



# AGLP

The Association of LGBTQ Psychiatrists

VOLUME XLVII (1) • APRIL 2021

In this issue . . .

<b>AGLP 2021 Awards</b> Roy Harker, C.A.E., Executive Director	<b>1</b>
<b>Editor's Column</b> Erick Meléndez, M.D.	<b>2</b>
<b>President's Column</b> Amir Ahuja, M.D.	<b>3</b>
<b>Queer, Non-Binary, and Trans Committee</b> Sarah Noble, D.O.	<b>4</b>
<b>2021 John Fryer Award Winner</b> Roy Harker, C.A.E., Executive Director	<b>4</b>
<b>Committee on Legal Advocacy</b> David Scasta, M.D., DLFAPA	<b>5</b>
<b>Specialty Meetings</b>	<b>6</b>
<b>AGLP Member and Committee Meetings</b>	<b>6</b>
<b>AGLP Patrons</b>	<b>7</b>
<b>25th Anniversary Contributors</b>	<b>8</b>
<b>Welcome to our New Members</b>	<b>8</b>
<b>JGLMH Resident Paper Award</b> Roy Harker, C.A.E., Executive Director	<b>8</b>
<b>Changing Membership Trends</b> Roy Harker, C.A.E., Executive Director	<b>9</b>
<b>2020 AGLP Financial Statement</b> Mark Messih, M.D., Treasurer	<b>9</b>
<b>Highlighted Events for the Annual Meeting</b> Amir Ahuja, M.D.	<b>10</b>
<b>AGLP Voting 2021</b>	<b>11</b>
<b>Membership Forms</b>	<b>12</b>



## AGLP Virtual Annual Meeting

### AGLP 2021 Awards

Our AGLP 2021 Awards recognise people and organizations mostly located in the Los Angeles area this year. The Committee focused on this locale since the original location of the APA Annual Meeting was to be hosted by this city.



Howard Rubin, M.D.

The **AGLP James Paulsen Award**, created in 1986 and presented to an AGLP member who has made significant contributions to the ongoing life of the organization, is conferred this year on **Howard Rubin, M.D.**, a long-standing member of AGLP. In addition to his role as President of AGLP, substantial contributions to the Education Committee over the past year, contributions to the Journal, and sustained patron support, he continues to vitalize and invigorate the mission of AGLP and support the LGBTQ community at-large.



Representative Sheila Kuehl

The **Barbara Gittings Award** for 2021 is being presented to **Sheila Kuehl**. The AGLP Barbara Gittings Award is presented to a woman who demonstrates exceptional leadership and advocacy for Lesbian Issues. It was named after one of the founders of the gay rights movement and one of the activists instrumental in moving APA to consider depathologizing homosexuality. Ms. Kuehl's leadership, particularly as an openly gay elected official, has set an example for many LGBTQ+ community members. Her anti-discrimination legislation, on the basis of gender and disability in the workplace and sexual orientation in education, lifts up measures that begin to address our in-common mission: to educate and advocate for best mental health practices for our community.

The **Distinguished Service Award**, AGLP's first designated award, is given to an individual for outstanding contributions to the LGBTQ community. Over the years it has been awarded to AGLP members whose work extends past the reach of the

**Election Issue: The candidates respond. See page 9.**

Continued on page 2

## The Newsletter of AGLP

Published quarterly from 1512 Spruce Street, Suite 2601  
Philadelphia, PA 19102-4557

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of AGLP. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by AGLP, and do not imply sexual orientation.

### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to the National Office, 1512 Spruce Street, Suite 2601, Philadelphia, PA 19102-4557; phone 215-222-2800; E-mail: [AGLPeditors@aglp.org](mailto:AGLPeditors@aglp.org). Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is July 30, 2021.

### ADVERTISING RATES

The Newsletter of AGLP accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$350
Half-Page Ad	\$250
Business Card	\$125

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

## Editor's Column

Erick Meléndez, M.D.

[AGLPeditors@aglp.org](mailto:AGLPeditors@aglp.org)



Erick Meléndez, M.D.

**H**ello AGLP members! I don't know about you, but I have felt the winter in NYC was extremely long and I am so happy to see the spring coming in and bringing sun and warmth. We have finished the first quartet of the new year with a lot of changes in government, policies and even in COVID restrictions; it feels as if better things are coming our way in the near future.

We in AGLP are also bringing a lot of good stuff for all of you! We are working hard preparing for the upcoming APA meeting, you'll have a glimpse of that on this edition of the newsletter.

And while this is a short edition; you will see how active our committee on legal advocacy has been; as well as other committees. We continue having weekly Zoom sessions with many different topics chosen specifically for your needs; please look at our social media sites in order to get more information on those.

As a new hope arises in the country, we in AGLP are not getting tired of working for you. Keep an eye on our upcoming events, I'm pretty sure you will enjoy them!

Erick Melendez, MD

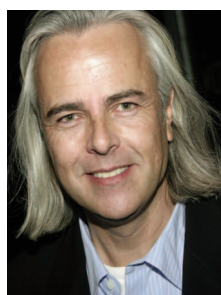


## AGLP 2021 Awardees

Continued from page 1



Peggy Rajski



Randy Stone



Celeste Lecesne

organization, to supportive APA officials, and to public figures. The 2021 Distinguished Service Award is being presented to **The Trevor Project** and in particular the founding members – **Peggy Rajski, Randy Stone (posthumously), and Celeste Lecesne**. As the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ+) young people under 25, The Trevor Project

has lifted up the need for good mental health practices to the nation and the world.

The 2021 **Stuart Nichols Award** is being conferred on the **Friends Community Center of Los Angeles**. This award recognized, in particular, programs they have developed to reducing the risk that can result from drug use by preventing HIV infection and managing the physical, psychological, and psychosocial manifestations of drug use. The Stuart Nichols Award is presented to a community service organization in the Annual Meeting city that supports LGBTQ Mental Health. It was named after Stuart Nichols, MD, a community psychiatrist who did addictions and HIV work and was a mentor to many AGLP members and includes a cash award.



This year, the 2021 AGLP Awards were presented in a virtual ceremony on Sunday, April 25, 2021, at 7:30pm. A video recording is available on Facebook

and the AGLP website, [www.aglp.org](http://www.aglp.org).

The awards presentations were preceded by a presentation by the Director of Education for the American Psychiatric Association (APA), **Tristan Gorrindo, M.D.**, who provided an introduction on how to navigate the virtual offerings of the APA Annual Meeting which will begin on Saturday, May 1. This introduction should prove useful especially to those who have not attended a virtual meeting of this scope in the past.



View this and all  
AGLP Newsletters  
by visiting our  
website at  
[www.AGLP.org](http://www.AGLP.org).  
Scan the QR Code  
to the left to visit  
the entire archive.

## AGLP National Office

Roy Harker, CAE, Executive Director  
[rharker@aglp.org](mailto:rharker@aglp.org)  
1512 Spruce Street • Suite 2601  
Philadelphia, PA 19102-4557  
Voice: (215)222-2800  
[aglp@aglp.org](mailto:aglp@aglp.org)  
[www.aglp.org](http://www.aglp.org)

**President's Column**

Amir Ahuja, M.D.

AAhuja@aglp.org



Amir Ahuja, M.D.

**H**ello everyone. I am writing to you just after finishing the recording of my talk about LGBTQ Health Policy, which will be broadcast during the Annual Meeting and followed by a live discussion and Q&A. I discussed Marriage Equality, and I was joined by Dr. Jack Drescher and Dr. Saul Levin, as well as Cathy Renna. They were discussing other topics of relevance to our community in politics these days, including Religious Liberty Laws and the Affordable Care Act's section 1557 (which details non-discrimination). We felt these were very important topics to cover at this time, seeing as we have a more liberal administration but a more conservative Supreme Court than before. This will lead to the so-called "culture wars" continuing, and sadly LGBTQ individuals are at the heart of that battle once again.

In addition to Marriage Equality being legally challenged in many states, in hopes that this Supreme Court would take up a case and reverse their 2015 decision, we have all heard about the bans on transgender athletes and the aforementioned "Religious Liberty" bills. In addition, there is a concerted effort to restrict voting rights throughout the country, but particularly in the states narrowly won by Joe Biden or ones with heavy minority populations. Naturally, this affects LGBTQ people disproportionately as well, since many members of our community, especially members of color, are less likely to have an ID to show at the polls and are less likely to be able to get time off of work or transportation to cast their ballots. Of course, even requiring an ID is a huge barrier for the Trans\* population given the difficulties in getting legal name changes and having matching ID. This can lead to these individuals being turned away from voting centers or flagged for fraud incorrectly.

So, I write to you all to say that our work is far from over. In 2008, after the election of Barack Obama, many of my friends went "back to brunch" as the news pundits like to say. I also became complacent, thinking that progress was inevitable. Well, we were all wrong, and under our noses arose a righteous anger from the downtrodden in our country. They were sick of being left out of the American conversation and their lives

**“ In 2008, after the election of Barack Obama, many of my friends went "back to brunch" as the news pundits like to say. I also became complacent, thinking that progress was inevitable**

were just getting worse, even as the overall economy boomed. The Right provided a channel for the anger, and unfortunately for us and for our mission, it was targeted at "the other," where it so frequently lands. That included African-Americans, Latinx people, Native Americans, Asian-Americans, and also LGBTQ Americans (among others). We cannot let this fester, as it is a virus that is growing in strength and showing up in more violent ways every day.

Let us continue this great work that we are doing. Please consider getting more involved in AGLP and helping us with educational sessions, Amicus Briefs, and our new Policy and Advocacy Committee. We all must do our part to help social progress along, and to make this a fairer and more just country for everyone.

■ ■ ■

**AGLP Board of Directors, Advisory Council, and Standing Committees 2020 - 2021**

<b>PRESIDENT</b> Amir Ahuja, M.D.	AAhuja@aglp.org
<b>IMMEDIATE -PAST PRESIDENT</b> Howard Rubin, M.D.	HRubin@aglp.org
<b>VICE PRESIDENT</b> Pratik Bahekar, M.D.	PBahekar@aglp.org
<b>SECRETARY</b> Sarah Noble, D.O.	SNoble@aglp.org
<b>TREASURER</b> Mark Messih, M.D.	MMessih@aglp.org
<b>NEWSLETTER EDITOR</b> Erick Meléndez, M.D.	AGLPeditors@aglp.org
<b>JOURNAL OF GAY AND LESBIAN MENTAL HEALTH</b> Chris McIntosh, M.D.	Editors@aglp.org
<b>EXECUTIVE DIRECTOR</b> Roy Harker, C.A.E.	215-222-2800 RHarker@aglp.org
<b>AGLP ADVISORY COUNCIL</b>	
<b>CHILD AND ADOLESCENT PSYCHIATRISTS</b> Shervin Shadianloo, M.D.	shervin.shadianloo@gmail.com
<b>EDUCATION COMMITTEE</b> Gene Nakajima, M.D. Pratik Bahekar, M.D. Howard Rubin, M.D.	GNakajima@aglp.org PBahekar@aglp.org HRubin@aglp.org
<b>BIPOC MEMBERS</b> Amir Ahuja, M.D.	AAhuja@aglp.org
<b>FRYER AWARD</b> Howard Rubin, M.D.	HRubin@aglp.org
<b>INTERNATIONAL MEMBERS</b> Gene Nakajima, M.D.	GNakajima@aglp.org
<b>LEGAL ADVOCACY</b> David L. Scasta, M.D., DLFAPA	DScasta@aglp.org
<b>MEMBERSHIP</b> To be announced...	
<b>MEDICAL STUDENTS</b> Allison Rhodes	allison.rhodes2@gmail.com
<b>PSYCHIATRIC RESIDENTS AND FELLOWS</b> Jace Reed, M.D.	jace.m.reed@gmail.com
<b>PSYCHOTHERAPY</b> Chip (Stephen) McDermott, M.D.	CMcDermott@aglp.org
<b>SOCIAL MEDIA</b> Mark Messih, M.D.	MMessih@aglp.org
<b>TRANS/NON-BINARY MEMBERS</b> Sarah Noble, D.O.	SNoble@aglp.org
<b>WOMEN</b> Khadija "Kay" Hassan.	khadija.hassan@edu.uag.mx
<b>ASSEMBLY DELEGATES TO THE CAUCUS OF GAY, LESBIAN AND BISEXUAL PSYCHIATRISTS</b> Mark Townsend, M.D., President Ubaldo Lei, M.D., Representative Andy Tompkins, M.D., Dep.-Representative	
<b>AGLP REPRESENTATIVE TO THE APA ASSEMBLY (ACROSS)</b> Margie Sved, M.D.	MSved@aglp.org

■ ■ ■

## Queer, Nonbinary, and Trans Committee

Sarah Noble, D.O.

SNoble@aglp.org



Sarah Noble, D.O.

**H**appy Spring everyone! It feels as if we're finally starting to see the light at the end of what has been the longest year. It saddens me that yet another year is passing without being able to meet in person, but it will be all the sweeter when we see each other in New Orleans.

I wanted to update everyone that we have been hard at work with the trans, nonbinary and gender diverse committee. Our first undertaking has been to write a letter to all the programs requesting that they establish certain practices that will make it easier for trans, nonbinary, and gender diverse students and residents to apply and practice. This letter will soon be posted on the AGLP website for you to see.

We would like to expand the scope of the committee to include presentations and teaching as well as advocacy. We invite any trans, nonbinary, and gender diverse members to join us. Our meetings are the first Sunday of every month at noon. The link is on the AGLP website.

■ ■ ■

## 2021 John Fryer, M.D., Award Winner



Malcolm Lazin

**Malcolm Lazin** has been named the winner of the 2021 John E. Fryer, M.D., Award. The award honors an important and highly-visible figure in the LGBTQ+ rights community and offers opportunities for another voice in the ongoing advocacy for rights, research, and informed care for our LGBTQ+ patients. Mr. Lazin will receive this award and make his virtual presentation, "John Fryer, M.D. American Civil Rights Icon: How the APA Bent the Arc of Justice," on Saturday, May 01, 2021, at 2:00pm.

Malcolm L. Lazin is an American social activist, prosecutor, entrepreneur and educator. His endeavors include Lesbian, Gay, Bisexual and Transgender (LGBT) civil rights, federal and state law enforcement, developing Philadelphia's waterfront, lighting the Benjamin Franklin Bridge and incorporating

Washington Square—the largest revolutionary war burial ground—into Independence National Historical Park.

After fulfilling active training in the U.S. Army reserves, Lazin began his career in 1969 at the U.S. Department of Housing and Urban Development (HUD) in the Philadelphia regional office. He went on to become an Assistant United States Attorney for the Eastern District of Pennsylvania from 1970-1974.

In 1973, Lazin left the U.S. Attorney's Office to enter private practice as a litigation associate. Two years later, he accepted a partnership at Fell Spaulding Goff & Rubin, a Philadelphia law firm.

In 1978, Pennsylvania governor Dick Thornburgh named Lazin a leader of his gubernatorial campaign. Lazin "played a key role in the campaign." Under the Thornburgh

administration, Lazin served as the volunteer Pennsylvania co-chair for the International Year of the Child. With the first lady of state, Ginny Thornburgh, Lazin successfully lobbied to make Pennsylvania the first state to mandate child automobile safety seats.

Lazin is the founder of Equality Forum (a national and international LGBT civil rights organization headquartered in Philadelphia) and LGBT History Month. As Vince Bellino explains, "Equality Forum has, for the last decade, organized LGBT History Month, which honors 31 icons of the movement each year." Lazin is also the executive producer of three award-winning documentary films and an Off-Broadway play.

Lazin has received the U.S. Attorney General's Distinguished Service Award (the Department of Justice's highest honor); the Creative Leadership in Human Rights Award from the National Education Association; the Lifetime Hero Award of the Delaware Valley Legacy Fund; and is a Prime Mover of the Hunt Alternatives Fund. He serves as an adjunct professor at the New College of Florida and an Emeritus Trustee of Lebanon Valley College. He has presented lectures on LGBT civil rights at high schools, colleges, and national meetings in the United States and Canada.

The John E. Fryer, MD, Award honors an individual whose work has contributed to the mental health of sexual minorities. It was named for John Fryer, the psychiatrist who appeared as "Dr. H. Anonymous" at the 1972 APA meeting and helped move forward the process of removing the diagnosis of homosexuality from the DSM. The Award was funded by AGLP members, a matching grant from the Gill Foundation, and a bequest from AGLP founding member Frank Rundle, MD.

■ ■ ■

## AGLP continues drive to develop the John Fryer, MD, Award

The Association of Gay and Lesbian Psychiatrists (AGLP) has instituted a fund raising campaign, in association with the American Psychiatric Foundation, to help to further endow this award in perpetuity. For more information about how you can get involved, please contact Roy Harker, Executive Director of AGLP at [rharker@aglp.org](mailto:rharker@aglp.org). Tax-deductible contributions can be made through this secure link.

The Fryer Award lecture educates psychiatrists on a wide range of significant LGBTQ+ issues. These lectures take place at the Annual Meeting of the American Psychiatric Association (APA) and are popular and well-attended. By publishing these lectures as papers in the *Journal of Gay & Lesbian Mental Health*, which has a wide circulation among psychiatrists and other mental health workers, the reach of these lectures is extended even further. Past honorees have included prominent advocates for the LGBTQ+ community, such as Barbara Gittings, Frank Kameny, Gavin Newsome, Evan Wolfson, and Bishop Gene Robinson, as well as experts in psychiatry and the mental health field, including Lawrence Hartmann, Richard Pillard, Marjorie Hill, Dee Mosbacher, Jack Drescher, and Caitlin Ryan.

The award is named for John Fryer, M.D., the Philadelphia-area psychiatrist, who appeared with Barbara Gittings and Frank Kameny as "Dr. H. Anonymous" at the 1972 APA Annual Meeting and helped move forward the process of removing the diagnosis of homosexuality from the DSM. John Fryer, MD was born in Kentucky in 1938. He attended medical school at Vanderbilt University and completed his psychiatry residency in Philadelphia and spent the rest of his career in Philadelphia. His early years as a psychiatrist were difficult because of his sexual identity. He was forced to leave the University of Pennsylvania's Psychiatry Residency Program when it was discovered that he was gay, and later he completed his residency at Norristown State Hospital. Dr. Fryer was never apologetic about who he was or how he presented himself, and he went on to have a distinguished career as a professor of family and community psychiatry at Temple University.

■ ■ ■

## Committee on Legal Advocacy

David L. Scasta, M.D., DLFAPA

DScasta@aglp.org



David L. Scasta, M.D.,  
DLFAPA

**[These are] position statements for AGLP which define AGLP's values, scientific understanding, and beliefs about current LGBTQ+ issues for the benefit of the public which may choose to reference AGLP's expertise.**

**A**GLP's Committee on Legal Advocacy has developing a set of position statements for AGLP which define AGLP's values, scientific understanding, and beliefs about current LGBTQ+ issues for the benefit of the public which may choose to reference AGLP's expertise. The position statements are developed by the Committee and sent to AGLP's Executive Board for approval, modification, or rejection. The Committee is currently chaired by Dr. David Scasta and includes AGLP president, Dr. Amir Ahuja, and (soon to be Dr.) Jay Loiuk (a graduating medical student), with guidance from AGLP's Executive Director, Mr. Roy Harker. Other participants on the committee are welcome. The following position statements have been approved by AGLP's Executive Board. Comments or questions or desire to participate on the committee can be referred to Mr. Harker (rharker@aglp.org).

### Position against Exclusion of Transgender People in the Military

AGLP: The Association of LGBTQ+ Psychiatrists, recognizes and lauds the many sacrifices transgender military veterans and active-duty service members have made to protect the security of the United States. AGLP opposes the "2018 Presidential Memorandum for the Secretary of Defense and the Secretary of Homeland Security Regarding Military Service by Transgender Individuals" (DoD Instruction 1300.28) barring transgender individuals from enlistment in the United States Arm Forces. It is the position of AGLP that a transgender identity does not, per se, impair an individual's ability to serve as a member of the United States Armed Forces. The arbitrary exclusion of transgender individuals from the United States Armed Forces serves to exacerbate historical discriminatory stigmatization of transgender individuals and contributes to the negative mental health consequences that follow such stigmatization.

### AGLP's Statement on Protection against Discrimination on Health Care

AGLP: The Association of LGBTQ+ Psychiatrists, opposes discrimination against LGBTQ+ (Lesbian, Gay, Bisexual, Transgender, Queer, etc.) individuals based on religious proscriptions, bigotry, or lack of comfort in dealing with LGBTQ+ individuals. AGLP opposes efforts by the United States Department of Health and Human Services to remove protections against discrimination in the provision of health services to LGBTQ+ individuals because of gender, gender identity, or sexual orientation based on religious proscriptions. The scientific study cited by the United States of Department of Health and Human Services with regard to transgender individuals did not justify its conclusions that discrimination is warranted. It is the position of the AGLP, as experts in the provision of mental health care to LGBTQ+ individuals, that discrimination in the provision of health care to all individuals, for whatever justification, is improper and harmful.

### AGLP's Statement on the Removal of Diversity Training in Federal Agencies

The Association of LGBTQ+ Psychiatrists, opposes the recent Executive Order "Executive Order on Combating Race and Sex Stereotyping" that was issued on September 22, 2020. AGLP is committed to diversity and to the mental health of LGBTQ+ Psychiatrists as well as LGBTQ+ Patients. It is the position of this organization that this Executive Order is harmful to all LGBTQ+ people, and particularly LGBTQ+ people of color, and runs counter to our mission.

### AGLP Statement on Combating White Supremacy in the United States

AGLP: The Association of LGBTQ+ Psychiatrists, recognizes the intersectionality of race, ethnicity, and sexual and/or gender identity. We therefore acknowledge that the continued existence of white supremacy beliefs within the United States threatens the physical and mental well-being of many of the patients we serve, including LGBTQ+ identified individuals. AGLP is disheartened by continued violence towards people of color in this country. AGLP also acknowledges that recent acts of violence towards non-white individuals are a reflection of more ubiquitous forms of systemic oppression that are deeply engrained in this country's history and present environment. AGLP strongly opposes and publicly condemns white supremacy ideology in all forms, acknowledges the profound negative mental health impacts of said forces, and calls upon the medical community to genuinely invest its resources and training towards combating racism and implicit racial biases.

### AGLP Statement on Combating the rise of Anti-trans legislation in the United States

AGLP: The Association of LGBTQ+ Psychiatrists, recognizes the unprecedented surge of discriminatory legislation targeting transgender and gender non-conforming identified individuals. By March of 2021 a total of 82 discriminatory anti-trans bills have been introduced in state legislatures across the country, marking a new and disheartening record. These radical proposed laws are widely unpopular according to multiple surveys, harmful, and plainly not evidenced based. Bills, ranging from attempts to impede access to healthcare to barring the use of gender-aligned bathroom facilities, jeopardize the physical well-being of transgender patients across the country. Irrespective of such proposed legislation, the propagation and normalization of

## Listings of Upcoming Subspecialty Meetings of Interests to Members

Many AGLP-ers are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get-together at a member's home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our Executive Director, Roy Harker, CAE, for more details and suggestions.

American Academy of Psychiatry and the Law (AAPL)  
<http://www.aapl.org/>

American Academy of Psychoanalysis and Dynamic Psychiatry  
<http://www.aapdp.org/>

American Association for Emergency Psychiatry  
<https://www.emergencypsychiatry.org/>

American Association for Geriatric Psychiatry (AAGP)  
<http://www.aagppa.org/>

American Association of Directors of Psychiatric Residency Training (AADPRT)  
<http://www.aadprt.org/>

American College of Psychiatrists  
<http://www.acpsych.org/>

American Psychiatric Association (APA)  
<http://www.psych.org/>

2020 APA Annual Meeting • Philadelphia, PA • April 25-29

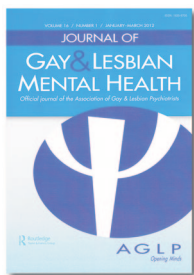
2021 APA Annual Meeting • Los Angeles, CA • May 1-5

Association of Women Psychiatrists  
<http://www.associationofwomenpsychiatrists.com/index.php>  
 Meetings have been in conjunction with the Annual APA Convention

Black Psychiatrists of America (BPA) <http://www.blackpsych.org/>

■ ■ ■

## JGLMH available online FREE to AGLP Members



The Journal of Gay and Lesbian Mental Health, the official journal of AGLP, is now available for viewing online, free to all AGLP Members. The content is searchable with search words and phrases, and you can even download and print individual articles.

AGLP members with valid and current memberships can now access the Journal directly through the AGLP website free of charge as a member benefit. Go to [www.aglp.org](http://www.aglp.org), click on the Members Area link (upper right hand of the screen) and once you are logged in, a box will appear on the right side

of the blue banner to access the content.

Online help is available for any problems you may encounter. We hope that this new method will provide greater ease and dependability to the entire process.

■ ■ ■

## AGLP Administrative and Membership Meetings

### Medical Student Advisory Committee Meeting

Last Sunday of each month, at 5:00pm Eastern Time, 2:00pm Pacific Time

Zoom registration required. REGISTER NOW...

After registering, you will receive a confirmation email containing information about joining the meeting.

### BIPOC Committee Meeting

First Wednesday of each month at 8:00pm Eastern Time, 5:00pm Pacific Time

Zoom registration required. REGISTER NOW...

After registering, you will receive a confirmation email containing information about joining the meeting.

### Queer and Non-Binary Committee Meetings

First Sunday of Each Month, beginning at Noon Eastern Time, 9:00am Pacific Time

CLICK HERE to join the meeting.

Executive Board Monthly Meetings

### Third Monday of each month, beginning at 7:00pm Eastern Time/4:00pm Pacific Time

Agenda, Zoom invitations, and Executive Summaries will be forwarded before each meeting. Items for the agenda should be submitted to the National Office no later than the Thursday before the meeting.

### Legal Advocacy Committee

Monday, April 12, 2021, 8:30pm

Agenda, Zoom invitation will be forwarded before the meeting. For more information on how you can be involved contact David Scasta, MD, at [scastadavid@msn.com](mailto:scastadavid@msn.com).

Legal Advocacy Committee  
 Continued from page 5

non-evidenced based questioning of the validity of a transgender or gender non-conforming identity yields undue psychological harm. AGLP strongly opposes the introduction and enactment of legislation that adversely targets the transgender and gender non-conforming community, and calls upon the medical community to both recognize and combat this ongoing crisis.

■ ■ ■

## THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2020-2021

## EXCEPTIONAL CONTRIBUTION

DAVID RUDOLPH KESSLER, M.D.

## FOUNDING MEMBERS

AMIR AHUJA, M.D.

JACK DRESCHER, M.D.

GEORGE HARRISON, M.D.

PETROS LEVOUNIS, M.D.

CHRISTOPHER MCINTOSH, M.D.

GENE NAKAJIMA, M.D.

HOWARD RUBIN, M.D.

ANDY TOMPKINS, M.D.

FELIX TORRES, M.D.

## PATRONS

JEFFREY AKMAN, M.D.

ELIE AOUN, M.D.

KENN ASHLEY, M.D.

PHIL BIALER, M.D.

CLAYTON CHAU, M.D.

SUFEN CHIU, M.D.

MICHAEL GOLDER, M.D.

NORMAN HARTSTEIN, M.D.

LEDRO JUSTICE, M.D.

JAMES P. KRAJESKI, M.D.

UBALDO LELI, M.D.

ANTHONY MARINO, M.D.

SARAH NOBLE, D.O.

R. KAAZ OZBAYRAK, M.D.

CHESTER ROBACHINSKI, M.D.

DANIEL SAFIN, M.D.

DAVID SCASTA, M.D.

ALAN SCHWARTZ, M.D.

LOWELL TONG, M.D.

TIM VALKO, M.D.

ERIC YARBROUGH, M.D.

## SPONSORING MEMBERS

STEWART ADELSON, M.D.

JOANNE AHOLA, M.D.

JAMES BATTERSON, M.D.

LONNY BEHAR, M.D.

STEVEN BLUESTINE, M.D.

CURLEY BONDS, M.D.

STEPHAN CARLSON, M.D.

DEBBIE CARTER, M.D.

HAROLD COTTMAN, M.D.

ROBERT DELGADO, M.D.

CARLOS GREAVES, M.D.

WILLIAM HERZ, M.D.

DAN HICKS, M.D.

BILLY JONES, M.D.

ROBERT KERTZNER, M.D.

ROCHELLE KLINGER, M.D.

J. BRETT OFFENBERGER, M.D.

RICHARD PLEAK, M.D.

LEONARD RUBIN, M.D.

DANIEL SAFIN, M.D.

DANIEL SEWELL, M.D.

STUART SOTSKY, M.D.

ANAND SUKUMARAN, M.D.

MARGIE SVED, M.D.

MARK TOWNSEND, M.D.

DOUGLAS VANDERBURG, M.D.

SERENA VOLPP, M.D.

JONATHAN WEISS, M.D.

SYDNEY WRIGHT, JR., M.D.

PENELOPE ZIEGLER, M.D.

## DONATIONS TO STUDENT TRAVEL

STEWART ADELSON, M.D.

JOANNE AHOLA, M.D.

KENN ASHLEY, M.D.

LONNY BEHAR, M.D.

DAVID BOBROW, M.D.

STEPHAN CARLSON, M.D.

DEBBIE CARTER, M.D.

CLAYTON CHAU, M.D.

AMY CURTIS, M.D.

ROBERT DAROFF, M.D.

ROBERT DELGADO, M.D.

KEVIN DONNELLY-BOYLEN, M.D.

ANDREW ELLIOT, M.D.

MARSHALL FORSTEIN, M.D.

DAVID GERMAN, M.D.

MICHAEL GOLDER, M.D.

CARLOS GREAVES, M.D.

TIMOTHY HALL, M.D.

WILLIAM HERZ, M.D.

GARY HIRSHBERG, M.D.

THOMAS JORDAN, M.D.

ROCHELLE KLINGER, M.D.

CHARLES LEE, M.D.

KEWCHANG LEE, M.D.

JAMES LEHMAN, M.D.

PAUL LYNCH, M.D.

GREGORY MILLER, M.D.

LAURENCE MILLER, M.D.

KAAN OZBAYRAK, M.D.

DAENA PETERSEN, M.D.

RICHARD PLEAK, M.D.

WILLIAM REAMY, M.D.

JULIE SCHULMAN, M.D.

ALAN SCHWARTZ, M.D.

DANIEL SEWELL, M.D.

RICHARD SHAPIRO, M.D.

MARGIE SVED, M.D.

JOSHUA THORNHILL, M.D.

ANDY TOMPKINS, M.D.

LOWELL TONG, M.D.

MARK TOWNSEND, M.D.

SERENA VOLPP, M.D.

MILTON WAINBERG, M.D.

ERIC YARBROUGH, M.D.

JESSICA ZONANA, M.D.



## Silver Anniversary Fund Raising Campaign

### CONTRIBUTORS

Joanne Ahola, M.D.  
 Kenn Ashley, M.D.  
 Jack Drescher, M.D.  
 Neir Eshel, M.D.  
 Ronald Hellman, M.D.  
 William Herz, M.D.  
 Dan Hicks, M.D.  
 Robert Kertzner, M.D.  
 Kewchang Lee, M.D.  
 Saul Levin, M.D.  
 Marlin Mattson, M.D.  
 Scot McAfee, M.D.  
 Brett Offenberger, M.D.  
 Richard Pleak, M.D.  
 Howard Rubin, M.D.

This fund raising effort is organized to celebrate and commemorate the 25th Anniversary of our Executive Director, Roy Harker, C.A.E. Our goal is to raise \$25,000+ to help AGLP implement special membership development projects including improvements to our social media presence, a website redesign, new efforts in membership recruitment and retention, better advertising, and additional non-profit professional development education and board development.

Please consider honoring Roy and donating to the 25th Anniversary fund. You can send a check to AGLP at 1512 Spruce Street • Suite 2601, Philadelphia, PA 19143, or donate online by visiting our website, [www.aglp.org](http://www.aglp.org), or clicking [HERE](#).

Thank you for helping to sustain the long-term goals and growth of AGLP!

CURRENT BALANCE: \$3,485

GOAL: \$25,000



### WELCOME TO OUR NEW MEMBERS 2021

Matthew Ashby, M.D.	Guy Glass, M.D.	Raghuram Prasad, M.D.
Omari Baines-Waiz, D.O.	Aliza Grossberg, M.D.	Bob Raymond, Ph.D.
Joe Baldelomar	Rey Grosz	Maya Smith
Kyle Beckman, D.O.	Edgar Guzman-Hernandez	William Smith, M.D.
Mark Blechner, Ph.D.	Kelly Huynh	Mila Tamminga
Kimberly Brummell	Joshua Kleinman	Cheryl Wills, M.D.
Ileana Calinoiu, M.D.	Scott Leary, M.D.	Annie Won, M.D.
Kaley Canova-Gaitros, D.O.	Amanda Lee	Bryant Yu
John Christopher, D.O.	Angie Lee	Han Yue, M.D.
Zane Davis, M.D.	Victoria Lewis	
Lexus Dickson	Paige Marchini	
Dalal el Iadiki	Dustin Nowaskie, M.D.	
	Quinn Painter	

### 2021 Journal of Gay and Lesbian Mental Health (JGLMH) Outstanding Resident Paper Award



Myriam Vigny-Pau, MD

The Journal is proud to announce the winner of the 2021 Outstanding Resident Paper Award, **Myriam Vigny-Pau, MD**. Her review, *Suicidality and Non-Suicidal Self-Injury Among Transgender Populations - A Systematic Review*, was the winning manuscript this year.

Dr. Myriam Vigny-Pau is a third-year psychiatry resident at the University of Toronto. She is co-chair of the community of practice Queer in Psychiatry (QuiP), embedded within the Department of Psychiatry at the University of Toronto, and has completed research regarding the mental health of the LGBTQ2S+ community throughout her medical career. Prior to starting residency, she completed medical school at the Université de Montréal.

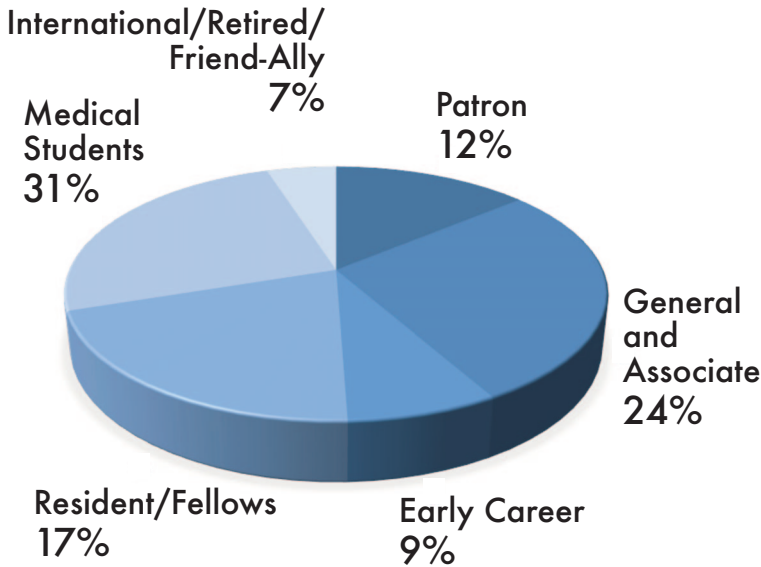
The JGLMH Outstanding Resident Paper Award consists of \$500, publication of the winning manuscript in the Journal, and presentation of the paper at a virtual meeting of the association, currently scheduled for a date in June of 2021.

Now in its eleventh year, the JGLMH Outstanding Resident Paper Award is given for an outstanding paper written for publication by a psychiatry resident or other trainee. This award was supported in its first year by a generous grant by the William A. Kerr Foundation, and continues to be funded annually by members of AGLP, The Association of LGBTQ Psychiatrists.





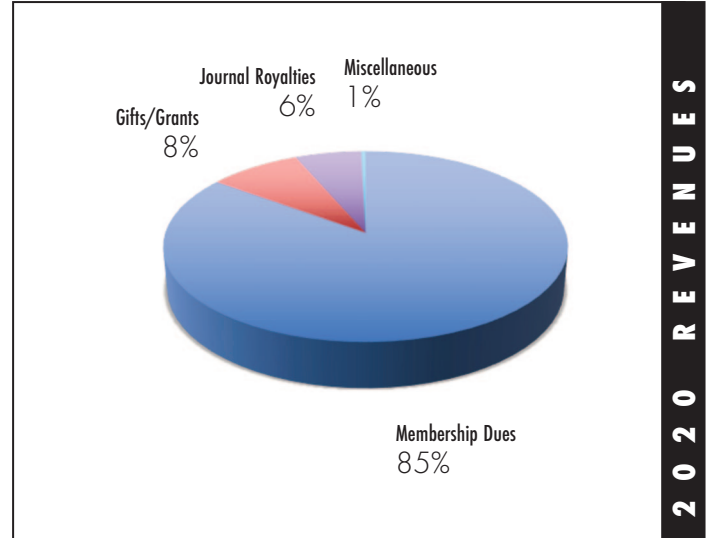
### AGLP Membership Composition



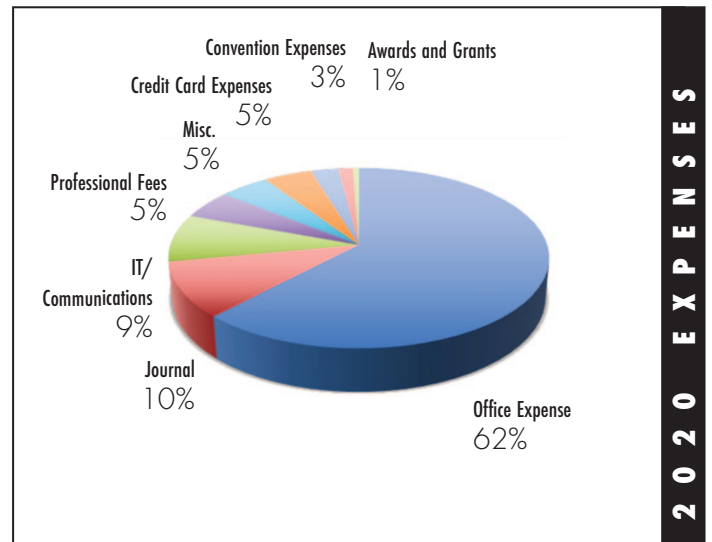
ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

### 2020 AGLP Financial Statement

Mark Messih, M.D., Treasurer



2020 REVENUES



2020 EXPENSES

### Changing Membership Trends

Roy Harker, C.A.E.

RHarker@aglp.org

AGLP membership continues to grow at a fast pace, due in large part to initiatives by our Resident Members, our Medical Student Members, and the sustained synergy of the recently-completed “40 • 400 • 1 Campaign” celebrating our 40th anniversary. 193 people joined AGLP in 2020 and already, in 2021, we have 34 new members, representing 21% annualized growth! In addition to this growth in membership, we also continue to see significant demographic shifts that are making AGLP more diverse in terms of age, gender, and ethnicity than ever before. Here are the current membership numbers.

Patron Level	58
General and Associate	118
Early Career	41
Resident/Fellow	84
Medical Student	149
International/Retired/Ally	34
<b>Total</b>	<b>484</b>

### LEDGER SUMMARY

	2020	2019**
Total Receipts	\$ 98,281	\$ 94,057
Total Disbursements	\$ 75,035	\$ 96,182
Receipts/Disbursements	\$ 23,245	\$ - 2,125
<b>CASH, SAVINGS, AND INVESTMENTS</b>		
Beginning of Year		End of Year
\$55,933**		\$79,594

\* Includes contracted salaries, postage, supplies, book inventory and mailing expenses, bank service charges  
 \*\* Audited figures

## Highlighted APA and AGLP Virtual Events

### Annual Meeting 2021

All times listed are Eastern Daylight Time/Pacific Daylight Time

#### AGLP 2021 Annual Awards Ceremony

Sunday, April 25, 2021, 7:30pm EDT/4:30pm PDT

This year honoring Howard Rubin, M.D., with the 2021 James Paulsen Award; the Friends Community Center this year with the 2021 Stuart Nichols Award; State Representative Sheila Kuehl with the 2021 Barbara Gittings Award; and Peggy Rajski, Randy Stone (posthumously), and Celeste Lelesne, of the Trevor Project, with the 2021 Distinguished Service Award.

The awards presentations will be preceded by a presentation by the Director of Education for the American Psychiatric Association (APA), Tristan Gorrindo, M.D., who will provide an introduction on how to navigate the virtual offerings of the APA Annual Meeting which will begin on Saturday, May 1. This introduction should prove useful especially to those who have not attended a virtual meeting of this scope in the past. The same registration listed below will apply for this session.

Funding for this event is sponsored, in part, by Professional Risk Management Services (PRMS), with our gratitude for their sustained support for these events.

For more information [CLICK HERE...](#)

Zoom registration required. [REGISTER HERE...](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

#### John Fryer, M.D. American Civil Rights Icon: How the APA Bent the Arc of Justice

Saturday, May 01, 2021, 2:00pm - 3:30pm EDT/11:00am - 12:00pm PDT

Saul Levin, MD; MPA, Malcolm Lazin

AGLP-Sponsored John Fryer, MD Award

#### Getting Animated in a Queer New World: Steven Universe as a Socially Conscious Cartoon for Exploring and Understanding Sexuality and Gender Diversity

Sunday, May 02, 2021, 11:30am - 1:00pm EDT/8:30am - 10:00am PDT

Diana M. Mujalli, MD, Amy Elizabeth Curtis, MD, Mamatha Challa, MD, Myo Thwin Myint, MD, Christy Duan, MD

#### AGLP Annual Executive Board Meeting

Sunday, May 2, 2021, 1:00pm to 4:00pm EDT/10:00am to 1:00pm PDT

Zoom registration required. [REGISTER HERE...](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

#### Delivering HIV Prevention and Care to Transgender People: An Update

Sunday, May 02, 2021, 4:00pm - 5:30pm EDT/1:00pm - 2:30pm PDT

Kenneth Bryan Ashley, MD, Carmen Casasnovas, Kenneth Bryan Ashley, MD, Max Lichtenstein, MD, Luis Filipe Gomes Pereira, MS;MD

#### Health Policy and LGBTQ Mental Health

Sunday, May 02, 2021, 4:00pm - 5:30pm EDT/1:00pm - 2:30pm PDT

Amir Ahuja, MD, Jack Drescher, MD, Saul Levin, MD; MPA, Amir Ahuja, MD

#### AGLP Annual Membership Meeting

Sunday, May 2, 2021, 7:30pm EDT/4:30pm PDT

Zoom registration required. [REGISTER HERE...](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

#### LGBTQ+ Medical Students and Applying to Psychiatry Residency

Monday, May 03, 2021, 11:30am - 1:00pm EDT/8:30am - 10:00am PDT

Marshall Forstein, MD, Terrance William Embry, Allison Rhodes, Teddy Gould Goetz, Matthew Abrams

#### Providing Equitable Healthcare to Marginalized Groups Via Student-Run Mental Health Clinics: Approaches, Advantages and Challenges During Covid-19

Monday, May 03, 2021, 2:00pm - 3:30pm EDT/11:00am - 12:30pm PDT

Jessica Spellun, MD, Matthew Wickersham, Constance Zhou, Rebecca Breheny

Other sessions of interest, particularly those with AGLP members as speakers.

#### Social Justice and Human Rights for Individuals With Mental Illnesses

Saturday, May 01, 2021, 11:30am - 1:00pm

Dinesh Bhugra, MD

#### What to Do With the Rest of My Life? Career Tips for Launching Psychiatrists

Saturday, May 01, 2021, 11:30am - 1:00pm EDT/8:30am - 10:00am PDT

Jessica L.W. Mayer, MD, Margo Christiane Funk, MA;MD, James Shore, Eric Williams, Maryland Pao

#### The Suicidal Physician: Narratives From a Physician Who Survived and the Physician Widow of One Who Did Not

Saturday, May 01, 2021, 4:00pm - 5:30pm EDT/1:00pm - 2:30pm PDT

Michael Myers, MD, William Lynes, MD, Linda Seaman, MD

#### Asian American Mental Health and Racism During and Post Covid-19

Sunday, May 02, 2021, 4:00pm - 5:30pm EDT/1:00pm - 2:30pm PDT

Edmond Hsin T. Pi, MD, Geetha Jayaram, MBA;MD, Joan Han, DO, Francis Sanchez, MD, Dora-Linda Wang, MD;MA, Clayton Chau, M.D., Ph.D.

#### Cannabis and Psychosis: Population, Neurobiological, and Treatment Services Perspectives

Monday, May 03, 2021, 2:00pm - 3:30pm EDT/11:00am - 12:00pm PDT

Wilson M. Compton, MD, Deepak D'Souza, Marc Manseau

#### Avoid Burnout and Improve Outcomes Through Motivational Interviewing as a Core Communication Style

Monday, May 03, 2021, 4:00pm - 5:30pm EDT/1:00pm - 2:30pm PDT

Michael A. Flaum, MD, Carla Marienfeld, Florence Chanut, Brian Hurley, MD



## AGLP Elections 2021

The AGLP Nominating Committee has approved the following slate of officers for the 2021-2023 term and the slate was approved by Executive Committee of AGLP. The membership was notified of this slate in accordance with current AGLP bylaws. Early voting is being accepted via the link below. To submit your vote for this slate, click on [THIS LINK](#), or visit [www.aglp.org](http://www.aglp.org). Your AGLP username and password will be required (only AGLP members may vote in this election). Comments may be added to the form if you so desire. Additional votes will be accepted at the Annual Membership Meeting on Sunday, May 2, 2021, at 7:30pm, via Zoom, and the results of the election will be announced at the conclusion of the meeting. Registration for this Zoom event is required ([REGISTER NOW](#)).

Please take a moment to voice your interest in our official AGLP leadership and representation.

The slate is as follows:



Amir Ahuja, M.D.

### Amir Ahuja, M.D., President

[AAhuja@aglp.org](mailto:AAhuja@aglp.org)

Amir Ahuja, MD, is the Director of Psychiatry at the Los Angeles LGBT Center. He is also the current President of AGLP: The Association of LGBTQ Psychiatrists. In addition to this, he has a private practice which is located in Beverly Hills, California, and is expanding to New Jersey. He speaks and writes in national and international venues regarding LGBTQ Mental Health, and he is writing a book now about LGBTQ Intimate Partner Violence which will be out in late 2021 / early 2022.



Sarah Noble, D.O.

### Sarah Noble, D.O., Secretary

[SNoble@aglp.org](mailto:SNoble@aglp.org)

Sarah Noble received a Bachelor of Arts from Sarah Lawrence College and her Doctor of Osteopathy from the Philadelphia College of Osteopathic Medicine. She currently works at Albert Einstein Medical Center where she is the Medical Director of Outpatient Behavioral Health. Sarah is interested in women's mental health, particularly postpartum depression and depression during pregnancy. She has taught throughout the Philadelphia area about the delicate process of medication management during pregnancy and lactation.

She also focuses on LGBTQ mental health care, and is the secretary for the AGLP, the national organization for LGBTQ psychiatrists. Sarah is part of the Pride Clinic at Einstein which specializes in LGBTQ competent care.

Sarah has also begun to focus on anti-racism work within the behavioral health department and the hospital. She teaches about the social determinants of health and the effects of implicit bias on patient care.

### Pratik Bahekar, M.D., Vice-President

[PBahekar@aglp.org](mailto:PBahekar@aglp.org)



Pratik Bahekar, M.D.



Jace Reed, M.D.

### Jace Reed, M.D., Treasurer

[jace.m.reed@gmail.com](mailto:jace.m.reed@gmail.com)

Hello Everyone!

My name is Jace Reed, and I have been the Resident/Fellow committee chair for the past two years and plan on stepping into the position of treasurer of the AGLP.

I am originally from Dallas, Texas, and completed my undergraduate degree in Business at Texas Tech University. I completed medical school at Texas Tech University Health Science Center where I was Vice President of The Business in Healthcare Club. I finished my first three years of residency training at the Medical University of South Carolina (MUSC). I am currently an NYU Child and Adolescent Fellow in New York City set to graduate in June 2022.

I am excited to be part of the board and further expand the AGLP through membership, advocacy, and creating a strong financial standing for the organization.

I am happy to be part of such a great community!

■ ■ ■

## Revision to the AGLP Bylaws

The Board wishes to expand the definition of those eligible to run for office on the AGLP Executive Board. The bylaws state currently that only full "general" members may be considered for the office. We would like to expand the definition of those eligible to include resident/fellow members of the organization.

The bylaws currently read:

*Any general member of the Association whose dues are paid in full is eligible to become an Officer of the Association according to the process as defined in Article IV, Section 3. Additionally, nominees must be psychiatrists and be prepared to openly and publicly identify themselves as an Officer of the Association.*

We seek your approval to amend the bylaws to read:

*Any general or resident/fellow member of the Association whose dues are paid in full is eligible to become an Officer of the Association according to the process as defined in Article IV, Section 3. Additionally, nominees must be psychiatrists and be prepared to openly and publicly identify themselves as an Officer of the Association.*

CLICK HERE to submit your vote. Results will be announced at the AGLP Annual Membership Meeting, **Sunday, May 2, 7:30pm EDT/4:30pm PDT**. [REGISTER NOW](#) for the Zoom invitation to this meeting.

Thank you for your role in advancing the mission of AGLP.

■ ■ ■

