



**AGLP**  
*Opening Minds*

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*Ellen Dallager: Photography*

*Lawrence Hartmann, 2007 John E. Fryer, M.D. Award Recipient, San Diego  
More Photos from the San Diego Annual Meeting appear on pages 6 and 11-12.*

## **AGLP FALL BUSINESS MEETING** **Saturday, September 8, 2007**

**Roy Harker**

[RHARKER@AGLP.ORG](mailto:RHARKER@AGLP.ORG)

**P**lans for the AGLP Fall 2007 Business Meeting are in place and your attendance is strongly encouraged. This important planning meeting is open to all members, although The Board of Directors alone have voting privileges. The Bylaws allow the president of AGLP to appoint task forces whose chairs serve on the Advisory Council. If you have an issue that you feel needs to be brought to the attention of the membership, this is your opportunity! Your concerns and suggestions should be made known to Ubaldo Leli, M.D., AGLP President, at least two weeks before the meeting date to be included on the agenda. (ULeli@aglp.org or 212-532-1204.) The Meeting will take place in the JW Marriott Hotel, Capitol C, Ballroom Level, 1331 Pennsylvania Avenue, NW, Washington, DC 20004, from 8:30am to 4:30pm on Saturday, September 8.

*Continued on page 6*

**The Newsletter of the  
Association of Gay and Lesbian  
Psychiatrists**

Editor, George Harrison, MD

Published quarterly from 4514 Chester Avenue,  
Philadelphia, PA 19143-3707.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

**INFORMATION FOR AUTHORS**

Persons wishing to submit articles for publication should send them to: George Harrison, MD, Editor, *Newsletter* of AGLP; UCSF AIDS Health Project, 1930 Market Street, San Francisco, CA 94102. (Phone: 415-502-4818, FAX 415-502-7240, E-mail: GHarrison@aglp.org). Submissions should be clearly readable. Submissions on electronic media in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is October 15, 2007.

**ADVERTISING RATES**

The *Newsletter* of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$300
Half-Page Ad	\$200
Business Card	\$100

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

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*George Harrison, MD*

**EDITOR'S COLUMN**

**George Harrison**

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*Summer in California*

What is it about summer that makes it seem like most anything is possible? My life has begun to have a predictable rhythm with the beginning of summer being heralded by the annual meetings at the APA followed shortly after by the AIDS Ride from SF to LA.

These hyper-social events are both strenuous each in their own way. Both take me out of the routine and remind me of everything that is outside of the office. I came to California 17 years ago for a career in the cerebral field of Psychiatry. I didn't realize that this move would also introduce me to the glories of the physical side of life. And summer in California means being out of doors and challenged to find ways to experience the world around us. I've been lucky this summer to go on a transcendent moonlight hike at Pinnacles National Monument, raft the American River, swim and sun at Tahoe, and of course, bike. And always, surrounded by my friends.

I am thankful for being able to do this all, to have these friends, the opportunities, and my health. I wonder sometimes how different my life would have been if I had taken a different turn and stayed in Illinois where I was raised, or lived in Boston but not gone to Medical School. Who would I be if I had pursued my first interest and had been an Anesthesiologist practicing in New York City? I know that in a strange way the richness of the physical life that I enjoy wouldn't be possible without the internal life that my career in Psychiatry has given me. And maybe my alternate stories would have allowed me the grace I feel now but it is hard to believe that it would be as good as being here under the California summer sun.

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**VICE-PRESIDENT'S COLUMN**

**Kenn Ashley, M.D.**

KASHLEY@AGLP.ORG



*Kenn Ashley, M.D.*

The memories of the APA Annual Meeting in San Diego this past May, including the presentation of the John E. Fryer, M.D., Award to Lawrence Hartmann, MD, and the 21st Annual AGLP Awards Banquet, remain fresh in mind. It is time, however, to begin planning for upcoming AGLP-sponsored events.

Part of the look forward to future events includes a look back to determine what seemed to work well and what could stand improvement. It would be helpful for me to hear from folks about what they thought worked, about what they thought did not work, and ideas for improvements to the program, for example, what did people think of the change of the banquet to Tuesday night, or the AGLP Annual Symposium being back on Saturday morning?

As I look forward to the APA Annual Meeting next May in Washington, D. C., some thoughts that have come to mind organizing events that focus on political issues: it will be an election year, we will be in Washington, D. C., and we will be able to coordinate events with some of the LGBT organizations with offices in the area.

Another thing that AGLP will be trying to do is expand the presence of the organization by hosting receptions at other psychiatric meetings (Addictions, Geriatrics, Psychosomatics, etc)—I am looking for people who will be attending any one of the various psychiatric meetings and are interested in helping organize such events.

I know that everyone one is really busy, but the leadership really does want to hear from the members—what the organization is doing correctly (hey, if you do not really know what some of our projects are ask us), what else you would like to see the organization doing (we have a few new projects in the works, including the revamped website which looks GREAT), ideas for things you would like to do as part of the organization, thoughts of how we can increase membership and participation in the organization (members talking to colleagues about the organization and encouraging them to join is always a good thing).

Hope everyone has a great summer. Send your thoughts/comments/ideas/musings to me at: KAshley@aglp.org.



Ubaldo Leli, MD

## PRESIDENT'S COLUMN

Ubaldo Leli

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July 10, 2007

Since this is my first column as President, after taking office at the Annual Meeting in San Diego this past May, I want begin by thanking all those who supported my election, and by greeting the membership at large with my promise to do everything I can to improve the well being of our organization.

AGLP is faced with two pressing issues: a severe financial crunch, and steep decline in membership. During my year as President-Elect, I have considered how best to tackle these problems, and have realized that they need to be dealt with together. The decline in membership has led to a decrease in operating revenues, and the ensuing budgetary restrictions have limited our scope of action, rendering AGLP less visible, and consequently less likely to attract new members. It's a vicious circle, which I don't believe can be broken by attempting to reduce expenditures by cutting back on our organizational activities. To do so would be to become less visible and less present—hardly the way to grow.

Since AGLP cannot rely solely on membership dues for its financial survival, the key is fundraising. Non-profit organizations typically solicit funds from member donations, contributions from members of the Board, gifts from charitable organizations and foundations, bequests of well-meaning individuals, and fundraising events. Up to now, we have followed the philosophy that our events should be revenue neutral. I feel, however, that for AGLP to thrive, each of our events should have the potential to produce income, even if that does not always happen.

internist who was a successful businessman before becoming a physician, and to collaborate with other motivated members and Board officers such as Kenn Ashley. I am confident that the Development Committee will make a major contribution toward solidifying AGLP's financial stability in the near future.

The second issue—membership decline—raises both philosophical and practical questions. We need to ask ourselves what we are actually offering as an organization to our current and prospective membership. In addition, we need next to ask how to go about developing a grass-root campaign to increase membership. During the first of our newly instituted monthly telephone Executive Board meetings, it was proposed to divide the national territory into areas—focusing initially on metropolitan areas—and to recruit voluntary local motivators to organize fundraising events targeted to attract prospective members. Specifically how to implement this approach remains an open issue, still requiring additional development, but our hope is that it will prove a fruitful alternative to the traditional Membership Committee. The last few Membership Committees, despite earnest efforts on the part of their Chairs, have been unsuccessful in reversing the current trend of membership loss. Whatever approach we take, particular emphasis must be given to recruiting students and residents.

My previous involvement with local and national organizations such as GLPNY (Gay and Lesbian Psychiatrists of New York) has made me aware of the tendency to fall into a deceptive sense of security and safety. It is easy for gay, lesbian, bisexual and transgendered individuals to feel that we are now socially protected, and relatively immune to the attacks of which we were targets during the last century. Consequently, the need can feel less pressing to belong to an organization that advocates to safeguard our rights, and fights to protect us from being abused and discriminated against as a minority. A glance at any newspaper should remind us that the ground we have gained could be lost at any time in our volatile religious, social, and political milieu.

**A**GLP has historically fought hard to protect civil liberties for our community, such as non-discrimination policies in the workplace, legal status for LGBT families, equality with heterosexuals in legal and financial issues, and, above all, the protection of the mental health of LGBT individuals, by, for example, educating the mental health community and society at large about the nefarious effects of “reparative” therapy. To continue this work, the key is communication—it's the prime reason we bond together as a group...

My strategy for resolving the financial crisis, therefore, is simple: let's develop our fundraising capability by potentiating the Development Committee. The importance of this committee, which was originally headed by the late Rick Hire, is highlighted by the fact that its Chair is a voting member of the Executive Board. The Development Committee will oversee all aspects of fundraising, including development of a consistent and ongoing grant application process, collaboration with the Vice-President and the Executive Director in organizing events, consultation with the Treasurer, and co-ordination of its efforts with new membership recruitment organizations.

We are fortunate that Stephen Carlson has accepted to chair the Development Committee. Stephen has started already to recruit for his committee capable and willing individuals, such as Robert Lopatin, an

AGLP has historically fought hard to protect civil liberties for our community, such as non-discrimination policies in the workplace, legal status for LGBT families, equality with heterosexuals in legal and financial issues, and, above all, the protection of the mental health of LGBT individuals, by, for example, educating the mental health community and society at large about the nefarious effects of “reparative” therapy. To continue this work, the key is communication—it's the prime reason we bond together as a group: to communicate effectively with each other, and with others outside our group. My goal is to enhance communication among the AGLP membership, within the AGLP board, and with society at large. During my tenure, I promise that I will make every effort to make us all proud to belong to AGLP.

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Mary Barber, MD

## AGLP JOURNAL REPORT

Mary Barber, M.D.

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Howard Rubin, M.D.

HRUBIN@AGLP.ORG

The Journal is getting a new name and new editors. After ten very productive and successful years as Editor-in-Chief, Jack Drescher is turning over the reins to us. Jack will become Editor Emeritus so that we can continue to benefit from his skills and wisdom. We have also named Alan Schwartz and Milton Wainberg as Associate Editors.

The Journal, formerly known as the Journal of Gay and Lesbian Psychotherapy, will henceforth be known as the Journal of Gay and Lesbian Mental Health. The new name reflects the broad scope of topics it has been covering for some time.

We are eager to get submissions for upcoming JGLMH issues. Topics of interest include the following with respect to LGBT patients: psychotherapy, mental health and substance abuse problems, diversity and ethnic minority issues, life stage issues, parenting, medical illnesses and their effect on mental health, and on innovations in mental health services. Papers

addressing about being an LGBT psychiatrist or mental health professional are also welcome. Submissions may be original research, case reports, reports on specialized programs and services, or review articles. They will be peer-reviewed through a blind process.

You may send articles or questions about the Journal to us at: MBarber@aglp.org, or HRubin@aglp.org.

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## AGLP FILM IN DISTRIBUTION PHASE

Mary Barber, M.D.

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AGLP has executive produced the documentary, "Abomination: Homosexuality and the Ex-Gay Movement," about treatments which seek to change people from gay to straight. The film follows three people who tried to change, and a mother who became estranged from her lesbian daughter due to her religious beliefs. "Abomination" is directed and produced by psychiatrist and filmmaker Alicia Salzer, and edited and co-produced by Anat Solomon. You can find out more about the film, and order your own copy, at the AGLP web site ([www.aglp.org](http://www.aglp.org)).

"Abomination" has been shown at APA meetings and film festivals. Check the web site for updates on festival screenings, and go see it if it comes to a festival near you! For all our members who so generously contributed to the produc-

tion and post-production of the film, thank you. You can be very proud of what you've helped make.

### SCREENINGS

- Real to Reel Film Festival, Kings Mountain, NC, July 2007
- Philadelphia International Gay and Lesbian Film Festival, July 2007
- Inside Out: Toronto Gay and Lesbian Film and Video Festival, May 2007
- Birmingham SHOUT: Birmingham (AL) Gay and Lesbian Film Festival, April 2007
- Private viewing, Leslie/Lohman Gallery, NYC, November 2006
- American Psychiatric Association Fall Meeting, NYC, October 2006
- American Psychiatric Association Annual Meeting, Toronto, May 2006

### TELEVISION

- The Gill Deacon Show, CBC, 5-23-07
- The Hour with George Stroumboulopoulos, CBC, 5-21-07
- The Montel Williams Show, 2-20-07 and 3-15-07 (featured on two separate shows)

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## AGLP WEBSITE UPDATED

Our website, [www.aglp.org](http://www.aglp.org) has undergone an extensive overhaul. The new easier-to-navigate site uses state-of-the-art web media combined with our award-winning content and member services.

Members can still access:

- Online membership directory
- Calendar of events
- Online Journal of Gay and Lesbian Psychotherapy
- Reservation and renewal forms
- Personal Profiles

### GENERAL PUBLIC ACCESS

In addition to basic information regarding our organization and mission, members and non-members alike benefit from our wealth of experience and publications:

- GLBT Therapy Guidelines
- Fact Sheets
- Position Statements
- Newsletters,
- Links to our newly released documentary "ABOMINATION: Homosexuality and the Ex-Gay Movement"
- Links to other helpful resources
- An extensive bibliography of LesBiGay Parenting.

And the AGLP Online Referral Service is now more flexible and user-friendly than ever with real-time updates to referral profiles.

I hope you'll take a moment to look over the new site. Please forward any comments or suggestions to [RHarker@aglp.org](mailto:RHarker@aglp.org).

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Gene Nakajima, MD

## INTERNATIONAL NEWS

Gene Nakajima, M.D.

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One gay workshop has been accepted to the World Psychiatric Association International Meeting in Melbourne, Australia from Nov 28 – Dec 2, 2007 (The WPA holds an international meeting in years between the more highly attended Congress which occurs every three years). For more information please see [www.wpa2007melbourne.com](http://www.wpa2007melbourne.com)

The next WPA World Congress of Psychiatry takes place in Prague from Sep 20-25, 2008. The deadline for submission is Dec 17, 2007, 11 months before the meeting. If you want to submit in a workshop or symposium on LGBT or

HIV/AIDS issues, please contact me by Nov 15, 2007. [www.wpa-prague2008.cz](http://www.wpa-prague2008.cz)

The WPA is sponsoring a smaller regional European meeting in Paris from Feb 6-9, 2008. The deadline for submission is Oct 15, 2007. If you want to submit a workshop or symposium, please contact me by Sept 15, 2007 [www.wpa2008paris.com](http://www.wpa2008paris.com)

If you want to submit in any of the above conferences, please let me know the title of your talk, a 50 word description and your contact information, and I will try to put your submission in a workshop.

### Handel Opera at Washington, DC APA meeting

The Washington National Opera will be performing the opera Tamerlano by the (possibly gay) composer Handel. It will star the openly gay countertenor David Daniels, and tenor Placido Domingo. The performance dates during the APA is Friday May 2 at 7p and Sunday May 4 at 2p. Because this opera has a very well known cast and the Kennedy center opera house is relatively small (2200 seats), tickets will be hard to obtain for these weekend performances if you buy them close to the APA meeting. Tickets go on sale in October. To buy tickets call (202) 295-2400 or see [www.dc-opera.org](http://www.dc-opera.org)

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Chris McIntosh, MD

## PSYCHOANALYTIC COMMITTEE: PROPOSAL FOR A CHANGE IN NAME AND DIRECTION

Chris McIntosh, M.D.

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As the new chair of the AGLP's Psychoanalytic Committee, I wish to propose a change in name and purpose for the committee. As I understand it, the Psychoanalytic Committee was formed to advocate for our members who were facing discrimination in their psychoanalytic training as openly LGBT candidates. Some of you may be surprised to hear that while the American Psychiatric Association removed homosexuality from the Diagnostic and Statistical Manual in 1973, many psychoanalytic institutes continued

to consider homosexuality a disorder, and a reason for excluding a person from psychoanalytic training, until the 1990s.

Nowadays, psychoanalytic institutes are more accepting of gay and lesbian people, and therefore there may not be as great a need for this kind of advocacy. I, for example, applied to the Toronto Institute for Contemporary Psychoanalysis as an openly gay man and was welcomed, as was a fellow first-year candidate. What, then, might be the role of the AGLP's Psychoanalytic Committee?

I propose that the mandate of the committee shift from an advocacy role to an educational role, providing a forum at the AGLP Annual Meeting for members who would like to discuss their experiences in providing psychodynamic psychotherapy and the experience of being an LGBT therapist. I suggest that the name of the Committee be changed to the Psychodynamic Psychotherapy committee to reflect the broader interest of our members. What are your thoughts about this? I spoke to some members after our last committee meeting at the AGLP Meeting in San Diego who wondered whether it might more straightforwardly be called the Psychotherapy Committee to be even more inclusive.

Do you have an opinion about this? I want to hear from members about what direction they might like this committee to take. I think there is great potential for the committee as our members have been at the forefront of the field of LGBT-oriented psychotherapy, and our organization publishes the premiere journal on this topic: The Journal of Gay and Lesbian Psychotherapy.

Collectively, the expertise and experience of our membership represent tremendous education resource. Is there not a way we could take advantage of this? I would expect that many people are in the position of trying to learn how to do psychotherapy with LGBT people in a part of the world where appropriate supervision is non-existent. With the kind of distance education technology available these days, is there not a way we could offer those people supervision resources of one form or another. Could this be a revenue- and/or membership-generating opportunity?

This is just one of my ideas for directions the committee could take. If you would like to be a member of the committee, please e-mail me at [CMcintosh@aglp.org](mailto:CMcintosh@aglp.org).

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**AGLP Annual Fall Meeting**  
*Continued from page 1*

We have a block of rooms arranged this year by the APA Meeting Planning Department at the JW Marriott. You must reserve your room through the AGLP website ([www.aglp.org](http://www.aglp.org)). Other information about the meeting is also on our website and the APA website ([www.psych.org](http://www.psych.org)). Then go to the member's corner and click onto Fall Component Meeting. The room rate is \$186.00 per night plus tax. Deadline for hotel reservations is August 31, 2007.

A Welcoming Reception is being planned for Friday, September 7, at a place yet to be determined - stay tuned! If you plan to attend, please contact the National Office at 215-222-2800 or visit our website at [www.aglp.org](http://www.aglp.org) and make your RSVP. More information on this dinner

Please make a point to attend these important meetings. I'll see you in Washington!



*Photos by George Harrison*

**Photos from San AGLP San Diego 2007**



## CONVENTION REPORT AGLP SAN DIEGO 2007

Roy Harker, Executive Director

RHARKER@AGLP.ORG

In September of 2006, the AGLP Executive Board and Council voted to further trim the Annual Meeting expenses after a more substantial cut in 2005. A revised budget was formulated allotting a total expense amount of \$26,850.00 (reduced by 1% from 2005). Actual convention expenses for the AGLP 2007 Annual Meeting in Toronto totaled \$31,616.21, \$4,766.21 or 18% over the budgeted amount. These expenses were offset by gifts and grants in the amount of \$1,500.00, Symposium registration fees in the amount of \$850.00, and Closing Banquet ticket sales in the amount of \$6,670.00, for a net cost to AGLP of \$22,596.21. This compares to a net cost for the Toronto Meeting (2006) of \$20,607.34. The \$1,500.00 grant, mentioned above, was received from Forest Pharmaceuticals to offset expenses associated with the Symposium. As was the case last year, no other grant funding was secured by Local Arrangements or AGLP Board Members.

The bulk of the overrun is attributed to the AGLP Symposium "Substance Use Disorders in the Lesbian, Gay, Bisexual and Transgendered Populations", running about 154% of budget. Twenty-four people were in attendance at the AGLP Symposium, with 15 requesting CME Credits supplied by the California Society for Addition Medicine. Costs associated with this symposium totaled \$6,943.43 (\$289.31/person). Expenses were related to food and beverage, Audio-Visual fees, Syllabus printing, and Speaker travel expense reimbursement. The APA provided the meeting room to us free of charge. Registration fees in the amount of \$850.00 were applied to these expenses.

The Opening reception at the Hilton Gaslamp, was extremely popular and successful, and came within our budget goals. The Closing Banquet, the single-most expensive component of the Annual Meeting, totaled \$8,527.69 in expenses, about 6% over budget. This was offset by \$7520.00 in ticket sales – coming within \$1,007.69 of our goal of a revenue-neutral event.

The costs associated with Printed Materials, Shipping, and Miscellaneous were all within budget guidelines. The AGLP booth expenses ran \$206.25 over budget (7.9% over budget), due mainly to the elevated cost of furniture rental in San Diego.

Receptions hosted by Jonathan Koelle, Richard Shapiro, and Ken Campos, were extremely popular and well attended. Jon and Ken contributed greatly to the costs of these events with some support from AGLP in the amount of \$500.00 (not funded as of the date of this report).

This year, the APA did not under right the cost of our Hospitality Suite or our Membership Meeting space. This made for an unexpected cost of just over \$4,000.00. The Sunday Board Meeting and the Opening Reception spaces were provided free-of-charge by APA. Overall the AGLP Host Hotel (the Omni) served us well and there were general good reviews of our time there. AGLP Hospitality Suite use/programming totaled a record-low of 13.25 hours over the span of 3 days (46% occupancy). Attendance at Hospitality Suite events was light.

No guide to San Diego was produced this year and our Printed Materials item was under budget. Other Miscellaneous expenses include badges and other general meeting materials/supplies. Other commodities generally associated with the Annual Meeting in past years were either eliminated or kept to a bare minimum.

A summary of the convention expenses, with comparisons to past years, appears below:

### Convention Expense Summary 2003 through 2007

CATEGORY	2003 San Francisco	2004 New York	2005 Atlanta	2006 Toronto	2007 San Diego	Five-Year Average
Closing Banquet	\$14,098.52	\$16,824.69	\$12,548.23	\$8,849.66	\$8,527.69	\$13,080.28
Booth	\$3,743.90	\$3,271.38	\$5,040.16	\$2,706.95	\$2,806.25	\$3,690.60
Opening Reception	\$9,300.00	\$5,400.00	\$10,900.00	\$3,937.95	\$4,708.69	\$7,384.49
Hospitality Suite	\$2,245.11	\$8,871.91	\$1,638.88	\$2,268.56	\$4,556.77	\$3,756.12
Medical Students	\$1,682.50	\$1,228.09	\$0.00	\$0.00	\$0.00	\$727.65
Transportation	\$807.48	\$168.74	\$1,987.90	\$2,534.58	\$1,745.17	\$1,374.68
Miscellaneous	\$1,788.15	\$2,226.18	\$711.39	\$629.67	\$840.17	\$1,338.85
Pre-Convention	\$3,861.13	\$7,808.00	\$6,949.95	\$6,453.97	\$6,943.43	\$6,268.26
Printed Materials	\$5,250.00	\$4,351.20	\$3,925.40	\$1,497.00	\$1,310.77	\$3,755.90
Allied Receptions			\$564.17	\$1,085.00	\$177.27	\$824.59
<b>Total Expenses</b>	<b>\$42,776.79</b>	<b>\$50,150.19</b>	<b>\$44,266.08</b>	<b>\$29,963.34</b>	<b>\$31,616.21</b>	<b>\$41,789.10</b>
<b>Total Receipts</b>	<b>\$11,700.05</b>	<b>\$10,895.00</b>	<b>\$5,765.00</b>	<b>\$8,356.00</b>	<b>\$7,520.00</b>	<b>\$9,179.01</b>
<b>Total Grants</b>	<b>\$3,000.00</b>	<b>\$21,700.00</b>	<b>\$0.00</b>	<b>\$1,000.00</b>	<b>\$1,500.00</b>	<b>\$6,425.00</b>
<b>Net Cost(Profit)</b>	<b>\$28,076.74</b>	<b>\$17,555.19</b>	<b>\$38,501.08</b>	<b>\$20,607.34</b>	<b>\$22,596.21</b>	<b>\$26,185.09</b>

**THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2006-2007****EXCEPTIONAL ESTATE BEQUEST**

FRANK RUNDLE, MD

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**AGLP BOARD AND ADVISORY COUNCIL MEETING****AGLP ANNUAL MEETING****Sunday, May 20**

8:30am-12:00pm

Omni Hotel; San Diego, CA

Members Present: Roy Harker, Executive Director; Dan Karasic, M.D., President; Ubaldo Leli, M.D., President-Elect; Kenn Ashley, M.D., Vice President; Mason Turner, M.D., Secretary; George Harrison, M.D., Newsletter Editor; David Scasta, M.D., Film Committee; Gene Nakajima, M.D., International Committee; Howard Rubin, M.D., Journal Co-Editor-Elect; Karl Jeffries, M.D., Psychiatric Residents and Fellows Section; Marc Manseau, Medical Student Section; Jack Drescher, M.D., Journal Editor

The meeting was called to order at 8:45am by Dr. Dan Karasic.

Minutes from the 2006 Board and Advisory Council Meeting were reviewed and approved.

**2007 Symposium: Kenn Ashley, M.D.**

This year's symposium on Substance Use Disorders in LGBT Populations, while well received, was poorly attended. Due to the high cost of the symposium, as well as the historically poor attendance over the last couple of years, the possibility of incorporating the symposium into the APA calendar via co-sponsorship, was discussed as a cost containment measure, as well as a way of improving attendance. One of the major drawbacks to incorporation of the symposium into the APA schedule would be loss of control over the time and date of the symposium, as well as the need for approval of content by the Scientific Affairs Committee of the APA. The APA will typically cover all expenses for sponsored courses and symposia, including CME, significantly limiting the expense to AGLP. A similar framework was used successfully at the Institute for Psychiatric Services meeting last year. Various board members will follow-up regarding this process and report back at the Fall Business Meeting. Incorporation of the symposium would also mean that the timeline for content planning would be much tighter and all facets of planning would need to be completed by August of the year prior to the Annual Meeting.

**Treasurer's Report/Budget: Petros Levounis, M.D.****Executive Director's Report: Roy Harker**

AGLP continues to experience a decline in membership, which is adversely affecting the financial health of the organization. Some discussion centered on the role of the new membership renewal system in reducing membership given some technical challenges. Mr. Harker will continue to work to refine this system. The organization is on target to complete 2007 with a budget surplus of \$2000; however, cash flow remains a significant problem given the Annual Meeting expenses. Mr. Harker and Dr. Levounis stressed the importance of seeking grants outside of the pharmaceutical industry, and emphasized the importance of financial development for all Board and Advisory Council members. Of note, the Annual Meeting (with the exception of the Symposium) will come in on budget targets. The group also discussed the possibility of endowing certain AGLP awards, rather than listing them as budget items from year to year.

Mr. Harker discussed the proposed budget for FY2008, presenting two different alternatives. After some minor adjustments and discussion from the Board, the FY2008 budget was approved with anticipated receipts of \$92,900 and anticipated expenses of \$90,900. Details of the budget are available from the national office.

Three weeks prior to the Board and Advisory Council meeting, the final bequest from the Rundle estate was given to AGLP, totaling approximately \$26,000. Most of this bequest was used to complete the funding for the Fryer Award. An additional \$6300 remains in reserve to be used at the Board's discretion. Unanimous approval was given to use these monies for operational expenses. The film project continues to generate revenue for AGLP, with current royalties at \$1500.

Committee development remains an important priority of the Board. Mr. Harker also stressed the importance of email communications with members.

**Newsletter: George Harrison, M.D.**

Dr. Harrison and Roy Harker reported that 30% of members continue to receive the printed copy of the newsletter. For financial reasons, receipt of the email format of the newsletter should continue to be encouraged for all members. Paper copies will remain available for promotional purposes. The Board and Advisory Council also engaged in brainstorming about how to differentiate member from non-member content in the newsletter in order to increase the value of AGLP membership *vis-à-vis* the newsletter specifically.

**Development Committee**

This position is currently vacant, and a new chair is being actively recruited.

**Film Project: David Scasta, M.D.**

This committee report was held in Executive Session.

**Fryer Award Committee**

The composition of this group is changing, with Dr. Leli replacing Phil Bialer, M.D.. Upcoming Fryer Awards will be given at the IPS in Chicago in October 2008 and at the APA in San Francisco in May 2009.

**International Committee: Gene Nakajima, M.D.**

Dr. Nakajima continues to be very active in creating a presence for LGB issues at the international level and discussed numerous upcoming international psychiatric meetings. He is also planning an AGLP historical exhibit for the APA in San Francisco in 2009 and is actively seeking archival materials, funding and a curator for the exhibit. He also would like for this exhibit to travel to medical schools for informational and promotional purposes.

**Journal of Gay and Lesbian Psychotherapy: Jack Drescher, M.D.**

Dr. Drescher reported that the next several issues of the journal have been planned, and include such topics as LGB Activism and Health; Childhood Gender Non-Conformity and Sexual Orientation (the first issue guest-edited by a transgendered person); Psychoanalysis and Homosexuality; and Orthodox Jewish Culture and Homosexuality. The journal will also be eligible for reapplication for Medline in the next couple of years. Drs. Howard Rubin and Mary Barber will be assuming editorship of the journal in the near future.

**Membership Committee**

This position is currently vacant, and a new chair is being actively recruited. Dr. Leli reported that his plan when he assumes the presidency is to make membership recruitment a more localized process. More details to follow.

**Psychoanalytic Committee: Ubaldo Leli, M.D.**

Dr. Chris McIntosh will assume the chair of this committee as Dr. Leli is now the President-Elect. Dr. Leli stressed the need for ongoing education about the role of homosexuality in psychoanalysis, noting that conflicts with psychoanalysis are much less now than in the past. He continues to work actively with Chinese analysts.

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### Medical Students Section: Marc Manseau

Mr. Manseau introduced himself as the new chair for this section, noting the importance of recruitment and retention of medical student members. He described his efforts in cementing a relationship with the American Medical Student Association by submitting information to their list serves as well as having a presence at their meetings. He also emphasized the importance of medical student recruitment through programming at the Annual Meeting, as well as strengthening the AGLP mentorship program.

### Members-in Training Section: Karl Jeffries, M.D.

Dr. Jeffries introduced himself as the new chair for this section, providing a brief personal history of his roles as a high school teacher and in activism. During medical school, he developed a sexuality curriculum, focusing on LGBT issues. He also discussed the importance of working with the Group for the Advancement of Psychotherapy in its ongoing project to develop an LGB curriculum. This curriculum is in the final stages of approval and will be made public soon as a tool for residency education. Dr. Jeffries also stressed the importance of general outreach in increasing the residency contingent in AGLP.

### AGLP Representative to the APA Assembly for Allied Organizations: David Scasta, M.D.

Dr. Scasta is one of AGLP's representatives to the APA Assembly and represents AGLP as an allied organization of the APA. Dr. Scasta has donated his travel expenses for APA Assembly Meetings to AGLP and the Board and Advisory Council thanked him for his ongoing support of the organization. This position will continue to be a Board-appointed one; however, the term has not yet been decided. More discussion will follow at the Fall Business Meeting.

Dr. Scasta stressed that in order to maintain our Allied Organization status (and retain the extra Assembly seat), AGLP must maintain a membership that is at least 80% psychiatrists. Additionally, 70% of the AGLP membership must be APA members. Dr. Scasta also described the importance of communication from the AGLP Board and other members re: the issues that he should submit to the Assembly in his role.

### Lesbian, Gay and Bisexual APA Caucus Report

This report was provided at the general membership meeting.

### Lesbian, Gay and Bisexual Committee of the APA: Serena Volpp, M.D., Chair

Dr. Volpp discussed numerous initiatives of the LGB Committee. The Committee is coordinating many different types of programming at the APA, including a special presentation on MSM in the African-American community. Dr. Volpp stressed the importance of LGB representation among the minority fellowships available through the APA. Additionally, the group is sponsoring an LGB fellowship, funded through the American Psychiatric Foundation/Gill Foundation. Other initiatives include ongoing work to redefine gender identity disorder in the DSM-V and creating an "instruction manual" for gays in the military. The Committee is also urging the APA to revise its statement on conversion therapies and noted that an Ex-Gay Survivors Conference will be held at the same time as the Exodus Conference at the end of June 2007.

The meeting was adjourned at 12:30pm by Dr. Karasic.

Respectfully submitted,

Mason Turner, MD • MTurner@aglp.org

## AGLP ANNUAL BUSINESS MEETING

Sunday, May 20, 2007

2:00-3:15pm

Omni Hotel; San Diego, CA

Dr. Dan Karasic, President of AGLP, called the meeting to order at 2:00pm.

The minutes for the 2006 AGLP Annual Business Meeting were reviewed and approved.

A special thank you was extended to the Local Arrangements Committee for their hard work in planning the 2007 AGLP Annual Meeting and Symposium.

### AGLP Annual Symposium: Kenn Ashley, M.D.

This annual event is one of the most important educational events during the AGLP Annual Meeting. The idea of co-sponsorship with the APA for this event was discussed (please refer to the Board and Advisory Council meeting minutes for full details). Dr. Ashley also reported on the various programming elements available at the Hospitality Suite.

### Budget: Roy Harker

The FY2008 budget was approved by the Board at today's meeting. Anticipated receipts for 2008 will be \$92,900 and anticipated expenses will be \$90,900. Mr. Harker stressed the singular importance of reduction in membership as a driver for our current financial problems. He encouraged everyone to pay their 2008 dues as soon as possible in order to help with an anticipated \$2000 cash flow deficit in the coming weeks. He also reported that the Rundle bequest of \$26,000 will be used, in part, to fund the Fryer Award.

### Newsletter Editor: George Harrison, M.D.

Dr. Harrison thanked Roy Harker for his ongoing work in creating the newsletter as a particular value of AGLP membership. Expenses for this item are now approaching 10% of the AGLP budget and may be a particular focus for cost savings.

### Lesbian, Gay, Bisexual Caucus of the APA Report: Mark Townsend, M.D. and Phil Bialer, M.D.

The LGB caucus is one of eight caucuses of the APA, all of which have a representative on the APA Assembly. Caucuses were originally established to function as advocacy groups and to help represent minorities in the APA Assembly. The LGB caucus currently contains 175 members. Dr. Townsend encouraged all AGLP members to join the LGB caucus by going to the Members Corner area of the APA website, noting that each individual can only be a member of one caucus.

The upcoming president of the APA, Dr. Nada Stotland, is very interested in LGB representation on various APA components, and any interested individuals should discuss with Dr. Townsend or Dr. Bialer. Programming is also an important function of the caucus, and is performed through the Office of Minority and National Affairs and the Minority and Under-Represented Committee of the APA, of which the LGB Caucus is a part.

Historically, the LGB Caucus representative was AGLP's only presence at the APA Assembly; however, since AGLP has been granted Allied Organization status through the APA, an additional seat is now available (Dr. Scasta is currently in this position).

Dr. Townsend encouraged the Board to consider a Bylaws change so that the president of AGLP is no longer the de-facto president of the LGB Caucus, but that instead, that presidency of the caucus be assigned to the LGB Caucus Representative.

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AGLP Annual Meeting Minutes  
Continued from Page 10

### **AGLP Representative to the APA Assembly for Allied Organizations: David Scasta, M.D.**

AGLP is one of eighteen Allied Organizations of the APA, and Dr. Scasta represents AGLP in that capacity at the APA Assembly. Dr. Scasta described the importance of communication from AGLP members re: the issues that he should submit to the Assembly in his role. He also stated that no action papers relevant to LGB issues were discussed at the last Assembly meeting. Of note, Dr. Scasta donates all of his travel expenses for Assembly meetings and was thanked by the Board for his ongoing support of the organization.

### **Development Committee**

The chair for this committee is currently vacant, and active recruitment by the Board is underway for this important position.

### **Film Project: David Scasta, M.D.**

The AGLP film project continues to prosper and the film is currently on sale through Amazon.Com and the AGLP website. The film has been accepted to the Philadelphia Gay and Lesbian Film Festival and the Toronto Film Festival, with other applications for film festivals pending.

### **Fryer Award Committee**

Upcoming Fryer Awards will be given at the IPS in Chicago in October 2008 and at the APA in San Francisco in May 2009.

### **Membership: Roy Harker and Board/Advisory Council**

The Membership Committee chair remains vacant, and anyone who is interested in serving in this position should notify any Board member. While a single national chair is needed, the Board will be moving towards a more localized process in the future.

Overall membership has decreased by 21% in the last two years, and by 35% in the last 9 years. Mr. Harker encouraged active participation by all members in recruitment and retention. The Board also discussed the importance of adding value to AGLP membership, and in particular, using the internet to do so. Of note, membership is now on a rolling-year basis. Automatic membership renewals are not possible due to security reasons.

### **International Committee: Gene Nakajima, M.D.**

Dr. Nakajima continues to be very active in creating a presence for LGB issues at the international level and discussed numerous upcoming international psychiatric meetings. He is also planning an AGLP historical exhibit for the APA in San Francisco in 2009 and is actively seeking archival materials, funding and a curator for the exhibit. He also would like for this exhibit to travel to medical schools for informational and promotional purposes.

### **Psychoanalytic Committee: Ubaldo Leli, M.D.**

Dr. Chris McIntosh will assume the chair of this committee as Dr. Leli is now the President-Elect. Dr. Leli stressed the need for ongoing education about the role of homosexuality in psychoanalysis, noting that the workshop on shame in treatment remains an important part of the educational programming through the Hospitality Suite at the AGLP Annual Meeting.

### **Medical Students Section: Marc Manseau**

Mr. Manseau introduced himself as the new chair for this section, noting the importance of recruitment and retention of medical student members. His particular goals for the coming year include cementing alliances between AGLP and the

American Medical Student Association as well as strengthening the AGLP mentorship program for medical students.

### **Members-in Training Section: Karl Jeffries, M.D.**

Dr. Jeffries introduced himself as the new chair for this section. Dr. Jeffries stressed the importance of general outreach in increasing the residency contingent in AGLP, and reminded the AGLP membership of the residency reception during the Annual Meeting.

### **Lambda Legal Amicus Brief: Dan Karasic, M.D.**

Dr. Karasic discussed an amicus brief titled "Suggestions for Mental Health Professionals Representing the Transgendered Community to the Press." This brief was generated by Lambda Legal, who has requested AGLP co-sponsorship. Two Board and Advisory Council members are working on some improvements in the language of the brief and will discuss at a later date.

The meeting was adjourned at 3:15pm by Dr. Karasic.

Respectfully submitted,

Mason Turner, M.D.  
MTurner@aglp.org

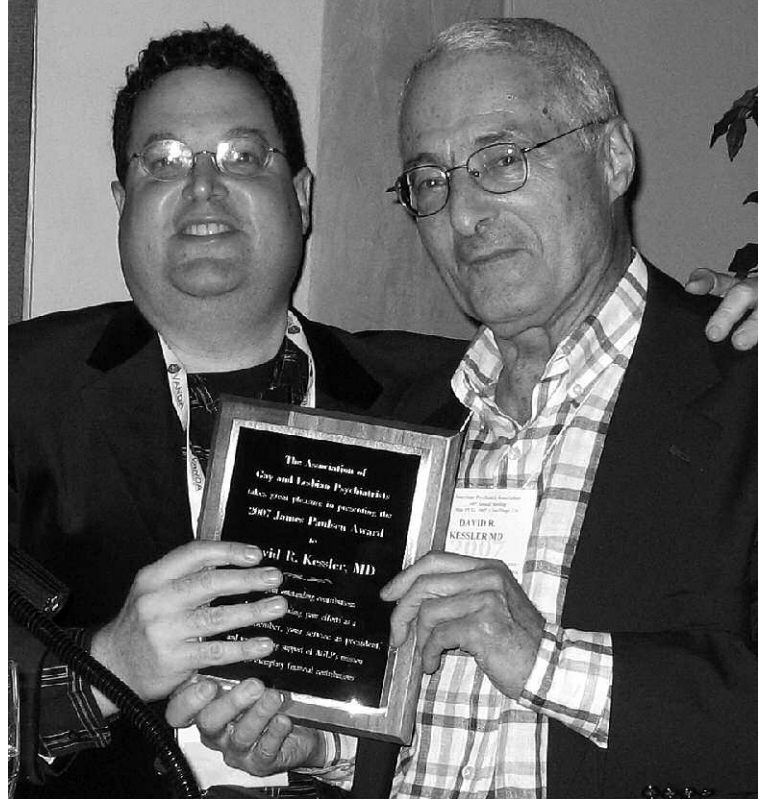
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Photos by George Harrison



Photos from San AGLP San Diego 2007

Photos by George Harrison



Ellen Dallager: Photography



Ellen Dallager: Photography



Photo by Howard Rubin

## THE COMMITTEE ON GAY & LESBIAN ISSUES OF THE AMERICAN PSYCHOANALYTIC ASSOCIATION ANNOUNCES

### THE 2007 RALPH ROUGHTON PAPER AWARD

In honor of the founding Chairperson of the Committee on Gay and Lesbian Issues, the Ralph Roughton Paper Award was established in 1998 to give formal recognition for outstanding contributions to the psychoanalytic understanding of gay men and lesbians, and was expanded in 2007 to include bisexual and transgender issues. The award is intended to encourage psychoanalytic writers to address gay, lesbian, bisexual and transgender issues and to increase awareness and understanding within the psychoanalytic community. The award is presented annually, and carries with it a cash prize of \$500.

The winning author will be invited to present his/her paper at the 2008 Winter Meeting of the American Psychoanalytic Association in January.

The winner may submit the paper for review by Journal of the American Psychoanalytic Association and, if accepted, it will be published as the winner of the Ralph Roughton Award.

**Submission Guidelines:** Papers must be unpublished (but may have been presented at professional meetings) and must conform to the Preparation of Manuscript guidelines outlined by Journal of the American Psychoanalytic Association, with the exception that the length should not exceed 30 double-spaced typed pages. Paper submissions are welcome from anyone regardless of institutional affiliation.

Entries must be submitted electronically no later than September 30, 2007.

Email one Word document containing the manuscript with all references to the author deleted, and email another Word document containing the author's name, e-mail address, address, phone number, and any Institutional affiliation to:

Gary Grossman, Ph.D.  
Chair, Ralph Roughton Paper Prize  
415 928•4662  
Email: gary.grossman@ucsf.edu

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Dear Colleagues:

I am pleased to announce a special interview that I did with Alfred M. Freedman 102nd President of the APA who is 90 years old this year.

Dr. Freedman discusses the circumstances which brought him to be a successful petition candidate for the presidency of the American Psychiatric Association in 1972.

He tells the behind the scene story of how during his presidency the Board of Trustees and the Assembly voted to remove homosexuality from the Diagnostic Statistical Manual (DSM) declaring that it was not a mental disorder.

Dr. Freedman also discusses the connection between Watergate and the break in to the office of psychiatrist Daniel Ellsberg and how that led to a response by the APA concerning confidentiality which has repercussions today.

The entire interview approximately 40 minutes can be heard by going to [www.shrinkpod.com](http://www.shrinkpod.com) and clicking to listen to it.

You can see the interview in a videocast broken up into 5 segments by going to [www.youtube.com](http://www.youtube.com) and typing Alfred M. Freedman in the search box. As noted there are five segments to this interview on YouTube and I suggest that you start with Segment #1.

I welcome your comments and suggestions for future guests.

Best regards

Michael Blumenfeld, M.D.  
Professor of Psychiatry, Medicine & Surgery  
New York Medical College  
Email: ronellan@aol.com

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### Mission Statement

*The Association of Gay and Lesbian Psychiatrists (AGLP) provides networking and support for Lesbian Gay Bisexual and Transgendered psychiatrists and education and advocacy on LGBT mental health issues.*

*Our goals are to:*

- Foster a fuller understanding of LGBT mental health issues;
- Research and advocate for the best mental health care for the LGBT community;
- Develop resources to promote LGBT mental health;
- Create a welcoming, safe, nurturing, and accepting environment for members; and
- Provide valuable and accessible services to our members.

---

*AGLP is an Allied Organization of the APA. AGLP was the recipient of the 2006 Organizational Distinguished Service Award given by APA President Steven S. Sharfstein, MD, at the Convocation of Distinguished Fellows in Toronto.*

Apply Online at [www.aglp.org](http://www.aglp.org)

**AGLP MEMBERSHIP APPLICATION FORM**

Name: \_\_\_\_\_  
 Degree: \_\_\_\_\_ Preferred first (nick) name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ - \_\_\_\_\_  
 Country: \_\_\_\_\_ Membership Status: \_\_\_\_\_  
 fax: \_\_\_\_\_ e-mail: \_\_\_\_\_

GENERAL MEMBER - \$225, ASSOCIATE MEMBER - \$225, FOUNDING MEMBER - \$1,000,  
 PATRON - \$500, SPONSORING MEMBER - \$300, RESIDENT - \$45, MEDICAL STUDENT - \$15.00,  
 FRIEND/ALLY - \$100, INTERNATIONAL (OUTSIDE OF US AND CANADA) - \$100 US

Date membership status changes: \_\_\_\_\_

Are you a member of the American Psychiatric Association?  
 Yes  No

Special Instructions: \_\_\_\_\_  
 (E.G. LABEL "PERSONAL")

Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members?  
 Yes (Initial) \_\_\_\_\_  No

Do you want to be a NON-CONFIDENTIALLY LISTED referral source?  
 Yes (Initial) \_\_\_\_\_  No

IF YES, FILL IN OFFICE ADDRESS AND PHONE NUMBER AND LIST SPECIALTY INFORMATION BELOW.

Do you want to be a NON-CONFIDENTIALLY LISTED online referral source?  
 Yes (Initial) \_\_\_\_\_  No

IF YES, FILL IN OFFICE ADDRESS AND PHONE NUMBER AND LIST SPECIALTY INFORMATION BELOW.

**O P T I O N A L**

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Office Phone: \_\_\_\_\_  
 Home Address: \_\_\_\_\_  
 \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ - \_\_\_\_\_  
 Office Address: \_\_\_\_\_  
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 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ - \_\_\_\_\_  
 Speciality: \_\_\_\_\_

I wish to pay by  Check  VISA  MasterCard  AMEX

CARD NO.

EXP. DATE:

SIGNATURE: \_\_\_\_\_

Make check out to "AGLP" and mail to:  
 AGLP, 4514 Chester Avenue, Philadelphia, PA 19143-3707

**APPLICATION FORM**

**CAUCUS OF LESBIAN, GAY & BISEXUAL PSYCHIATRISTS**

**AMERICAN PSYCHIATRIC ASSOCIATION**

*(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ - \_\_\_\_\_

\*APA Membership Status: \_\_\_\_\_

*Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.*

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Send this form to: Office of Membership  
 American Psychiatric Association  
 1000 Wilson Boulevard  
 Suite 1825  
 Arlington, VA 22209

*\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow*



**Start making your plans now for AGLP/APA in Washington, DC, May 2-8, 2008.**

Photo courtesy of the Washington, DC Convention & Tourism Corporation (WCTC)