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Photo by Ken Campos

The San Diego Zoo, site of the AGLP's closing party/awards dinner.

## Springtime in San Diego by Ken Campos, M.D.

It's Spring in San Diego, and May is a very pleasant month here as summer begins. Outdoor sports abound from golf, surfing, wading in tide pools at Point Loma, body surfing at Black's Beach, kite flying, hang gliding, and scuba. Also, the local gay/lesbian running club "Front Runners" and the swim team "Different Strokes" are both welcoming guests from AGLP during the time of the convention. The San Diego zoo is now hosting two pandas on loan from the People's Republic of China. There is a thriving gay scene in Hillcrest and surrounding areas, with after hours at some clubs. Lots of good dining is available in the Gaslamp District, Coronado Island, La Jolla, and Hillcrest. Shopping opportunities are everywhere with Horton Plaza, the Paladion, Seaport Village and of course the International Male shop in Hillcrest.

The opening reception on the top floor of the Paladion, an upscale mall (including a Tiffany's shop), will be catered by the Bayou Bar and Grill and promises to be a very pleasant event with views of the San Diego harbor and downtown. The Paladion is an easy walk from the Convention Center. Bus transport to and from the two AGLP hotels to the zoo for the closing awards dinner will be available on Wednesday, May 21st. That event will be preceded by an optional twilight guided bus tour of the zoo from 6 pm to 7 pm (sign up through the national office [(215)925-5008] or Ken Campos [(619)275-3023]).

Next, there will be a cocktail hour/awards ceremony/hors d'oeuvres served within the zoo near the flamingo display area from 7 pm until 8 pm. Sunset will be about 7:40 pm that night. This will be followed by a buffet dinner at 8:00 pm. Dinner will be in the fantastic setting of the Treetops café decks, near the waterfall, gorilla

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### SPECIAL CONVENTION ISSUE

The Newsletter of the  
**Association of  
Gay and Lesbian  
Psychiatrists**

Editor, Guy Glass, M.D.

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The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

**INFORMATION FOR AUTHORS**

Persons wishing to submit articles for publication should send them to: Guy Glass, M.D., Editor, *Newsletter of AGLP*, 67 East 11th Street, Apt. 719, New York, NY 10003. (Phone:(212)982-0328, FAX (212)982-1879, E-mail:GFGMD@aol.com) Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which work processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is August 1, 1997.

**ADVERTISING RATES**

The *Newsletter of the Association of Gay and Lesbian Psychiatrists* accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$200
Half-Page Ad	\$125
Business Card	\$50

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

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**President's Column**  
**David Scasta, M.D.**

**T**his is my last column as President of AGLP. As I look at the last two years, I am on the one hand humbled by how much remains to be done and on the other hand surprised at our progress. To begin, I want to list some of the areas that did not come to fruition the way I had hoped:

- ▼ Development of a public education program with brochures, Internet pages and white papers on issues frequently addressed to AGLP by the general public.
- ▼ Marketing gay and lesbian publications and films to bring additional revenue in to AGLP (sales have been disappointing)
- ▼ Development of a coordinated program to deal with disinformation about homosexuality polemized by the religious right
- ▼ Maintenance of a schedule of regular publication of the *Journal of Gay and Lesbian Psychotherapy*

*I am on the one hand humbled by how much remains to be done and on the other hand surprised at our progress.*

Much of the lack of progress in these areas has to be laid at my feet as it is clear to me that those programs for which I invested enough time tended to succeed and those which I neglected did not. I have no doubt that committed leadership in these areas will make these programs successful and I am hopeful that leaders will arise out of our membership to invest the time needed to accomplish these goals.

Next, I want to list several areas which I hope will be completed by the time we end our annual meeting in May:

- ▼ The first full meeting of the new Council which is designed to bring more of our membership into the decision process and to recognize leadership in specialty areas of AGLP (and provide the pool from which Executive Board members will be selected)
- ▼ Appointment of a new editor for the *Journal of Gay and Lesbian Psychotherapy*.
- ▼ Develop a public affairs committee and provide additional training in media management for our membership.

Finally, I want to list how far we have come in two years. We have:

- ▼ Opened a national office staffed by our capable office director, Roy Harker
- ▼ Over doubled the budget with only a modest dues increase
- ▼ Increased the membership after nearly a half a decade of stagnant growth
- ▼ Gone on line on the Internet
- ▼ Completely revised and revamped our bylaws for the next decade
- ▼ Liaisoned with seven of our sibling organizations opening opportunities for joint activities
- ▼ Re-cemented the historical support we receive from the staff of the APA
- ▼ Trained our officers and other leaders in public relations skills
- ▼ Begun an annual program for training psychiatrists about gays and lesbians in conjunction with the APA's Institute of Psychiatric Services
- ▼ Under the editorship of two of our members, Drs. Terry Stein & Bob Cabaj, with contributions from many other members, the APA has published the first comprehensive textbook on homosexuality for which AGLP is a distributor and marketer.
- ▼ Fostered a collegial and supportive foundation relationship with Janssen, Pfizer, and Haworth Press which brought almost \$25,000 into the organization.

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## Psychoanalytic Committee Column

Paul Lynch, M.D.

*Paul Lynch is Chair of AGLP's Committee on Psychoanalysis, a member of the American Psychoanalytic Association's Committee on Homosexuality, and a candidate at the Boston Psychoanalytic Institute.*

**A**t the March on Washington in 1993, I bought a T-shirt that says PINK FREUD, and bears a picture of a very pink Freud. Around that time I was accepted to the Boston Psychoanalytic Institute, and although I don't often wear my coveted PINK FREUD T-shirt to class, I do like to think that I've added a bit of color to the Institute. Early in my career as a candidate I became involved in the national group, the American Psychoanalytic Association (the "American") by wiggling my way onto the Committee on Issues of Homosexuality. What I hope to convey here is a sense of the current state of homosexual affairs at the American, where a small number of us are finally being heard. Sure, we still have to scream once in a while, but it is paying off. Here are just a few of the highlights:

Richard Isay led the way several years ago, pushing for years to get the American to adopt its non-discrimination clause, finally approved in 1991. Since that time, gay candidates trickled in, and a few analysts have come out. The program at the December 1996 meetings included five offerings on topics of homosexuality, and about ten gay and lesbian participants were all present at one of the sessions. We are now on the move!

In 1992, Susan Vaughan, Sid Philips, and I were the only openly gay voices showing up at the meetings. It still seems to me today, as it did back then, that our biggest job is to convince analysts that we are not trying to change psychoanalytic theory by force of political pressure. Charles Socarides and his small band of anti-gay extremists have long preyed on the ignorance of analysts who have little or no contact with gay people outside their offices, convincing them that gay activists are trying to force beliefs on them. Ignorance about the concerns of gay people is transformed to fear when the extremists offer constant rhetoric about gay "political correctness." A reasonable gay person in the room who is interested in learning and teaching from a psychoanalytic perspective helps to dispel fears of the gay bogeyman.

Since 1992, the Committee on Issues of Homosexuality, chaired by Ralph Roughton, has been taking on the vitriolic anti-gay rhetoric in both the American's newsletter, *The American Psychoanalyst* (TAP), and in the popular press (eg. New York Times), making it clear for the first time that Socarides and his National Association for Research and Therapy of Homosexuality (NARTH) do not speak for the American. Unfortunately, some of us (a.k.a. me) still did not feel our views were getting fair and equal access to TAP, and a complicated battle ensued over a letter I wrote to the editor. In the end, my embattled letter got published uncensored (along with others by Jack Drescher, Henry Friedman and Susan Vaughan), and the President of the American, Marvin Margolis, suggested a meeting to clear the air and find ways to work pro-actively to make the American more welcoming and inclusive.

So it happened that Dr. Margolis and the Executive Committee of the American met with a sub-committee from the Committee on Issues of Homosexuality in December 1996, and for two hours they heard our concerns. The Executive Committee recognized that their silence in the face of Socarides' attacks on the Committee had allowed the appearance of two ideological fanatics battling it out at the edges, fanatical gay activists vs. Socarides and NARTH. They decided to come out publicly with a strong message of support for inclusion of gays and lesbians in the American.

In the Spring 1997 issue of TAP, the Executive Committee of the American will publish a statement asserting their support for the work of the Committee on Issues of Homosexuality, acknowledging their decision to have the American's lawyer put an end to Socarides' misrepresentations of the American's position on homosexuality, and applauding the role of gay and lesbian contributors in broadening and diversifying the field available to psychoanalysis.

With this enthusiastic support of the Executive Committee, the Committee on Issues on Homosexuality continues its efforts to heal the ill-effects of decades of exclusion, and to encourage discussion of gay and lesbian issues from a psychoanalytic perspective. In keeping with our wish to make the American more accessible, we will hold a wine reception to welcome gay and lesbian participants to the meetings in San Diego on Wednesday, May 14th at 7:30 PM. The reception follows our discussion group, "New Perspectives on Homosexuality: A Gay Analyst Presents a Gay Patient" (check at the registration desk for location). Please come!



**HIV+ Psychiatrists Column**

Marshall Stiles, M.D.

**H**ello out there to all my old friends, whom I haven't seen since San Francisco. Hopefully I will be in San Diego to see you again. In the past 11 months since I started Crixivan, my life has slowly been transformed. I had basically withdrawn from thinking much about psychiatry, concentrating more on trying to handle some very unhandy symptoms of my own. One of the things which has been of most value to me through the AGLP, besides some wonderful friends, has been the annual support group which has had at least two names in the last nine years. First, it was "a support group on how AIDS has affected our lives and practices (1988)." I remember how liberating and supportive my experience of coming out as HIV+ was in 1988 in that group. Fastforward to 1992 in D.C., the group had evolved to "support group for HIV+ psychiatrists and their spouses." I had retired in August 1991, prior to "full-blown AIDS," but knowing it was inevitable. This group experience was profound for both me and my partner. There were at least two retired psychiatrists there, and about four early career psychiatrists, as well as a few spouses. I wrote some reflections on that meeting which were published in this *Newsletter* later in 1992. The last of these groups I attended was in 1993 in San Francisco. A gradual trend I noticed from 1988-1993 was that the number of attendees had declined each time, and that the number of working attendees had especially declined. I have heard that the attendance at this group has gotten even smaller in the past three years. I doubt that this means that HIV is declining in the AGLP. It may involve the pain that the still-working people feel in being in the same group meeting as people who are retired and ill; just a theory.

This year, however, there is the first real hope in AIDS treatment we have ever seen. Some people who are taking protease inhibitors are experiencing major health changes, and consequently, may also be asking major existential and personal questions. Some are even contemplating at least a partial return to work. I have contemplated things like that. But the big deal is that some are contemplating returning to some aspects of their past lives which the debilitation of AIDS had forced them to give up. Others on protease inhibitors have not fared so well. One thing is certain: there is so much that is different for a lot of us this year. The meeting of our support group this May in San Diego seems especially important. I for one have been pretty isolated from my gay and lesbian colleagues nationally, and I miss you. If you are physically able to be in San Diego this year, please come to the "Support group for HIV+ psychiatrists and their partners." The group will meet from 5:30 to 6:30 on Sunday, May 18th in the Hospitality Suite. As always, confidentiality will be strictly observed for those requiring it.

Come out of your cocoon if you are able, and see what a few good minds working together can do! I know that I miss you all, and suspect that we all miss each other. I hope to see you in May.

John H. O'Donnell, M.D.

Marshall has done a very nice job summarizing the history of our group. From residents to retirees to partners, we meet yearly for fellowship, support, and sometimes advice. Regrettably, repeat

attendance has been poor. I encourage those of you living with HIV/AIDS impacting your daily lives to attend our group if possible in May and bring ideas on how we can be helpful to each other at the Annual Meeting and throughout the coming year. AGLP is supportive of us, and has afforded us a position on the Council in our new bylaws. What role would you like to play? Bring your ideas. If you cannot attend in May, contact me with your input and suggestions:

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**Membership Committee Column**

Laura Bernay, M.D. and  
Todd Mandell, M.D.

**T**he Annual Meeting is fast approaching, and as you are making plans to attend CME courses and the AGLP-hosted groups, or to just have some fun in the sun, please remember to sign up for a session of AGLP booth staffing. As we mentioned in our last column, AGLP may be at risk of losing our booth if it isn't sufficiently staffed, not to mention the lost opportunities for exposure and recruitment. Roy Harker has agreed to keep a schedule of the hours that the booth is expected to be staffed. We encourage, plead, perhaps insist that as many members as possible participate. Please contact Roy at the National Office and let him know when you will be available. For those of you who are uncertain of what to do at the booth, please contact either of us before or after you arrive in San Diego. Look forward to seeing you all there and to making positive use of AGLPs APA booth.

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**Editor's Column**

Guy Glass, M.D.

In the interest of keeping this already unwieldy issue to a reasonable length I am foregoing my editorial prerogative this month...Hope to see you all in San Diego!!!!

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**BOOK REVIEW****LESBIANS AND GAYS IN COUPLES AND FAMILIES: A HANDBOOK FOR THERAPISTS.**

Laird, J. and Green, R-J., Editors; Jossey-Bass, San Francisco, 1997

Gil Tunnell, Ph.D.

This edited handbook of 18 chapters documents the enormous diversity found in gay and lesbian relationships. Hence, therapists looking for easy answers will not find them in this volume, which instead provides a refreshing, albeit complex, antidote to the stereotypical oversimplifications made about gay people and their relationships (eg. male couples are disengaged, and lesbian couples are fused; gays cut off from their families of origin will be unable to build successful coupled relationships). Also, the volume is a groundbreaking corrective to decades of pathologizing gays and lesbians by the mental health professions. This time the corrective comes from the field of family therapy, which although traditionally more sensitive to cultural and minority issues than psychoanalysis, is shown here to be almost as misguided about gay people (at least Bowenian theory) as psychoanalysis has been. This handbook is a model of less biased scholarship on homosexuality, ie. writing that does not prejudge us, and instead develops theories and reports empirical data that speak to the strengths, as well as difficulties, in gay relationships. As Green et al. state in their chapter, "if you only have dark lenses, you will have a dim view, and the mental health professions have historically promoted a dim view of lesbians and gay men" (p.223).

The range of included topics is very broad, as is the styles of writing, from deeply personal to scholarly. The first of the four handbook sections includes a very moving account of how homophobia affected a family across three generations, and an extremely candid "conversation" between two experienced New York therapists, Stanley Siegel and Gillian Walker, one gay and one straight, who emerge with new understandings about treating gays and lesbians. They address issues rarely discussed anywhere, eg. the circumstances in which a straight therapist may be more appropriate in working with gay and lesbian issues. Their conversation provides a lovely and lively prototype of how much straight and gay therapists can benefit from talking openly to one another. Finally, in the chapter that completes the first section of the handbook, Ann Hartman explains how homophobic social policy provides a backdrop in which lesbians and gays attempt to create meaningful relationships. Therapists new to clinical work with the gay population really cannot proceed without appreciating their socio-political context.

My favorite section is the six chapters on same-sex couples. Most of the authors take a Bowenian perspective in their clinical work and herein test several time-honored, cherished assumptions of Bowenian theory and find them lacking. For example, in their fresh look at whether lesbian couples are "fused" and male couples are "disengaged," Green, Bettinger and Zachs have collected empirical data from a nonclinical sample and conclude that (a) lesbian couples are indeed exceptionally close (but not pathologically fused) and, in fact, report more satisfaction with their relationships than either gay male couples or heterosexual couples. Seeking to understand this finding, these authors deconstruct Bowen's ideas about fusion (and its converse, differentiation of self), and propose that this concept has three separate components, closeness-caregiving, openness of communication, and intrusiveness, with only intrusiveness representing the more "pathological" fusion. The authors also conclude that gay men are not the most disengaged of the three types of couples, as gender theory might predict (since gay men, because of their maleness, are expected to show the greatest disengagement compared to other types of couples). Rather, it is the heterosexual couples who emerge as the most disengaged. Overall, same-sex couples report higher levels of cohesion and flexibility in their relationships than do heterosexual couples. As expected by Bowenian theory, same-sex couples who are more cohesive and flexible report greater satisfaction in their relationships. Finally, opposite to what Bowenian theory predicts, being "cut off" from one's family of origin is not inevitably maladaptive, at least for lesbians.

These authors, as well as Johnson and Keren, on their chapter on how gay men create boundaries in coupled relationships, stand on its head the Bowenian notion that triangulation in the form of nonmonogamy is an inevitably unhealthy way to create "the distance men need." Johnson and Keren write that monogamy does not function as a pri-

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**T**his book is a valuable contribution to the growing gay-friendly literature on clinical work with gay men and lesbians and demonstrates how understanding gay and lesbian relationships adds to our understanding of heterosexual ones.

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**BOOK REVIEW**

mary way male couples create a boundary, as it does in heterosexual relationships, and report on the other ways used by male couples to form boundaries. The two chapters taken together report male couples as being satisfied with non-monogamous arrangements, and attempt to provide a less heterosexual understanding of why this might be so.

The two remaining sections in the handbook examine families of origin (the focus here is mainly on lesbians), and lesbian and gay parenting issues. Separate chapters are devoted to the issues of gay fathers and lesbian mothers, who at this point in time usually find themselves facing different sorts of problems, since more lesbians are actively raising children in their households, while gay fathers are often dealing with post-divorce co-parenting or HIV.

In truth, this book is a valuable contribution to the growing gay-friendly literature on clinical work with gay men and lesbians and demonstrates how understanding gay and lesbian relationships adds to our understanding of heterosexual ones. The book affirms some of my own clinical observations about gay couples as well as getting me to think in new ways. Perhaps the only criticism I have is the book's almost entirely Bowenian lens. There are other ways to work clinically with lesbian and gay couples that do not rely so much on finding the source of pathology within a historical, three-generational perspective, that instead focus on what's amiss in the current interactional style of the couple. For example, Minuchin's structural family therapy focuses on the interpersonal complementarity currently played out in the couple's dynamic and challenges the couple in vivo to make that dynamic more functional. It is heartening to see, however, that family therapists from different theoretical schools are finding new ways of working with gays and lesbians that focus on strengths rather than weaknesses, and on discovering untapped resources and special skills, which gay men and lesbians often have at their disposal.

*Gil Tunnell, Ph.D., is director of the Family Studies Program in the Department of Psychiatry at Beth Israel Medical Center in New York City. He also maintains a private practice specializing in couples therapy with same-sex couples.*

**TREATING THE PSYCHOLOGICAL CONSEQUENCES OF HIV.**

Michael F. O'Connor, Editor; Jossey-Bass, San Francisco, 1997.

Derek Puddester, M.D.

<b>OVERALL RATING:</b>	<b>EXCELLENT</b>
<b>STRENGTHS:</b>	<b>ECLECTIC PERSPECTIVE, RICH VIGNETTES, PRACTICAL</b>
<b>WEAKNESSES:</b>	<b>LIMITED MEDICAL/NEUROPSYCHIATRIC INFORMATION</b>
<b>AUDIENCE:</b>	<b>MASTERS OR DOCTORAL PSYCHOLOGISTS OR SOCIAL WORKERS</b>

This is the latest volume in the Jossey-Bass Library of Current Clinical Technique. According to the series editor, Dr. Irvin D. Yalom, the series is designed to offer "state-of-the-art instruction in treatment techniques of commonly encountered clinical conditions." This volume, packed with clinical vignettes and useful references, delivers on the promise of its general editor. Overall, the text is an excellent addition to the literature on HIV psychotherapy and psychology.

Michael O'Connor has organized his text in sections related to both the development of the reader, and that of the patient. However, the first chapter, on transference and countertransference sets the emotional tone that pervades the text; the mind is never distant in the context of the disease.

The journey continues with a crash course in the natural history and epidemiology of the disease and the potentially overwhelming material is peppered with references to the link with psychology in order to maintain focus and balance. While the section is far too brief to offer a reasonable grounding in HIV medicine, epidemiology, and neuropsychiatry, that is far from its purpose. It serves only to offer a brief, but reasonable, grounding in some of the scientific concepts essential for the therapist.

Sections follow on children and adolescents, gay men, women, members of ethnic minorities, couples and families, and those with dual diagnoses. The section on gay men, written by the editor, is particularly well done. Core issues in this population, ranging from the political to the spiritual, are addressed thoroughly and with numerous references to the literature. In addition, the treatment strategies are presented in a clear and concise manner and are easily grasped.

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## The Gay and Lesbian Movement: 1897-1997

Olli Stålström

*The international gay and lesbian movement will celebrate its 100th anniversary on May 15, 1997. This marks the day when the first emancipation movement, the WHK, precursor of the modern gay liberation movement, was founded in Berlin by Dr. Magnus Hirschfeld in 1897.*

**P**ossibly the first gay rights fighter in history was the German lawyer Karl Heinrich Ulrichs, who started to publish a series of booklets in 1864 claiming that homosexuals (*Urnings* was his term) are normal people, although they form a sort of 'intermediate sex'. Ulrichs wrote that sexual relationships between members of the same sex are based on love and they have the right to marry each other. Ulrichs even demanded that the church create marriage ceremonies for same-sex couples. He was a brave fighter, and already in 1867 he spoke in the Congress of German Jurists demanding complete civil and legal rights for *Urnings*. Ulrichs was shouted down and not allowed to finish his speech.

Ulrichs proposed in his booklets and pamphlets a new 'scientific' theory asserting that homosexuality is an inborn and natural phenomenon and a form of love. Ulrichs fought to free his fellow homosexuals from legal and social oppression. The time was not yet ripe for his ideas and he did not get a following. On the contrary, because of the unification of Germany after the Franco-Prussian war of 1870-71, the harsh Prussian anti-homosexual law was extended to all German states. Ulrich was twice imprisoned for speaking out against the Prussian political invasion. In the spirit of his time, he only spoke for the equality of male-to-male relationships.

The moral opinion leaders of the time were male psychiatrists, who had just started to formulate their own ideas of homosexuality as an inborn degeneration and mental disorder.

The first modern psychiatric 'theory' about homosexuality was published by Westphal in 1870, who claimed that homosexuality is an "inborn inversion of the sexual feeling (*conträre Sexualempfindung*) with the consciousness of the pathological condition of this phenomenon". In the terminology of the next century, Westphal thus established all homosexuality as an ego-dys-tonic psychiatric disturbance. The physician Westphal admits that he got the idea of homosexuality as an inborn phenomenon from Ulrichs, but as a medical doctor Westphal reinterpreted the 'theory' and defined the 'condition' as a disease. He even used the booklets printed by Ulrichs as case material and treated Ulrichs himself as a psychiatric case who doesn't realize how sick he is. Westphal also started a tradition of degrading medical attitudes towards gays and lesbians. He discusses the possible correlation of the pigmentation of genitalia with sexual deviation and describes problems of intimate hygiene as if they were somehow related to lesbianism.

Ulrichs' biographer describes his booklets as a 'Pyrrhic victory'. The leading medical authorities of the time, Westphal (1870) and Krafft-Ebing (1886), got their ideas from Ulrichs, but they reinterpreted them, turned them against the original intention and started to use Ulrichs himself as an example of a homosexual 'suffering' from an inborn pathological condition and 'inversion of the sexual feeling.' Having tried in vain to change the minds of the leading physicians, Ulrichs died a disappointed man, although he retained his pride for having tried his best.

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However, apparently without Ulrichs being aware of it, another German lawyer, Magnus Hirschfeld, was inspired by the arguments and by Ulrichs' cause. Hirschfeld became acquainted with Ulrichs' booklets and began a new effort to mobilize a movement for the legal and social equality of *Urnings*.

Ulrichs died in 1895, two years before Magnus Hirschfeld had succeeded in creating enough support to publicly establish the Scientific-Humanitarian Committee (*Wissenschaftlich-humanitäres Komitee* or WHK) in Berlin on May 15, 1897. Hirschfeld adopted the same idea of homosexuality as an inborn property and the view that gays and lesbians actually form a 'third sex' (*sexuelle Zwischenstufe*) between the two sexes. Hirschfeld paid tribute to Ulrichs and even visited his grave in Italy. Hirschfeld wrote that Ulrichs was "one of the first and noblest," the first person to state publicly and unapologetically that he was an *Urnig*.

As the leading psychiatric authority of his time, Krafft-Ebing treated Hirschfeld in the same condescending manner as he had treated Ulrichs. It is interesting that Sigmund Freud (1905), who wrote his theories on sexuality during the same time period, actually cooperated with Magnus Hirschfeld. In clear contrast with the medical attitudes of his day, Freud treated Hirschfeld and his newly born emancipation movement kindly, although he made his



Magnus Hirschfeld

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**The Gay and Lesbian Movement: 1897 to 1997**  
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theoretical disagreement very clear. To Freud, homosexuals are no 'third sex,' but all human beings have a potential for bisexual feelings.

Hirschfeld's biographer describes him as 'politically more astute than Ulrichs' and Hirschfeld was able to create a strong organization and emancipation movement. He collected a long list of important names supporting the decriminalization of homosexuality. The influence of Hirschfeld's WHK was strong and international. Branches of WHK were established in several European countries and it became a powerful and respected movement. The law reform received support in the German Reichstag. It had already been in the law committee when Hitler came to power in 1933, destroyed the German WHK, burned its libraries, drove Hirschfeld into exile like Freud some years later. This completely demolished the German attempt at emancipation and the Nazis started to ship gays to death camps.

The work and spirit of the German WHK were preserved and carried on mainly by the Dutch branch of Hirschfeld's movement, the NWHK. The Dutch are traditionally tolerant and they refused to cooperate with the Nazis. The Dutch protected stigmatized minorities like Jews and homosexuals. The Dutch founded their national emancipation movement, COC, on the basis of the NWHK as early as 1940.

When the war ended, the gay emancipation spirit was quickly rekindled by the Dutch movement which already started to spread ideas of a new emancipation movement in the 1940s, giving inspiration to the Danish and Norwegian movements (F-48, DNF-48) and the Swedish RFSL (1950). These movements even led to an international organization, ICSE, which was not able to survive in the post-war atmosphere. An example of WHK's international influence even in far-away places is that the third chairperson of the Dutch NWHK visited Finland in the early 1970s and radicalized the Finnish movement, SETA. In turn, the Finns started to spread and smuggle information about gay liberation over the border to Estonia and the (then) Soviet Union, where people had learned Finnish in order to watch Finnish news about the conditions in the West. In 1984 the Finnish television inadvertently mentioned the name of the (then) Leningrad gay liberation group. The KGB, who constantly monitored Finnish media from behind the borders, immediately crushed the budding Russian liberation movement ('Gay Language Laboratory'), which recovered only after decriminalization of homosexuality in Russia in 1993.

Although there was an almost complete break with the emancipation movement in Germany, many of Hirschfeld's ideas continued to live on, mainly in the Dutch movement and gradually spread again around Europe and the United States. One of the first post-World War II emancipation efforts on American soil was by Harry Hay, pioneer of the American homophile movement. In 1948 Harry Hay formed a group called "Bachelors for Wallace," whose slogan was "Androgynes of the world unite!" Presidential candidate Henry Agard Wallace of the American Progressive Party was able to collect one million votes. The American groups had to proceed extremely carefully in the cold-war atmosphere and the approaching McCarthy era. However, in the early 1950s various 'homophile' movements, ONE Institute, the Mattachine Society and its sister organization the Daughters of Bilitis, were formed and cooperated with the famous pioneer of psychological studies, Evelyn Hooker.

Henry Abelove, historian of American psychoanalysis, makes an interesting observation about Sigmund Freud's own role as one of the pioneers of freer sexual morality in the American society. Freud visited America in 1909 and he constantly and publicly criticized American society and American psychoanalysts of his time for their moralism. Freud's letter to an early American psychoanalyst (James Jackson Putnam), is quite well-known today: "Sexual morality as society - and at its most extreme, American society - defines it, seems very despicable to me. I stand for a much freer sexual life".

The rising criticism against the psychiatric sickness label of homosexuality was one factor in radicalizing the American movements. According to many historians, mass mobilization during World War II planted the seeds of grass roots movements. Women, blacks and lesbians/gays got a taste of equal treatment during the war in the American armed forces. Then the Kinsey reports shocked the nation in 1948 (men) and 1953 (women), followed by the Hooker study in 1957. The overall social changes, protest and youth movements during the late 1960s finally led to a radicalization of the American homophile movement and to the Stonewall riots in 1969 giving birth to the gay and lesbian liberation movement.

What has happened in the 100 years since the creation of the WHK? Homosexuality is still a crime in 74 countries including about half of the United States. But the fight against the sickness label has been a success: homosexuality has been declassified in all disease classifications: the DSM-III in 1972 and WHO's ICD-10 in 1993. In the past 20 years an influential organization of gay and lesbian psychiatrists has grown in the U.S. and Canada and started a close cooperation with influential mainstream psychiatric

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Nazis carry bust of Magnus Hirschfeld in torch-light procession.

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### The Gay and Lesbian Movement: 1897 to 1997 Continued from previous page

organizations. Organizations of gay and lesbian psychiatrists and psychologists are being created throughout Europe and many will celebrate WHK's centennial. One sign of how well we have progressed in 100 years was the WPA symposium organized by AGLP and APA in Madrid in August 1996. The APA leadership made clear that the most influential psychiatric organization in the world intends to show moral leadership in the worldwide fight against sexism, racism, anti-semitism and heterosexism.

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- Photograph taken from *The Early Homosexual Rights Movement (1864-1935)*, by John Lauritsen and David Thorstad, Times Change Press, New York, 1974. The book is still in print and published by Times Change Press who may be contacted as follows: Michael J. Sherick, Times Change Press, P.O. Box 1380, Ojai, CA 93024-1380, phone (805) 646-8595, fax (805) 646-0432.

## Residents Column

### Julie Schulman, M.D.

My, how time flies! It seems like just yesterday I was a fourth-year medical student, writing essays and hustling around the country to interviews, and now I'm a first-year resident. I'm happy to say that I have now finished my requirements in medicine and neurology, and I'm a full-time psych resident on an inpatient ward at Bellevue. Life is great. OK, so I still make almost no money and have the social life of a hibernating bear, but hey, I'm finally doing what I love and I'm working with a number of fellow AGLP members. Plus, I'm going to San Diego for this year's APA conference.

What's that? You're not going? Let me take this opportunity to remind all you fellow residents that this conference is a tax-deductible vacation for you. There's plenty of time to go to talks for part of the day and go to the beach later on, as those of you who were in Miami remember, and it's just a hop, skip, and chassé away from Tijuana. You'll meet tons of gay folks and you'll come home with a tan and enough pens and free goodies to last for the rest of your residency. If you're a medical student, this is your last chance to find out the real scoop about programs, impress residency directors with your commitment to psychiatry (even if you're not sure yet), and just have a good time. We'll be having a meeting and lunch especially for residents and medical students in the Hospitality Suite (Ed's note: see schedule of AGLP events in this issue), and it's a great chance to swap stories about residency programs and commiserate about ridiculous call schedules.

Great, you say, but what about the cost? Call me at (212) 986-3689 and leave your name. I'll be happy to get residents in touch with each other to rent hotel rooms together, and I'll also help medical students find a free place to stay with local AGLP members. As of writing this column, the Park Manor Suites still has hotel rooms available that fit four people for only \$79 to \$99 a night, or up to six people at \$159 (800-874-2649) and the St. James has rooms that fit four people cozily at \$89 and up (619-531-8877, Mark Devaulx); ask for the AGLP rate. If you live in San Diego and have housing (and I haven't bothered you yet), please call me as well and let me know how many people you can put up. If you're a poor medical student, we have MONEY to pay for your travel! Although we can't guarantee paying for 100% of your travel costs, in recent years we have been able to do so for all those who needed it, thanks to the generosity of our members. Please let me know if you need funds.

One last thing. I'll be part of a panel on the last day of the conference called "Workshop on Self-Disclosure in the Work of Gay and Lesbian Psychiatrists," and I'm looking for funny or serious stories about coming out as an applicant to residency programs, fellowships, or psychoanalytic institutes, or about being a gay resident. Please call me ASAP, because I'd like to include as many personal anecdotes as possible in my talk.

See you in San Diego!

**President's Column**  
Continued from page 2

▼ Added the Janssen James Paulsen Award for service to AGLP

▼ And continued to offer our usual social, educational and professional activities at the APA annual meetings.

Overall, I think we can give ourselves a good pat on the back. I began my presidency noting that our transition from a social group that meets at the APA Annual Meeting to a national organization would be a difficult and painful one for us. We are in the middle of that transition but it really has not been all that painful. The secret has been lesbian and gay psychiatrists and supporters who have been willing to go the proverbial extra mile and who have kept our long term goals into focus when personalities could have derailed a project. So many of our sibling organizations have been torn apart by internecine warfare and personality clashes. It has been a pleasure to work for AGLP where such disputes are minimal.

In a few weeks, I will move into the ranks of the "past presidents" in which my only task will be to poll other past presidents to recommend names of award winners for the "Annual Distinguished Service Award" and the "Janssen James Paulsen Award for Distinguished Service to AGLP" to the Executive Board. And, to pontificate as an elder statesman. Actually, I plan to keep my pontificating to a minimum. I have had my fingers in so many of AGLP's pies for so many years, it is time that new leaders and different fingers take charge. I will be working on expanding a rapidly growing forensic practice in Princeton, NJ, happy to have a break from "the cause" for awhile.

Please extend to Dr. Dan Hicks, our new president, all of the support and affection which you have extended to me over these last twelve years. I want to particularly thank the members of the Executive Board, who have given so much of their time and leadership, and Roy Harker, who has become indispensable in getting projects done.

I know AGLP will continue to grow and prosper; and gay and lesbian peoples will be the better for it.

With grateful appreciation,

David Scasta, M.D.

President



**Book Review**  
Continued from page 6

The paediatric section is good, but is limited by its brevity. Unlike the section on couples and families, the specific treatment strategies are only briefly referred to and do not offer clear instruction. In addition, the section on adolescents is very brief and does not divide up adolescent issues into early, mid and late adolescence. As a result, this developmental period is treated as a uniform state and treatment strategies are not appropriately tailored. However, the section on sexual minority adolescents is nicely done and outlines the critical issues facing this population.

The dual diagnosis section includes strategies for both the substance using and the chronically mentally ill populations. While this section does an excellent job of outlining some of the critical areas in which these populations need psychological support, it falls down when it comes to non-psychotherapeutic strategies. The text does not tout itself as having expertise in the use of medication, but does offer medication guidelines that, at times, do not reference key papers in HIV psychopharmacotherapy. The result is a series of guidelines that are useful for the novice, but not for the generalist or specialist.

The one irritating feature of the text was its confusing footnote structure. Rather than use numbers to identify a source, O'Connor has chosen to match page numbers to end notes that link various quotes to citations. This unusual and non-scientific structure is rather detracting and, at times, frustrating.

Those readers looking for an advanced text that utilizes evidence-based links between all aspects of treatment are encouraged to look elsewhere. However, for those looking for a rock solid text of HIV psychotherapy that offers reasonable therapeutic strategies for all aspects of the life cycle, O'Connors' text is an affordable, enjoyable, and practical read.

*Derek Puddester, M.D. is a psychiatry resident at McMaster University in Hamilton, Ontario.*



**Psychoanalytic Committee Column**  
Continued from page 3

AT THE APA:

Can't make it to San Diego early for the Psychoanalytic meetings? Once again, AGLP's Committee on Psychoanalysis will bring psychoanalysis to you in the AGLP Hospitality Suite. Join us for one or both of our meetings:

Sunday morning discussion group: This year's topic is "Splitting of Affection and Sexuality." Advancing from Freud's Madonna/Whore concept, we'll move on to the modern phenomena of cruising, and the struggles of some gay and lesbian patients to integrate a positive sense of themselves as both loving and sexual beings.

Sunday afternoon Committee meeting: All are welcome who are interested in the intersection of Psychoanalysis and Homosexuality. Please join us!

*(Editor's note: Please see Schedule of AGLP events in this issue for locations and times for the above meetings. Also note that the statement in TAP which is discussed by Dr. Lynch will be reprinted in the next issue of the AGLP Newsletter.)*



**Bertram Schaffner, M.D.**  
Continued from page 16

He is being honored by AGLP for his leadership and advocacy of gay and lesbian causes. This includes his work as President of the Gay and Lesbian Psychiatrists of New York, Chairman of the Committee on Human Sexuality of the Group for the Advancement of Psychotherapy, Medical Director of the HIV Clinical Services at the White Institute, on the Committee on AIDS at the New York County District Branch of the APA, in many publications and in his clinical practice.

Dr. Schaffner will be extensively profiled in the next issue of the Newsletter.



ANNOUNCEMENTS . . .

**T**he 19th National Lesbian and Gay Health Conference and 15th National AIDS/HIV Forum will be held from July 26-30, 1997 at the Radisson Hotel in Atlanta. For more information, write to: NLGHA 1997 Conference, PO Box 33022, Washington, DC 20033, or fax to (202) 234-1467.

**A** GLP member Richard Isay, M.D. has won the award for the best book in the category of "psychology" with *Becoming Gay: The Journey to Self Acceptance* (Pantheon Books, 1996) at the first annual Books for a Better Life Literary Awards, a new award program established by the National Multiple Sclerosis Society.

**T**he 13th World Congress of Sexology is to be held from June 25-29, 1997 in Valencia, Spain. Information may be obtained from the Congress office at Europa Travel, S.A., Calle Hernán Cortés, num. 28, 46004, Valencia, Spain. Phone: 34-6-352 45 47, fax:34-6-352 54 97.

**H**erbert Sacks, M.D., APA President-Elect, wishes to remind members that they should feel free to pass on information relating to important stories that are breaking in their respective areas to Herb Gant, Executive Editor of *Psychiatric News*. Contact Herb Gant at APA, 1400 K Street, N.W., Washington, D.C. 20005. Phone: (202) 682-6134, fax: (202) 682-6114, e-mail: Hgant@psych.org.

**O**utstanding opportunity for a board certified/eligible psychiatrist in a well-established and respected private group practice that is hospital-based at Mt. Sinai Medical Center in Miami Beach, Florida. Combination of inpatient and outpatient care. Competitive salary plus benefits package available. Send CV to John H. Burger, M.D., 4300 Alton Rd., Suite #350 Warner Bld., Miami Beach, FL 33140. Phone: (305) 531-7774, FAX: (305) 531-8982.

**G**GLMA (The Gay and Lesbian Medical Association) announce their 15th Annual Symposium, dedicated to providing CME on lesbian, gay, bisexual and transgendered health, including one day dedicated to HIV and AIDS. This year's theme is "Building Healthy Families." The Symposium is to be held in San Francisco from August 21-23. For more information or a registration brochure, call (415) 255-4547, e-mail gaylesmed@aol.com or write GLMA, 459 Fulton St., Suite 107, San Francisco, CA 94102. Visit GLMA on the Net at [www.glma.org](http://www.glma.org).

**T**he Southern California Physicians for Human Rights and the Lesbian and Gay Psychotherapy Association of Southern California will be hosting a one-day conference during gay pride weekend in Los Angeles on Saturday, June 21st. If you would like to present or attend, please call (310) 288-3465.

**T**he Southern California Psychiatry Society (LA's District Branch) will be hosting a one-day conference entitled "Current Perspectives on Working with Gay, Lesbian and Bisexual Patients" on Saturday, November 8th. If you would like to present or attend, please call (310) 815-3650





SAN DIEGO HIGHLIGHTS

**AGLP Saturday Symposium**

**May 17, 1997**

**Same-Sex Marriage: Hawaii, Holland and Beyond**

**Diana C. Miller, M.D.**

The AGLP Pre-Convention Saturday Symposium, chaired by Diana Miller MD, will discuss issues related to same-sex marriage. The Symposium will be held in Park Manor Suites (525 Spruce Street at 5th Ave.) in the "Top of the Park" rooms. We will meet for a Pre-Symposium Welcome with coffee and muffins from 9:30 to 10 AM followed by presentations and discussion from 10 AM to 1 PM.

In May 1993 Hawaii's Supreme Court ruled that the state's ban on same-sex marriages may be unconstitutional because it amounts to sex discrimination, which is illegal in Hawaii. The Hawaii Supreme Court returned the case to a lower state court for a ruling. Concerns that the Hawaii Supreme Court's ruling would be upheld in the Hawaii state court stimulated much legislation in other states who feared that gay and lesbian couples married in Hawaii would expect their marriages to be recognized in other states. By June of 1996 twelve states --Alaska, Arizona, Georgia, Idaho, Illinois, Kansas, Oklahoma, South Carolina, South Dakota, Tennessee, and Utah -- had banned same-sex marriage. In September 1996 President Clinton signed the "Defense of Marriage Act."

On December 3, 1996, just over 3 1/2 years after the Hawaii Supreme Court ruling, the Honorable Judge Kevin S. C. Chang of the First Circuit Court of Hawaii filed his findings and conclusions in the case of Baehr vs. Miike. Chang said: "Simply put, Defendant [the state of Hawaii] has failed to establish or prove that the public interest in the well-being of children and families, or the optimal development of children will be adversely affected by same-sex marriage."

The AGLP Symposium, "Same-Sex Marriage: Hawaii, Holland, and Beyond," features five presentations.

- 1. Lowell Tong MD will present "Same Sex Marriage and Mixed Race Marriage: Comparison of US laws and Attitudes."**

Just as the Baehr vs. Lewin (Miike) case in Hawaii has been a landmark case and lightning rod in the legal and social process towards recognizing same sex marriage, two cases had similar roles in the movement just a few decades ago to recognize mixed race marriages. Dr. Tong will present and discuss these cases and their arguments.

- 2. Leslie Goransson MD will present "A Review on the International Experience with Registered Partnership Legislation for Gays and Lesbians."**

Several countries have succeeded in creating a legal framework for gay and lesbian relationships, most notably, Denmark, Sweden, Norway, and Iceland. This presentation will briefly describe the cultural influences and political processes that led to these historic achievements. In addition, the numerous efforts to obtain same-sex marriage/partnership legislation occurring around the world (with varying degrees of success) will be summarized. Implications for the gay marriage debate in the United States will be discussed.

- 3. It is a special treat to have Nico Hettinga MD and Bastiaan Oele MD, psychiatrists from Amsterdam, present "International Fears and National Affairs: Same-Sex Marriage in the Netherlands."**

Continued on following page

Drs. Hettinga and Oele will offer an update of the legislation in the Netherlands on same-sex marriage and compare the Netherlands situation with that of some other European countries.

**4. Doug Haldeman Ph.D. will present "The Moment of Sweet Aloha: Ceremony and Religion in Same-Sex Marriage."**

Same-sex marriage ceremonies have received little attention, due partly to a general marginalization of spiritual issues in the literature on same-sex marriages and due partly to the history of antipathy between most organized religions and lesbians and gay men. This presentation will examine the psychosocial functions of same-sex marriage ceremonies. An analysis of similarities and differences with heterosexual ceremonies will be offered, as well as a brief look at the current status of same-sex marriage from the viewpoints of various religious groups. Data from interviews of same-sex couples who have had marriage ceremonies will be presented.

**5. Mark Townsend MD will present "The Diversity of Gay and Lesbian-Parented Families"**

The clinical literature concerning children of lesbian and gay parents shows no evidence that these children as a group have more major mental health problems than other children. The specific mental health issues of gay and lesbian parented families are the various methods these families develop to deal with societal homophobia. What will legal marriage mean for gay and lesbian parented families? What will be its effect on the psychological and social situation of the non-biological parent?



## SAN DIEGO HIGHLIGHTS

**Dating 101... For Men**  
**Saturday, May 17**

**1:00-6:00pm**

**Presidential Suite, St. James Hotel**  
**David Scasta, M.D.**

An experiential group targeted for men who are looking for long-term relationships will be led by Dr. David Scasta. The course is targeted towards the professional psychiatrist who is finding himself shoved into the dating scene either because he is just coming out, has been in a previous long-term relationship that has ended, or, who, because of shyness or other ineffective styles, finds his dating techniques ineffective. The group will utilize Myers-Briggs typing as a back drop to guide the search for "Mr. Right" and will confront dating myths and dysfunctional styles, provide exercises and guidance in flirting and cruising and end with the development of a personalized strategic plan to guide future dating efforts. Managing the risks of AIDS and other sexually transmitted diseases will be an integral part of the course. A practicum at a local bar will be part of the course. The course is limited to twelve men (minimum six) who agree to strict group confidentiality. Advanced registration is a must. The course is free to AGLP members. To register, call the National Office (215) 925-5008) immediately.

Photo by Ken Campos



*The Park Manor Hotel*  
*Site of the AGLP Pre-Convention*



**SAN DIEGO HIGHLIGHTS**

**AGLP Long Range Planning Committee**  
**Wednesday, May 21**  
**NOON-2:00 pm**  
**Hospitality Suite**  
*Presenter: Dan Hicks, M.D.*

All are welcome to attend this meeting to discuss and plan future directions for AGLP. It is important to have representation from past presidents, women, minorities, students and members-in-training. Some of the past issues we would like to discuss further: improving member communication through internet training, public affairs department to be able to do public speaking about gay and lesbian mental health for education and political awareness, development department to look into ways to raise funds, and planning our 20 year meeting in 1998.

**Please Welcome the International Visiting Psychiatrists**  
*Submitted by Gene Nakajima, M.D.*

At last year's APA over 4000 of the 17000 registrants were visiting from other countries. This year, AGLP is sponsoring two events for International Visiting Psychiatrists and AGLP members interested in meeting with them. We will have a discussion group where AGLP members can share ideas with our colleagues visiting from other countries. We are organizing a reception which will be combined with the Psychiatrists' of Color reception. We will have some international members participate in the Saturday programming. In addition, two Dutch, one Swiss, and two German psychiatrists will be presenting a workshop, the first gay and lesbian workshop organized by Europeans at the APA. If you meet any visiting international psychiatrists at AGLP events, please welcome them to AGLP and encourage them to join at the new reduced \$40 rate for psychiatrists living outside the U.S. and Canada.

**Meet the Intersex Society of North America**  
**(<http://www.isna.org>)**  
**Wednesday, May 21**  
**4:00-5:30 pm**  
**Hospitality Suite**  
*Submitted by Cheryl Chase*

"Hermaphrodites." "Pseudohermaphrodites." Who are they really, and what becomes of them? For forty years, treatment of intersexuality (mixed sexual anatomy, frequently with ambiguous genitalia) has been the

province of pediatric surgeons and endocrinologists. A vibrant new movement has arisen over the past three years to oppose this treatment. We want to tell you why this is a queer issue, and how psychiatry can help.

Come meet with us and some of our professional supporters: therapists Howard Devore and Marty Malin, psychiatrist Bill Byne, urologist Justine Schober, and historian Alice Dreger (from the Center for Ethics and the Humanities in Medicine at Michigan State University). A video tape in which six of us describe our experiences will also be made available.

The current model of management, developed in the 1950's, demands that intersexuality be erased as quickly and completely as possible, with surgery and secrecy. This has led to profoundly harmful sorts of intervention, which push intersexuality out of the view of parents and care providers. This "conspiracy of silence" -- the policy of pretending that our intersexuality has been medically eliminated -- in fact simply exacerbates the predicament of the intersexed adolescent or young adult who knows that s/he is different, whose genitals have been mutilated by "reconstructive" surgery, whose sexual functioning has been severely impaired, and whose treatment history has made clear that acknowledgement or discussion of our intersexuality violates a cultural and a family taboo.

**Anatomy as Destiny? Psychotherapy of a Woman with Ambiguous Genitalia**  
**APA Clinical Case Conference 3**  
**Wednesday, May 21st**  
**9:00-10:30 am**  
**Convention Center, Room 5B, upper level**  
*Submitted by Cheryl Chase*

Dr. Howard Devore will use this case to demonstrate a healthy and adaptive adjustment to an intersexed identity after a childhood, adolescence, and young adulthood of reclusive and depressed reaction to childhood surgery and genital trauma as well as stigmatization both within family and community. Important therapeutic accomplishments are: 1) abandoning the futile struggle against, and shame over, intersexed history and identity; 2) finally embracing and affirming an intersexed identity; and, 3) adjustment to anorgasmia and sexual dysfunction consequent to genital surgery in conjunction with female sex assignment.

References:  
 Fausto-Sterling, Anne. "The Five Sexes: Why Male and Female Are Not Enough" in *The Sciences*, March/April 1993, 20-25  
 Kessler, Suzanne. "The Medical Construction of Gender: Case Management of Intersexual Infants" in *Journal of Woman in Culture and Society*, 16 (1): 3-26, 1990



**The Openly Gay or Lesbian Psychiatrist**  
**Wednesday, May 21**  
**10:00-11:00 am**  
**Hospitality Suite**  
*Discussion Leader: Bob Cabaj, M.D.*

Gay and lesbian professionals face both rewards and challenges as a result of being open about sexual orientation. Psychiatrists in particular face important issues in training programs, in career choices, and in doing psychotherapy, when they are open about their orientation. This discussion group continues a yearly tradition of discussing the various issues, sharing experiences, and providing support for medical students, residents, early career, and established psychiatrists who are open or who are thinking about being open. The leader will present a brief discussion about the degrees of coming out, and the pros and cons of coming out in various settings. Followed by a group discussion.

**European Perspective on Reparative Therapy**  
**Saturday, May 17th**  
**3:00-5:00 pm**  
**Hospitality Suite**  
*Presenters: Doug Haldeman, Ph.D and Olli Stålström, Ph.D.*

After evaluating evidence about sexual orientation, the American Psychiatric and Psychological Associations dropped homosexuality from the list of mental disorders over twenty years ago. However, treatments for homosexuality as a mental illness persist throughout the world. This presentation will address, from professional, historical and sociocultural perspectives, the resurrection of pathology-based views of homosexuality and "reparative" therapy for gay men and lesbians in Europe and the U.S. By way of introduction, the database supporting the de-pathologization of homosexuality will be summarized, including the scientific support for viewing lesbians and gay men as psychologically comparable to heterosexuals on a wide range of variables. "Reparative" therapy will be defined, and reasons for the appeal of this type of treatment will be explored. The ethical implications of treatment for a condition which is socially devalued, but not found to be a treatable disorder, will be discussed.

The intersection of practice issues, such as patient and therapist autonomy, with policy concerns, will be examined. Further, a brief examination of the scientific data purporting to support therapeutic change of sexual orientation will be offered, as well as a discussion of the negative mental health consequences of "reparative" therapy.

The resurgence of the religious/psychological "ex-gay" movement to re-pathologize homosexuality in Europe and the U.S. will be reviewed from an historical and sociological perspective. Ethical questions about treatment based on the discredited notion that homosexuality is a mental illness, when such treatment is provided by religious organizations without psychological or psychiatric training, will be considered, as well as the implications of such organizations' attempts to gain credibil-

ity in academic and medical settings. The political aspects of the "ex-gay" movement, and the "parallel process" on both sides of the Atlantic, will be discussed. Finally, the presenters will examine the opportunities for cross-cultural collaboration in furthering the understanding of sexual orientation itself, and appropriate treatment guidelines for practitioners.

**Roses and Onions: Lesbians and Gay Parenting**  
**(APA Workshop 16)**  
**Monday, May 19**  
**9:00-10:30 am**  
**Cardiff Room, level 3, Marriott**  
*Chair: Victoria Harris, M.D., M.P.H.*

Past workshops have addressed gay and lesbian relationships, patients and other professional issues. The focus of this workshop is same-gender parenting. This workshop was suggested and is endorsed by participation of the AMA Foundation on Physician Health. Members and their significant others of the Curriculum Committee on Spouses, Significant Others, Traditional and Non-Traditional Families are panelists for this workshop. All are psychiatrists with parenting experience.

The panelists bring a vast array of professional diversity. Academia, community, administrative and private psychiatry are all represented. The panelists will share personal and professional issues such as choosing a method of insemination, pregnancy and/or adoption, raising children with special needs, issues of geographical, emotional and/or financial isolation, changing family structures, current outcomes research, and case studies of gays and lesbians in therapy and HIV-related treatment.

Attendees and panelists are asked to bring photos to share. The photos will be used in small groups to discuss family constellations. The large group will re-visit commonly elicited themes. At least one-third of the workshop's allotted time will be used for discussion in this manner.

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Photo by Ken Campos



*The St. James Hotel/Ramada Inn Site of the AGLP Hospitality Suite*

## 1997 AGLP Distinguished Service Awards

### Mel Sabshin, M.D.: Personal Reflections

Jim Krajeski, M.D.

*(Editor's Note: Dr. Melvin Sabshin, Medical Director of the APA, is the 1997 recipient of AGLP's Distinguished Service Award)*

Looking back over my approximately 20 years of active involvement with APA, more than any other individual Mel Sabshin has been the symbol of the APA. Presidents have come and gone, but Mel has been the steady force directing this large and diverse organization. My acquaintance with Mel began in the late 1970's, but my earliest impressions were garnered from one of the APA staff with whom I became friends. I learned that Mel placed a high priority on serving the members of APA. Under Mel's guidance, the staff knew that members came first, a philosophy which I always felt embodied Mel's approach to me and the issues that I represented.

Over the years there were several problems that arose for which Mel's support was crucial. In particular, some of the major issues that Mel and I interacted on through correspondence, phone calls, and meetings involved problems dealing with outside organizations. These included a troublesome AMA report on homosexuality, negotiations with the Immigration and Naturalization Service over the treatment of gay/lesbian aliens entering the country, and the Department of Defense policies on gay men/lesbians in the military. Mel signed off on many letters and actions over the years on issues important to us. Though I certainly made an effort not to bother him with minor matters, in fact, it seems rather amazing to me that Mel would always find time from his busy schedule to listen if I requested him to do so.

Meeting formally with Mel in his APA office was an interesting experience. Following the customary pleasantries, Mel would sit back in his chair, cigar in hand, and wait for me to say whatever was on my mind. In these situations he was often a man of few words. In retrospect, I sometimes wonder if his responses were a kind of verbal Rorschach test to which I was supplying the answers. Mel would listen intently and offer his own succinct thoughts. He was always open to the content and frank about what he thought he could or could not accomplish. Mel was also clear that he respected my right to push for my issues whether or not it made things more difficult for him as Medical Director.

Another important measure of Mel is the standard of the "company that he keeps." In this case, Mel chose two very special people to work closely with him over the years, Carol Davis and David McClanahan. Both have been exceptionally kind to me personally and helpful in ensuring that our issues and our constituents were treated fairly. In fact the entire APA staff has been remarkable, and certainly Mel deserves credit for creating a climate that could bring together so many excellent people.

My intention in these brief comments is not to detail the many accomplishments of Mel (he has a 16-page CV) nor to list the many examples of how he has been of assistance to us. Rather I wanted to briefly offer my observations on the qualities that made Mel so admirable to me over the years. I will miss him at APA's helm, and I hope that we will be able to continue the hellos and chats in the many forums where they occurred in the past. But most importantly, I say to Mel: I salute you, thank you, and wish you well in your new role. You've been a mentor, a colleague, and a kind friend enriching my life and the lives of so many of us. For all that I am deeply appreciative.



Mel Sabshin

### Bertram Schaffner, M.D.

Guy Glass, M.D.

The 1997 recipient of the second annual Janssen's James Paulsen Award for Distinguished Service to AGLP, Bert Schaffner (b. 1912), has been an inspiration to generations of gay psychiatrists. As a psychiatrist and psychoanalyst, Dr. Schaffner has made notable contributions to an impressively wide range of topics, from his cross-cultural work with Margaret Mead to his long association with the William Allynson White Institute of Psychoanalysis (where he was accepted as a psychoanalytic candidate in 1949 after being rejected admission to two mainstream institutes).



Bertram Schaffner

Continued on page 10



SAN DIEGO HIGHLIGHTS

Healing and Remembering Service

Association of Gay and Lesbian Psychiatrists
Saturday, May 17, 1997 from 6-7 PM
St. James Hotel, Hospitality Suite

A remembrance booklet is being prepared for our Healing and Remembering Service. To place the name of someone who died during the past year (from any cause) in the booklet, please send their name (typewritten, please), as well as your name, to:

Joseph P. Merlino, M.D.
Associate Director of Psychiatry
Lenox Hill Hospital
130 East 77th Street
New York, NY 10021

or to MerlinoJP@aol.com



Association of Gay and Lesbian Psychiatrists

cordially invites you to join us in honoring

Bertram Schaffner and Mel Sabshin

at our

11th Annual AGLP Awards Dinner
sponsored by Janssen Pharmaceutica

Wednesday, May 21, 1997
The San Diego Zoo
San Diego, California

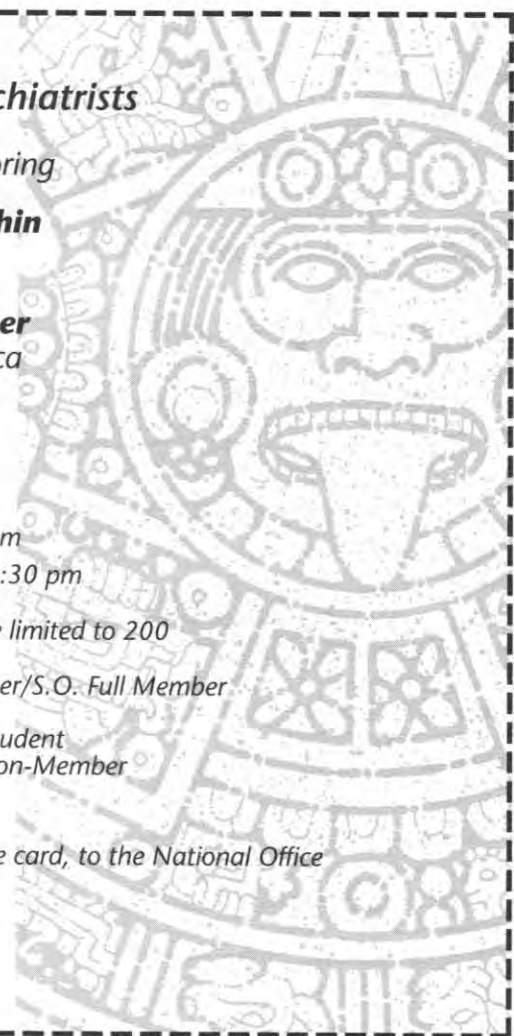
Cocktails and Awards Ceremony at 7:00 pm
Sit-down Dinner at 8:00 pm • Dancing until 11:30 pm

Please respond before May 10, 1997 • Reservations are limited to 200

- Yes, I will attend.
guest(s)
Total enclosed
\$40 - Full Member/S.O. Full Member
\$25 - Resident
\$15 - Medical Student
\$60 - Non-Member

Make your check payable to AGLP, and mail, along with this response card, to the National Office

AGLP National Office
209 North 4th Street, Suite D-5
Philadelphia, PA 19106







## SAN DIEGO HIGHLIGHTS

### AGLP Events

#### Saturday, May 17th

##### AGLP PRE-CONVENTION

Park Manor Suites  
525 Spruce Street at 5th Ave  
(on the edge of Balboa Park)  
"Top of the Park" rooms  
(619) 291-0999

9:30-10:00am Pre-Symposium Welcome --  
Coffee and Muffins

10:00am-1:00pm Symposium  
Same-Sex Marriage:  
Hawaii, Holland and Beyond  
CHAIR: DIANA C. MILLER MD  
Presenters:  
LESLIE GORANSSON MD,  
DOUG HALDEMAN PHD,  
NICHLAAS F.J. HETTINGA, MD,  
SEBASTIAAN OELE MD,  
LOWELL TONG MD, AND  
MARK TOWNSEND MD

##### AGLP CONVENTION EVENTS • • •

H Hospitality Suite  
St. James Suite  
St. James Hotel/Ramada Inn  
830 6th Avenue  
(619)531-8877

▼ Other AGLP Activities

#### Saturday, May 17th

8:00am Gay and Lesbian Fun Run/Walk  
with the Frontrunners San Diego  
SW Corner of Laurel and 6th in  
Balboa Park (about 10 blocks from  
either hotel) Run/Walk 1-6 miles, all  
levels. Contact Dan Sewell, MD  
(619)220-0241 for more information.

1:00-6:00pm Dating 101  
DAVID SCASTA, MD  
The Presidential Suite  
St. James Hotel/Ramada Inn  
830 6th Avenue  
(619)531-8877

3:00pm H Hospitality Suite Opens

3:00-5:00pm H European Perspective on  
Reparative Therapy  
DOUG HALDEMAN PHD AND  
OLLI STALSTROM PHD

4:00-6:30 pm . Sunset at the Beach Reception  
for Community/Public  
Psychiatrists in AGLP  
(and others welcome)  
Host: Socrates Pappas, MD  
3339 Ocean Front Walk,  
San Diego, 92109  
(619)488-5539

6:00-7:00pm H Healing and Remembering  
Service

8:00pm ▼ Lesbian Psychiatrist's Dinner  
Athens Market Taverna  
109 W. F Street  
If you wish to attend contact  
Laura Bernay, MD (212)447-6079 by  
Wednesday 5/14/97.

#### Sunday, May 18

BRUNCH ▼ Early Career Psychiatrists,  
Residents, and Medical  
Students  
Host: David Bobrow, MD  
David Bobrow's Residence  
Hillcrest  
Poolside and Cabana  
(bring a bathing suit!)  
RSVP: (619)683-7899

9:00-11:00am H Discussion Group on  
Psychoanalytic Issues  
"Separation of Affection and  
Sexuality"  
PAUL LYNCH MD

11:00am-Noon H Significant Others  
Planning Meeting  
DOUG DUCKETT AND JINI VOCKEL  
This meeting will be followed by a  
brunch, location to be announced.

1:30-3:00pm H Task Force on Psychoanalysis  
PAUL LYNCH MD

3:00-5:00pm H Video: Changing Our Minds:  
The Story of Dr. Evelyn Hooker  
Academy Award winning  
director Richard Schmiechen  
vividly portrays the life and work of  
the woman described by the L.A.  
Times as "The Rosa Parks of Gay  
Rights"

5:30-6:30pm H Meeting for Those Affected by  
HIV  
JOHN O'DONNELL MD

6:30-7:30pm H Pre-Opening Reception for  
Women

7:30-9:30pm ▼ Opening Reception  
Top Floor of the Paladion Mall  
(across the street, to the west, from  
Horton Plaza, the major shopping  
mall in the Gaslamp District. Near  
the Convention Center and Ramada  
Inn Suites/St. James Hotel. Paladion  
is walking distance from both the  
Convention Center and the  
St. James.)  
777 Front Street  
San Diego

#### Monday, May 19

10:00am-Noon H Significant Other Discussion  
DOUG DUCKETT AND JINI VOCKEL  
(Significant Others Go to Lunch  
together following discussion)

Noon-2:00pm H Medical Students and  
Residents Brown Bag Lunch  
and Discussion  
JULIE SCHULMAN, MD

2:00- 4:00pm H Understanding Transgender  
WYNELLE SNOW MD

6:00pm Gay and Lesbian Fun Run/Walk  
(See Saturday Morning for  
more information)

5:30-7:30pm ▼ CLGBP and AGLP Business  
Meeting  
Grand Ballroom, Salon B,  
Clarion Hotel Bay View

8:00pm ▼ Lesbian Psychiatrists' Party  
Laura Bernay MD  
Party will be in Laura Bernay's  
Suite at the Ramada Inn/St.  
James Hotel

8:00-11:00pm ▼ Reception for Lesbian and Gay  
Psychiatrists, Medical Students  
and Significant Others of Color  
and Visiting International  
Psychiatrists and their friends.  
Home of Ken Campos, MD  
5033 Hilda Road  
(619)275-3023 for information  
Please meet at the AGLP Business  
Meeting at 7:30pm to carpool.

#### Tuesday, May 20

10:00am H Significant Others meet for  
outing.

10:30am-Noon H Discussion with International  
Visiting Psychiatrists  
(Lesbian and gay psychiatrists  
visiting from other countries and  
AGLP members invited)  
GENE NAKAJIMA, MD AND  
KENN ASHLEY, MD

3:00-4:00pm H Residents and Early Career  
Psychiatrists Discussion  
GUY GLASS, MD AND  
JULIE SCHULMAN, MD

6:00-8:00pm ▼ CLGBP and AGLP Business  
Meeting  
Grand Ballroom, Salon B,  
Clarion Hotel Bay View

8:00-10:00pm H Lesbian and Gay Child and  
Adolescent Psychiatrists  
Reception  
GERRY DABBS, MD

#### Wednesday, May 21

10:00-11:00am H Being an Openly Gay  
Psychiatrist  
BOB CABAJ, MD

Noon-2 pm H Long Range Planning for AGLP  
DAN HICKS, MD

**4:00-5:30pm** **I** Meet the Intersex Society of North America (ISNA). "Hermaphrodites" and "Pseudohermaphrodites" Who are they really, and what becomes of them?  
 PANEL: ISNA FOUNDER CHERYL CHASE, THERAPISTS HOWARD DEVORE AND MARTY MALIN, PSYCHIATRIST BILL BYNE, UROLOGIST JUSTINE SCHOBER, AND HISTORIAN ALICE DREGER

**6:00pm** **Gay and Lesbian Fun Run/Walk**  
 (See Saturday Morning for more information)

**7:00-11:00pm** **▼ Awards Banquet Closing Party**  
 San Diego Zoo

## APA Presentations That May Be of Particular Interest to AGLP Members

CW	Component Workshop
S	Symposium
M	Media Program
W	Workshop

Please check Annual Meeting schedule to confirm room assignments.

### Monday, May 19

**7:00-8:30am** **Meet the Experts: Sunny-Side Up**  
 (For Residents and Fellows)  
 Experts in lesbian and gay issues will sit around a table to discuss career issues with psychiatry residents and fellows.  
 Bayside Pavillion, Marriott Hotel and Marina

**9:00-10:30am** **W15**  
**Gay and Lesbian Psychiatrists: A European Perspective**  
 SIEGMUND DANNECKER, M.D.  
 Participants:  
 JUERGEN GRAFFE, M.D.,  
 NICHLAAS HETTINGA, M.D.,  
 SEBASTIAN OELE, M.D.,  
 KURT WIESENDANGER,  
 Solana Room, Level 1,  
 Marriott Hotel

**CW4**  
**The Physician Impaired with HIV/AIDS**  
 APA PENNSYLVANIA PSYCHIATRIC SOCIETY'S TASK FORCE ON HIV/AIDS  
 JOHN. E. FRYER, M.D.  
 Oxford Room, 3rd floor, Hyatt

**9:00-10:30am** **W2**  
**HIV and Hispanics: Sociocultural Considerations**  
 PEDRO RUIZ, M.D.  
 (This session will be presented in English and simultaneously translated into Spanish.)  
 Convention Ctr., Room 3,  
 Upper Level

**W16**  
**Roses and Onions: Lesbian and Gay Parenting**  
 VICTORIA L. HARRIS, M.D.  
 Cardiff Room, Level 3, Marriott

**11:00am-12:30pm** **L4**  
**The Anatomy of Prejudices**  
 PROFESSOR ELISABETH YOUNG-BRUEHL  
 Convention Center, Room 6B,  
 Upper Level

**CW12**  
**Same-Sex Marriage: Evolving Perspectives**  
 APA COMMITTEE ON GAY, LESBIAN, AND BISEXUAL ISSUES  
 LOWELL D. TONG, M.D.  
 Torrey Room 3, Lobby Level,  
 Marriott

**Session 5.**  
**Underdetected Problems in Adult Psychiatry. (3rd paper of 3.)**  
 MICHAEL B. KING, M.D.  
 New York/Orlando Rooms,  
 Lobby Level, Marriott

**2:00-5:00pm** **S5**  
**Adolescent Sexuality: Issues of Normal Development and Clinical Practice**  
 JOINT SESSION WITH THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY'S COMMITTEES ON HIV AND HOMOSEXUAL ISSUES  
 ALAYNE YATES, M.D.,  
 ELIZABETH M. TULLY, M.D.,  
 WILLIAM M. WOMACK, M.D.,  
 LYNN E. PONTON, M.D.,  
 JAMES D. LOCK, M.D.,  
 LARRY K. BROWN, M.D.  
 Convention Ctr., Room 4,  
 Upper Level

**S15**  
**HIV Disease: Immunobiology and Neuropsychiatry**  
 J. ALLEN MCCUTCHAN, M.D.,  
 IGOR GRANT, M.D.,  
 J. HAMPTON ATKINSON JR., M.D.,  
 THOMAS L. PATTERSON, PH.D., AND  
 DOUGLAS D. RICHMAN, M.D.  
 Manchester Room, Lobby Level,  
 Marriott

**S17**  
**Women and Controversy: Research, Education, and Practice**  
 JOINT SESSION WITH THE ASSOCIATION OF WOMEN PSYCHIATRISTS AND THE APA COMMITTEE ON WOMEN.  
 DONNA E. STEWART, M.D.,  
 CAROL C. NADELSON, M.D.,  
 MARGERY S. SVED, M.D.,  
 MARGARET F. JENSVOLD, M.D., AND  
 NADA L. STOTLAND, M.D.  
 Marriott Hall 2, Lobby Level,  
 Marriott

### Tuesday, May 20

**7:00-9:00am** **APA Gay, Lesbian, Bisexual Issues Committee.**  
 (Open only to committee members.)

**9:00-10:30am** **CW21**  
**Issues Facing Same-Sex Couples**  
 APA NORTHERN CALIFORNIA PSYCHIATRIC SOCIETY'S COMMITTEE ON GAY, LESBIAN, AND BISEXUAL ISSUES  
 ELLEN HALLER, M.D.  
 Cunningham Room A/B,  
 Fourth Floor, Hyatt

**9:00-Noon** **AIDS Education Program**  
**Psychiatric Aspects of AIDS, Part I**  
 CO-SPONSORED BY THE APA  
 COMMISSION ON AIDS AND APA  
 EDUCATION STEERING COMMITTEE ON AIDS

**A. AIDS and HIV Disease: A Medical Update**  
 CHRISTOPHER MATTHEWS, M.D.

**B. Neuropsychiatric Manifestations and Their Treatments: A Review**  
 FRANCISCO FERNANDEZ, M.D.  
 San Diego Ballroom A,  
 Lobby Level, Marriott

**11:00am-12:30pm** **Session 11**  
**Controversies in Contemporary Psychiatry (2nd of 3 papers)**

**33. AIDS Phobia and Willingness to Treat AIDS Patients**  
 DAVID R. KOPACZ, M.D.  
 Convention Center, Room 58,  
 Upper Level

**Session 13**  
**Special Issues in Antidepressant Treatment (1st of 3 papers)**

**38. A Placebo-Controlled Trial of Paroxetine Versus Imipramine in Depressed HIV-Positive Outpatients**  
 ANDREW J. ELLIOT, M.D.  
 New York/Orlando Rooms,  
 Lobby Level, Marriott

**2:00-5:00pm** **Media Session**  
**Session 17. Women's Issues**

**31. Rosa Parks: The Path to Freedom**

**32. Fiction and Other Truths: A Film About Jane Rule**  
 (Jane Rule is a Canadian lesbian novelist who wrote *Desert Hearts*).

**33. Out for a Change: Addressing Homophobia in Women's Sports**  
 Convention Center, Room 8,  
 Upper Level

**S50**  
**Diagnosing and Treating Depression in Patients With Physical Illnesses.**  
 (First 3 papers are on HIV.)  
 DWIGHT L. EVANS, M.D.,  
 J. HAMPTON ATKINSON JR., M.D., AND  
 JUDITH G. RABKIN, PH.D.  
 Point Loma Room, Level 1,  
 Marriott

**7:00pm** **APA Committee of Early Career Psychiatrists and APA Assembly Committee of Early Career Psychiatrists host a dinner and forum at Dakota's.**  
 901 5th Street (cross street is E), about two blocks from the St. James Hotel. All ECPs, 4th year residents, and fellows are welcome. This dinner is limited to the first 200 people, so you will need to show up early and RSVP. Please RSVP to Bill Callahan, M.D. (AGLP member, APA Assembly ECP rep, and one of the dinner's organizers) at (714) 493-7752 or (714) 493-9752 fax. Let Bill know that you would like to sit at reserved table for gay/les/bi ECPs.  
 7:00pm-open bar  
 8:00pm-dinner

## Wednesday, May 21

- 9:00-10:30am **Clinical Case Conference 3**  
**Anatomy as Destiny?**  
**Psychotherapy of a Woman With Ambiguous Genitalia**  
*(Open to APA members only.)*  
 HOWARD DEVORE, Ph.D.  
 Convention Center, Room 5B, Upper Level
- 9:00am-Noon **AIDS Educational Program**  
**Psychiatric Aspects of AIDS, Part II**  
 CO-SPONSORED BY THE APA  
 COMMISSION ON AIDS AND APA  
 EDUCATION STEERING COMMITTEE ON AIDS
- A. New Horizons in HIV Care and Treatment**  
 FRANCINE COURNOIS, M.D.  
 San Diego Ballroom A, Lobby Level, Marriott
- 11:00am-12:30pm **CW39**  
**Special Topics for Gay, Lesbian, and Bisexual Patients**  
 APA SOUTHERN CALIFORNIA  
 PSYCHIATRIC SOCIETY'S COMMITTEE ON  
 GAY, LESBIAN, AND BISEXUAL ISSUES  
 DANIEL E. FAST, M.D.  
 PRESENTERS: STAN HARRIS, M.D.,  
 HOWARD RUBIN, M.D. AND  
 ALICIA SALAZAR, M.D.  
 Coronado Room, Level 4, Marriott
- Noon-2:00 pm **Media Sessions**  
**Session 26. Gender Identity Choices**
- 52. Adventures in the Gender Trade: A Case for Diversity**
- 53. The Blank Point: What is Transsexualism?**  
 Columbia Room, Level 4, Marriott
- Session 28. Gay Issues**
- 55. Anatomy of Desire**
- 56. Gay Lives and Cultural Wars**
- 57. Gay Cuba**  
 Convention Center, Room 8, Upper Level
- 2:00pm-5:00pm **S86**  
**Women Prisoners: Psychiatric Disorders and HIV Infection.**  
 CONSTANTINE G. LYKETSOS, M.D.,  
 HEIDI E. HUTTON, Ph.D.,  
 GLENN J. TREISMAN, M.D.,  
 MARK FISHMAN, M.D.  
 Solana Room, Level 1, Marriott
- 7:00-10:00pm **S96**  
**Current Controversies in Child Custody: What We Do and Don't Know (4th paper of 4 papers)**
- D. Gay and Lesbian Parenting**  
 MARGERY S. SVED, M.D.  
 New York/Orlando Room, Lobby Level, Marriott

## Thursday, May 22

- 9:00-10:30am **Clinical Case Conference 4.**  
 JOSEPH S. WEINER, M.D.  
 ON PSYCHOTHERAPY WITH THE HIV-  
 POSITIVE PHYSICIAN  
*(Open to APA members only.)*  
 Convention Center, Room 5B, Upper Level
- CW42**  
**The Impact of New-HIV Treatments on Psychiatry** APA  
**Commission on AIDS**  
 MARSHALL FORSTEIN, M.D.  
 Convention Center, Room 10, Upper Level
- 11:00am-12:30pm **CW48**  
**Self-Disclosure and the Gay Psychiatrist**  
 APA NEW YORK COUNTRY DISTRICT  
 BRANCH'S COMMITTEE ON GAY AND  
 LESBIAN ISSUES. CO-CHAIRPERSONS:  
 LAURA J. BERNAY, M.D., AND  
 KENNETH B. ASHLEY, M.D.  
 Convention Center, Room 11B, Upper Level
- Noon-2:00pm **Media Session 35**  
**Hollywood's Portrayal of Gays in Film, Covering Six Decades**
- 66. Celluloid Closet**  
 Convention Center, Room 8, Upper Level

*APA Workshops & Symposia are listed in booklets mailed with pre-registration. You can contact Pat Turgeon at the APA to get details: pturgeon@psych.org or (202) 682-6170.*



## Spring in San Diego Continued from page 1

exhibit and overlooking hipo beach and bongo canyon. Later we will be treated to dance music until 11:00pm provided by San Diego DJ Tone Puente, the first lesbian "Emperor" of the North American Imperial Court system. The dance will be near the dining area, by the treetops giftshop which will remain open for your perusal. Dessert will be served below in the Treehouse enclosure.

Rooms are still available at the Ramada Inn Suites/Downtown/St. James hotel (please note now a longer name), same building and same convenient walking distance to the Convention Center. For reservations call ((619) 531-8877, and ask for the AGLP convention rate." Standard rooms run \$89; double rooms with only one bath run \$80; suites run between \$129 and \$169, and there are two large suites for \$229. The AGLP hospitality suite will be located at this hotel.

The other hotel located across the street from Balboa park and at the southern end of Hillcrest, is the Park Manor Suites. For reservations call (800)874-2649 and ask for the "AGLP convention rate." Junior suites there are \$79; full suites are \$109; and the two bedroom suites are \$159. For you early arrivals, there is a popular and fun gay happy hour at the "Top of the Park" room and terrace at this hotel on Fridays in the late afternoon and early evening. The Saturday morning AGLP activities will be held at the Park Manor Suites hotel as well.

Hope to see you all in San Diego this May for what promises to be a fun and exciting meeting.

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**TEXTBOOKS AVAILABLE  
FROM AGLP**

**Textbook of Homosexuality and Mental Health**

*Edited by Robert P. Cabaj, M.D., and Terry S. Stein, M.D.*  
American Psychiatric Press



*Textbook of Homosexuality and Mental Health* brings together in one volume the entire range of material and variety of perspectives concerning homosexuality and mental health. With more than 50 chapters written by leaders in the field, this book is the most complete review of the topics of homosexuality and mental health and treatment of gay men, lesbians, bisexuals, and transsexuals to date.

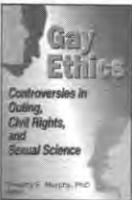
Starting from the belief that homosexuality is a normal variation of human sexuality and not a mental illness, this revolutionary book presents current information on homosexuality from a mental health and medical perspective. Sections focus on demographic, cultural, genetic, biological, and psychological perspectives; development throughout the life cycle; relationships and families; psychotherapy; multicultural identities and communities; professional education; and medical

care. A variety of special issues, such as sexuality, substance abuse, violence, suicide, religion, and HIV/AIDS are discussed. Also included are several unique chapters that cover material not readily available elsewhere, among them transsexuality, minority gay, lesbian, or bisexual people, the impact of the sexual orientation of the therapist, latency development in prehomosexual boys, and clinical issues specific to psychotherapy with gay, lesbian, and bisexual patients.

**AGLPB001-1996/1016 pages/ISBN 0-88048-716-X/hardcover/\$89.95**

**Gay Ethics** CONTROVERSIES IN OUTING, CIVIL RIGHTS, AND SEXUAL SCIENCE

*Edited by Timothy F. Murphy, PhD*  
Harrington Park Press



*Gay Ethics* is an anthology that addresses ethical questions involving key moral issues of today—sexual morality, outing, gay and lesbian marriages, military service, anti-discrimination laws, affirmative action policies, the moral significance of sexual orientation research, and the legacy of homophobia in health care.

**AGLPB0013-1996/365 pages/ISBN 1-56023-013-/softcover/\$17.95**

**Journal of Lesbian Studies** VOLUME 1, NUMBER 1

*Edited by Esther D. Rothblum, PhD*  
Harrington Park Press



*"Esther Rothblum has brought lesbian scholarship to critical mass with this journal..."*  
—April Martin, PhD, Clinical Psychologist in Private Practice, New York, NY

The new *Journal of Lesbian Studies* is the only professional journal devoted exclusively to the lesbian experience. The content of articles will focus primarily on women who identify as lesbians. The journal serves as a vehicle for the promotion of scholarship and commentary on lesbianism from an international perspective.

**AGLPB014-S-1997/147 pages/ISSN 1089-4160/softcover/\$9.95**  
SUBSCRIPTION RATE: INDIVIDUALS: \$28 (Per Volume)

**The Bisexual Option** SECOND EDITION

*Fritz Klein, M.D.*  
Haworth Press

The *Bisexual Option* explores bisexuality, explains the bisexual, and explodes myths surrounding this large "unseen" segment of the population. With the limited amount of information available on the subject, this book is must reading for establishing contemporary views.

**AGLPB007-1993/215 pages/ISBN 1-56024-380-5/hardcover/\$34.95**  
**AGLPB007-S-1993/215 pages/ISBN 1-56023-033-90/softcover/\$12.95**

**JOURNAL OF GAY & LESBIAN PSYCHOTHERAPY**

VOLUME 2, NUMBER 3 1995  
*David Scasta, M.D., Editor*  
The Haworth Medical Press

The *Journal of Gay and Lesbian Psychotherapy* is the official journal of the Association of Gay and Lesbian Psychiatrists (AGLP). Offered free of charge to Full and Associate members of the AGLP, the *Journal* is available in limited quantities to the general public. It is offered in direct opposition to Joseph's Nicolosi's book, *Reparative Therapy of Male Homosexuality*, whose underlying assumption that homosexuality is something to be cured or "repaired" was found repugnant by the Psychotherapy Book Club.

**AGLPB003-1995/134 pages/softcover/\$12.95**

**Addiction and Recovery in Gay and Lesbian Persons**

*Edited by Robert J. Kus, PhD*  
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American Psychiatric Association

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