



AGLP

The Association of LGBTQ Psychiatrists

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AGLP members in one of our weekly Zoom educational sessions.

## Weekly Zoom Sessions: AGLP Covid-19 Response

Howard Rubin, MD and Gene Nakajima, MD

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COVID-19 has been life changing. Aside from the terrible human toll that the virus has taken upon millions, the way that we work and play has changed in a way that is unprecedented.

For AGLP, we have seen the cancellation of this year's APA annual meeting which traditionally has been the main way that we offer educational programs for our members and the primary way that we socialize and gain support from each other.

When the APA presented an abridged version of its meeting virtually, we got the idea to do something similar for our members. What began as a more in-depth conversation with this year AGLP/APA's "John Fryer, MD Award" winner, Dr. Billy Jones, after he delivered his virtual Fryer lecture, has evolved into a diverse series of weekly programs.

Currently, we are offering educational sessions, book groups, happy hours, and re-invigorated committee get-togethers (medical student, people of color committees, for starters).

We have highlighted articles that have been written by our members and have appeared in the AGLP-sponsored Journal of Gay and Lesbian Mental Health. We have started a series of Zoom sessions interviewing prominent members of AGLP in an oral history series. We have begun a series presenting winners of our resident paper award. We will also have sessions devoted to the new book "Pocket Guide to LGBTQ+ Mental Health".

We are committed to present programming that will be of interest to our members and are currently working on offering CME credits through the APA for some of them. Most of our sessions have been done on Sunday or Saturday evenings so that members from both coasts can participate. We recently

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## The Newsletter of AGLP

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Philadelphia, PA 19143-3707.

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of AGLP. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by AGLP, and do not imply sexual orientation.

### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to the National Office, 4514 Chester Avenue, Philadelphia, PA 19143; phone 215-222-2800; Fax: 215-222-3881; E-mail: [AGLPEditors@aglp.org](mailto:AGLPEditors@aglp.org). Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is October 31, 2020.

### ADVERTISING RATES

The Newsletter of AGLP accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

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Business Card	\$125

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### Editor's Column Erick Meléndez, M.D.

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*Erick Meléndez, M.D.*

**W**elcome to another issue of the AGLP newsletter! I hope for your wellness and safety wherever you are reading this edition. If 2020 has taught me something so far, it is that we should never quit working for our goals, no matter how turbulent the storm. This year just keeps bringing more and more challenges, which I now try to see in a positive way, a learning experience and an opportunity for growth.

And growth is something that we are also aspiring to in AGLP. Not only have we continued to work on all of our projects, we are recruiting more members and creating new spaces for our members to voice their concerns, get involved in the association and make an impact.

This issue of the newsletter is based on that. You will find articles that show how we represent the members and influence the decisions of the APA; along with other pieces that give more details about the new Social Media Committee and the rejuvenated BIPOC Committee.

It is also my first anniversary as editor. I cannot believe it has been a year already! Getting to know and work for AGLP is a blessing and a lot of fun; I feel more connected to my peers, more represented and supported than before. Let me use these words to motivate you to get more involved with the association. We are constantly having Zoom meetings and other gatherings in which you can participate (read this edition to find out more!)

Staying at home does not mean being inactive, and here at AGLP we will continue to work for you.

My best wishes,

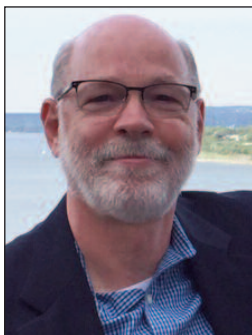
Erick Melendez, MD

■ ■ ■

## Celebrating Executive Director Roy Harker's 25 Years with AGLP Silver Anniversary Fundraising Campaign

Howard Rubin, M.D.

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*Roy Harker, C.A.E.,  
Executive Director*

**R**oy Harker started working with AGLP in January 1995. During that time, he has been our organization's renaissance man. He runs our office, manages the website, designs the newsletter, coordinates all of our activities at APA annual meetings, assists the board with setting the priorities for AGLP, and enables us to carry out our mission.

To honor all of Roy's dedicated services to AGLP, we are embarking on a \$25,000+ fundraising campaign. Before Roy came on board, AGLP was largely a volunteer organization, which limited its growth. AGLP has had many accomplishments during his tenure including the completion of a film about reparative therapy called *Abomination*, and the effort to raise over \$100,000 for the APA's John Fryer, MD award. Roy has on his own initiative sought training to keep up his expertise in non-profit management, and recently earned a CAE, Certified Association Executive. He is also creative, working as an organist, choir director, church music director, and a graphic designer. Most of all, Roy has been a calm and effective manager keeping

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## President's Column

Amir Ahuja, M.D.

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Amir Ahuja, M.D.

### The Evolution of AGLP

It is my great pleasure to oversee this organization at a time of such change. With the pandemic and the Black Lives Matter movement altering the way that we live and work and think, we have to adapt. This has been tough and continues to involve a lot of discussion amongst the Board and our Membership. It is first important to thank all of you for your great suggestions and your fervent participation throughout this time of transition.

I am pleased to report that the events of this year have energized our organization and focused our mission. We have drafted some position statements regarding current events. We have launched a weekly education series that is being very well attended. We have revitalized our BIPOC committee and have started a Medical Student Committee. We are starting a CME series.

It gives me hope to steward AGLP through these changes, and to see the great initiatives coming out of our current turbulent times. We welcome the input of our long-standing and our new members as we make this transition. Please use your time, your energy, and your voices to join with us and help achieve more equality for LGBTQ+ Psychiatrists and LGBTQ+ Patients.

I look forward to speaking with you all again soon!



## A Personal Note on Bob Cabaj

Eric Yarbrough, M.D.

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Eric Yarbrough, M.D.

I first met Bob Cabaj at the annual APA convention in Hawaii in 2011. While I had seen him at many AGLP events before, the journal had given me assignment to interview him about the early years of our organization and to get his personal account of how homosexuality was removed from the DSM.

We met in his hotel room. His balcony doors were open, and the Pacific Ocean was our backdrop. Bob greeted me with a firm handshake and asked that I make myself comfortable. With the cool breeze wafting in, I placed my phone on the table between us, pressed the record button, and started the interview.

For the next ninety minutes, Bob Cabaj told me about the origins of the organization I had come to know and love. He was in the same stage of his career during the time of

the DSM removal that I was while speaking to him during the interview. Hearing about how a small but persistent band of gay men and women, running from room to room and lobbying to those who could make a difference, inspired me. Time and pressure are the main ingredients needed to enact change.

In the midst of the captivating historic account of our history, there was another part of the interview that had a larger impact on my own personal development. Bob was a large man - what many would call a bear in the gay community - and this brought me comfort seeing him in that light.

In addition to the awkward and painful issues around coming out, having done so in a conservative and religious environment, I found that the gay community had its own set of prejudices around physical appearance. Being a man of larger size, I found myself often shunned from my original community for being gay, but also from a new gay community for being overweight.

In that meeting with Dr. Cabaj, he showed me I could look up to, relate to, and envision following in the footsteps of a

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#### HIV-AFFECTED MEMBERS

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#### INTERNATIONAL MEMBERS

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Ubaldo Leli, M.D., Representative

Andy Tompkins, M.D., Dep.-Representative

#### AGLP REPRESENTATIVE TO THE APA ASSEMBLY (ACROSS)

Margie Sved, M.D.

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## Secretary's Column

Sarah Noble, D.O.

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Sarah Noble, D.O.

**W**ell 2020 is keeping us on our toes isn't it? I just want to say how proud I am to be part of the AGLP. Our executive board has stepped up the challenge of social isolation from COVID to provide regular virtual education sessions and community connection which is what we all need to remain grounded during these trying times. For more information on these exciting and diverse offerings check out the newly revamped website that Roy has created.

I am also very proud of the steps we've taken to make our members' voices heard on the political stage. In the past few months we have signed onto position statements with APA on access to PPE as well as supporting IMG's access to visas. We have stood with GLMA and the National Center for Transgender Equality to state that rolling back protections for transgender patients under the ACA is discrimination.

And most importantly, we are working with Lambda Legal to challenge the administration's rollback on transgender protections under the Affordable Healthcare Act.

I hope that you are fired up as I am to see these changes happening as we face the many battles around us.

■ ■ ■

## Medical Student Column

Lukmon Babajade

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Lukmon Babajade

**I** am a gay black male of Nigerian descent which often piques people's interest as they believe that I have a vast array of experiences they can learn from. I have many memories of being told that I would be a "good addition" to groups or causes because of my many identities. I am called upon to contribute to the accounts and knowledge about the queer experience or the black experience to the satisfaction of the larger parties and their motives. However, I am often disillusioned with what is actualized and materialized afterward.

Intersectionality is often thought of as layered hindrances of a person's experience in the world due to the multitude of marginalized identities harbored within their body. Being black, gay, and

Nigerian makes one think that I must deal with racism, homophobia, and xenophobia which causes multiple hindrances to equal treatment. However, intersectionality is actually the oppressive ideologies working in concert to create lived inequities. Therefore, it is the hegemonic ideology of xenophobia, racism, and homophobia that intersect onto my humanity to concoct an experience that is vastly different from my straight white American counterparts.

Given the recent deaths of Black individuals like Tony McDade, George Floyd, Breonna Taylor, and Ahmaud Arbery, there has been much discussion, action, and outrage against the police. Also very noticeable are the silence, inactivity, and opposition to confronting the policing system by privileged people. With the highlight of George Floyd, there were considerations about racism and police brutality, but also considerations about misogyny and transphobia. Why didn't Breonna Taylor's death cause as much immediate outrage from the public even though she died at the hands of police earlier than George Floyd? Why don't as many people know the name of Tony McDade, a black trans-man, who was shot by police while protesting George Floyd's death? The perverse system that continues to dictate people's worth shrouds the stories of many while highlighting other's stories. This is the harsh manifestation of intersectionality. Even in the active resistance of brutal institutions, the straight black male aesthetic is used to make a plea for black humanity while queer black people and black women are more or less shrouded. Yet, queer black people and black women are expected to show up in full support and ready to fight for these men.

Similarly, whiteness largely ignores the afflictions that blackness bears within queer spaces. Queer white people questioning the affront against police brutality, expressing discomfort with black focuses, and watching silently under white aegis while Armageddon rains down on black communities are all attacks on queer black people. How can a people whose gains largely achieved through contributions by a Black Trans woman and a black butch lesbian still show such apathy and disdain for the black experience? Part of the answer is reflected in the transformation of PRIDE.

PRIDE started out as an active and violent resistance against homophobia as deployed through police brutality and harassment. People of color, namely queer black women, took the lead in mounting an insurgency against these forces. Once the gains were actualized, the more privileged people of the community enjoyed all of them while working to put the heroine's genealogies back in their place on the hierarchy. Consequentially, stark racism and transphobia were re-instated in the queer community. PRIDE eventually became commodified by corporatist America, largely benefitting the cis white gay male, and the police became an integral part of it. Black and Trans people were only called upon to defend cis gay male whiteness and then cast aside when the threat to that queer hegemonic culture seemingly dissipated. The current struggle with Black people against police brutality and the tacit nature of many queer white people attests to this betrayal.

I am consistently called upon to be a part of a change that will, in the end, not benefit my people to the same degree it benefits the privileged. Why? My body, my struggle, and my pain is commodified and translated into capital that can be used for other's gains aside from my own. I am capital. Yet, I cannot harness its true power under my social conditions. I am used to leverage power and appeal to the desire of diversity that will then translate into gains for institutions that, historically, neglect and harm me. My worth is determined by how much my labor and identities work towards the gains of the institutions that contract me. The beauty that people miss in the insurgencies against police and other hegemonic forces is the reclamation of that capital and power and the destruction of

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## Zoom Sessions

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had a session with a speaker from London, our best attended, which was conducted in the morning in the West Coast and early afternoon in the East Coast and the evening in Europe. We hope to collaborate more with international speakers. We would also like to set up a case-conference series.

Our next book club will be James Baldwin's novel "Giovanni's Room." We are also thinking of programming last year's Booker Prize winner (the most prestigious book award for books written in , "Girl Woman, Other" by Bernardine Evaristo for a later meeting.

Our virtual Happy Hours have been un-hosted so far. In the future, we would like to do happy hours with a theme or guests. A recent Happy Hour was an all-gender Bachelor party for Andy Tompkins, MD, a former AGLP Vice President and currently the Deputy Representative to the APA Assembly for the Caucus of LGBTQ+ Psychiatrists. We would like to explore how we can do more interesting virtual social programming that will keep our members connected.

If you would like to present at a session or have a good idea for a meeting, please let us know. We are particularly interested in highlighting women's and racial/ethnic diversity issues. We would like to continue this series of talks at least through the end of summer and into the fall.



## APA and AGLP

### Margie Sved, M.D.

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Margie Sved, M.D.

I am the representative from AGLP to the APA Assembly. What does that mean? It is not always obvious! First, the Assembly is the body within APA, composed traditionally of members representing each district branch. The Assembly is where Position Papers, initially generated by any APA member, are passed, which then go to the Board of Trustees (BOT), who hopefully vote these Position Papers as APA Policy (see below, too).

Over time, multiple "seats" have been added for additional diversity. There is the MUR Committee (Minority and Underrepresented groups — Asian-

American, Black, Hispanic, Women, American Indian/Alaska Native/Native Hawaiian, IMG, LGBTQ+), of which a representative and deputy representative are elected by each Caucus (the Caucus of LGBTQ Psychiatrists is currently represented by Ubaldo Leli - Rep and Andy Tompkins - Dep Rep). Many, but not all of you, are members of the caucus. You are able to join as many caucuses as you identify with but can only vote in one. A request to join a caucus should now come with APA dues renewal. There are RFM (Resident and Fellow) and ECP (Early Career) Representatives and Deputy Representatives from each of the 7 APA Areas. And then there is ACROSS (Assembly Committee of Representatives of Subspecialties and Sections), currently consisting of 20 organizations, where I have a seat representing AGLP.

ACROSS can have up to 25 member organizations, must have at least 100 members, and 40% of the psychiatrists in the organization must be APA members. We were the first affiliated "minority" organization to apply for and

be granted membership. This is an incredibly diverse group, but when we agree on something, we have a strong collective voice. Several of our members have also been members of ACROSS, representing other organizations.

I also have a seat in the Area 5 Council - primarily the Southeast, from Texas to West Virginia, plus Puerto Rico, and the Uniformed Services District Branch. All of these additional positions are also part of an Area Council (determined by which of the seven Areas we actually live in).

The District Branch representatives each have "voting strength" determined by the number of APA members in their District Branch, and all the other Representatives have one vote. However, votes by "strength" are rare, so on most things, we each have one vote, and each have a voice.

There are other multiple ways for voices to be heard. There is the Council/Committee structure, with people appointed by the incoming President, usually for staggered 3-year terms. Both the Councils and the Assembly create position statements, which go to a group called the JRC (Joint Reference Committee), which if accepted by the JRC, get sent to the other group, and once approved by both, go to the Board of Trustees. This used to be an incredibly drawn out process, with many back-and-forths, often wordsmithing, with many proposed policies getting "stuck" on one side or the other. This is more streamlined now, often with both sections working on statements together, and occasionally some time sensitive positions can go directly to the BOT.

Over time, many of our members have also become District Branch representatives, Assembly Officers, and other positions of "relative" power (most recently Bob Batterson was a delightful Speaker of the Assembly). Also, since Saul Levin has become CEO of APA, many of us have direct relationships with him. In addition, some times when he finds there is an area where he would like there to be APA policy, he will often ask one of the Councils if they are willing to draft such a position, so currently things can go up and down the hierarchy.

More information is on the APA website ([www.psychiatry.org](http://www.psychiatry.org)) under the About APA section, and then Meet Our Organization. Also, in the About APA section, under Jobs, are the currently open paid positions at APA. Especially look at Director, Division of Diversity and Health Equity, and refer anyone you know who would be qualified.

I've mentioned before that for the many years I served as the MUR Dep Rep and Rep from the Caucus of LGBTQ+ Psychiatrists, I would often look out at a sea of white-haired men dressed in drab suits. Now, there is quite a lot of diversity in every way imaginable. The Assembly has changed a lot over time. If anyone wants additional information, they can always contact me, or any other AGLP officer.



## Bob Cabaj

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man in whom I could also see myself. Bob Cabaj was a great man who did many great things - far too many for me to list and do him the justice he deserves. One thing he did for me however, in that hotel room in Honolulu, was to teach me to love myself for who I am, as I am - just by being who he was.

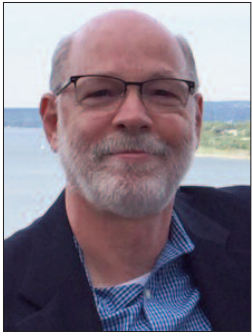
Self-acceptance is an on-going struggle that I dare say is a lifelong process, but Bob Cabaj helped me make great strides in moving towards it that day. For that I am forever grateful and will keep him locked away in my heart as long as it continues to be.



## AGLP Involvement with Lambda Legal Continues in New Litigation

Roy Harker, C.A.E., Executive Director

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Roy Harker, C.A.E.,  
Executive Director

**A**fter having won the court case in *Santa Clara v. HHS* - regarding the so-called "conscience" rule - AGLP finds itself in partnership once again with Lambda Legal in a new filing.

Lambda Legal and Steptoe & Johnson LLP filed a lawsuit challenging the U.S. Department of Health and Human Services (HHS) recently published health care discrimination rule that purports to carve out LGBTQ+ people and other vulnerable populations from the protections of Section 1557 of the Affordable Care Act, which prohibits discrimination on the basis of sex, among other bases. The lawsuit, *Whitman-Walker Clinic v. HHS*, is filed on behalf of Whitman-Walker Health, the TransLatin@ Coalition and its members (including leaders of affiliated organizations like Arianna's Center in Florida), Bradbury-Sullivan LGBT Community Center, the Los Angeles LGBT Center, GLMA: Health

Professionals Advancing LGBTQ Equality, AGLP: The Association of LGBTQ+ Psychiatrists, and four individual doctors.

We moved for a preliminary injunction on July 9, 2020 in order to stop the rule from taking effect on August 18, 2020. Since then, defendants filed their opposition on July 24 and we filed our reply on July 29. To make sure that we are ready, Lambda Legal and our retained attorneys, Steptoe & Johnson, LLP, are preparing to file their lawsuit within about two weeks of the final rule dropping.

In 2016, the Obama administration finalized a rule implementing the nondiscrimination provisions of the Affordable Care Act—also known as Section 1557—that prohibit discrimination based on gender identity, transgender status, or sex stereotypes as forms of sex discrimination. In May 2019, however, the Trump administration announced a proposed rule change designed to roll back these protections, and notwithstanding that multiple federal courts—including most recently, the U.S. Supreme Court—have interpreted sex discrimination protections to protect LGBTQ+ people. The proposed rule would carve-out LGBTQ+ people from the Affordable Care Act's nondiscrimination protections, and invite health care workers, doctors, hospitals and health insurance companies that receive federal funding to refuse to provide or cover health care services critical to the health and wellbeing of LGBTQ+ people, such as gender-affirming and reproductive care. The proposed rule would also limit the remedies available to people who face health disparities, limit the access to health care for people with Limited English Proficiency (LEP), and dramatically reduce the number of health care entities and insurance subject to the rule.

On Friday, June 19, 2020, HHS published the health care discrimination rule, which is scheduled to go into effect August 18, 2020.

More information and updates will be forthcoming.



## AGLP BIPOC Committee

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Amir Ahuja, M.D.



On Sunday July 12, the AGLP's Black, Indigenous, People of Color (BIPOC) Committee, previously known as the Racial/Ethnic

Diversity Committee, held its 32nd annual general meeting, its very first virtual meeting. AGLP has noted a sharp increase in the proportion of their racial/ethnic minority membership, now at 43%, and this meeting was called to discuss how the AGLP can better engage and support BIPOC individuals. It was moderated by Sarita Metzger MD MPH (University of Pennsylvania) and Lukmanafis "Lukmon" Babajide MD (Rutgers New Jersey Medical School), PGY4 Psychiatry residents who are interested in and have been particularly vocal about the intersections of race, sexuality and gender identity.

President Dr. Amir Ahuja's opening comments reiterated AGLP's stance against police brutality and emphasized the organization's continued commitment to diversity. Dr. Gene Nakajima spoke about the origins of the committee as a space where people of color could find fellowship and discuss both old and emerging issues that were salient to queer psychiatrists. The first

discussion group of "the Minority Gay and Lesbian Psychiatrists" was led by Dr. Debbie Carter in May 1989, who was present at this inaugural virtual meeting. She spoke fondly about her experience of that gathering and the various forms the meeting has taken over the last three decades.

Attendees came to the meeting with open minds and spoke candidly about multiple issues including the dynamic nature of what qualifies as "underrepresented in medicine" and adequate representation within institutional Psychiatry. This led into an ensuing discussion of the role and responsibility of AGLP in amplifying and advocating for queer voices not only to APA as an allied organization, but in the general community. Long time AGLP members mentioned feeling that their multiple identities were affirmed and welcomed within this organization. Many of the participants included medical students, psychiatry residents and early career psychiatrists who had clear ideas about what they wanted to see from AGLP: opportunities for mentorship, more robust trainee education in serving racial minority LGBTQ+ patients and increased engagement with local communities and other national organizations for minority communities. The meeting closed with many volunteering their time and services to increase and diversify AGLP programming and wishing to continue the important discussion in the not too distant future.

To join the BIPOC Committee, please email Dr. Amir Ahuja at AAhuja@aglp.org.

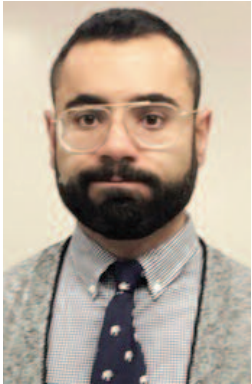




## Social Media Committee

Mark Messih, M.D., Co-Chair

MMessih@aglp.org



Mark Messih, M.D.

**H**ello all, my name is Mark Messih and I am one of the chairs of the Social Media Committee. I recently went through two weeks of quarantine after moving; I really appreciated having social media accounts as a way of staying connected!

The Social Media Committee has been working over the last year to build AGLP's online presence on our website [www.aglp.org](http://www.aglp.org), Facebook, Instagram and Twitter. AGLP has a long-standing history of lending our voice to causes through position statements and partnering with agencies to combat discrimination against marginalized communities. Our goal is to build awareness of these initiatives and engage members. There has also been a lot of activity over the last year including Zoom socials, book club

meetings and education sessions.

**“AGLP has a long-standing history of lending our voice to causes through position statements and partnering with agencies to combat discrimination against marginalized communities. Our goal is to build awareness of these initiatives and engage members.**

Thanks to Roy Harker's work, the website is looking better than ever. Check out the website for more information on education and advocacy projects, fact sheets, treatment guidelines and education session. On Facebook "AGLP Psychiatry" is a publicly accessible account where members can find articles, event notices and connect with the leadership and other members. A separate group is also available for members where they can access recordings of past events. Instagram (@AGLPsychiatry) has become a great platform for sharing event notices and important headlines, and will be where members can post photos at events when we can get together in person. AGLP's twitter handle is @AGLPsychiatry and will be a way to connect with members. The group meets monthly and is looking for new members to join the team!

## Pratik Bahekar, M.D., Co-Chair

PBahekar@aglp.org



Pratik Bahekar, M.D.

**G**reetings! I am Pratik Bahekar, co-chair of the Social Media Committee. I am delighted to share the progress the committee has made thus far. AGLP's social media accounts have allowed us to connect with the members as well as non-members and removed barriers of communications. The committee was commissioned during the AGLP semi-annual meeting conducted during APA IPS 2019. Within a few months, the committee has delivered a remarkable enterprise, playing a pivotal role in the advancement of AGLP's work. We tried to look for the silver lining in the global pandemic and began to organize virtual scientific sessions, which are well attended. Social media accounts have helped us to increase visibility and expand viewership for virtual scientific programs.

We are happy to provide you with a platform to share your research papers, books, or media interviews. Also, please consider tagging AGLP on Facebook, Twitter, and Instagram. Type in @AGLPsychiatry in your posts and we will receive a notification; this will allow us to share your content on AGLP's social media accounts. We are going to organize a virtual session focused on social media soon.

Our presence is ever-expanding: AGLP now has a YouTube channel. In the upcoming months, we are planning to hire professional consultants to match a professional organization's expectations. Please reach out to Mark or me if you wish to be a part of the change. Finally, the committee's organic growth would not have happened without our volunteer members, Sarita Metzger, MD, Suzanne Borkowski, MD; Erick Meléndez, MD; Harshit Sharma, MD; Dennis Dacarett-Galeano, MD; Jace Reid, MD; Kevin Rivera, MD; and Rachel Perkelay, MD.

■ ■ ■

## APA 2021 Meeting Submissions

AGLP is planning for the upcoming American Psychiatric Association Annual Meeting, Los Angeles, scheduled on May 1-5, 2021, and wants your help to organize LGBTQ+ sessions for them. AGLP will spearhead the assembly of several LGBTQ+ submissions. Educating psychiatrists who are seeking a better exposure to LGBTQ+ mental health topics is one of the important aims of AGLP.

The deadline for submissions is September 3, 2020. We will try to group your proposal with other similar proposed talks. Please let us know at your earliest convenience, if you are interested in presenting a symposium, workshop, or poster for the meeting. There can be unavoidable delays in facilitating collaboration, if we do not have adequate participant pool.

We ask you to send your preferred contact information (email or cell phone), the title, and a brief description of the talk(s) you want to give to Drs. Bahekar, Ahuja, and Nakajima, at [drbahekar@gmail.com](mailto:drbahekar@gmail.com), [AAhuja@aglp.org](mailto:AAhuja@aglp.org), and [GNakajima@aglp.org](mailto:GNakajima@aglp.org).

■ ■ ■

## Listings of Upcoming Subspecialty Meetings of Interests to Members

Many AGLP-ers are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get-together at a member's home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our Executive Director, Roy Harker, CAE, for more details and suggestions.

American Academy of Psychiatry and the Law (AAPL)  
<http://www.aapl.org/>

American Academy of Psychoanalysis and Dynamic Psychiatry  
<http://www.aapdp.org/>

American Association for Emergency Psychiatry  
<https://www.emergencypsychiatry.org/>

American Association for Geriatric Psychiatry (AAGP)  
<http://www.aagppa.org/>

American Association of Directors of Psychiatric Residency Training (AADPRT)  
<http://www.aadprt.org/>

American College of Psychiatrists  
<http://www.acpsych.org/>

American Psychiatric Association (APA)  
<http://www.psych.org/>

2020 APA Annual Meeting • Philadelphia, PA • April 25-29

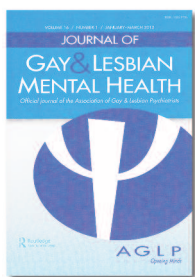
2021 APA Annual Meeting • Los Angeles, CA • May 1-5

Association of Women Psychiatrists  
<http://www.associationofwomenpsychiatrists.com/index.php>  
 Meetings have been in conjunction with the Annual APA Convention

Black Psychiatrists of America (BPA) <http://www.blackpsych.org/>



## JGLMH available online FREE to AGLP Members



The *Journal of Gay and Lesbian Mental Health*, the official journal of AGLP, is now available for viewing online, free to all AGLP Members. The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

AGLP members with valid and current memberships can now access the Journal directly through the AGLP website free of charge as a member benefit. Go to [www.aglp.org](http://www.aglp.org), click on the Members Area link (upper right hand of the screen) and once you are logged in, a

box will appear on the right side of the blue banner to access the content.

Online help is available for any problems you may encounter. We hope that this new method will provide greater ease and dependability to the entire process.



## AGLP Administrative and Membership Meetings

### Semi-Annual Membership Meeting and AGLP 2020 Awards Ceremony

Sunday, August 30, 3:00pm Eastern Time, 12:00noon Pacific Time

Zoom registration required. REGISTER NOW...

After registering, you will receive a confirmation email containing information about joining the meeting.

### Medical Student Advisory Committee Meeting

Last Sunday of each month, at 5:00pm Eastern Time, 1:00pm Pacific Time

Zoom registration required. REGISTER NOW...

After registering, you will receive a confirmation email containing information about joining the meeting.

### BIPOC Committee Meeting

First Sunday of each month at 4:00pm Eastern Time, 1:00pm Pacific Time

Zoom registration required. REGISTER NOW...

After registering, you will receive a confirmation email containing information about joining the meeting.

### Executive Board and Advisory Council Fall Meeting

Saturday, September 12, 2020, 11:00am Eastern Time, 8:00am Pacific Time

Our annual Fall meeting will be in two segments of three hours each - 11:00am Eastern Time, 8:00am Pacific Time to 2:00pm Eastern Time, 11:00am Pacific Time, a lunch break from 2:00pm Eastern Time, 11:00am Pacific Time to 3:00pm Eastern Time, 12:00noon Pacific Time, then another session from 3:00pm Eastern Time, 12:00noon Pacific Time to 6:00pm Eastern Time, 3:00pm Pacific Time.

Zoom registration required. REGISTER NOW...

After registering, you will receive a confirmation email containing information about joining the meeting.

### Executive Board Monthly Meetings

Third Monday of each month, beginning at 7:00pm Eastern Time, 4:00pm Pacific Time

Agendas, Zoom invitations, and Executive Summaries will be forwarded before each meeting. Items for the agenda should be submitted to the National Office no later than the Thursday before the meeting.





## THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2020-2021

## EXCEPTIONAL CONTRIBUTION

DAVID RUDOLPH KESSLER, M.D.

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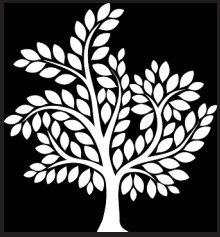
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## Silver Anniversary Fund Raising Campaign

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Marlin Mattson, M.D.  
Scot McAfee, M.D.  
Brett Offenberger, M.D.  
Richard Pleak, M.D.  
Howard Rubin, M.D.

This fund raising effort is organized to celebrate and commemorate the 25th Anniversary of our Executive Director, Roy Harker, C.A.E. Our goal is to raise \$25,000+ to help AGLP implement special membership development projects including improvements to our social media presence, a website redesign, new efforts in membership recruitment and retention, better advertising, and additional non-profit professional development education and board development.

Please consider honoring Roy and donating to the 25th Anniversary fund. You can send a check to AGLP at 4514 Chester Avenue, Philadelphia, PA 19143, or donate online by visiting our website, [www.aglp.org](http://www.aglp.org), or clicking [HERE](#).

Thank you for helping to sustain the long-term goals and growth of AGLP!

**CURRENT BALANCE: \$2,600**

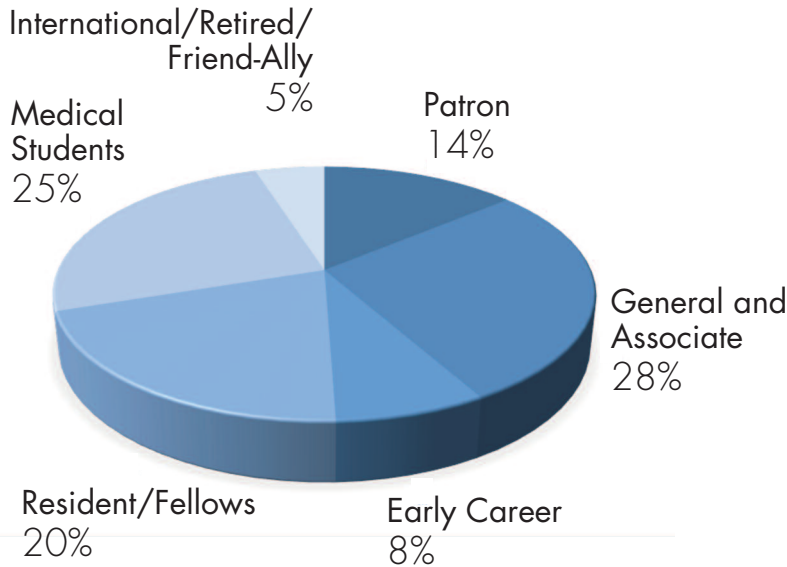
**GOAL: \$25,000**



### WELCOME TO OUR NEW MEMBERS 2020

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Tara Ahmadi, M.D.	Jon Lindefeld, M.D.	Jann Uy
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Vaishali Bamaniya	Jordie Martin	Jack Werstein
Huma Baqir, M.D.	George Matta	Emily Whisler, D.O.
Mithcell Bayne, M.P.H.	Flavia McBride	Matthew Wickersham
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Francisco Colon	Brent Necaise, M.D.	
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Austin Lam	Andrew Tran, M.D.	
Scott Leary	Emilie Transue, M.D.	

## AGLP Membership Composition



## Changing Membership Trends

Roy Harker, C.A.E.

RHarker@aglp.org

Over the course of the last few months, AGLP membership statistics have reflected remarkable change in our membership, the result of initiatives by our Resident Members, our Medical Student Members, and the recently-completed 40•400•1 Campaign celebrating our 40th anniversary. There have been 120 new members added to our role since January. Overall membership growth in 2019 was 35% and in 2020, our membership growth is already at 11% (as of July)! In addition to this growth in membership, there have also been significant demographic shifts that are making AGLP more diverse in terms of gender and ethnicity than ever before. Here are the current membership numbers.

Patron Level	62
General and Associate	124
Early Career	34
Resident/Fellow	91
Medical Student	112
International/Retired/Ally	22
<b>Total</b>	<b>445</b>

## Silver Anniversary Fund Raiser

Continued from page 2

AGLP running through many different presidential regimes.

Our goal is to raise \$25,000+ to help AGLP implement special projects to be determined by Roy and the AGLP Board of Directors. The projects may include improvements to our social media presence, a website redesign, new efforts in membership recruitment and retention, better advertising, and additional non-profit professional development education and board development.

I know that these are very hard times for many of us personally, but please consider honoring Roy and donating to the 25th Anniversary fund. You can send a check to AGLP at 4514 Chester Avenue, Philadelphia, PA 19143, or donate online by visiting our website, [www.aglp.org](http://www.aglp.org), or clicking [HERE](#).

Thank you for helping to sustain the long-term goals and growth of AGLP!



## Medical Student

Continued from page 4

the mystique that prevented others from seeing where true power lies. Reform is rarely anti-racist, anti-homophobic, or anti-patriarchal but, rather, a means to transform the paradigm that can aesthetically appease the more privileged of the oppressed while continuing to serve those who rule over them. If you want equity, you can't negotiate humanity.



### Board Certification in Adolescent & Young Adult Psychiatry



- \* Advance your career while helping adolescents and young adults who need psychiatrists with specialized expertise & credentials
- \* No fellowship training required - we sponsor a review course and ongoing CME to meet certification educational requirements
- \* Training and certification process entirely online and flexible
- \* Sponsored by The American Society for Adolescent Psychiatry

#### Additional Information and FAQ's



"My patients like to know that I am certified through ASAP, and it raises their confidence in seeking my services."

Shady Shebak MD, ASAP President Elect

<https://forms.gle/zwBecXkLM41w5PJp7>

Contact us

<https://www.adolescent-psychiatry.org/certification->



American Society for Adolescent Psychiatry



**AGLP MEMBERSHIP APPLICATION FORM**

NAME: \_\_\_\_\_

DEGREE: \_\_\_\_\_ PREFERRED (NICK) 1ST NAME: \_\_\_\_\_

- FULL MEMBER-\$285       MEMBER OF THE APA
- RESIDENT - \$60
- MEDICAL STUDENT - \$0
- EARLY CAREER - \$125 (1ST 3 YEARS OUT OF TRAINING)
- FRIEND/ALLY - \$100
- INTERNATIONAL (OUTSIDE US AND CANADA) - \$125 (US CUR.)
- FOUNDING (PATRON LEVEL) - \$1,000
- PATRON (PATRON LEVEL) - \$500
- SPONSORING (PATRON LEVEL) - \$350

IF A STUDENT OR RESIDENT, DATE OF COMPLETION: \_\_\_\_\_

DO YOU WANT YOUR TO APPEAR IN AN ONLINE DIRECTORY OF AGLP MEMBERS?  
 Yes     No

EMAIL: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_ COUNTRY: \_\_\_\_\_

NEW ISSUES OF THE NEWSLETTER ARE SENT AS A PDF TO ALL MEMBERS BY EMAIL TO KEEP COSTS DOWN. IF A PHYSICAL COPY IS REQUIRED PLEASE PROVIDE A PREFERRED ADDRESS:  HOME  Office

DO YOU WANT TO BE A NON-CONFIDENTIALLY LISTED ONLINE REFERRAL SOURCE?  
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**OR REGISTER ONLINE AT  
 WWW.AGLP.ORG**

**APPLICATION FORM**

**CAUCUS OF LESBIAN, GAY, BISEXUAL, AND TRANSGENDER PSYCHIATRISTS  
 AMERICAN PSYCHIATRIC ASSOCIATION**

*(CLGBTP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ - \_\_\_\_\_

\*APA Membership Status: \_\_\_\_\_

Please enroll me in the Caucus of Lesbian, Gay, Bisexual, and Transgender Psychiatrists.

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

Send this form to: Office of Membership  
 American Psychiatric Association  
 1000 Wilson Boulevard • Suite 1825  
 Arlington, VA 22209

YOU MAY ALSO UPDATE YOUR ONLINE MEMBERSHIP PROFILE AT WWW.PSYCHIATRY.ORG BY CHECKING OFF THE APPROPRIATE CAUCUS(ES) IN QUESTION 3Fa "APA CAUCUS MEMBERSHIP" IN SECTION 3: CURRENT PRACTICE AND PROFESSIONAL ACTIVITIES.

\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow



"NEXT YEAR IN LOS ANGELES"

May 1 to May 5, 2021