



AGLP

The Association of LGBTQ Psychiatrists

VOLUME XLIV (1) • APRIL 2018

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New York City

New York 2018

Welcome to New York City! "The city that never sleeps" welcomes you. A large portion of our AGLP

membership call this city home and we are very happy to have you with us over the next week. The AGLP Guide to New York will be available online and at the AGLP Booth during the Annual Meeting. The guide is intended to help AGLP members and supporters enjoy the city and the many pleasures it holds for the gay/lesbian visitor. Herein you will find listed many popular clubs and restaurants, but the listings are by no means exhaustive.

If it's been a few years since you've visited us, you may want to direct your attention to some of our newer attractions. Freedom Tower is up and the 9/11 memorial is open for viewing downtown. The High Line Park along the west side has been lengthened and provides beautiful views of the Hudson River and the city. The Bowery is also brewing with entertainment and a new museum. While Chelsea was the gay center of the city before, Hell's Kitchen has come along with a multiple new gay bars and restaurants. The Whitney Museum has moved to a new

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AGLP Turns 40!

This year celebrating its 40th anniversary, AGLP looks to the future as it traces and reveals its roots in the late 1960s, when gay and lesbian

members of the American Psychiatric Association (APA) met secretly at the annual meetings. After the now-infamous appearance by Dr. John Fryer in 1972, and the behind-the-scenes work of several members of what was then referred to as the GayPA, the APA removed homosexuality from their diagnostic manual (DSM). We highlight this pivotal moment in our collective history with several events focused on John Fryer, M.D. The mission of providing support and a safe space for LGBTQ+ psychiatrists to meet continues to be important to many of our members and still plays a significant role in our mission. AGLP is now recognized as the oldest association of LGBTQ+ professionals in the country.

Our Hospitality Suite and all meeting spaces for the meeting are located in the Marriott Marquis Times Square, 1535 Broadway, New York, NY 10036. The Suite will be open Monday, May 7, and Tuesday, May 8, 8:30am to 6:00pm

Continued on page 2

Complete Schedule information begins on page 10

The Newsletter of AGLP

Published quarterly from 4514 Chester Avenue,
Philadelphia, PA 19143-3707.

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of AGLP. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by AGLP, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to the National Office, 4514 Chester Avenue, Philadelphia, PA 19143; phone 215-222-2800; Fax: 215-222-3881; E-mail: AGLPEditors@aglp.org. Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is June 15, 2018.

ADVERTISING RATES

The Newsletter of AGLP accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$350
Half-Page Ad	\$250
Business Card	\$125

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.



View this and all
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www.AGLP.org.
Scan the QR Code to
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entire archive.

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AGLP Turns 40

Continued from page 1

and will house most of the AGLP-scheduled events for the meeting.

We are offering all of our usual social events, including the Awards Reception on Monday night at the Mr. Jones on Spring Street. This year we are honoring Christopher McIntosh, M.D., Joanne Ahola, M.D., Representative Corey Johnson, and the New York Ali Fortney Center.

For those of you arriving on Friday, May 4, AGLP is hosting a Welcome Reception, along with co-sponsors New York County Psychiatric Society LGBT Committee, at Norwood, the private club owned and operated by AGLP member Lonny Behar and his husband Alan Linn. Reservations for this event are required [you will not be admitted without a prior RSVP.] Reservations may be made through the AGLP website or by clicking on this link.

On Saturday, May 5, AGLP presents its 2018 John Fryer Award to Jack Drecher, M.D, who will offer a lecture immediately following the presentation. The event begins at 8:00am in the Marriott Marquis. Later that afternoon, AGLP offers the first of its 2018 series of symposia, again focusing on John Fryer, M.D., and the new play based on his life: *The 217 Boxes of Dr. Anonymous*. A large panel of speakers and presenters will be on hand, including the playwright Ain Gordon. That evening AGLP women will meet for their annual dinner-on-the-town event at Ousia. Details appear on the full schedule in this newsletter and on our website, www.aglp.org. You will need to make an RSVP for that event as well.

On Sunday, May 6, the annual executive board meeting will take place in the Marriott Marquis AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor. Later that morning, Petros and Lucas will again host their ever-popular AGLP Sunday Brunch for Residents and Medical Students at their home in Chelsea. (Once again, we request you make an RSVP through the website or by clicking here.) The AGLP Annual Membership Meeting will be at 1:30pm, in the AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis.



AGLP Host Hotel
Marriott Marquis Times Square
1535 Broadway, New York, NY 10036

AGLP Hospitality Suite
Floor Sky Lobby, 16th Floor,
New York Marriott Marquis

Be sure to check out the newly-designed AGLP booth at the Javits Convention Center with all new graphics. And, please sign up to staff the booth for an hour or two during the Annual Meeting. The AGLP Booth is in the center of the Javits Center, Booth #1313. Staffing the booth is a great way to meet people and remains one of our most visible means of introducing them to AGLP. Please click on the link below, or visit www.aglp.org, and complete the online form. The booth is open Sunday, Monday, and Tuesday during the Annual Meeting. SIGN UP NOW!

Monday, May 7 has most of the programming for AGLP including a *Journal of Gay and Lesbian Mental Health* New Editors Training Session, the *Journal of Gay and Lesbian Mental Health* Resident's Paper Award, and two workshops: *A primer in working with parents of gender expansive youth*, featuring Aron Janssen, M.D., Associate Professor, Child and Adolescent Psychiatry, Hassenfeld Children's Hospital at NYU Langone, and moderator Steven P. (Chip) McDermott, MD, Chair, AGLP Psychotherapy Committee; and *Three generations, Three psychiatrists: How the times have influenced who we are and what we do*, featuring panelists Nathaniel Sharon, M.D., Mary Barber, M.D., and Robert Kertzner, M.D.

Add to this AGLP-planned social events, a guided tour of the New York Highline, a lunch meeting with officials from UN-GLOBE, (the front line group for LGBT employees advocacy at the United Nations), and the AGLP-sponsored presentation of *The 217 Boxes of Dr. Anonymous* at Jerome Robbins Theatre, Baryshnikov Arts, on Tuesday May 8, and you will see that we have a very robust program planned for this our anniversary year.

I'll look forward to greeting many of you personally in New York. Safe Travels!



President's Column

Eric Yarbrough, M.D.

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Eric Yarbrough, M.D.

As I write this, the snow is falling in New York City. It's early April and just a month until the annual APA convention. With a few balmy days here and there the city keeps pushing for spring to come, but the snow continues to be a reminder that winter hasn't loosened its grip yet. For those of you reading this who will be traveling to see us in May, we hope to have sunny days for you during your stay.

This is my last president column with AGLP. I've been president for the past four years and I've attempted to not only update you on the current state of the organization but to also provide some personal insight into the current moods of the day. Transparency is a difficult line to toe as a psychiatrist. How much do we reveal and what do we keep secret?

It turns out my vacating the spot of president coincides with my vacating the position as Director of Psychiatry at Callen-Lorde. Over the past year I had a steep decline in my vision and was diagnosed with cataracts. Medical problems tend to serve us reminders that life is finite and we have a certain amount of time before age catches up and slows us down. I have been in the public sector working for non-profits since the start of my career, and although I'm relatively young there are other facets to life I'd like to

explore. Working in systems has great rewards but comes with stress that can weigh on you with time. For the next few years I'll be doing private practice, refocusing my priorities, and working on academic writing.

Despite my career changes, I'll continue to be closely tied with the APA serving as vice-chair on the Council of Minority Mental Health and Health Disparities. Being a part of the APA government has taught me a lot about how the organization functions. It also showed me how many members of AGLP are scattered throughout the assembly and the councils. AGLP members are represented in all levels of the APA and our political and educational reach extends beyond the social meetings from the start of our organization some 40 years ago.

I have enjoyed working with the executive board to drive the organization. AGLP is lucky to have such a dedicated group of psychiatrists who love and care about its future. My parting statement would be to encourage members to become active in the AGLP board. We want fresh voices to help drive the organization to do new things. We need ideas and support to keep the organization alive. Come to our membership meeting and start speaking with our leadership. We want you to help us keep AGLP strong for the next 40 years.

■ ■ ■

“My parting statement would be to encourage members to become active in the AGLP board. We want fresh voices to help drive the organization to do new things. We need ideas and support to keep the organization alive.”

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Vice-President's Column

Amir Ahuja, M.D.

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Amir Ahuja, MD

I am writing to you for this edition of the Newsletter about a topic that has, unfortunately, become an increasingly visible issue in my work lately. That is, the topic of hate crimes.

Within the last two weeks, one of the transgender social workers at the Center had her house vandalized. The perpetrators spray painted both anti-gay and anti-semitic slurs on her garage door, and she has since reported it to the police.

Only days after that occurred, one of my gay male patients was gay-bashed, resulting in his needing stitches above his eye and needing to take time off of work. Clearly, the physical damage is time-limited, but the mental damage will continue.

The truth is that, while this has been going on for years now, my experience of an increase in hate crimes is borne out through the latest statistics. In Los Angeles, the latest reports from the LAPD are that hate crimes have increased 10.6% overall from 2016 to 2017, with an increasing number of transgender individuals in particular being targeted. The same statistics hold for Los Angeles County, where from 2015 to 2016 (the 2017 report is not out yet), all hate

crimes increased significantly. What is most concerning is that hate crimes with a white supremacist motivation increased a whopping 67% from 2015 to 2016! These statistics are also in line with data nationally from the FBI, who says that REPORTED hate crimes in the whole country increased from 5800 in 2015 to 6100 in 2016. Data suggests that

over 80% of hate crimes go unreported, so the real numbers are much higher.

What is clear is that our community is increasingly under attack. This is not a surprise given the hostile political environment we find ourselves in. This environment promotes white supremacy and divisions of all kinds, and this affects all minority groups. We, as health professionals, have a role in treating victims of bias crimes, but also in advocating for a more empathic culture that does not produce the alarming levels of hate we have now.

I do not write this to be pessimistic, as I feel that life for many in the LGBTQ community has vastly improved over the past few decades. However, it is precisely that progress that can make us complacent, myself included. The recent events to people close to me have woken me up to the fact that hate crimes have not gone away, and still affect us all.

So, while we are all in New York this May celebrating and sharing our knowledge with the rest of the Psychiatric world, let us not forget those who are still fighting to live their lives openly and honestly without fear. Let us continue to work on their behalf, and use our privileged positions in society to reverse the trend of hate.

■ ■ ■

Secretary's Column

Sarah Noble, D.O.

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Sarah Noble, D.O.

It is 45 years since the now-infamous speech by Dr. John Fryer, disguised as Dr. Anonymous, at the annual APA convention led to the removal of homosexuality from the DSM. It is also 40 years since the official formation of the AGLP as an allied group of the APA, although it traces its roots back the 1960's when it met in secret during the annual meetings.

To honor these historic events, AGLP is pleased to present a symposium at annual meeting to remember the history and appraise the present state of LGBTQ rights in the United States. We have also partnered with Equality Forum and writer/director Ain Gordan who are producing a brilliant play about John Fryer. Ain spent two years combing through the 217 boxes of Dr. Fryer's personal effects, which are held at the Historical Society of Pennsylvania, and was able to draw a portrait of the man behind the mask.

We hope that you can join us for both of these exciting events in New York City. We also hope that you consider an extra donation to the AGLP for this anniversary year. As you can see we are a vibrant and dynamic group of physicians, activists, and friends who hold an important place in history and the future of the LGBTQ community.

■ ■ ■



Guided Tour of the New York "Highline"

Tuesday, May 8, 10:00am

Descendent Nancy Shambam, through Friends of the Highline will lead the tour. The tour lasts about 1.5 hours. \$25 per person. RSVP Now!

Journal of Gay and Lesbian Mental Health

Chris McIntosh, M.D., and Phil Bialer, M.D., Co-Editors

CMcIntosh@aglp.org



Chris McIntosh, M.D.

Not only is 2018 the 40th anniversary of AGLP but it is the 30th milestone for an important date in the history of the journal. In 1988 publisher Bill Cohen of Harrington Park Press and Founder Editor David Scasta, and the founding editorial board collaborated on putting together the first issue of volume one of the Journal of Gay and Lesbian Psychotherapy, which is JGLMH's predecessor. Dr. Scasta said in his first editorial, published January 1989:

"There are many hidden steps in bringing the Journal from a germinal idea to the readers' mailboxes that the amount of work is deceiving. But the work has been easy in some respects because it has been buoyed by high levels of enthusiasm from all who have worked on this issue."

Today the Journal remains an important and integrated part of AGLP. The editor-in-chief is a voting member of the Executive Board and members still receive the print issue of the journal in their mailboxes every 3 months, a tangible benefit of AGLP membership.

This year is also a year of significant change for the volunteer editorial staff of the Journal. Longtime Associate Editor Laura Erickson-Schroth has left to pursue other exciting projects and we wish her well. Co-Editor-in-Chief Phil Bialer will be leaving at the end of the current volume. Chris McIntosh will be continuing as Editor-in-Chief and we have several enthusiastic volunteers to be new Associate Editors who are at present being trained on the ins and outs of academic peer review and publishing.

If you have ideas for how to make the Journal better, or are interested in getting involved in some way, please approach me at the upcoming AGLP Annual Meeting to discuss them. We love to hear feedback!



2018 Journal of Gay and Lesbian Mental Health (JGLMH) Outstanding Resident Paper Award



Mihir Upadhyaya, M.D.

The Journal is proud to announce the winner of the 2018 Outstanding Resident Paper Award, Dr. Mihir Upadhyaya, a PGY-1 psychiatry resident at Bronx-Lebanon Hospital, for his case report "Transvestism as a Defense Mechanism in a Bisexual Man with Bipolar Disorder". He will present his paper Monday May 7th, 2018 at 11:00am to 12:30pm at the AGLP Hospitality Suite at the Marriott Marquis Times Square, Floor Sky Lobby, 16th floor, 1535 Broadway, New York, NY.

Mihir Upadhyaya was born in India and came to

Continued on Page 12



John E. Fryer, M.D. Award Legacy Fund

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CURRENT BALANCE: \$76,500

GOAL: \$100,000

President-Elect's Column

Howard Rubin, M.D.

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Howard Rubin, M.D.

One Tuesday evening in March, I attended a forum sponsored by the Yale School of Public Health and Yale GALA (Yale's LGBTQ Alumni Association) on Advances in the Science of LGBTQ Mental Health. Its title reminded me a lot of workshops that AGLP and its members have been organizing for years to present at APA meetings and international conferences. It was gratifying to listen to the speakers describe their research and demonstrate that political is personal and psychiatric! The research that we conduct and the treatments we provide have significant, positive mental health effects for our communities and our patients. Social issues can and do have psychological implications. We have demonstrated that again and again, most recently in the fight for gay marriage.

One researcher described her work with transgender populations in prisons, first using a qualitative approach, then designing an intervention for health care providers to educate them about transgender health and the damaging physical and psychological effects of denying prisoners hormones. Another discussed the effects that gentrification and the housing crisis were having on health outcomes for gender and sexual minorities in San Francisco. The last described his research employing a queer positive CBT intervention with gay men in communities in the United States and in Eastern Europe.

Given the structural barriers to improving the health for our LGBTQ patients and given that most of us are not doing research, how do we act as agents of change for our patients and for our communities? How do we get involved at the organizational level at APA and through the workplace? How do we provide the best care for our patients and share our expertise with others?

One of the reasons I love coming to the APA and AGLP meetings to is hear about the ways in which we are answering those questions through our everyday work with colleagues and patients. I look forward to seeing you all in New York.

■ ■ ■

Transgender Psychiatry Fellowship

Rebecca Segal, Fellowship Coordinator

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The Center for Transgender Medicine and Surgery — part of Mount Sinai's Institute for Advanced Medicine — is recruiting for their 2018-2019 class, with a July 1, 2018 start. The program is a one year, non-ACGME, competitively paid Fellowship that takes place at the Center for Transgender Medicine and Surgery in Chelsea, Manhattan. The Center is a fully integrated clinic, offering a very wide range of services, including medical, surgical, mental health, spiritual, legal aid, and others. This fellowship teaches about caring for the mental

health needs of transgender and gender non-conforming individuals through outpatient work, inpatient consultation, didactics, and more. The fellow will be supervised by some of the leading experts in transgender psychiatry.

The prerequisites are that the applicant has completed a General Psychiatry residency by the day the fellowship begins, is licensed in NYS by the day the fellowship begins, and is board eligible.

This website has more information: <http://icahn.mssm.edu/education/residencies-fellowships/list/transgender-psychiatry-fellowship>

Mount Sinai is the first institution in the nation to offer this kind of fellowship. Their first year is about to finish, and they are actively recruiting for the 2018-2019 year. This fellowship teaches about caring for the mental health needs of transgender and gender non-conforming individuals through outpatient work, inpatient consultation, didactics, and more.

■ ■ ■



Steven P. (Chip) McDermott M.D.

AGLP Psychotherapy Committee

Workshop: A primer in working with parents of gender expansive youth

Monday, May 7, 2018, 12:30pm to 3:00pm
Marriott Marquis - AGLP Hospitality Suite
Floor Sky Lobby, 16th Floor, New York Marriott Marquis

Presenter: Aron Janssen, MD, Associate Professor, Child and Adolescent Psychiatry, Hassenfeld Children's Hospital at NYU Langone

Moderator: Steven P. (Chip) McDermott, MD, Chair, AGLP Psychotherapy Committee

The most recent studies demonstrate that as many as 1 in 130 kids will identify as transgender, and unfortunately research suggests that many of these children will face intense stigma, bias and discrimination across multiple contexts, leading to increased rates of depression, anxiety and suicide attempts as compared to the general population. And yet, what we understand is that parents and caregivers have potent influence over their children's wellbeing, and that most of the dysfunction can be buffered by love, support and acceptance in the home. As a child psychiatrist working with transgender and gender expansive youth in the context of a multidisciplinary gender clinic, I am most often seeing the families that have a baseline level of support for their child — enough that they are willing to seek help within that context. However, most children have parents that are either unaware of resources or wary of providing support. As such, adult psychiatrists working with parents of gender expansive youth are often the first point of entry in discussing the potential options for support. In this talk, we will discuss the various ways gender dysphoria can present in childhood and adolescent in the context of universal gender and sexual developmental tasks. We will discuss when and if to refer for specialty care, how to find resources in your community, and how to help support parents through the potential gender transition of their child.

■ ■ ■

THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2017-2018

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SYDNEY WRIGHT, JR., M.D.

DONATIONS TO STUDENT TRAVEL

JOANNE AHOLA, M.D.

KENN ASHLEY, M.D.

WAYNE BAICI, M.D.

LONNY BEHAR, M.D.

PHILIP BIALER, M.D.

CURLEY BONDS, M.D.

STEPHAN CARLSON, M.D.

DEBBIE CARTER, M.D.

BRIAN CHAMBERLAIN, M.D.

ROBERT DAROFF, M.D.

ROBERT DELGADO, M.D.

KEVIN DONNELLY-BOYLEN, M.D.

ANDREW ELLIOT, M.D.

MARSHALL FORSTEIN, M.D.

DAVID GOLDENBERG, M.D.

MICHAEL GOLDER, M.D.

CARLOS GREAVES, M.D.

TIMOTHY HALL, M.D.

NORMAN HARTSTEIN, M.D.

NICHOLAS KOPPLE-PERRY, M.D.

DAVID KREFETZ, D.O.

KEWCHANG LEE, M.D.

MICHAEL LESLIE, M.D.

PAUL LYNCH, M.D.

DANIEL MARDONES, M.D.

MARLIN MATTSON, M.D.

SCOT MCAFEE, M.D.

LAURENCE MILLER, M.D.

ROBERT MITCHELL, M.D.

MICHAEL MURPHY, M.D.

SARAH NOBLE, D.O.

ANN NORWOOD, M.D.

KAAAN OZBAYRAK, M.D.

DAENA PETERSEN, M.D.

RICHARD PLEAK, M.D.

WILLIAM REAMY, M.D.

HOWARD RUBIN, M.D.

JULIE SCHULMAN, M.D.

ALAN SCHWARTZ, M.D.

DANIEL SEWELL, M.D.

NATHANIEL SHARON, M.D.

MARGIE SVED, M.D.

JOSHUA THORNHILL, M.D.

ANDY TOMPKINS, M.D.

MARK TOWNSEND, M.D.

LEANNE TRUEHEART, M.D.

DOUGLAS VANDERBURG, M.D.

SERENA YUAN VOLPP, M.D.

MILTON WAINBERG, M.D.

CECIL WEBSTER, M.D.

ERIC WILLIAMS, M.D.

ERIC YARBROUGH, M.D.

Listings of Upcoming Subspecialty Meetings of Interests to Members

Kenn Ashley, MD

KAshley@aglp.org

Many AGLP-ers are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get-together at a member's home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our Past-President, Kenneth Ashley, MD, at KAshley@aglp.org for more details and suggestions.

American Academy of Psychiatry and the Law (AAPL)
<http://www.aapl.org/>

American Academy of Psychoanalysis and Dynamic Psychiatry
<http://www.aapdp.org/>

American Association for Emergency Psychiatry
<https://www.emergencypsychiatry.org/>

American Association for Geriatric Psychiatry (AAGP)
<http://www.aagppa.org/>

American Association of Directors of Psychiatric Residency Training (AADPRT)
<http://www.aadprt.org/>

American College of Psychiatrists
<http://www.acpsych.org/>

American Psychiatric Association (APA)
<http://www.psych.org/>

2018 APA Annual Meeting • New York, NY • May 5-9, 2018

2018 IPS: The Mental Health Services Conference
Chicago, IL • May 5-9, 2018

2019 APA Annual Meeting • San Francisco, CA • May 18-22, 2019

2019 IPS: The Mental Health Services Conference
New York, NY • Oct 3-6, 2019

2020 APA Annual Meeting • Philadelphia, PA • April 25-29, 2020

2021 APA Annual Meeting • Honolulu, HI • May 1-5, 2021

Association of Women Psychiatrists
<http://www.associationofwomenpsychiatrists.com/index.php>
Meetings have been in conjunction with the Annual APA Convention

Black Psychiatrists of America (BPA)
<http://www.blackpsych.org/>

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JGLMH available online FREE to AGLP Members



The *Journal of Gay and Lesbian Mental Health*, the official journal of the Association of Gay and Lesbian Psychiatrists, is now available for viewing online free to all AGLP Members. The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

The IT and production editors at Taylor & Francis have developed a new and streamlined way to access all of the content for articles published in the *Journal of Gay and Lesbian Mental Health*. AGLP members with valid and current member-

ships can now access the Journal directly through the AGLP website free of charge as a member benefit. Go to www.aglp.org, click on the Members Area link (upper right hand of the screen) and once you are logged in, a box will appear on the right side of the blue banner to access the content.

You should find this new streamlined approach to access more user friendly. If you have any questions at all, or need to be reminded of your username, please contact the National Office at rharker@aglp.org.

Online help is available for any problems you may encounter. We hope that this new method will provide greater ease and dependability to the entire process.

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AGLP 31st Annual Awards Reception and Ceremony

MONDAY, MAY 7
7:00 - 9:00pm

Hors d'oeuvres, Cash Bar
No admission charge for members
\$10 donation requested for non-members
Award Presentations at 8:00pm

Mr. Jones

246 Spring Street • New York, New York 10013 • 212.842.4566
<http://www.mrjonesnyc.com>

Welcome to New York

Continued from page 1

building in the Meatpacking District, and the Old Whitney is now the Met Breuer. Whatever your pleasure, New York has something to offer.

TRANSPORTATION

Getting around NY is both simple and hard. Simple because most Manhattan streets (except far downtown) are laid out in a simple, numbered grid and because subway stations, buses and cabs are ubiquitous, running 24 hours a day. Hard because the number of mass transit routes can be overwhelming and the subways may sometimes seem intimidating. Here are a few tips on getting around:

CAR SERVICES: A somewhat reasonably-priced alternative to cabs when traveling to and from the airports. You can call a couple of days in advance for pick-up from any airport. The private service will definitely cost you more. This does not include bridge or tunnel tolls or gratuities. Sedans are for 1-4 passengers (no extra charge per passenger). Larger vehicles (at higher prices) are available for groups of 5-14 people. Drivers will meet you at the airport's baggage claim area. In cases of delay, they will wait for your arrival. There may be an extra fee for airport parking. Carmel Car Service, 212-666-6666)

TAXIS: There are hordes of taxis in NY. You can hail them anywhere. Some will congregate around the major hotels. A yellow cab from Kennedy Airport is a fixed fare which does not include the toll or tip (\$6-\$8 would be reasonable from JFK). Lyft and Uber are convenient, but often taxes are available more immediately.

Since the hotel area is quite central, taxis will generally not be too expensive to most destinations in Manhattan. (May be cheaper than the collective subway fares if a group is traveling.) However, if you are going to one of the other boroughs you may get some resistance from the cabbie, and the trip may be quite expensive. You may do better calling a car service for such a trip. Some locations in Brooklyn such as Brooklyn Heights and Park Slope are not too distant.

Cabs may be harder to get during rush hours, when it's raining and in midtown just before theater hour (8 pm) or just after (10-11 pm). All regular (yellow) NY cabs are required to use a meter and must give you a receipt if you ask. There should be no extra charges for additional passengers or luggage. Tipping 10-15% is considered appropriate for reliable and courteous service.

There are some (non-yellow) "pay" cabs around. Ask if they have a meter. If so, you're probably OK. If they have no meter, negotiate the fare before you get in the car. If you suspect it's exorbitant, get out. Most places in Manhattan to another place in Manhattan can be reached for less than \$20.

SUBWAYS: These can be very fast and convenient. Particularly if you are going downtown to the west village or Chelsea from the hotel area. The usual cost is \$2.50 per one-way trip of any length.

Visitors can buy an unlimited ride Metrocard for one week (\$30). One can also pay a ride-at-a-time using a pay-as-you-go Metrocard (which can be filled with any dollar amount you think you will spend during the course of your stay). Transfers from subway to buses (and vice versa) are free if the transfer is done within two hours. Subway maps are posted in every station and in almost every subway car. Ask the token booth clerk for a free subway map. Be sure to distinguish between local and express stations and trains. Subways can be massively crowded during weekday rush hours. When using the subways during off-peak hours, you may feel more secure if you stay toward the center of the train.

BUSES: A more pleasant way to travel than the subways if they are not terribly crowded, but can be painfully slow — particularly during the day in midtown. Exact fare (\$2.50) or a Metrocard is required and transfers from buses to subways with the Metrocard are free. The route of a bus may not continue in the direction in which it was headed when you got on. Check the route first on the map attached to the pole marking the bus-stop.

WEATHER IN NEW YORK

May in New York is often beautiful, but not altogether predictable. In general, you can expect sunny days and temperatures in the 60s to mid 70s. In this period of transition to summer temperatures may vary widely from 50 to 80 degrees. Be prepared for the possibility of rain.

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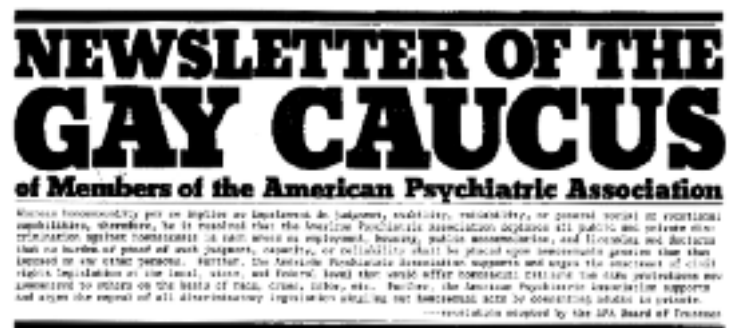
AGLP Newsletter Archive

Roy Harker, CAE, Executive Director

RHarker@aglp.org

A newly completed project underway at the National Office is the digitization and archiving of our entire body of newsletters. Inspired by Jim Krajewski, M.D., who digitized a large cache of newsletters in his possession dating from June of 1978 through December of 1991, the rest of the body of newsletters that predate the direct-to-digital versions we currently use are now uploaded to our website.

The issues include those before the Association of Gay and Lesbian Psychiatrists adopted their formal name in June of 1985 [we were known before that time as the Caucus of GLB Members of the APA (CGLBMAPA).] It's interesting to note how we continue to deal with some of the stubborn and intractable issues of those times. Jack Drescher's 1999 article *Love the Sinner: The Marketing of Heterosexuality*, seems newly relevant given the recent blogs of HGTV-star Chip Gaines. Margie Sved's *Caucus Report of January 1999* brings to light the continued struggle against the proponents of "reparative therapy." Petros Levounis' "Petros Factor" — a homophobia index he developed while still a resident in 1998 — could certainly be applied today. There is so much to be learned from this extensive record of our history. The entirety of these issues brings to light the people, the struggles, the advances, and the disappointments that have ultimately defined this organization. I hope you will have a look!



You can view this archive by visiting the AGLP website or by clicking directly on this link. I've also included a history of all AGLP editors of the newsletter on the web page.

■ ■ ■

APA/AGLP Annual Meeting May 4 - 9, 2018 New York, NY

Shaded areas require Registration/RSVP
Register/RSVP for AGLP Events online at www.aglp.org

AGLP Host Hotel: Marriott Marquis Times Square
1535 Broadway, New York, NY 10036



Scan the QR Code to the left to view all of the latest schedule information on our website.

Friday, May 4

AGLP Welcome Reception

6:00pm to 8:00pm

The Norwood Club

Co-sponsored by New York County Psychiatric Society LGBT Committee
241 W 14th St, New York, NY 10011

RSVP Required (You will not be admitted without a RSVP)
RSVP Now!

Saturday, May 5

John Fryer, M.D. Award and Lecture

8:00am to 9:30am

Dr. H. Anonymous and the Legacy of John E. Fryer, M.D.

Dr. Jack Drescher, M.D., Award Recipient

The 217 Boxes of Dr. Anonymous: Remembering Dr. John Fryer

Time: 1:00pm to 4:00pm

Room 1A12, First Level, Javits Center

217 Boxes of Dr. Henry Anonymous is a play by **Ain Gordon** based on the personal effects of Dr. Fryer, stored at the Historical Society of Pennsylvania. By presenting excerpts of the play as well materials from Dr. Fryer's 217 Boxes we aim to educate audience members about the context in which Dr. Fryer stood before his colleagues to fight for civil rights. We will interview key members of the AGLP who participated in the founding of one of the first LGBT professional organizations in the country and relate those founding years to the current fight against conversion therapy for LGBTQ folks and other stressors facing the LGBTQ community.

Speakers: Chair: **Sarah C. Noble, D.O.**

Presenters: **Ain Gordon, Saul Marc Levin, M.D., M.P.A., Roger Peele, M.D., Carolyn Reyes, Esq., M.S.W., Matthew Shurka, Robert Paul Cabaj, M.D., David Lynn Scasta, M.D.**

AGLP Women's Dinner

7:00pm to 9:00pm

Ousia

629 West 57th Street • New York, NY 10019 • 212-333-2000

<https://www.ousianyc.com> • \$50 Prix fixe

RSVP Now!

Sunday, May 6

AGLP Annual Executive Board and Council Meeting

9:00am to 1:00pm

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis

AGLP Booth Opens

10:00am to 4:00pm

Javits Convention Center, Booth 1313

Sign Up Now to Staff the Booth!

AGLP Sunday Brunch for Residents and Medical Students

At the home of Petros and Lukas in Chelsea

11:00am to 1:00pm

W 29th St between 9th and 8th Ave, New York, NY 10001 (Location information will be forwarded upon your completed RSVP)

More information: Pratik Bahekar, drbahekar@gmail.com

RSVP now!

AGLP Annual Membership Meeting

1:30pm to 3:00pm

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis

AGLP Social Gathering

9:00pm

Nowhere Bar

322 E 14th St, New York, NY 10003 • <http://www.nowherebarnyc.com>

No RSVP required!

Monday, May 7

AGLP Hospitality Suite

8:30am to 5:00pm

Floor Sky Lobby, 16th Floor, New York Marriott Marquis

Journal of Gay and Lesbian Mental Health New Editors Training

9:30am to 11:00am

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis
Chris McIntosh, M.D., and Philip Bialer, M.D., Co-Editors

AGLP Booth Opens

10:00am to 4:00pm

Javits Convention Center, Booth 1313

Sign Up Now to Staff the Booth!

Journal of Gay and Lesbian Mental Health Resident's Paper Award

11:00 to 12:30pm

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis

Resident and Medical Student Process Group

12:30pm to 1:30pm

Moderated by Howard Rubin, M.D.

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis

Lunch provided

Please RSVP now!

Workshop: A primer in working with parents of gender expansive youth

AGLP Psychotherapy Committee

1:30pm to 3:00pm

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis

The most recent studies demonstrate that as many as 1 in 130 kids will identify as transgender, and unfortunately research suggests

AGLP Annual Meeting Schedule

Continued from page 10

that many of these children will face intense stigma, bias and discrimination across multiple contexts, leading to increased rates of depression, anxiety and suicide attempts as compared to the general population. In this talk, we will discuss the various ways gender dysphoria can present in childhood and adolescent in the context of universal gender and sexual developmental tasks. We will discuss when and if to refer for specialty care, how to find resources in your community, and how to help support parents through the potential gender transition of their child.

Presenter: **Aron Janssen, M.D.**, Associate Professor, Child and Adolescent Psychiatry, Hassenfeld Children's Hospital at NYU Langone

Moderator: **Steven P. (Chip) McDermott, M.D.**, Chair, AGLP Psychotherapy Committee

Workshop: Three generations, Three psychiatrists: How the times have influenced who we are and what we do

3:00pm to 4:30pm

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis

Our lives and careers as psychiatrists are profoundly influenced by the times during which we came of age, personally and professionally. This workshop will explore how the changing social, legal, and mental health landscape of LGBT lives has shaped what is in our hearts and minds as LGBT-identified psychiatrists.

Presenters: **Nathaniel Sharon, M.D.**, **Mary Barber, M.D.**, and **Robert Kertzner, M.D.**



United Nations Secretariat Panel Discussion Group
4:00pm to 5:30pm

"The challenges of serving in the field as an LGBTI-identified staff" and "Born Perfect" UN Office of the High Commissioner for Human Rights and the United Nations Visitor Bureau

FREE to AGLP Members

Siri May, United Nations Program Coordinator, OutRight Action International
Matthew Shurka, Advisory Committee Member, #BornPerfect at The National Center for Lesbian Rights
Ryan Kaminski, Senior Program Manager: Human Rights at United Nations Foundation
Hyung Hak Nam - UN-Globe (UN Workers Group) President
RSVP Required. RSVP Now!

AGLP Annual VIP Reception (Invitation only)

6:00 to 7:00pm

Mr. Jones

246 Spring Street • New York, New York 10013 • 212.842.4566 •

<http://www.mrjonesnyc.com>

AGLP Annual Awards Reception

7:00pm to 9:00pm

Mr. Jones

246 Spring Street • New York, New York 10013 • 212.842.4566

This year honoring **Chris McIntosh, M.D.**, **Joanne Ahola, M.D.**, Representative **Corey Johnson**, and the **Ali Forney Center of New York**.

AGLP After Party

9:30pm to ...

Boxers

37 W. 20th St. (5th/6th), New York, NY 10011 212-255-5082 www.boxersnyc.com

We acknowledge, with gratitude,
the co-sponsorship of the
AGLP Annual Awards Reception by PRMS.

Tuesday, May 8

AGLP Hospitality Suite

8:30am to 5:00pm

Floor Sky Lobby, 16th Floor, New York Marriott Marquis

Guided Tour of the New York "Highline"

10:00am

Docent **Nancy Shambam**, through Friends of the Highline will lead the tour. Gather rain or shine at the foot of the Highline in the West Village at the Gansvoort St. entrance. Individual headphones will be provided. The tour lasts about 1.5 hours.

\$25 per person
RSVP Now!

AGLP Booth Opens

10:00am to 4:00pm

Javits Convention Center, Booth 1313

Sign Up Now to Staff the Booth!

AGLP Website Redesign Task Force Meeting

12:00noon to 1:00pm

AGLP Hospitality Suite, Floor Sky Lobby, 16th Floor, New York Marriott Marquis

Lunch provided

Please RSVP now!

AGLP International/Minority Dinner

5:30pm to 7:00pm

Bann Restaurant • Modern Korean Cuisine

350 W 50th St, New York, NY 10019 • 212-582-4446 •

<http://www.bannrestaurant.com>

Open bar with beer and wine with passed small bites

Total with taxes and tip per person = \$50

RSVP now!

The 217 Boxes of Dr. Anonymous

7:30pm

AGLP Collaborating Organization Presentation

Jerome Robbins Theatre, Baryshnikov Arts

450 W. 37th Street

Followed by a Talk Back with playwright Ain Gordon and Past-Presidents of AGLP
Tickets: \$40.00. Limited Seating - Buy tickets now!

40 YEARS 400 VOICES 1 MISSION

AGLP Membership Drive for 2018

OUR GOAL

In this, our 40th Anniversary Year, we are looking to reach the goal of 400 members.

AGLP strives to be a community for the personal and professional growth of all gay, bisexual and transgender psychiatrists and to be the recognized authority of LGBT mental health issues. We remain a member organization first and foremost with a commitment to serving our members. Members also remain our largest source of funding. Membership in AGLP demonstrates professional commitment to the advocacy, research, and care of the mental health needs of the LGBTQ community. Membership in AGLP provides critical access to proven resources, symposia, and the *Journal of Gay and Lesbian Mental Health*, and allows you to directly connect with a powerful network of your colleagues.

Refer a new AGLP member, and receive \$50 off your next year's dues!

Membership in AGLP is open to psychiatrists who are members of the American Psychiatric Association, psychiatry residents, and medical students. Other health professionals, concerned individuals, and non-APA psychiatrists are invited to become Associate (non-voting) members or Ally Members. Associate Members receive all of the benefits of General Membership. Ally Members receive email notices and the AGLP Newsletter only. AGLP's membership list is confidential. AGLP is a registered 501(c)(3) Charitable Organization.



www.aglp.org

JGLMH Resident Paper Award

Continued from page 5

the United States as an infant and was raised in Southern California. He has a Bachelor of Science degree from the University of California, Los Angeles (UCLA), a Master of Public Health from Walden University, and a medical degree from the Autonomous University of Guadalajara, in Mexico. In addition to medicine, Dr. Upadhyaya also spent several years working in cancer research. He moved to New York City to pursue residency in psychiatry at Bronx-Lebanon Hospital Center, and is currently a first year resident there. Having been born in India, raised in the United States, and studied medicine in Mexico, Dr. Upadhyaya has been exposed to a plethora of cultural, religious, and socioeconomic diversity. He believes that the most interesting aspect of the study of psychiatry is the way in which it is influenced by social constructs such as religion and culture.

The JGLMH Outstanding Resident Paper Award consists of \$500, publication of the winning manuscript in the *Journal*, and assistance with travel costs to attend the APA and AGLP annual meetings in New York in May 2018 to present the paper. Now in its eighth year, the JGLMH Outstanding Resident Paper Award is given for an outstanding paper written for publication by a psychiatry resident or other trainee. This award was supported in its first year by a generous grant by the William A. Kerr Foundation, and continues to be funded annually by members of AGLP, The Association of LGBTQ Psychiatrists.



**217 BOXES
OF DR. HENRY
ANONYMOUS**

**An American Civil Rights Icon
Baryshnikov Arts Center
May 3 to 9, 2018
www.217boxes.com**

Equality Forum presents
Pick Up Performance Co(s) production of

217 Boxes of Dr. Henry Anonymous

a play written and directed by Obie-Award winner Ain Gordon

In conjunction with the 2018 Annual Meeting of the American Psychiatric Association, we honor the 45th anniversary of the declassification of homosexuality as a mental illness with a play about the man who helped end lobotomies, chemical castration, electric shock therapy and mental institutionalization and whose remarkable courage transformed the LGBT civil rights movement. Nightly talkbacks follow each performance.

AGLP-sponsored evening with a panel of AGLP Past-Presidents, **Tuesday, May 8.**

Tickets: \$40.00. Limited Seating - Buy tickets now!

AGLP 2018 Awards

The **Barbara Gittings Award** for 2018, is being presented to **Joanne Ahola, M.D.**, at the AGLP Awards Reception in New York during the APA/AGLP Annual Meeting. The AGLP Barbara Gittings Award is presented to a woman who demonstrates exceptional leadership and advocacy for lesbian Issues. It was named after one of the founders of the gay rights movement and one of the activists instrumental in moving APA to consider depathologizing homosexuality.

A former newsletter editor of AGLP, Dr. Ahola has spent her career helping LGBTQ people who are seeking asylum in the United States. She has educated numerous psychiatrists about the subject increasing access to care.

The **Distinguished Service Award**, AGLP's first designated award, is given to an individual for outstanding contributions to the LGBT community. Over the years it has been awarded to AGLP members whose work extends past the reach of the organization, to supportive APA officials, and to public figures. The 2018 Distinguished Service Award is being presented to **Corey Johnson**.

Corey Johnson serves as the New York City Council's first openly gay and HIV+ speaker. He has dedicated his career to fighting for the rights of the LGBTQ citizens of New York City.

The **AGLP James Paulsen Award**, presented to an AGLP member who has made significant contributions to the ongoing life of the organization, is conferred this year on **Chris McIntosh, M.D.**, a long-standing Patron member of AGLP, Executive Editor of the *Journal of Gay and Lesbian Mental Health*, the official journal of AGLP, and Chair of the AGLP Membership Committee. Chris has been a member of AGLP since 2005.

The 2018 **Stuart Nichols Award** is being conferred on **Ali Forney Center (AFC)**, based in New York City, recognized specifically as one of the largest LGBT community center helping LGBT homeless youth in the United States. The AFC helps approximately 1,000 youths every year, most between sixteen and twenty-four years old and serves as a lifeline to LGBT youth.

This year, the 2018 AGLP Awards will be presented in a ceremony at Mr. Jones [246 Spring Street • New York, New York 10013 • 212.842.4566 • <http://www.mrjonesnyc.com>] on Monday, May 7, 2018. The reception begins at 7:00pm with the Awards Ceremony following at 8:00pm. The event is free to AGLP members. A ten-dollar donation is requested for visitors and non-members.

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AGLP Executive Board reduces member fees for medical students to \$0; advances availability of student travel funds.

On Monday, January 22, 2018, the Executive Board of AGLP voted to reduce the membership fee for medical students to \$0. This was done in an effort to stimulate the involvement of medical students interested in the field, especially as it pertains to the effective care of the LGBTQ+ Community. This also brings this pricing policy in line with that of the American Psychiatric Association (APA). Medical Student Members will still need to renew their membership annually, but the amount due, at the end of the process, will be zero. Medical Students will also receive the hard-copy editions of the AGLP Journal of Gay and Lesbian Mental Health and have online access to all digital content of the journal.

In addition, the board will communicate more broadly over the coming years the availability of funds that are developing in the John O'Donnell Fund for Medical Student Travel. Grant money from this fund is available to medical student members of AGLP for travel to and from the APA Annual Meeting in May, or IPS in October. In response to the grant, these medical students are encouraged to attend an AGLP Executive Meeting and partner with one of our full members at the AGLP booth. The grants are funded by contributions from AGLP members.

Mentoring programs are also available to connect medical students with veteran AGLP members. AGLP has developed a large pool of mentors in many specialized areas that have offered their expertise free of charge to AGLP student members. Medical students can enroll in this program by contacting the National Office.

To get more information about these programs, contact Roy Harker, CAE, Executive Director of AGLP, at rharker@aglp.org.

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AGLP's Booth has a new look that includes our new name and updated graphics. Come and visit the booth, #1313, in the center of the Jacob Javits Center in New York. Better yet, sign up to staff the booth by clicking on this link.



