secrets: Shadows Among American Psychiatry’s Lighted Path
Mark Komrad, MD, Rahn Bailey, MD

From 8:55 to 9:40am in this symposium: From Malevolent Paternalism to Benevolent Patronage: The Evolution of the APA in Understanding of Same-Sex Relations
David Scasta, MD

8:00am to 11:00am
An American Tragedy: Viewing “Whitney” Critically from the Perspectives of Trauma Informed Approach and Structural and Cultural Competence
Andres Sciolla, MD Ruth Shim, MD

10:00am to 11:30am
The Intersection of Race, (Trans)Gender, Sexuality and Mental Health: Creating a LGBTQ+ Patient Safe Space Through an Experiential Learning Perspective
Ron Holt, DO

3:00pm to 4:30pm
Managing Transgender Patients with Co-Occurring Psychiatric Illness Through the Surgical Process: A Discussion with Surgeons on Multidisciplinary Care
Dan Karasic, MD Scott Mosser, Andrew Watt, Lin Fraser EdD, Jordan Deschamps-Braly

3:00pm to 4:30pm
LGBT Mental Health: Health Care, Innovation and Advocacy
Hossam Mahmoud, MD, Ariel Shidlo, Michael Ziffra, Jill Rodgers-Quaye

ADDITIONAL APA PROGRAMS OF INTEREST

8:00am to 9:30am
Police Brutality and Black Americans: Evaluating the Problem, Understanding its Impact on Mental Health and Finding Solutions
Barbara Robles-Ramamurthy, Alexander Tsai, MD Walter Wilson, MD Sarah Vinson, MD

Continued on page 19
Wednesday, May 22

AGLP-Sponsored Symposium

How We Live Now: The State of LGBTQ Mental Health in the Current Political Times

10:00am–11:30am
Moscone South, Room 214

Speakers: Chair: Amir K. Ahuja, M.D.
Presenters: Howard Charles Rubin, M.D., Mark Joseph Messih, M.D., M.Sc., and Ariel Shidlo
Discussant: Dinesh Bhugra, M.D.

Farewell Happy (sad) Hour
5:00pm
Intercontinental Hotel, Bar 888

San Francisco Ballet School 2019 Spring Festival—performance
6:00pm
Yerba Buena Center for the Arts, 701 Mission Street

Howard Rubin, hosting

Dinner at Chaat Corner at 320 3rd Street, corner Folsom, Francisco, CA 94107, about 7:30pm, immediately after the performance.

APA LGBTQ PROGRAMMING

10:00am to 11:30am
Transgender Mental Health Care for Undocumented and Underserved People in the New Era of Anti-Immigration Policy
David Tran, MD, Zachary Davenport, LFMT, Melissa Rosenberg

1:00pm to 2:30pm
From Stonewall to Tomorrow: Drawing on LGBTQ+ History to Improve your Practice
James Kaved, MD, Jesse Markman, MD Caitlin Rippey, MD

3:00pm to 4:30pm
History of HIV Psychiatry: Psychiatric Response to the Epidemic
Mary Ann Cohen, MD Francine Cournos, MD Marshall Forstein, MD Karl Goodkin, MD

Additional APA Programs of Interest

8:00am to 9:30am
Addressing the Mental Health Needs of Survivors of Intimate Partner Violence (IPV) in the Community
Mayumi Okuda, MD, Rosa Reginocos, Elizabeth Fitelson, MD Obainiju

Jennifer Berry, MD

8:00am to 9:30am
Frontiers in Rural Mental Health: The Intersection of Place and Regional Culture in the Cultural Competence Landscape
Vikas Gupta, Brandon Kyle, Toni Johnson, MD Irma Corra

8:00am to 11:00am
Creating a Culture of Diversity and Inclusion in the Clinical Learning Environment
Sandra DeJong, MD Robert Rohrbaugh, MD Altha Jeanne Stewart, MD, Nicolas Barcelo, MD

3:00pm to 4:30pm
Gathering the “Rebellious”–: The Development of a Trainee-Led Conference Examining the Intersection of Mental Health and Social Justice
Nientara Anderson, Kunmi Sobowale, MD Flavia De Souza, MD Marco Ramos, MD

Thursday, May 23 to Monday, May 27

Sonoma County Get-Away

Join Howard Rubin and Gene Nakajima in the Sebastopol/Russian River Area for wine tasting/hiking/dining for part or all of Memorial Day Weekend. Email hrubin@aglp.org for more information.

Other Events of Interest

Friday, May 17

American Society for Adolescent Psychiatry

Transgender and Gender Non-Conforming Adolescents and Emerging Adults: Best Practices for Psychiatrists and Mental Health Clinicians, Educators, and Parents

A timely conference developed in response to the high volume of queries from clinicians and health care staff seeking to learn about providing high-quality care for adolescents and emerging adults who are questioning their gender identity or who identify as trans-gender or gender non-binary.

Stephen Carlson, MD, Chair of ASAP Annual Meeting Planning Committee; Assistant Professor of Psychiatry at NYMC; Director of Medical Education and Faculty Development at Brookdale University Hospital and Medical Center

Dan Karasic, MD, Clinical Professor of Psychiatry at UCSF

Richard Pleak, MD, Director - ED/Training in Child/Adolescent Psych. of Psychiatry - Child & Adolescent Psychiatry, Long Island Jewish Medical Center & Associate Professor, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

Diane Ehrensaft, PhD, Associate Professor of Pediatrics at the University of California San Francisco and Director of Mental Health at the UCSF Benioff Children’s Hospital Child and Adolescent Gender Center Clinic (CAGC)

Nathan Sharon, MD, Assistant Professor of Psychiatry at the University of New Mexico

Shawn Giannmattei, PhD, Faculty member at the California School of Professional Psychology at Alliant International University, Owner of Quest Family Therapy

Stephen Rosenthal, MD, Professor of Pediatrics, Director of pediatric endocrinology clinics, and program director of pediatric endocrinology as well as co-director of the Disorder of Sex Development Clinic, and founder and medical director of the Child and Adolescent Gender Center, at the UCSF’s Benioff Children’s Hospital in San Francisco

Joel Baum, LCSW, Senior Director for Professional Development at Gender Spectrum, Professor in the Department of Educational Leadership at California State University, East Bay

Eric Yarbrough, MD, Past president of AGLP: The Association of LGBTQ Psychiatrists; Past Director of Psychiatry at Callen-Lorde; Assistant Clinical Professor of Psychiatry at Icahn School of Medicine at Mount Sinai

Theodore A. Petti, MD, President of American Society of Adolescent Psychiatry (ASAP); Professor of Psychiatry, Rutgers-Robert Wood Johnson Medical School, Piscataway, NJ

* * *
AGLP MEMBERSHIP APPLICATION FORM

NAME: __________________________________________

DEGREE: __________________ PREFERRED (nick) 1ST NAME: ______________________

☐ Full Member - $285  ☐ Member of the APA
☐ Resident - $60
☐ Medical Student - $0
☐ Early Career - $125 (1st 3 years out of training)
☐ Friend/Ally - $100
☐ International (outside US and Canada) - $125 (US Cour.)
☐ Founding (Patron Level) - $1,000
☐ Patron (Patron Level) - $500
☐ Sponsoring (Patron Level) - $350

If a student or resident, date of completion: _____________________________

DO YOU WANT YOUR TO APPEAR IN AN ONLINE DIRECTORY OF AGLP MEMBERS?
☐ Yes  ☐ No

EMAIL: ________________________________________________________________

MAILING ADDRESS: ___________________________________________________

CITY: __________________________________ STATE: ____________ ZIP CODE: _______

If you are in the United States, please also provide COUNTRY: ___________________

NEW ISSUES OF THE NEWSLETTER ARE SENT AS A PDF TO ALL MEMBERS BY EMAIL TO
KEEP COSTS DOWN. IF A PHYSICAL COPY IS REQUIRED PLEASE PROVIDE A PREFERRED
ADDRESS: ☐ Home  ☐ Office

DO YOU WANT TO BE A NON-CONFIDENTIALLY LISTED ONLINE REFERRAL SOURCE?
☐ Yes  ☐ No

If yes, fill in information below.

AGE: __________ GENDER ________ DATE OF BIRTH: _________________

OFFICE PHONE: ____________________________ OFFICE ADDRESS: ____________

CITY: _____________________________________ STATE: ____________ ZIP CODE: _______

SPECIALTY: ________________________________

HOME ADDRESS (OPTIONAL): _______________________________________________

CITY: _____________________________________ STATE: ____________ ZIP CODE: _______

EMAIL: _________________________________________ HOME PHONE: _____________

I wish to pay by  ☐ Check  ☐ VISA  ☐ MasterCard  ☐ AMEX

CARD NO. ____________________________ EXP. DATE: ____________

SIGNATURE: ____________________________________________________________

(Make check out to “AGLP”, and mail to:
4514 Chestor Avenue • Philadelphia, PA 19143-3707
OR REGISTER ONLINE AT www.aglp.org

APPLICATION FORM

CAUCUS OF LESBIAN, GAY, BISEXUAL, AND TRANSGENDER
PSYCHIATRISTS

AMERICAN PSYCHIATRIC ASSOCIATION

(CLGBTQ is the official APA minority caucus for lesbian, gay and bisexual psychia-
trists. Membership lists are maintained by the APA; confidentiality is not assured.
Membership is free.)

NAME: _______________________________________________________________

ADDRESS: ___________________________________________________________

CITY: __________________________ STATE: ____________ ZIP: _________________

*APA Membership Status: ______________________________________________

Please enroll me in the Caucus of Lesbian, Gay, Bisexual, and Transgender Psychiatrists.

SIGNED: ___________________________ DATE: ______________________________

Send this form to: Office of Membership
American Psychiatric Association
1000 Wilson Boulevard • Suite 1825
Arlington, VA 22209

You may also update your Online Membership Profile at www.psychiatry.org by checking off the
appropriate caucus(es) in question 3F. “APA Caucus Membership” in Section 3: Current Practice
and Professional Activities.

* Member-In-Training, General Member, Fellow, Life Member, Life Fellow

APA/AGLP Annual Meeting: San Francisco, CA
May 17 through May 22, 2019