



AGLP

The Association of LGBTQ Psychiatrists

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San Francisco, host to the American Psychiatric Association and AGLP Annual Meetings, May 19 to 24, 2023

Welcome to San Francisco Howard Rubin, M.D., and Gene Nakajima, M.D., Local Arrangement Committee Co-Chairs

On behalf of local organizing committee, I welcome you to the City by the Bay. San Francisco is emerging from the COVID pandemic stronger than ever, with tourists and conventions starting to return to our great city. You may find the downtown quieter in the past as people continue to work in a hybrid model, but restaurants, museums, and cultural events are back up and running. Please consult this newsletter and the AGLP website for the latest educational events, and parties which we have planned.

We have organized get-togethers for our trans, women and BIPOC members, with a special brunch for medical students and residents on Saturday morning.

Cultural highlights include trips to see exhibitions about the gay black artist Kehinde Wiley, the Asian American lesbian artist Bernice Bing, and the black lesbian activist and intellectual Angela Davis.

I hope you enjoy your time here. Have fun, play safe and leave your hearts in San Francisco!



President's Column

Amir Ahuja, M.D.

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Hello everyone,

I am so excited about the APA Conference this May in San Francisco. We have great events planned and many sessions, and we encourage you all to check out the full schedule at the AGLP website. It will be regularly updated until the conference so please check back frequently for updates. Also, please RSVP to the events you are coming to, so we can have an accurate count and plan accordingly. In this issue of the Newsletter, I'm highlighting Depression Looks Like Me, a campaign aimed at

Convention Issue
San Francisco 2023

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The Newsletter of AGLP

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The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of AGLP. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by AGLP, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to the National Office, 1512 Spruce Street #2601, Philadelphia, PA 19102; phone 215-222-2800; E-mail: AGLPeditors@aglp.org. Submissions become the property of AGLP. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

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The Newsletter of AGLP accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are part of the LGBTQ+ community or who treat LGBTQ+ patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

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Editor's Column Donya Ahmadian, MPH

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Donya Ahmadian, MPH

Dearest Community,
What a joy it is to write to you! What an even greater joy to formally extend my gratitude for the opportunity and honor it is to join your lovely, radiant family of fellow activists and advocates, working hand-in-hand to uplift LGBTQIA+ representation within the field of mental health and Psychiatry. Prior to my more formal introduction, I wish to take a moment to extend our gratitude towards our previous Editor, Dr. Melendez, who has poured such love into the pages of this newsletter. As the torch passes down, we wish to honor each of our contributor's for the unique light in which they bring to this Newsletter and to our community.

Now to share a little about myself with you. My name is Donya Ahmadian, my pronouns are she/her/hers, and I am a 2nd year medical student in hopes of practicing Adult & Adolescent Psychiatry. I am a Memphis, Tennessee native and if you have never been to a Grizzlies Basketball game, I'd love to hold you a seat. My deep hope is to build an integrative practice, taking a more holistic approach to mental health and trauma, working alongside underrepresented and underserved communities to dismantle stigmatizations which restrict access to care and impact quality of life. I look eagerly towards the ethical, compassionate-focused, person-centered care that AGLP, in relationship with the APA, promotes and enheartens. I feel incredibly fortunate to have been welcomed by the AGLP family with such open arms and I eagerly await learning more from each of you and in continuing the legacy of social justice we have been committed to over the past 40 years.

I have long believed that one of the largest battles we face in our lives is to learn who this person is inside of us.

Prior to attending medical school, I served in the field of mental and public health and similar to many (or all) of us, I often found myself discouraged and frustrated with systems of care and the marginalization of patients that I would witness based upon their sexual and/or gender identity, their mental health challenges, or simply their pasts. After working in behavioral health treatment centers, public and private hospitals, and clinical offices, something that always remained true and steady, no matter the setting, was the fear that many feel to simply be precisely who they are. I have long believed that one of the largest battles we face in our lives is to learn who this person is inside of us. What do I believe? What are my true desires? What makes my heart feel weightless and what brings my life color? Where do I want to spend my time? My love? My work? When we come to take the risk to truly reveal ourselves to our own hearts and that of others, we take a bold, celebratory step forward. As we have often heard, the process of "finding ourselves" is truly a coming of home, of sorts. We were always there, present, aching to be seen and heard, underneath the many narratives passed down to us and those we may have created ourselves. At times, we are covered in layers of other people's truths, and many times these are the truths of the ones we love most and cannot seem to always be honest with. For, unfortunately, for many, honesty comes with a price – a cost. However,

the ones we love, and the ones we do not yet love, for we do not yet know them, cannot live in a world of honesty with us if we do not create spaces where this truth is nurtured and validated. As I witnessed patients, colleagues, and friends alike grapple with this, I came to believe in a calling that scoped beyond any letters we can ever retrieve behind our names. I believe each of us shares this calling. To create safety for the lived experience of another- for their grief, suffering, pain, and also for their joy. To softly cradle, with sacred tenderness, each of these and to whisper into their worried spirits that here, with us, with you, with me, you can come exactly as you are. From this place, we can breed clinical practices, legal policies, and communities of unrelenting, empathetic care that revolutionizes the practice of medicine, behavioral health, and allyship. For to be an ally, we must unite ourselves with that which we understand, and for some, that which they may not. To be in alliance is to form a bond of unionship, one that is willing to shout from a mountaintop – maybe one that

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Committee on Legal Advocacy

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David L. Scasta, M.D., DLFAPA

AGLP needs to be Woke Up**Florida HB1557**

Passed: March 9, 2022

HB1557, the "Don't Say Gay Bill" prohibits classroom instruction by school personnel or third parties on sexual orientation or gender identity from kindergarten through grade 3 or in a manner that is not age-appropriate or developmentally appropriate for students in accordance with state standards. The legislation was designed to allow parents to determine when and in what way to introduce LGBTQ topics to their children and allows parents to sue a school district in which the policy is violated. HB1223 proposes to expand the prohibition to grade 12.

Florida HB7

Passed: April 22, 2022

HB7 bans certain types of diversity, equity, and inclusion training or instruction in schools or workplaces that could make individuals feel responsible or guilty for past actions based on their race, gender, or national origin. The stop the wrongs to our kids and employees act (Stop WOKE Act), amends the Florida Civil Rights Act and applies to businesses and schools banning teaching or training that suggests that some people are inherently or unconsciously racist, sexist, or oppressive, or that they bear personal responsibility or guilt for historical wrongdoings based on race, gender, or national origin. According to

Florida governor, Ron DeSantis, the bill is designed to "give businesses, employees, children, and families tools to stand up against discrimination and woke indoctrination."

Arkansas SB 43

Passed: February 27, 2023

SB 43 prohibits an "adult-oriented performance" from taking place on public property or using public funds, and also bans minors from being admitted to such shows.

The bill originally called out drag queens explicitly and sought to classify all drag performances as "adult-oriented." The final draft was changed to avoid court challenges and removed any explicit mention of drag and gender. Instead, the final bill defined an "adult-oriented performance" as one featuring "a person who appears in a state of nudity or is seminude"; "the purposeful exposure, whether complete or partial, of: a specific anatomical area; or prosthetic genitalia or breasts; or a specific sexual activity."

While this version no longer specifically targets the LGBTQ+ community, the ACLU of Arkansas explained that it could still be used to discriminate against drag queens, adding that its broad language could also affect mainstream performers.

"It still inherently invites abuse in enforcement," the organization stated, "especially considering the anti-LGBTQ rhetoric from sponsors and supporters of the bill."



In my opinion, AGLP has an important role in the next step towards true equality by serving as the dispassionate, scientifically founded voice of reason, targeting the unconverted and not the choir.

Mississippi HB 1125

Passed: February 28, 2023

Known as the "Regulate Experimental Adolescent Procedures (REAP) Act," HB 1125 bans all types of gender-affirming care – including reversible puberty blockers – to trans people under 18.

Under the new law, healthcare workers who provide gender-affirming care to minors will have their licenses revoked. It also allows patients to sue healthcare providers up to 30 years after receiving treatment and denies state or federal funding to state organizations that provide gender-affirming care to minors.

South Dakota HB 1080

Passed: February 14, 2023

This trans health care ban forbids doctors from providing gender-affirming care, including puberty blockers and hormone replacement therapy, to minors. It also requires trans youth to detransition.

The procedures are only banned in the context of transitioning. That is, state lawmakers didn't ban a set of medical procedures because they believed that the procedures were too dangerous; they only banned a class of people from getting the procedures for a specific purpose.

The law also says that any minor who'd be harmed by stopping their use of puberty blockers or HRT must systematically reduce their use and stop using these treatments entirely by December 31, 2023.

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Sarah Noble, D.O.

Hello to my AGLP family!

Just 3 months into 2023 there are already 340 anti-trans bills on the docket. We have so much work to do to prevent these attacks on LGBTQ+ rights. I know for many of you who have been part of the struggle since the beginning this must feel exhausting, but your knowledge and experience is essential to all the young folks who are just joining the fight. Whether you're engaging in the weekly educational zoom events or coming to our Annual Meeting, everyone's participation is essential to the energy and life of AGLP. In addition to the education events there are many

committees in which to get involved including BIPOC, Trans/Nonbinary, Peer supervision, Women's, and Legal.

I can't wait to see each and every one of you soon!



Resident/Fellow Committee

Allison Rhodes

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Allison Rhodes

The Resident/Fellow Committee entered into 2023 with a renewed commitment to serving our AGLP residents and fellows. We have 75 active members, and we recently sent out a survey to better understand our members' interests and needs. We hope this survey will allow us to design more tailored programming. So far, members have expressed the most interest in connecting with other residents and fellows, followed by connecting with attending-level psychiatrists and learning from career development workshops.

Several AGLP Resident/Fellow members will be presenting at or attending the APA Annual Meeting in May 2023. We plan to connect our

Resident/Fellow members at informal social events as well as a process group, if there is interest.

Allison Rhodes, MD, MPH (she/her) and Chaden Nouredine, MD (she/her)

AGLP Resident/Fellow Committee Co-Chairs



Journal of Gay and Lesbian Mental Health Update

By Chris McIntosh, MD, Editor-in-chief

editors@aglp.org

This year is the 35th year since the first publication of AGLP's official journal, in 1989 as the *Journal of Gay and Lesbian Psychotherapy*. Our articles are now viewed or downloaded 88,000 times annually, a rise of 57% in the past four years. As JGLMH becomes more broadly known as a place to publish the latest LGBTQ+ mental

health research, our submission rates rise, which allows us to be more selective about the manuscripts we publish. Our acceptance rate, a key metric of journal quality has decreased from 60% in 2018 to 31% this year. Our manuscripts are also more highly cited in the literature, with a Scopus CiteScore of 3.5 in 2021, up from 2.4 in 2018.



Chris McIntosh, M.D.

Your JGLMH subscription is a benefit of membership in AGLP! Please remember that you can access the online subscription by first logging into your Member's Profile on aglp.org and then clicking on the tab for the Journal. Those members who also receive the print journal will notice a change this year with the individual issues being a tad girthier than previous. This is because of a change to the composition of the issues which will now be based on publishing five research articles per issue, rather than a specific page budget per issue. This will also allow us to publish more non-research articles like letters to the editor, and article series such as our Perspectives series, which publishes first person perspectives on working in LGBTQ+ mental health.

Of note, Emeritus Editor Dr Jack Drescher is finishing up his work as the editor of JGLMH's longstanding Oral History series. If you are interested in becoming the new editor of this series, please contact me. Or if you have an idea for a new article series, please also be in touch.

We can also use more peer-reviewers as our submission rate rises! One challenge of such a rise is trying to ensure that our time to publication does not become too lengthy. If you are interested in doing peer review for the journal, please let me know. It looks great on your CV and you are helping to advance the science of LGBTQ+ mental health.

I am looking forward to seeing you all at the AGLP Annual Meeting in San Francisco. I hope you will join us for the events in the AGLP Hospitality Suite, including the presentation of this year's winner of the annual Outstanding Resident Paper Award.



2023 Journal of Gay and Lesbian Mental Health (JGLMH) Outstanding Resident Paper Award

The Journal is proud to announce the winner of the 2023 Outstanding Resident Paper Award, Dr. Teddy G. Goetz, a psychiatry resident at the University of Pennsylvania, for their manuscript "Coming Home to My Body": A Qualitative Exploration of Gender-Affirming Care-Seeking and Mental Health". They will present their paper Monday, May 22, 2023, 9:45 AM, at the San Francisco Psychoanalytic Institute, 444 Natomat Street, San Francisco, 94103.



Teddy G. Goetz, M.D.

Dr. Teddy G. Goetz (they/them) is a psychiatry resident at the University of Pennsylvania. Prior to earning their M.D. at Columbia, they studied biochemistry and gender studies at Yale, conducting research on a wide spectrum of biologically- and socially-determined aspects of gender-based health disparities, including earning their M.S. developing the first animal model of gender-affirming hormone therapy. They have two forthcoming books: *Gender-Affirming Psychiatric Care*, the first textbook on psychiatric care for transgender, non-binary, and/or gender expansive (TNG) communities (American Psychiatric Association Publishing, 2023) and *Gender is Really Strange*, a graphic novel about the rich complexities of gender—

AGLP needs to be Woke Up*Continued from page 3*

If a doctor provides any of the forbidden types of care, they can have their professional state licenses and certifications revoked. They can also be sued for civil damages up to three years after providing the care or until their minor patient reaches the age of 25. This would allow parents to sue if they disapprove of their children's transitions.

Tennessee SB 3

Passed: March 2, 2023

This law targets drag performers banning "male or female impersonators who provide entertainment that appeals to a prurient interest" from appearing "on public property" or "in a location where the adult cabaret performance could be viewed by a person who is not an adult."

Tennessee SB 1

Passed: March 2, 2023

SB1 bans gender-affirming care for minors and requires them to detransition.

The bill outlaws treatments like puberty blockers and hormone replacement therapy for people under the age of 18, forcing transgender youth to go through the puberty of their sex assigned a birth. The legislation allows for the same medications to be used by cisgender youth for other conditions.

The bill takes effect this summer and gives trans youth until March 31, 2024 to end their current medical treatments.

Utah SB 100

Passed: February 16, 2023

This bill allows schools to out trans kids to their parents and requires parental consent for their gender identity to be affirmed at school.

Utah SB 16

Passed January 28, 2023

This bill bans gender-affirming care for minors in the state. Except in limited cases, it outlaws gender transition surgery and prohibits the use of hormone therapy.

West Virginia HB 3042

Passed March 9, 2023

Called the Religious Freedom Restoration Act (RFRA), this bill says West Virginia cannot "burden a person's exercise of religion" except when it is "essential to further a compelling governmental interest." Advocates say the law essentially gives people a license to discriminate.

Arkansas SB 199

Passed March 13, 2021

This law attempts to get around a federal court's injunction against the state's ban on gender-affirming care for trans youth by making it much easier for people who received gender-affirming care to sue medical practitioners for malpractice. Legal experts expect the law will make it impossible for doctors to get malpractice insurance if they practice gender-affirming care in the state.

Arkansas SB 294

Passed March 14, 2023

This sweeping education reform bill includes a provision prohibiting teachers below the 5th grade level from providing classroom instruction on topics related to sexual orientation and gender identity.

Wyoming SF 133

Passed March 17, 2023

This law prevents trans girls in 8th through 12th grade from competing in women's sports. It passed without the signature of Gov. Mark Gordon (R), who opposed the legislation but decided not to veto it because he did not want to "prolong these very divisive debates."

Arkansas HB 1156

Passed March 21, 2023

This law bans transgender students from using facilities associated with their gender identity and instead requires them to use those associated with their sex assigned at birth.

Iowa SF 538

Passed March 22, 2023

This law prohibits medical professionals from "attempting to alter the appearance of, or affirm the minor's perception of, the minor's gender or sex, if that appearance or perception

is inconsistent with the minor's sex" assigned at birth. In other words, it bans all gender-affirming care for minors, including reversible puberty blockers.

Iowa SF 482

Passed March 22, 2023

This law prohibits people from using school bathrooms that don't correspond with the gender they were assigned at birth.

Georgia SB 140

Passed March 23, 2023

This law bans doctors from providing gender-affirming hormone replacement therapy and surgery to trans youth under the age of 18. There is an exemption for cisgender youth who want to access the same treatments and the law does not cover puberty blockers.

Idaho SB 1100

Passed March 23, 2023

This law bans transgender students from using facilities associated with their gender identity and instead requires them to use those associated with their sex assigned at birth. It allows cisgender students to sue for \$5000 for each instance of sharing a facility with a trans student as well as attorney's fees and damages for "psychological, emotional, and physical harm suffered."

Utah SB 93

Passed March 23, 2023

This bill bans minors from changing their name or gender on their birth certificates.

West Virginia HB 2007

Passed March 26, 2023

This bill bans transgender minors from accessing gender-affirming care. The bill bans puberty blockers, hormone replacement therapy, and surgery.

The bill contains an exemption if a doctor thinks that a trans young person may self-harm or attempt suicide if their gender dysphoria is left untreated. This exception requires a diagnosis of "severe gender dysphoria" from two doctors and parental permission.

Idaho SB 1016

Passed on March 28, 2023

This bill exempts state contractors from federal anti-discrimination requirements by allowing those who receive no federal funding to require that workers use facilities based on sex assigned at birth.

Kentucky SB 150

Passed March 29, 2023

This omnibus bill attacks trans young people on multiple fronts. It bans gender-affirming surgeries, puberty blockers, and hormone therapy for minors, as well as a mandate that doctors stop treating young patients who are currently receiving gender-affirming care.

It also bans Kentucky teachers from using pronouns that "do not conform to a student's biological sex as indicated on the student's original, unedited birth certificate," bans instruction on sexuality in grades K through six, and bans discussion of gender identity and sexual orientation at all grade levels.

The bill was vetoed by Gov. Andy Beshear (D) but the state's General Assembly overrode his veto.

Idaho HB 71

Passed April 4, 2023

This is one of the most punitive bans on gender-affirming care for minors in the country. It bans surgery, hormone replacement therapy, and puberty blockers for transgender people under the age of 18, and it makes it a felony to provide such care to transgender minors in the state. The felony carries a maximum sentence of 10 years in prison.

Kansas HB 2238

Passed April 5, 2023

The Republican-dominated legislature overrode Gov. Laura Kelly's (D) third veto of the "Fairness in Women's Sports Act" and passed it into law in April. The law bans transgender girls and women in kindergarten through college from participating in girls' and women's school sports.

AGLP needs to be Woke Up
Continued from page 5

Indiana SB 480

Passed April 5, 2023

This law not only prohibits trans youth from both gender-affirming medication and surgery, but it also requires youth already undergoing care to detransition.

North Dakota HB 1249

Passed April 11, 2023

This law bans trans girls in kindergarten through 12th grade from participating on women's sports teams.

North Dakota HB 1489

Passed April 11, 2023

This law bans trans women in college from participating on women's sports teams.

Kansas SB 180

Passed April 27, 2023

This law bans trans people from using the appropriate facilities in a number of areas, including restrooms, locker rooms, women's shelters, rape crisis shelters, and prisons. It also bans them from updating the gender marker on their driver's licenses.

(2023 laws courtesy of *LGBTQ Nation Newsletter*).

The laws listed are just a prelude to what is to come. In the last four months, 417 anti-LGBTQ+ bills have been introduced in state legislatures across the country. On April 26, 2023 trans-female representative, Zoey Zephyr, was removed from her seat as a legislator by the Republican controlled Montana House of Representatives for protesting a bill denying gender affirming care to minors.

Now is not a time for AGLP to be complacent. AGLP needs to reawaken the activism that it showed in the 80s and 90s which profoundly changed the landscape for LGB people from the perspective of psychiatry. The Committee on Legal Advocacy for AGLP is currently working on a position statement on anti-Woke legislation, with Woke loosely being defined as a progressive focus on social construction affecting racial and social justice. But more needs to be done than a bland position statement posted on AGLP's website and read by few.

I personally have struggled to figure out what AGLP can do. When I joined AGLP in 1984, homosexuality had been taken out of the DSM-III as a disorder and replaced with ego-dystonic homosexuality in 1973. There still was a significant minority of psychiatrists who opposed depathologizing homosexuality and were quite vocal in their opposition. AGLP pushed to remove ego-dystonic homosexuality from the diagnostic nomenclature, arguing that the dystonia was due to societal stigma and not due to homosexuality itself, further arguing that there was virtually no research supporting the diagnosis. AGLP showed up in the American Psychiatric Association's Assembly, standing quietly as the Assembly considered an action paper calling on ego-dystonic homosexuality to be removed from the diagnostic nomenclature. Ego-dystonic homosexuality was removed with the publication of the DSM-III Revised in 1987.

When I became president of AGLP in 1995, one of the first things that I did was to travel to Washington, DC, and meet with one of the APA's associate directors, Carolyn Rabinowitz, M.D. (who later became president of the APA), to ask for advice about how AGLP could be effective in influencing the APA. She said something to me that I have never forgotten, "There is no tyranny like the tyranny of the minority." I vowed never to be a tyrant in advocating for LGBTQ+ rights and needs. When I served for 10 years in the Assembly as AGLP's representative, my approach was always to tell my colleagues that we needed their help and support and never to attack them personally, calling them homophobic, if they did not agree. That approach seemed to work well. Every one of my half-dozen or so action papers addressing an LGBTQ+ issue passed, most without any opposition. As I am writing this article, the Medical Director of the APA and the President-Elect of the APA are both gay. Neither got their positions because of any intervention or advocacy by

LGBTQ+ psychiatrists. When Saul Levin was announced as the new medical director of the APA, I kept thinking that I had heard that name before and then remembered that he was once a member of AGLP. No one in AGLP even knew that he was a candidate. Petros Levounis, M.D., M.P.H., has been an active member of AGLP for years. AGLP with only three or four hundred voting members could not have had any significant role in his presidential election by 38,000 psychiatrist. In short, being LGBTQ+ is a nonissue in the APA. No one cares. AGLP has been very successful.

So how can AGLP achieve similar success in the face of draconian forces intent on, in the words of one Florida legislator, "erasing" the LGBTQ+ communities? I find it instructive to review the history of the gay movement. Advocates of gay acceptance in the 50s and 60s were relegated to tiny fringe groups which had no traction. What broke the stalemate was the Stonewall riots in late June 1969. The Stonewall Bar was owned by the Mafia who paid off the police to operate relatively unimpeded. The Mafia discovered a new revenue source: blackmailing executives who visited the dive bar, threatening to expose their sexual orientation unless they gave the mob access to negotiable bonds. The police demanded to receive a cut of the extortion monies, which the Mafia refused. As a result, the police began raiding the bar without warning, lining patrons up. Those patrons without identification or who were cross-dressed were arrested. In the early morning hours of June 28, 1969, the police again raided the Stonewall. This time, the patrons composed of lesbians, transvestites, underage hustlers, and others fought back. The riot that followed grew in size, eventually overwhelming the police. The riots went on for five days. The Stonewall was burned. The riots broke the logjam and organizations formed throughout the country to advocate for gay rights. The radical Gay Liberation Front was followed by the Gay Activists Alliance which became a voice of reason. The public was willing to listen to reason rather than deal with the rabid anger of the groups that started the movement. It was the voices of reason that eventually change the world for gay people, such that their sexual relations were no longer criminal and they could get married. The same process occurred with the AIDS crisis. Act-Up stopped traffic and fostered in-your-face approaches, demanding action on dealing with the AIDS crisis. That approach broke another logjam, followed by voices of reason which led to research and new treatments for HIV.

The logjam for trans and alternative genders has been broken. In my opinion, AGLP has an important role in the next step towards true equality by serving as the dispassionate, scientifically founded voice of reason, targeting the unconverted and not the choir. AGLP needs to be an articulate advocate which bases its opinion on sound psychiatric principles and scientific studies and is willing to address and consider alternative data which do not support the prevailing Zeitgeist. My hope would be

// The logjam for trans and alternative genders has been broken.

that, once AGLP hires a media consultant, we can begin using the expertise of our members to compose posts which inform the public of the psychiatric and scientific data. Our efforts as an association of experts is likely to be much more powerful in converting the non-converted than trying to bully them into accepting trans and alternative genders. AGLP can be successful.

■ ■ ■

Harvey Milk welcomes you to San Francisco International Airport

SFO Museum Harvey Milk exhibit

Harvey Milk was the first out politician in California and was assassinated by Dan White in 1978. A few years ago there was a proposal to rename SFO to Harvey Milk/San Francisco International Airport. However, this was defeated but now Terminal One at SFO is the first airport terminal named after a LGBTQ person. The SFO Museum has an exhibit on Harvey Milk at Terminal one Departures Level 2, Gallery HM1 (This is outside security). If you are coming in or leaving the other terminals, take the Airtrain to terminal one. (You can not walk there from other terminals due to construction). This should only take 10 minutes.
<https://www.sfomuseum.org/exhibitions/harvey-milk-messenger-hope>

San Francisco helpful websites

Looking for things for you and your family to do while in the Bay Area. Here are some resources.

Bay Area Reporter is the main LGBT newspaper. They have a weekly events article (one for arts and the other for nightlife) <https://www.ebar.com/>

Bay Times is the other LGBT newspaper <https://sfbaytimes.com/>

SFarts is the official tourism listing of arts events. <https://www.sfarts.org/>

San Francisco Classical Voice has a listing of bay area classical concerts <https://www.sfcv.org/>

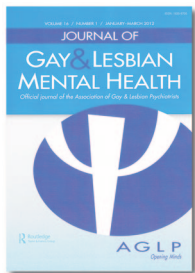
Clipper card for transportation. You can download the app <https://www.clipper-card.com/ClipperWeb/>

Free Walking Tours

San Francisco City Guides is a non profit that provides several walking tours of San Francisco daily with volunteers. They have a free two hour tour of the Castro gay neighborhood during the conference on Saturday May 20, Sunday May 21 and Tuesday May 23 from 11am to 1PM (must sign up in advance). Go to <https://sfcityguides.org/> for listing of tours and how to sign up.



JGLMH available online FREE to AGLP Members



The *Journal of Gay and Lesbian Mental Health*, the official journal of AGLP, is now available for viewing online, free to all AGLP Members. The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

AGLP members with valid and current memberships can now access the Journal directly through the AGLP website free of charge as a member benefit. Go to www.aglp.org, click on the Members Area link (upper right hand of the screen) and once you are logged in, a box will appear on the right side

of the blue banner to access the content.

Online help is available for any problems you may encounter. We hope that this new method will provide greater ease and dependability to the entire process.



John O'Donnell Testimonials

In order to encourage and support medical students and their involvement in LGBTQ+ psychiatry, AGLP offers grants to medical students and residents who wish to attend APA and AGLP events. The John O'Donnell Student Grant Fund will partially reimburse expenses related to the Annual Meeting or the Mental Health Services Conference. Those wishing to apply for this grant should contact the AGLP Student Advisory Committee at medstudents@aglp.org.

The John O'Donnell Student Grant Fund is supported by donations from AGLP members in order to encourage and support trainees and their involvement in LGBTQ+ psychiatry.

Here are some responses from those who received grants in the last funding cycle.

"I am so grateful to AGLP for helping to fund my travel to New Orleans for the 2022 APA Annual Meeting! I would not have been able to attend without the support of AGLP's John O'Donnell Student Grant Fund. Because of the fund, I was able to present a workshop on mentoring LGBTQ+ trainees, learn about new research that is shaping the field of psychiatry, and finally meet friends in person that I've only gotten to know virtually. AGLP has been a home for me for the last two years, and it was incredible to get to know everyone at the APA Meeting."

— Allison Rhodes, MD, MPH (she/her)
 PGY-1 Psychiatry Resident at Tufts Medical Center

"I am beyond thankful to AGLP for allowing me to attend the New Orleans for the 2022 APA Annual Meeting thanks to the John O'Donnell Student Grant Fund. This award allowed me to present on posters and sessions focusing on LGBTQIA+ issues in psychiatry, and allowed me to meet some wonderful mentors, and like-minded individuals who I now consider to be friends. The meeting also allowed me to reshape how I envision my career in psychiatry will pan out. I cannot wait to pay it forward, and see everyone again at the next APA."

— Chaden Nouredine, MD (she/her)
 PGY1 at Icahn School of Medicine at Mount Sinai, Beth Israel

"Dear AGLP, thank you so much for the John O'Donnell AGLP Medical Student Travel Award. Without your support, I was not going to be able to attend the APA conference. Attending the APA annual conference as a third-year medical student, was such a positive, transformative experience for several reasons. Firstly, I got to meet many of the AGLP medical student, resident, and faculty members (including Roy!) in person at the AGLP Medical Student and Resident Annual Brunch 12:30pm at the home of Mark Townsend. It was so wonderful to connect with like-minded, mission driven LGBTQ peers and meet role models for the type of psychiatrist I hope to become. I also learned a lot from some of the AGLP members about opportunities related to my interests in addiction psychiatry, community psychiatry, and health equity. I loved stopping by the Hospitality Suite to pick up my AGLP Swag Bag that contained cute rainbow Mardi Gras beads and snacks. Attending the APA conference as part of AGLP I met lots of inspiring attendings and hopefully made some life-long colleagues I'll get to see at future educational conferences. It was really heart-warming to see the sense of community that AGLP fosters. More generally, it was my first time attending the APA conference and the sessions and workshops really pushed my thinking regarding psychiatry. The APA conference taught me a lot about the intersections between psychopharmacology, behavioral and psychotherapeutic interventions, and social justice-oriented work. I hope to see more AGLP folks soon and also hope other medical students can take advantage of this award to inform their career trajectory in the ways that this award helped me."

— Matt Abrams MS4 (he/him)

THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2022-2023

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David Kessler, MD, Bequest to AGLP



David Kessler, M.D.

AGLP members mourns the death of our fourth president and patron David Kessler, MD, but his great generosity has tempered our sadness. His estate has recently bequeathed \$50,000 to AGLP, which is the largest single donation that we have ever received. His transformative gift will help us to continue to operate and thrive for years to come.

Serving from 1980-1982, David Kessler, MD was AGLP's fourth president. AGLP then was known as the Gay Caucus of Members of the American Psychiatric Association, a separate but allied group of the APA with its own dues and board. He was also the first elected president of BAPHR (Bay Area Physicians for Human Rights) from 1978 to 1980, San Francisco's LGBT physician's organization.

He received the James Paulson Award from AGLP in 2007 and the Northern California Psychiatric Society (APA District branch) Meritorious Award in 2009. On behalf of AGLP he accepted a \$3,000 grant from BAPHR in 2009 at their awards ceremony for AGLP activities during the APA meeting in San Francisco.

He last presented at an APA meeting in 2007 in San Diego at a symposium entitled Formation of Modern Lesbian and Gay Identities: Personal, Historical and Mental Health Perspectives, during which he spoke about the early history of the AGLP and the struggle to have lesbian and gay voices heard in the APA.

Here is a [link](#) to an interview that Mary Barber, MD, another AGLP past president, conducted as part of AGLP's oral history project published in the Journal of Gay and Lesbian Mental Health.

The early newsletters of AGLP, which cover the time that Dr. Kessler was president of AGLP are available in our online newsletter archives (Thank you, Jim Krajeski, MD!). These newsletters make for fascinating reading and give a great understanding of the important issues in the 1970's with lesbian and gay affirmative psychiatry soon after homosexuality's official depathologization.

Even before his death, Dr. Kessler was AGLP's largest donor. For the past several years, he gave annual donations of \$10,000. Over the years he donated over \$138,000 to AGLP.

There was a memorial service on Saturday March 11th, 2023.



AGLP 2023 Journal Outstanding Resident Paper Award

Continued from page 4

sociocultural to neuroscience (Jessica Kingsley Publishers, 2023). Their current projects include implementation science research on TNG mental health, as well as narrative medicine and physician advocacy. More about their scholarly and artistic work can be found at teddygoetz.com.

The JGLMH Outstanding Resident Paper Award consists of \$500, publication of the winning manuscript in the Journal, and assistance with travel costs to attend the APA and AGLP annual meetings in San Francisco to present the paper. Now in its thirteenth year, the JGLMH Outstanding Resident Paper Award is given for an outstanding paper written for publication by a psychiatry resident or other trainee. This award was supported in its first year by a generosity grant by the William A. Kerr Foundation, and continues to be funded annually by members of AGLP, The Association of LGBTQ Psychiatrists.



WELCOME TO OUR NEW MEMBERS 2023

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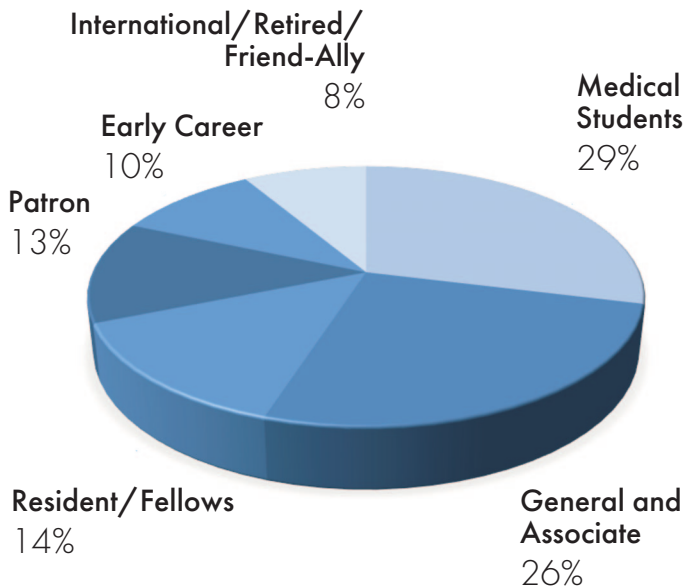
Support AGLP today! Upgrade to a Patron Level Membership

AGLP derives 13% of our budget from members who support us at the patron level. Your additional support helps finance the social and educational events we have planned for the San Francisco APA. AGLP fosters a community of LGBTQ+ psychiatrists who can advocate for our patients and find support for ourselves, and organize cutting edge educational programming. If you become a patron, you will be invited to our VIP reception on Monday May 22 at 6pm.

Additionally, you can donate to our medical student travel fund to help fund medical students to come to the APA conference. You can donate to the John O'Donnell Medical Student Travel Fund by clicking on [this secure link](#). Or contact Roy Harker at RHarker@aglp.org. See www.aglp.org for more information.



AGLP Membership Composition



Changing Membership Trends

Roy Harker, C.A.E.

RHarker@aglp.org

After significant growth during our 40th anniversary membership campaign, AGLP, like many non-profits across the country, has experienced some diminishing of membership numbers over the course of the pandemic. Pivoting to virtual meetings and regular Sunday educational sessions helped AGLP to sustain relatively stable membership numbers, but with the easing of covid restrictions and the return to more in-person gatherings, membership numbers have been declining – albeit not significantly – now reported at 3% below pre-pandemic figures. There continues to be a significant demographic shift, making AGLP more diverse in terms of gender and ethnicity than ever before. Here are the current membership numbers.

Patron Level	55
General and Associate	113
Early Career	43
Resident/Fellow	85
Medical Student	125
International/Retired/Ally	37
Total	433

Match Day 2023 Spotlight: Congratulations to AGLP'S very own, Nathen Spitz!



Nathen Spitz, M.D.

Nathen received a Student Spotlight from his Medical School, University of Iowa, where he celebrated matching into Psychiatry on Friday, March 17th!

Q1: What made you want to be a physician?

I was always an inquisitive, curious kid. Then on my first day of middle school, we had our first family meeting, and my life and career trajectory were forever changed. My mom was diagnosed with Stage III thymic carcinoma. She ended up passing away when I was 13 years old after a two-and-a-half-year battle with cancer.

While my mom was sick, nobody really talked to me about the emotional aspect of what we were all experiencing. I had shoved all the pain down, and I was also struggling to come to terms with my sexuality as a gay person. It took several office visits crying out for help before I was referred to get help with my mental health, and at that point, the nearest child and adolescent psychiatrist was hours away, with a months-long waiting list.

My personal experience battling the stigma of mental health disorders, as well as the lack of access to mental health services I experienced in my small town, really catapulted me into pursuing health care as a profession. I made a promise to my mom and myself that I would try to give back so that other people struggling with their mental health didn't feel as alone as I did.

Q2: What academic or extracurricular experiences most shaped your time in medical school?

I was lucky to find Dr. Nicholas Trapp my first semester of medical school and work on several projects with his team. Together, we investigated the use of transcranial magnetic stimulation (TMS), where we use magnetic coils to excite hypoactive regions

of the brain. My research in medical school compared different TMS modalities in treating depression.

Doing research in medical school really put learning into my own hands. It gave me a sense of confidence that I could ask questions, analyze data, and help improve the understanding of the mind so we can better help people who are struggling.

Q3: What is your fondest memory of medical school?

I had the honor of serving as an executive director at the Free Mental Health Clinic for several years. Helping lead our clinic through an international pandemic gave me multidisciplinary leadership experience. Working with providers, community partners, medical students, pharmacy students, social work students—they were all things that I didn't expect coming into medical school.

I'll never forget one clinic in my first year of medical school. I was feeling really disengaged from the medical school experience. I'd spent weeks in a row with my head in a book at the library, and I had just had an exam on Friday morning, and it didn't go well.

Then Saturday morning, I went to the clinic and got to meet and interview an undocumented person from Mexico and their emotional support dog. This person was isolated from their family and struggling with feeling alone here in the U.S. It was amazing to hear from them about the impact of the Free Mental Health Clinic. Needless to say, there were tears from both parties in the room.

Q4: What drew you to the specialty of psychiatry?

After my personal experience navigating the mental health care system, as well as impactful volunteer opportunities with kiddos with cancer and with LGBTQ+ teens as a mobile crisis counselor, I love that in psychiatry I get to blend my compassion and curiosity for others' life stories with my fascination with neuroscience.

I am especially interested in child and adolescent psychiatry. Most mental health disorders reveal themselves at or before this time, so working in this space can really impact a person's life trajectory. Plus, I think working with kids and teens is just more fun!

Continued on page 11

Presidents' Column
Continued from page 1



Amir Ahuja, M.D.

normalizing the conversation about depression in the LGBTQ+ community and empowering people to seek the mental health care they may need. This campaign, sponsored by Janssen Pharmaceuticals, Inc., partners with prominent LGBTQ+ and mental health voices and advocacy organizations to amplify lived experiences across the community and underscore that those living with hard-to-treat depression are not alone.

It's no secret that depression disproportionately affects members of our community, where LGBTQ+ adults are three times as likely to have mental health conditions compared to heterosexual adults and are 2.5 times more likely to use mental health services than cisgender heterosexual adults.

The Depression Looks Like Me campaign offers a safe space in which the community can see themselves represented in stories, gain access to culturally appropriate resources and providers across intersections of the community, and learn about the different facets of depression so they can make informed decisions with their healthcare teams about their treatment plans.

Everyone deserves to be seen, heard and feel empowered to ask for help. Together, we can show others what depression truly looks like. That depression looks like you, and depression looks like me. I'm proud to partner with Depression Looks Like Me and encourage you to learn more at www.DepressionLooksLikeMe.com.



Vice-President's Column

Pratik Bahekar, M.D.

PBahekar@aglp.org



Pratik Bahekar, M.D.

Pronouns and them

Asking others to allow you to live your authentic self should not burden any individual in any society. In theory, the social contract allows us all to have equal opportunity. Moreover, politics is meant to nurture the social contract. Sadly, the needle of discrimination almost always points toward minorities. The data on discrimination takes a lot of work to come by. At the Association of LGBTQ+ Psychiatrists, we advance the causes that will improve LGBTQ+ mental health. During the pandemic, AGLP adopted an online platform to do this. Drs. Nakajima and Rubin spearheaded the endeavor of conducting online educational seminars. Our members also present educational seminars at national and international conferences. At the 2023 American Psychiatric Association conference, there are more than a couple

of dozen LGBTQ+ mental health-related articles, and many of the presenters are AGLP members. I hope that you consider joining AGLP and being a part of protecting LGBTQ+ mental health.



Nathan Spitz
Continued from page 10

Nathan's AGLP Story:

My involvement in AGLP started my first year of medical school in the shadows of the start of the COVID-19 pandemic in the United States. In the spring of 2020, I had found myself with more time on my hands than usual, having transitioned to an entirely virtual curriculum. With those idle hands, I also found myself scrolling through Twitter more than normal, and I had stumbled upon an advertisement for a Match Panel discussion from LGBTQ+ medical students who had matched into psychiatry.

Growing up, not knowing a single queer person in my rural, lowan town, I had always feared I could not be what I could not see – a queer doctor. Several years later, after listening like a fly on the wall to the vulnerability and honesty of the matched panel discussants, I knew AGLP was something I wanted to be a part of my medical school career. From there, I regularly attended committee meetings as a Medical Student Committee member for the next two years, helping to plan events like an AGLP graduation, a discussion on LGBTQ+ research, as well as an LGBTQ+ psychiatry mentorship program.

Then in my final year of medical school, I had the pleasure of serving as a co-chair of the Medical Student Committee with my friends Danielle Espinoza and Francis Yang! In this position I've had the opportunity to participate in monthly executive board meetings, present on our mentorship program at the APA, hold monthly medical student committee meetings, host several discussions on succeeding on the wards; away rotations; match panels and more! I could not be more thankful for the memories made, friendships fostered, and lessons learned while being involved with AGLP.



Editor's Column
Continued from page 2

was climbed or a privilege given at birth, and to say, here, I will bring you to witness, because you are just deserving as I. This is the heart AGLP. The heart of our work. To uplift, to cement, to speak love into, and to help create a world to wake up into which works a little harder to represent softness and kindness, than it does to breed hate and limiting beliefs. We have come exceedingly far in many ways but the road has much area left to travel. While there will always be more work to do, we can stand strongly when we face it with one another.

Now, as I welcome you more into this newsletter and into all the exciting pieces that lie ahead for your reading and experiencing, I thank you for taking the time to be with us and to partner with us in this effort. After a brief absence, the Board is thrilled to return to sharing our world with you in this format, especially in light of our upcoming Conference, which you have and will learn so much more about throughout the coming pages. Together, we will explore the enriching spectrum of comprehensive LGBTQIA+ care and service. Something incredibly unique regarding our organization is our members' variety of experience and training, from medical clinicians to students, behavioral health professionals and allies, from perspectives of interventional treatment, health disparities, public advocacy for our youth and adult populations, discerning and planning for the impact of health policy, and beyond. Thus, that is what you will find here today- for our focus has been widespread and for good reason, as the world of Behavioral Health that we envision is one that inspires a collaborative approach, that reaches towards areas of need and humanity, and one that encourages closeness, vulnerability, and resiliency.

Thank you for your attention and above all, thank you for being unified in our common hope and standing with us.

In fellowship,
Donya Ahmadian



2023 John Fryer, M.D. Award Winner

AGLP is pleased to announce Nanette Gartrell, M.D., is the recipient of the American Psychiatric Association’s 2023 John Fryer Award. Nanette Gartrell, M.D., is known for her research on sexual abuse of patients by psychiatrists, done in the 1980s, research that was instrumental in changing ethics codes for medicine and psychiatry. Her National Longitudinal Lesbian Family Study has been proceeding since 1986, giving a rich window into the lives of a group of lesbian mothers and their children. She maintains a private practice in San Francisco, where she also writes and conducts her research.



Nanette Gartrell, M.D.

In the late 1970s and early 80s, Dr. Gartrell was one of the pioneering members of the Association of Gay and Lesbian Psychiatrists (AGLP). Along with Peggy Hanley-Hackenbruk, MD, and others, Dr. Gartrell paved the way for more women to be involved in AGLP. Dr. Gartrell was a member of the American Psychiatric Association (APA) Committee on Women for several years during the 1980s, and served as Committee chair from 1982-84. She has also had many years of involvement with the lesbian physician’s group, Women in Medicine. As mentor, advocate for women’s rights, through her oral presentations, research publications, and lifelong work in psychiatry, she has had a significant impact on the lives of LGBTQ+ people in the United States and throughout the world.

We believe that Dr. Gartrell embodies the ideal candidate for the Fryer Award. Through her sustained life-long work, she has brought world-wide attention to the issues that have directly and indirectly improved the lives and mental health of countless LGBTQ+ people.

The 2023 AGLP John Fryer Award and Lecture, "Out of the Frying Pan and to the Fryer: 54 Years of LGBTQ+ Advocacy Within Psychiatry" will occur on Monday, May 22, 3:45 to 5:15pm, at the American Psychiatric Association Annual Meeting in San Francisco.

The John E. Fryer, MD, Award honors an individual whose work has contributed to the mental health of sexual minorities. It was named for John Fryer, the psychiatrist who appeared as "Dr. H. Anonymous" at the 1972 APA meeting and helped move forward the process of removing the diagnosis of homosexuality from the DSM. The Award is funded by AGLP members, a matching grant from the Gill Foundation, and a bequest from AGLP founding member Frank Rundle, MD.

Contribute to the Fryer Award Legacy Fund

Ensuring the growth and future of the Fryer Award for generations to come

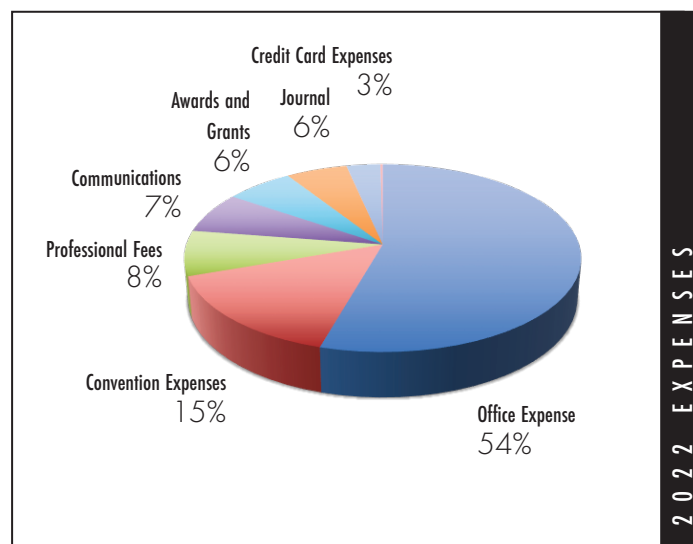
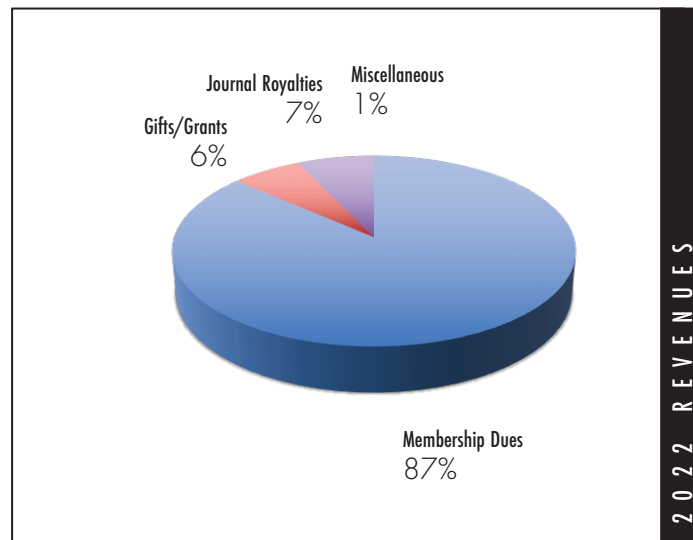
For more information about how you can get involved, please contact Roy Harker, Executive Director of AGLP at rharker@aglp.org or visit our website, www.aglp.org. Tax-deductible contributions to AGLP for the Fryer Award can be made through [this secure link](#).



AGLP: THE ASSOCIATION OF LGBTQ+ PSYCHIATRISTS

2022 AGLP Financial Statement

Chaden Nouredine, M.D., Treasurer



LEDGER SUMMARY

	2022	2021**
Total Receipts	\$ 84,186	\$ 87,572
Total Disbursements	\$ 95,974	\$ 85,792
Receipts/Disbursements	\$ -11,789	\$ 1,780
CASH, SAVINGS, AND INVESTMENTS		
Beginning of Year		End of Year
\$ 86,664**		\$ 69,452

* Includes contracted salaries, postage, supplies, book inventory and mailing expenses, bank service charges
 ** Audited figures

AGLP Announces our New Slate of Officers for 2023-2024

The AGLP Nominating Committee has approved the following slate of officers for the 2023-2024 term and the slate was approved by Executive Committee of AGLP. Early voting is now available for those not able to attend the meeting.

CLICK HERE to cast your vote. Your username and password will be required to access the ballot – only AGLP members may vote in this election.

In addition to this slate, the President shall accept additional nominations from members at the annual meeting, which must be seconded by a member of the Association in good standing. Self-nominations are not allowed. A member may not be nominated for office that is not in good standing with the Association. Any general or resident/fellow member of the Association whose dues are paid in full is eligible to become an Officer of the Association.

The slate is as follows:

President-Elect: Pratik Bahekar, M.D., M.B.B.S.



Pratik Bahekar, M.D.

Dr. Pratik Bahekar is an assistant professor in psychiatry at Yale University and a diversity leadership fellow of the American Psychiatric Association. He was a delegate from the Medical Society of the State of New York to the American Medical Association -RFS Interim meeting. He was on various local and national committees working toward advancing LGBTQ+ mental health and participated in advocacy and policy development with the same goal. He serves as the vice president of the AGLP. Dr. Bahekar's research focuses on the legal aspects of LGBTQ+ mental health. He has produced scholarship works with his expertise in LGBTQ+ mental health and his vision to remove healthcare barriers for LGBTQ+ individuals. Dr. Bahekar completed the

General Psychiatry Residency Training Program at SUNY Downstate Medical Center in Brooklyn, NY, and Yale University, and a forensic psychiatry fellowship at the University of Pennsylvania.

Vice-President: Eric Rafla-Yuan, M.D.



Eric Rafla-Yuan, M.D.

Eric Rafla-Yuan, M.D. is a San Diego psychiatrist and a voluntary assistant clinical professor at UC San Diego, where he founded and led the psychiatry residency diversity committee. He graduated medical school and completed additional training in bioethics at the Vanderbilt University School of Medicine, and completed residency training at the UC San Diego Community Psychiatry Program. He currently sits on the APA Council of Advocacy and Government Relations, and previously held leadership roles with the San Diego Psychiatric Society and California State Association of Psychiatrists. His research focuses on policy and structural drivers of health outcomes and his work on 988 and clinical crisis services has been published in popular media as well as the *New*

England Journal of Medicine and Health Affairs. He is the chair of APA's Caucus on the Social Determinants of Health, a delegate in the American Medical Association's House of Delegates, and formerly served as Health Counsel in the United States House of Representatives during the 117th session of Congress.

Secretary: Sarah Noble, D.O.

Sarah Noble received a Bachelor of Arts from Sarah Lawrence College and her Doctor of Osteopathy from the Philadelphia College of Osteopathic Medicine. She currently



Sarah Noble, D.O.

works at Albert Einstein Medical Center where she is the Medical Director of Outpatient Behavioral Health. Sarah is interested in women's mental health, particularly postpartum depression and depression during pregnancy.

She also focuses on LGBTQ mental health care, and is the secretary for the AGLP, the national organization for LGBTQ psychiatrists. Sarah is part of the Pride Clinic at Einstein which specializes in LGBTQ competent care.

Sarah has also begun to focus on anti-racism work within the behavioral health department and the hospital. She teaches about the social determinants of health and the effects of implicit bias on patient care.

Treasurer: Chaden Nouredine, M.D.



Chaden Nouredine, M.D.

Chaden Nouredine (she/her/hers) is a psychiatry intern at Icahn School of Medicine at Mount Sinai, Beth Israel. She was the interim AGLP treasurer (22-23), and is the current Resident and Fellows Committee co-chair. She served as national PsychSIGN region 3 chair and wellness and burnout prevention chair during her medical school training. During that time, she also served as PsychSIGN Magazine chief editor and PsychSIGN Podcast host. She is passionate about digital psychiatry, LGBTQIA+ mental health, and queer representation in media, especially in video games. In her free time, she enjoys digital arts, brewing coffee, playing AAA and indie title video games, and exploring NYC eateries.



Filmmakers Patrick Sammon and Bennett Singer to present two screenings of the award-winning documentary CURED

CURED illuminates a pivotal chapter in the history of psychiatry and the struggle for LGBTQ equality: the campaign that led the APA to remove homosexuality from DSM-11 in 1973. There will be two separate screenings.

1) AGLP will screen the feature-length version of this powerful film.

Monday, May 22, 1:00 to 3:15 PM

AGLP Hospitality Suite. Auditorium, San Francisco Center for Psychoanalysis, 444 Natoma St. (two blocks west of Convention Center)

The 80-minute screening will be followed by a discussion with co-directors Patrick Sammon and Bennett Singer. Richard Pillard, MD, one of the first out psychiatrists in the early 1970's, and the APA's first out President, Lawrence Hartmann, MD — both of whom are featured in *CURED* — will participate virtually.

2) A 35-minute version of the documentary will be screened at an APA scientific session: *CURED: The Past, Present, and Future of LGBTQ Rights* and the APA

Tuesday, May 23 3:45 PM to 5:15 PM
Room 211, Second Level

The screening will be followed by a discussion with AGLP President Amir Ahuja, MD; APA President-elect Petros Levounis, MD, MA; Fiona Fonseca, MD; and *CURED* co-directors Patrick Sammon and Bennett Singer.

Film website and trailer: <https://www.cureddocumentary.com>



AGLP AND APA ANNUAL MEETING 2023

San Francisco, CA, May 19-24

Shaded areas require Registration/RSVP
Register/RSVP for AGLP Events online at www.aglp.org



Scan the QR Code to the left to view all of the latest schedule information on our website.

The following schedule is accurate as of May 9. For up to date listings closer to the convention of AGLP/APA events go to <http://www.aglp.org/Pages/annualconference.htm>

Friday, May 19

6:30 to 8:00 PM

AGLP Welcome Reception

Joint AGLP Happy Hour and BAPHR (Bay Area Physicians for Human Rights) Mixer (Buy your own drinks)

BAPHR (www.baphr.wildapricot.org), the Bay Area LGBTQ Physicians and medical student organization founded in 1977, welcomes us to San Francisco. Please feel free to invite Bay Area LGBTQ physicians and medical students whom you know.
Lookout Bar. 3600 16th St -- Upstairs; Corner of Market and Noe.
www.lookoutsf.com • Muni: Castro

Saturday, May 20

8:00 to 9:30 AM

Providing Gender Affirming-Care in Vulnerable Patient Populations

Tamara Murphy, MD, Gino Mortillaro, Truc-Vi Huynh Duong, MD, Ash Schade
Room 303, Third Level

9:00 AM

SF Frontrunners (LGBTQ running and walking group)

Walk 1-2 miles, or run 1-5 miles. Meet at Stow Lake Boat House, Golden Gate Park.
www.sffr.org

9:30 to 11:30 AM

Medical Student/Resident Brunch

AGLP is delighted to host complimentary brunch for medical students, residents and fellows who are interested in learning more about LGBTQ mental health and AGLP
760 Haight Street

RSVP Required: **RSVP NOW...>**

10:30 AM to 12:00 NOON

Doing Affirmative Dialectical Behavior Therapy With LGBTQ+ People: A Live Demonstration

Jeffrey M. Cohen, PsyD, Colleen Sloan, PhD.
Room 160, Upper Mezzanine

11:00 AM to 1:00 PM

Castro Tales of the Village

(Free walking tour of the gay neighborhood) by San Francisco City Guides. Not sponsored by AGLP.

Pre registration required <https://sfcityguides.org/tour/castro/>

12:00 PM to 1:00 PM (Meet at front ticket counter at 11:45 AM)

AGLP Museum Outing: Into View: Bernice Bing. Asian Art Museum

Private docent-led tour: Into View: Bernice Bing (1936-1988) celebrates an important

Chinese American, lesbian artist. Come and learn about the evolution of Bing's remarkable practice, from paintings of the 1950s and 1960s which straddle Abstract Expressionism and figuration to work from the 1980s and 1990s that explores a synthesis of Zen calligraphy and Western abstraction. The museum is also an architectural gem (Architect Gae Aulenti)

Asian Art Museum, 200 Larkin St. BART and MUNI: Civic Center

AGLP docent led tour: \$35; \$10 trainees. Price includes admission to the rest of the museum except for Bollywood exhibit. Limited to 15 people. This docent tour will focus half on the Bing show, and half on highlights of the contemporary art collection. RSVP Required. **Buy Your Ticket NOW...>**

1:30 to 3:00 PM

The State of LGBTQ Mental Health

Amir K. Ahuja, MD
Room 308, Third Level

1:30 to 3:00 PM

Restorative Psychiatry: Disclosure; Broaching Race, Ethnicity, and Culture; and Cultivating Empathic Identity in the Therapeutic Relationship

Ravi Chandra, Sandra C. Walker, MD, Fiona D. Fonseca, Lisa Nakamura
Room 214, Second Level

3:45 to 5:15 PM

Human Asexuality: Understanding Why It Matters to Mental Health Practitioners

Samantha Hayes, MD, Aubri Lancaster, Carole Filangieri
Room 209, Second Level

3:45 to 5:15 PM

The Intersection of Trauma, Grief, and Sexuality: Benjamin Britten's *War Requiem*

Gene Nakajima, MD, Howard Rubin, MD, Petros Levounis, MD, MA
Room 307, Third Level

3:45 to 5:15 PM

AIDS and COVID: Similarities and differences. Lessons for psychiatry in the 21 century and beyond

Marshall Forstein, MD, Kenneth Bryan Ashley, MD, Adjoa Smalls-Mantey, DPHIL, MD, Will R Boles
Room 213, Second Level

5:00 PM

Trans/Non-Binary Committee Happy Hour

Pagan Idol; 375 Bush Street, San Francisco • 415-985-6375 • www.paganidol.com

5:30 to 7:30 PM

PrideCAPA and AGLP Happy Hour

PrideCAPA (Association of LGBTQ Child and Adolescent Psychiatrists); AGLP: The Association of LGBTQ+ Psychiatrists

Arbor • 384 Hayes Street • 416-626-1211 • arborsf.com

All are welcome! Get a snack/drink at Arbor and/or wine at Arlequin (www.arlequinwinermerchant.com), (can buy by the glass) which is next door, and eat/drink on the outside patio in the back (dress warmly). Muni: Van Ness. (In Hayes Valley, with many good dining opportunities).

7:00 PM

AGLP Womens' Dinner Outing

Fang's Restaurant; 660 Howard Street • 415-777-8568 • fangrestaurant.com
Reservations Required. **RESERVE NOW...>**

APA and AGLP Annual Meeting
Continued from page 14

7:30 to 9:10 PM

AGLP Outing: SF Symphony & Chorus: Gay composer Benjamin Britten's War Requiem

Davies Symphony Hall, 201 Van Ness Avenue, San Francisco, CA 94102

War Requiem juxtaposes the Latin Requiem mass with the anti-war poetry by World War I gay soldier, Wilfred Owen. Buy tickets on your own. \$25 rush tickets should be available on day of performance (rush hot line (415) 503-5577). Call after 6pm on Friday, May 19th, to determine availability. You can buy rush tickets immediately before the concert, or pay \$12 and buy by telephone that same day.) Howard Rubin, MD and Gene Nakajima, MD will be presenting a symposium earlier that day about the piece. To purchase regular tickets anytime: **BUY TICKETS...>**

Sunday, May 21

8:00 to 9:00 AM

Informal No-Host Coffee Gathering

*Hyatt Regency San Francisco Downtown SOMA, 50 3rd St,
The Market/Bluestone Lane coffee shop (first floor R of entrance)*

8:00 AM

Bay to Breakers 12K Race

San Francisco's and the world's largest run will take place on Sunday May 21st. People often run in fanciful costumes or nothing at all. **CLICK HERE** if you are interested in registering for the 12K run. **CLICK HERE** for the history of the race check out the wikipedia article:

8:00 to 9:30 AM

Promoting Women's Mental Health in a Difficult Environment: Current Challenges in the United States

*Evan Eyler, MD, MPH, Leslie Gise, MD, Amanda Koire, MD, PhD, Carole Warshaw, M.D.
Room 201, Second Level*

8:00 to 9:30 AM

Building a Better Psychiatric ED: A Focus on Special Populations

*Brandon C. Newsome, MD, Kuan-I (Lester) Wu, Vamsi Kalari, Meghan Schott
Room 155, Upper Mezzanine*

8:00 to 9:30 AM

Charting Future Intersectionalities: Mental Health, Spirituality, and Marginalized Children and Adolescents

*Mary Lynn Dell, MD, Lisa Fortuna, Margaret Stuber
Room 213, Second Level*

9:00 AM to 12:30 PM

AGLP Annual Executive Board Meeting

Board Room, San Francisco Center for Psychoanalysis, 444 Natoma St, San Francisco, CA 94103

This meeting also can be accessed virtually via Zoom. Advance registration required: **REGISTER NOW...>**

After registering, you will receive a confirmation email containing information about joining the meeting. Please join us if you are interested in joining the board.

10:30 AM to 12:00 PM

Improving Mental Health Care Outcomes in LGBTQ+ Populations: Challenges, Solutions, and Applications to the General Population

*Christine Marchionni, MD, Jerica Gerena, DO, Olivia Danforth, MD, Chris Gauthier, DO
Room 305/309, Third Level*

10:30 AM to 12:00 PM

Evolving Controversies in Treating Gender Dysphoric Youth

*Jack Drescher, MD
Room 304, Third Level*

10:30 AM to 12:00 PM

How to Provide Gender-Affirming Mental Health Care in a Clinical Setting

*Dan Karasic, MD
Room 205, Second Level*

10:15 AM to 12:45 PM

Oakland Museum Angela Davis Exhibit

Angela Davis — Seize the Time. Oakland Museum: This exhibition examines the image, influence, and activism of this Oakland-based, Black, Lesbian, Philosopher Icon. Seize the Time offers a look into the life of Angela Davis through the lens of race, gender, economics, and policy. No docent tour.

Meet at the Market/Bluestone Lane coffee shop at the Hyatt Regency San Francisco Downtown SOMA 50 3rd St.(first floor R of entrance) at 10:15 am. We will take BART (regional subway) to museum.

Oakland Museum of California, 1000 Oak St, Oakland, CA 94607 • <https://museumca.org>

11:00 AM to 1:00 PM

Castro Tales of the Village

(Free walking tour of the gay neighborhood) by San Francisco City Guides. Not sponsored by AGLP.

Pre registration required <https://sfcityguides.org/tour/castro/>

11:45 AM to 1:15 PM

Informal No-Host Lunch

*Wise Sons Jewish Delicatessen, inside Contemporary Jewish Museum (enter at entrance of Museum, must go through metal detector) 736 Mission St (east of 4th St)
<https://www.wisesonsdeli.com/location/cjm/> (415) 655-7887. Counter service or tables inside or out. You can order ahead by website or phone and skip the line.*

1:00 to 3:00 PM

AGLP and APA LGBTQ Caucus Annual Membership Meeting

Please join us to learn more about AGLP. Become involved in our organization and make an impact.

Auditorium, San Francisco Psychoanalytic Institute, 444 Natoma St, San Francisco

This meeting also can be accessed virtually via Zoom. Advance registration required:

REGISTER NOW...>

After registering, you will receive a confirmation email containing information about joining the meeting. Early voting for the AGLP slate of officers is now available.

CLICK HERE to cast your vote.

3:45 to 5:15 PM

Dying to Tell You: How Personal Grief Shapes the Practice of Psychotherapy From the Perspective of Gay-Identified Psychiatrists

*Robert Michael Kertzner, MD, Marshall Forstein, MD, Jeffrey S. Akman, MD
Room 213, Second Level*

7:00 to 10:00 PM

AGLP House Party in the Castro

538 Sanchez Street • San Francisco • Muni. J Church to 18th St or F,K,L,M,S,T to Castro St Station

APA and AGLP Annual Meeting
Continued from page 15

Monday, May 22

8:00 to 9:30 AM

Meeting the Health Needs of LGBTQIA+ and Marginalized Psychiatry Trainees

Chelsea R. Cosner, MD, Teddy G. Goetz, MD, MS
Room 206, Second Level

8:00 to 9:30 AM

Food, Music, and Novelas: A Roadmap for Psychiatry at the Intersections of Culture, Resilience and Mental Health Equity

Lisa Fortuna, M.D., M.P.H., German E. Velez, M.D., Brenda Cartujano Barrera, M.D.
Room 214, Second Level

8:30 AM to 3:00 PM

AGLP Hospitality Suite

Auditorium, San Francisco Center for Psychoanalysis, 444 Natoma St, San Francisco, CA 94103

We are grateful to the SFCP for accommodating AGLP during this annual meeting. Take a selfie with the Warhol lithograph of Freud!

8:30 to 9:30 AM

AGLP Continental Breakfast

Auditorium, San Francisco Center for Psychoanalysis, 444 Natoma St, San Francisco

9:45 to 10:45 AM

AGLP Journal of Gay and Lesbian Mental Health Resident Paper Award

Chris McIntosh, MD, Editor

This year's winning paper is by Dr. Teddy G. Goetz, a psychiatry resident at the University of Pennsylvania, for their manuscript "'Coming Home to My Body': A Qualitative Exploration of Gender-Affirming Care-Seeking and Mental Health".

Auditorium, San Francisco Center for Psychoanalysis, 444 Natoma St, San Francisco

11:00 AM to 12:00 NOON

Medical Student/Resident Discussion Group

Howard Rubin, MD

Auditorium, San Francisco Center for Psychoanalysis, 444 Natoma St, San Francisco

11:45 AM to 1:15 PM

Informal No-Host Lunch

Westfield Centre Shopping Mall Food Court. C Level (courtyard level which is the basement) (formal address is 865 Market, but faster to go in the back entrance on Mission (north side) Between 4th and 5th St through Bloomingdales. Meet at tables in back of Curry in a Hurry, facing Fire of Brazil.

1:00 to 3:15 PM

Screening of the documentary CURED

CURED illuminates a pivotal chapter in the history of psychiatry and the struggle for LGBTQ equality: the campaign that led the APA in 1973 to remove homosexuality from DSM-II. AGLP will screen the feature-length version of this powerful film. The 80-minute screening will be followed by a discussion with co-directors Patrick Sammon and Bennett Singer. Richard Pillard, MD, one of the first out psychiatrists in the early 1970's, and the first out APA President Lawrence Hartmann, MD — both of whom are featured in CURED — will participate virtually.

Auditorium, San Francisco Center for Psychoanalysis, 444 Natoma St, San Francisco

1:30 to 3:00 PM

A Public Health Crisis: Treating Intimate Partner Violence (IPV) With a Focus on LGBTQ+ Populations

Amir K. Ahuja, MD

Room 305/309, Second Level

1:30 to 3:00 PM

Fertility Preservation and Family Planning in Residency and Beyond: What Residents, Faculty and Administrators Should Know

Stefana Morgan, MD, Rubi Luna, MD, Isaac Johnson, MD, Martha Vargas, MD
Room 307, Third Level

3:45 to 5:15 PM

2023 AGLP John Fryer Award and Lecture

Nanette Gartrell, MD, Award Recipient

Out of the Frying Pan and Into the Fryer: 54 Years of LGBTQ+ Advocacy Within Psychiatry

Room 152, Upper Mezzanine

3:45 to 5:15 PM

Queer in the Cornfields: How Psychiatrists Can Help Rural Youth Navigate the Coming Out Process

Ronald R. Holt, DO, Colleen Waickman, MD, Gabrielle Shapiro

Room 214, Second Level

3:45 to 5:15 PM

Mission-Based Media Collaborative Work Concerning "Controversial" Topics in Psychiatry

Jessica Gold, MD, Amanda Joy Calhoun, MPH, MD, Jack Turban, MD, MHS

Room 210, Second Level

6:00 PM

AGLP VIP Reception

(Invitation Only, Upgrade your membership to a patron category to boost your support of AGLP and receive an invitation)

OASIS San Francisco

298 Eleventh St. San Francisco, CA 94103 • (415) 795-3180

<https://www.sfoasis.com>

7:00 to 9:00 PM

AGLP Annual Awards Ceremony and Party

Our main event of the year. Socialize with old friends and make new ones.

This year honoring Jeffrey Akman, M.D., Stuart Sotsky, M.D., Margery Sved, M.D., Ning Zhou, M.D., and the UCSF LGBT Psychiatry Department Area of Distinction, and Erick Hung, M.D., and the UCSF LGBTQ+ Mental Health Clinic.

OASIS San Francisco

298 Eleventh St. San Francisco, CA 94103 • (415) 795-3180

<https://www.sfoasis.com>

Bring something warm to wear if you want to enjoy the rooftop view.

We acknowledge, with gratitude, the co-sponsorship of the AGLP Annual Awards Reception by

The Bay Area Physicians for Human Rights (BAPHR).

and

Professional Risk Management Services, Inc. (PRMS)



APA and AGLP Annual Meeting
Continued from page 16

Tuesday, May 23

8:00 AM to 9:30 AM

Breaking the Glass Closet: Challenges and Opportunities for LGBTQ+ individuals in a Minority Culture of Psychiatry and Leadership

Pratik P. Bahekar, MBBS, Kenneth Bryan Ashley, MD
Room 213, Second Level

8:30 to 9:30 AM

Informal No-Host Coffee Gathering

Hyatt Regency San Francisco Downtown SOMA, 50 3rd St, The Market/Bluestone Lane coffee shop (first floor R of entrance)

9:45 AM to 12:00 NOON

Kehinde Wiley An Archaeology of Silence exhibit at the De Young Museum

Meet at the Market/Bluestone Lane coffee shop at the Hyatt Regency San Francisco Downtown SOMA 50 3rd St.(first floor R of entrance) at 9:45am. Will share cabs/Lyft to the museum.

De Young Museum, 50 Hagiwara Tea Garden Dr, San Francisco, <https://www.famsf.org>

11:00 AM to 1:00 PM

Castro Tales of the Village

(Free walking tour of the gay neighborhood) by San Francisco City Guides. Not sponsored by AGLP.

Pre registration required <https://sfcityguides.org/tour/castro/>

1:30 to 3:00 PM

Transgender Care: Using the New WPATH Standards of Care Version 8

Dan Karasic, MD, Aron Janssen, MD, Madeline Deutsch, MD
Room 201, Second Level

1:30 to 3:00 PM

LGBT Primary Care and Gender Affirming Care for Children and Adolescents

Walter E. Wilson, MHA;MD Shamiaka Virella Dixon, M.D. Regina James, M.D.
Room 305/309, Third Level

1:30 to 3:00 PM

Alternatives to Facts: Mental Health Impact of Social Media, Phone Applications, and Technology

Pratik P. Bahekar, MBBS, Amir K. Ahuja, MD, Petros Levounis, MD, MA
Room 210, Second Level

1:30 to 3:00 PM

The Mental Health Impact of Covid-19 in At-Risk, Underrepresented Minorities

Tatiana A. Falcone, MD, Murat Altinay, MD, Youssef Mahfoud, MD
Room 206, Second Level

3:45 to 5:15 PM

Film Screening and Discussion: CURED

CURED: The Past, Present, and Future of LGBTQ Rights and the APA
APA will show an abbreviated 35-minute version of the documentary CURED followed by a discussion with AGLP's President, the two filmmakers, the APA's President-elect, and AGLP newsletter editor. Amir K. Ahuja, MD, Patrick Sammon, Bennett Singer, Petros Levounis, MD, MA, Fiona D. Fonseca

Room 211, Second Level

3:45 to 5:15 PM

Crazy in Love: The Portrayal of Sexual Orientation and Mental Health in Popular Feature Films

Howard Rubin, MD, Efe Sari, Nevin Durdu, Christopher A. McIntosh, MD
Room 314, Third Level

3:45 to 5:15 PM

Exposing Thomas Eakins: Polymorphous Perversity in the Life and Art of a 19th Century Painter

John Bostwick, MD, MFA, Kathryn Zerbe
Room 202, Second Level

6:30 to 8:00 PM

AGLP International and BIPOC Reception (All are welcome!)

Informal gathering for International psychiatrists visiting from other countries, IMG's, and Black, Indigenous, and People of Color (including Latina/x/o, Asian/PIs)
The Well at Vara, 1600 15th St (near the 16th and Mission St BART stop).
RSVP and a virtual key will be required to enter the building. You will receive the key once you submit your RSVP. **RSVP NOW...>**

Wednesday, May 24

8:00 to 9:30 AM

Beyond Race, Sex, and Gender: Intersectionality, Intersex, and Nonbinary Identities

Albert Ning Zhou, MD, Kai Huang, Terence Howard
Room 157, Upper Mezzanine

8:00 to 9:30 AM

Comprehensive Care of the Transgender Patient: A Multidisciplinary Approach

Murat Altinay, MD, Henry Ng, MD, Cecile Ferrando, MD, MPH, Jason Lambrese
Room 155, Upper Mezzanine

8:00 to 9:30 AM

Overcoming Shame, Stigma and Barriers in Addressing Victims of Male Sexual Violence

Dhruv Gupta, MD, MS, Saranyan Senthelal, MD, Marissa Goldberg, DO, Obiora Nnaji, MD
Room 202, Second Level

10:30 AM to 12:00 NOON

Integrated Gender-Affirming Services in California State Prisons: Rethinking Our Therapeutic Interventions

Christine Osterhout, Trisha Wallis, PsyD, LCSW, Nicole Morrison, MD
Room 301, Third Level

1:30 to 3:00 PM

Gender-Affirming Psychiatric Care: Discussion and Preview of Forthcoming APA Textbook

Teddy G. Goetz, MD, MS, Alex S. Keuroghlian, MD, MPH, Hyun-Hee Kim, MD
Room 159, Upper Mezzanine

1:30 to 3:00 PM

"No One Leaves Home Unless Home Is the Mouth of a Shark": Collaborating to Advance the Emotional Health of LGBTQ Individuals in Crisis Zones

Omar Fattal, MD, MPH, Joanne Ahola, MD
Room 214, Second Level

5:30 to 6:30 PM

Farewell Happy Hour

The Grove. 690 Mission St @ 3rd St. <https://thegrovesf.com/>

7:30 to 9:30 PM

San Francisco Ballet School Spring Showcase

The San Francisco Ballet School Students showcase their talents at their annual spring festival. Mixed program of works. <https://www.sfballet.org/support-us/special->

Continued on page 21

AGLP 2023 Awards

The Distinguished Service Award, AGLP's first designated award, is given to an individual for outstanding contributions to the LGBTQ community. Over the years it has been awarded to AGLP members whose work extends past the reach of the organization, to supportive APA officials, and to public figures. The 2023 Distinguished Service Award is being presented to **Jeffrey Akman, M.D.**



Jeffrey Akman, M.D.

Jeffrey S. Akman, MD joined AGLP in 1986 and has had a forty-year career in academic medicine and psychiatry as an out LGBTQ psychiatrist. A professor of psychiatry and behavioral sciences at the George Washington University, he currently serves as the Interim Chair of the GW Department of Psychiatry and Behavioral Sciences and the Chief of the Psychiatry Service in the GWU Hospital.

Dr. Akman previously served as the GW Vice President for Health Affairs and Dean of the School of Medicine and Health Sciences. During his tenure as the first out LGBTQ vice president and dean in the 200 year history of the George Washington University and the first (or one of the first) out

LGBTQ deans of a U.S. medical school, he led the expansion of efforts in diversity, equity and inclusion, the transformation of the MD and health sciences curricula, an expansion of research and research facilities, the recruitment of nationally recognized faculty and a significant increase in philanthropy and student scholarship funding. With his colleagues in the GW medical enterprise, he led the creation of the GW Cancer Center, the GW Transplant Institute, the Level 1 Trauma Center and oversaw the expansion of the clinical enterprise.

Prior to serving in that capacity, Dr. Akman served for ten years as the Leon M. Yochelson Professor and Chair of the Department of Psychiatry and Behavioral Sciences at GW and was recognized as the first (or one of the first) out LGBTQ chairs of a U.S. academic psychiatry department. An alumnus of Duke University and the GW MD and psychiatry residency programs, Akman served on the first APA Commission on HIV/AIDS and co-lead the APA's AIDS Education Project Steering Committee where, along with other members of AGLP, helped create the field of HIV psychiatry in the 1980s.

An APA Distinguished Life Fellow, Dr. Akman has been recognized for his efforts in medical education, HIV psychiatry, LGBTQ health, community service and for his contributions to George Washington University. He currently serves on the American Medical Association Foundation's Commission on LGBTQIA+ Fellowships and the Department of Veterans Affairs Special Medical Advisory Group. He has served on President Barack Obama's Presidential Advisory Council on HIV/AIDS, on the Association of American Medical Colleges Council of Deans, as President of the National Lesbian and Gay Health Association, President of the Washington Psychiatric Society and Chairman of the Whitman Walker Health Board of Directors.

Dr. Akman lives with his husband, Steven Mazzola, in Washington, DC.

The **AGLP James Paulsen Award**, created in 1986 and presented to an AGLP member who has made significant contributions to the ongoing life of the organization, is conferred this year on **Stuart Sotsky, M.D.**, a long-standing member of AGLP. Dr. Sotsky's award will be presented in the Fall of 2023 when AGLP meets in his home town of Washington, DC.

The **Barbara Gittings Award** for 2023 is being presented to Margie Sved, M.D. The AGLP Barbara Gittings Award is presented to a woman who demonstrates exceptional leadership and advocacy for lesbian issues. It was named after one of the founders of the gay rights movement and one of the activists instrumental in moving APA to consider depathologizing homosexuality.

Margie writes: "I grew up in New Jersey, then went south for college at Duke, then



Margery Sved, M.D.

medical school at UNC, psychiatry residency at MUSC, (Charleston SC), followed by Consult-Liaison Fellowship at Tufts-New England Medical Center. Quickly back south, to faculty job at what was then Medical College of Georgia (Augusta, GA). But since I met Dyke Doctors during my year in Boston, was informed about and attended the Inaugural Women in Medicine (Lesbian Physicians) Conference in 1984. I (foolishly?) volunteered for the AAPHR (now GLMA) Board as Women's Issues Chair, and began my many years of advocacy as a lesbian psychiatrist.

Meanwhile, moved back to the Triangle Area of NC (Raleigh, Durham, Chapel Hill) in 1985, where I

have stayed since. My psychiatric career was primarily in Public Sector psychiatry (State Hospital, CMHC), with a variety of other part-time jobs, until I was laid off when the County MHC closed in 2013. I was luckily (and serendipitously) able to retire for the first time with a NC State pension and benefits. The past 10 years have continued with various part-time jobs, and I'm now down to working just one day a week. But, one of the circles of my life is going from seeing my first GRID patient in Boston in 1983 during my consult fellowship, to ending my employed career with my one day a week current job as the psychiatrist for our county HIV clinic.

Advocacy: After several years on the AAPHR Board, I jumped from being treasurer of AAPHR to treasurer of AGLP in 1998, and also became active in APA and my local District Branch in North Carolina. I've been President of AGLP and NCPA, as well as multiple other elected positions with both. Became active in the APA Assembly starting in 1995, as Deputy Representative and then Rep for the Caucus of Gay, Lesbian, and Bisexual Psychiatrists, and was awarded the Ron Shellow Assembly Award for service in the Assembly in 2009. But, I didn't end up leaving the Assembly, served a representative for my district branch, and then since 2016 as the Representative for AGLP. Innumerable other committees at APA, NCPA, as well as in my places of employment and the North Carolina state government, mostly focused on advocacy related to LGBT issues and HIV disease.

Personal: I met Grace in 1990, and we've had several marriages along the way. We adopted Eliana as an infant in 1993, and Sara as a 9 year old in 1995 (and sued each other for co-guardianship of our daughters while second parent adoptions were beginning in the more progressive states). Each of them had various mental health and physical challenges, and are now successful, independent, young adults. We also served as foster parents and respite providers for several years with the Wake County Department of Social Services, including being the first same sex couple licensed as a couple for foster care, which led to the policy change to allow same sex couple to foster parent. We've also adopted various animals along the way, most recently a 9 year old pit bull from our local county animal shelter."

The **2023 Stuart Nichols Award** is being conferred on two organizations and their associated leaders.

Ning Zhou, M.D., and the UCSF Psychiatry Department's Area of Distinction in LGBTQ+ Mental Health

A. Ning Zhou, MD (he/him/他) is a child, adolescent, and adult psychiatrist at the San Francisco Department of Public Health (SFDPH). He completed medical school at the University of Chicago Pritzker School of Medicine, psychiatry residency at the University of California, San Francisco (UCSF), and child & adolescent psychiatry fellowship at New York-Presbyterian/Columbia and Cornell Universities. At UCSF, he served as Chief Resident for Education, completed the Health Professions Education Pathway, received the Department of Psychiatry's Outstanding Teacher Award, and graduated with Areas of Distinction in LGBTQ+ Mental Health and Cultural Psychiatry. He was a previous American Psychiatric Association/Substance Abuse and Mental

Museum, Cultural, and Musical AGLP Outings

Museum Outing Bernice Bing, Asian Art Museum

Saturday May 20 12:00pm to 1:00pm (Meet at ticket counter at 11:45 AM)

Private docent-led tour, sign up for ticket below.



Bernice Bing

Into View: Bernice Bing (1936-1988) celebrates an important Chinese American, lesbian artist. These works reveals the evolution of Bing's remarkable practice, from paintings of the 1950s and 1960s that straddle Abstract Expressionism and figuration to work from the 1980s and 1990s that explores a synthesis of Zen calligraphy and Western abstraction. The exhibition shows how Bing's perseverance as a queer Asian American woman fueled her achievements. This is the first painting exhibit by an Asian American woman at the Asian Art Museum. The museum is also an architectural gem (Architect Gae Aulenti)

Asian Art Museum, 200 Larkin St. BART and MUNI: Civic Center

AGLP docent led tour: \$35; \$10 trainees. Price includes admission to the rest of the museum except for Bollywood exhibit. This docent tour will focus half on the Bing show, and half on highlights of the contemporary art collection.

RSVP Required. Buy Your Ticket NOW...> Limited to 15 people. If you stick around the museum will have a Great Works of Asian Art tour at 2:00 PM.

A Musical and Poetry Offering: SF Symphony & Chorus outing: Gay composer Benjamin Britten's *War Requiem*

At this year's APA annual meeting, Gene Nakajima and I have put together a treat for you with two events focusing on one of the greatest choral masterpieces of twentieth century music, the *War Requiem*.



Benjamin Britten and Peter Pears

A commission for the reconsecration of Coventry Cathedral, which was bombed by Germany in World War II, *War Requiem* juxtaposes the Latin Requiem mass with anti-war poetry by World War I era gay soldier, Wilfred Owen. Britten, who wrote the music as an act of reparation and healing, had a lifelong passion for pacifism and was a conscientious objector.

Owen who suffered from what was then called Shell Shock, a precursor to the

diagnosis of PTSD, wrote poetry about his experiences in battle and died on the front a few days before the end of the war.

Please join us on Saturday May 20th at 3:45 PM at the APA for a symposium Gene and I are organizing which will be a deep dive into the music and poetry of Benjamin Britten's *War Requiem* with a psychiatric and queer focus. It is entitled The Intersection of Trauma, Grief, and Sexuality: Benjamin Britten's *War Requiem*.

In the evening, a group of us will then go to the San Francisco Symphony at Davies Hall to hear this magnificent choral piece performed live.

If you wish to attend the performance, please buy your own tickets:

War Requiem by Benjamin Britten Saturday 7:30-9:10pm (no intermission)
Location: Davies Symphony Hall, 201 Van Ness Avenue, (Muni: Van Ness) Ian Bostridge, tenor, gay conductor Philippe Jordan from the Vienna State Opera.

To purchase regular tickets anytime: BUY TICKETS...>

\$25 rush tickets may be available on the day of performance (rush hot-line (415) 503-5577). Call after 6pm on Friday May 19th to determine availability. You can buy rush tickets immediately before the concert, or pay \$12 and buy by telephone that same day.

Outing to Kehinde Wiley *An Archaeology of Silence* exhibit at the De Young Museum

Tuesday May 23, 9:45am to noon

Meet at the Market/Bluestone Lane coffee shop at the Hyatt Regency San Francisco Downtown SOMA 50 3rd St.(first floor R of entrance) at 9:45am. Will share cabs/Lyft/Uber to the museum. 50 Hagiwara Tea Garden Dr,



Kehinde Wiley

The De Young museum in Golden Gate Park is hosting the US premiere (coming from Paris Musee d'Orsay) of the exhibit Kehinde Wiley: *An Archaeology of Silence*, a monumental new body of work created against the backdrop of the murder of George Floyd and the worldwide rise of the Black Lives Matter Movement. *An Archaeology of Silence* meditates on the deaths of young Black people all over the world. The resulting paintings of Black people struck down, wounded, resting, or dead offer a haunting meditation on the violence against Black and Brown people through the lens of European art historical references. These 26 works stand as elegies and monuments, underscoring the fraught terms in which Black people are rendered visible, especially when at the hands of systemic violence.

No docent tours. Audio guides available or you can listen on your phone (bring headphones). Tour can be obtained and listened to ahead (28 min, 11 stops, soundcloud) www.famsf.org/stories/kehinde-wiley-an-archaeology-of-silence-audio-tour

Kehinde Wiley (American, b. 1977) has turned the art of portraiture into an international cultural performance, reordering connections between art and politics, and between power and class, by creating grand portraits of black urban men from around the world with a homoerotic twist. He is best known for his portraits that render people of color in the traditional settings of Old Master paintings. Wiley's work brings art history face-to-face with contemporary culture, using the visual rhetoric of the heroic, the powerful, the majestic and the sublime to celebrate Black and Brown people the artist has met throughout the world.

Obama selected Wiley to become the first African American and first out gay artist to paint an official U.S. Presidential portrait for the Smithsonian National Portrait Gallery. In 2013, during the APA meeting AGLP organized a docent led tour of an exhibit of his at the Contemporary Jewish Museum. 70 min.

Tower Observation, make sure to take the elevator and go to the tower of the museum to see a good view of the park and city.

Japanese Tea Garden is next door. The SF City Guides has a free tour at 1:00 PM on May 23. <https://sfcityguides.org/tour/japanese-tea-garden/>

Ansel Adams in our Time

If you visit the De Young Museum, you may want to budget time to see the exhibit about the photographer as well. The show places him in conversation with contemporary artists including lesbian photographer Catherine Opie. <https://www.famsf.org/exhibitions/ansel-adams-in-our-time> (docent tour 11:00 AM, 1:00 PM, sign up when you get to museum)

AGLP 2023 Awards
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Ning Ahou, M.D.

Health Services Administration Minority Fellow where he received funding to promote minority mental health and study sexual orientation disclosure and intersectionality of gay Chinese/Chinese-American male emerging adults. He currently works at Dimensions Clinic for Queer and Trans Youth, Castro-Mission Health Center, Chinatown Child Development Center, and Chinatown/North Beach Mental Health Services. He co-facilitates a monthly gender consultation group aimed at increasing SFDPH's capacity to serve transgender and nonbinary youth and their families. He is on voluntary faculty at UCSF where he supervises trainees and directs the LGBTQ+ Mental Health Area of Distinction. He is a UCSF Public Psychiatry Administrative Fellow where he

conducts research to understand sexual orientation & gender identity language and healthcare experiences among transgender and nonbinary Mandarin speakers. He serves as a committee member on the American Academy of Child & Adolescent Psychiatry Sexual Orientation & Gender Identity Committee. In addition, he has a small private practice that focuses on transgender and nonbinary youth.

Erick Hung, M.D., and the UCSF LGBT Psychiatry Clinic

Erick Hung, M.D.

The LGBTQ Psychiatry Clinic is a specialty clinic at UCSF Health in the Department of Psychiatry and Behavioral Sciences Pritzker building. This clinic provides mental health services to individuals who identify as a sexual or gender minority. The population is varied demographically by age, socioeconomic status, relationship status, ethnicity and race, gender identity, sexual orientation, past psychiatric history, and diagnoses. Additionally, our staff address the mental health consequences related to minority stress, such as prejudice, stigma, rejection, internalized homophobia and transphobia, and structural oppression (e.g. lack of equal civil rights for sexual and gender minorities). Clinical services include comprehensive psychiatric evaluations, consultation,

medication management, and psychotherapy. The clinic is a close partner with the UCSF Gender Affirming Health Program and meets monthly with primary care clinicians for collaborative care. The clinic also assists in providing a psychosocial assessment for individuals pursuing gender affirmation surgical procedures. Our staff are committed to promote health equity for all and to foster diversity, belonging, and anti-oppression in our health care system.

Dr. Erick Hung is a Professor of Clinical Psychiatry in the UCSF Department of Psychiatry and Behavioral Sciences and is a member of the UCSF Academy of Medical Educators. He is the Associate Dean for Students in the UCSF School of Medicine. Prior to joining the Dean's team, he served as the Program Director of the Adult Psychiatry Residency Training Program from 2012-2022 and the Director of Curricular Affairs for GME for the UCSF School of Medicine from 2015-2022. He completed his medical school, psychiatry residency, and forensic psychiatry fellowship training at the University of California, San Francisco and joined the faculty at UCSF in 2009. He actively teaches in the areas of risk assessment, medical education, forensic psychiatry, leadership, and ethics. His interests include primary care and mental health integration, the interface between mental health and the legal system, inter-professional collaboration and training, HIV psychiatry, LGBTQ mental health, and medical education. His educational scholarship interests include competency-based assessment, faculty development, and near-peer learning in the workplace setting.

The Stuart Nichols Award is presented to a community service organization in the Annual Meeting city that supports LGBTQ Mental Health. It was named after Stuart Nichols, MD, a community psychiatrist who did addictions and HIV work and was a mentor to many AGLP members. The award includes a cash stipend.

This year, the 2023 AGLP Awards will be presented in a ceremony at **OASIS San Francisco**, 298 Eleventh St. San Francisco, CA 94103 • (415) 795-3180 • <https://www.sfoasis.com>, on Monday, May 22, 2023. The reception begins at 7:00pm with the Awards Ceremony following at 8:00pm.



AGLP Museum and Musical Outings

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Oakland Museum Angela Davis Exhibit Outing

Sunday May 21 from 10:15 AM to 12:45 PM

Meet at the Market/Bluestone Lane coffee shop at the Hyatt Regency San Francisco Downtown SOMA 50 3rd St. (first floor R of entrance) at 10:15 AM. We will take BART (regional subway) to museum, 1000 Oak St, Oakland, CA No docent tour



Angela Davis

Angela Davis — *Seize the Time* examines the image, influence, and activism of the Oakland-based Black, Lesbian and Philosopher icon. *Seize the Time* offers a look into the life of Angela Davis through the lens of race, gender, economics, and policy. With a focus on her arrest, incarceration, trial, and the national and international campaigns to free her, *Seize the Time* highlights Davis's legacy as well as her ongoing role as an important contemporary figure for artists and activists. The exhibition features a range of powerful materials, including contemporary and historical artworks, media, literature, sketches, rare manuscripts of Davis's philosophical and activist writings. The Oakland Museum is a 15 min (BART, subway) ride from downtown SF Powell station to Lake Merritt, \$3.85 each way.

<https://museumca.org/on-view/angela-davis-seize-the-time/>

I Still Love You: Queerness, Ancestors and the Places that Made Us

I Still Love You: Queerness, Ancestors and the Places that Made Us is an exhibit features which original poetry and art from Bay Area BIPOC queer and TGNC artists juxtaposed with archival treasures – some never publicly exhibited – and literary selections from the Hormel Center's collections. James Hormel LGBTQIA Center of the San Francisco Public Library 3rd floor, 100 Larkin St (next to the Asian Art Museum) Muni: Civic Center. <https://sfpl.org/exhibits/2023/03/18/i-still-love-you>

The GLBT Historical Society has a museum in the heart of the Castro. Exhibits include *Queer Past Becomes Present*, *The Original Rainbow Flag*, *Matchmaking in the Archive*, *Doris Fish: Ego as Artform*. <https://www.glbthistory.org/exhibitions> 4127 18th St. Muni: Castro



APA and AGLP Annual Meeting
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events/2023springfestival/. *Blue Shield of CA Theater at Yerba Buena Center of the Arts, 700 Howard Street. Contact Howard if you are going and want to coordinate plans.*

Post APA Sonoma County Trip

Howard Rubin, MD and Gene Nakajima, MD will organize a post conference visit to Sonoma County, about one hour north of San Francisco. (the weekend after the conference is Memorial Day Weekend.) Contact **Howard** or **Gene** for details.

■ ■ ■

Dance the Night Away: A Night Owl's Guide to San Francisco

By Terence Howard, M.D., PGY II, UCSF

Highlighted location each night for AGLP people to gather.

FRIDAY NIGHT

1) Moby Dick Bar, 4049 18th Street, SF, CA, 94114 (8 PM)
Be sure to grab a frozen marg, play some pool, or people watch from the glass windows!

2) Toad Hall, 4146 18th Street, SF, CA, 94114 (930 PM / cover after 10 PM)
<http://toadhallbar.com>
Hop on the dancefloor or hang out in the back patio under the heated lights.

3) Cafe, 2369 Market Street, SF, CA, 94114 (12 AM)
<https://cafesf.com>
Cap the night at this discotheque with dancers and a stage for you to perform!

4) Hot Cookie, 407 Castro Street, SF, CA, 94114 (closes 2 AM)
<https://hotcookie.com>
You can't leave the Bay without a souvenir cookie—you'll see why!

5) Taco Boys, 2312 Market Street, SF, CA, 94114 (closes 2AM)
<https://www.tacoboy.net>
Thank me later.

6) Gyro Xpress, 499 Castro Street, SF, CA, 94114 (closes 3AM)
<https://www.gyroexpresssf.com>
Comfort food with a Mediterranean twist

SATURDAY NIGHT

1) The Mix, 4086 18th Street, SF, CA, 94114 (8-9 PM)
<http://thesfmix.com>
Cheap cocktails and good vibes with a large outdoor patio.

2) El Rio, 3158 Mission Street, SF, CA, 94110 (9 PM)
<https://www.elriosf.com>
A local favorite and all-around crowd pleaser.

3) Hi Tops, 2247 Market Street, SF, CA, 94114 (9-10 PM)
<https://www.hitopsbar.com/hi-tops-sf>
The chicken sandwich will leave you breathless!

4) Port Bar, 2023 Broadway, Oakland, CA, 94612 (9-10 PM)
<https://www.portbaroakland.com>
Hop on over to Oakland for RnB and hip-hop vibes.

5) Beaux, 2344 Market Street, SF, CA, 94114 (10 PM-12 AM)
<https://www.beauxsf.com>
Dance the night away—who knows, you might catch a RuGirl in (or out of) drag!

6) La Tortilla, 495 Castro Street, SF, CA, 94114 (closes 3 AM)
A late-night luxury and delight.

SUNDAY NIGHT

1) The Lookout, 3600 16th Street, SF, CA, 94114 (3-7 PM)
<http://www.lookoutsf.com>
Take in the city on the balcony and keep it cool on a Sunday!

2) The Eagle, 398 12th Street, SF, CA, 94103 (5 PM)
<https://sf-eagle.com>
Indulge and bask in the pride of SF leather culture.

3) Blind Butcher, 4058 18th Street, SF, CA, 94114 (closes 10 PM)
<https://blindbutcher.com>
Shareable gourmet favorites.

4) Blush!, 476 Castro Street, SF, CA, 94114 (closes 12 AM)
<https://blushwinebar.com>
Local cozy wine bar in the heart of the Castro.

MONDAY NIGHT

1) Wild Side West, 424 Cortland Ave, SF, CA, 94110 (closes 10 PM)
<https://www.wildsidewest.com>
The city's best kept secret—hit this well known lesbian bar for a rocking good time!

2) Martuni's, 4 Valencia Street, SF, CA, 94103 (closes 2 AM)
Come for the delectable martinis—stay for the mega-sized talent singing showtunes.

3) The Edge, 4149 18th Street, SF, CA, 94114 (closes 2 AM)
Sing along with the crowd for musical Mondays.

4) 440 Castro, 440 Castro Street, SF, CA, 94114 (closes 2 AM)
A favorite local dive bar for mature gentlemen—and those who don't mind!

TUESDAY NIGHT

1) Mezcalito, 2323 Polk Street, SF, CA, 94109 (closes 10 PM)
<https://www.mezcalitosf.com>
Jet on over to Russian Hill and Pacific Heights for more trendy, urbane outings.

2) Cavana, 100 Channel Street, SF, CA, 941588 (closes 12 AM)
<https://www.cavanasf.com>
Luxury views along the Bay—what more can you ask for?

3) Trick Dog, 3010 20th Street, SF, CA, 94110 (closes 12 AM)
<https://www.trickdogbar.com>
Funky, original menus with equally delicious cocktails.

4) Detour, 2200 Market Street, SF, CA, 94114 (closes 12 AM)
<https://www.detoursf.com>
Whether you're a fan of Pac-Man or Smash Bros this arcade bar has all your faves!

WEDNESDAY NIGHT

1) Twin Peaks Tavern, 401 Castro Street, SF, CA, 94114
Take part of history and revel in one of the first queer bars with clear glass windows.

2) Spark Social, 601 Mission Bay Blvd, SF, CA, 94158 (closes 9 PM)
<https://sparksocialsf.com>
Who doesn't love a whole court of food trucks!?

3) El Techo, 2516 Mission Street, SF, CA, 94110 (closes 10 PM)
<https://www.eltechosf.com>
Rooftop vibes right in the hustle and bustle of the Mission.

4) Blackbird, 2124 Market Street, SF, CA, 94114 (closes 12 AM)
<https://www.blackbirdbar.com>
Crafty cocktails coming right up!

AGLP MEMBERSHIP APPLICATION FORM

NAME: _____

DEGREE: _____ PREFERRED (NICK) 1ST NAME: _____

- FULL MEMBER - \$315 MEMBER OF THE APA
 RESIDENT - \$65
 MEDICAL STUDENT - \$0
 EARLY CAREER - \$140 (1ST 3 YEARS OUT OF TRAINING)
 FRIEND/ALLY - \$110
 INTERNATIONAL (OUTSIDE US AND CANADA) - \$140 (US CUR.)
 FOUNDING (PATRON LEVEL) - \$1,000
 PATRON (PATRON LEVEL) - \$500
 SPONSORING (PATRON LEVEL) - \$375

IF A STUDENT OR RESIDENT, DATE OF COMPLETION: _____

DO YOU WANT YOUR TO APPEAR IN AN ONLINE DIRECTORY OF AGLP MEMBERS?

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- Yes
-
- No

EMAIL: _____

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NEW ISSUES OF THE NEWSLETTER ARE SENT AS A PDF TO ALL MEMBERS BY EMAIL TO KEEP COSTS DOWN. IF A PHYSICAL COPY IS REQUIRED PLEASE PROVIDE A PREFERRED ADDRESS:

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HOME PHONE: _____

I wish to pay by Check VISA MasterCard AMEXCARD NO. EXP. DATE:

SIGNATURE: _____

(MAKE CHECK OUT TO "AGLP", AND MAIL TO:**1512 SPRUCE STREET #2601, PHILADELPHIA, PA 19102****OR APPLY ONLINE AT WWW.AGLP.ORG****APPLICATION FORM****CAUCUS OF LESBIAN, GAY, BISEXUAL, AND TRANSGENDER
PSYCHIATRISTS
AMERICAN PSYCHIATRIC ASSOCIATION***(CLGBT is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)*

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

APA Membership Status: _____

Please enroll me in the Caucus of Lesbian, Gay, Bisexual, and Transgender Psychiatrists.

SIGNED: _____ DATE: _____

Send this form to: Office of Membership
American Psychiatric Association
1000 Wilson Boulevard • Suite 1825
Arlington, VA 22209You may also update your ONLINE MEMBERSHIP PROFILE at WWW.PSYCHIATRY.ORG BY CHECKING OFF THE APPROPRIATE CAUCUS(ES) IN QUESTION 3Fa "APA CAUCUS MEMBERSHIP" IN SECTION 3: CURRENT PRACTICE AND PROFESSIONAL ACTIVITIES.

Next year, New York will host the APA/AGLP Annual Meeting, May 4, 2024 to May 8, 2024.



Fill out this application, or scan this QR code, and become part of our community!