



ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

August, 1989

Volume XV, Number 3

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Recipients of the 1989 Distinguished Service Award

From the left: Bob Cabaj, Terry Stein, Stu Nichols, Damien Martin (for Emery Heterick), Jim Krajewski, David Kessler, and Frank Rundle. Photo by P. Garcia.

1989 Fall Meeting

The annual Fall Meeting of AGLP will be held in Washington, D.C. on Saturday, September 16th from 10:00 am to 5 pm. in the Justice Room of the J. W. Marriott Hotel (1331 Pennsylvania Ave., NW; (202 393-2000). The Fall Meeting is open to all members. It is primarily a planning session for the annual meeting in May (which will be in New York in 1990) as well as a workshop to plan future directions for AGLP. Jeff Akman, M.D. and his partner, Steven Dixon, M.D., will host a dinner on Friday evening, September 15th from 7:00-9:30 pm at their home on 1936 NW Calvert Street for members who will be participating in the Fall Meeting. The cost of the dinner is \$15.00. The women will hold a special breakfast meeting on Saturday, September 16th from 8:00-9:45 am at the National Cafe in the J.W. Marriott Hotel before the business meeting. The Executive Board will also meet before the business meeting at Jeff Akman's House from 5:00-7:00 pm on Friday, September 15th. If you want to become more involved with or know more about AGLP, this is the meeting to attend.

ASSOCIATION OF GAY & LESBIAN PSYCHIATRISTS

August, 1989

Vol. XV(3), Page 2

EDITOR'S COLUMN

David Scasta, M.D.

Kudos to the APA

Many of you may have read the article on the second page of the July 21st issue of *Psychiatric News* about Richard Isay's efforts to change the American Psychoanalytic Association's longstanding conviction that homosexuality is an illness. The psychoanalytic association has supported the concept that homosexuality, unless eliminated, precludes a completed analysis - which is necessary for admission into the esteemed (albeit anachronistic) ranks of psychoanalysis. The American Psychiatric Association's article clearly placed Dr. Isay's struggles in a favorable light.

This year we received considerable support from the American Psychiatric Association at the annual meeting in San Francisco. We were given a booth right at the entrance of Moscone Hall. If we were Smith Kline Beckman, we could not have bought more conspicuous exposure. No longer are we being relegated to symbolic closets in inconspicuous places to ply approaches to homosexuality that are out of the mainstream of the psychiatric establishment. The APA *Daily Bulletin* highlighted our events during the convention; our meetings were scheduled together in the same building to allow more of us to be at more of the meetings; and we continue to be visited by the APA hierarchy.

From time to time we may complain that the APA is not doing enough to help eliminate heterosexism. However, I (and I am speaking only for myself) feel that the APA's measured and steady response has, ultimately, had the effects we are seeking. The organization has supported us during times when more conservative elements have pleaded for caution and for leaving the issue alone for another generation to fight. It has used our activism to move the Association along, away from its outdated attitudes about gay and lesbians both as people and as patients. It has been very active in preparing psychiatrists to deal with the problems generated by AIDS. In my estimation, we all owe the APA a word of gratitude. We have, with its help, become the mainstream.

As the Association of Gay and Lesbian Psychiatrists enters its second decade, we continue to grow both in numbers and developmentally. We are now fully incorporated and tax exempt. We have a track record for meetings such that much of the preparation is systematized and routine. AGLP is here to stay as long as gays and lesbians have special issues in psychiatry. As the organization moves out of its adolescence, it is time for us to think about long term financing. Our budget has grown dramatically in a few years. Our growth in membership and the raise in the cost of dues has allowed us to keep up with the growth in the budget. But we are not able to afford the services that are really needed - e.g., a permanent office with an executive director and a staff. Many of us do not have children or other financial obligations that must be taken care of in the event of our deaths. A will that leaves something to AGLP can provide a **lasting testament** to the efforts for which so many of us have fought. It would take only a few generous members willing to remember AGLP in their wills to establish a trust for the next generation of psychiatrists and ensure the long term viability of the organization.

Membership continues to creep up despite my neglect of membership matters while the office was moved. We now have 342 members (228 full or associate members, 62 residents, 51 medical students). 73 are identified as women. The actual number is higher since designation of gender on membership forms is optional and names are sometimes gender ambiguous. Hopefully we will see even more growth as I catch up with sending out responses to membership inquiries.

Speaking about office changes, the Post Office has requested that I change how my address is listed. To write to the *Newsletter*, use the address listed below:

1439 Pineville Road
New Hope, PA 18938

or call:

(201) 806-3834.

The Newsletter of the
ASSOCIATION OF GAY AND LESBIAN
PSYCHIATRISTS

Editor

David Scasta, M.D..

Published quarterly and as needed from 1439 Pineville Road; New Hope, PA 18938

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The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

Information for Authors

Persons wishing to submit articles for publication should send them to: Editor; *The Newsletter of AGLP*; 1439 Pineville Road; New Hope, PA 18938. Submissions should be clearly readable and become the property of AGLP. Submissions will not be re-

turned unless requested and accompanied by a self addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

Officers of the Association of Gay and Lesbian Psychiatrists

President..... Peggy Hanley-Hackenbruck, M.D.
Vice President Margery Sved, M.D.
Secretary Phillip W. Cushman, M.D.
Treasurer Larry M. Prater, M.D.
Past President..... Norman B. Hartstein, M.D.

PRESIDENT'S COLUMN

Peggy Hanley-Hackenbruck, M.D.

At the Annual Meeting in May, Norman Hartstein, M.D. described to us his rummaging through a box of AGLP and pre-AGLP memorabilia as he prepared to step down from his position as President for the past two years. In his rummaging, he came across a list of goals outlined in 1980 by David Kessler, M.D., then "Gay Caucus" President, for the Caucus to meet. They were the following:

- 1) Increase membership: including women and minorities.
- 2) Encourage the formation and strength of local groups and their participation in APA and their district branches.
- 3) Facilitate the coming out and going public of our members.
- 4) Organize a national gay and lesbian mental health referral system.
- 5) Achieve official minority APA status.
- 6) Apply for tax exempt status
- 7) Work for the elimination of homosexuality from DSM IV.
- 8) Create a Caucus newsletter.

Clearly by 1989, we have met an impressive number of these goals; and, in the process, we have become a respected, articulate, and proactive force both within and outside of the APA. As Norman figuratively passed the gavel of AGLP on to me, he challenged me to set our agenda for the 1990's.

I am not prepared to articulate "*The AGLP Agenda*" for the 1990's because I believe it must and does emerge from our membership. However, I do feel that at this time there are several strong currents which underlie any specific goals which we might set. These currents which are the impact of AIDS on our functioning as an organization, the participation women and minorities in AGLP, and the diverse and individual needs within the membership. I want to share with you here, as I did in San Francisco, some of my thoughts on these areas.

In spite of the gains we have seen in our profession regarding homosexuality over the last ten to fifteen years, we are by definition a radical group in Psychiatry and society at large. I think that the AIDS epidemic has made us even more radical especially in terms of radical meaning "root" or "origin." AIDS has made us deal with the basics of life and death. It has made us confront question about priorities and values and how we relate to each other and our patients. We are certainly more aware of both the preciousness and tenuousness of life. When we don't know who might not be alive for the next Annual Meeting, we act differently with each other. In the last few years I have seen that we actively care more, and value more, our connections with each other. I believe this sort of "back to basics" makes us unique as a professional organization and can have a profound impact on both how we function

among ourselves, with our other colleagues and in our work. It sets the tone for the goals we set and how we implement them.

AIDS has required us to attend to our emotional needs in order to survive and to help ourselves. We have grown personally and as a group in order to continue our work in the world. Being so close to human tragedy strains our coping abilities, at times stretching us with tremendous pain. For our own mental and emotional health as well as for our patients we have bonded together with our hearts, our guts, and our minds. This kind of struggling over the meaning of life and death might create a different kind of professional group than we or anyone else has ever had. That is why I call us "even more radical."

I think it is obvious to all of you that a top priority for me in the next two years is to develop AGLP into a truly co-gender organization. By that I mean that both women and men will feel that this is "their" group and that they have power and influence. Functionally, first steps include increasing the participation of women and broadening the dialogue between the women and men. I have heard a number of men ask, "Well, what are the women's issues?" I think that the major issues are being minority within a minority and the ideology of sexism.

We all are aware of homophobia "out there" as well as within ourselves and we hopefully accept it in both places with some grace. I hope we can look at our own sexism with some grace as well. We have to face that we all have it (as well as racism and other isms). Men have their biases and stereotyped ways of relating with women and visa versa. We lived with it all our lives. The attitudes and behaviors are well ingrained in all of us and I think we can start by accepting that without feeling guilty. The next step is to recognize that we're going to have to struggle with a willingness to be flexible and learn from each other. I think that the changes in attitudes and values related to AIDS and growing bonds between us can be groundwork on which we learn to work together.

For the last two years we have had workshops in our AGLP educational day on men and women working together. It sounds simplistic, but I think one of the benefits of these workshops is that we actually get to know each other. That's where we have to start - it gets more complicated after that!

In the last workshop we talked together in small groups of men and women with the task of listing the benefits and barriers to men and women working together in AGLP and the suggested actions for the AGLP Executive Committee to begin to implement. The following are what we came up with:

Benefits:

- 1) We can raise the consciousness of men and women about the other gender.
- 2) We will learn to see our commonalities.

- 3) We can have more of a balance in our lives rather than excluding experience of the other gender.

June 10, 1989

John McGrath, M.D.
APA Delegate to AMA House

Barriers:

- 1) Women perceived the men as sexist and uninterested in women's issues.
- 2) Lesbians are separatists or at least perceived to be.
- 3) There are so many more men than women in AGLP. Women lack an adequate "critical mass" in membership.
- 4) We don't know each other's issues.
- 5) Women represent and are affected by at least a "double minority" status. Some are "triple minority."
- 6) Men and women have unequal "boundaries" about being out.
- 7) There is a perceived conflict between the importance of AIDS what might be "women's issues."
- 8) Women see gay men as "frivolous" and men see lesbians as "too serious."

Dear Dr. McGrath:

It has come to my attention that a resolution of importance to the civil rights of gay and lesbian colleagues will be under consideration at the upcoming AMA House of Delegates meeting in Chicago. Resolution #12 which will be reviewed by Reference Committee C proposes that the AMA urge the LCME and ACME to include in their standards a proscription against discrimination on the basis of sexual orientation.

I am sure that you know that the APA Position Statement on Homosexuality and civil rights (passed in 1973) states that the APA supports actions to safeguard and promote the civil rights of homosexuals in all areas of life including education and employment.

I am writing to urge you to support this resolution should it come to vote in any forum of which you are a part. It is an important step toward destigmatization of gay men and lesbians in our medical profession.

Peggy Hanley-Hackenbruck, M.D.
President, AGLP

Actions: Men and women in the group need ways to:

- 1) form friendships with each other;
- 2) work together on issues important to all women (e.g., abortion), to lesbians and to gay men; to network about these issues;
- 3) plan formal social events and other activities regularly scheduled which integrate men and women in which the women are not too outnumbered;
- 4) provide structures in which men and women can be comfortable together (small groups);
- 5) develop an educational program on this issue;

As you can see, the barriers outnumbered the benefits, but I think that those who participated felt that progress was made at least in beginning the dialogue. Clearly we are in early stages and we need to work together to address the issues and develop strategies.

I think that the only way we can really address these currents is by becoming more of a participatory organization. By that I mean both that more members become actively involved and that the organization address the needs of the *diversity* of our membership.

I urge you to become actively involved in our organization. A good way to begin is by coming to the Fall Business/Planning Meeting where we will be addressing the activities and priorities of the coming year.

August 2, 1989

Peggy Hanley-Hackenbruck, M.D.
President, AGLP

Dear Dr. Hanley-Hackenbruck:

Thank you for your letter of June 10 requesting support from the AMA Section Council on Psychiatry for Resolution 12 in the AMA House of Delegates. The Section Council did support this resolution both in Reference Committee C and I spoke on behalf of it in the House.

I am pleased to inform you that Resolution 12 was overwhelmingly adopted. I appreciate your letter and assure you that the Section Council is always anxious for input from APA members.

John J. McGrath, M.D.
Chair and Delegate to AMA House

Women in AGLP Cheryl Clark, M.D.

The women met in San Francisco and had several activities specifically for the women psychiatrists. On Saturday night a dinner was arranged by Carol Cohen at a local restaurant. 30 - 40 women attended. On Sunday before the opening reception there was a pre-reception gathering for the lesbian psychiatrists and others to meet and go together to the reception. On Monday night Drs. Gartrell and Mosbacher hosted an AGLP function at their home where 40 to 50 women had a wonderful time. Beside these events there were several discussion groups and workshops held in the AGLP Hospitality Suite specifically addressing lesbian issues that were well attended. On Wednesday, a final wrap up meeting was held in the Hospitality Suite with our president, Dr. Peggy Hanley-Hackenbruck. This meeting addressed planning for next year and changes in the schedule which would tend to involve more women in AGLP. Questions and comments included: 1) most women would prefer a dinner together in which the whole restaurant or a specific space was reserved instead of part of the restaurant to insure some privacy, 2) separate events for women only were definitely appreciated by most but everyone agreed that more integrated involvement in AGLP is desirable as well, 3) for New York the women entertained the idea of a post-AGLP gathering just for women such as day trip, tour, party, etc. 4) any ideas for New York planning should be communicated to Peggy who will let the contact people in New York know about them.

Please do not forget the Fall Meeting in September in Washington, D.C. Everyone is welcome. Peggy would love to see more women getting involved during her presidency and at this meeting to plan for AGLP events in New York.

Members-In-Training

Nobbi Lampe, M.D.

My dear fellow residents: My name is Nobbi Lampe and I am the new resident representative to the AGLP Executive Committee. I began my third year of residency at the University of California at San Francisco in July. Since I do not have access to the confidential membership list, I would appreciate a quick line from any or all of you with your name, address, as well as any ideas you might have on how we can help each other.

During the APA convention that just took place in San Francisco, medical students and residents met to discuss common concerns and share support. In addition, we were able to meet many of our older colleagues who paved the way for an easier future. I hope that many of you will be able to make it to New York next year.

Please write to me at: 888 Waller St., Apt. 2, San Francisco, CA 94117 or call (415) 621-3864. *With best wishes, Nobbi.*

Student Liaison Report Lanette Atkins

Thanks to the members of AGLP, 13 students were able to attend the national meeting in San Francisco. Travel money contributed made it possible for some students to be there who would not have been able to make it otherwise. Housing was easy to arrange this year with the help of BAPHR. The meeting provides a great opportunity for networking among the students in addition to a chance to become involved in AGLP as students. Hopefully people who become involved as students will continue their involvement as physicians. It is also a great educational opportunity with topics discussed which are not covered in school.

We are still looking for someone to serve as student Liaison for the next two years. I am entering my senior year, so this will be my last year as Liaison. Keith will be out of the country most of this year, so I will be in need of someone to serve as Liaison with me. The liaisons attend the national meetings in the fall and spring. They also write reports for the newsletters and arrange student housing, travel funding, and student meetings for the annual meeting. It has been a very enjoyable experience for me. I would be glad to give anyone interested more information if they would contact me: **D. Lanette Atkins; 1203 Decoy Court; Mt. Pleasant, SC 29464; (803) 884-3791.**

Again, I would like to thank everyone who made contributions which allowed students to attend the annual meeting. I hope that we will be able to make significant contributions to the organization in the future.

ANNOUNCEMENTS

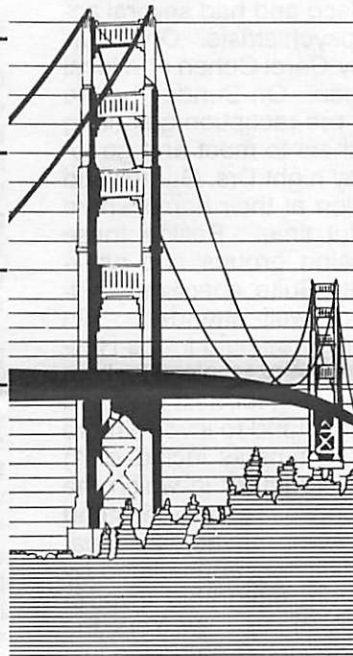
Congratulations to **Jim Slayton**, one of our medical student members, for his election as the national president of the American Medical Student Association. Mr. Slayton is a fourth year medical student at Stanford and will be based at AMSA's national headquarters in Washington, DC for the next year.

Columbia University Press announces the production of a book series entitled *Between Men ~ Between Women: Lesbian and Gay Studies* aimed at pathbreaking scholarship on lesbian and gay culture in the Humanities and Social Sciences. The series is edited by **Richard Mohr** who can be reached at Columbia University Press; 4562 West 113th Street; New York, NY 10025 or call **Louise Waller**, Executive Editor, Columbia University Press at (212) 316-7121,

Lambda Legal Defense and Education Fund, Inc. announced two successful legal fights for gay and lesbian rights. It won the preliminary round in a suit that charged the U.S. Naval Academy with unconstitutional discrimination which it forced a highly commended midshipman to resign solely because he was gay. The Federal District Court ruled that it had jurisdiction over the Navy and could decide on the constitutional issues. It also won a suit against Big Brothers in Washington, DC barring exclusions of volunteers based solely on their sexual orientation. The decision was based on the Washington, DC Human Rights Law prohibiting such discrimination.

Snapshots of the Annual Meeting in San Francisco

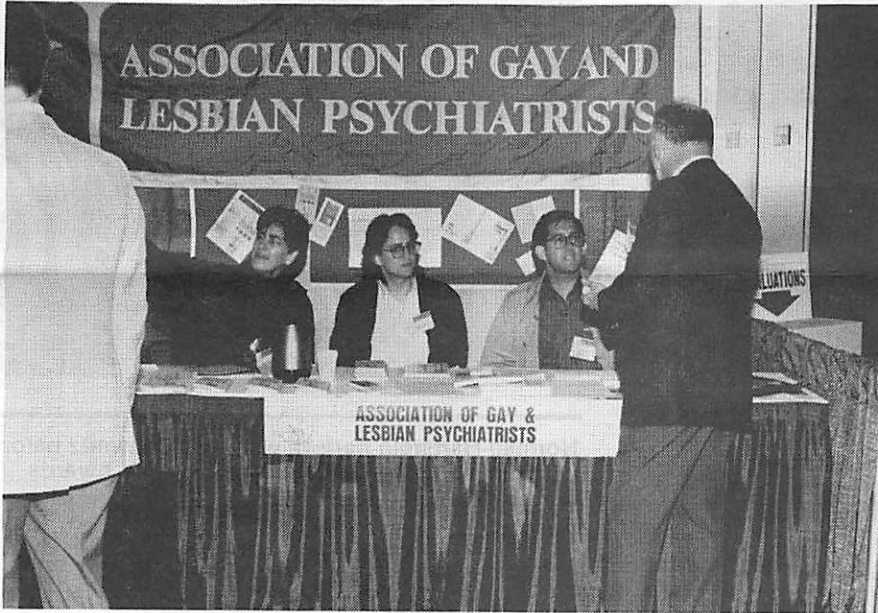
(Photos by Pete Garcia & David Scasta)



A completely unposed and unrehearsed shot of the Executive Board (From the left: Phil Cushman, Steve Atkinson, Larry Prater, David Scasta, Norman Hartstein, and Peggy Hanley-Hackenbruck).



Medical students meet in the H



The booth at the entrance to the Moscone Center.



hospitality Suite

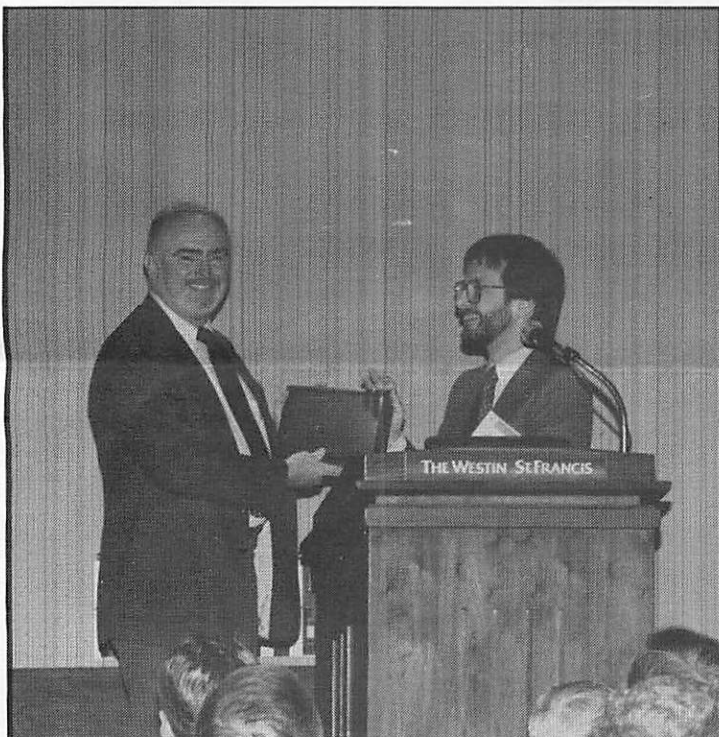


Jim Krajeski makes his rounds at the Awards Luncheon.

Peggy Hanley-Hackenbruck confers with some of the women at the Opening Reception



Norman Hartstein parleys with Bob Schwartz before presenting the Distinguished Service Awards



Norman Hartstin presents the Distinguished Service Award to one of the recipients, Stu Nichols.

APPLICATION FORM

**Caucus of Homosexual-Identified Psychiatrists
American Psychiatric Association**

(CHIP is the official APA minority caucus for gay and lesbian psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

* APA Membership Status: _____

Please enroll me in the Caucus of Homosexual-Identified Psychiatrists.

Signed: _____ Date: _____

Send this form to: **Carol Lehmann; APA Membership Services; 1400 K Street, N.W.; Washington, DC 20005.**

* Member-In-Training, General Member, Fellow, Life Member, Life Fellow

MINUTES OF THE ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS San Francisco, CA

Monday, 8 May 1989, 5:30 PM (Westin St. Francis Hotel)

The meeting was called to order at 5:35 PM by President Norman Hartstein with Executive Committee members Stephen Atkinson, M.D., Robert Cabaj, M.D., Phillip Cushman, M.D., Peggy HanleyHackenbruck, M.D., Larry Prater, M.D. and David Scasta, M.D. all in attendance.

President Hartstein made introductory welcoming remarks. He then requested that budgetary matters be taken up with the Executive Committee and not brought up for a vote at General Meetings. Members of the Executive Committee were introduced to those attending.

ACCEPTANCE OF MINUTES Minutes of the 1988 Spring General Meeting were printed in the AGLP Newsletter. No corrections were forthcoming and it was moved, seconded, and approved "that the Minutes be accepted as printed in the AGLP Newsletter."

The President thanked the many individuals who have helped him during his tenure. He then read from a letter written by David Kessler, M.D. to the Caucus of Gay, Lesbian, and Bisexual Members of the APA in 1980 listing suggested priorities of the Caucus. The list included 1) increasing membership including women and other double minorities, 2) facilitating the coming out and going public of Caucus members, 3) organizing a national mental health referral service, 4) achieving official APA Minority Status, 5) applying for tax-exempt status, 6) working for the elimination of the Homosexuality diagnosis from DSM-IV, and 7) producing a Caucus Newsletter. The suggested priorities have been reached in great part!

TREASURER'S REPORT Treasurer Larry Prater, M.D. was introduced to report on the Budget and the Tax-exempt status application. Dr. Prater announced that AGLP now has official 501(c)(3) status but this requires some minor rewording of the By-Laws to comply with IRS regulations. Donations to AGLP will now be officially tax deductible retroactive to 31 August 1988. A financial statement was passed out to the membership.

FUTURE MEETING PLANNING President Hartstein announced that the opening reception cost more than budgeted. This necessitates careful planning for the 12-17 May 1990 New York meeting. Should we try to have the Reception outside the Convention Hotels in New York? (Meatballs for the Reception at the Westin St. Francis ran \$2.50 each!) If we are to find a more reasonable solution in New York we need someone designated now to do the leg work. President Hartstein suggested we might consider using gay-lesbian catering in the process.

The Fall Executive Committee Meeting will be held in Washington, D.C. on Saturday 16 September. All members are welcome and encouraged to attend. September 5, 1989 is the deadline for all program proposals for the 1990 Annual Meeting except for Component presentations. Consequently we need to make plans before leaving this meeting and going away for the summer. Theme for the 1990 Annual Meeting is "The Research Alliance--Road to Clinical Excellence."

MEMBERSHIP AND NEWSLETTER REPORT David Scasta, M.D. reported that we likely will not reach 1000 members by our 1990 deadline. Currently we have 308 members and he expects us to reach 350 by the end of 1989. Resident and medical student memberships have increased and that is deemed a good sign for the future. Dr. Scasta thanked those who have donated money for medical student travel to the San Francisco meeting. Work is underway on the non-confidential directory and on the referral list. Members can also call Dr. Cushman's office for referral information. Currently there are 110 members willing to be listed in a directory available to members only. Seventy-seven psychiatrists have agreed to be on a less confidential referral listing. Roughly 70% of the 1989 dues are already in and this is much better than last year. Of the 308 members, 196 are "Full Members," 56 are Residents, 43 are Medical Students, 13 are "Associate Members," 30 receive only the Newsletter and 29 are exempt.

President Hartstein announced that Cheryl Clark, M.D. had been drafted to Chair the AGLP Women's Committee and will keep our membership informed about women's issues. There are also resident and medical student representatives to the Executive Committee who perform the same function for their groups. We very badly need an Assistant Newsletter Editor to write articles for the Newsletter; there is simply too much for the Editor to keep up with by himself. People are needed to prepare "Press Release" type articles to be mailed in word processor format to Dr. Scasta on floppy disk. This will save Dr. Scasta a great deal of time since he will not have to create the article from scratch. Dr. Scasta deserves much thanks for his work.

NOMINATION OF OFFICERS The President announced the slate of officers recommended by the Executive Committee. The office of President-Elect was filled last year with the election of Peggy HanleyHackenbruck. She will take office for two years after conclusion of elections on Tuesday. Margie Sved, M.D. has been nominated for Vice-President, Larry Prater, M.D. has agreed to continue as Treasurer, Phillip Cushman, M.D. has agreed to continue as Secretary for one more year with the understanding that someone else will be preparing to take the office next year and David Scasta, M.D. has agreed to continue as Newsletter Editor but needs assistance. There were no further nominations from the floor.

CHIP REPORT The report from the Caucus of Homosexually Identified Psychiatrists was postponed until the Tuesday General Meeting since CHIP Assembly Representative James Krajcski, M.D. had left for the APA Fellowship meeting. President Hartstein described the differences between CHIP and AGLP and urged that AGLP members join CHIP and attend the CHIP meeting. He further described the benefit derived from APA President Fink and President-Elect Pardes at last fall's meeting seeing AGLP gay and lesbian membership being from all over the country and not concentrated in only a few urban locations.

MEMBERS-IN-TRAINING REPORT Anthony Marino, M.D. reported that most members-in-training are satisfied with their programs. He noted that there will be a report upcoming in the Newsletter.

MEDICAL STUDENT REPORT Student Keith Courtney thanked the members for contributing money for medical student travel to the AGLP and APA Annual Meetings. Thirteen students were able to attend as a result of these funds. He went on to describe some of the activities being undertaken by the gay and lesbian medical students such as starting peer groups to help gay/lesbian students who are trying to "come out." He also discussed student concerns on how to go about getting into Residency programs. Keith will graduate in June and student Lanette Atkins will continue as representative.

PRESIDENTIAL THANKS President Hartstein thanked Chris Carmichael and Gerard Garcia for their hard work on behalf of the Significant Others in planning activities for this meeting. He also thanked those San Francisco members who helped prepare for this meeting. A planning meeting in late February at the home of James Paulsen, M.D. accomplished a good deal. The work of Donald Tusel, M.D., James Krajcski, M.D. and James Paulsen, M.D. was particularly helpful. Local psychiatrist Kenneth Everts, M.D. has volunteered the penthouse party room at his condominium for the AGLP Farewell Party to be held from 7-9 PM Wednesday 10 May 1989. The membership gave a loud round of applause for those mentioned above as well as the many others who have helped in organizing this meeting. President Hartstein went on to praise the AGLP Saturday Educational Conference and he praised the work of Dr. Peggy Hanley-Hackenbruck in particular. Carol Cohen, M.D., Terry Stein, M.D., Chris Carmichael, Ph.D., and Cary Farrell who also were on the Panel were individually thanked as well. AGLP members who are also parents were invited to continue the discussion started at the Saturday conference in the Hospitality Suite.

COMMITTEE ON GAY, LESBIAN, AND BISEXUAL ISSUES REPORT Terry Stein, M.D. will take over as Chairperson of the APA Committee following the completion of Dr. Krajcski's term. He described a full agenda for the Committee. The Questionnaire for Directors of Residency Training Programs which AGLP has supported was sent back to AGLP. This next January AGLP has been invited to present a workshop at the Directors of Residency Training Programs meeting in New Orleans. Consequently, our suggested model Curriculum will be reviewed and revised over the summer to meet the APA format and members are urged to contact Dr. Stein with any suggested changes. The Committee has also established liaisons with the Educational Components of the APA. Dr. Stein has agreed to serve as liaison to the Graduate Education Committee and Margie Sved, M.D. has agreed to serve as liaison to the Medical Student Education Committee. They hope to achieve an alliance with the Residency and Medical Student Training Directors to push the curriculum and to address the issue of discrimination against gay men and lesbians within residency programs and medical schools, both for faculty and students. The response has been gratifying. The Committee discussed a communication from Richard Isay, M.D. to the American Psychoanalytic Association requesting the Psychoanalytic Association to explicitly state a nondiscrimination policy with respect to homosexuality. Thus far the response has been unsatisfactory. Peggy Hanley-Hackenbruck, M.D. will write representing AGLP to try to get a written response from the American Psychoanalytic Association about their apparent policy of discrimination. DSM-IV was discussed briefly. The general approach of the Committee will probably be not to introduce any new diagnoses related to homosexuality. Military recruitment is still taking place in the exhibit area apparently due to prior contractual obligations. The Committee still would like to press for implementation of the APA policy of nondiscrimination applying it to the military and to the various analytic associations etc. as well. The Committee also plans to work to enable openly gay and lesbian residents to successfully apply for NIMH and Burrough-Wellcome Fellowships. Dr. Stein concluded with a reminder that James Krajcski, M.D. has just completed six years as Chairperson of the Committee and deserves considerable praise for his outstanding job. Dr. HanleyHackenbruck has also done an excellent job and is completing her tenure on the Committee as well. She may be willing to continue in the capacity of Consultant. The membership gave both Dr. Krajcski and Dr. Hanley-Hackenbruck a resounding round of applause in appreciation.

AIDS RELATED SUBJECTS President Hartstein commented on the fine work being done by Carol Svoboda and the APA AIDS Project and reminded the membership that there would be an intensive AIDS Program at the Meridian Hotel on Wednesday and Thursday. He also announced the meeting in the Hospitality Suite for AGLP psychiatrists who are HIV POSITIVE and he expressed the hope that they can meet again later in the week to support each other. Finally President Hartstein made some comments on the stigma associated with HIV illness.

REPORT FROM AIDS TASK FORCE/COMMISSION Stuart Nichols, M.D. reported that NIMH has decided not to continue funding projects and this may affect the APA AIDS Project. Perhaps private funding will be possible if NIMH funding ceases. The APA AIDS Project has developed a "Primer" on AIDS which NIMH will not permit to be distributed outside of the Project training program but alternatives are being examined. Dr. Nichols suggested that if members are turned down after proposing a program dealing with AIDS for the 1990 APA Annual Meeting, they should contact him since the Commission might be able to use it.

The AIDS Commission is only the second Commission in the APA. Although this represents a degree of success in getting AIDS approached at this level, it also means a greater bureaucracy. AIDS has lost some of its more passionate voices in the transition to Commission and Dr. Nichols hopes to find some way of regaining some of these people, perhaps as "Consultants." He wants to work within the APA to get the APA "as a whole" involved in AIDS.

BY-LAWS CHANGES READ In order to comply fully with IRS regulations governing 501(c)(3) tax-exempt organizations, AGLP must make some minor changes in our By-Laws. These proposed changes must be read at this meeting and voted at the next AGLP meeting scheduled tomorrow.

Proposed Amendments of By-Laws

(Proposed Addition. Additional wording to follow current Article II)

Article II. Object

This organization is organized exclusively for educational purposes within the meaning of section 501(c)(3) of the Internal Revenue Code.

Notwithstanding any other provision of these articles, the corporation shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code of 1986 (or corresponding provision of any future United States Internal Revenue law) or (b) by a corporation contributions to which are deductible under section 170(c)(2) of the Internal Revenue Code of 1986 (or corresponding provision of any future United States Internal Revenue law).

Article X. Distribution of assets on dissolution

(Proposed Revision. This wording will replace the current Article X.)

Upon the winding up and dissolution of this corporation, after paying or adequately providing for the debts and obligations of the corporation, the remaining assets shall be distributed to a nonprofit fund, foundation, or corporation which is organized and operated exclusively for charitable, educational, religious and/or scientific purposes and which has established its tax-exempt status under section 501(c)(3) of the Internal Revenue Code. The nonprofit organization shall be determined by the Executive Committee and shall have goals consistent with the object of the Society.

FINAL ANNOUNCEMENTS President Hartstein reminded members that AGLP has a booth in the entry lobby of the Moscone Convention Center. He thanked APA Meetings Management for their cooperation in making the booth possible. Members are invited to stop by the booth. Members are also needed to staff the booth.

Several coming meetings of interest were mentioned including the American Association of Physicians for Human Rights (AAPHR) Board Meeting in conjunction with the Lesbian Physicians Meeting at Pacific Grove in May and the AAPHR Reception to be held at the International AIDS Conference scheduled for Montreal in June.

The Second Conference on Ending Heterosexism and Homophobia was also announced.

Bob Cabaj, M.D. announced that CHIP with the other Underrepresented Groups within the APA would be sponsoring a program on Prejudice on Tuesday afternoon.

Following announcements the meeting adjourned at 7 PM.

Tuesday, 9 May 1989, 5:30 PM (Westin St. Francis Hotel)

The meeting was called to order at 5:35 PM by President Norman Hartstein with Executive Committee members Stephen Atkinson, M.D., Robert Cabaj, M.D., Phillip Cushman, M.D., Peggy Hanley-Hackenbruck, M.D., Larry Prater, M.D. and David Scasta, M.D. all in attendance.

President Hartstein announced the Election of Officers for the 1989-90 year. The slate offered by the Executive Committee and read at the previous meeting was read again. Nominations from the floor were not forthcoming and there being no further nominations it was moved, seconded, and approved "That the full slate recommended by the Executive Committee be approved by acclamation." Officers Elected:

- Vice-President.....Margie Sved, M.D.
- Treasurer.....Larry Prater, M.D.
- Secretary.....Phillip Cushman, M.D.
- Newsletter Editor.....David Scasta, M.D.

To strong applause President Hartstein then turned the meeting over to Peggy Hanley-Hackenbruck, M.D. who had been elected at last year's meeting to become President this year. President Hanley-Hackenbruck thanked Dr. Hartstein for his past two years of leadership and she commented on his sensitivity to women and minority issues. Numerous additional examples of his efforts in support of women and on behalf of AGLP were described and the membership joined the President in giving Dr. Hartstein a loud round of applause in appreciation for his dedicated work.

President Hanley-Hackenbruck proudly acknowledged those members and friends of AGLP who became Fellows of the APA during this Annual Meeting: Roger Kobes, M.D., James Krajewski, M.D., and David Ostrow, M.D.

SIGNIFICANT OTHERS GROUP Chris Carmichael, Ph.D. reported that the discussion group had an attendance of about 20 significant others. In addition to the discussion, the group members took a boat excursion to Sausalito for a social outing. Gerard Garcia was thanked for his tremendous help in setting up the excursion.

CAUCUS OF HOMOSEXUALLY IDENTIFIED PSYCHIATRISTS James Krajewski, M.D. reported as CHIP's Representative to the APA Assembly on some of the current issues in the Assembly. There had been some ongoing debate as to whether the minority groups should be made permanent rather than continuing the every three year reevaluations. The Assembly has now taken action making the current minority groups permanent and efforts are now ongoing to pull the several minority groups together.

The APA is also overseeing development of curricula for residency training programs.

The Minority Groups are seeking representation on the Board of Trustees. This is a long term goal and no immediate action is anticipated.

CHIP is pursuing the issue of discrimination against gay men and lesbians by the Military and by other Exhibitors at the Annual Meeting. The Board of Trustees has issued a statement that those who discriminate cannot exhibit but that policy has not been successfully implemented. CHIP is looking for some process to make the antidiscrimination rule work.

CHIP is also continuing to look for ways to raise APA consciousness regarding sodomy laws that exist in some states in which APA may hold meetings.

WOMENS' ISSUES Cheryl Clark, M.D. reported that women have had two major get-togethers during this meeting. A dinner for lesbian psychiatrists was held on Saturday evening. Nanette Gartrell, M.D. and Dee Mosbacher, M.D., Ph.D. held a reception for women jointly sponsored by AGLP and AAPHR. There will be an additional meeting for women to plan for the New York Annual Meeting.

AMENDMENT OF AGLP BY-LAWS The By-Laws must be amended to comply with Internal Revenue requirements for tax-exempt 501(c)(3) organizations. The suggested amendments were read at the last meeting on 8 May 1989 and were read again at the present meeting. Following a second reading of the recommended revisions, it was moved, seconded, and approved that "the By-Laws be amended as read."

Accepted Amendments of By-Laws

(Accepted Addition. Additional wording to follow current Article II)

Article II. Object

This organization is organized exclusively for educational purposes within the meaning of section 501(c)(3) of the Internal Revenue Code.

Notwithstanding any other provision of these articles, the corporation shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code of 1986 (or corresponding provision of any future United States Internal Revenue law) or (b) by a corporation contributions to which are deductible under section 170(c)(2) of the Internal Revenue Code of 1986 (or corresponding provision of any future United States Internal Revenue law).

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MEETING ANNOUNCEMENTS Several Meetings scheduled for the coming months were mentioned once again as a reminder to the membership.

REPORT ON JOURNAL OF GAY AND LESBIAN PSYCHOTHERAPY David Scasta, M.D. reported that the second issue of the Journal has been published. Really good quality articles are still badly needed. The Journal has been gratifyingly popular at the AGLP Booth at the Moscone Center with the forty available copies taken quickly. Dr. Scasta urged AGLP to consider the value of JGLP to our own organization since we will have to consider whether to continue budgeting for inclusion of the Journal with AGLP membership.

AWARDS LUNCHEON Treasurer Larry Prater, M.D. reminded members of the AGLP Awards Luncheon scheduled for 10 May 1989 at 12:15 PM. The Luncheon will honor the past presidents of AGLP.

MISCELLANEOUS David Ostrow, M.D., Director of the Midwest AIDS Biobehavioral Research Center, requested information on cases of discrimination against medical students and residents with HIV. He may be contacted at MABRC, University of Michigan, Institute for Social Research, P.O. Box 1248, Ann Arbor, MI 48106.

Robert Kantzner, M.D. announced a post-doctoral fellowship at the HIV Center at Columbia that members might consider seeking.

PLANNING FOR NEW YORK Gerald Dobbs, M.D. has agreed to help with local arrangements. We need to make sure the AGLP Opening Reception and Farewell Party are both affordable and accessible. Dr. Dobbs will consider both factors. Amy Hoffman, M.D. and Ann Campbell, M.D. have volunteered to help coordinate for the women. President Hanley-Hackenbruck feels that there has been too little coordination of member's submissions for the APA scientific program and she will take on the job of coordinator. She requests that members prepare more papers around the Research theme of next year's meeting. Members who have an idea which they would like to pursue should contact President Hanley-Hackenbruck. Members submitting to the APA should also send a copy of their submission form to her. Bob Cabaj, M.D. would like to do a Symposium with David McWhirter, M.D., Richard Pillard, M.D. and others continuing the "New Thinking on Homosexuality, Part II" theme used in an earlier workshop. He is also interested in doing an Ethics Workshop perhaps blending in the aspect of homophobia. Bertram Schaffner, M.D. noted that the American Academy of Psychoanalysis is very receptive to papers on homosexuality and their deadline is not so early as the 5 September deadline of the APA. Contact Dr. Schaffner if interested for more details. Terry Stein, M.D. is interested in a Symposium on Educational Matters and Curricula. David Ostrow, M.D. will probably present the HIV Course again. He is also interested in information on HIV and suicide.

PRESIDENTIAL REMARKS President Hanley-Hackenbruck sees AGLP as having radical roots and has appreciated that aspect. She sees AIDS as having similar characteristics. Like no other professional organization which she can think of, the epidemic has required us to work together and to unite around issues of life and death. We have recognized the preciousness of life and we have seen more clearly perhaps than others that we are "just plain people". It has helped us to deal with our patients and with our colleagues. It will help us set priorities and it will help us clarify what we really value. It has already helped us take stock of how we interact with each other and why. All of that leads President Hanley-Hackenbruck into women's and minorities' participation in AGLP. To make changes in AGLP to include women and minorities we will have to look at some really difficult attitudes and feelings on all sides. We do look at, experience, and value things differently. To ask the male majority to open themselves up to including the women who really act and think and feel in different ways is asking the men to "stretch" a lot. Both men and women will really have to look at themselves and to examine their sexism. Women will have to "stretch" and look at their feelings and attitudes as well. It will not be easy to make women feel welcome in AGLP and it will not be easy to make men feel that they want to welcome women into the group. We can be patient with each other, be open with each other and be willing to talk. The fact of AIDS and the fact that so many of us are thinking about those basic issues and about the importance of relationships will make the struggle easier. To make changes we will have to make more connections with each other. The President really values the connections she has made with the men in AGLP over the years. We all need the "personal" connections. She sees a "relative lack of erotic connection" as making it more difficult for lesbians and gay men to work together but knowing each other and caring for each other will make it more fun and that is a direction she will pursue. Once we have the connections we can look at new things we want to do and new directions that we may want to take with the input of other minorities, significant others etc. The President is calling for a major change in gear but she realizes that that may be very difficult to bring about and she may not try to change gears as rapidly as she might otherwise like. President Hanley-Hackenbruck thinks it is going to be very exciting and a lot of fun to make some changes and she thanked the membership for giving her the opportunity. Loud and prolonged applause followed her remarks.

REPORTS FROM OUR VARIOUS REGIONS Bob Cabaj, M.D. suggested that the remaining time be spent in hearing members from around the country on what is going on in their areas. (Acoustics were very poor and much of what was said by audience members was inaudible on the tape but an abbreviated report follows).

New York City: Stuart Nichols, M.D. offered to ask the various interested parties to form a Committee to organize next year's Annual Meeting. Stephen Atkinson, M.D. offered the guide which he prepared while working on the Montreal meeting. GPNY has been busy. There have been both educational and social meetings.

Washington, DC: There is an effort to increase Black membership and to broaden the DC organization. Although the group disbanded, a lot of gay psychiatrists continue to interact. Jeff Akman, M.D. has just become President-elect of the local medical society as well as of the local psychiatric society. (Congratulations! and applause from President Hanley-Hackenbruck and the membership).

Los Angeles: Some of the psychiatrists met last summer but there are no plans to meet again. The Southern California Psychiatric Society has an AIDS Committee which is trying to liaison with other Committees such as Impaired Physicians. Boston: The large group folded; the women's group seems to be doing well. The gay and lesbian mental health center folded but Fenway is going to take on the gay and lesbian program. Cambridge Hospital has developed an integrated AIDS program between psychiatry and internal medicine.

Denver: There are 60 members on the Denver mailing list. Several members have given presentations.

East Lansing: A group at Michigan State University is meeting to discuss setting up a Gay and Lesbian Studies Center.

Houston, TX: John O'Donnell, M.D. is working within the Texas District Branch on means of mandating AIDS education among membership.

Durham, N.C.: Margie Sved, M.D. asked members to support women's right to abortions. The Durham area has about 60 gay/lesbian physicians and medical students on mailing list. Toronto, ON: Canada is changing in religious acceptance of openly gay and lesbian ministers ordinations. Psychiatry residents are leading a rejuvenation of the local health care network.

Atlanta, GA: Although no psychiatric group exists per se, a number of gay psychiatrists are active in the Georgia PHR-type organization.

Philadelphia, PA: John Fryer, M.D. was a deputy to the Episcopal Convention which is working toward greater acceptance of gays and lesbians.

Omaha, NE: Jack Wisman, M.D. reports that Omaha is a "closet town."

St. Louis, MO: Alice Kitchens, M.D. reports no openly gay psychiatrist or physician groups but she is Medical Director of a gay and lesbian mental health organization in St. Louis. Education is the Institute's first objective.

No further business was raised and the meeting was adjourned at 7 PM.

Respectfully submitted: Phillip W. Cushman, M.D.; Secretary, AGLP

AGLP 1989 MEMBERSHIP FORM

Check one:

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<input type="checkbox"/> Newsletter only	\$10.00	

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Please complete the following information. Enclose this form (with your check made out to "AGLP") and mail to: AGLP; 1439 Pineville Road; New Hope, PA 18938.

First Name _____ Preferred first (nick) name: _____

Middle Name _____ Last Name _____ Degree: _____

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City _____ State _____ ZIP _____ (- _____)

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Special mailing instructions (e.g., mark "Personal"): _____

Are you an APA Member? Approximate year you first joined AGLP: 19 ____

If you want to be listed in a **non-confidential AGLP Directory** distributed to members only, please initial: _____. **Leave blank if you do NOT want to be listed.**

If you want to be **non-confidentially listed as a source** to refer gay and lesbian patients for gay affirmative treatment, please initial: _____, briefly describe any specialty areas at the bottom of this sheet, and fill in office information below. **If you do NOT want to be listed, do NOT initial.**

OPTIONAL INFORMATION

Home Phone (____) _____ - _____ Office Phone (____) _____ - _____

Home Address Line one: _____

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City _____ State _____ Zip _____ (- _____)

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Age __ Gender _____ Referral specialty information (see above): _____