



ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

December, 1987

Volume XIII, Number 4

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WE WERE THERE!



Associated Press

Capitol Mall during the March on Washington for Lesbian and Gay Rights, October 11, 1987. Story and pictures on Pages 6-7.

Is This Your Last Newsletter?

If you have not paid dues or subscribed to the *Newsletter* in 1987, your name will be dropped from the *Newsletter* mailing list on December 31st. Dues for 1988 will be billed in January and February and will rise from \$50.00 to \$75.00 for associates (i.e., non-APA members or non-psychiatrists) and full members. Dues will be unchanged for residents (\$25.00), medical students (\$5.00), and *Newsletter* subscribers (\$10.00).

Full and associate members will receive a subscription to the *Journal of Gay and Lesbian Psychotherapy* free of charge (a \$24.00 value).

To continue to receive the *Newsletter* make sure your dues are up-to-date. The amount of dues which you owe is listed on the upper right hand column of your mailing label. If "0.00" is indicated, you do not owe any dues for 1987.

ASSOCIATION OF GAY & LESBIAN PSYCHIATRISTS

December, 1987

XIII(4), Page 2

EDITOR'S COLUMN David Scasta, M.D.

I apologize for being a month late with this issue of the *Newsletter*. I have been loaded down with getting the first issue of the *Journal of Gay and Lesbian Psychotherapy* to the printers. You will recognize a number of the authors in the *Journal* (i.e., Robert Cabaj, M.D., Peggy Hackenbruck, M.D., Gary Mihalik, M.D., Stu Nichols, M.D., Robert Schwartz, M.D., and Terry Stein, M.D.). They provide a good, general introduction to the field of psychotherapy with gay and lesbian patients in the first issue. The second issue will have a major subsection on psychotherapy and AIDS. One of the exciting aspects of producing the *Journal* is that every full AGLP member will receive the *Journal* as a benefit of membership. This benefit helps to offset some of the pain of a dues increase.

Since I began editing *JGLP*, I have been inundated with books sent by publishers hoping for a review in the *Journal*. I cannot of course even read most of them, little alone review them. But I will take a short amount of space to plug a book which I have found very useful. Ronald Bayer recently completed an updated version of his book, *Homosexuality and American Psychiatry: The Politics of Diagnosis* (1987). It is a fascinating book that mentions many of the people we know through AGLP as it traces the development of psychiatric understanding of homosexuality. Although some who have read it do not agree with me, I found the book to be, on the whole, fairly well balanced in its approach. The updated version includes the effect of AIDS on thinking about homosexuality and describes AGLP's efforts to deleted the diagnosis of Ego Dystonic Homosexuality from *DSM-III-R*. The book is printed by Princeton Paperbacks. Maybe next month I'll review the book I received describing lesbian S&M fantasies. Maybe not.

Speaking of S&M, did you see the article about the March on Washington in the *Village Voice* on October 20, 1987. I quote:

The best piece of theater turned up in the paring of a huge S & M/Leather contingent with a large band of the Radical Faeries. Glorifying in their leathers, tribal inkings, fancy harness, and pierced nipples, such gay and lesbian sadomasochists as the Disciples of DeSade pounded the asphalt in

jackboots, followed by the "Radicals," whirling and skipping as the wind pulled at their camouflage skirts and long braided hair. (Perhaps it was also theater that these two groups were at no great distance from another whose services they're beyond needing: Gay and Lesbian Psychiatrists.)

I am almost afraid to say it (actually not, I love saying it), but the *Newsletter* is about to be upgraded again. Look for a more polished image beginning in 1988. The February issue will address questions to APA candidates as has been done in previous years. Don't vote until you have had a chance to peruse their answers. The issue will also give further information about the convention in Montreal. Look for it.

Membership continues to grow slowly. We now have over 350 people on the mailing list and over 300 members. The record of payment has been very good this year. Last year we dropped 170 people from the mailing list for not paying dues. This year only 69 are in danger of such treatment and I feel many of those will respond to final notices for dues before December 31st. I am particularly pleased to see that the percentage of new women members has risen in recent months.

I keep promising information about the Survey of Attitudes Towards Homosexuality. The survey of the general membership of the APA has been completed. I have not had time to analyze the data, but using the Intra-ocular Test (eyeballing the data), it appears that considerably less than ten per cent of psychiatrists responding to this survey admitted to any homosexual activity at anytime in their life. Interestingly, and disappointingly, almost all of the respondents were over 60 years old. Many of the views expressed in the survey were reminiscent of the 60's when most of the respondents were in the middle of their practicing years. I suspect that the retired psychiatrists with strong feelings about homosexuality were the only ones who had time and motivation to complete the survey, thus, biasing the data towards a more conservative heritage. Regardless, the survey emphasizes the need for education. (See Terry Stein's request for curriculum information.) Hopefully, sometime in the spring the data will be analyzed and ready for a full report.

The Newsletter of the
ASSOCIATION OF GAY AND LESBIAN
PSYCHIATRISTS

Editor
David Scasta, M.D.

Published quarterly and as needed from: 1721
Addison Street; Philadelphia, PA 19146.

Subscription cost: \$10.00 per year. Subscription requests should be sent to: 1110 N. Classen Blvd., #318; Oklahoma City, OK 73106-6808. Address changes should be sent to: 1721 Addison Street; Philadelphia, PA 19146.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrist, and do not imply sexual orientation.

Information for Authors

Persons wishing to submit articles for publication should send them to: Editor; *The Newsletter of AGLP*; 1721 Addison Street; Philadelphia, PA 19146. Submissions should be clearly readable and become the property of AGLP.

Submissions will not be returned unless requested and accompanied by a self addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

Officers of the Association of Gay and Lesbian Psychiatrists

President	Norman B. Hartstein, M.D.
Vice-President	Stephen R. Atkinson, M.D.
Secretary	Phillip W. Cushman, M.D.
Treasurer	Larry M. Prater, M.D.
Past President	Robert P. Cabaj, M.D.

PRESIDENT'S COLUMN

Last spring I proposed that we amend the by-laws of the Association of Gay and Lesbian Psychiatrists so that membership in the American Psychiatric Association would no longer be a prerequisite for full/voting membership. During the Fall meeting of AGLP, as we were surrounded by APA activities, I had an opportunity to think again about the relationship between the two organizations. While I am most appreciative of the support and cooperation of the APA and its staff, I still believe that it is appropriate for this association to be independent of the APA.

The requirement for membership in the American Psychiatric Association is a vestige from our predecessor, the Caucus of Gay, Lesbian, and Bisexual Members of the American Psychiatric Association. That caucus, as its name indicated, wished to clearly demonstrate the presence of lesbian, gay, and bisexual psychiatrists in the APA. That purpose is now served by the Caucus of Homosexual Identified Psychiatrists within the APA.

There are several reasons for removing membership in the American Psychiatric Association as a requirement for full participation in AGLP. First, there may be lesbian and gay psychiatrists--especially those who may be serving our community in low paying public service positions or those who are ill--who may be unable to pay the APA dues of over \$500.00 yearly. Second, there may be instances when a local district blocks or delays an application for membership because of issues of "moral character" which really were disguised objections to the applicant's sexual orientation. Especially in an era when some state legislatures and medical societies have considered excluding individuals who are HIV-positive or all homosexuals from medical practice, I am reluctant to give another organization control over who can be an AGLP member. Third, I respect the right of any lesbian or gay psychiatrist to withdraw from the APA should the APA policies violate their personal conscience, without having to jeopardize their membership in the Association of Gay and Lesbian Psychiatrists.

I am not advocating that we in AGLP reduce our participation in the American Psychiatric Association. On the contrary, I want us to be more active within the APA on both the national and local levels. We must work first to increase the number of APA members who join the Caucus of Homosexual Identified Psychiatrists. At present, there are only 83 members in CHIP in contrast to over 300 members in AGLP. I propose that we strive to increase the membership of CHIP to 150 by the annual meeting in May. If you are a member of the APA but are not as yet a member of CHIP, you can join by completing the enrollment form printed in this newsletter.

These are not times when social activism is encouraged in Washington, D.C. There are some within the APA who would abolish all of the minority or underrepresented groups. Unless CHIP continues to grow and the voices of individual lesbian and gay psychiatrists are heard at all levels within the APA, then AGLP as an organization will not have much influence in the APA.

APPLICATION FORM

Caucus of Homosexual-Identified Psychiatrists American Psychological Association

(CHIP is the official APA minority caucus for gay and lesbian psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

* APA Membership Status: _____

Please enroll me in the Caucus of Homosexual-Identified Psychiatrists.

Signed: _____ Date: _____

Send this form to: **Carol Lehmann; APA Membership Services; 1400 K Street, N.W.; Washington, DC 20005.**

* Member-In-Training, General Member, Fellow, Life Member, Life Fellow

For the past ten years a handful of gay and lesbian psychiatrists have been our voice within the American Psychiatric Association. Most of us have relied on Jim, Dave, Stu, Terry, Peggy, and Bob to write the letters and fight the battles for all of us. Let us not continue to expect our representatives within the APA to do it all. When we read articles in APA journals that merit a reply, we must generate many letters. When APA journals neglect to cover issues important to our community, then we must also write to voice our disapproval and offer to submit articles of merit. Whenever we write to an APA officer--even friends within CHIP or other committees--we should send copies to other persons within the APA hierarchy who we want to inform and to educate. Letters do make a difference.

The members of the Assembly of the APA represent local constituencies. If they have never heard from members of their local district branches that there are concerns regarding issues such as: the exclusion of gay and lesbian psychiatrists from the military, discrimination against lesbians or gays in residency training, AIDS-related discrimination, or the inappropriateness of holding APA meetings in locations that criminalize homosexual activities; then the delegates to the Assembly will be less inclined to be concerned about these issues. No matter how forceful and how eloquent the arguments of Jim Krajewski, Bob Cabaj, or Stu Nichols may be, members of the Assembly are less likely to support our concerns unless we as local constituents have also raised our voices. Let us make a difference.

NOTES

The Advocate published a two part article by Henry Jay Mach on the relationship between gays and psychotherapists. While the article provided much valuable information, it displayed an unfortunate anti-psychiatry bias. Mr. Mach neglected to interview any lesbian and gay psychiatrists. He also failed to acknowledge the role played by gay and lesbian psychiatrists working within the American Psychiatric Association that brought about the changes in the diagnostic status of homosexuality.

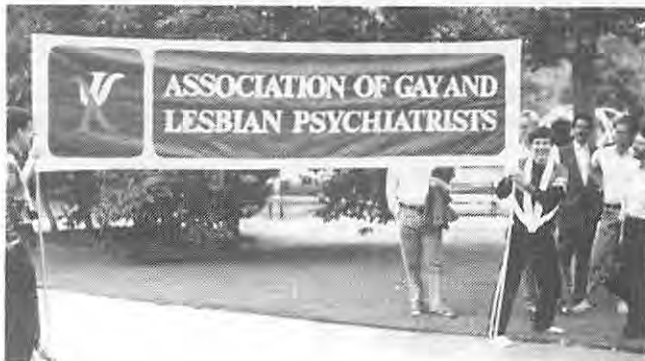
It was during the week between the publication of the first and second parts of Mr. Mach's article that a contingent representing AGLP participated in the March on Washington. Thanks to David Scasta, AGLP had a really spectacular banner and our presence was noticed by many. Even before the March began, as we were walking from Lafayette Park to the Ellipse, our prominent banner attracted considerable attention. At first, spectators seemed surprised that there was in fact an organization representing lesbian and gay psychiatrists. Then they responded uniformly with warm and appreciative applause. What a wonderful feeling to be there for the March!

I hope that all *Advocate* readers read Terry Stein's letter regarding Mr. Mach's article. It is clear that we have to educate even our own community.

PLANNING FOR MONTREAL

I have received word that a workshop, "Organizing AIDS Support Programs," submitted by Dan Hicks, M.D. has been accepted for presentation Monday, May 9, 1988; 11 AM - 12:30 PM. The course "New Perspectives on Psychotherapy with Lesbian and Gay Men", submitted by Bob Schwartz, M.D. has been accepted for presentation on Sunday, May 8, 1988.

If your proposals for the annual meeting have been accepted, please let David Scasta, M.D. know so that he might include it in the AGLP schedule and also reduce conflicts in planning AGLP events. If you had a proposal that was not accepted, please consider making a presentation in the AGLP Hospitality Suite. It would be most helpful if you would think about these matters now so we might prepare accurate schedules of events for the pre-convention newsletters.



NIX

Vice President's Column

Stephen Atkinson, M.D.

Plans for AGLP activities during the Annual Meeting, May 7-12 in Montreal, Quebec, Canada are already underway. We hope for a somewhat expanded AGLP program and many opportunities for members to meet each other and develop the friendships that some of us find the best part of the Association.

First, although we had hoped to be able to arrange independent hotel space with group rates for AGLP members, the APA has eaten up all the appropriate hotels. Therefore, and we urge you to make note of this so you can reply promptly when you receive your APA Housing Form. We are suggesting AGLP members try to stay at one of three hotels: the Delta Montreal, the Holiday Inn Downtown, or La Citadelle. Their rates are reasonable, their quality is high and they are directly next door to each other. If you put all of them as your three APA choices, you are virtually assured of getting one of them and of being close to your AGLP friends.

Second, the Fall Meeting Work Group of AGLP decided to institute an Educational Day just for gay and lesbian psychiatrists, separate from APA meeting days, to allow an easier schedule during those busy days. Saturday, May 7 at La Citadelle Hotel, 410 Sherbrooke St. West, Montreal in the Bordeaux-Beaujolais Rooms will be a series of clinical discussions such as we have had in previous years in the Hospitality Suite. The times and topics will be announced later, but plan to attend now. This does not mean that such discussions will not be help in the Suite as before, but gives us a chance for better and broader discussions and getting acquainted earlier.

Our Hospitality Suite will be in the Sheraton Centre, close to the center of APA Annual Meeting activities and therefore more accessible during the day. We expect to have it from Sunday to Thursday mornings with a similar schedule of activities there as in previous years.

Finally, Montreal is a dynamic, growing, beautiful, friendly and slightly exotic city by North American standards with a well-developed nightlife scene. It is safe and clean as you expect Canadian cities to be, and is relatively compact, making getting about cheap and simple. Join us!

A bientot,
Stephen Atkinson

Association of Lesbian and Gay Psychologists

Gregory Herek, Ph.D.

The Association of Lesbian and Gay Psychologists (ALGP) presented its third annual Humanitarian Awards to Kevin Berrill and Carol Burroughs at its annual banquet in New York on August 31. Dr. Gregory Herek, president of the national organization, noted that the award is presented every year to one or more individuals "who have worked to advance the struggles of lesbians and gay men in the United States.

"Through the Humanitarian Award, ALGP tries to honor individuals who have worked hard for the welfare of lesbians and gay men, often without much recognition," Herek said. "Both Kevin Berrill and Carol Burroughs have played significant roles behind the scenes during the past few years."

According to Dr. Herek, Mr. Berrill was nominated for the award "because of his excellent work" as director of the Violence Project of the National Gay and Lesbian Task Force. "Kevin has been a significant force in making legislators, government officials, and members of the general public aware of the problem of anti-gay and anti-lesbian violence in this country," commented Herek. "He has helped to document the incidence of homophobic violence at the national level, and has pushed people to respond to it."

Herek credited Berrill with "leading the charge" that resulted in last year's congressional hearings on anti-gay violence, and he praised Berrill's current involvement with efforts to include sexual orientation in federal "hate-crimes" legislation requiring special attention by the criminal justice system to crimes motivated by bigotry.

Ms. Burroughs, an attorney, staffs the Office of Women's Programs at the American Psychological Association in Washington, D.C. For the past three, she also worked for the American Psychological Association's Committee on Lesbian and Gay Concerns (CLGC).

"Carol has used her knowledge of the law and psychology to increase the American Psychological Association's effectiveness on lesbian and gay issues immeasurably," according to Herek. "She has tirelessly voiced the concerns of gay people to psychological practitioners and researchers."

Herek also cited Ms. Burrough's work in helping to shape American Psychological Association response to numerous public policy issues affecting lesbians and gay men, including the Washington, D.C. AIDS insurance law, federal and state challenges to sodomy laws, and legislative and judicial attacks on gay and lesbian parents and families. "In the last few years, the American Psychological Association has emerged as the leading professional organization to challenge homophobia," he said. "Carol Burroughs has played a key role in helping to mobilize the organization in this area."

According to Herek, this is the first year that ALGP has presented two Humanitarian Awards, and also the first year that the award has gone to a non-psychologist. In 1985, the first Humanitarian Award was presented to Dr. Evelyn Hooker, who conducted pioneering research to establish that gay people are no more likely than heterosexuals to suffer from psychopathology. In 1986, the award went to Dr. Arnold Kahn, who helped to establish the American Psychological Association's Committee on Lesbian and Gay Concerns.

The Association of Lesbian and Gay Psychologists was founded in 1973 as an independent national organization to address the concerns of lesbians and gay men as they relate to psychological research and practice. It now has more than 400 members.

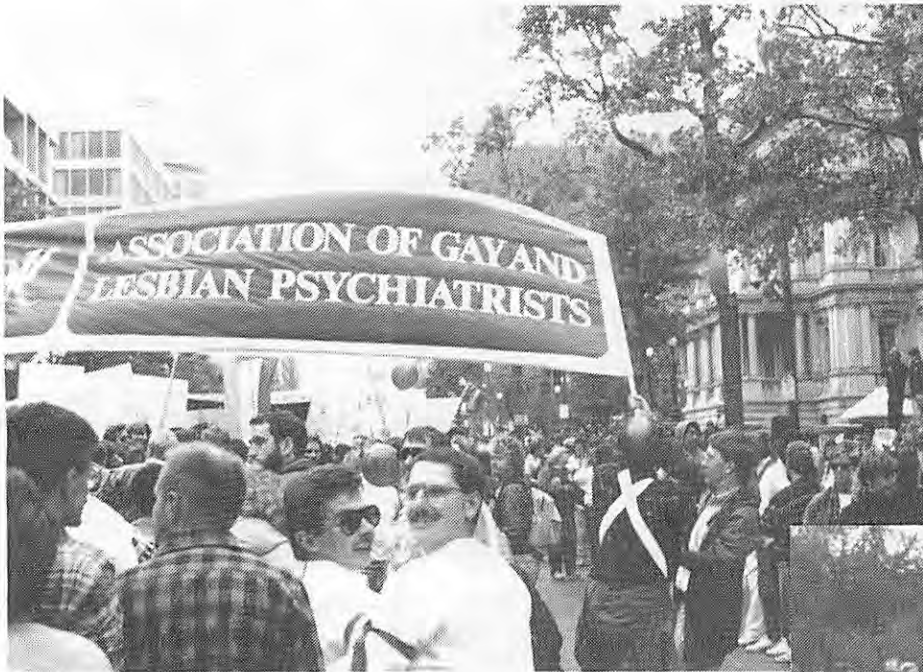
"Shrinking Interest,"

Editor's Note: The following is a Letter to the Editor by Terry Stein, M.D. printed in The Advocate November 10, 1987 on page 7.

Thank you for your article, "Shrink, Shrank, Shrunk" [Issue 483], which clarified many of the concerns that gay men and lesbians need to confront in approaching psychotherapy and other forms of treatment with mental health professionals, most of whom have been inadequately trained about homosexuality and who continue to have negative attitudes and approaches to working with gay people. You outlined the significant effort being made by the psychological profession to correct this situation, by doctors such as Alan Malyon, Greg Herek, Steve Morin, John Gonsiorek, and Don Clark.

I want to point out as well that the psychiatric profession has a growing and increasingly vocal minority - in addition to Dr. Richard Pillard, whom you quoted in the article - who are seeking to change outdated and frequently harmful approaches of psychiatrists working with gay persons. The Association of Gay and Lesbian Psychiatrists has been in existence for more than ten years now and has a membership of several hundred. Many of us have worked vigorously and consistently to eliminate any specific diagnostic reference to homosexuality in our manual of diagnoses. We are currently extending our efforts to include systematic attempts to alter educational approaches to homosexuality in psychiatry training programs, to challenge discriminatory recruitment and hiring practices within psychiatry, and to eliminate any further international diagnostic references to homosexuality. Along with our colleagues in other mental health professions, an increasing number of us in psychiatry look forward to a time when gay people can seek help with fear of being further harmed by the ignorance or prejudice of the "care giver."

Terry S. Stein MD
Professor of Psychiatry
Michigan State University
East Lansing, Mich.



OSTRO



Viewing the Great Quilt memorializing victims of AIDS

NIX



Pennsylvania Avenue on the way to the Capitol



Staging Area at the White House Ellipse

MARCH ON WASHINGTON

David Scasta, M.D.

There is no way to describe what a spine tingling thrill it was to march behind the banner of AGLP onto the Capitol Mall filled with hundreds of thousands of gay men and women. Although the park police estimated the crowd at 200,000, it was clearly an underestimate. I was in Washington during the NOW march a year earlier. The Mall totally swallowed the estimated 80,000 marchers. With this march, however, the Mall was packed. March organizers estimated that over 500,000 people participated. CBS Radio reportedly estimated over 800,000. AGLP stood in line for three and a half hours before a position could be found in the line. We were joined by the Association of Lesbian and Gay Psychologists, the National Association of Social Workers, and the American Association of Physicians for Human Rights. Our numbers waxed and waned throughout the day as people left to visit friends in other groups. Many AGLP members marched with their city delegations and other local gay groups. Despite the dispersion, we had about 25 people under the banner. Several more split the distance between AGLP and AAPHRA since they belonged to both groups.

We arrived on the Mall in the late afternoon and quickly became tired of standing around. About 5:00, I resolved to leave and was on my way out when I saw the Philadelphia contingent swing onto the Mall. I decided to wait to cheer my home town on. I cheered...and cheered...and cheered and finally stopped but still they kept coming. Hundreds of yards of people waving pink flags with liberty bells on them. It took forever for the 3000 people to pass. I am sorry that I missed the sight of Los Angeles, with a delegation of over 30,000 people, parading into the Mall earlier in the day.

I will never forget the reaction of one black woman - with an obvious histrionic streak - who pressed her hands to her head, bent up and down at the waist, and delightedly shrieked, "Oh, my God! Psychiatrists too! I don't believe it!" But for me, nothing compared to the sense of camaraderie and pride that I felt at the beginning of the day when we entered with our banner into the staging area of the Ellipse to the applause and cheers of those all around us. We have been detached from our community for a long time. It was good to be welcomed home.

It was truly a magnificent march - covered on *Nightline*, "Person of the Week," and the front page of many newspapers across the country. It was probably the largest collection of gay people in history. We must not let the spirit die.



Fall Meeting participants at Fasika's

Fall Meeting

The Annual Fall Meeting of AGLP was held in Washington, D.C. on September 12, 1987. The Fall Meetings are composed of work groups of AGLP members who volunteer their time to deal with issues between annual meetings and to help prepare for the coming one. Participation is open to everyone. This year 25 people attended the Fall Meeting, making it the best attended meeting yet.

Participants met the night before to share (literally) dinner at Fasika's, an Ethiopian restaurant which uses communal plates and no utensils. It was an interesting experience for those who had not eaten at an Ethiopian restaurant before. The next morning the work group got down to business.

Reports were received from a number of committees including: GLB, AIDS, Membership, Treasury, Education, CHIP, Issues, Residency, and the AGLP History. A major portion of the day was spent on planning for the Annual Meeting in Montreal, May 7-12, 1988. Details will be provided in future *Newsletters*. Other issues which were discussed included efforts to strengthen ties with other groups, APA elections, the March on Washington, officers for next year, and a survey of residency training programs.

A serious and extended discussion was held regarding the need for a full time, staffed, centralized office. Some members advocated a major dues increase on par with other national medical organizations to staff such an office. The prevailing view, however, was that AGLP will have to grow significantly before such an office would be feasible. Plans were made to explore the feasibility issue further.

MINUTES of the AGLP SPRING MEETING CHICAGO, IL--MAY 9-15, 1987

Monday, 11 May 1987, 5:30 PM
McCormick Center Hotel, Room 15
AGLP Business Meeting

CTO AND VISIT BY APA PRESIDENT-ELECT, DR. FINK The meeting was called to order by President Bob Cabaj, M.D. at 5:35 PM. After welcoming members, he introduced APA President-Elect Paul Fink, M.D. who came forward to speak. He mentioned his own concern with recent open aggression "of all kinds" and specifically pointed to black on black violence and "tag-bashing." He thanked AGLP for our support of his election and asked what issues he might be helpful with. Stu Nichols, M.D. mentioned our Memorial Service for members who have died of AIDS and suggested that the APA should make some greater announcement of those APA members who die of AIDS and should participate in a Memorial Service in Montreal. Dr. Fink was supportive and suggested that we carefully plan the Memorial putting it near the Convention at a time when APA members would be available and promoting the Memorial to the membership. Stu further mentioned that he and Jim Krajewski, M.D. will propose bringing together some of the "top thinkers" in and out of the APA to come up with a comprehensive approach to AIDS. Dr. Fink encourage our coming up with a proposal/document that will pass the Reference Committee. We should keep it purely psychiatric and should avoid the social issues. David Scasta, M.D. pointed out the tremendous logistical problems we have had getting through the red tape involved in setting up our meeting rooms etc. for these annual meetings. Dr. Fink pledged his cooperation prior to leaving our meeting.

INTRODUCTION OF OFFICERS The meeting resumed with President Cabaj introducing officers. Particular applause went to David Scasta, M.D. for his Newsletter work and to Past-president Terry Stein, M.D. for work in behalf of AGLP. Announcements were made of changes in the week's program. Conflicts exist due to overlapping of programs we would like to attend. Members were invited to attend Committee meetings later in the week.

AIDS MEMORIAL Thanks were given to John Fryer, M.D., Ed Nix, M.D. and others who helped pull together the AIDS Memorial. A moment of silence was observed for our colleagues who have died of AIDS in the past year. Special mention was made of Emery Hetrick. President Cabaj discussed our desire to name the Annual Award the Emery S. Hetrick Award and to make a donation to the Institute for the Protection of Lesbian and Gay Youth (which will be renamed The Hetrick-Martin Institute in honor of Emery and his partner Damien Martin). Bob also urged individual donations.

DUES INCREASE PROPOSED The proposed dues increase was discussed. The Executive Committee has recommended raising the annual dues from \$50 to \$75 starting with 1988. We would propose including a subscription to the *Journal of Gay and Lesbian Psychotherapy* with membership for one year with the matter to be reconsidered after that. We have existed formally for 9 years and have never had an official budget but we will have a budget next year. Treasurer Norm Hartstein, M.D. gave his report. At the end of 1985 we had had more expenses than revenue and a dues increase was clearly indicated. The improved financial situation during 1986 was partly due to the Membership Campaign Fund which was a one-time money raising project. Norm discussed his desire for AGLP to do more than it is presently doing. Much of the budget goes toward the convention expenses and Norm would like the Issues and Education Committees to have money to carry out projects. David Scasta, M.D. wondered whether AAPHR's \$125 annual dues was in any way responsible for their limited membership. David then discussed the Membership Drive and pointed out that AGLP presently has 280 full members with 180 paid up. In December 1986 he dropped the names of 170 individuals who had paid no dues for the previous year or more. Nevertheless, AGLP has doubled paid memberships during the past year. David Scasta, M.D. went on to discuss the Membership Campaign which was approved last year. Funds from that campaign paid for the SATH (Survey of Attitudes Towards Homosexuality) which was sent to the membership and the advertisements which have appeared in the APA News promoting the organization.

ITEMS REQUIRING OFFICIAL ACTION President Cabaj proceeded to those items which must be brought up at this night's meeting in order to be acted on tomorrow.

NOMINATION OF OFFICERS Officers for 1987-88 will be elected on Tuesday 12 May. Since Norm Hartstein, M.D. will assume the Presidency for the next two years, no President-Elect will be elected until May 1988. The Executive Committee has considered various individuals who would be willing to serve and has proposed the following slate of officers for nomination.

Vice President:	Steve Atkinson, M.D.
Secretary:	Phil Cushman, M.D.
Treasurer:	Larry Prater, M.D.
Newsletter Editor:	David Scasta, M.D.

All nominations for the election to be held the following day were seconded.

PROPOSED BYLAWS REVISIONS Norm Hartstein, M.D. read and explained proposed revisions in the By-Laws which would be read again and voted on the following day. Copies were distributed to those present.

Proposed Amendments of ByLaws:

Article III

(Proposed Revision)

Section 1. The Officers of the society shall consist of President, Vice-President, President-Elect, Secretary, Treasurer, and Newsletter Editor. The offices and/or functions of one or more office may at the discretion of the Executive Committee be invested in one person.

(Proposed addition)

Section 2. Duties.

G. Newsletter Editor: Edits and distributes newsletter at least 4 times per year. Edits and distributes other mailings as directed by the Executive Committee.

(Proposed Revision {Removal})

Section 5.

B. [No member shall hold any office simultaneously with any other office, and] The President and President-Elect shall not hold office for more than two consecutive terms.

(Proposed Revision)

Article IV

Section 1. A person who has graduated from or is enrolled in an approved Psychiatric residency training program and who supports the objectives of this society may become a voting member at the discretion of the Executive Committee by notifying

the Secretary or Treasurer of the desire to join and by paying dues. Membership continues so long as dues to the Society are paid. Members may resign upon request to the Secretary or Treasurer of the Society. Membership may be terminated by a 3/4 vote of the Executive Committee for conduct considered to be in opposition to the object of the Society.

Various members spoke out for and against the proposed amendments. Dick Limoges, M.D. spoke out against not requiring APA membership pointing out that we needed the APA to handle any ethical matters concerning our members that might arise. Steve Atkinson, M.D. pointed out that requiring APA membership would be too great a hardship on our Canadian members. Frank Rundle, M.D., one of our founding fathers, no longer sees need for APA membership. Bob Cabaj, M.D. pointed out that CHIP has become our APA arm and therefore AGLP should not need to require APA membership. Prior to the actual vote on the proposed amendment we will determine whether other affiliate organizations require APA membership.

JOINT AGLP/AAPHR POSITION STATEMENT President Cabaj discussed the meeting on Saturday of the AGLP Executive Committee with the AAPHR (American Association of Physicians for Human Rights) Executive Committee. David Ostrow, M.D. who is a member of AGLP is also currently President of AAPHR. The meeting was necessary in order for the two organizations to approve a Position Paper on Involuntary mandatory HIV testing in hospitals. Marshall Forstein, M.D. gave some background history on the need for the Position Paper and read the draft proposal which would be issued as a joint statement of AGLP and AAPHR. He requested specific input from members regarding experiences in other states that might be useful. Reasons for needing the statement were clarified. Dick Limoges, M.D. felt the statement needed to be broader so that it would apply to employers. Bob Cabaj, M.D. reminded us that the statement does not actually speak to a specific group. Bob also reminded us that previous AGLP Position Statements have had very positive effects. The draft proposal will be further discussed in Committee the following day with Elizabeth Harrison, M.D., David Ostrow, M.D. and Marshall Forstein, M.D. making any revisions necessary to meet with the approval of the membership.

Final housekeeping announcements were made regarding the scheduled awards lunch and the farewell party.

The meeting was adjourned at 6:58 PM.

Tuesday, 12 May 1987, 5:30 PM
McCormick Center Hotel, Room 15
AGLP Business Meeting

CTO AND CONGRATULATIONS TO FELLOWS The meeting was called to order by President Robert Cabaj, M.D. who then congratulated our members Joan Webb, M.D., Terry Stein, M.D., and Bert Schaffner, M.D. who became Fellows of the American Psychiatric Association this week.

BRIEF REPORTS FROM VARIOUS APA COMPONENTS:

Committee on Gay, Lesbian, and Bisexual Issues--Bob Cabaj, M.D. reported that the Committee was forming a response to some of the changes that have been going on with respect to challenge of sodomy laws in Michigan. There has been discussion of joining with the American Psychological Association in an Amicus brief against the Michigan sodomy law.

The Committee has been involved in discussion of the possible ethical bind that the Military places its psychiatrists in by requiring them to notify Authorities of information conveyed to them in confidence. Do military psychiatrists warn patients that what they say can be used against them? Does the military use psychiatric evaluations to get rid of homosexual soldiers? The Committee has been carrying on discussions with the Army's highest ranking psychiatrist and these discussions will continue. Any change will likely require action by the Department of Defense and/or Congress. Members were asked to funnel to the Committee any reports of individuals having difficulty with the military due to their homosexuality.

APA Task Force on AIDS The APA has been awarded a grant for AIDS education. Chapters have been written and are being edited. Jim Krajewski, M.D. and Stu Nichols, M.D. met earlier in the day with Mel Sabshin, M.D. who is Medical Director of the APA. The Task Force meets only a couple of times a year on a limited budget and therefore there must be some rethinking of what it is capable of doing. A small planning meeting is needed with other involved components and that could take place mid-summer. Marshall Forstein, M.D. reported that the Task Force feels there is not enough information to make a position statement on the involuntary testing issue but nevertheless is opposed to involuntary mandatory HIV testing of hospitalized mental patients.

FOUNDING PRESIDENT FRANK RUNDLE SPEAKS, PLANS FOR MONTREAL President Cabaj called our founding father and first President Frank Rundle, M.D. to speak as Frank had requested. In an emotional speech Frank gave a brief history of the beginnings of the parent group of AGLP, the Caucus of Gay, Lesbian and Bisexual Members of the APA, as well as a history of the achievement of the APA Task Force on Gay, Lesbian, and Bisexual Issues. Frank went on to propose that since the 1988 meeting in Montreal marks our official 10th Anniversary, we endeavor to make it "an occasion of observation of our tenth year, of our struggles, our trials, our achievements, of reunion and reunification and a celebration of our commonality of need and purpose" and that we launch a concerted effort to make it as "electrifying" as the 1978 Atlanta meeting. He volunteered to coordinate the effort and proposed increasing the dues to \$100 with an optional contribution of \$50 earmarked for the Montreal expenses. Frank proposed that we again have an exhibition booth and warned that they are a lot of work and cost a lot of money. He urged that we make intense recruitment efforts to include personal contacts with those who attended in Atlanta. Frank continued with an argument against naming our annual award for Emery Hetrick since the significance of the award will fade in time even for those of us who knew him but he argued that if we instead name it the Award of the Association of Gay and Lesbian Psychiatrists we will be making a proud and definitive statement each time we make the award.

Although Frank said that he would encourage APA membership, he would not require it for AGLP membership due to special circumstances as described the previous day. Frank's comments were roundly applauded. Dick Limoges, M.D. then spoke to endorse "everything that Frank has said" including the proposal to have a new booth in Montreal. Dick further urged that we make this the year when we finally have a "permanent central office so that we do indeed exist 365 days a year in a place where people can find us."

Peggy Hanley-Hackenbruck, M.D. noted the need to continue working hard in our second decade to integrate women into AGLP. Others spoke of their knowledge of the history of gay psychiatry. Jerry Dabbs, M.D. volunteered to help Frank Rundle in the Montreal effort. Don Tusel, M.D. suggested that he, Frank and Jerry get together to document the history of our organizations development. Bob Cabaj reminded the group that Dave McWhirter, M.D. has pledged that the Kinsey Institute will house our Archives.

President Cabaj described what AGLP is trying to offer members in order to increase the meaningfulness of AGLP. He and Margie Svad, M.D. discussed using the first Saturday of the Montreal meeting as a special AGLP Day. Frank Rundle, M.D. supported trying to get CME credit for our educational programs and Dick Limoges, M.D. suggested that the APA should support CME credit.

Jeffrey Akman, M.D. remarked that he felt the best booth that AGLP could have was the "AGLP Banner" being at APA Workshops, Symposia, etc. at the Annual Meetings.

Dick Limoges, M.D. reminded us of our need to get a "watch dog" committee to respond to issues.

FALL MEETING INVITATION President Cabaj repeated the announcement that the Fall AGLP Meeting will be held the weekend after Labor Day this year. Peggy Hackenbruck gave a plug for using the Fall Meeting (held each September in Washington, DC) as a time to talk and get to know each other. Norm Hartstein, M.D. discussed the fall Lesbian and Gay March on Washington which will occur 9-11 October 1987. Because the AGLP Executive Committee needs to have our meeting coincide with the APA Committee meetings in order to avoid duplicate travel, we cannot meet at the time of the March.

ELECTION OF OFFICERS FOR 1987-88 The slate of officers nominated the previous day was presented to the membership. Norm Hartstein, M.D., the President-Elect since last year, becomes President. Other officers elected were:

Vice-President	Stephen Atkinson, M.D.
Secretary	Phillip Cushman, M.D.
Treasurer	Larry Prater, M.D.
Newsletter Editor	David Scasia, M.D.

Outgoing President Bob Cabaj made some comments about his goals for AGLP in wanting the organization to be open to everybody, wanting it to become more a formal and structured organization recognized by the APA, and other accomplishments which he has tried to see through during his presidency. Following warm applause, Bob turned over the Presidency to Norm Hartstein, M.D. who described his involvement with the Caucus and encouraged each of us to bring with us to Montreal one individual who helped initiate us into the organization as well as one additional individual. He spoke of his enjoyment being Treasurer keeping track of what members are doing and feeling he was getting to know the membership in so doing. President Hartstein gave special thanks to Terry Stein, M.D., Bob Cabaj, M.D. and to others.

APPROVAL OF AMENDMENTS TO THE BYLAWS President Hartstein took up the issue of Bylaw revision which had been begun the previous day. He withdrew his proposal to not require APA Membership (Article IV, Section 1) and indicated that he would return to the Executive Committee with a request to include APA non-members as affiliates while only APA members would vote. He then reread the Proposed Amendments to the Bylaws and discussion followed. Motions were made to approve the amendments to Article III, Section 1 and Article III, Section 2. After seconds, both motions were approved by the membership. Further discussion followed on Article III, Section 5 regarding the reasons for the amendment. Allan Valgema, M.D. moved to call the question and there was a second. The amendment was then approved by the membership.

Margery Sved spoke up in favor of an amendment next year to the effect that no member could hold more than two offices simultaneously.

JOINT AGLP/AAPHR POSITION STATEMENT Marshall Forstein, M.D. spoke again about the need for the position statement. He pointed out that AAPHR wants to pass the paper at its June meeting and immediately begin using the Statement. Dick Limoges, M.D. urged including the phrasing "mandatory and routine" since the military considers HIV testing to be "routine." Jim Krajewski, M.D. said that he does not believe that the APA Position Statement speaks against "mandatory testing" and he did not feel that the Joint Statement allows for circumstances where mandatory involuntary testing might be necessary. Marshall defended the proposal as necessary to protect the acutely ill patient. Jim repeated his feeling that the proposal opposes all mandatory testing. President Hartstein also felt that the statement was still not narrow enough. Marshall and others continued to defend and explain the need for the Statement pointing out the limited usefulness of the HIV antibody test in situations such as that being discussed. After much further discussion both for and against the Joint Statement there was a motion to call the question which was approved. Then the motion to approve the Joint AGLP/AAPHR Statement was voted and approved by the membership.

ASSORTED FINAL ITEMS Dick Limoges, M.D. asked that "the minutes reflect our official consternation that there are no women officers."

President Hartstein adjourned the meeting at 7 PM.

Respectfully submitted,
Phillip W. Cushman, M.D.
Secretary

Committee on Gay, Lesbian and Bisexual Issues

James Krajewski, M.D.

The Committee on Gay, Lesbian, and Bisexual Issues (CGLBI) met during the APA Fall Committee Meetings in September. The Committee met with Kevin Berrill, Director of the National Gay and Lesbian Task Force (NGLTF) Anti-Violence Project. The discussion focused on ways that the APA and the NGLTF might work together to combat violence against gay men and lesbians. The meeting proved to be a productive contact and an opening of communication between NGLTF and APA members. Earlier in 1987 the APA Board of Trustees had approved an action encouraging mutual lobbying efforts with NGLTF before Congress on the issue of anti-gay violence.

The Committee discussed issues related to residency training programs. Three areas of concern were identified: 1) Discrimination in admission to residency programs; 2) Discrimination in progression of psychiatrists within academic departments or departments of psychiatry; and 3) Deficiencies in residency curricula. The Committee recommended to the Council on National Affairs that a letter should be sent to all department chairpersons and directors of residency training programs that would include the 1973 APA Position Statement on Homosexuality and Civil Rights.

The Committee met with a high ranking Army psychiatrist to discuss ways in which the Department of Defense policies affecting gay men and lesbians might be changed. Other issues that were addressed during the Committee meeting concerned the development of questions for certification examinations in psychiatry and the provision of input into the forthcoming revision of the Psychiatric Dictionary.

The Council on National Affairs requested that all the minority committees provide model curricula to the Council by February, 1988. Dr. Terry Stein is coordinating this effort. He is seeking curricula on gay and lesbian issues from the membership of AGLP to use in preparing the CGLBI draft.

The Committee is always interested in hearing about issues that AGLP members feel are important for organized psychiatry to consider. Please direct any comments or questions to: Jim Krajewski at 2001 Union St., San Francisco, CA 94123 or to any Committee member (Bob Cabaj, M.D., Peggy Hackenbruck, M.D., Richard Issay, M.D., David Sanders, M.D., or Terry Stein, M.D.).



Above: Where it all began - Stonewall, now Bagel-And
Right: Barbara Gittings and Michael Hardwick (of Supreme Court Fame) at a Philadelphia AIDS benefit



An Open Letter From the Gay and Lesbian Physicians of Chicago

Editor's Note: For the last year, the Gay and Lesbian Physicians of Chicago have waged a battle with the Chicago Medical Society which refused to run a simple advertisement about GLPC in its magazine, Chicago Medicine. The ad is displayed to the right. To date, the Chicago Medical Society has refused to even discuss the matter. When legal efforts were judged unlikely to be successful, GLPC began a public campaign to assail the anachronistic and bigoted stance of the Chicago Medical Society. Frank Pieri, M.D., president of GLPC and an AGLP member, has spearheaded the effort.

Gay and Lesbian Physicians of Chicago (GLPC) is a non-profit support group formed in 1983 for the mutual benefit of gay and lesbian physicians, dentists, students and the gay community. We have been active in gay community events, educating our members and the community at large about health care for gays and lesbians.

GLPC recently attempted to place an advertisement in the Chicago Medical Society (CMS) journal, *Chicago Medicine*, to inform other physicians of our existence and services. The advertisement was not only refused, but the CMS has steadfastly refused to discuss its placement with GLPC. After much effort, we have concluded that an underlying homophobic attitude at CMS is preventing them from meeting with us. In an attempt to show the CMS the unfairness of their position, we are asking area medical and community organizations to lend their support. We hope that supportive individuals and organizations will write to CMS objecting to their homophobic position and that CMS will rescind their previous decision and run our advertisement.

GLPC would appreciate supportive letters imploring the CMS to recognize GLPC as their colleagues, to withdraw their homophobic objections and to print our advertisement. Letters may be written to:

Robert Vanecco, M.D.
President
Chicago Medical Society
515 N. Dearborn St.
Chicago, IL 60610

GLPC would appreciate copies of any letters sent (GLPC; P.O. Box 14864; Chicago, IL 60614). We thank you for your assistance in this matter.

Sincerely,

Robert J. Darga, M.D.
Vice President, GLPC

GLPC

Gay and Lesbian Physicians of Chicago

GLPC was established in 1983, as an organization dedicated to:

*SUPPORT - For our members and our community
EDUCATION - For our members, our community,
and the medical community at large.*

We have over 140 members, ranging from medical students to attending physicians at all major medical centers in Chicago.

For further information:

GLPC
P.O. Box 14864
Chicago, IL 60614
(312) 475-0790

Request for Information about Teaching Regarding Homosexuality and Gay Men and Lesbians in Medical Schools and Psychiatry Residencies

The APA has requested a "model curriculum" from the Committee on Gay, Lesbian, and Bisexual Issues for inclusion in a proposal for teaching about minority and underrepresented groups in psychiatry residency programs. This request was discussed at the Fall Meeting of the AGLP. I have agreed to compile information about current courses or other instruction about homosexuality and about gay men and lesbians that individuals are conducting or are aware of in their settings. Bob Cabaj, M.D. and Richard Isay, M.D., other members of the Committee, have agreed to help me review this material. Based on what is currently being taught as well as on your suggestions for what should be included in the curriculum, we will propose a model teaching program to the APA.

Because there is a February 1, 1988 deadline for submission of the proposal, please send me any information you have at the earliest possible date. Specifically, we are interested in course descriptions, reference lists, and proposals for teaching relevant to gay men and lesbians. I would also appreciate knowing if the course or topic has actually been taught, how it has been received, and to what audience (medical students, residents, others) it is addressed. Finally, since it appears that there is generally a dearth of objective instruction in this area, we would like to know about your ideas for teaching even if the instruction has not occurred.

Please send descriptions of teaching experiences and suggestions to me at the following address: **Terry S. Stein, M.D., A233 East Fee Hall, Department of Psychiatry, Michigan State University, East Lansing, MI 48824.** I will describe the Committee's proposal in the Newsletter and at future AGLP meetings. Thanks in advance for your assistance in this endeavor.

AAPHR Conference in Minneapolis: August, 1988

The American Association of Physicians for Human Rights, the national lesbian and gay physicians' organization, held its annual conference in August following the 4th Annual Lesbian Physicians' Retreat, which was also sponsored by AAPHR and held in Minneapolis.

The local lesbian and gay physician's organization in Minneapolis was a wonderful host. Highlights included a riverboat dinner and excursion down the Mississippi River and a banquet honoring Matilda Krim, Ph.D. from the American Foundation for AIDS Research and Catlan Ryan of the National Lesbian and Gay Health Foundation. In her remarks, Krim emphasized the need for making experimental therapies available to AIDS patients who are not qualified to participate in the small number of available research protocols. Ryan spoke of the need to recognize the contributions that lesbian health workers have made in the AIDS effort. Twenty medical students, mostly from the midwest, but some from as far away as France and England, attended the conference. An Ethnic Minority Committee was established with Gene Nakajima as chair to help recruit minority physicians into AAPHR and to hold sessions at next year's conference concerning racism and other issues.

David Ostrow, M.D., an AGLP member, presided over the conference as outgoing president. Elizabeth Harrison, M.D. was elected President-Elect, Margie Sved, M.D. continues as treasurer, and Dan Fast, M.D. continues as newsletter editor.

Next year AAPHR will be sponsoring the 2nd International Lesbian and Gay Physicians' Conference in Boston, July 23-26, 1988. Two years ago, AAPHR along with the Gay Medical Association of the United Kingdom sponsored the first international lesbian and gay conference in which participants came from 17 different countries. Our conference will be coordinated with a 2nd international lesbian and gay health conference sponsored by the National Lesbian and Gay Health Foundation which will take place July 20-23. If anybody knows of health practitioners in other countries, please encourage them to attend one or both conferences next year.

For information about AAPHR contact:

AAPHR
PO Box 14366
San Francisco, 94114
(415) 558-9353

For information about the Ethnic Minority Committee contact:

Gene Nakajima
333 E. 90th St., Apt 4J
New York, NY 10128
(212) 876-3883.

Gene Nakajima
AMSA Representative

ANNOUNCEMENTS

The University of California, San Francisco AIDS Health Project, an AIDS Prevention and education program concerned with the psychological aspects of AIDS, is pleased to announce the start of its Volunteer Therapist Program. The Program is designed to gather therapists in private practice who are interested in volunteering at least one hour a week to see people with AIDS or ARC in San Francisco who are unable to pay for mental health services.

Laurie Yamamoto, M.S.W., has been hired at the AIDS Health Project to coordinate AIDS/ARC referrals to volunteer therapists in the community. In order to best serve the diverse populations affected by AIDS, the Volunteer Therapist Program is especially interested in drawing clinicians who are sensitive to the needs of gay and bisexual men, women, people of color, and those with substance abuse problems.

To qualify for the Program, volunteer therapists must have a valid license to practice in California and malpractice insurance. In appreciation for these services, the AIDS Health Project will offer ongoing AIDS and mental health programming for volunteer therapists. Grant support for the Volunteer Therapist Program was obtained by James W. Dilley, M.D., AIDS Health Project Director, through the Department of Health and Human Resources.

For further information, contact Laurie Yamamoto, Volunteer Therapist Coordinator at (415) 476-6430.

The New Jewish Agenda (NJA) has produced a 16 page pamphlet entitled *Coming Out, Coming Home: Lesbian and Gay Jews and the Jewish Community*. The booklet is designed to introduce gay, lesbian, and straight Jews to the Jewish gay and lesbian community. NJA is a national multi-issue organization with 4000 members working for lesbian and gay rights in addition to other causes. Pamphlets can be purchased for \$.50 per copy by writing to: **New Jewish Agenda, 64 Fulton St., #1100,; New York, NY 10038 [(212) 227-5885]**.



AGLP MEMBERSHIP FORM

Check one:

- Medical Student \$ 5.00 Date of Graduation: _____
- Resident \$25.00 Residency Completion Date: _____
- Associate Member \$50.00 Not a Member of the APA
- Full Member \$50.00 Psychiatrist & Member of the APA
- Newsletter* only \$10.00

Amount Enclosed \$ _____

Please complete the following information. Enclose this form (with your check made out to "AGLP") and mail to: Larry Prater, M.D.; 1110 N. Classen Blvd., #318; Oklahoma City, OK 73106-6808.

First Name _____ Middle Name _____

Last Name _____ Degree: _____

Preferred first (nick) name: _____

Line one of Mailing Address _____

Line two of Mailing Address _____

City _____ State _____ ZIP _____ (- _____)

Country (if other than U.S.A.) _____

Special mailing instructions (e.g., mark "Personal"): _____

Approximate year you first joined AGLP: 19 ____ APA Member? _____

OPTIONAL INFORMATION

Home Phone (____) _____ - _____ Office Phone (____) _____ - _____

Office Address Line one: _____

Office Address Line two: _____

City _____ State _____ Zip _____ (- _____)

Home Address Line one: _____

Home Address Line two: _____

City _____ State _____ Zip _____ (- _____)

Age ____ Gender _____ Do you want to be on AGLP's referral List? _____

If so, list speciality areas: