

Association of Gay and Lesbian Psychiatrists

VOLUME XXV(2): APRIL 1999

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1999 CONVENTION ISSUE



elcome to Washington, the nation's capitol and host of the 1999 APA and AGLP Annual Conventions! Inside this issue are previews of the some of the important events ahead and important information - information you will find

A G L P WASHINGTON 1 9 9 9

useful in making this event one of the most inviting, educational, inspiring, entertaining, and enlightening Annual Meetings AGLP has ever produced.

Dr. Mary Barber has done an exceptional job in outlining a schedule that will address many controversial topics and provide for many opportunities to gather, socialize, exchange ideas and share comradery. Her article and schedule outline begin on page 6.

Dr. Dan Hicks, and members of the Local Arrangements Committee, have organized forums and events around the city and have produced our most comprehensive Guidebook ever. With over 120 listings, including restaurants, bars and clubs, bookstores, maps, transportation directions, and theatre and music events, this booklet will be very popular with anyone who is visiting the city. The Guidebook will arrive later in April and will be available in quantity at the Hospitality Suite and the AGLP Booth.

The Washington Plaza on Thomas Circle is the official "home" of AGLP for the duration of the Annual Meeting. The hotel, located on Massachusetts Avenue at 14th (10 Thomas Circle, NW) is ideally located for access to APA Events as well as gay and lesbian points of interest. The Hospitality Suite is hosting most of the AGLP events in the Diplomat Room, and both evening business meetings will be held in the Adams Room.

The Washington Visitors and Convention Bureau is a very highly-organized, highly-motivated organization which has geared up for our visit with brochures, flyers and magazines catering to many interests. Visit the Hospitality Suite during your stay to get information on boat rides, museums, art shows, and just about anything else you might want to see during your stay.

The opening reception is hosted this year in the AGLP Hotel, the Washington Plaza. Hors d'oeuvres and cocktails are being

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The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor, Guy Glass, M.D.

Published quarterly from 67 East 11th Street, Apt. 719, New York, NY 10003.

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the Newsletter should not Mailing lists for the Newsletter should have detailed be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Guy Glass, M.D., Editor, Newsletter of AGLP; 67 East 11th Street, Apt. 719, New York, NY 10003. (Phone:(212)982-0328, FAX (212)982-1879, E-mail:GFGMD@aol.com) Submissions should be clearly readable. Submissions on electronic media (5.25 or Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submis-sion even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is July

ADVERTISING RATES

The Newsletter of the Association of Gay and Lesbian Psychiatrists accepts limited and Lesbian Psychiatrists accepts infinite advertising depending upon space and applicability to issues affecting psychiatrists who either are gay ore lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

| Full Page Ad | \$200 |
|---------------|-------|
| Half-Page Ad | \$125 |
| Business Card | \$50 |

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

OFFICERS OF THE ASSOCIATION OF **GAY AND LESBIAN PSYCHIATRISTS**

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Margery Sved, MD and Jack Drescher, M.D.

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Editor's Column

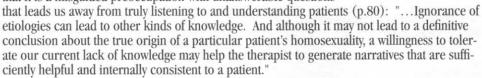
Guy Glass, M.D.

Book Review: Psychoanalytic Therapy and the Gay Man Jack Drescher, M.D. The Analytic Press, 1998

hat Jack Drescher has long been a tireless advocate for the concerns of gay and lesbian patients and therapists is well known. What the publication of Psychoanalytic Therapy and the Gay Man makes clear is that he is equally comfortable in the worlds of gay and lesbian studies and queer theory. The book effectively makes use of material from sources as diverse as Andrew Sullivan, Chauncey's Gay New York, Eve Kosofsky Sedgwick, and The Boys in the Band. Drescher states from the beginning (p.2) that this will not be "just a book about doing psychotherapy with gay men. It is also a chronicle of the historical state of relationships between two controversial cultural movements of the

twentieth century: psychoanalysis and the political struggle for gay rights." This is a tall order to fill, but Drescher pulls it off well, and his respectfulness, compassion and genuineness come through on every page. Without being as deeply personal or selfrevealing as Richard Isay, Drescher picks up where Isay left off, providing a veritable review of contemporary psychoanalytic theory and technique in the treatment of gay men.

It is a measure of how far we (i.e., those of us who practice "gay-affirmative" psychotherapy) have come that we perhaps have shed our morbid fascination with explaining the "etiology" of homosexuality, anymore than we would feel compelled to explain the cause of heterosexuality. Drescher makes the excellent point that it is a misguided preoccupation with unanswerable questions



Drescher repeatedly makes us question dogmatic assumptions that we have accepted blindly without really thinking them out for ourselves. He is also not afraid to question the appropriateness of misusing gay-affirmative techniques: (p. 186): "Whatever their good intentions, when therapists take sides in the struggle to establish a patient's sexual identity, they are likely to reinforce dissociative, rather than integrative tendencies. This is not only true in reparative treatments, but in some gay-affirmative ones as well."

The chapter on reparative therapy should be required reading for everyone who is also reading this Newsletter. A well-meaning but naïve (nonpsychiatrist) friend of mine commented disapprovingly about the APA's recent resolution, "people should be able to try to change if they want to." What Drescher makes clear is that reparative therapy makes use of coercive techniques that are inherently unanalytic and antiexploratory. He shows a real familiarity with the writings of Nicolosi and Socarides, and an appreciation of how their "treatments" reinforce political agendas.

When I was a resident, not long after coming out myself, I was beginning to formulate my own ideas about treating gay patients, and having to refute some outdated ones that were passed down by the old guard. I eagerly clutched onto the writings of Richard Isay to support my own fledgling gay-affirmative efforts. It would have benefitted me greatly at that stage to have had access to Jack Drescher's confident and humanistic book, and I recommend it to therapists at any level.

President's Column

Dan Hicks, M.D.

heLocal Arrangements Committee is ready to welcome you to our nation's capital for the Annual Meeting. Washington is beautiful in May, and we are excited about showing off our city and about the events we have planned for you. If you have not already done so, make sure you call the Washington Plaza Hotel immediately at 1-800-424-1140 and ask for the AGLP block #6137. We need to sell all of the rooms in the block to get our complementary rooms for the reception and meetings. Also, most of the hotels in the city are already booked, so you won't be able to find another room easily. The hotel is attractive, convenient to the Convention Center, and all of our activities will take place there except the Closing Reception. We have also planned special events for women, MIT's and ECP's, International and Minority Outreach members, and the Child and Adolescent (LAG-CAP) groups. Also, make sure you send in your reservations for our Closing Dinner in Union Station - it could sell out. Please join us for a great meeting and a fabulous experience.

As you know by now, the APA took a courageous stand in adopting a strong statement about reparative therapy. This is discussed further in Margie Sved's article; it took much work from many people over several years but it shows what we can accomplish when we work within the system toward change. The next major task is to help obtain formal support and recognition of our relationships and our families, and I know many people are already working on these issues. Come to the meeting to find out how you can help.

I am also excited that our beautiful booth, designed by Roy Harker and introduced last year in Toronto, will be augmented by adjoining booths with PFLAG and GLMA. Please make sure you sign up to help us staff the booth during the week from Sunday through Wednesday. It will be fun to interact with the other groups, as well as help to educate our peers, and we always gain new members. Our combined booths should be big enough to rival some of the drug companies.

We have had some interesting ideas suggested to us over the internet, which we will be discussing further at out Annual Meeting. A transgendered person wrote to the APA to get support in her suit to force her insurance company to pay for her surgery to treat her transgender disorder. This is a different twist on the transgender diagnosis argument and needs to be considered. Also, an international psychiatrist asked that we help relook at the fetish diagnoses, arguing that the S&M community is not pathological but only a variation on a theme of normal sexual behavior. This again deserves consideration and whether AGLP should get involved. This will be my last meeting, and also my last article as President. It has been an honor to serve you and to work closely with so many wonderful people in our organization. I will continue to serve as Past-President, but I hope also to get involved in more aspects of the APA where I can work on our issues, as Margie Sved, Bob Cabaj, Jim Krajeski and others have done so well.

Hackenbruck Wins Janssen's James Paulsen Award

David Scasta, M.D.

he last remaining duty of the Immediate Past President of AGLP is to select, with approval from the Executive Committee, the two major award winners for the Annual Awards Banquet: the Annual Distinguished Service Award and Janssen's James The Annual Paulsen Award. Distinguished Service Award is given to an individual who has had a major positive impact on the lesbian and gay communities and is typically given to someone outside of AGLP (this year being an excep-



Peggy Hanley-Hackenbruck, M.D.

tion). In 1996 Janssen Pharmaceutica gave a substantial amount of money to AGLP in support of the Annual Awards Banquet. At that time the Janssen representative, Emile Eppleman, suggested that, if Janssen could sponsor one of the AGLP awards, money probably could be given annually to support the Awards Banquet. The James Paulsen Award was created at that time honoring one of AGLP's founders who had passed away the year before. The award is given annually to an individual who makes a major contribution to AGLP. It is therefore AGLP's highest internal award.

AGLP was formed out of a group of psychiatrists who maintained an underground relationship dubbed the "Gay P. A." The group, virtually all men, met privately and in gay bars and exchanged an underground newsletter. With the disguised presentation of Dr. H. Anonymous (John Fryer, M.D.) in 1971 at the APA Annual Meeting in Dallas and the depathologizing of homosexuality in 1973, the group became increasingly bold. By 1978 AGLP had its first public meeting in Atlanta. By 1980 the Bylaws were accepted forming the Caucus of Gay, Lesbian and Bisexual Members of the APA – an unwieldy name which was changed to the Association of Gay and Lesbian Psychiatrists in May of 1985. In those early years, the women were virtually non-existent. A few women, such as Drs. Jean Munser, Elizabeth Harrison, Nanette Gartrell and Peggy Hanley-Hackenbruck, struggled throughout the 1980s to encourage women to join and participate in AGLP. For many years the effort seemed to be a lost cause as the Association of Women Psychiatrists competed for membership in an era of radical feminism which allied lesbians with women rather than with gay Also, a number of the lesbian women chose to join the American Association of Physicians for Human Rights (now called the Gay and Lesbian Medical Association) rather than AGLP.

Dr. Hackenbruck quietly, but persistently, advocated that lesbians had more issues in common with the gay men than with straight women. She noted, however, that with so few women in the APA and so few of those being lesbian and even fewer being out of the closet, a critical mass of women could not be reached to counteract AGLP's image as a men's organization uninterested in the

Cabaj & Stein Win Distinguished Service Award

David Scasta, M.D.

Each year, AGLP awards the Distinguished Service Award to an individual who has made an exemplary contribution to the gay and lesbian communities. This year, the award goes to Drs. Terry Stein and Bob Cabaj, the coeditors of the *Textbook of Homosexuality and Mental Health*.

Dr. Cabaj, who is Medical Director of the San Mateo County Mental Health Services in California, began directing a very popular annual symposium on current research on homosexuality at the APA annual meetings over ten years ago. He started encouraging speakers to out their presentations in writing and send them to him. By 1988 he had enough material to guest edit an issue of *Psychiatric Annals* devoted exclusively to the topic of homosexuality. That issue served as a nidus for writing a book.



Bob Cabaj, M.D., (left) and Terry Stein, M.D.

At the time there was no readily available resource which brought together current thinking about homosexuality psychiatry. Dr. Stein (who is soon to be Professor Emeritus of Psychiatry at Michigan State University) had put together a curriculum of readings for residency programs. However, the list was necessarily long and scattered with redundancy and deficiencies. It was not very efficient for transmitting knowledge about current research and achieved only limited use in American residencies.

Through his contact with the APA as the Caucus representative for AGLP to the Assembly, Dr. Cabaj began talking with APPI (the American Psychiatric Press, Inc., a subsidiary of the APA) about writing a text book on psychotherapy and homosexuality. When APPI expressed interest in the project, Dr. Cabaj began collecting articles and contributors. In an interview, he lamented over how quickly he became overwhelmed by the project. He therefore turned to Dr. Stein, who had already written two of books of his own and as well as the section on homosexuality for the APA's *Review of Psychiatry*. It took some arm twisting as Dr. Stein knew that the project would be one which would occupy virtually all of their spare time over the next few years, but he finally agreed to co-edit the book.

Dr. Stein had a different perspective on the book, wanting it to be more comprehensive and broad based, rather than restricted exclusively to psychotherapy matters. The match of two different personalities, one somewhat laid back and easy going and the other more structured and directed, turned out to be ideal for the project. Together they persuaded 48 authors to write 53 chapters for a textbook numbering nearly a thousand pages in length. At professional meetings and on their holidays, the two editors met to go over the articles — many of which took as many as five iterations to complete. A couple of contributors, although major names in their field, had such tenuous writing skills that their chapters essentially had to be rewritten by the two editors. And then, there was the daunting task of hounding dozens of contributors to get their chapters in on time. By 1995 the first drafts were delivered to the publisher and by 1996 the final draft was completed. The book was published that year and has spent a number of months on APPI's best seller list for specialty books. (AGLP is a distributor of the book. See the coupon in this issue for sales information. The book will also be available at an autograph signing by the authors at the Annual Meeting in May).

The *Textbook of Homosexuality and Mental Health* serves as a central collection of topics ranging from: the epidemiology of homosexuality to the clinical management of gay families in crisis to working with ethnic minorities to managing the psychological impact of HIV disease. It has become the seminal text in the libraries of most lesbian and gay therapists. Parenthetically, the book received an enthusiastic reception in Britain and Australia.

If one considers how long it takes to read the entire book (919 pages) and then adds the task of reading each of those articles in close detail — several times — and editing the content, one can get some idea of how complex and tedious the project was. The effort, however, has been a major step towards changing society's archaic thinking about homosexuality. It is therefore with revered pleasure that AGLP will honor the co-editors of the textbook with the Annual Distinguished Service Award at the Awards Banquet at the Annual Meeting in Washington, DC on May 20, 1999.

Lobby Your Representative While in Washington! Mary Barber, M.D.

GLP members are encouraged to meet with their congress members while in D.C. This needs to be arranged by each member individually, by writing a letter like the sample below. Dan Hicks has some helpful lobbying info given to us by Human Rights Campaign, and we'll have that info available in the Hospitality Suite during the AGLP meeting.

The APA Division of Government Relations will provide maps of Capitol Hill and some lobbying info at their booth in the Exhibit Hall. As of this printing, the APA plans to put two stops on the Hill on its bus route -- see the final APA schedule for confirmation of this.

It has been quite a year for us as gay people, with ex-gay ministries taking out full-page ads in *The New York Times*, Trent Lott comparing us to "kleptomaniacs," and the Matthew Shepard killing...We need to make our voices heard!

SAMPLE LETTER:

Dear Senator/Representative ----

I will be participating in the annual meetings of the American Psychiatric Association and Association of Gay and Lesbian Psychiatrists, and would appreciate the opportunity to meet with you on (suggest possible dates/times). I am interested in discussing hate crimes legislation, and the Employment Nondiscrimination Act (These are just suggestions, feel free to add your own concerns).

Please call me at (#) or write to me at the address below. I look forward to meeting with you in Washington this May.

Sincerely,

-----, M.D.

Address

ADDRESSES:

The Honorable ----United States Senate Washington, DC, 20510

The Honorable ----U.S. House of Representatives Washington, DC, 20515



Dan Hicks, M.D.

Because the Annual Meeting is in Washington, D.C., some members felt it would be a good opportunity to lobby their elected representatives on Capitol Hill about important lesbigay and health issues. The Human Rights Campaign has made available some material that we can send you if you are willing to do this. They also will be doing a training session in the Hospitality Suite early in the week for those who are going to participate. If you are interested, it is important to call the office of your representative and your senators ahead of time and ask to schedule an appointment during APA week (suggested times were Tuesday, May 18th or Wednesday, May 19th. If the officeholder is not available, it is equally helpful to meet with their staff. If there are others from your district willing to participate, it would be helpful to set up the meetings as a group from your district or your state. At this time, there is no clear schedule of what legislation may be introduced, but Beverly Jones at HRC suggested that at least the *Hate Crimes Bill* and *Employment Discrimination Bill* (ENDA) would be two to discuss. If you are interested in participating, please contact Mary Barber at meb@warwick.net or myself, drdanhicks@prodigy.net. If you need more information, or need to find out how to contact your reps, you can access HRC at www.hrc.org.

Vice-President's Column

Mary Barber, M.D.

he AGLP program at this year's APA Annual Meeting promises to be an exciting one. I'd like to extend my thanks to everyone donating their talents toward leading a discussion, hosting a reception, or helping put the schedule together. The program contains a wide variety of topics, reflecting the broad interests and diversity of our members

The Saturday morning symposium topic will be "Queer Theory and Treating Patients: What's the Connection?" It will be held in the Adams room of the Washington Plaza Hotel and will begin at 9:30 with coffee and rolls.

Queer theorists build upon the idea that identities such as male, female, gay and straight are socially constructed, products of our culture and time, and not as clearly defined as we often assume. Our keynote speaker will be Biddy Martin, PhD, who will help explain what queer theory is about, and suggest how its ideas might apply to individual people's lives. Dr. Martin is professor of German Literature at Cornell University, and author of Femininity Played Straight: The Significance of Being Lesbian.

Our discussants will be AGLP's own Drs. Jack Drescher and Diana Miller, and Maggie Magee. Jack is the author of *Psychoanalytic Therapy and the Gay Man*, and Maggie and Diana are authors of *Lesbian Lives: Psychoanalytic Narratives Old and New*. The three presented material from their books to a packed audience at last year's meeting in

Toronto. The discussants will bring the discussion from the academic to the clinical, to talk about how ideas from queer theory might apply to how we work with patients. Plenty of time will be left for audience questions and discussion.

Queer theory is quite "hot" in the gay academic and intellectual world now, so the discussion should be stimulating as well as timely. Do you embrace the term "queer" as inclusive, fresh, and "in-your-face," or are you offended by it? Are you an avid reader of Lacan and Butler, or do you think "deconstruction" refers to bricks falling off of buildings in NYC? Either way, you are invited to come and be a part of this exciting symposium.

Also on Saturday, Drs. John Gosling and Christina Sekaer will lead a viewing and discussion of the film, *Ma Vie en Rose*. The film depicts a nine year old boy in the process of discovering his gender nonconforming desires, and the consequences he faces because of his discovery. The film will be shown in the AGLP Hospitality Suite, the Diplomat Room of the Washington Plaza Hotel.

Some AGLP events new to the program this year include a parents and kids' discussion/play time, a writers' workshop with the editors of *The Journal of Gay and Lesbian Psychotherapy*, discussions on special programs for GLBT patients, and transgender awareness. Various committees of AGLP (Residents, Psychoanalysts, Women, and many others) will hold discussions, receptions and meetings in the Hospitality Suite, and Drs. Leslie Goransson, Michael Golder, and Dan Hicks on the Local Arrangements Committee have organized several social events.

Numerous topics of interest to GLPBT psychiatrists are being presented in the APA program. These are listed in this *Newsletter*, following the AGLP program events. We can be proud of the fact that AGLP members have been well-represented in the APA program in recent years.

In earlier newsletters, Dan Hicks and I have suggested that members lobby their congresspeople while in Washington. If you are interested in doing this, I have included information in a separate article in this *Newsletter*.

So you can see that a lot will be happening in Washington this May. Clear out your schedules now, and make sure you can be there for the Saturday symposium. I'll see you there!

o you embrace the term "queer" as inclusive, fresh, and "in-your-face," or are you offended by it? Are you an avid reader of Lacan and Butler, or do you think "deconstruction" refers to bricks falling off of buildings in NYC? Either way, you are invited to come and be a part of this exciting symposium.



WASHINGTON, DC MAY 15-19, 1999



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FRIDAY, MAY 14, 1999

7:30pm The Bill T. Jones/ Arnie Zane Dance Company will be performing at

the Eisenhower Theatre at the Kennedy Center in Washington, DC. Jones is an HIV positive African American gay dance director. For

tickets call 1-800-444-1324.

SATURDAY, MAY 15, 1999

8:30am-9:30am Breakfast Meeting for Executive Committee

Washington Plaza Executive Board Room

HOSPITALITY SUITE OPENS Diplomat Room, Washington Plaza Hotel 10 Thomas Circle, NW

Massachusetts Avenue & 14th Street

Washington DC 20005

PRECONVENTION SYMPOSIUM

9:30AM-10:00AM WELCOME-COFFEE AND PASTRIES

ADAMS ROOM, WASHINGTON PLAZA

10:00AM-1:00PM SYMPOSIUM

"Queer Theory and Treating Patients:

What's the Connection?'

Does Your Dress Have a Boy Inside: Queer Theory and

Clinical Practice

Biddy Martin, Ph.D., and Carol Maxwell Miller, Ph.D.

chair: Mary Barber, MD

discussants: Jack Drescher, MD, Maggie Magee, CSW,

Diana Miller, MD ADAMS ROOM

2:30PM-4:00PM MOVIE: MA VIE EN ROSE

discussants: John Gosling, MD,

Christina Sekaer, MD Hospitality Suite

2:30PM THE BILL T. JONES / ARNIE ZANE DANCE COMPANY

(SEE FRIDAY, MAY 14)

7:30PM LESBIAN PSYCHIATRISTS' DINNER

Catered at the home of Leslie Goransson, MD.
\$25 per person. RSVP required, call (202)296-4531.
(directions will be provided after the RSVP is obtained).

7:30PM THE BILL T. JONES / ARNIE ZANE DANCE COMPANY

(SEE FRIDAY, MAY 14)

SUNDAY, MAY 16, 1999

8:30am-10:00am Board Meeting and Breakfast

CABINET/CONGRESSIONAL ROOM

9:00am-11:00am Discussion on Psychoanalytic Issues

Paul Lynch, MD. HOSPITALITY SUITE

11:00am-11:30am Significant Others' Planning Meeting

Doug Duckett Hospitality Suite

11:30AM-2:00PM EARLY CAREER PSYCHIATRISTS' BRUNCH

at the home of Richard Imirowicz, MD,

(202) 887-5202 1514 21st ST, NW #4

funded by First Union Mortgage Residents and Medical Students welcome

1:30pm-3:00pm Psychoanalytic Committee

Paul Lynch, MD HOSPITALITY SUITE

3:00PM-4:30PM PARENTS AND KIDS MEETING

those considering parenthood welcome Margie Sved, MD, Mark Townsend, MD

HOSPITALITY SUITE

4:30PM-5:30PM MEMBERSHIP COMMITTEE MEETING

HOSPITALITY SUITE

5:30PM-6:30PM MEETING FOR THOSE AFFECTED BY HIV

John O'Donnell, MD Hospitality Suite

7:00PM-9:00PM OPENING RECEPTION

POOLSIDE, WASHINGTON PLAZA HOTEL (FEDERAL ROOM IF IT RAINS)

MONDAY, MAY 17, 1999

8:30am-9:30am Human Right Campaign lobbying training

HOSPITALITY SUITE

10:00am-12:00pm Significant Others' Discussion

Doug Duckett Hospitality Suite

12:00PM-1:00PM RESIDENTS' AND MEDICAL STUDENTS' LUNCH

Early Career Psychiatrists also welcome. Lunch provided courtesy of Bristol Myers Squibb

Petros Levounis, MD HOSPITALITY SUITE

1:00pm-2:30pm Transgender Awareness

Wynelle Snow, MD, David Seil, MD

HOSPITALITY SUITE

4:00PM-5:30PM DISCUSSION: SPIRITUALITY AND SEXUALITY

Dan Hicks, MD HOSPITALITY SUITE

5:30PM-7:00PM AGLP AND CLGBP BUSINESS MEETING

ADAMS ROOM

CONTINUED ON FOLLOWING PAGE

AGLP 1999 SCHEDULE OF EVENTS CONTINUED FROM PREVIOUS PAGE

7:30pm-9:30pm INTERNATIONAL AND MINORITY OUTREACH RECEPTION

Residence of Michael Golder 1850 MINTWOOD PLACE

(202)387-1923 FOR DETAILS AND RSVP

TUESDAY, MAY 18, 1999

9:00AM-10:30AM DISCUSSION: COUPLES' ISSUES

Karine Igartua, MD, Mark Townsend, MD

HOSPITALITY SUITE

10:00am SIGNIFICANT OTHERS' OUTING

> Doug Duckett MEET IN THE HOTEL LOBBY

10:30am-12:00pm International Committee

Kenn Ashley, MD HOSPITALITY SUITE

DISCUSSION: SPECIALIZED SERVICES FOR LGBT PATIENTS 4:00pm-5:00pm

> Dan Hicks, MD HOSPITALITY SUITE

5:30PM-7:00PM AGLP AND CLGBP BUSINESS MEETING

ADAMS ROOM

7:30pm-9:30pm LAGCAP RECEPTION

HOSPITALITY SUITE

WEDNESDAY, MAY 19, 1999

10:00am-11:30am WRITERS' WORKSHOP

Jack Drescher, MD, and other editors of the Journal of Lesbian and

Gay Psychotherapy HOSPITALITY SUITE

11:30AM-1:00PM WOMEN'S COMMITTEE DISCUSSION

Christina Sekaer, MD, Adrienne Schlang

HOSPITALITY SUITE

AWARDS BANQUET/CLOSING PARTY

B. SMITH'S RESTAURANT, AND UNION STATION

7:00pm-8:00pm 8:00pm-9:00pm COCKTAILS DINNER

9:00PM-11:00PM AWARDS AND DANCING



Washington Plaza, AGLP's official hotel at the Annual Meeting

APA EVENTS OF INTEREST TO **AGLP MEMBERS**

SUNDAY, MAY 16, 1999

12:30pm-4:30pm Residents' Training Program on HIV disease,

lunch provided, reservations required,

call (202)682-6163.

MONDAY, MAY 17, 1999

9:00-10:30am CW9. Cultural perspectives on coming out in psychiatry

APA Southern California Psychiatric Society's Committee on Gay,

Lesbian, and Bisexual Issues Nick Gutierrez, MD

CW11. Sildenafil Citrate, sexual function, and HIV prevention

APA Commission on AIDS Marshall Forstein, MD

11:00am-12:30pm Session 8. Cultural Issues in BPD, includes 23.

Homosexuality/bisexuality among women with BPD

Mary Zanarini, EdD

IW15. HIV/AIDS education and training of psychiatrists

Barbara Silver, PhD

2:00-5:00pm Session 9. Gender identity: a childhood perspective:

14. Ma Vie en Rose

S2. Psychiatric diagnosis in diverse populations, includes

A. Diagnosis based on sexuality and gender identity

Dan Karasic, MD

TUESDAY, MAY 18, 1999

CW27. Treating homosexuals: dos and don'ts, 9:00-10:30am

APA NY County DB

Kenneth Ashley, MD, John Gosling MD

IW18. Gay and lesbian substance abuse treatment: cultural

competency training Saul Levin, MD

9:00am-12:00pm AIDS Education Program Part I: Clinical and neuropsychiatric

dimensions of HIV disease APA Commission on AIDS

A. AIDS and HIV disease, a medical update

B. Neuropsychiatric manifestations and their treatments, a review

Mark Halman, MD, Karl Goodkin, MD

9:00am-12:30pm Review of Psychiatry, Part II, Male psychosexuality

Richard C. Friedman, MD, Jennifer Downey, MD

11:00am-12:30pm Medical Update 2. Advances in the treatment of HIV infection

Gary Simon, MD

Session 16. HIV and psychoimmunology

Panayiotis Vyras, MD, Jose Maldonado, MD, David Spiegel, MD

CW32. Homophobia hurts families

How PFLAG can help

APA Washington Psychiatric Society's Gay and Lesbian Committee

Dan Hicks, MD

APA Events of interest to AGLP members Continued from previous page

11:00am-12:30pm (Con't)

IW31. Family values: lesbian and gay family constellations Ellen Haller, MD

S21. Group therapy for persons living with HIV/AIDS Jeffrey Kelly, MD, Mary Rotheram-Borus, PhD, Karl Goodkin, MD, Cheryl Koopman, PhD

S28. Psychiatry in the second decade of the HIV pandemic Igor Grant, MD, Constantine Lyketsos, MD, Steven Batki, MD, Alan Berkman MD, J Hampton Atkinson Jr, MD, Glenn Treisman, MD

Media Session 19. AIDS: multicultural perspectives 7:00-10:00pm

33. Odo Ya! Life with AIDS

34 Rainmakers Thailand

35. Women and HIV: Four Stories

WEDNESDAY, MAY 19, 1999

9:00-10:30am

CW39. Culturally competent care of lesbian, gay, bisexual, and transgendered patients

APA Northern California Psychiatric Society's Committee on Lesbian, Gay, Bisexual, and Transgender Issues

Dan Karasic, MD

IW38. Clinical aspects of HIV and AIDS among Hispanics Pedro Ruiz, MD

9:00am-12noon

AIDS Education Program Part II: Psychiatric and clinical

manifestations **APA Commission on AIDS**

A. Mood disorders and HIV

Stephen Ferrando, MD

B. Psychosis and HIV Francine Cournos, MD

C. Somatic symptoms and their psychotherapeutic implications Marshall Forstein, MD

11:00am-2:00pm Media Session 24. Homosexuality: from homophobic prejudice to gay/lesbian understanding

42. Kamikaze Summer

43. Pride Divide

Discussion Group 8. Challenges in HIV care for psychiatrists Francisco Fernandez, MD

12noon-1:30pm

Forum 5. Hate for loving: how societal oppression impacts lesbian and gay mental health

Daniel Hicks, MD

2:00-5:00pm

\$49. Cultural issues for psychiatrists and patients, includes C. Gay men and lesbians: culture based on social stigma

Robert Cabaj, MD

7:00-10:00 pm

S66. Sexual behavior and substance use research with the

mentally ill

Michael Carey, MD, Jeffrey Kelly, MD, Ezra Susser, MD, Andrew Moss, PhD

THURSDAY, MAY 20, 1999

9:00 -10:30am

CW45. Beyond sex: gay issues and the general psychiatrist APA Committee on Gay, Lesbian and Bisexual Issues Diana Miller, MD, Leslie Goransson, MD

CW47. HIV prevention: stigma and names based reporting APA NY County DB AIDS Commission Elizabeth Getter, MD

INTERNATIONAL PSYCHIATRISTS COLUMN CONTINUED FROM PAGE 14

and ask them to endorse the resolution.

For information about the WPA conference please contact XI World Congress of Psychiatry; CPO Hanser Service; PO Box 1221; D-22882; Barsbuettel; Germany. Tel 49 40 670 8820; fax 49 40 670 32 83. e-mail cpo@wpa-hamburg.de http://www.wpahamburg.de. Early registration is due on March 31, 1999

We have reserved 21 rooms until the end of April at the Hotel Konighof, a gay guest house in Hamburg. Price range 80-180 DM. Address: Pulverteich 18; 20099 Hamburg; Tel 49 40 2840740; Fax: 49 40 28 40 74 74; e-mail Hotelkhh@aol.com; website: http://members.aol.com/hotelkhh. We will also reserve rooms in a Berlin guest house for everyone travelling there after the conference. For information about local arrangements, please contact Siegmund Dannecker in Berlin at 49-30 327 5253 or SDannecker@t-online.de. If you are interested in presenting something in the hospitality suite, please contact Francisco Gonzalez, M.D. at (415) 437-1351. If you are submitting an abstract for the conference, please contact Gene Nakajima, M.D. at (310) 312-0120 or GNakajima@alumni.stanford.org

Love the Sinner: The Marketing of Heterosexuality Jack Drescher, M.D.

Jack Drescher is
Editor-in-Chief of the
Journal of Gay and
Lesbian
Psychotherapy and
the author of
Psychoanalytic
Therapy and The
Gay Man, (1998,
The Analytic Press)

series of newspaper advertisements paid for by conservative Christian organizations has generated lots of media attention to the origins and meanings of homosexuality. Although the American Psychiatric Association deleted homosexuality from its list of mental illnesses in 1973, members of the religious right brazenly trumpet the message that homosexuality is not only a sin, but a curable illness. Members of this ex-gay movement claim homosexuality can be overcome through adherence to particular religious beliefs and principles. Want to find out more? Call the 800 number.

Modern science still does not offer irrefutable evidence about the origins of either homosexuality or heterosexuality. Dismissing scientific evidence that contradicts their views, religious conservatives assert that homosexuality can be changed through faith healing. With convoluted logic, they argue that if it can be changed, then homosexuality

cannot be genetic. And if homosexuality is not genetic, those who do not change their orientation to heterosexuality are "choosing" something called "the gay lifestyle." And since the choice to be gay is an immoral choice, according to fundamentalist interpretations of the Bible, it should not be a category for which civil rights are awarded.

This reasoning has little to do with scientific research or theology. Rather, it is the party line of an organized political campaign trying to undermine the gradually increasing public support for the equal rights of gay men and lesbians.

While an earlier era's anti-homosexual religious leaders had little difficulty condemning sodomites to damnation, today this movement has media and telemarketing experience. It understands that open denunciation of homosexuality, like overly-negative political campaigns, may seem harsh and turn off potential consumers. This had led to the new, friendlier message of Condemnation Lite.

Advertising in mainstream newspapers is now part of the campaign by the religious right's ex-gay movement to aggressively expand their message beyond their usual network of religious broadcasters and print venues. Among themselves, the religious right has long used catchy sound bites like, "Love the sinner, but hate the sin," or "God made Adam and Eve, not Adam and Steve." Now they are using print ads of smiling, ex-gay poster children who have abandoned "the gay lifestyle" and found heterosexuality through religious rebirth. One almost expects the ad to read, "I'd rather switch than fight." And if sexual identities are to be marketed, like cigarettes or colas, why not "Generation Ex-Gay?" Or, "Heterosexuality: It's the real thing."

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To further disguise the old-fashioned fire and brimstone that drives this campaign, condemnation is being repackaged with a more modern spin as "love" for "homosexual persons." One ad says, "In His gentle love I found forgiveness, and the acceptance I sought so hard on my own." Despite what is says on the new container, this movement is not truly motivated by love or acceptance of gay people. Jane Folger, the initiator of the recent ad campaign, when pressed, reluctantly admitted that she supports sodomy laws that criminalize homosexual behavior.

Will average Americans buy the beliefs of an ex-gay movement that advocates arrest, public embarrassment, job loss, and humiliation of gay people? Is that any way to treat a loved one, particularly a loved one who is supposedly ill? Potential buyers are advised to carefully read the fine print before signing on the dotted line.

Hyperbole can be hazardous to one's health. For those unhappy about their same-sex feelings, the sparse scientific literature on so-called "reparative therapies" is not encouraging. In one study, more than 70% of those who underwent these treatments admitted to no change at all. The follow-up studies on how long any of these individuals stay changed are either poor or non-existent. And those who fail to change often suffer from the treatment itself. The impossibility for many to change fuels the argument that homosexuality is a genetic condition. It also supports the belief of many Americans that gay people are born that way and should therefore have equal civil rights.

SOOK REVIEW

LOVE UNDETECTABLE:

NOTES ON FRIENDSHIP, SEX AND SURVIVAL

Andrew Sullivan

Knopf, 1998

Review by Francisco Gonzalez, M.D.

his volume is a collection of three essays, loosely echoing the book's subtitle. I was drawn to read it by a strange combination of interest (in the subject of gay friendship) and a gossipy curiosity (Andrew Sullivan had already endured the slings and arrows of queer radicals). What I found occasionally irritated or disappointed, but it also made some of the creaky machinery of my thinking take a couple of tumbles and that's easily worth \$23.

These are sometimes sprawling essays, freely associative, and literarily freewheeling. As such, they belong to the tradition of the familiar or personal essay and often tell us more about Sullivan than about the subjects he treats. At times they strain under the weight of their insistence. At others they seem quaint and old fashioned (the readings of Aristotle, Montaigne, St Augustine, and Aquinas may well leave you feeling the ambivalent triumph of having survived a rigorous schooling at the hands of nuns). What I like about these essays is that they grapple. Reading them puts you in the presence of a lively intelligence struggling to make sense of love and death in the time of Crixivan.

The first of the three essays, provocatively titled "When Plagues End," is a companion piece to the last, called "If Love Where All." Both are meditations on friendship and loss in the context of the AIDS epidemic in the late 1990's. In the initial essay Sullivan sketches the emotional landscape of what he calls a "post-plague world." Now shock and disbelief and numbness and guilt infect men finding themselves with "undetectable" virus -- and they are rudderless.

Sullivan is one of these men. In the aftermath of his "undetectable" diagnosis, he lapses into depression: "the indicatives of the plague...were turning slowly back into subjunctives, the duties into doubts, and there was no easy out." There is exhaustion here -- a sense, as friends put it to him, of missing the party and being post-everything. But he finds his way out of this malaise to a new place of living "where the plague can't get you."

Sullivan is a devout Catholic. This can be both refreshing and a thorn in the side of the reader. There are Sunday school moments of biblical exegesis that I found trying. But he avoids simple moralizing or a lapse into

maudlin epiphany. In the panic that follows the HIV diagnosis, he questions: "What is the use of faith, after all, if it cannot be a support when the world collapses from under you? But for me, at least, faith has never been like that. At the moments I have needed it most, it has slipped quickly away from me, it has receded into a terrible loneliness and fear. ... The bleakness that leads to faith somehow replaces faith in the moments you need most to escape it. And so my friends came to help me...." The simplicity of that last line captures the best of what these essays have to offer. They are celebrations of a hand extended. Sullivan certainly gives us a glimpse of friendship's promised land, and not only in day-to-day lived experience, but also theoretically, morally, politically. He extolls its virtues from the Greeks to Emerson and blows holes in the hype over romantic love. Unlike heterosexual children who become most themselves in the context of their families, in friendship Sullivan sees the crucible where as gay children we first truly become ourselves. Gay culture, he asserts, is before anything a culture of friendship. But he doesn't quite believe friendship is enough, ultimately, and argues for marriage, in which he sees "the only avenue for sexual and emotional development that can integrate [gay men and lesbians] as equal human beings and remove from them the hideous historic option of choosing between their joy and their dignity."

Sulllivan will bring moral imperative to the emptiness after the plague. "What exactly, after all did a third of a million Americans die for?" he asks. "If not their fundamental equality, then what?" The virus levelled

e wants,
rightly, to set
pathology
away from

homosexuality. But in doing so he attempts so earnestly to argue for homosexual normalcy that a couple of gay babies fly out with the bath water.

Caucus of Gay, Lesbian and Bisexual Psychiatrists Column Margie Sved, M.D.

ast column, I promised the full text of the new APA Position Statement on Psychiatric Treatment and Sexual Orientation. It will also be printed in the back pages of an upcoming issue of *The American Journal of Psychiatry*, but here it is:

POSITION STATEMENT ON PSYCHIATRIC TREATMENT AND SEXUAL ORIENTATION

THE BOARD OF TRUSTEES OF THE AMERICAN PSYCHIATRIC ASSOCIATION REMOVED HOMOSEXUALITY FROM THE DSM IN 1973 AFTER REVIEW-ING EVIDENCE THAT IT WAS NOT A MENTAL DISORDER. IN 1987, EGO-DYSTONIC HOMOSEXUALITY WAS NOT INCLUDED IN THE DSM-IIIR AFTER A SIMILAR REVIEW.

THE AMERICAN PSYCHIATRIC ASSOCIATION DOES NOT CURRENTLY HAVE A FORMAL POSITION STATEMENT ON TREATMENTS THAT ATTEMPT TO CHANGE A PERSON'S SEXUAL ORIENTATION, ALSO KNOWN AS "REPARATIVE OR CONVERSION THERAPY". THERE IS AN APA 1997 FACT SHEET ON HOMOSEXUAL AND BISEXUAL ISSUES WHICH STATES THAT "THERE IS NO PUBLISHED SCIENTIFIC EVIDENCE SUPPORTING THE EFFICACY OF "REPARATIVE THERAPY" AS A TREATMENT TO CHANGE ONE'S SEXUAL ORIENTATION".

THE POTENTIAL RISKS OF "REPARATIVE THERAPY" ARE GREAT, INCLUDING DEPRESSION, ANXIETY AND SELF-DESTRUCTIVE BEHAVIOR, SINCE THERAPIST ALIGNMENT WITH SOCIETAL PREJUDICES AGAINST HOMOSEXUALITY MAY REINFORCE SELF-HATRED ALREADY EXPERIENCED BY THE PATIENT. MANY PATIENTS WHO HAVE UNDERGONE "REPARATIVE THERAPY" RELATE THAT THEY WERE INACCURATELY TOLD THAT HOMOSEXUALS ARE LONELY, UNHAPPY INDIVIDUALS WHO NEVER ACHIEVE ACCEPTANCE OR SATISFACTION. THE POSSIBILITY THAT THE PERSON MIGHT ACHIEVE HAPPINESS AND SATISFYING INTERPERSONAL RELATIONSHIPS AS A GAY MAN OR LESBIAN IS NOT PRESENTED, NOR ARE ALTERNATIVE APPROACHES TO DEALING WITH THE EFFECTS OF SOCIETAL STIGMATIZATION DISCUSSED. THE AMERICAN PSYCHIATRIC ASSOCIATION RECOGNIZES THAT IN THE COURSE OF ONGOING PSYCHIATRIC TREATMENT, THERE MAY BE APPROPRIATE CLINICAL INDICATIONS FOR ATTEMPTING TO CHANGE SEXUAL BEHAVIORS.

SEVERAL MAJOR PROFESSIONAL ORGANIZATIONS INCLUDING THE AMERICAN PSYCHOLOGICAL ASSOCIATION, THE NATIONAL ASSOCIATION OF SOCIAL WORKERS AND THE AMERICAN ACADEMY OF PEDIATRICS HAVE ALL MADE STATEMENTS AGAINST "REPARATIVE THERAPY" BECAUSE OF CONCERNS FOR THE HARM CAUSED TO PATIENTS. THE AMERICAN PSYCHIATRIC ASSOCIATION HAS ALREADY TAKEN CLEAR STANDS AGAINST DISCRIMINATION, PREJUDICE AND UNETHICAL TREATMENT ON A VARIETY OF ISSUES INCLUDING DISCRIMINATION ON THE BASIS OF SEXUAL ORIENTATION.

THEREFORE, THE AMERICAN PSYCHIATRIC ASSOCIATION OPPOSES ANY PSYCHIATRIC TREATMENT, SUCH AS "REPARATIVE" OR "CONVERSION" THERAPY WHICH IS BASED UPON THE ASSUMPTION THAT HOMOSEXUALITY PER SE IS A MENTAL DISORDER OR BASED UPON THE A PRIORI ASSUMPTION THAT THE PATIENT SHOULD CHANGE HIS/HER HOMOSEXUAL ORIENTATION.

It's not perfect, and it took a surprising amount of work from a large number of people to happen. AGLP and the Committee on Gay, Lesbian, and Bisexual Issues (CGLBI) have been working for several years to have the APA take a position against "reparative" therapy. Several years ago, a proposed position statement was withdrawn from the Assembly because of threats to vote it down. More recently, a statement created by CGLBI was not approved by the Council on National Affairs, with some individuals voicing concern that it was not strong enough. This year, an attempt was made to coordinate efforts between several District Branches, CGLBI, AGLP, Council on National Affairs, and the Assembly representatives from the Caucus of Gay, Lesbian, and Bisexual Psychiatrists (CGLBP). This led to three slightly different versions: one from CGLBI with Lowell Tong as Chair which was approved by the Council on National Affairs; one written by Dan Karasic, submitted by Robert Kimmich and Kathleen Unger of the Northern California Psychiatric Society and endorsed by that District Branch; and one written by Dan Hicks, submitted by Dan, Roger Peele, Lawrence Kline, and Richard Epstein of the Washington Psychiatric Society and endorsed by their District Branch.

During the November 1998 APA Assembly meeting, several people worked hard to combine these three statements into one which was acceptable to all. This included Phil Cushman, Ed Hanin, Bob Mitchell, Roger Peele, Jim Chou, and Marlin Mattson, among others. As previously reported, the final version passed the Assembly with little discussion and no obvious opposition.

CONTINUED ON FOLLOWING PAGE 13

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Membership Committee Report

Cheryl Chessick, M.D. and John Gosling, M.D.

The most recent membership count as of 2/28/99 is as follows:

| Founding: | 1 |
|------------------|-----|
| Patron: | 2 |
| Sponsoring: | 23 |
| Full: | 321 |
| Associate: | 28 |
| Resident: | 82 |
| Newsletter: | 62 |
| Medical Student: | 16 |
| International: | 29 |
| Total | 564 |

This number reflects the end-of -year attrition and changes in category. The membership total at the end of 1998 was 631. Only ONE new member has joined since the beginning of the year. We hope that this will change with our ongoing effort to increase membership. Roy Harker has sent all the purged members (65 total) a letter stating that they have been dropped from the AGLP membership roles, and requesting that they consider rejoining. The dues balance for 1998 would be forgiven if they pay their 1999 dues. We would like to strongly encourage any of these lapsed members who may read this column to immediately make a call to Roy at (215) 222-2800 and renew their membership. Just a friendly reminder that this can now be done with the convenience of a credit card to facilitate the process and save time and effort.

The APA Annual Meeting in May is almost upon us and we are gearing up for an exciting time of AGLP activities (both social and instructional) in Washington. The Meeting is a time to reconnect with old friends and make new ones. It is an opportunity to meet other members of AGLP while becoming more actively involved in the functioning of the organization.

We of the Membership Committee will be very active at the Opening Reception promoting our organization while actively inviting new members to join. We will also be responsible for ensuring that the AGLP Exhibit Booth is staffed at all times. We would like at least two AGLP members to be present throughout the day to answer questions and to offer a friendly welcoming presence to any interested conference participants. A roster indicating specific time slots where those interested in helping out can fill in their names, will be circulated on Saturday at our first meeting. We would like to encourage members to participate by signing up as soon as possible. Staffing the booth is great fun and a wonderful opportunity to promote the work of our organization.

We will also be holding a meeting for members of the Membership Committee -- the exact time will be announced on Saturday. This will be an opportunity to meet the other members of the Committee and to plan strategies for increasing membership both at the conference and in the coming year. You can expect a call from either Cheryl or John in the next few weeks inviting you to consider becoming a part of our dynamic and charismatic team. At the Closing Dinner, our Committee Members will be in attendance to welcome guests and record the names and addresses of nonmembers so that membership kits can be forwarded to them at a later date.

We hope that as many of our members as possible will make the effort to join us in Washington in May. We especially encourage new members to make a concerted effort to arrive in time for the Saturday and Sunday AGLP programs. This is a wonderful opportunity to become part of this very supportive and dynamically active group of professionals where you will not be judged for daring to be authentic in expressing your love and attraction to others of the same gender. See you all soon and travel safely.

CAUCUS REPORT
CONTINUED FROM PAGE 12

Then, this was put on the consent calendar for the December Board of Trustees meeting, thanks to President Rodrigo Muñoz, and many AGLP members contacted members of the Board of Trustees to lobby for approval. The only glitch was that the actual version that the Board of Trustees passed had an important sentence in the wrong place, which was not noticed until after the Board had passed it. Lowell Tong, Ed Hanin and I then worked to try to have this fixed. This included APA staff listening to the tapes of the Assembly meeting, various discussions about the intent of phrases recorded which were now out of context, several people having to reconstruct which changes were made in what order, etc. But, logic prevailed, and we now have a position statement that we can be proud of and quote as official APA policy.

In the political climate generated by Senator Trent Lott's statements, the ex-gay ad campaign, and finally the death of Matthew Shepard, it was especially satisfying to receive the support of our psychiatric colleagues with the passage of this statement. Also, Dan Hicks and Roy Harker then coordinated press releases, which led to quotes from many AGLP members in local and national newspapers, psychiatric publications, and gay/lesbian periodicals. A variety of news media reported on this position statement. Please send any articles that you saw to the AGLP office so that they can be included in AGLP files.

Again, thanks to all those mentioned above, plus others such as Cheryl Clark, Leslie Goransson, Diana Miller, Mark Townsend and the other previous and affiliated members of the CGLBI, Stuart Sotsky, Julie Schulman, Jack Drescher, Bob Cabaj, Jim Krajeski, Jan Taylor, Michael Murphy, Christine Dale-Eldridge, Linda Roll, and many more all who had roles in making this policy happen.

THANKS TO THE FOLLOWING MEMBERS WHO HAVE JOINED AT THE SPONSOR AND PATRON LEVEL, AND TO THOSE MEMBERS AND FRIENDS OF AGLP WHO HAVE CON-TRIBUTED TO THE STUDENT TRAVEL FUND FOR 1999.

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FRANK RIGGS YOUNG M.D.

International Psychiatrists Column

Gene Nakajima, M.D.

VISITING INTERNATIONAL PSYCHIATRISTS AND PSYCHIATRISTS OF COLOR AT THE APA

e will have a discussion with visiting international psychiatrists on Tuesday May 18th at 10:30 to NOON at the AGLP Hospitality Suite at the Washington Plaza Hotel, All AGLP members are invited to participate. During this meeting we will discuss our efforts in starting a gay/lesbian/bisexual section in the World Psychiatric Association as well as our plans for the WPA congress in Hamburg in August.

We will once again have the joint reception for lesbian and gay psychiatrists, medical students and significant others of color and visiting international psychiatrists and their friends. This will take place at the home of Michael Golder, 1850 Mintwood Place, on Monday May 17th from 7:30 to 9:30. (Call (202) 387 1923 for details and RSVP). Please meet after the AGLP Business meeting if you would like to go as a group. We will go for dinner after the reception at 9:30.

WORLD PSYCHIATRIC ASSOCIATION MEETING, HAMBURG UPDATE August 6-11, 1999

Although some symposia which AGLP members submitted were rejected, we will still have an excellent representation of gay/lesbian topics at the World Psychiatric Association in Hamburg, August 6-11, 1999. Over 40 lesbian and gay psychiatrists submitted abstracts. So far 7 symposia have been accepted, which means that over 16 hours of gay and lesbian affirmative topics will be presented at the WPA. In addition, our German gay hosts are trying to find pharmaceutical support for a reception, and possibly a satellite conference. If you have any pharmaceutical reps who might be interested in funding part of a reception, please let us know. We have also reserved hotel rooms in a gay guest house, and we will be able to use the breakfast room in the afternoon as a hospitality suite for discussion groups.

If you are interested in presenting at the conference, the deadline for individual papers is March 31, 1999, though this date may be extended. (The deadline for abstracts for symposia was extended by 2 months). They will give you 10 minutes to speak with an individual paper. You can even submit abstracts through their web-site. If you decide to come after this date, or if your abstract was not accepted, we may have some empty slots in the symposia because some presenters may decide not to come. You may also be able to present a talk in the hospitality suite.

We have also asked the APA to introduce a resolution at the WPA meeting endorsing ICD-10's position that homosexuality is not a mental illness. In addition the resolution asks the WPA to do all that is possible to oppose any mental health evaluation or treatment which is based upon the assumption that homosexuality per se is a mental disorder. For everyone in other countries, please find out who your delegate will be to the house of delegates of the WPA,

Letters to the Editor...



[This letter was forwarded to the Editor by Dr. Dan Hicks, to whom it was addressed]

Dear Dan:

I just wanted to let you know how pleased both Rod Muñoz and I were to see the prominence given to the APA Plan to Address Minority/UR Issues and Concerns in the questions to the candidates section of your recent *Newsletter*. It's nice to get them "on the record" with such strong statements in support both of M/UR members and of the plan. I know that Rod is concerned that this focus not be a one term issue but be carried forward by future APA leadership.

Our thanks to you and to the AGLP.

Edward Hanin, M.D.

Chair, APA Council on National Affairs

To the Editor:

I am one of those persons who has not responded to your requests for historical material about AGLP. And I would assume I probably have the largest trove from the earliest years. I recently had to move quickly and put everything into storage, so did not have the time to sort out and sequester that material. One day (probably when I truly stop working, if that ever happens) I will have the time and will get all that material to whatever archives custodian is designate.

I was galvanized to write you at this time by your statement about the "old cut and paste method." You are exactly correct. The cutting and pasting was done by my then lover Richard Hannemann, hunched over his drafting table in our apartment overlooking Lincoln Center. Larry Mass, who eagerly volunteered to become Editor, when Richard Pillard decided he must give up his mimeograph operation, was a frequent visitor as the three of us tried to beat self-imposed deadlines. I don't know where Richard took the completed cut and pasted boards for printing; he took care of all that. Our mailing procedure was equally antiquated, laborious and inefficient.

I still have the boards which Richard put together for the posters and schedule of activities for the 1978 meeting in Atlanta. The paper is yellowing and some pieces are peeling off but they are still mostly intact. I also have the banner which we carried proudly at the first gay "march" in Washington, D.C. in 1977, the photo of which you printed in a recent *Newsletter*. I have the original of that photo and many more, not only of that march but of other events such as the memorable yacht cruise of San

Francisco Bay in 1980. Also in my possession are the files salvaged from Jim Paulsen's collection after his homophobic son destroyed most of them, plus my own.

All of this I want to get into the protected possession of AGLP and will do so as soon as I am able. Should I die before I accomplish that, my executor, Richard's brother, who is a close friend, will see that it is done.

Did you know that the name "Gay Caucus of (Members of) the American Psychiatric Association was forced upon us by the then controlling hierarchy by simply changing it without discussion in *Psychiatric News*. The APA was concerned about it appearing we were somehow officially part of the organization. No other Caucus, such as the Black Caucus of the APA, aroused such concern nor action.

I have talked at various times with several members about writing and producing an historical record of our organization. Dave Kessler actually recorded some interviews with people involved in the early organization; I don't know what happened to that project; I haven't seen him in several years. Incidentally, he had stored in his garage the crated contraption we had built for the "(In-)Visible Gay Psychiatrist" booth at Chicago in 1980. I don't know if he still has it.

I will collect and organize the materials I have and get it to AGLP sooner than later, I hope.

The *Newsletter* was the glue which very tenuously held our fledgling organization together between annual meetings; its importance cannot be overestimated. I think it is still very important and I want to express my thanks and appreciation for your doing an important task very well.

Best regards,

Frank Rundle, M.D.

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ongratulations to the new reps to the Caucus of Gay, Lesbian and Bisexual Psychiatrists. They are Margie Sved, M.D.(rep) and Jack Drescher, M.D. (deputy rep).

he Center for Special Problems (CSP) invites applications for the position of Physician Specialist. CSP is an adult outpatient mental health clinic which serves a variety of populations: HIV positive individuals, people who have experienced physical or sexual trauma, transgender individuals, seriously mentally ill offenders, child sex offenders, domestic violence offenders and other interpersonal violent offenders. Under general supervision of the clinic Medical Director, the Physician Specialist is responsible for providing psychiatric care for low income patient populations. Work includes psychiatric evaluations, ongoing psychiatric treatment, collaboration with other mental health professionals, consultation to other mental health professionals and psychology/MFCC/MSW interns. Other duties as assigned by the clinic Medical Director. Minimum qualifications are possession of an MD degree, and completion of a recognized residency program in psychiatry, license to practice medicine in California, Board certification or Board eligibility in psychiatry, DEA license. Desired qualifications: experience working with HIV population and providing psychiatric care to this population. Experience or comfort working with trauma, transgender and offender clients. Ability to work within a multicultural milieu serving medically indigent individuals. Sensitivity to working with ethnically, culturally, and sexually diverse clients. Interested individuals must contact Harsimrat Sandhu, M.D., Medical Director, CSP, 1700 Jackson Street, San Francisco, CA. 94109 ,(415) 292-1500, as soon as possible. Applicants are required to complete a Civil Service Application. DPH-CMHS is an Affirmative Action Equal Opportunity Employer; Women, People of Color and People with Disabilities are encouraged to apply.

psychopharmacology position is now available at the Columbia Center for Lesbian, Gay and Bisexual Mental Health in New York.
The position offers a qualified psychiatrist an opportunity to join a talented and dedicated team of gay and lesbian psychiatrists, social workers and psychologists in serving the community. The psychiatrist we are seeking will take on an established one night per week psychopharmacology practice on or before July 1, 1999. Fees are competitive and paid on a fee-

for-service basis. Our offices are located at 60th Street and Madison Avenue in New York Presbyterian Hospital's midtown outpatient site. Please call Justin Richardson, M.D. at (212) 326-8441 if you are interested in learning more about this position.

he new dialogue that has emerged between gay rights and gay therapy groups on the one hand, and psychoanalytic organizations on the other has culminated in a symposium to be held the weekend of April 23-25 in Pittsburgh. The symposium is oriented toward mental health professionals, especially those engaged in treating gay, lesbian or bisexual patients, particularly adolescents who may benefit from informed intervention during this crucial time in their development. Small group discussions will enable the audience to interact with presenters and with Pittsburgh psychoanalysts and therapists. Speakers include Richard C. Friedman, M.D., Ralph Roughton, M.D., Elizabeth Young-Bruehl, PhD, Harold P. Blum, M.D., Bertram H. Cohler, PhD., and James Huggins, PhD. For further information about the symposium, to be held at the Law School of the University of Pittsburgh, call Ms. Susan Chahoy at (412) 661-4224.

li Coleman, Ph.D, has notified us that the 14th World Congress of Sexology is to be held from August 23-27 in Hong Kong. For more information, contact http://www.glink.net.hk/~hksea/was/ or the secretariat by e-mail at sigfmskh@netvigator.com

LMA (Gay and Lesbian Medical Association) and AMSA (American Medical Student Association) are encouraging LGB, transsexual and transgendered residents to fill out a survey which will be used by medical students in order to decide where to pursue their postgraduate medical training. For further information, please contact Giang T. Nguyêñ, MS-3, c/o Office of Academic and Student Affairs, UMDNJ- Robert Wood Johnson Medical School, 401 Haddon Avenue, Room 152, Camden, NJ 08103, or at (215) 574-1444, or visit the website at http://www.amsa.org/sc/lgbpmsurvey.html

he American Psychiatric Association sponsors the GLB Net Listserv. The primary purpose of this listserv is to provide information and productive communication among APA members regarding gay, lesbian and bisexual issues. The list is a part of a broader communication initiative by the board of the APA. To subscribe, complete the form located on the APA website (www.psych.org) under APA members, or send an e-mail to Janice Taylor (jtaylor@psych.org).

LOVE THE SINNER
CONTINUED FROM PAGE 10

The moral, scientific, and political arguments surrounding homosexuality are complex and cannot easily be reduced to sound bites. Although this polished advertising campaign may galvanize the religious right's hard-core faithful, it may ultimately prove counterproductive if it turns off the majority of voters who support equal rights. Promoting anti-homosexual religious beliefs through exaggerated claims and false advertising only strains the credibility of the ex-gay movement. Furthermore, disguising condemnation as love appears hypocritical.

Should deceptive advertising be considered a sin? That is a question which the organizers of this campaign may one day have to answer, presumably to a higher authority than the government agencies that regulate misleading advertising practices.

HACKENBRUCK WINS PAULSEN AWARD CONTINUED FROM PAGE 3

issues of lesbians. She recalls struggling to get women to at least be on a mailing list to come to the annual Lesbian Dinner, whether they were willing to be part of AGLP or not. In the late 1980s the outreach was directed towards medical students and residents — younger women, who were already out or were coming out in impressive numbers. At that time, Dr. Hackenbruck agreed to become President of AGLP. She recalled that she always felt very supported by the men — feeling a close bond with both the men and the women. With the assumption of the leadership of AGLP by a woman, the perception of AGLP changed and the women began joining in droves. The growth of AGLP in the early 90s was almost all due to women. And, Dr. Hackenbruck became one of AGLP's most popular presidents.

At the Annual Meeting last year one of the women was lamenting how much she missed Dr. Hackenbruck – fretting that the women do not seem to be as well organized as they were in "the old days." To a large degree, the problem has been one of too much success. Women who showed leadership skills in AGLP were quickly scoffed up by the APA – hungry for women leaders in an organization changing from one run by an "old boys network" to a less gendered hegemony. At the risk of sexist imagery, it was Dr. Hackenbruck's role as a maternal matriarch which engendered a sense of community among the women and endeared her to the men. Downplaying her role somewhat, she noted that the women still face a problem of sustaining a critical mass to maintain community. She noted that it is a chronic problem without villains – not due to neglect or hostility or lack of interest – it is a problem of limited numbers.

Regardless, the women in AGLP account for nearly 20% of its membership — a number that would never have been achieved without the efforts of Dr. Hackenbruck. Few people, male or female, have had the impact on AGLP that she has had in the growth of AGLP and her legacy of those early travails remains. It is in recognition of her pioneering struggle on behalf of the women that Dr. Hackenbruck will be awarded the Janssen's James Paulsen Award at the Annual Awards Banquet in Washington, DC on May 20, 1999.

BOOK REVIEW: LOVE UNDETECTABLE CONTINUED FROM PAGE 11

the playing field, Sullivan seems to say; it brought gays into the public limelight and undercut the fantasy of the "subversive powerful homosexual" to reveal "dying sons," plain humans who suffered, who needed care, like anyone else. Sullivan wants redemption. Like Saul on the road to Damascus, we have been called to see: survivors are called to responsibility to self and fellow, that we may emerge, collectively into a "culture rooted in strength." Who can begrudge him this? Like all of us, he is emerging from a dark night of the soul.

The essay sandwiched in between the two reflections on friendship may be of greatest interest to our group. Here Sullivan takes on the question of pathology and the contentious history between psychoanalysis and homosexuality. He argues that both the queer left and the fundamental right have positioned homosexuality as constitutionally pathological: "the question was merely whether it should be celebrated or cured." In making the case that only some homosexuals are pathological, Sullivan pits Isay and Socarides in a match refereed by Freud, with some interesting results. After a primer on the Freudian Oedipus, bisexuality, and inversion, Sullivan turns to Socarides and company. He takes the reparative therapists seriously, explaining with some care their view of homosexuality as gender disorder and compulsivity. He ventures that any male homosexual will, in fact, find "some shards of truth in their otherwise lurid accounts." There is pathology in male homosexual relations, he concedes, perhaps even more than in heterosexual ones, but this is due to social injustice and misunderstanding. He brings in Isay to re-read the distant father scenario as a consequence of homosexuality rather than its cause, and dismantles the reparative theory on their own terms. Then he rejects Isay for depending on a foundation similar to the reparative therapists: biology. Whether citing the naturalness of "the male-female design" (Socarides) or "innate homosexuality" (Isay), both eschew "Freud's delicate balance" of nature and nurture. He likes Freud. All in all it's a fairly nuanced view of a complicated history.

Sullivan's major point is well taken: how to disarticulate issues of pathology from homosexuality per se. It is a point that we struggle with daily in our treatments with gay and lesbian patients, and it is not an easy distinction. I think Sullivan is right to clear some space for talking about where things go wrong within homosexuality (or else what's therapy for?). He wants, rightly, to set pathology away from homosexuality. But in doing so he attempts so earnestly to argue for homosexual normalcy that a couple of gay babies fly out with the bath water. Standing outside what's "normal" has also afforded us a powerful perspective: it has been generative, productive. How to valorize this perspective, how to celebrate the unique achievements of homosexuality (consider friendship as the social unit, for example) in a historical context of marginalization and hatred, without sacrificing psychological growth -- these are the questions Sullivan took me to. It's been useful in sitting with patients. I just wish he had run with them a little farther.

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WELCOME TO WASHINGTON!
CONTINUED FROM PAGE 1

served poolside beginning at 7:00pm. Bathing suit optional.

The Awards Banquet is on Wednesday, May 19, beginning with cocktails at 7:00pm followed by dinner at 8:00pm. This year's event will take place under the magnificent expanse of Washington Union Station's vaulted ceilings. In order to streamline the check-in process, this year you will receive a ticket to confirm your reservation. **Tickets must be purchased before the event** (an order form appears below.) Reservations are limited to 200, so send in your reservation form **before May 1**. The convenience of credit card purchasing will make the reservation process even easier.

The business meetings this year are very important to the

future life of AGLP. In addition to voting (for key board positions), several important topics, critical to our ever-expanding outreach and influence, will be discussed and formalized. Your representation is imperative! As usual, these meetings take place on Monday and Tuesday evenings. See your Guidebook for details.

I am available to provide assistance every step of the way, so please feel free to contact the National Office with any problems or questions that may arise. I'll look forward to seeing you again in Washington!

Roy Harker National Office Director (215)222-2800

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Robert Cabaj, M.D., Terry Stein, M.D. and Peggy Hanley-Hackenbruck, M.D.

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This month's Highlighted Reading...

NEW!

TEXTBOOKS AVAILABLE FROM AGLP

Textbook of Homosexuality and Mental Health

Edited by Robert P. Cabaj, M.D., and Terry S. Stein, M.D. American Psychiatric Press



Textbook of Homosexuality and Mental Health brings together in one volume the entire range of material and variety of perspectives concerning homosexuality and mental health. With more than 50 chapters written by leaders in the field, this book is the most complete review of the topics of homosexuality and mental health and treatment of gay men, lesbians, bisexuals, and transsexuals to date.



Starting from the belief that homosexuality is a normal variation of human sexuality and not a mental illness, this revolutionary book presents current information on homosexuality from a mental health and medical perspective. Sections focus on demographic, cultural, genetic, biological, and psychological perspectives; devel-opment throughout the life cycle; relationships and families; psychotherapy; multi-cultural identities and communities; professional education; and medical care. A

variety of special issues, such as sexuality, substance abuse, violence, suicide, religion, and HIV/AIDS are discussed. Also included are several unique chapters that cover material not readily available elsewhere, among them transsexuality, minority gay, lesbian, or bisexual people, the impact of the sexual orientation of the therapist, latency development in prehomosexual boys, and clinical issues specific to psychotherapy with gay, lesbian, and bisexual patients

AGLPB001-1996/1016 pages/ISBN 0-88048-716-X/hardcover/\$89.95

Lesbian Lives; Psychoanalytic Narratives Old & New

Maggie Magee and Diana C. Miller Analytic Press



In this groundbreaking revisioning of lesbianism, Magee and Miller transcend a literature that, for decades, has focused on the timeworn and misconceived task of formulating a lesbian-specific psychology. Rather, they focus on a set of interre-lated issues of far greater salience in our time; the developmental and psychological consequences of identifying as homosexual and of having lesbian relations Lesbian Lives is a heartening sign of the generous scholarship and humane impulse that are transforming psychoanalysis in our time.

AGLPB0018-1997/448 pages/ISBN 0-88163-269-4/hard-

Lesbian & Gay Youth; Care & Counseling

Caitlin Ryan & Donna Futterman Columbia University Press



Here at last is the first handbook on the care, counseling, and support needs of lesbian and gay youth for providers, advocates, parents, and interested readers. This book includes guidelines for assessment, treatment, prevention, and referral along with the latest research, knowledge, and practice wisdom on lesbian and acquired the background. gay youth by leading experts.

AGLPB0019-1998/175 pages/ISBN 0-231-11191-6/paperback/\$21.00

Psychoanalytic Therapy and the Gay Man

Jack Drescher, M.D. **Analytic Press**

N/KI "Jack Drescher has comprehensively gathered and usefully interpreted a vast amount of material relating to psychanalytic therapy and gay men. His book is a measure of the huge distance the therapeutic community has come over the past several decades in its compassionate understanding of same-gender relationships – and is itself a significant contribution to further progress.

Martin Duberman, Ph.D., Distinguished Professor of History, CUNY AGLPB0020-1998/373 pages/ISBN 0-88163-208-2/hardcover/\$55.00

Journal of Gay and Lesbian Psychotherapy

VOLUME 2, NUMBÉR 4 1998 Jack Drescher, M.D., Editor The Haworth Medical Press

AGLPB021-1998/134 pages//softcover/\$12.95

Journal of Gay and Lesbian Psychotherapy

VOLUME 2, NUMBER 3 1995 David Scasta, M.D., Editor The Haworth Medical Press

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The Journal of Gay and Lesbian Psychotherapy is the official journal of the Association of Gay and Lesbian Psychiatrists (AGLP). Offered free of charge to Full and Associate members of the AGLP, the Journal is available in limited quantities to the general public. It is offered in direct opposition to Joseph's Nicolosi's book, Reparative Therapy of Mate Homosexuality, whose underlying assumption that homosexuality is something to be cured or "repaired" was found proposed by the Development of the Company of the repugnant by the Psychotherapy Book Club.

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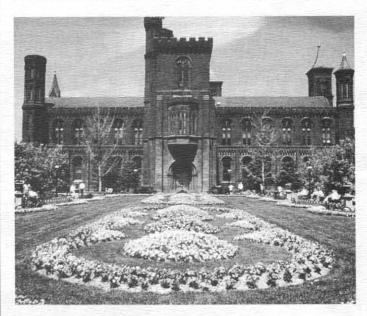
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American Psychiatric Association

(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

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