

# ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

## April 1991 Volume XVII(2)

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The White House March 10, 1990

Dear Mrs. Goodman,

Thank you so much for your letter and for sharing your work with the Federation of Parents and Friends of Lesbians and Gays, Inc. You sound like a

caring parent and a compassionate citizen.

I firmly believe that we cannot tolerate discrimination against any individuals or groups in our country. Such treatment always brings with it pain and perpetuates hate and intolerance. I appreciate so much your sharing the information about your organization and your encouraging me to help change attitudes. Your words speak eloquently of your love for your child and your compassion for all Americans and their families.

With all best wishes,

Baybara Bush

## ASSOCIATION OF GAY & LESBIAN PSYCHIATRISTS

April, 1991

Vol. XVII(2), Page 2

## **Editor's Column**

David Scasta, M.D.

#### AGLP Is On the Move!

I have never seen anything like the **enthusiasm** we are seeing for the New Orleans Convention. For past conventions we have reserved up to 25 rooms at a hotel to allow AGLP members to be together in the same hotel. We usually never fill them. This year, we reserved 40 rooms at the Mason duPuy and filled them in three weeks. We reserved another 25 rooms at the Dauphine Orleans and filled them within a week after the last *Newsletter*. The medical students are reserving yet another block of rooms. There are going to be a lot of people at this convention! We hope even more will come.

Further indicative of the enthusiasm, **membership is up**. Noticeably up. Each year we reach our peak membership in December and then drop down to the low point in January when we weed the membership. We past last year's December peak in mid March. We now have 375 members which is a record and we have not yet seen the increase that comes immediately after the Annual Meeting when new members are recruited. The work of Drs. Diana

Miller and Bob Bright have paid off.

Even more remarkable is that over two-thirds of our dues were already in by the first of April. Usually I expect to get half of the dues in by the April Newsletter and then spend the rest of the year getting the other half. We had to print more Gay Guides this year because a larger percentage of our membership is paid up and eligible to receive one in advance of the convention.

And, the contributions to medical student travel have been unusually good this year. We have had dozens of \$25.00 donations, a handful at \$100.00 and one particularly generous donation of \$425.00. The benefactor has asked that I not use his name but the medical students wanted me to publicly extend their deep appreciation for the donation and to everyone else who donated. We have collected \$1710.00 so far and have a few hundred left from last year. We expect to see a few more medical students able to attend the convention this year.

I think you will genuinely like our Awards **Banquet speaker**, **Paulette Goodman**, the President of P-Flag. She is a dynamic lady. Be sure to get your reservations in right away both for the Awards Luncheon and the Pre-Convention Lunch. Forms are on page 10.

Mark Townsend, M.D. and his crew have done a stupendous job in preparing New Orleans for our arrival. Mark is "just a resident" but he has handled his job like a pro. We have not heard the last from Mark yet. He is going

to be a valuable asset to AGLP in the future.

#### A Salute.

Let me shift from effervescence and effuciousness to melancholy and nostalgia. AGLP has seen a significant growth in the number of women over the last two years and much of the credit goes to our retiring president, Peggy Hanley-Hackenbruck. Peggy has been supremely organized, long suffering, and always cheerful even when she has faced some very difficulty times. Although Peggy might try to convince me otherwise, I have never met a member who did not like Peggy. Her friendly but nagging persistence in the American Psychiatric Association has given us a true voice within the organization. She has dogged the American Medical Association, fought against antisodomy laws, participated in numerous workshops and lectures, written several journal articles, maintained a private practice, supported a family, and performed all of the duties of an AGLP president on the side while incrementing membership to record levels. Two nights ago while talking with her over the phone, she said she was tired and ready to take a rest. From my vantage point, I see every year how much work the president has to do and can understand her sense of fatigue. Now she gets to rest playing senior stateswoman in the role of immediate past president. I think I know Peggy well enough to say she will fade into the background for about two months, recharge her batteries and be back at the forefront of AGLP in a different capacity in no time.

I just want you to know, Peggy, you did good. I will miss working with you with the same intensity that we have worked in the past. Were it not that Marshall Forstein, M.D. is taking your place, I would be very dour indeed. Rest

well. For a LITTLE while.

#### The Newsletter of the

ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

#### Editor

David Scasta, M.D.

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The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian

Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

#### **Information for Authors**

Persons wishing to submit articles for publication should send them to: Editor, Newsletter of AGLP; 1439 Pineville Rd.; New Hope, PA 19146. Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and ac-

companied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

## Officers of the Association of Gay and Lesbian Psychiatrists

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## President's Column

### Peggy Hanley-Hackenbruck, M.D.

#### **Annual Meeting**

Well, plans for our meeting in New Orleans are taking on a wonderful shape. We have already filled both blocks of rooms in two hotels which means the largest congregation of our members in hotel blocks in AGLP history. I think this plus the program plans portend an outstanding meeting. Mark Townsend, MD, a resident member in New Orleans has been doing a marvelous job of organizing and managing the local arrangements for us. Thank you, Mark!

In keeping with the Annual Meeting theme, "Our Children: Our Future", AGLP is honoring both Paulette Goodman, national president of Parents and Friends of Lesbians and Gays Federation and the national Federation itself. Paulette and P-FLAG Federation tirelessly advocate for their lesbian/gay daughters and sons and educate other parents and the public about homosexuality. Their fervent stance proclaiming the healthiness of their children and their trust in their children's future is a boon to the mental health of all lesbians and gay men -- and to the non-gays who are open to P-FLAG's message. I am thrilled to be honoring Paulette and PFLAG Federation for their invaluable contribution, both to the mental health of our gay/lesbian community and to the sanity of our nation. Paulette is a participant in the Tuesday APA Symposium "Gay Children/Gay Parents: Homosexuality and the Family." On Wednesday, Paulette and P-FLAG will be honored at our AGLP Awards Banquet. Following the Banquet, Paulette will be in our Hospitality Suite to meet and talk with our members. P-FLAG also will be represented at the AGLP booth.

I am looking forward to seeing many of you in New Orleans.

#### Recent APA Actions

The APA Board of Trustees has been revising and rewording position statements on Homosexuality and the Military; and Homosexuality and the Immigration and Naturalization Service. Both statements reassert the APA's positions that it opposes the inclusion of homosexuality as a mental illness and as the basis for exclusion from the mili-

tary, immigration or naturalization.

In a fine, strong letter regarding the District of Columbia's proposed "Right to Privacy Amendment of 1991", APA Medical Director, Melvin Sabshin, MD reiterated the APA's position that "existing legislation making criminal offenses of sexual acts performed by consenting adults in private should be repealed." After referring to the prejudicial use of sodomy laws against security clearances for lesbians and gay men, Dr. Sabshin goes on to say, "The criminalizing of lesbians' and gay men's sexuality is an unwarranted governmental intrusion into private lives, an intrusion that threatens all citizens." He stated that the APA would, "welcome the opportunity to testify in public hearings on the proposed Amendment."

Responding to the issue of APA Annual Meetings occurring in states which have anti-sodomy laws (e.g., Louisiana), our CHIP representatives, with the endorsement of all the other minority and underrepresented groups, have developed a position paper recommending that future APA Annual Meetings only be held in states that do not have active sodomy laws. The action paper will be submitted to the Assembly procedures at the next meeting in May.

#### ICD-10

Apparently progress is being made regarding the elimination of homosexuality from *ICD-10*. Marjorie Greenfield, a librarian who has spearheaded a successful letter writing campaign to the United Nations World Health Organization authorities, writes that W.H.O. is revising the rough draft of the psychiatric section to eliminate homosexuality and to include instead ego dystonic sexual orientation, which refers to individuals of any orientation. Also, these diagnoses will not be included under perversions as in *ICD-9*. The category instead is entitled "psychological and behavioral disorders associated with sexual development and orientation."

The public affairs representative for W.H.O. in Washington, DC has indicated to Ms. Greenfield that the letters they received have been influential in effecting these changes. I encourage all of you to write to the following doctors who are involved with the psychiatric nomenclature committee for *ICD-10*: Dr. Norman Sartorius; Director, Division of Mental Health; World Health Organization; 1211 Geneva 27 SWITZERLAND and Dr. J. E. Cooper: Department of Psychiatry; University Hospital Medical School; Clifton Boulevard; Nottingham, ENGLAND

### Signing Off

This is my last column as President of AGLP. I want to thank all of you for your support, participation and good will. Being president has been very important to my own growth because I have had many opportunities to encounter both my strengths and weaknesses. I have enjoyed tremendously the person-to- person contact with so many members and with non-members with whom we have had business. I feel proud of all of us for our courage to be who we are, to meet difficulties such as AIDS and discrimination, and to educate and advocate within our profession. There is no doubt that AGLP is a vital, competent and thoroughly enjoyable organization.

There are so many people to thank that I cannot possibly name everyone. I do want to thank especially the Officers, current and past, who have worked with me, our Assembly Representatives and APA Committee members, the resident and medical student representatives, the organizers and leaders of the significant others group, all the women who have spearheaded the women's activities and many special friends who have given moral support and collaboration over the past several years. It has been a tremendous honor to be your President. Thank you all.

Peggy Hanley-Hackenbruck



#### Interview with Paulette Goodman

Paulette Goodman, the national president of Parents and Friends of Lesbians and Gays will be honored with AGLP's Annual Distinguished Service Award at the Wednesday Awards Luncheon in New Orleans for her pioneering work in forging a multitude of P-FLAG chapters into a viable and influential national organization. To attend the luncheon, be sure to send in the reservation form on page 12 by May 3, 1991. The following is an April 1, 1991 interview of Mrs. Goodman by the Newsletter

How did you get involved in P-FLAG

After I found out that my daughter was lesbian, I went to a support group. When I realized that there was another organization [dealing with this issue], I inquired about it. In 1982 I went to New York to meet with a local leader of a New York Chapter of P-FLAG. I came back to the Washington support group and told them what P-FLAG was all about. We decided to become a chapter and were incorporated in June of 1983.

There was just a handful of us. Because I had gotten the information [about P-FLAG], I was asked to be the president of the Washington chapter. I've never wanted to be president of anything. Here was a very controversial

organization and I was made president.

In 1988 I became the third national president of P-FLAG. I agreed to serve another year because we were in transition from a small organization composed of volunteers to a professionally run organization. I felt that I should be available for the executive director that we were going to hire, Tom Sauerman. I have been asked by several board members to serve for another year to help strengthen Tom's position. I am therefore considering running for another term.

I work very well with Tom and have been doing so for quite a number of years. We have been working very hard and are moving this organization along quite quickly. What does your job at P-FLAG entail now and what is it like?

My job now is a bit easier. In the past I did all of the nity grity. In the past, all we had was a half time staff per-

son in Washington.

At the national level, I am the main spokesperson. I am involved in fund raising. I respond to a lot of correspondence both directed to me or coming into the organization through the direct mailings. I am in touch with all of the programs that are going on. I read everything that is generated by the programs for accuracy. We are working on two programs: a family aids education program and one entitled, "Respect All Youth," for the prevention of teen suicide. We have gotten some grant money [for the latter program] and we are beginning the first phase which is the development of materials for institutions for counselors, educators, etc. to make them aware of the problem.

I do a lot of workshops. I have been a keynote speaker at a conference for prevention of substance abuse in Mas-

sachusetts.

At the local level, I have the Helpline in my home. I have had it since its inception. I answer it personally as much as I can. I also facilitate at monthly meetings. I have been serving on the local board as well. But I am going to take a break and not serve for this coming year. I am at a low point right now. I feel very tired. I have been up since 5:30 am today and will be involved in a telethon right after this interview. There is just so much going on.

What is P-FLAG about?

P-FLAG is a family support and educational organization dedicated to keeping families in loving relationships and educating the society at large on the nature of homosexuality.

You also do some lobbying in Washington?

Well, we don't have a paid lobbyist, but we do testify. We only have money for incidental expenses. Perhaps it would be better to say we "advocate." Tom and I, as well as a number of other P-FLAG members, have testified at various city and county councils.

Tell me about your letter to Barbara Bush.

When I became president in 1988 one of the things I decided to do right after the inauguration of President Bush was to write the First Lady because I was so taken by her candor - by her no nonsense approach to life. I felt that she was a woman that I could write to as one mother to another. Initially, I was so involved in the nity grity of the organization that I kept putting the letter off. But on the 20th Anniversary of [the] Stonewall [Riots] (June of 1989), I sent a letter directly to Mrs. Bush. I got a response from one of her secretaries and from her special projects secretary. Both thanked me for writing. In essences both said that, "Mrs Bush would want to me to thank you....." which meant that Mrs. Bush is not going to see this letter. So I had it published in our national newsletter. I even talked to some people about having it published in the newspapers as an open letter to the First Lady. But when we looked at cost, the cost of a page in the Washington Post or the Times was \$37,000. There was no way we could raise that kind of money.

But then when I went to the Whitehouse for the signing of the Hate Crimes Statistics Act, I made a copy of the letter along with the booklet I had sent and put them in an unsealed envelope addressed to Mrs. Bush. I was dving to get it through. I didn't know how I was going to get it to her. But there was an aide who stayed around after the bill was signed talking to some of the leaders of some of the other national gay organizations. So I thought, she (the aide) seems to be friendly enough so I went over to her and very quickly said, "I have a letter that I sent Mrs. Bush a year ago and I know she hasn't seen it. Is there anyway that you could pass it on to her." I think that the fact that I had not sealed the letter and the aide had a chance to read it, she was touched by the letter and she passed it on to Mrs. Bush. I knew if Mrs. Bush had a chance to see this letter, she would be reply and that she would be caring. And, I was right. On May 10, 1990 she wrote me a very nice letter thanking me for encouraging her to help change attitudes. This created quite a stir for her. I and the Bushes were attacked in the Washington Post by Evans and Novak which then gave me a perfect opportunity to send in a letter to the Post and they had to publish it. So this went back and forth. It was just wonderful. You can't buy that kind of publicity.

Where do you see P-FLAG going in the future?

I would like P-FLAG to pull families and gay people together to show the strength.....to show the numbers of gay people that do exist in society. I know that we have at least the potential of 50 million supporters [given all of the families that are involved]. I would like to make it so families who have gay children would not have to hide in the closet with their gay children so that they can accept and live their lives normally. I know that being in the closet is not good for one's mental health and that people need to be themselves and need to be free to live their lives openly. That's my goal. I think that P-FLAG can advocate for gay and lesbian people in a very positive and strong way. More and more I see our parents, having gone through the process of first understanding and then accepting, now ready to fight the battle. We are just appalled at the way our children are being treated. So I see P-FLAG as an organization that will really bring about some positive changes in attitudes in our society so that homosexuality will become a non-issue.

Tell me about yourself.

i was born in France in 1933 and I came to the United States in 1949. I have received much of my education through osmosis from my husband - he's a research scientist in Oncology. I was trained in bookkeeping as a teenager in France and then went to a Canadian school to learn the Canadian bookkeeping system. I was married very young, at age 18. I began working for the French National Railroads and was shortly earning more money than my husband. But I stopped working after my first child was born. Later, I taught French for seven years in Elementary School.

I have a son who is married and I am now a grandparent. My daughter is a lesbian. And, she is the reason I am involved in P-FLAG.

#### **Announcements**

The Pacific Presbyterian Medical Center in San Francisco is looking for a half time (\$35,000) California licensed psychiatrist to work in a lesbian/gay community outpatient clinic and social service agency that is hospital affiliated. For information contact: Cheryl Bryan, Ph.D.; Operation Concern; 1853 market St.; San Francisco, CA 94103 or call (415) 626-7000.

Esther Rothblum, Ph.D., is seeking respondents for a questionnaire on attractiveness and sexual appeal across the life span. To participate, write to her in care of the Department of Psychology; John Dewey Hall; University of Vermont; Burlington, VT 05405.

The International Gay and Lesbian Human Rights Commission announced plans for and International Symposium on Gay & Lesbian Issues in Moscow and Leningrad from July 23 to August 3, 1991. The American delegation is limited to one hundred persons. Tour price is estimated at \$2700 to \$3100 including air travel, meals, hotels, and sightseeing events. For information write to Julie Dorf, Co-Chair, IGLHC, 2978 Folsom St.; San Francisco, CA 94110 or call (415) 647-0453.

Partners Newsletter for Gay and Lesbian Couples announced that in a non-random, national survey of 1266 gay and lesbian couples, male couples had sex 10 times per month on the average; lesbian couples, seven. 54% of lesbian couples rated the quality of their sex as excellent as opposed to 34% of gay males. 7% of lesbians rated the quality of sex as unsatisfactory; gay males, 9%. The lesbian couples had been together for an average of 4.9 years; gay males, 6.9. For information write to Partners; Box 9685; Seattle, WA 98109 or call (206) 784-1519.

The Lambda Legal Defense and Education Fund, Inc. reported on a number of legal cases in which it is involved. The New York Court of Appeals accepted amici curae briefs from 23 groups and individuals opposing demands by four New York physicians' associations that New York State permit testing for HIV without consent. The U.S. Court of Appeals for the Fifth Circuit in Houston, TX is hearing a suit against a Houston company which altered its group health plan placing a \$5000 limit on all AIDS claims after it was informed that one of its employees had AIDS. The Ohio Appellate Court ruled that the Ohio domestic violence law must be interpreted to cover lesbian and gay domestic partners overturning a decision which dismissed a petition by a lesbian asking for protection from her lover under the domestic violence law. An Indiana man has sued a group health insurance company when it refused enrollment after discovering in medical records that he is gay. Attorneys for Joseph Steffan, a former midshipman discharged from the U.S. Naval Academy because he is gay despite an exemplary record moved to have Judge Oliver Gash disqualified from the case after three separate instances of using the term "homos" to refer to gay men. For further information write to Lambda at 666 Broadway, New York, NY 10012 or call (212) 995-8585.

## **Annual Meeting Schedule of Events**

New Orleans 1991

#### AGLP EVENTS

#### **Pre-Convention**

Children, Families, and Alternatives
Mason duPuy, Toulouse Rm. (415 Dauphine St.)

#### SATURDAY, MAY 11

9:30-10:00 am	Gather
10-12	Families of Origin
12-1:30 pm	Lunch (\$18.00, reservation required)
1:30-5	Relationship Issues: Intimacy
	Workshop for coupling
	(McWhirter, Mattison, Kirkpatrick)

6-7	AIDS Memorial Service. (1022 Dumain St. in courtyard)
7:30	Women gather for dinner (Mason duPuy, Lobby)
8es melleoxe es	Lesbian Psychiatrists' Dinner (including significant others) Petunia's Restaurant (817 Rue St. Louis)

#### **SUNDAY MAY 12**

10 am	Hospitality Suite Opens for informal meetings and information. Hotel Doubletree (300 Canal St., 581-1300)
12-4	Medical Student and Resident Lunch and Swimming Party. (\$5.00 donation, swimming suits required) 1423 Jefferson Ave. (Use St. Charles Street Car)
3:30-5:30 pr	mFilm viewing and critical review of LONG- TIME COMPANION by Craig Lucas (Vidmark Entertainment) by the Journal of Gay and Lesbian Psychotherapy. Hospital- ity Suite. Open to interested AGLP mem- bers. R rated.
5:30-6:30	Chaired 12 Step Meeting (Separate meetings for gays and for lesbians; schedule for the week will be arranged at this time.) Hospitality Suite
6:30-7	Significant Others of AGLP Members gather to go to the Opening Reception together. Hospitality Suite.
7-9	OPENING RECEPTION. Hotel Doubletree (International Ballroom)

#### **MONDAY MAY 13**

10-12	Discussion Group: Significant Others of AGLP Members, (Carmichael) Hospitality Suite
12 noon	Significant Others meet to go to lunch, Hospitality Suite
1-2	Discussion Group: Lesbian Residents and Medical Students, Hospitality Suite
2-2:30	Medical Students and Residents meet informally, Hospitality Suite
2:30-3:30	Discussion Group: Medical Students (Bright), Hospitality Suite
2:30-3:30	Discussion Group: Residents (Smith), Hospitality Suite
3:30-4:30	Discussion Group: Choosing a Residency (for medical students, residents, AGLP members involved in residency programs), Hospitality Suite
4:30-5:30	
6:00-7:30	: [1] 교회: [1] [1] [1] [1] [2] [2] [2] [2] [2] [3] [3] [4] [4] [4] [4] [4] [4] [4] [4] [4] [4
7:30	Women Gather to go to Lesbian Reception together, Hospitality Suite
7:30-9:00	Lesbian & Gay Child Psychiatrists Reception, Hospitality Suite
7:45	Lesbian Psychiatrists' Reception (1235 Decatur St.)
8	Support Group for HIV+ Psychiatrists and Significant Others (Kertzner) Hospitality Suite
ALIGN THE VEW STATE	tions use pertial. We are just appalled at this

#### **TUESDAY MAY 14**

10:30-12	Discussion Group: Couples (Ross / Vockel), Hospitality Suite
12 noon	Significant Others Gather for excursion, Hospitality Suite
2:30-4	Discussion Group: Minority Lesbian / Gay Psychiatrists (Carter / Nakajima) Hospitality Suite
4-5:30	Reception for Minority Lesbian / Gay Psychiatrists, Hospitality Suite
6:00-7:00	MEMBERSHIP MEETING, La Galleria II, Marriott
7-7:30	Caucus of Homosexual Identified Psychiatrists (CHIP) La Galleria II, Marriott

7-8 ......Discussion Group: Gay and Lesbian Child Psychiatrists, Hospitality Suite

#### **WEDNESDAY MAY 15**

10-12	Discussion Group: Psychiatrists Who Need to be Circumspect About Their Orientation, Hospitality Suite
12:30-2	AWARDS LUNCHEON Honoring Paulette Goodman of Parents and Friends of Les- bians and Gays. Hotel Doubletree, Ball- room, 16th Floor.
2-3:30	Discussion Group: Paulette Goodman, P-FLAG, Hospitality Suite
4-5	Discussion Group: Substance Abuse Issues (Cabaj), Hospitality Suite
5:30-6:30	Planning Meeting: Lesbian Psychiatrists, Residents, Significant Others, Hospitality Suite
7-9	CLOSING PARTY (1229 Cartres St.)

#### APA EVENTS OF INTEREST

C = Course
L = Lecture
P = Paper Session
S = Symposia
V = Videotape Session
W = Workshop

#### **MONDAY MAY 13**

7-8:45	Sunny Side Up Breakfast (Hanley-Hack- enbruck, Stein, et. al.) Versailles Ballroom, 3rd. Fl., Hilton
10:30-12:30	Videotape Session. V1. Roger's Story; V2.  Mother Mother; V3. Women and AIDS: A Survival Kit; (Rm. 16-18, Level 2, Convention Center)
11-12:30	Discussion Group: Psychotherapeutic Approaches to Lesbian Patients (Hanley-Hackenbruck) Durham Rm., 3rd Fl., Hilton
2-3:40	V11. HIV Test Counseling: Avoiding the Pitfalls (Rm. 16-18, Level 2, Convention Center)
2-5	S5. HIV and Suicidality (Gutierrez, Rabkin, Perry, Rotheram-Borus) Rm. 11, Level 2, Convention Center

#### **TUESDAY MAY 14**

9-12:30 Control of the state of the st	(Hines, Notman, Myers, Norris, Nadelson, Dickstein) Ballroom B/C, Level 1, Conven-
9-5	AIDS Program Rm. 36, Level 2, Convention Center
2-5 emod of gent ens ameye a	S39. NIMH Research Update: Pediatric and Adolescent AIDS (Pizzo, Whitt,
2-5	sexuality and the Family (Stein, Good- man, Hanley-Hackenbruck, Donaldson,

#### WEDNESDAY MAY 15

11-12:30	P30. Psychiatric Assessment and Intervention with AIDS Patients (Borden, Ostrow, Rabkin) Grand Salon A, 1st Fl., Hilton
11-12:30	W99. HIV Infection and the Chronically Mentally III (Goldfinger) Rosedown Rm., 3rd Fl., Hilton
2-5	Fact or Fiction, "Suicide Among Lesbian and Gay Youth" (Hartstein) Rm. 8, Level 2,
2-5	S63. Psychiatric Issues in Early HIV Disease (Atkinson. Temoshok, Ostrow,

Convention Center

9-10:30 ...... W66. HIV Education in Psychiatric Resi-

2, Convention Center

dency Programs (Fleishman) Rm. 8, Level

Mapou, Brown, Hicks) Rm. 38, Level 2,

THURSDAY	MAY 16
9-10:30	W106. HIV in Children and Youth: Dilemmas and Solutions (Etemad) Rm. 14, Level 2, Convention Center
9-10:30	W116. Clinical Work with Lesbian and Gay Patients (Drescher) Eglimton & Winton Rm., 2nd Fl, Hilton
9-11	Videotape Session. V43. Sex and the Scientist and V49. Tongues Untied (Rm. 16-18, Level 2, Convention Center)
11-12:30	P44. Issues in Adolescent Development (Goethe, Stein, Bastiaens) Magnolia Rm., 3rd Fl. Hilton
2-5	S82. Pharmacotherapy of Psychiatric Disorders of AIDS (Marotta, Weissman, Levine, Breitbart) Rm. 14, Level 2, Conven-

tion Center

## Members-In-Training Column Michael Hitz, M.D.

And without further adieu - the 1991 APA Convention! How can a year go by so quickly? By all estimates thus far, the turn out of AGLP members to the New Orleans meetings looks to be a record! I am excited to report that the MIT representation also looks better than ever. So, if you have not already made your plans to attend this year's festivities, now is the time! As I, and I am sure anyone else who attended last year's AGLP-sponsored activities, can attest, these are exciting and challenging times to come together to share, learn, and grow. This year's events are as promising as ever, and I want to highlight just a few:

The MIT Planning Meeting will be held on Monday, May 13 from 2:30 to 3:00 pm during the Discussion Group in the Hospitality Suite. This is our chance to meet in person to exchange views, concerns, and plans for the future, as well as elect a new MIT representative. I have thoroughly enjoyed serving you as MIT representative over the last year and thank you for giving me that honor. It appears that the precise goals of the MIT contingent, though, have been a bit unclear, and I want to strongly encourage all MITs to consider better defining our goals and overall agenda for the next year by bringing your ideas to this meeting. Defining clear goals is crucially important as this is the one time each year we all meet together in one place to determine our focus for involvement in AGLP. as well as in the APA, for next year. I have been impressed by the responsiveness of the AGLP's leadership to our concerns as MITs and I feel we are limited only by our own initiative or lack thereof.

I am saying this all now, both to incite you to brainstorm ahead of time and bring your ideas, as well as because I myself will be unable to attend this year's convention due to unforeseen circumstances. asked a fellow MIT here in Portland, Oregon, David Smith, M.D., to lead the meeting, and I am certain you will welcome both his warmth and his enthusiasm. I deeply regret being unable to be there in person this year, and greatly appreciate David's willingness to assist us at this important meeting.

The Choosing a Residency meeting will be held from 3:30-4:30, also on Monday in the Hospitality Suite. This is our time to share with the medical student members our experiences thus far as residents - good and bad. It is our opportunity to give to those who are fresh on our heels either in repayment for the help we received in the past or to help our medical students in the way we wish we had been helped ourselves, but were not. Your input as to the homophobic / philic nature of your residency program and overall advice will be greatly appreciated at this meeting so please plan to attend.

The Sunnyside-Up Meet the Experts (Free) Breakfast on Monday May 13 from 7:00 am to 8:45 am is sponsored by the APA to allow residents greater contact with experts in specific fields such as homosexuality. Our

own president, Peggy Hanley-Hackenbruck, M.D. as well as several of the APA relevant committee members will be there.

Yes, you have to get yourself up at this ungodly hour of the morning. However, I know better than to encourage you to go to bed early to get adequate sleep the night before. The breakfast will be in the Versailles Ballroom on the Third Floor of the Hilton Hotel. Look for our own AGLP table. This is an excellent time for us to gain insight into the general state of consciousness of the APA mainstream,

so plan to attend - and bring your questions!

Clearly, I could go on regarding the numerous fine AGLP sponsored and general APA-sponsored events awaiting you, but why take away all of the fun of discovering them for yourselves. Indeed, this year's convention promises to be the best yet. I wish to thank the members for all the hard work put into the AGLP-sponsored events over the last year. I specifically want to express my sincere gratitude to Mark Townsend, M.D., our own MIT member form New Orleans, who has done so very much to make this year's AGLP activities and accommodations in New Orleans so attractive - thanks Mark! I sincerely wish you all a most stimulating and growing experience in New Orleans!

#### APPLICATION FORM Caucus of Homosexual-Identified Psychiatrists **American Psychiatric Association**

(CHIP is the official APA minority caucus for gay and lesbian psychiatrists. Membership lists are maintained

by the APA; confidentiality is is free.)		. momooromp
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1400 K Street, NW, Washington, DC 20005

<sup>\*</sup> Member-In-Training, General Member, Fellow, Life Member, Life Fellow

## Medical Student Column Bob Bright

When I was a second year medical student, I attended with excitement and some trepidation the one hour lecture in our four year curriculum dedicated to the topic of homosexuality. Why, I wondered, was the lecture to be given in psychiatry if the point of the lecture was to be that this was not a mental illness? And why, I stewed, could the professor not have given the lecture a different title from the accompanying textbook chapter entitled, "Psychosexual Disorders."

Well, what I had anticipated to be a horribly judgmental and offensive lecture by my soon-to-retire professor turned out to be a compassionate, insightful look at homosexuality, the theories behind its origins and his personal biologic predisposition theory. What surprised and offended me and my classmates was the floorshow that followed as a gay male employee of the university set about the shock the students with tales of fisting and orgies, a videotape of himself deepthroating a banana, etc.

I, at the time, was too shy and too closeted to speak up about the incident,. But, I vowed that when I was in my fourth year I would publicly "come out" and address the class. And, about six weeks ago I did.

The acceptance and appreciation I received from the class who I approached in a very non-threatening and non-defensive manner, made me understand that people are often able to see beyond stereotypes and can be appreciative of the opportunity to do so. I have heard through the grapevine that this was considered by the students to be one of the two best lectures of the year.

Soon we will gather in New Orleans for the national APA and AGLP meeting. My first meeting was in Montreal in 1988. Through that meeting and my subsequent involvement with AGLP, I have found friends and role models, secured my interest in the field of psychiatry and developed the confidence and self-assurance to stand before 160 of my peers in North Carolina and talk about my sexuality and the challenges and opportunities and insights that have come with it. I encourage lesbian and gay students to take advantage of the opportunity to attend this and future AGLP / APA meetings.

This year we have had a record number of medical students express interest in attending what promises to be the "den mother of all meetings." So far, 16 students have told me that they plan to be in New Orleans for the meeting, and I continue to get new calld from interested people. It is my understanding that members have generously contributed nearly \$2000 towards medical student travelalso a record. If any members would still be willing to contribute to assist this very large number of financially strapped, but enthusiastic, medical students, their contribution would be very, very much appreciated. Travel money will be disbursed based on absolute need. Students should try to arrange the least expensive travel plans possible and those who can drive to New Orleans should plan to do so. >>>>>

## Lesbian and Gay Child Psychiatrists Rob Pinney, M.D.

A group of gay child psychiatrists has now coalesced and developed quite a bit of enthusiasm. Receptions and discussions have occurred at the past two APA and Child Academy meetings. At the Chicago '90 AACAP meeting, an energetic goal was set and accomplished. The group requested that the leadership of the Child Academy establish a task force that would address the concerns of lesbian and gay youth, child psychiatry residents, and practitioners. The affirmative response by the academy president, John Schowalter, and executive director, Virginia Abernathy, was very gratifying. William Womack, M.D., (Seattle) has been named task force chair and is in the process of selecting its members.

Eight gay child psychiatrists from across the country gathered for a Mid Winter Meeting from February 15-18, 1991 in San Antonio to establish a plan for gradually developing an organizational structure. The weekend also served as a work session for a 5 part symposium that will be submitted for the October, '91 San Francisco Child Academy meeting. The symposium will address developmental and clinical issues relevant to gay youth and child psychiatry trainees. Richard Pleak, M.D. (New York City) is coordinating the submissions which will include presentations by Dennis Anderson, M.D., Charles Poppe, M.D., Soloman Shapiro, M.D., and Larry Suess, D.O. Bill Womack will be the moderator.

During the San Antonio meeting Dennis Anderson, M.D. (362 E. 10th St.; Apt. 1E; New York, NY 10009 (212) 475-9140) agreed to serve as coordinator of the growing organization. The above named symposium participants are assisting him as are Jerry Dobbs, M.D. (New York City) and Rob Pinney, M.D. (Houston)

Plans call for two gatherings at the upcoming New Orleans APA Annual Meeting. A reception will take place on Monday, May 13 from 7:30-9:00 pm. On Tuesday from 7:00 to 8:00 pm, the group will meet again for a discussion session. After each gathering, the participants will gather for optional dinners (including significant others). Both meetings will be held in the Hospitality Suite.

>>>> I have reserved a block of rooms at the Burgundy Inn in the French Quarter (One block from Bourbon St., four blocks from the Hotel Mason duPuy, one mile from the Convention Center) at a rate of \$79 night (i.e., \$20 per person per night). I think that it will be a real advantage to stay in the block as far as group cohesion. We are making contacts we will keep for the rest of our lives! A limited number of free housing spots are available for students unable to afford the hotel.

If you are a medical student interested in attending the meeting and have not yet spoken with me please do so immediately [(919) 933-9672] so that I can plan appropriately. Students who have contacted me should expect a personal mailing about travel reimbursement and housing details

Well, I'll see you guys in May. I'll arrive on Sunday evening, May 12 after my graduation from medical school that afternoon in North Carolina. See ya'll in N'orlens.

#### **Reservation Forms for New Orleans**

(Note: Forms go to different addresses.)

#### **Reservation for Pre-Convention Lunch**

Hotel Mason duPuy, Toulouse Room Saturday, May 11th at 12:00 noon

> Send \$18.00 per reservation by May 3rd, 1991 (made out to "AGLP") to:

AGLP 1110 N. Classen Blvd. #318 Oklahoma City, OK 73106-6808

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#### Reservation for Lesbian Psychiatrists Dinner

Petunia's Restaurant, 817 Rue St. Louis Saturday, May 11th at 8:00 pm

RSVP by April 30, 1990 to

Margery Sved, M.D. 1001 Monmouth Durham, NC 27701

or call (919) 682-6749

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#### **Reservation for Awards Banquet**

Hotel Doubletree, Ballroom, 15th Floor Wednesday, May 15th at 12:30 pm

> Send \$25.00 per reservation by May 3rd, 1991 (made out to "AGLP") to:

AGLP 1110 N. Classen Blvd. #318 Oklahoma City, OK 73106-6808

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### **AGLP Membership Application Form**

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