

VOLUME XXIV(2): APRIL 1998

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### Last Call to Make Plans for Toronto! Stephen Atkinson, M.D. Local Arrangements Committee Chair

ome of you warned me that you habitually handle things at the last minute; I guess there are some other people out there who didn't complete their analysis! NOW IS THE TIME to make your reservations! The absolute deadline is April 29. I have been informed by the hotel that our block is moving fast, but more importantly, that there are few others than available elsewhere in Toronto during the APA. If you miss getting as the vitin us, you may end up commuting from the airport. BE PREPARED TO QUESTE OUR GROUP RESERVATION NUMBER 18301. You must call the hotel directly at 1-416-977-8000 to access this group rate and our block of rooms.

The Best Western Primrose Hotel has set aside 150 of its 300 rooms for AGLP members at a rate of approximately \$95 not including taxes for single or double occupancy in either a queen- or king-size bed or 2 double beds. A limited number of refrigerators are available for rental at about \$7.50 daily. There is underground parking and a restaurant on site.

Our Saturday Pre-Convention and the Sunday Opening Reception will both be in this hotel. Our Hospitality Suite will actually be a penthouse meeting room with terrific north and south exposures.

We are excited to be able to say that our Closing Party will be held in the Continued on Page 7



Attendees at the recent 4th Annual Conference of Gay, Lesbian and Bisexual Issues in Psychiatry, Sydney, Australia.

READ MORE IN THE EDITOR'S COLUMN, PAGE 2

### The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor, Guy Glass, M.D.

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Subscription cost: \$20.00 per year. Subscription requests and address changes should be sent to the above address.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Guy Glass, M.D., Editor, Newsletter of AGLP; 67 East 11th Street, Apt. 719, New York, NY 10003. (Phone:(212)982-0328, FAX (212)982-1879, E-mail:GFGMD@aol.com) Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which work processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is July 15, 1998.

### ADVERTISING RATES

The Newsletter of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay ore lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$200
Half-Page Ad	\$125
Business Card	\$50

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

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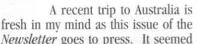
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### **Editor's Column**

Guy Glass, M.D.

G'day!





THE MAGNIFICENT OPERA HOUSE IN SYDNEY

at first that I might acquire a new reputation for butchness since I spent a good portion of the trip in outdoor activities: snorkeling on the Great Barrier Reef, whitewater rafting in the Daintree Rainforest, and hiking in the Blue Mountains were some of the highlights. But cultural pilgrimages to the Sydney Opera House, and outings to a number of shopping venues should not be ignored. In all, an extremely enjoyable trip to a beautiful and hospitable country. What, you might ask, does all of this have to do with AGLP? Well, intrepid internationally-minded gay psychiatrist that I am, a good portion of the trip was spent in attendance (and presenting) at the 4th Annual Conference of the Gay, Lesbian and Bisexual Interest Group in Psychiatry, held to coincide with the Gay and Lesbian Mardi Gras, at the Sydney Marriott. Sydney is a great city, and I would recommend a trip there any time, but the dual attractions of the conference alongside the Mardi Gras seemed too much to resist.

For the record, the conference was put together by Robert Pryde and Dr. Michael Armstrong, and was held jointly with sessions of the Australian College of Sexual Health Physicians. Other AGLP members who attended and presented include Drs. Bob Cabaj, Gene Nakajima, Howard Rubin and Kenn Ashley.

One of the sessions which most moved me was a presentation by Mary Edwards, who described herself as one of twelve Aboriginal psychologists in the whole of Australia. Edwards works at Tranby Aboriginal College in Glebe, New South Wales, and she described the plight of gay and lesbian aborigines and aborigines with HIV, who are reluctant to access mental health services, and who are stigmatized not only by the outside world, but by the Aboriginal community. "Homosexuality is not part of our culture," is what aborigines are likely to be told, the implication being that their sexuality is purely an artifact of Western culture, like some infectious disease - the parallels here to the experiences of many ethnic gays and lesbians (eg. the African American community) are unmistakable. Often, in Australia, if one looks beyond the usual tourist propaganda, one hears mention of the so-called "Stolen Generation," referring to the forcible relocation of Aboriginal children from their homes in order to assimilate them into white mainstream society. Edwards suggests that the fear of institutionalization would be one of the stumbling blocks to the acceptance of psychiatrists in the Aboriginal community, because of the likelihood that this would come too close to the memories of these painful experiences...

These issues may seem very far away from us in New York, San Francisco or other gay metropolises of the United States and Canada, but, in our mission to broaden our international scope, they deserve AGLP's attention. It is heartening to note that some three hundred people, white and Aboriginal, marched with the Aboriginal float at Sydney's parade, a float that was greeted with a standing ovation by the crowd of 750,000.

The conference's final session, entitled "Future Directions?," was chaired by Dr. Graeme Croft, of the Melbourne Gay, Lesbian and Bisexual Interest Group. Graeme, whom many of us had met last year in San Diego, and who was very helpful in our arrangements to come to Sydney, had a number of suggestions. These include the establishment of an Australasian gay psychiatrists network, some kind of newsletter or internet linkage, and encouragement of residency training programs to increase sensitivity towards gay and lesbian issues. My hope is that AGLP can be of help to fledgling gay psychiatric organizations around the globe. I would also encourage as many of you as possible to attend next year's conference in Sydney-you won't be disappointed! (Look for information in later issues)

# Letters to the Editor...



To the Editor:

The January 1998 issue of the AGLP Newsletter continues its track record of publishing editorials which raise very provocative issues. The conflict experienced by the gay trainee in group therapy as described in the editorial in this issue is one such; I think it touches on some fundamental value clashes between the gay community and psychodynamic group psychotherapy as it is mostly practised and taught.

The importance of the community itself, the honoring of each person's own decisions regarding coming out, and a sense of obligation to do what one can to protect people's health are among the values of the gay community which are worthy of emulation by others. The editorial takes a clear position on the first of these issues, suggesting that the psychodynamic supervisor who questioned notifying the group members of a memorial service for one of their number who had died from AIDS was bordering (at least) on homophobia. Maybe so, but it can be viewed otherwise. The importance of protecting boundaries is indeed important in group therapy. It is part of what defines the safe therapeutic space. Though there are times when boundaries are to be breeched (the vignette identified one such), this needs to be done thoughtfully.

Similarly, the issue of honoring individual coming-out decisions can lead to value clashes. A few years ago, in the program where I teach group therapy, a problem arose. A therapist trainee, who had been identified to a prospective patient as gay, suggested group therapy as a treatment of choice. He agreed, as a condition of therapy, not to out the patient. He considered that promise to include not only outing within the therapy group but also within the supervision. When the patient eventually disclosed to the group, this was duly reported in supervision. The (heterosexual) supervisor felt betrayed, furious that the therapist had kept secrets from him. This was never resolved, and the therapist left the training program. Sad ending, complex problem.

Surely a more positive solution would not have meant giving up on an important community value; on the contrary, one would have wished for an opportunity to educate the supervisor about the coming out process. I do think, though, that it would have been enriching had there been a way to appreciate and discuss the impact on the supervisory relationship when a supervisee believes there is good reason to keep part of the group secret.

Fortunately, despite the implication of the editorial, learning group therapy is no longer such a lonely experience for the gay therapist. The lead article of the current issue of the *International Journal of Group Psychotherapy*, the official journal of the American Group Psychotherapy Association deals with several issues faced by male gay therapists (Frost, Vol. 48, #1, pp.3-24). Two invited discussants follow. One of these is Marti Kranzberg, Ph.D., the current co-Chair of AGPA's Special Interest Group on Gay, Lesbian and Bisexual Issues (SIGGLBI), who looks at similar issues from the point of view of the lesbian therapist.

The recent AGPA national meetings offered several gay-affirmative sessions. GLB therapists interested in group should find this organization to be welcoming and affirmative. (AGPA, a multidisciplinary organization, is also pretty friendly to psychiatrists.)

George Saiger, M.D. Rockville, Maryland March 4, 1998

### Membership Committee Column Todd W. Mandell, M.D.

't is hard to believe that winter is ending and we are finalizing plans for Toronto. The six months following the last APA meeting were a roller coaster for me to say the least, with two job changes, an equestrian accident (separated shoulder) and the suicide of a close friend. As the dust settles however, the work that has gone into fund raising for AGLP becomes visible. To date, the total raised is just under \$2,000 which includes \$1,500 from GlaxoWellcome for "AGLP outreach and education," and \$250 from VISTA Staffing Solutions and \$200 from CompHealth. I'm still hoping for responses from other locum tenens companies. The good news is that we have enough to purchase the booth banner that Roy designed and to have other amenities such as fresh flowers, candy and hopefully a 20 year anniversary banner. Remember that the APA booth is one of the places that AGLP is most visible. It allows us to reach folks who might like to get involved and the idea of having an inviting, staffed (get ready to sign up) booth has seemed like a worthwhile endeavor.

Roy has continued to keep Laura Bernay and myself up to date in terms of membership. As of March 25, 1998, we have added sixteen new members in 1998, Full-4, Associate-3, Resident-4, Newsletter-1, Medical Student-4. We also have reinstated twenty-one members who had been previously dropped from membership; Full-15, Associate-1, Resident-5. The grand total to date is therefore: Founding-1, Patron-1, Sponsoring-11, Full-335, Associate-29, Resident-95, Newsletter-65, Medical Student-20, International-18. Total: 575. These numbers are encouraging, especially with so many residents coming on board.

Please continue to provide AGLP with your outreach assistance at the Toronto meeting, by staffing the booth and by being ready to welcome potential new members at the opening and closing receptions!



### **President's Column**

Dan Hicks, M.D.

mazingly we have survived the "El Niño" winter, and it is almost time for our annual meeting again. If you are planning to go, please make your reservations immediately. If we do not reach our quota, many of the comps that we receive from the hotel, such as our hospitality suite, will be lost and it will cost the organization a great deal more. Usually, people wait too late and then are upset because all the rooms are gone.

This year's meeting promises to be very exciting, with many presentations of interest to our members, both in the Hospitality Suite, and also at the APA. I want to emphasize the Saturday program that Dr. Phil Bialer has put together: a presentation by Gabriel Rotello on "Gay Sexual Behavior and the AIDS Epidemic," followed by an open discussion chaired by Drs. Marshall Forstein and Francisco Gonzalez. In addition, the APA appointed Dr. Lowell Tong to arrange a forum to celebrate 25 years since homosexuality was removed from DSM. He has put together an excellent forum with Drs. Mel Sabshin, Carolyn Rabinowitz, and our own members, discussing the history, present, and future of the gay community and psychiatry.

Congratulations to Dr. Julie Shulman, who won the election to be member-in-training representative to the Board of Trustees against two other candidates. I heard feedback that she is already impressing people, and has a tremendous web page.

Congratulations also to Dr. Dan Fast and the Southern California District Branch, who will be presenting a full-day symposium at the Institute of Psychiatric Services meeting in LA in October, titled "Lives of Lesbians and Gay Men: What You Need to Know." It will be open to all registrants at the conference without paying an additional fee, so hopefully will serve to educate a broader group of people about gay and lesbian therapy issues than our course has reached in the past.

When Dr. Mirin took over as the new APA Medical Director, I met with him and asked about APA's domestic partner benefits. Employees are permitted to cover their spouses under their health insurance, with after-tax premiums; children of the family are not covered unless the employee has legal guardianship. These benefits are also eligible for COBRA. Sick, bereavement leave, and other leave allowed under the Family and Medical Leave Act are also available to gay employees in event of sickness or death with the partner or "in-laws." This sounds compatible with most progressive companies on these benefits.

I am continuing to work on a proposal on affirmative therapy that could be passed by district branches to be brought to the assembly. Dr. Roger Peele, a long-time supporter of our group, feels that the statement proposed by the Committee on Gay and Lesbian Issues back in 1993 may be sufficient with slight modification: "The APA does not endorse any psychiatric treatment which is based either upon a psychiatrist's assumption that homosexuality is a mental disorder or a psychiatrist's intent to change a person's sexual orientation. A psychiatrist should remain neutral in helping a patient explore issues of sexual orientation." I would appreciate any comments or feedback people have on this statement. If you feel it is adequate, you may want to propose it for your district branch to take forward to the assembly.

See you in Toronto - to meet new people, renew old friendships, and to be intellectually challenged and stimulated!

meeting promises to be very exciting, with many presentations of interest to our members, both in the Hospitality Suite, and also at the APA.

### Vice-President's Column AGLP Events at the APA Annual Meeting, Toronto, May 30 - June 4 Philip A. Bialer, M.D.

lanning for this year's meeting in Toronto actually began as early as last year in San Diego and has continued on both the national and local levels since then. I want to thank all those who have volunteered their time and knowledge to what promises to be a very fulfilling and exciting AGLP gathering.

The Saturday morning symposium is entitled "Gay Sexual Behavior and the AIDS Epidemic: What is the Psychiatrist's Role?" It is scheduled to begin at 9:00 am on Saturday, May 30 in the Rainbow Room (Penthouse floor) of the AGLP host hotel, the Best Western Primrose. Coffee and danish will be served.

Gabriel Rotello, Founding Editor of *Outweek* and a columnist for *New York Newsday*, will be the keynote speaker. Mr. Rotello is also the author of *Sexual Ecology* which was published in 1997 and chronicles the changes in gay sexual behavior pre- and post- Stonewall and how this has interacted with the onset and continuation of the AIDS epidemic (Ed's Note: See Dr. Bialer's review of the book in this issue.) The book has been the focus of a fair amount of controversy in the gay and lesbian communities as Mr. Rotello continues to speak out on what he has observed and learned. He is a winner of the Gay and Lesbian Alliance Against Defamation Outstanding Journalist of the Year award for 1995.

The discussants will be Drs. Marshall Forstein and Francisco Gonzalez. Marshall is a past president of AGLP and is currently Chair of the APA AIDS Commission. He is also the director of the HIV Psychiatry program at Cambridge Hospital and assistant professor of psychiatry at Harvard. Francisco is on clinical faculty at UCSF and works at Instituto Familiar de la Raza , a community mental health clinic for Latinos that includes an HIV component, and is Medical Director of Caduceus Outreach Services, an organization that works with homeless mentally ill. The discussants will explore the psychiatrist's role, if any, in addressing our patients' behavior particularly as it relates to AIDS. As gay men and lesbians, this may also involve exploring some very personal feelings and beliefs in the political, ethical, moral as well as sexual spheres. We plan to leave plenty of time for what should be an extremely lively discussion.

Saturday afternoon will be highlighted by a workshop entitled "Dating Skills for Men" to be led by past president Dr. David Scasta. The workshop will take place from 1:00 - 6:00 pm in David's suite at the Best Western Primrose. Barriers to successful dating and the means to overcome these barriers will be explored in a highly interactive format. There will be a charge of \$40 to cover the costs of the materials used in the course. A coupon to reserve your place in the course can be found in this *Newsletter*. Please sign up early, since this course has been very popular in the past and space is limited.

Also on Saturday afternoon, Dr. Diana Miller will lead a discussion of the video *It's Elementary. Talking About Gay Issues in School* in the Hospitality Suite which is in the Starlight Room (Penthouse Floor) of the Best Western Primrose. The video shows what actually happens when teachers lead discussions of anti-gay prejudice. Diana describes it as a beautiful and inspiring film.

Many other events will be taking place in the Hospitality Suite through the rest of the week including discussions on "Spirituality and Sexuality," "Coming Out as a Gay Psychiatrist," as well as meetings of various components of AGLP (Psychoanalysts, Residents, Early Career Psychiatrists, etc.)

Finally, there are more than 30 workshops, symposia, paper sessions, and discussions in the APA program that should be of interest to AGLP members. I want to point out in particular Symposium 10 on Monday from 2:00 - 5:00 pm which is being presented as a joint session with AGLP. It is entitled "Gay Men, Lesbians, and Bisexuals: Controversial Issues."

All of this and the fabulous social events being planned by Dr. Stephen Atkinson and the Local Arrangements Committee. Please make every effort to attend and arrive early enough for the Saturday morning symposium. Your participation is what will make this meeting one to remember.

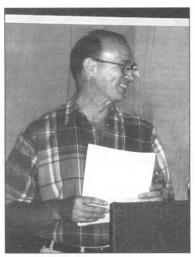
## Dr. James Krajeski Wins the 3rd Annual Janssen's James Paulsen Award for Service to AGLP

David Scasta, M.D.

he Awards Banquet for the James Paulsen Award is generously funded every year by Janssen Pharmaceutica (this year with a grant of \$10,000) in honor of an individual who has provided extraordinary service to AGLP as an organization. It was named in honor of Dr. Jim Paulsen, an early pioneering advocate for gay and lesbian psychiatrists when lesbian and gay psychiatrists were largely connected only through the underground. It is differentiated from the Annual Distinguished Service Award which is awarded to an individual who has provided extraordinary service to the lesbian and gay communities at large. Both awardees are selected by the Immediate Past President with the consent of the Executive Board and typically with input from the other past presidents of AGLP. This year James P. Krajeski, MD, MPA, FAPA is the winner of the Third Annual Janssen's James Paulsen Award.

For 16 years Jim Krajeski has served as the Assembly or Deputy Assembly Representative for the Caucus of Lesbian, Gay, and Bisexual Members of the American Psychiatric Association. In that capacity he represents AGLP in the APA's Assembly through our sister, parallel organization, the minority caucus. While AGLP is allied with the APA, it is not officially connected with it; the Caucus, however, is. The President of the Caucus has traditionally been the President of AGLP and virtually every member of the Caucus is a member of AGLP (although the reverse is not necessarily true -you have to sign up with the APA to be a member of the Caucus).

Over the years, Jim has established enormous credibility and respect for the work which AGLP does. When I was president and would talk with officials in the APA, Jim's name almost always got worked somewhere into the conversation as an effective representative who knew the labyrinthian APA structure well enough to get whatever I needed done to the right committee, commission or person. I can also say without exception, I never heard anyone utter a single word of criticism about what Jim did or how he went about it. The respect for his affable, never-prone-to-anger style has been nearly universal. While I am sure that there are some who have not been happy about his effectiveness as a minority caucus leader, no one I ever talked to ever disparaged his capability or sincerity.



Jim Krajeski

Jim's service to AGLP however has stretched far beyond his work as the Assembly Representative. In 1981 he was the President of AGLP. He served as Chair of the Commission on AIDS in 1990-1991 and as Chair of the Committee on Gay, Lesbian and Bisexual Issues of the APA between 1983-1989. Within the APA he has served on the Joint Commission on Government Relations and the Task Force on Social Security Disability. He is currently a member of the Task Force on Strategic Planning and the Joint Commission on Public Affairs serving as the liaison for the entire Assembly to that commission. He has been the Chairperson of the Committee of Representatives of Minority Under-represented Groups. He has been very active in San Francisco, serving as the Vice President of the Bay Area Physicians for Human Rights in 1980-1981 and on the Board of Directors of the San Francisco Medical Society from 1990-95. Jim lists 19 publications on lesbian/gay or HIV related issues and has served on the Editorial Board of the *Journal of Gay and Lesbian Psychotherapy*.

Jim's service to the APA, however, is just beginning. This month, the Trustees of the American Psychiatric Association announced that Jim has been named the new Editor-in-Chief of *Psychiatric News* replacing Bob Campbell, M.D., who is retiring. With a circulation of over 40,000 and serving as the head of the official newsletter of the APA, Jim will continue to influence the course of psychiatry for many years to come.

In 1993 Jim received his MPA in Health Services Administration from the University of San Francisco. He works as the Region 9 Medical Advisor for the Social Security Administration's Disability Program. He received his undergraduate and medical degree from Creighton University and completed his psychiatry residency in 1972 at St. Mary's Hospital in San Francisco. Jim is a Fellow of the APA.

**APRIL 1998** 

VOLUME XXIV(2)

THANKS TO THE FOLLOWING MEMBERS WHO HAVE JOINED AT THE SPONSOR AND PATRON LEVEL, AND TO THOSE MEMBERS AND FRIENDS OF AGLP WHO HAVE CONTRIBUTED TO THE STUDENT TRAVEL FUND

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JIM KRAJESKI
CONTINUED FROM PREVIOUS PAGE

The curriculum vita-type of accomplishments, impressive as they may be, do not tell the a complete story of the reason that Jim was selected for the James Paulsen Award. He is genuinely a charming person. His good-natured, always approachable touch, belies a mischievousness that is only given away by an impish smile and a keen wit. He lives with his lover, Tim Cooper, in Corte Madera, CA where he enjoys "TV, books and gardening." Tim and Jim have been together since 1975.

[Editor's Note: The recipient of the Annual Distinguished Service Award had not been announced at press time, and will be announced at the time of the Annual Meeting in Toronto. Both awards will be given during the Awards Banquet/Closing Party on June 3rd.]

TORONTO 1998
CONTINUED FROM FRONT PAGE

Arcadian Court, the beautiful Art Deco ballroom of the Hudson Bay Company Department Store, in the heart of downtown, on

Wednesday, June 3. Enter through the doors at 401 Bay Street (corner Queen Street), and the doorman will direct you to the elevators. We will first gather in the upstairs Gallery Cafe between 6 and 8pm where there will be hors d'oeuvres and a cash bar. Adjoining this is the Thomson Gallery, one of the major Canadian art galleries in the city, and it will be open for free guided small-group tours between 6 and 7:30. Don't miss this opportunity to enjoy some of our national treasures from various decades of this century! At 8pm, we will move downstairs to the ballroom for an astounding buffet of truly fine food, including many



The official AGLP hotel in Toronto

vegetarian, seafood, poultry and meat selections.

Again, there will be a cash bar. We will have a DJ to provide music of various kinds throughout the evening, so come prepared to dance off some of your supper. See the reservation form on the back page of this issue to make these reservations right away.

We expect you will greatly enjoy our city, and we hope you will be happy with the arrangements we have made for you!

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# BOOK REVIEW

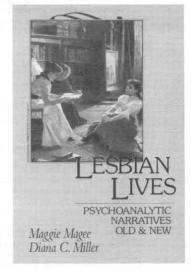
# LESBIAN LIVES: PSYCHOANALYTIC NARRATIVES OLD AND NEW

Maggie Magee and Diana C. Miller The Analytic Press, Hillsdale NJ, 1997 Review by Chris Sekaer, M.D.

Not long ago the term "lesbian psychoanalyst" would have been an oxymoron. Not only were there no out lesbian analysts and no publications by self-identified lesbian analysts, but even within the field of mental health, to be an analyst was to align with the destructive invalidating and pathologizing views of virtually all that had been published by analysts about lesbians. Magee and Miller have added their voices to the very small but growing number of psychoanalysts writing openly as lesbians. In *Lesbian Lives* they weave together material from poetry, literature, movies, biography, biological and psychoanalytic theory, and their own case histories and personal stories. Quoting Adrienne Rich they describe their format as a "kitchen table collage" not illustrating any universal, essential, psychological or sexual entity called "female homosexuality" but rather offering a heightened awareness of the diversity of women who love women, that is, of lesbian lives.

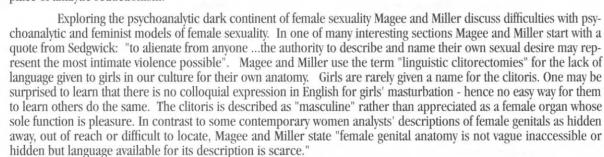
Magee and Miller's original research into the life of Bryher offers a fascinating portrait of a woman whose letters document her life and her 43-year relationship with HD (Freud's patient, Hilda Doolittle). Bryher, an English heiress, was interested in avant garde arts and psychoanalysis. She was analyzed by Hans Sachs whose unorthodox style included "mixing film discussions, social talk, and unsettling interpretations." Bryher referred to herself as "a superior guinea pig" when she chose to remain a patient and not pursue training as a lay analyst. When Bryher met HD, the pair "bonded for life." Though Bryher and HD both married, and had other involvements, Bryher adopted HD's daughter and emotionally and financially supported HD until her death attesting to the primacy of their lesbian relationship. The chapter on Bryher exemplifies themes developed further in the book and makes a rich contribution to psychoanalytic history.

Magee and Miller discuss the limitations of biological and psychoanalytic theories of the etiology of lesbianism which stress attributing masculine characteristics to lesbians. Polarized theories of sexual development, gender identity, and object choice also limit one's understanding. Accepting no etiology as proven, Magee and Miller conclude that analytic therapists would do better to let go the search for etiology and instead focus on their patients' unique inner lives. They quote Virginia Woolf's *Orlando* which describes "selves of which we are built up, one on top of the other, as plates are piled on a waiters hand" in place of analytic reductionism.



agee and Miller

have added their voices to the very small but growing number of psychoanalysts writing openly as lesbians.



Further "intimate violence" is described for lesbians as, for example, a finger or tongue became "a substitute for the penis" or as lesbian "mouth-tongue-breast-hand activities" were interpreted as primitive acts helping to differentiate body organs.



Diana Miller, M.D., one of the authors of **Lesbian Lives** 

# MOOK KEVIEW

### SEXUAL ECOLOGY: AIDS AND THE DESTINY OF GAY MEN

Gabriel Rotello Dutton, New York, 1997 Review by Philip A. Bialer, M.D.

The first chapter of *Sexual Ecology* sets the tone for the rest of the book as one that will be presented in a logical, well thought-out manner. It points out that infectious epidemics are the result of changes in the basic ecosystem of populations. As a physician I appreciated the example of the spread of Schistosomiasis in Egypt after the building of the Aswan Dam and its resulting effect on the local ecosystem. For sexually transmitted diseases, sexual behavior itself is the ecosystem and Mr. Rotello contends that certain changes in gay male sexual behavior have allowed AIDS to become an epidemic within the US gay population. Of course, AIDS is not only transmitted through gay sex, but it is the continuation of the **epidemic** among gay men that Mr. Rotello is focusing on here.

The book goes on to argue that contrary to theories that HIV is a new virus, there is much evidence to indicate that HIV has been around for decades if not centuries. Once again, a major change in the virus's ecosystem allowed it to spread in epidemic proportions. These changes included improved technology that encouraged urban growth and travel, an increase in intravenous drug use, and changes in sexual behavior. In making these points, Mr. Rotello has done his research and backs up his claims with what appears to be sound scientific constructs. This holds up throughout the book.

Chapter by chapter, Rotello goes on to make his case that AIDS didn't serendipitously happen to gay men, but that it was a consequence of a shift in sexual practices that occurred around the time of Stonewall. This shift includes an emphasis on anal sex, versatility in sexual roles, and most importantly, multiple sexual partners. He points out that a certain core group of gay men who had thousands of sexual partners in their lifetimes were able to amplify the spread of HIV infection to epidemic levels within the core and then act as a bridge to spread it to others. Once again, he backs up these claims with the basic sciences of ecology and epidemiology; he uses principles of prevalence, infectivity, and contact rate to demonstrate how the epidemic has continued. All references are found in detailed notes at the end of the book. In addition, there is a selected bibliography and a comprehensive index.

Rotello also states that the condom code advocated by health professionals and AIDS organizations is not enough to stop the epidemic because it continues to promote multiple partner sex when no one believes that a man seeking casual or anonymous sex will use condoms 100% of the time. Neither does he believe that the new combination therapies are the answer to the epidemic on their own. And this is the key point that many critics of Mr. Rotello are missing. I believe he is saying that many factors and changes have to occur to bring new HIV infections below epidemic level. Decreasing the number of sexual partners and decreasing the core group activity taking place in bath

houses and sex clubs are two of the major changes he proposes, and the ones that most gay activists and libertarians object to. However, Mr. Rotello challenges those who object as being in denial about the realities of ecology and epidemics.

Once Mr. Rotello finishes making his well-supported points, as well as countering potential arguments along the way, his suggestions for solutions seemed a little weak. These solutions would involve enormous social change, not only in the gay community, but throughout the entire country. The proposals for social and cultural adjustment seemed idealistic compared to the fact-based information that preceded.

Overall, I give credit to Mr. Rotello though for writing a very courageous, well thought-out, and provocative book. It has made me look at AIDS and the gay community in a different context. Any disappointment I had with the book may reflect my own wish that someone has found the answer to make this scourge disappear. Although Mr. Rotello's suggestions make sense scientifically, there seems to have been little acceptance of his thesis by the people the epidemic is affecting the most.

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# SOOK REVIEW

LIFE OUTSIDE. THE SIGNORELLE REPORT ON GAY MEN: DRUGS, MUSCLES, AND THE PASSAGES OF LIFE

Michelangelo Signorelle Harper Collins, New York, 1997 *Review by Philip A. Bialer, M.D.* 

Life Outside was a very interesting companion piece to Rotello's Sexual Ecology. I call it a companion piece because it was much less rigorous in its approach and more journalistic in its style. I have to admit that I picked up the book somewhat prejudiced in my opinions about Signorelle based upon my reading of some of his "outing" columns as well as Queer in America. While I salute the strength of his convictions, I have always found his style to be a little narcissistic and bordering on the tabloid (or should I say TABLOID). I couldn't help but think that he wrote this book because he has matured, found a boyfriend, settled down and now he thinks it is time for the rest of the gay male community to do the same.

Given all that, I have to say that the descriptions of what he calls the "cult of masculinity," the Circuit Scene, the use of party drugs, and the use of anabolic steroids were all very informative. This is what Signorelle characterizes as "Life Inside," meaning gay male life inside the major urban centers and within the "cult." Much of his information was obtained from personally constructed (and he admits, non-scientific) surveys conducted on the Internet, personal interviews, and material gleaned from sources such as *The Advocate*. However, Signorelle also quotes AGLP members

Drs. Ron Winchell, David McWhirter, and Drew Mattison in some sections of the book. If these quotes are accurate, this information may be more reliable and useful for gay and lesbian psychiatrists.

The second section of the book is called "Life Outside" and describes gay life that is not really a part of the cult of masculinity. Many of the men interviewed live in areas outside the urban centers although not exclusively. Their lives center around interpersonal relationships rather than body-building, partying and drugs. Monogamous or "nearmonogamous" sexual relationships also play a major role in this segment of the population. Signorelle indicates that these men constitute an increasing proportion of the gay community and are living happier, fuller, and healthier lives that those living "inside." He ends the book by pointing out that the older gay men who have successfully adapted to this phase of their life are the ones who have become mentors to their younger counterparts rather than the rejected "lonely old queen."

Signorelle not only envisions "life outside" as the way of the future for gay men but seems to indicate that gay male society must evolve this way if it is to survive. This view becomes most clear from the epilogue entitled "Six Ways to Deprogram from the Cult." Obviously, these suggestions are inflammatory to many and have provoked much harsh criticism. There is probably much value in what Signorelle has to say. Unfortunately, by writing it in such a personal rather than objective way has made it more difficult to defend.

This brings me to my final comparison of the two books. Signorelle's book read more like an extended magazine article and was entertaining. Rotello's book was much more intellectually stimulating. Both were provocative by focusing a magnifying glass on gay male behavior in the 90's.

ignorelle not only envisions "life outside" as the way of the future for gay men but seems to indicate that gay male society must evolve this way if it is to survive...Obviously, these suggestions are inflammatory to many and have provoked much harsh criticism.

### **Symposium Slated for Psych Institutes**

Dan Fast, M.D.

Co-Chair, Committee of Gay, Lesbian and Bi Issues of the Southern California Psychiatric Society

he Gay, Lesbian and Bi Issues Committee of the Southern California Psychiatric Society is pleased to announce its co-sponsorship with AGLP of a Full-Day Session at the 1998 APA Institute on Psychiatric Services in Los Angeles entitled "Lives of Lesbians and Gay Men: What You Must Know." We are scheduled for Monday, October 5, 1998 from 830 to 1130 AM and 2 to 5 PM (due to a mandatory lunch break) in the San Gabriel Room A, Lobby level, of the Westin Bonaventure Hotel in downtown Los Angeles. Registration materials will be included with the Institute packet that will be sent out by the APA in a few months.

As some of you may be aware, a similar symposium was planned for last November addressed to the local community. Unfortunately, despite wide publicity, it was cancelled due to lack of sufficient pre-registrants. Since the above session has already been accepted by the APA, we will be presenting it regardless of the number of attendees. It is structured as a "Gay 101" introduction for the clinician not well acquainted with our issues. Nonetheless, I do hope that as many of you as possible will drop in for parts or all of what should be a terrific group of presentations. And do tell all your colleagues who will be attending the Institute.

Please note the promised appearance by Judd Marmor, M.D., a past president of the APA who has been a long-time friend of gay people and was instrumental in the depathologizing of homosexuality in 1972. Although now in his mid-80's, Dr. Marmor continues to be an erudite, illuminating and thoughtful speaker.

EDUCATIONAL OBJECTIVES: At the conclusion of the presentation, the participant will demonstrate a working knowledge of the issues facing gay, lesbian, and bisexual patients, from adolescence through adulthood, including developmental, family, cultural and ethnic minority issues, substance abuse, biological theories of homosexuality, effects of the HIV epidemic, and sexually compulsive behavior.

ABSTRACT: As psychiatry re-examines itself at the end of the twentieth century, increasing attention is being paid to the developmental and psychological differences of previously little-studied groups. This full-day symposium will increase your knowledge and skills in working with gay, lesbian and bisexual (GLB) patients. Our faculty of experienced clinicians will present in lectures, videotapes, panels, and small groups with time for interaction and questioning of specific practical issues.

Attendees will develop greater understanding of the following: Developmental stages of awareness of sexual orientation ("coming out") in adolescence and young adulthood. Concepts of "heterosexism," "homophobia" and their societal (external) and psychological (internal) manifestations. Early atti-

tudes of children toward sexual orientation. Results and implications of current biological research into theories of the etiology of homosexuality. The impact of substance abuse on GLB individuals and their community as well as appropriate interventions. Special challenges facing bisexual individuals. Counter-transference and problematic assumptions in working with GLB patients. Additional burdens faced by GLB members of ethnic, racial, and cultural minorities. The "gayby" boom of GLB parenting and new types of families. The epidemic of sexually compulsive behavior among gay men. The tremendous impact of the HIV/AIDS epidemic on the GLB community.

symposium
will increase
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and bisexual (GLB)
patients.

PSYCH INSTITUTE SYMPOSIUM CONTINUED FROM PREVIOUS PAGE

Target Audience: Practicing Psychiatrists and Psychotherapists.

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8:30 Welcome & Introductions Daniel Fast, M.D.

8:45 "It's Elementary:" Homophobia, Coming Out, & Children's Attitudes toward Homosexuality (video presentation and panel discussion)

Judd Marmor, M.D., Daniel Fast, M.D.,

Stanley Harris, M.D.

9:45 Break

10:00 Review of Current Biological Research into the Etiology of Homosexuality (lecture)

Diana Miller, M.D.

10:45 Morning Workshops (choice of one):

(1) Adolescence Daniel Fast, M.D., Norman Hartstein, M.D., Larry & Lynette Sperber (Co-Presidents, Parents, Families & Friends of Lesbians & Gays - Los Angeles).

(2) Young Adulthood Stanley Harris, M.D., Mary Andres, Ph.D.

(3) Bisexuality Pat Alford-Keating, Ph.D.

11:30 - 2:00 Lunch

2:00 Substance Abuse and the Impact on Gay, Lesbian and Bisexual Identity Formation (lecture) *Robert Cabaj, M.D.* 

3:00 Break

3:15 Afternoon Workshops (choice of one):

(4) Gay & Lesbian Parenting Zev Nathan, M.D., Ph.D.

(5) Sexual Compulsion John Sealy, M.D.

(6) The HIV Epidemic and Multiple Losses *Keith Young, M.D., Tom Newton, M.D.* 

(7) Minority Issues and Double Stigma Gene Nakajima, M.D., Duane McWaine, M.D.

4:15 Discussion of issues raised in day's presentations Entire Faculty

5:00 Collect Evaluations; Adjourn

LESBIAN LIVES: PSYCHOANALYTIC NARRATIVES OLD AND NEW BOOK REVIEW CONTINUED FROM PAGE

Magee and Miller suggest that important developmental issues specific to female homosexuality are the effects on psychic and sexual development of stigma, hatred, and social oppression. That is, how does one maintain a satisfactory sense of self, sexual desires and relationships in the face of persistent distracting and harassing theories? Magee and Miller advocate exploring Person's "erotic signatures" unique to each individual. They illustrate use of Sedgwick's "dimensions of sexual difference" for understanding unique individual sexualities.

Magee and Miller point out that psychoanalysis, prior to the appearance of gay and lesbian analytic voices, paid little attention to "coming out". Noting the ease with which this can be misunderstood by heterosexual analysts, Magee and Miller discuss coming out as a lifelong process and note the dearth of psychoanalytic commentary on analytic meanings of coming out in various contexts. Magee and Miller describe the need for the analyst to be a "bee charmer" able to tolerate his or her anxieties as patients explore homosexual attractions and relationships.

The need for a moratorium is discussed as a potential space in which to explore aspects of ones identity especially for one with secrets such as same-sex desire. Magee and Miller illustrate with a case of a woman who establishes a moratorium during analysis by keeping issues blurred with confusion as they explore her feelings and conflicts about her sexual identity. Society's contribution to enabling a moratorium is discussed as it differed for lesbians in the 1920's, the 1960's and today. Socially a moratorium may require time, economic freedom, and available role models.

Magee and Miller discuss how psychoanalytic thinking about gender can restrict clinical theorizing to simplistic formulae such as the "boy's need to disidentify with his mother." An informed psychoanalytic view of gender promises new richness for clinical thinking. They state, "Self and object representations are more like multiple exposures than like freeze frame portraits ... the product of fantasy's shaping of memory's distortions of multiple experiences ... genital anatomy is not solely or perhaps even principally the organizer of such amalgams. Various aspects ... are called to conscious and unconscious awareness by contextual cues and associated affective states."

For lesbian and gay therapists who grew up and were treated and trained in the pre or peri-Stonewall era, this book represents another step toward liberation from the concepts, categories, omissions and distortions, those "most intimate violence(s)" put upon us by analysts, teachers, books, movies and peer culture. For analytic clinicians and others interested in understanding lesbian lives, this book offers a rich summary of issues as well as provocative new ideas illustrated and made relevant to clinical work. Magee and Miller write as one voice with a remarkable ability to span many disciplines. As one more fluent in psychoanalytic theory and neuroscience than in feminist literary critique, I felt it a challenge and an inspiration to find myself bringing Virginia Woolf's voice directly into my consulting room, to find myself listening for "these selves ... as plates on a waiter's hand, [with] attachments elsewhere, sympathies, little constitutions and rights of their own,...so that one will only come if it is raining, another in a room with green curtains, another when Mrs. Jones is not there ... and so on."

# ANNOUNCEMENTS.

irst Generation: Non-fiction book to be published about lesbian immigrant identity seeks questionnaire submissions from lesbian immigrants. Preference given to those who are naturalized U.S. citizens or have a green card. For more information, e-mail to ImmLes@aol.com or write S. Mehta, 247 S. Juniper St., #302, Philadelphia, PA 19107. Deadline April 30. Please include a SASE if you want information mailed to you.

etlalic is an alternative Spanish language school in Cuernavaca, Mexico which offers a gay and lesbian program every summer. The programs are "Coming Out: The Gay Experience in Mexico," from June 7-26, and "In/Visibility: Lesbian Lives in Mexico," from June 26-July 17. For more information, contact cetlalic@mail.giga.com

LMA (Gay and Lesbian Medical Association) has a number of announcements: 1. "Prescriptions for Living Well," the 16th Annual GLMA Symposium, is in Chicago, from August 27-29. Call GLMA for information at (415) 255-4547... 2. As part of GLMA's new Visibility Program, they intend to have a reception and an exhibit booth at the APA Annual Meeting in Toronto. GLMA is requesting financial support for this project, and also looking for volunteers to staff the booth. Please contact them at the above phone number for more information...

GLP member Nico Hettinga, M.D. announces that there will be a conference sponsored by the Departments of Lesbian and Gay Studies of the Universities of Amsterdam, Nijmegen and Utrecht entitled Queer Games? Theories, Politics, Sports, from July 29 -31 in Amsterdam, just before the Gay Games. Nico suggests that attending this conference might afford potential travellers to the Games a taxdeductible reason to come to Amsterdam. For further information about the conference, contact Conference Committee Queer Games? Theories, Politics, Sports, p/a Gert Hekma, Sociologisch Instituut, Oude Hoogstraat 24, 1012 CE Amsterdam, The Netherlands, by phone at +31 20 525 2226 or +31 20 627 8877, by fax at +31 20 525 2197,

or e-mail at Hekma@PSCW.UVA.NL. Nico would be interested in organizing a reception for AGLP members; he may be contacted at Keizersgracht 810, 1017 ED Amsterdam, The Netherlands, by phone or fax at +31 20 624 0255, or by e-mail at nfl.hettinga@wxs.nl.

r. Michael King is trying to start a special interest section for gay and lesbian issues in the Royal College of Psychiatry in the United Kingdom. If you know anyone in the section (they don't need to be gay) who would be willing to sign a petition, please contact him at University Department of Psychiatry, Royal Free Hospital School of Medicine, Rowland Hill Street, London NW3 2PF, U.K., phone (0) 171 830 2397, fax (0) 171 830 2808, email (home) nazking@btinternet.com

an Yan Hai, whose article on homosexuality and Chinese psychiatry appeared in these pages in November 1997, has alerted us that tax-deductible contributions to AIZHI, for a fund to establish a LGB counselling center in China, may be sent to the following: 1) Make a cheque out to ISHR (Institute for the Study of Human Resources) and mail to AIZHI Action Project, 2474 Silver Ridge Avenue, Los Angeles, CA 90039-3322; contact person Lyle Henry, e-mail lyleh@usc.edu, or 2) Send a HK\$ cheque or international money order in any currency payable to Worldson Books, with a note saying that the money is for the Aizhi Action Project, to Mr. John Loo, Director, Worldson Books, Box 28093, Gloucester Road Post Office, Hong Kong; e-mail worldson@hkstar.com

he DVAMC-SF and the Department of Psychiatry, UCSF, seek a BE/BC psychiatrist for the Psychiatric Aspects of Neurodegenerative Diseases Program. The incumbent will develop an extramurally-funded program of independent research on the causes and treatment of neurodegenerative diseases, including Alzheimer's Disease, will direct a VA-based clinical program in geropsychiatry, and will develop and implement a training program. The position is at the Assistant or Associate Professor level. Eligibility for California licensure and U.S. citizenship are required. Available after September 1st, deadline for applications is May 30. Please send letter of interest and CV to Nick Kanas, M.D., Chair, Search Committee, c/o Rita Emelia-McLinn, SFVAMC (116A), 4150 Clement St., SF, CA 94121.

# **ANNOUNCEMENTS**

angley-Porter Psychiatric Institute at the University of California, San Francisco has openings for four positions:

(1) Director of Adult Psychotherapy Clinic, appointment at the Assistant to Full Professor of Clinical X or Clinical Professor Series, to supervise and teach residents and med students, coordinate and manage the clinic, provide patient care, and participate in clinical research.

(2) Assistant Director of the Consultation and Brief Intervention Clinics (Instructor or Assistant Clinical Professor), involved in teaching, administration, patient care, and clinical research.

Both above positions must have CA license, be BC or BE, have experience in teaching and in outpatient psychiatry, and demonstrate potential for clinical and administrative leadership. Positions begin on or after October 1, 1998. Send CV and cover letter by July 6 to Lowell Tong, M.D., Search Committee Chair, c/o Bob Antosik, Langley Porter Psychiatric Institute, 401 Parnassus Ave., LPI-ADM, San Francisco, CA 94143-0984. Also seeking (3) Director and (4) Assistant Director for the Inpatient Consultation-Liaison Service. Director's appointment will be at the level of Assistant to Full Professor of Clinical X or Clinical Professor Series, will develop and lead programs at Moffitt Long and Mt. Zion Medical Centers. The Assistant Director (Instructor or Assistant Clinical Professor) will help organize, plan and lead programs at both centers. Duties include direct service, administrative leadership, supervision of students and teaching. Candidates again must have CA license, be BC or BE, have experience in medical psychiatry and in teaching, demonstrate interest and experience in CL, and have potential for strong leadership. CV and cover letter should also go to the above address...UCSF is an AA/EOE.

### Visiting International Psychiatrists and Psychiatrists of Color

Gene Nakajima, M.D.

his year at the Toronto APA there will be more opportunities to exchange information from our colleagues visiting from other countries. Gay psychiatrists from Switzerland and Norway have organized an APA Workshop to take place on Tuesday morning at 9:00 and six Dutch psychiatrists have organized their own APA Workshop on Wednesday morning at 9:00.

In addition, in the Hospitality Suite, we will have a discussion with International Visiting psychiatrists on Tuesday, June 2 from 10:30 to NOON. All AGLP members are invited to participate. During this meeting we will discuss our efforts in starting a gay/lesbian/bisexual section in the World Psychiatric Association as well as our plans for the WPA congress in Hamburg, August 6-11, 1999.

We will once again have the joint reception for lesbian and gay psychiatrists, medical students and significant others of color and visiting international psychiatrists and their friends. This will take place at the home of Stephen Atkinson from 8 - 10 PM on Monday, June 1. Please meet at the AGLP Business Meeting at 7:30 if you would like to go as a group.

By the time of the Annual Meeting we hope to have ad-hoc status as a section of the World Psychiatric Association, thanks to Drs. Siegmund Dannecker and Kenn Ashley. There will be excellent representation of gay/lesbian issues at the WPA conference: 43 people have submitted 69 abstracts in 16 workshops. We hope to have some flexibility in adding extra speakers if most of the symposiums are accepted. If you have any interest in attending the conference please come to the discussion group where we will discuss plans for the conference.

### SIGN-UP FORM

Workshop: Dating Skills for Men Saturday, May 30, 1998 1:00pm-6:00pm

Leader: David Scasta, M.D.
PLACE: PRIMROSE BEST WESTERN HOTEL • DR. SCASTA'S SUITE

Cost: \$40.00

Respond before May 10, 1998

Reservations are limited to 20

Name		
Address		
Address		

Make your check payable to AGLP, and mail, along with this response card, to the National Office

AGLP National Office • 209 North 4th Street, Suite D-5 Philadelphia, PA 19106

### APA Sponsors Symposium Commemorating 25 Years Since Depathologizing Homosexuality Lowell Tong, M.D.

ark your APA Annual Meeting calendars: On Tuesday, June 2, from NOON-1:30 (see APA schedule in this issue for location), there will be an APA-sponsored Symposium marking the 25th anniversary of the removal of homosexuality from APA's list of mental disorders. (This was erroneously listed in the Preliminary APA Meeting Program for Monday, June 1)

Dr. Daniel Winstead of the Scientific Program Committee agreed with the suggestion from the APA Committee on Gay, Lesbian and Bisexual Issues that there be an official APA-sponsored event to mark this milestone event. I was asked to coordinate a symposium, and after polling many people for ideas, I have arranged the following program:

Mel Sabshin, M.D.: History of the removal of homosexuality from DSM

Bob Cabaj, M.D.: How psychiatry has dealt with homosexuality since 1973

Diana Miller, M.D.: Evolving psychoanalytic views about homosexuality

Howard Rubin, M.D.: Resarch and contemporary topics about homosexuality

Carolyn Rabinowitz, M.D.: Evolution of personal and professional attitudes towards homosexuality

Jim Krajeski, M.D. will co-chair the Symposium with me.

There were numerous topics and speakers to consider, and I decided to introduce new perspectives to balance an historical approach. I also decided that it was important to include perspectives from outside the lesbian and gay constitutency of APA, and I was delighted that Drs. Sabshin and Rabinowitz agreed to participate.

# Join the Sunday Morning Psychoanalytic Discussions

DATE: SUNDAY, MAY 31, 1998 TIME: 9 A.M. TO 11 A.M.

Please join us in the AGLP Hospitality Suite for two discussions of "Psychoanalytic Narratives of Lesbians and Gay Men." From 9 a.m. to 10 a.m. Maggie Magee and Diana Miller will discuss their recently published book, *Lesbian Lives: Psychoanalytic Narratives Old and New.* And from 10 to 11 a.m. Jack Drescher will talk about his soon to be published *Psychoanalytic Psychotherapy and the Gay Man.* All interested are welcome.

### SCHEDULE OF AGLP EVENTS

TORONTO, CANADA MAY 30 - JUNE 4, 1998

### **SATURDAY, MAY 30, 1998**

PRE-CONVENTION SYMPOSIUM

THIS PROGRAM HAS BEEN FUNDED IN PART BY EDUCATIONAL GRANTS FROM PFIZER PHARMACEUTICALS AND WYETH-AYERST LABORATORIES. AGLP GRATEFULLY ACKNOWLEDGES THEIR GENEROUS SUPPORT.

Location:

BEST WESTERN PRIMROSE HOTEL 111 CARLTON STREET (CORNER JARVIS) 416-977-8000

9:30am-10:00am

Welcome — coffee and pastries
RAINBOW ROOM (TOP FLOOR)

10:00am-1:00pm

Symposium Starlight Room

Gay Sexual Behavior and the AIDS Epidemic. What is the psychiatrist's role?

Chair: Philip A. Bialer, MD Keynote Speaker: Gabriel Rotello Discussants: Marshall Forstein, MD Francisco Gonzalez, MD

9:00am

Hospitality Suite Opens
BEST WESTERN PRIMROSE
RAINBOW ROOM, PONTHOUSE LEVEL
111 CARLTON STREET
416-977-8000
OPEN DAILY, 9:00AM TO 7:00PM,
MAY 30 THROUGH JUNE 3, 1998

9:00 AM

Gay and Lesbian Fun Run with Front runners of Toronto; 5, 10, 15 km; Cawthra park, 519 church street;

call 416-925-9872, ext.2042 for more info

1:00pm-6:00pm

Workshop: Dating Skills for Men Leader: David Scasta, M.D.

Place: Primrose Best Western Hotel, Dr. Scasta's suite Cost: \$ 40.00

2:30pm-4:00pm

Video: "It's Elementary"

Discussant: Diana Miller, M.D.
HOSPITALITY SUITE, BEST WESTERN PRIMROSE
STARLIGHT ROOM, PENTHOUSE LEVEL

8:00pm

Lesbian Psychiatrists' Dinner

If you wish to attend call Mary Barber at (914)343-9931 before May 30,

and at the Primrose Best Western thereafter.

### SUNDAY, MAY 31

9:00am-11:00am Discussion group on psychoanalytic issues

Title: "Psychoanalytic Narratives of Lesbians and Gay Men"

Moderator: Cary Friedman, MD Discussants: Diana Miller, MD and

Jack Drescher, MD

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

11:00-12:00noon Significant Others Planning Meeting

Doug Duckett

(followed by brunch - place TBA) HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

11:00am Brunch for early career psychiatrists, residents, and

medical students

Host: George Papatheodorou, MD

113 WINCHESTER ST. 416-480-4098

1:30pm-3:00pm **Psychoanalytic Committee** 

Cary Friedman, MD

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

3:00pm-4:00 pm Discussion: Spirituality and Sexuality

Leader: Dan Hicks, MD

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

Meeting for those affected by HIV 5:30pm-6:30pm

John O'Donnell, MD

PRESIDENTIAL SUITE, BEST WESTERN PRIMROSE

**Pre-Opening Reception for Women** 5:30pm-7:00pm

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

7:00pm-9:00pm

**Opening Reception** REST WESTERN PRIMROSE

PEARSON ROOM, MEZZANINE LEVEL

### MONDAY, JUNE 1

10:00 am-12:00n Significant Other's Discussion

Doug Duckett

(Go to lunch following)

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

12:00n-1:00pm

Medical Students and Residents Brown Bag

(Bring your own) Lunch

Petros Levounis, MD, Salma Kahn, MD, Dennis Lin, Adrienne Schlang HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

6:00pm-7:30pm

**CLGBP** and AGLP Business Meeting

HARBOUR BALLROOM SALON B, CONVENTION LEVEL

WESTIN HARBOUR CASTLE ONE HARBOUR SQUARE

(BAY STREET AND QUEEN'S QUAY EAST)

8:00pm-10:00pm

Reception for lesbian and gay psychiatrists, medical students, and significant others of color and visiting

international psychiatrists and their friends.

PLACE: HOME OF STEVE ATKINSON, MD 55 LOMBARD STREET (CORNER OF CHURCH) APT. 513/ENTRY CODE 058

### **TUESDAY, JUNE 2**

10:00am

Significant others meet for excursion

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

10:30am-12:00n

Discussion with International Visiting Psychiatrists

(all AGLP members invited) Gene Nakajima, MD and Kenn Ashley, MD HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

3:00pm-4:00pm

Early career psychiatrists and residents discussion

Guy Glass, MD, Petros Levounis, MD,

Salma Kahn, MD

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

6:00pm-7:30pm

**CLGBP** and AGLP Business Meeting

HARBOUR BALLROOM SALON B, CONVENTION LEVEL

WESTIN HARBOUR CASTLE ONE HARBOUR SQUARE (BAY STREET AND QUEEN'S QUAY EAST)

8:00pm-10:00pm

Lesbian and Gay Child and Adolescent Psychiatrists

Reception

HOSPITALITY SUITE, BEST WESTERN PRIMROSE RAINBOW ROOM, PENTHOUSE LEVEL

### WEDNESDAY, JUNE 3

10:00am-11:00am Discussion: Coming Out as a Gay Psychiatrist

Bob Cabaj, MD

HOSPITALITY SUITE, BEST WESTERN PRIMROSE

RAINBOW ROOM, PENTHOUSE LEVEL

AWARDS BANQUET/CLOSING PARTY

The Arcadian Court, Simpson Tower 401 Bay Street (corner Queen)

6:00pm-8:00pm

Thompson Gallery open for free guided tours

Hors D'oeuvres/Cash Bar - 9th Floor Dinner, 8th floor Ballroom

8:00pm-10:00pm 10:00pm - ?

Dancing

\$65.00 for members and significant other

\$100.00 for non-members,

\$ 35 for residents/med students,

\$ 85 Canadian Full Members

### **APA Events of Interest to** AGLP Members...

### Monday, June 1

7:00am-8:30 am

Residents' Session

Meet the Experts: Sunny-Side Up SHERATON CENTRE, ESSEX ROOM, MEZZANINE LEVEL

9:00am-10:30am Component Workshops

CW5. New and Alternative Treatment in HIV Care

APA Commission on AIDS Chairperson: Francisco Fernandez, MD CROWNE PLAZA, HUMBER ROOM, LOBBY LEVEL

11:00am-2 pm

Media Sessions

Session 6. Multicultural and Gender Perspectives on Development

7. Girls Like Us 8. Nobody's Business

ROYAL YORK, ONTARIO ROOM, CONVENTION FLOOR

11:00am-12:30pm Component Workshops

CW13. Beyond Coming Out

APA Committee on Gay, Lesbian, and Bisexual Issues

Chairperson: Lowell D. Tong, MD SHERATON CENTRE, YORK ROOM, MEZZANINE

Issue Workshops

IW24. Protease Inhibitors in the Mentally III With HIV

Chairperson: Dan H. Karasic, MD CROWNE PLAZA, GRENADIER ROOM, LOBBY LEVEL

2:00pm-5:00pm

Media Sessions

Session 8. From Homophobic Violence to Gay/Lesbian Acceptance

10. Licensed to Kill

11. I shall Not Be Removed: The Life of Marlon Riggs

12. All God's Children ROYAL YORK, ONTARIO ROOM, LOBBY LEVEL

2:00pm-5:00pm

S7. Interpersonal Psychotherapy in the Medically III

B. Interpersonal Psychotherapy for Depressed HIV-Positive Patients

John C. Markowitz, MD

CONVENTION CENTRE, ROOM 206F, STREET LEVEL

S10. Gay Men, Lesbians, and Bisexuals: Controversial Issues Joint Session With the Association of Gay and Lesbian Psychiatrists

CONVENTION CENTRE, ROOM 104C, LOWER LEVEL

### Tuesday, June 2

9:00am-10:30am Issue Workshops

IW46. International Perspectives on Gay Psychiatry

Co-Chairpersons: Gene A. Nakajima, MD and Siegmund Dannecker, MD

SHERATON CENTRE, YORK ROOM, MEZZANINE

9:00am-12:00n

AIDS Education Program Clinical and Neuropsychiatric **Dimensions of HIV Disease** 

Part I Cosponsored by the APA Commission on AIDS and

APA Education Steering Committee on AIDS A. AIDS and HIV Disease: A Medical Update

Sharon Walmsley, MD

B. Neuropsychiatric Manifestations and Their Treatments: A review

Mark H. Halman, MD

CROWNE PLAZA, BALLROOM A, LOWER LEVEL

11:00am-12:30pm Component Workshops

CW29. Promises and Problems With New Treatments for HIV APA New York County District Branch's AIDS Committee Co-Chairpersons: Elizabeth V. Getter, MD, and John A. Sahs, MD

CONVENTION CENTRE, ROOM 205C, STREET LEVEL

Issue Workshops

IW57. Transgender Issues Chairperson: Ďan H. Karasic, MD ROYAL YORK, TUDOR ROOM 8/9, MEZZANINE

IW60. Transgender Awareness Chairperson: David E. Seil, MD SHERATON CENTRE, ROY ROOM, MEZZANINE

12:00n-1:30pm

3. Psychiatry: 25 Years Since Depathologizing Homosexuality

Chairperson: Lowell D. Tong, MD CONVENTION CENTRE, ROOM 206F, STREET LEVEL

### Wednesday, June 3

9:00am-10:30am Discussion Groups

9. Mark H. Townsend, MD, on The Treatment of Lesbians and Gay

Men: Are the Psychiatric Issues Really Different?

(for residents only)

ROYAL YORK, CONFEDERATION ROOM 4, MEZZANINE

10. Stephen J. Ferrando, MD on Substance Use Disorders and HIV Infection in 1998: Where Are We With Prevention and Treatment? Collaborative Session With The National Institute on Drug Abuse ROYAL YORK, CONFEDERATION ROOM 6, MEZZANINE

Component Workshops

CW40. The Experience of Coming Out in Psychiatry

APA Southern California Psychiatric Society's Committee on Gay, Lesbian,

and Bisexual Issues

Chairperson: Nick M. Gutierrez, MD CROWNE PLAZA, HUMBER ROOM, LOBBY LEVEL

Issue Workshops

IW79. Gay Psychiatrists: An Amsterdam Perspective

Chairperson: Nicolaas F.J. Hettinga, MD SHERATON CENTER, DUFFERIN ROOM, SECOND FLOOR

9:00am-11:00am

**Practice Guidelines Update** 

Practice Guidelines: Delirium and HIV/AIDS APA Steering Committee on Practice Guidelines

Co-Chairpersons: John S. McIntyre, MD, and Deborah A. Zarin, MD

SHERATON CENTRE, ESSEX ROOM, MEZZANINE

9:00am-12:00n

**AIDS Education Program** 

AIDS Among Special Patient Populations, Part II Cosponsored by the APA Commission on AIDS and APA Education Steering Committee on AIDS

A. Special Issues of Women With AIDS and HIV Disease

Cheryl J. Rowe, MD B. Children and Adolescents Arlette M.L. Lefebvre, MD C. Multicultural Issues in HIV/AIDS Care

Joyce Y. Chung, MD CROWNE PLAZA, BALLROOM A, LOWER LEVEL

9:00am-12:30pm

Review of Psychiatry, Part IV: Interpersonal Therapy

Chairperson: John C. Markowitz, MD

18. Interpersonal Psychotherapy for the Treatment of Depression in HIV-Positive Men and Women

Holly A. Swartz, MD

CONVENTION CENTRE, ROOM 105, LOWER LEVEL

CONTINUED ON FOLLOWING PAGE

2:00pm-5:00pm

Symposia

S67. Pathways to Homelessness

E. HIV Prevalence and Risk Factors in an Adult Homeless Population

Mark H. Halman, MD

CONVENTION CENTRE, ROOM 206E, STREET LEVEL

S68. Psychosocial Aspects of HIV Risk Among Young IV Drug Users

CONVENTION CENTRE, ROOM 206F, STREET LEVEL

S69. The Many Faces of the Drug Problem

D. Substance Abuse and HIV/AIDS: A Problem for the Americas

Rodolfo D. Fahrer, MD

CONVENTION CENTRE, ROOM 103A, LOWER LEVEL

### Thursday, June 4

9:00am-10:30am Clinical Case Conference 4.

Warren M. Liang, MD, on Psychotherapy With Persons With HIV Considering Protease Inhibitors (Open to APA members only.)

CROWNE PLAZA, CALEDONE ROOM, LOBBY LEVEL

Component Workshops

CW53. Psychotherapy With Lesbians and Bisexual Women

APA Northern California Psychiatric Society's Committee on Gay, Lesbian, and

Bisexual Issues

Chairperson: Ellen Haller, MD

CROWNE PLAZA, KINGSWAY ROOM, LOBBY LEVEL

9:00am-12:30pm

Review of Psychiatry, Part VI: Addictions

Chairpersons: Elinore F. McCance-Katz, MD

27. Substance Abuse and HIV Disease:

**Entwined and Intimate Entities** 

Robert P. Cabaj, MD

CONVENTION CENTRE, ROOM 105, LOWER LEVEL

11:00am-12:30pm Session 33. AIDS and Diagnostic Issues

98. The Relationship Between Diagnosis and HIV Risk

Kevin J. Lourie, Ph.D.

99. Accuracy of Memory Reporting by Patients With HIV Disease

Sean B. Rourke, Ph.D.

CONVENTION CENTRE, ROOM 104A, LOWER LEVEL

Component Workshops

CW55. Pathology to Pride: Evolving Views of Homosexuality APA New York County District Branch's Committee on Gay and Lesbian Issues

Co-Chairpersons: Kenneth B. Ashley, MD and Laura J. Bernay, MD

CONVENTION CENTRE, ROOM 205A, STREET LEVEL

Issue Workshops

IW116. HIV and Hispanics: Treatment and Prevention

Chairperson: Pedro Ruiz, MD

SHERATON CENTRE, DUFFERIN ROOM, SECOND FLOOR

12:30pm-2:00pm

Media Session 37. Transgender Perspectives:

Women to Men

67. You Don't Know Dick

SHERATON CENTRE, CIVIC BALLROOM, SECOND FLOOR

### **Association of Gay and Lesbian Psychiatrists**

cordially invites you to join us in honoring

### James Krajeski

at our

### 12th Annual AGLP Awards Dinner

sponsored by Janssen Pharmaceutica

### Wednesday, June 3, 1998

The Arcadian Court, Simpson Tower 401 Bay Street (corner Queen) Toronto, Ontario, Canada

Cocktails and Hors d'Oeuvres 6:00 to 8:00pm • Optional Tour of the Thompson Gallery: 6:00 to 8:00pm Sit-down Dinner at 8:00 pm • Dancing until 11:30 pm

Please respond before May 10, 1998 • Reservations are limited to 200

guest(s)

\$65 - Full Member/S.O. Full Member (American Currency)

\$35 - Resident/Medical Student

\$100 - Non-Member

\$85 - Full Member, Canadian Currency

Total enclosed

Make your check payable to AGLP, and mail, along with this response card, to the National Office

AGLP National Office • 209 North 4th Street, Suite D-5 Philadelphia, PA 19106

### TEXTBOOKS AVAILABLE FROM AGLP

### Textbook of Homosexuality and Mental Health

Edited by Robert P. Cabaj, M.D., and Terry S. Stein, M.D. American Psychiatric Press



Textbook of Homosexuality and Mental Health brings together in one volume the entire range of material and variety of perspectives concerning homosexuality and mental health. With more than 50 chapters written by leaders in the field, this book is the most complete review of the topics of homosexuality and mental health and treatment of gay men, lesbians, bisexuals, and transsexuals to date.

Starting from the belief that homosexuality is a normal variation of human sexuality and not a mental illness, this revolutionary book presents current information on homosexuality from a mental health and medical perspective. Sections focus on demographic, cultural, genetic, biological, and psychological perspectives; development throughout the life cycle; relationships and families; psychotherapy; multicultural identities and communities; professional education; and medical

care. A variety of special issues, such as sexuality, substance abuse, violence, suicide, religion, and HIV/AIDS are discussed. Also included are several unique chapters that cover material not readily available elsewhere, among them transsexuality, minority gay, lesbian, or bisexual people, the impact of the sexual orientation of the therapist, latency development in prehomosexual boys, and clinical issues specific to psychotherapy with gay, lesbian, and bisexual patients.

AGLPB001-1996/1016 pages/ISBN 0-88048-716-X/hardcover/\$89.95

### Lesbian Lives; Psychoanalytic Narratives Old & New

Maggie Magee and Diana C. Miller Analytic Press





In this groundbreaking revisioning of lesbianism, Magee and Miller transcend a literature that, for decades, has focused on the timeworn and misconceived task of formulating a lesbian-specific psychology. Rather, they focus on a set of interelated issues of far greater salience in our time; the developmental and psychological consequences of identifying as homosexual and of having lesbian relations. Lesbian Lives is a heartening sign of the generous scholarship and humane impulse that are transforming psychoanalysis in our time.

AGLPB0018-1997/448 pages/ISBN 0-88163-269-4/hardcover/\$55.00

### Violence in Gay and Lesbian Domestic Partnerships

Edited by Claire M. Renzetti and Charles Harvey Miley Haworth Press



Violence in Gay and Lesbian Domestic Partnerships provides a thorough look at same-sex domestic violence, addressing the major theoretical and treatment issues for both its victims and perpetrators. Its contents raise awareness among readers of the problem of same-sex domestic violence and emphasize the need for special services for both victims and perpetrators.

AGLPB0017-S-1996/121 pages/ISBN 1-56023-074-4/soft-cover/\$12.95

## Two Spirit People AMERICAN INDIAN LESBIAN WOMEN AND GAY MEN Edited by Lester B. Brown, PhD Haworth Press

Two Spirit People is the first-ever look at social science research exploration into the lives of American Indian lesbian women and gay men. The Editor brings together chapters that emphasize American Indian spirituality, present new perspectives, and provide readers with a beginning understanding of the place of lesbian, gay, and bisexual Indians withing American Indian culture.

AGLPB0015-1997/116 pages/ISBN 1-56023-089-4/softcover/\$12.95

## Journal of HIV/AIDS Prevention & Education for Adolescents & Children VOLUME 1, NUMBER 1

Edited by Julio Morales, PhD and Marcia Bok, PhD Haworth Press

\*Eye-apening, painfully accurate, informative, and ethnically sensitive ... A must read for school personnel, vouth service agencies, policy-makers, and medical staff, \*

-Catina Caba-Owen, MPA, ACSW, CADC, Social Worker, Windham Public Schools, CT

The first edition of a new journal that focuses on AIDS and children.

AGLPB016-S-1997/119 pages/ISSN 1069-837X/softcover
SUBSCRIPTION RATE: INDIVIDUALS: \$34 (Per Volume)

### Journal of Gay and Lesbian Psychotherapy

VOLUME 2, NUMBÉR 3 1995 David Scasta, M.D., Editor The Haworth Medical Press

The Journal of Gay and Lesbian Psychotherapy is the official journal of the Association of Gay and Lesbian Psychiatrists (AGLP). Offered free of charge to Full and Associate members of the AGLP, the Journal is available in limited quantities to the general public. It is offered in direct opposition to Joseph's Nicolosi's book, Reparative Therapy of Male Homosexuality, whose underlying assumption that homosexuality is something to be cured or "repaired" was found repugnant by the Psychotherapy Book Club.

AGLPB003-1995/134 pages//softcover/\$12.95

### **VIDEO TAPES**

### Anatomy of Desire

Directed by Jean-Francois Monette and Peter T. Boullata The Cinema Guild, Inc.

What makes us gay? Straight? Bisexual? Is sexual orientation a lifestyle choice or is scientist Simon LeVay correct when he argues that there is a part of the brain that determines sexual preference? These and other issues are examined this provocative documentary on the long-standing debate. Incisive interviews with leading historians, psychiatrists and writers are blended with rare archival footage to illuminate the growing debate on the origins of sexual preference and how it impacts on lesbian and gay rights.

AGLPV001-1995/color/48mins/\$295 Institutional/\$59.95 Home use only

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<b>AGLP Membership Application Form</b>
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State: Zip:
Country:
Membership Status:
Patron - \$500, Sponsoring Member - \$250, Full Member - \$125.00, Associate Member - \$125.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$20.00, International (outside of US and Canada) - \$40.00 US
Date membership status changes:
Are you a member of the American Psychiatric Association?  O Yes O No
Special Instructions: (e.g. label "Personal")
Do you want your name and address listed in a NON-CONFI- DENTIAL directory of AGLP members?
O Yes (Initial) O No
Do you want to be a NON-CONFIDENTIALLY LISTED referra
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If yes, fill in office address and phone number and list specialty information below.  OPTIONAL
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Make check out to "AGLP" and mail to: Roy Harker, 209 N. 4th St., D-5, Philadelphia, PA 19106
Speciality:

### APPLICATION FORM

Caucus of Lesbian, Gay & Bisexual Psychiatrists

### American Psychiatric Association

(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychia-trists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: Address: City: \_\_ State: ZIP: \* APA Membership Status: Please enroll me in the Caucus of Lesbian, Gay & Bisexual

Psychiatrists.

Signed: \_ Date: \_

Send this form to:

Office of Membership American Psychiatric Association 1400 K Street, NW Washington, DC 20005

\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow

See you in Toronto!

