



**AGLP**

*The Association of LGBTQ Psychiatrists*

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Balboa Park, San Diego

## San Diego 2017

Roy Harker, Executive Director

[RHarker@aglp.org](mailto:RHarker@aglp.org)

**W**elcome to San Diego, California's second largest city, where blue skies keep watch on 70 miles of beaches and a gentle Mediterranean climate begs for a day of everything and nothing. Bordered by Mexico, the Pacific Ocean, the Anza-Borrego Desert and the Laguna Mountains, San Diego offers a great setting for the APA Annual meeting and superb tourism opportunities. Hillcrest, the gay 'hood' is a charming collection of shops, eateries, and bars.



Hilton San Diego Bayfront  
111 W Harbor Drive, San Diego, CA 92101

All of this provides the backdrop to the AGLP and APA Annual Meeting, May 20 to 24, 2017. Our Hospitality Suite and all meeting spaces are located in the Hilton San Diego Bayfront (111 W Harbor Drive, San Diego, CA 92101, 619-525-5000), directly across from the San Diego Convention Center. The Suite is open Monday, May 22, 8:30am to 6:00pm and will house most of the AGLP-scheduled events for the meeting.

We are offering all of our usual social events, including the Awards Reception on Monday night at the Prado in Balboa Park. We visited the site ten years ago and it proved to be one of our more popular venues. This year we are honoring Kenn Ashley, M.D., Diana Miller, M.D., Senator Toni G. Atkins, and the San Diego Lesbian, Gay, Bisexual,

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**Complete Schedule  
information begins on  
page 10**

**The Newsletter of  
AGLP**

Co-Editors,  
**Kevin Donnelly-Boylen, M.D. and  
Gaddy Noy, D.O.**

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The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of AGLP. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by AGLP, and do not imply sexual orientation.

**INFORMATION FOR AUTHORS**

Persons wishing to submit articles for publication should send them to the National Office, 4514 Chester Avenue, Philadelphia, PA 19143; phone 215-222-2800; Fax: 215-222-3881; E-mail: [AGLPeditors@aglp.org](mailto:AGLPeditors@aglp.org). Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is June 15, 2017.

**ADVERTISING RATES**

The Newsletter of AGLP accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$350
Half-Page Ad	\$250
Business Card	\$125

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.



View this and all AGLP Newsletters by visiting our website at [www.AGLP.org](http://www.AGLP.org). Scan the QR Code to the left to visit the entire archive.

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**Editorial Column**  
**Gaddy Noy, D.O. & Kevin Donnelly-Boylen, M.D.**

[AGLPeditors@aglp.org](mailto:AGLPeditors@aglp.org)



*Kevin Donnelly-Boylen, M.D.*



*Gaddy Noy, D.O.*

**Y**et another winter has gone by and spring is finally here. As snow melts away and eager plants break free from the soil reaching high in the air and buds on trees start to sprout, it's a time for us to feel renewed. This spring, there is a lot to look forward to.

While the political climate in this country and abroad has changed drastically in the past few months, the world has seen some incredible acts of human triumph. Individuals have found avenues to find their voices heard; be it speaking to friends, writing a newspaper column, painting murals, singing songs, forming support groups, knitting pink hats, marching and more.

While some of the most powerful ways to stand up for human, medical, political, environmental and social rights may be by participating in large-scale movements, living a life where you are authentically and unapologetically you is one of the most courageous acts of all.

**“ While the political climate in this country and abroad has changed drastically in the past few months, the world has seen some incredible acts of human triumph.**

Envisioning a newfound importance for speaking up, we recognize the privilege of our education on innovative breakthroughs in the field of psychiatry. We are also reminded how we are often the voice for the voiceless; advocating for those that may otherwise be left out of conversations.

The American Psychiatric Association's Annual Meeting is the largest gathering of psychiatrists held annually in which knowledge, collaboration, research and networking occurs. This year's Annual Meeting will be held at the San Diego Convention Center in sunny San Diego, California May 20-24, 2017. AGLP is excited to be hosting many events throughout the Meeting including a welcome reception on

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*Roy Harker, Executive Director*

**AGLP Newsletter Archive**  
**Roy Harker, Executive Director**

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A new project underway at the National Office is the digitization and archiving of our entire body of newsletters. Inspired by Jim Krajewski, M.D., who digitized a large cache of newsletters in his possession dating from June of 1978 through December of 1991, I have begun digitizing the rest of the body of newsletters that predate the direct-to-digital versions we currently use and uploading them to our website. As of this publication, AGLP Newsletters dating from the present issue to 1987 are currently available. The remaining gap should be in place by the end of the month. The issues include those before the Association of Gay and Lesbian Psychiatrists

*Continued on page 9*

**President's Column**  
Eric Yarbrough, M.D.

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Eric Yarbrough, M.D.

**M**y main office is located on 17th Street in Chelsea in New York City. I'm on the 5th floor and I am very lucky to have a large pair of windows, providing me with a nice view of larger brick buildings across the street. That's New York for you. On the wall in front of my desk are two things — a cork board with random pictures, postcards, and notes from friends I've met and places I've visited. Also on the cork board is a blank check from the restaurant where I worked prior to going to medical school, Perry's Catfish. On it, I would write down orders to give to the kitchen. The other thing on my wall, next to the cork board, is a map of the world. These two decorations work in tandem to keep me grounded. The cork board reminds me of the people I have in my life, the connections I've made around the world, and the progress I've made. The map of the world gives me perspective on where I am situated and how my current location relates to my friends around the world and places I've visited. The cork board stretches me into the past and the map diffuses me in the present. These anchors keep me in place in a world that seems to be moving too quickly with which to keep up.

This past year has been one of impossibilities. Brexit started by shocking the world; many thought it would never happen. The Cubs won the World Series, and we had a presidential election that was meant more for a dystopian future. Just when the LGBTQ community thought it had found its footing, the rug was pulled out from under us. We find ourselves scrambling to fight for our civil rights again. Given the current political climate, the freedoms we hold dear may hang in balance.

In addition to the impossibilities of 2016-2017, I was also asked to write a book for the APA. It will emphasize how mental health care professionals can provide treatment to transgender and gender non-conforming (TGNC) patients. The reason I bring this up, besides a cheap and transparent attempt for praise, is to comment on the research I did to write the book. I've read between 200 and 250 articles to provide references in the chapters. One theme kept popping up while reading them: the names of AGLP members kept making appearances. Our members remain the cornerstone for mental health research in the LGBTQ field. People like Jack Drescher, Ellen Haller, Andy Tompkins, David Scasta, and Bob Kertzner, just to name a few, have provided us with academic writing that have helped change the face of LGBTQ civil rights both here and around the world.

Our members remain some of the top minds in the field of psychiatry. They continue to lead our profession with

“**Our members remain the cornerstone for mental health research in the LGBTQ field. People like Jack Drescher, Ellen Haller, Andy Tompkins, David Scasta, and Bob Kertzner, just to name a few, have provided us with academic writing that have helped change the face of LGBTQ civil rights both here and around the world.**

research, education, and advocacy. AGLP is the Association of LGBTQ Psychiatrists: it is an essential complement to the APA and the larger mental health community. Just like my cork board, with its postcards, memorabilia, and the map of the world, AGLP grounds me and provides me with perspective about the past. At this point in time, having perspective on the past is the only way to prevent a history of atrocities repeating themselves in the years to come.

I would like to add, as I complete my two terms in office as President of AGLP, we have two exciting candidates running for this office with elections at this year's AGLP/APA Annual Meeting in San Diego. Don't forget to see the candidate's statements below as we look forward to the upcoming election.



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**Vice-President’s Column**

Amir Ahuja, M.D.

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Amir Ahuja, MD

**T**he state of our country has dramatically changed over the last few months. For our community, as LGBTQ people, and as psychiatrists, there have been many disturbing developments.

There have been attacks on our civil rights, attacks on Mental Health coverage, and attacks on our patients, many of whom are indigent and unable to survive without vital resources that are being threatened. This is a sad state of affairs, yes, but also an opportunity to use our roles to improve our lives, our patients’ lives, and the lives of our LGBTQ community.

In my experience, starting out to try to affect change is the hardest part. One does not know how to best use one’s time and energy to make the biggest impact. It can be daunting, as there are so many issues deserving of our attention (not to mention our patients and colleagues, who we are working for and

with every day). I feel that it must start with a deep and honest conversation. What is most important to you? How do you feel about mental health parity, LGBTQ equality, and other political issues? The answers may seem obvious, but it is most important to start from a place of true purpose and clarity to make the most impassioned effort.

I became a doctor because of my deep commitment to equality. I felt for our patients, as they are discriminated against for their illnesses. I felt for our community, which is still under attack,

perhaps now more than any time in our recent history. I feel strongly for women, as they are maligned and attacked on a large scale, which the last Presidential election clearly demonstrated. From this place, I am going forward to change as much as I can, even if it is one person at a time. I ask you all to do the same.

Please attend our session on this at the APA Hospitality Suite in San Diego, on Monday May 22nd. I look forward to continuing the conversation there.



**Secretary’s Column**

Sarah Noble, D.O.

SNoble@aglp.org



Sarah Noble, D.O.

**H**i everyone. I don’t know about you, but I’ve been struggling ever since January 20th. It’s felt like a dark cloud fell on the US, and here on the East Coast,

it quite literally did as the weather has been cold and rainy. I’ve found my Daily Action texts helpful as ways to focus on the multitude of issues that must be addressed with the Trump administration. And because I’m a bit awkward on the phone, I’ve really grown to appreciate ResistBot, which turns texts to fax and delivers my messages to my Congress people. I highly recommend these two apps. Being able to

actively address the inequities that happen on a daily basis diffuses some of my frustration and I encourage you to give it a try!

In good news, thanks to Obamacare and Medicaid expansion by Governor Wolf of Pennsylvania, we’re expanding services for LGBTQ-specific care at my hospital. We have OB/GYN, endocrine, plastic surgery, and mental health care involved. In doing this, I’ve realized the need for LGBTQ education for all levels of hospital staff. Basic understanding of gender and sexuality is lacking for most folks. This is a gap that AGLP can fill. I think that all of us can be stepping up, and offering our knowledge to the various organizations in which we work. We have lived-experience that can inform research to create fantastic workshops, grand rounds, and trainings that hospitals and health systems around the country desperately need to care for a very vulnerable patient population. This is your time to shine, my stars!



**Journal of Gay and Lesbian Mental Health – Update**  
 Chris McIntosh, M.D., and Phil Bialer, M.D., Co-Editors

CMcIntosh@aglp.org



Chris McIntosh, M.D.

We at the Journal are excited for the AGLP Annual Meeting in San Diego. The main Journal-related activity there will be the presentation of the Outstanding Resident Paper Award to Dr. Luis Pereira for his article “PrEP: A review for Mental Health Professionals.” Dr. Pereira will present his paper and receive the award in the AGLP Hospitality Suite on Monday, May 22nd, at 1:00-2:30pm, at the Hilton San Diego Bayfront, Sapphire Room 402. This article was previously published in JGLMH as part of the Special Issue on PrEP volume 20(1) and will be reprinted next issue, along with an excellent runner-up manuscript.

The APA meeting also brings interesting symposia, whose presenters are AGLP collaborators that bring their presentations to life as special sections or issues. In our next issue, we will feature just such a special issue based on a symposium from last year’s APA meeting on LGBTQ People of Color and Mental Health, guest edited by Dr. Vivek Datta.

Our editorial for the most recent issue 21(2) is entitled “LGBT Mental Health in the Trump Era,” and I encourage you to read it. I already discussed some of the anxieties about Trump in the last newsletter, but a reminder that if you have a clinically interesting case related to how this political turn of events has affected a patient, please consider sending Phil Bialer and me a Letter to the Editor at editors@aglp.org.



**2017 Journal of Gay and Lesbian Mental Health (JGLMH) Outstanding Resident Paper Award**

Congratulations to **Luis F Pereira, MD**, Chief Resident at Mount Sinai Beth Israel, who has been awarded the 2017 Journal of Gay and Lesbian Mental Health (JGLMH) Outstanding Resident Paper Award for his paper, “PrEP: A review for Mental Health Professionals.”

Dr. Pereira graduated from Lisbon University Medical School, Portugal, in 2004, and completed a 5-year residency program in internal medicine in 2011. Due to his interest in HIV infection, he obtained a Master’s Degree in HIV/AIDS in 2009 from the University of Barcelona, Spain. He is currently Chief Resident at Mount Sinai Beth Israel’s Psychiatry Residency Program in New York, and will start a fellowship in Psychosomatic Medicine in July 2017 at New York Presbyterian/Columbia University Medical Center, New York.

The JGLMH Outstanding Resident Paper Award consists of \$500, publication of the winning manuscript in the Journal, and assistance with travel costs to attend the APA and AGLP annual meetings in San Diego in May 2017 to present the paper. Now in its seventh year, the JGLMH Outstanding Resident Paper Award is given for an outstanding paper written for publication by a psychiatry resident or other trainee. This award was supported in its first year by a generous grant by the William A. Kerr Foundation, and continues to be funded annually by members of AGLP, The Association of LGBTQ Psychiatrists.



**John E. Fryer, M.D. Award Legacy Fund**

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**CURRENT BALANCE: \$73,520**

**GOAL: \$100,000**

## AGLP Elections

### Kenn Ashley, M.D., Immediate-Past President

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Dear AGLP members please note that this year we will be holding elections for the President-elect. I am hoping for a brief and less contentious election season than what we recently experienced in our national election. At least in our system each person has one vote; no need for an electoral college. Please see the included job description for the President, included below.

*The President of AGLP is responsible for policy decisions and planning and oversight of the administration of the organization; S/he is head of the Executive Board and Advisory Committees of the organization; appoints a Nomination Committee each year at least six months before the annual meeting, appoints an awards committee, in conjunction with the Immediate-Past President, to address each of the AGLP-sponsored awards given at each annual meeting; and writes an article for each issue of the newsletter. The term of office for all Officers shall be for two years. The President shall not hold office for more than two consecutive terms.*

Two AGLP members are running for the office of President-elect. Their short biographies are included below. Voting will take place at the AGLP Annual Membership Meeting, on Sunday, May 21, at 1:30pm, at the Hilton San Diego Bayfront, Sapphire 400A. You may submit your choice for this position by mail if you cannot attend the meeting. This submission must be received by the Secretary, Sarah Noble, D.O., before Wednesday, May 17, 2017. Your ballot can be mailed to the National Office, 4514 Chester Avenue, Philadelphia, PA 19143-3707, or emailed to rharker@aglp.org.

Candidates for President-elect:



Amir Ahuja, M.D.

#### Amir Ahuja, M.D.

You all may already know me as your Vice President. I am Amir Ahuja, MD. I have been so honored to serve on this board for years now and have many ideas about what we can do in the future. To start, here is a little about me. I am from New Jersey, and went to school in New York and then St George's University before doing my Psychiatry residency at Drexel University in Philadelphia. I have always been passionate about LGBTQ issues and civil rights, as my column in this newsletter demonstrates. I was politically active in college and in Medical School, and

fought for sexual orientation and gender identity equality as Chief Resident in my program. After Residency, I came to Los Angeles and I am now the Director of Psychiatry at the Los Angeles LGBT Center. By patients served, our Center is the largest in the world, and we treat thousands of patients of all types. This gives me daily exposure to the many needs of our community.

In terms of AGLP, I feel there is much left to be done to further our mission and impact. As your President, I would strengthen my efforts to include co-branded programming on the APA website, focused on educating all Psychiatrists and Members in Training of the APA on LGBTQ issues. I would also create a rating system for the Psychiatry Residencies akin to the Healthcare Equality Index from HRC to better inform students about what is a friendly program and space. In addition, I would work on Continuing Education programming for all Board Certified Psychiatrists and work on a way to license these practitioners as

competent in LGBTQ mental health. Our membership and website are being worked on, and I would redouble these efforts to increase membership and make us more accessible to potential members

Our organization has been led very well throughout the years, most recently by our current President Eric Yarbrough. It makes sense to pick a new leader that has experience on the board, many new ideas, and the knowledge of the organization to make these ideas a reality.



Howard Rubin, M.D.

#### Howard Rubin, M.D.

As LGBTQ psychiatrists in 2017, we are the beneficiaries of the tremendous work of our colleagues and psychiatric forebears. We are living and working in a society and in a medical profession that has become more accepting of our queer lives. We have been able to live and love more openly than at any time in our history. Unfortunately, we have also seen the rise of intolerance and hate, and the possible rollbacks of the many personal and professional achievements we have made since Stonewall.

I am proud to have been involved in AGLP and the APA since I was a medical student at Mount Sinai Medical School in the late 1980s. In the past, I have served as treasurer of AGLP and had worked on the APA's Committee on LGBT Issues.

For the past four years, I have worked as the director of medical student well-being at UCSF, treating students for their problems of living (and surviving through four years of medical school) and their psychiatric illnesses. I have also led several psychiatric residency process groups and have tried to get trainees to conceptualize their well-being as more than the absence of illness. In thinking about how we can move AGLP forward over the coming years, I want to us to explore how we can thrive in our profession.

If elected president of AGLP, I will make membership a priority, as it is through our numbers that we gain strength. I want us to have a clearer understanding of what our members want from our organization and what we can do to meet their needs more effectively, whether they are working at academic institutions in large cities or doing private practice or public psychiatry. I am also concerned that younger LGBTQ psychiatrists are not participating in organized psychiatry and not joining AGLP. It will be important for us to increase our efforts to reach out to this generation of psychiatrists to find out what AGLP can offer to encourage them to continue to struggle toward achieving rights for ourselves and our LGBTQ patients.

The persecution, torture, and murder of LGBTQ people in the former Soviet Union, parts of Africa, and the Middle East makes me feel that our movement has a lot more work to do. I would like to deepen AGLP's commitment to working toward international gay rights through education and advocacy in international organized psychiatry. I have attended many World Psychiatric Association Conferences through the years and helped to carry our advocacy abroad.

In college, I majored in English, later earned a Masters in Fine Arts in creative writing, and I dabble in photography. Those pursuits have enriched my practice as a psychiatrist. I would like to integrate the creative and social parts of ourselves to make AGLP a more energized, vital and friendly organization.

**THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2016-2017**

**EXCEPTIONAL CONTRIBUTION**

DAVID RUDOLPH KESSLER, M.D.

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 ERIC WILLIAMS, M.D.  
 ERIC YARBROUGH, M.D.

## Listings of Upcoming Subspecialty Meetings of Interests to Members

Kenn Ashley, MD

[KAshley@aglp.org](mailto:KAshley@aglp.org)

Many AGLP-ers are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get-together at a member's home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our Past-President, Kenneth Ashley, MD, at [KAshley@aglp.org](mailto:KAshley@aglp.org) for more details and suggestions.

American Academy of Psychiatry and the Law (AAPL)  
<http://www.aapl.org/>

American Academy of Psychoanalysis and Dynamic Psychiatry  
<http://www.aapdp.org/>

American Association for Emergency Psychiatry  
<https://www.emergencypsychiatry.org/>

American Association for Geriatric Psychiatry (AAGP)  
<http://www.aagppa.org/>

American Association of Directors of Psychiatric Residency Training (AADPRT)  
<http://www.aadprt.org/>

American College of Psychiatrists  
<http://www.acpsych.org/>

American Psychiatric Association (APA)  
<http://www.psych.org/>

2017 APA Annual Meeting • San Diego, CA • May 20-24, 2017

2017 IPS: The Mental Health Services Conference  
New Orleans, LA • October 19-22, 2017

2018 APA Annual Meeting • New York, NY • May 5-9, 2018

2018 IPS: The Mental Health Services Conference  
Chicago, IL • May 5-9, 2018

2019 APA Annual Meeting • San Francisco, CA • May 18-22, 2019

2019 IPS: The Mental Health Services Conference  
New York, NY • Oct 3-6, 2019

2020 APA Annual Meeting • Philadelphia, PA • April 25-29, 2020

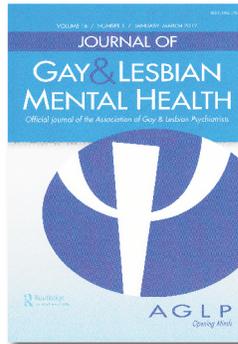
2021 APA Annual Meeting • Honolulu, HI • May 1-5, 2021

Association of Women Psychiatrists  
<http://www.associationofwomenpsychiatrists.com/index.php>  
Meetings have been in conjunction with the Annual APA Convention

Black Psychiatrists of America (BPA)  
<http://www.blackpsych.org/>



## JGLMH available online FREE to AGLP Members



The *Journal of Gay and Lesbian Mental Health*, the official journal of the Association of Gay and Lesbian Psychiatrists, is now available for viewing online free to all AGLP Members. The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

The IT and production editors at Taylor & Francis have developed a new and streamlined way to access all of the content for articles published in the *Journal of Gay and Lesbian Mental Health*. AGLP members with valid and current member-

ships can now access the Journal directly through the AGLP website free of charge as a member benefit. Go to [www.aglp.org](http://www.aglp.org), click on the Members Area link (upper right hand of the screen) and once you are logged in, a box will appear on the right side of the blue banner to access the content.

You should find this new streamlined approach to access more user friendly. If you have any questions at all, or need to be reminded of your username, please contact the National Office at [rharker@aglp.org](mailto:rharker@aglp.org).

Online help is available for any problems you may encounter. We hope that this new method will provide greater ease and dependability to the entire process.



**AGLP 30th Annual Awards Reception and Ceremony**  
MONDAY, MAY 22  
7:00 - 9:00pm

Hors d'oeuvres, Cash Bar  
No admission charge for members  
\$10 donation requested for non-members  
Award Presentations at 8:00pm

**The Prado in Balboa Park**  
1549 El Prado, San Diego 92101  
619-557-9441 • [pradobalboa.com](http://pradobalboa.com)

## Welcome to San Diego

*Continued from page 1*

and Transgender Community Center, Inc., for the recent completion of the North Park Affordable Housing For LGBT Seniors.

For those of you arriving on Friday, May 19, Jonathan Koelle, M.D., is hosting a welcome reception at his home in San Diego. I hope you will make a special effort to attend the AGLP Annual Membership Meeting on Sunday, May 21, beginning at 1:30pm in the Hilton San Diego. Among other important items of business, we will be electing a new President for AGLP with two highly-qualified members running for the office. More information on Amir Ahuja, M.D., and Howard Rubin, M.D., is on page 6.

If you are attending APA/AGLP in San Diego, please take some time to staff the **AGLP Booth at the San Diego Convention Center, Booth #1704**. Can you volunteer an hour or two of your time?

Please click on the link below, or visit [www.aglp.org](http://www.aglp.org), and complete the online form. Staffing the booth is a great way to meet people and remains one of our most visible means of introducing them to AGLP. The booth is open Sunday, Monday, and Tuesday during the Annual Meeting. **SIGN UP NOW!**

I'll look forward to greeting many of you personally in San Diego. Safe Travels!

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## Editor's Column

*Continued from page 2*

Friday May 19th, a Women's Dinner on a date TBA as well as the AGLP annual membership meeting and APA LGBTQ Caucus membership meeting from 1:30pm – 3:00pm in the Hilton San Diego Bayfront Hotel. While the specific break-out sessions are not all fully available for searching on the APA website, please be assured that there will be many LGBTQ themed didactic as well as poster sessions at this year's Annual Meeting. For more information including scheduling for AGLP's APA events and accommodation options, please visit [www.aglp.org](http://www.aglp.org).

Along with spring comes the excitement of Match Day where this year's 4th year medical students have found out where they matched for their residency program. According to *Psychiatric News*, "A total of 923 U.S. senior medical school students matched with a psychiatry residency in this year's National Resident Matching Program (NRMP), up from 850 in 2016." We could not be more thrilled to welcome all new psychiatry residents into our field! This spring, let us remember how each of us has the continued ability to learn, create, explore, educate and inspire!

In the current Newsletter, please be sure to read the biographies of the two candidates running for AGLP President, Dr. Amir Ahuja and Dr. Howard Rubin. In addition, please get to know Dr. Luis Pereira, the recipient of the 2017 Outstanding Resident Paper Award from AGLP and the *Journal of Gay and Lesbian Mental Health* for his paper "PrEP: A review for Mental Health Professionals."

As always, get in touch if you would like to contribute an article to our newsletter and don't forget to join us at this year's APA Annual Meeting. See you in San Diego!

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## AGLP Newsletter Archive

*Continued from page 2*

adopted their formal name in June of 1985 [we were known before that time as the Caucus of GLB Members of the APA (CGLBMAPA).] It's interesting to note how we continue to deal with some of the stubborn and intractable issues of those times. Jack Drescher's 1999 article *Love the Sinner: The Marketing of Heterosexuality*, seems newly relevant given the recent blogs of HGTV-star Chip Gaines. Margie Sved's *Caucus Report of January 1999* brings to light the continued struggle against the proponents of "reparative therapy." Petros Levounis' "Petros Factor" – a homophobia index he developed while still a resident in 1998 – could certainly be applied today. There is so much to be learned from this extensive record of our history. The entirety of these issues brings to light the people, the struggles, the advances, and the disappointments that have ultimately defined this organization. I hope you will have a look!

You can view this archive by visiting the AGLP website or by clicking directly on this link. I've also included a history of all AGLP editors of the newsletter on the web page.

# NEWSLETTER OF THE GAY CAUCUS

**of Members of the American Psychiatric Association**

Whereas homosexuality per se implies no impairment in judgment, stability, reliability, or general social or vocational capabilities, therefore, be it resolved that the American Psychiatric Association deploras all public and private discrimination against homosexuals in such areas as employment, housing, public accommodation, and licensing and declares that no burden of proof of such judgment, capacity, or reliability shall be placed upon homosexuals greater than that imposed on any other persons. Further, the American Psychiatric Association supports and urges the enactment of civil rights legislation at the local, state, and federal level that would offer homosexual citizens the same protections now guaranteed to others on the basis of race, creed, color, etc. Further, the American Psychiatric Association supports and urges the repeal of all discriminatory legislation singling out homosexual acts by consenting adults in private.

---resolution adopted by the APA Board of Trustees

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## APA/AGLP Annual Meeting May 20 - 24, 2017 San Diego, California

Shaded areas require Registration/RSVP  
Register/RSVP for AGLP Events online at [www.aglp.org](http://www.aglp.org)

San Diego Convention Center  
111 W Harbor Dr, San Diego, CA 92101

### AGLP Host Hotel:

Hilton San Diego Bayfront  
1 Park Blvd, San Diego, CA 92101  
Phone: 619-564-3333



Scan the QR Code to the left to view all of the latest schedule information on our website.

## FRIDAY, MAY 19, 2017

### AGLP Member Welcoming Gathering

The Home of Jonathan Koelle, MD  
850 Beech Street #2004 • San Diego, CA 92101

## SATURDAY, MAY 20, 2017

### AGLP Women's Dinner

6:30 to 8:30pm  
Puesto  
The Headquarters at Seaport, 789 W Harbor Dr, San Diego, CA 92101  
[eatpuesto.com](http://eatpuesto.com) • (619) 233-8880  
RSVP NOW...>

## SUNDAY, MAY 21, 2017

### AGLP Booth Open

10:00am to 4:00pm  
San Diego Convention Center  
111 W Harbor Dr, San Diego, CA 92101  
Booth #1704  
Sign up to staff the AGLP Booth...>

### AGLP Annual Executive Board Meeting

9:00am to 12:30pm  
Hilton San Diego Bayfront  
Sapphire 402

### AGLP Residents and Medical Students Brunch

11:00am to 12:30pm  
Details to be announced soon!

### AGLP Annual Membership Meeting and APA LGBTQ Caucus Membership Meeting

1:30pm to 3:00pm  
Hilton San Diego Bayfront  
Sapphire 400A

## MONDAY, MAY 22, 2017

### AGLP Hospitality Suite

8:30am to 6:00pm  
Hilton San Diego Bayfront  
Sapphire 402

- **9:00am to 11:00am:** AGLP Advocacy and Current Events Discussion led by Marshall Forstein
- **11:00am to 12:30pm:** AGLP Resident, Student, Early Career Roundtable led by Marshall Forstein
- **1:00pm to 2:30pm:** Resident Paper Award Presentation  
Luis F Pereira, MD, Chief Resident at Mount Sinai Beth Israel, has been awarded the 2017 Journal of Gay and Lesbian Mental Health (JGLMH) Outstanding Resident Paper Award for his paper, "PrEP: A review for Mental Health Professionals."
- **3:00pm to 4:30pm:** Presentation, by Author Loren Olson, FINALLY OUT, a psychiatrist who wrote this book about coming out later in life.

"Coming out late in life has its own special challenges, and Dr. Olson's book, part memoir and part self-help, addresses many of them... Highly accessible and greatly appreciated." – Jack Drescher, M.D., Emeritus Editor, Journal of Gay and Lesbian Mental Health, from his foreword to FINALLY OUT, by Loren A. Olson, M.D., Second Edition.

### AGLP Booth Open

10:00am to 4:00pm  
San Diego Convention Center  
111 W Harbor Dr, San Diego, CA 92101  
Booth #1704  
Sign up to staff the AGLP Booth...>

### AGLP VIP Reception (Invitation Only)

6:00pm to 7:00pm  
The Prado at Balboa Park  
1549 El Prado, San Diego 92101  
619-557-9441 • [pradobalboa.com](http://pradobalboa.com)

### AGLP Awards Reception

7:00pm to 9:00pm  
The Prado at Balboa Park  
1549 El Prado, San Diego 92101  
619-557-9441 • [pradobalboa.com](http://pradobalboa.com)

This AGLP Awards Ceremony is sponsored, in-part, by:



## TUESDAY, MAY 23, 2017

### AGLP Booth Open

10:00am to 4:00pm  
San Diego Convention Center  
111 W Harbor Dr, San Diego, CA 92101  
Booth #1704  
Sign up to staff the AGLP Booth...>

## AGLP 2017 Awards

The **Barbara Gittings Award** for 2017, is being presented to **Diana Miller, M.D.**, at the AGLP Awards Reception in San Diego during the APA/AGLP Annual Meeting. The AGLP Barbara Gittings Award is presented to a woman who demonstrates exceptional leadership and advocacy for lesbian issues. It was named after one of the founders of the gay rights movement and one of the activists instrumental in moving APA to consider depathologizing homosexuality.

In addition to being a training and supervising analyst at the Institute of Contemporary Psychoanalysis, Los Angeles, Member of the Los Angeles Institute and Society of Psychoanalytic Studies, and a long-time member of AGLP (serving for some time as head of the Membership Committee), Dr. Miller contributed greatly to the body of research of lesbian women, most notably with the publication of *Lesbian Lives: Psychoanalytic Narratives Old and New*, co-authored with her partner **Maggie Magee**, and through several articles on lesbian mental health for the *Journal of Gay and Lesbian Psychotherapy* (now *Journal of Gay and Lesbian Mental Health*.)

The **Distinguished Service Award**, AGLP's first designated award, is given to an individual for outstanding contributions to the LGBT community. Over the years it has been awarded to AGLP members whose work extends past the reach of the organization, to supportive APA officials, and to public figures. The 2017 Distinguished Service Award is being presented to **Senator Toni G. Atkins**.

In January, 2014, Ms. Atkins was elected by the Democratic caucus to be the next Speaker of the Assembly, and on March 17, 2014, she was unanimously elected Speaker by the full Assembly. She was the third woman and the first acknowledged lesbian to be elected to that position. She formerly served on the San Diego City Council from 2000 to 2008, including a term as Acting Mayor. She served as the acting governor of California for nine hours on July 30, 2014, making her the first openly gay governor of California. Prior to state elective office, Senator Atkins worked as director of clinic services at Womancare Health Center and later as a member of the San Diego City Council.

More recently, Ms. Atkins introduced bill SB 179 – The Gender Recognition Act of 2017, that will enable more transgender, intersex and non-binary people to obtain state-issued identity documents that accurately reflect their gender. She also shepherded SB 2 – the Building Homes and Jobs Act – that will create a permanent source of funding for affordable housing, co-sponsored a bill to explore the establishment of a single-payer health care system in California, and introduced SB 270, a bill that requires California hotels and motels to train employees on how to recognize the signs of human trafficking and how to report those signs to law enforcement.

The **AGLP James Paulsen Award**, presented to an AGLP member who has made significant contributions to the ongoing life of the organization, is conferred this year on **Kenneth Ashley, M.D.**, long-standing member of AGLP, President, Vice-President, currently serving on the Board as Immediate-Past President. Kenn has been a member of AGLP since 1988.

The 2017 **Stuart Nichols Award** is being conferred on **The San Diego Lesbian, Gay, Bisexual, and Transgender Community Center, Inc.**, recognized specifically for their efforts in developing the North Park Affordable Housing For LGBT Seniors. The facility, a collaboration between the center and Community Housing Works opened in December 2017. Supportive services will be available on site, and open to all seniors. The San Diego Lesbian, Gay, Bisexual, and Transgender Community Center, Inc., (The Center) is the nation's

second oldest and one of the largest LGBT community centers.

This year, the 2017 AGLP Awards will be presented in a ceremony at the The Prado at Balboa Park [1549 El Prado, San Diego 92101] on Monday, May 22, 2017. The reception begins at 7:00pm with the Awards Ceremony following at 8:00pm. The event is free to AGLP members. A ten-dollar donation is requested for visitors and non-members.

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**PRMS**  
Professional Risk Management Services, Inc.

We acknowledge, with gratitude,  
the co-sponsorship of the  
AGLP Annual Awards Reception by PRMS.

### AGLP Position Statement

A statement concerning the rights of the Transgender and Gender Non-Conforming (TGNC) Community in response to Trump's recent executive order:

Approved by the Executive Board of AGLP on February 23, 2017

AGLP: The Association of LGBTQ Psychiatrists firmly believes that gender identity is part of the natural spectrum of human experience and expression. The Transgender and Gender Non-Conforming (TGNC) Community has been marginalized and continues to fight for basic civil rights. On Friday February 10th, 2017, the Trump administration dropped the federal government's appeal of a decision by Judge Reed O'Connor of the Federal District Court for the Northern District of Texas to block the Obama administration's guidance that transgender students are legally entitled to use the school bathroom, locker rooms and other gender segregated areas that accord with their gender identity. On February 22nd they dropped the guidance entirely.

AGLP believes that the dropping of the appeal directly contradicts President Trump's pledge to protect LGBTQ people, and specifically a previous statement he made during the election that he would "leave [the guidance] alone". Discrimination and harassment are a significant source of stress for trans youth who are navigating an especially challenging period of their life and are vulnerable to depression and suicide when not supported by family and schools. We challenge President Trump to stand by his word and protect LGBTQ communities, specifically our most vulnerable trans and gender non-conforming youth.

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