



# Association of Gay and Lesbian Psychiatrists

APRIL, 1986

VOLUME 12, NO. 2

President's Column Robert Cabaj, M.D.

Plans for the AGLP Events at the APA Annual Meeting from May 10 to May 16, 1986, in Washington, D.C., are finally near completion. I would like to devote this column to listing and describing events as planned.

These meetings in conjunction with the APA grew out of the original group of gay psychiatrists who began to get to know each other in the last 1960's and early 1970's at the Annual Meetings, the "GayPA" as described in an earlier issue. Out of this small group which first met at bars and restaurants, the formal organization grew and now a wide variety of meetings, events, social functions, courses and workshops for all APA members are presented each year. The Executive Committee hopes as many of you as possible will attend the following events:

First, the problem of a central hotel must be addressed. The base hotel is the **Dupont Plaza**, in Dupont Circle (1500 New Hampshire, N.W.), though it is not an "official" APA listed hotel. We learned this too late to change our plans, so you will need to book your own rooms (202-483-6000). The hotel is right on the Metro, and only two blocks away from an official APA hotel bus stop. That APA Hotel (on the official hotel form) is the Quality Inn Embassy Suites, only two blocks away, and is the best alternative. Other hotels near Dupont Circle (the best area to stay in) include: Washington Hilton (202-483-3000), Highland House (800-424-2464), Holiday Inn (800-238-8000), St. Charles Hotel (202-332-2226), and Windsor Park South (202-483-7700).

We have been told to warn members not to stay in the Thomas Circle area (Washington Plaza, Vista International) since it is dangerous at night, even though our business meetings and opening reception have been assigned there.

The **Hospitality Suite** will be at the Dupont Plaza, Rooms 717-718, from Sunday afternoon, May 11, through Thursday morning, May 15. We have several events scheduled but hope members and guests will feel free to drop in and use it to meet others, rest, or organize other events. Several small group discussions and meetings are planned (see the separate listing for the schedule) plus two showings of "Closets as Health Hazards," a short slide-sound presentation by Dr. Dee Mosbacher on Monday, May 12, at 12 noon and 3:30 p.m. We are planning a group for members who are circumspect about their orientation and openness with others; an open discussion on AIDS and working with patients with AIDS; a clinical discussion on general issues in working with transsexuals; and a discussion on substance abuse and the gay community.

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Washington '86

Secretary's Column Phil Cushman, M.D.

The AGLP Referral List now includes about 100 psychiatrists mostly in the larger cities. As the listings come into my home I add them to the computer disk where they are organized alphabetically by state, city, and individual. Limited space is available for special areas of interest and I sometimes have to edit that portion of the listing in order to fit the computer's requirements. Recently a number of forms have been returned with listings that are already recorded. If you think that you may have previously requested listing, please make some notation on the form and I will check before reentering the information. The computer does not detect duplications. A copy of the listing is taken to my office on computer disk for my very discreet secretary to have available in case someone calls in for referral information. From time to time a hard copy of the listing is printed and sent to AGLP President, Bob Cabaj, M.D., and to other officers who have need for the listing. Since the listing now amounts to some twenty pages, it is time consuming to print out anymore frequently and also expensive to produce and mail.

Individuals wanting to find a referral resource in a particular area can call my office (904) 372-0387 weekdays between 8:30 a.m. and 5:00 p.m. EST and obtain the needed information from my secretary, Betty Parkinson. My answering service will not know what you are talking about so make sure that you have Betty on the line when you request the information. I have spent a lot of time trying to organize the Referral List so that it can be maintained easily and efficiently and I would like for all of us to find it as useful as possible. If you have problems getting referral information, please let me know.

# Association of Gay and Lesbian Psychiatrists

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## Editor's Column David Scasta, M.D.

The envelope carrying your **Newsletter** this quarter should be full. Enclosed is a copy of a pocket guide to Washington, D.C. which we have put together in preparation for the annual meetings during the APA Convention, May 10th through May 17th. We hope that every member that possibly can will attend this year. You can register for the Convention on site if you have not pre-registered. If you do not have reservations for a hotel room, see Dr. Bob Cabaj's article for places to call. He has done a terrific job of organizing a broad variety of educational, social, and political events for the Convention despite a juggernaut of bureaucratic delay and complication from a number of sources (especially from the APA). These events are described in this issue of the **Newsletter** and outlined in the pocket guide.

Also enclosed, you will find a copy of your 1985 and or 1986 bill for dues. I have persuaded Norman Hartstein, M.D., our treasurer, to allow me to do this partly in atonement for all of the money which I have been spending on behalf of the AGLP. Norman provides a voice of fiscal responsibility to help offset my grandiosity. There is no question, however, that we could do more if all our dues were collected. Part of the problem is that it is difficult for our small organization to bill members directly. Hopefully, the use of the **Newsletter** envelope will obviate that difficulty. If you owe dues, please get them into Norman as soon as possible. If either Norman or I have made a mistake in crediting your dues, write to Norman Hartstien, M.D. at: 851 N. Kings Road, #309; West Hollywood, CA 90069 or see him at the meetings in Washington and he will attempt resolve the problem.

The Haworth Press, Inc. has subsidized a major part of the cost of the **Newsletter** for this quarter by purchasing advertising space. You will find its ad on the last page asking for book-length manuscripts on homosexuality and contemporary problems. The request is a wonderful opportunity for those of you who have been doing research in the area to get your work published. Since Haworth Press publishes the **Journal of Homosexuality** we look forward to sharing resources and information from time to time. Look for future announcements.

## ANNOUNCEMENTS

Nanette Gartrell, M.D. wrote to correct a previous announcement. The dinner for Lesbian Psychiatrists will be held on **Tuesday**, May 13th (not Wednesday as reported in the APA News ad). Participants will be meeting in the lobby of the Sheraton at 6:30 p.m. before proceeding to the 7:00 p.m. meeting at 1753 Kilborne Place, N.W.



## The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor  
David Scasta, M.D.

Published quarterly and as needed from: 1721 Addison Street; Philadelphia, PA 19146

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The view expressed in the **Newsletter** are those of the writer and do not necessarily repre-

sent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the **Newsletter** should not be inferred unless specifically stated. Mailing lists for the **Newsletter** are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

## Information for Authors

Persons wishing to submit articles for publication should send such to: Editor; The Newsletter of the AGLP; 1721 Addison Street; Philadelphia, PA 19146. Submissions should be clearly readable and become the property of the AGLP. Submissions will not be returned unless requested and accompanied by a self address-

ed and stamped envelope. The **Newsletter** reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission — even if the author requests anonymity in publication (which is discouraged).

## Officers of the Association of Gay and Lesbian Psychiatrists

President	Robert P. Cabaj, M.D.
Vice-President	Robert Schwartz, M.D.
Vice-President	Judith Wible, M.D.
Secretary	Phil Cushman, M.D.
Treasurer	Norm Hartstein, M.D.
Past President	Terry S. Stein, M.D.

Report  
ASSEMBLY OF DISTRICT BRANCHES MEETING  
November 15/17, 1985

The topics covered during the Fall Assembly meeting were numerous and varied. For example, there was an update on the status of the APA liability insurance program and the difficulties the APA has been having in continuing coverage for its members. (Coverage will continue). There was the usual discussion of what psychotherapy is and how psychotherapy performed by a psychiatrist is different from psychotherapy performed by someone else (all of which is related to who gets paid for what). An action paper proposing a name change for our profession from Psychiatry to Psychiatric Medicine was withdrawn but will probably be revived for the Spring Assembly meeting.

Of major interest to the members of the Caucus of Homosexually Identified Psychiatrists (CHIP) were several items. An action paper from the Council on Children, Adolescents, and Their Families was referred for Assembly approval. The report recommended that no single factor, such as a couple being gay...should be used to eliminate potentially suitable homes (for foster care). The report ran into opposition because of the preamble to the recommendations which suggested that children raised by gay foster parents would grow up normally and that "the clinical experience of psychiatrists is that homosexuals can indeed be loving parents and provide good homes for children." Voices were raised which questioned the validity of these observations. One Assembly member stated that the report would be harmful to the image of psychiatry. After intense debate the report was referred back to the Council on Children, Adolescents, and Their Families for reworking.

The Assembly did approve action items requesting the APA legal counsel to request from the Department of Defense legal authorities written clarification of the military policy on confidentiality. It also approved communicating a statement to the appropriate military authorities that cites a portion of the Principles of Medical Ethics with Annotations Especially Applicable to Psychiatry and notes that the APA maintains that if a military psychiatrist were asked to perform a psychiatric examination of an individual for discharge from the Armed Services when the sole reason for the referral is homosexuality, such activity would constitute a misuse of the profession of psychiatry. The cited section from the Ethics manual states that "a psychiatrist should not be party to any type of policy that excludes, segregates, or demeans the dignity of any patient because of ethnic origin, race, sex, creed, age, socioeconomic status, or sexual orientation." (The Board of Trustees subsequently approved this action in December 1985.)

Foreign Medical Graduates (FMG) was again applying for status as an underrepresented group within the Assembly. The Assembly did not approve their application. The reasoning for denying minority status seemed to be that some Assembly members believed that Foreign Medical Graduates did not meet all of the criteria as an underrepresented group. Others seemed to oppose representation on more general grounds that they did not think there should be any special groups in the Assembly including probably the present groups. The FMGs were given Special Observer status which permits their group to have a non-voting member on the Assembly floor.

DSM-III-R was intensely discussed. There was more discussion of the actual process of developing DSM-III-R than of specific diagnostic categories since at that time copies of the proposed changes were just being made available. The Assembly took no specific action on DSM-III-R except to make clear that it wished to be involved in the review process as DSM-III-R developed. The publication schedule for DSM-III-R calls for final printing in 1987.

There was also a discussion of a proposed APA Manual on the treatment of psychiatric disorder. Though this text has been in development for a long time, there was considerable opposition to the publication of such a volume by APA. There was the feeling that an official APA publication would become a legal standard which would greatly limit treatment approaches and clinical judgment. It was agreed that the document would be circulated to all Assembly representatives for comment. (Apparently Dr. Helen Singer Kaplan has written a chapter on Ego-dystonic Homosexuality, but it has not been received to date for comment.) The mood of the Assembly on this proposed text was such that the volume may yet be scrapped or at least not be published as an official APA publication.

Peggy Hackenbruck, M.D. began her term of office as the Deputy Representative for CHIP at this meeting. If any individuals wish to comment on items before the Assembly please contact Peggy or me.

Jim Krajewski, MD  
Assembly Representative  
for CHIP



## Cabaj continued

The Opening Reception is Sunday, May 11, 6-8 p.m. at the Washington Plaza, Massachusetts and Vermont Ave., N.W., in the Monroe Room. There will be a cash bar and everyone is welcome!

The Awards Luncheon is on Wednesday, May 14, from 12:15 to 1:45 p.m., at the Loew's L'Enfant Plaza, 480 L'Enfant Plaza East, S.W., in the Monet III Room. Due to a scheduling conflict, Dr. Judd Marmor, our guest of honor and first recipient of our award, will not be able to attend. We will honor him next year. Our guest speaker will be Representative Barney Frank of Massachusetts, an outspoken defender of gay and lesbian rights. He will discuss the current administration and gay and lesbian issues, including the reaction to funding for AIDS research and treatment. He is an excellent speaker and promises to provide a very stimulating discussion. Please plan on attending and please mail in the reservation form with your payment as indicated elsewhere in this issue. Remember, we had to turn people away last year so please reserve early as there may be only limited seats available at the meetings. (Please note that the AGLP ad listed the Luncheon incorrectly, on a Tuesday — it IS on Wednesday.)

The AGLP Business Meetings to conduct official business and hold elections will be on Monday, May 12, and Tuesday, May 13, 5:30-7 p.m., at the Washington Plaza (in the Adams Room on Monday and the Washington Room on Tuesday.) Please use this time to consider running for office. We need the continued and active support of as many members as possible. The position for President-Elect will be open again this year.

The Closing Party will be Thursday, May 15, from 6:30-8:30 p.m., at the home of Dr. Constantine Kyropoulos, 2110 Bancroft Place, N.W., near Dupont Circle. There will be an open bar and light hors d'oeuvres. A map and details will be available at the meetings.

Please note, the dinner for lesbian psychiatrists will be on Tuesday evening, May 13. Interested members will be able to go from the AGLP Business Meeting that evening, or meet in the lobby of the Sheraton Washington, to walk to the dinner site. We regret the incorrect listing in the ad and hope this will not cause confusion.

The Partner's Group for lovers, partners, significant others, friends, spouse-equivalents, etc., will meet on Monday, May 12, from 2-3:30 p.m. in the Hospitality Suite. We hope this will allow planning for other events in the week.

The Members-in-Training Discussion Group will meet on Wednesday afternoon, May 13, from 3-4:30 p.m., in the Hospitality Suite. All members-in-training (students, interns, residents) are welcome, as is anyone interested in the issues facing a gay or lesbian person in training.

The Education Committee will meet on Monday, May 12, from 10-11 a.m., followed by the Issues Committee at 11-12 noon, in the Hospitality Suite. Any interested member may attend. The Education Committee plans and proposes topics for discussion at annual meetings and other events around the country. The Issues Committee formulates the issues that we need to address as an organization either within our own structure or with the APA or other groups.

Other social events and dinners will be planned at the meeting. Maps and guides to the area will be available in the Suite and at meetings. Look for our posters in strategic locations. Please join us!

## SCHEDULE OF EVENTS

Hospitality Suite, Dupont Plaza, Room 717-8

## Sunday, May 11

Available for any purposes after 1:00 pm.

## Monday, May 12

10:00-11:00 am

Education Committee, Dr. Bob Cabaj

11:00-12:00 n

Issues Committee, Dr. Terry Stein

12:00- 1:00 pm

Showing and discussion of "Closets as Health Hazards", Dr. Dee Mosbacher

2:00- 3:30 pm

Partners' Group, Mr. Chris Carmichael

3:30- 4:30 pm

Showing and discussion of "Closets as Health Hazards", Dr. Dee Mosbacher

## Tuesday, May 13

12:30- 2:00 pm

Discussion for psychiatrists who feel the need to be circumspect about sexual orientation with others, led by Dr. Connie Kyropoulos

3:00- 4:45 pm

Open discussion on AIDS — reactions to friends, lovers with AIDS; working with patients with AIDS; etc, with Drs. David Ostrow, Stu Nichols, Marshall Forstein, Bert Schaffner

## Wednesday, May 14

9:00-10:30 am

Clinical Issues Discussion, to exchange clinical experiences and theoretical considerations that arise when gay and lesbian psychiatrists are treating gay and lesbian patients in psychodynamic psychotherapy, led by Dr. Robert Schwartz (see note below)

10:30-11:30 am

Working with Transsexuals, led by Dr. David Seil

3:00- 4:30 pm

Members-in-Training Discussion Group, led by Drs. Lou Ross and Stephen Atkinson

4:30- 6:00 pm

Substance Abuse and the Gay Community, led by Dr. Bob Cabaj

**Thursday, May 15**

Available for any purpose until 11:30 am

For the **Clinical Issues Discussion Group** on Wednesday morning, Dr. Bob Schwartz notes that "members of our Association have considerable experience with the match of gay or lesbian clinicians and patients." The group will provide an opportunity to discuss issues and share both problems and successes. Attendees are encouraged to bring their own clinical vignettes. Among issues that may arise are:

1. The implications to psychotherapy when one is chosen as a therapist because of one's sexual orientation
2. The advantages and pitfalls of becoming a role model and psychotherapist
3. The decision to acknowledge one's own sexual orientation with a homophobic gay or lesbian client who presumes a heterosexual orientation for the therapist
4. When and how to make interpretations regarding sexual orientation and/or specific attractions that appear "over determined"
5. How countertransference issues when dealing with gay/lesbian clients may differ from those with heterosexually oriented clients.

**AGLP Sponsored Activities and  
APA Events of Interest**

**Saturday, May 10**

5:00- Executive Committee Meeting, Dupont Plaza, in Dr. Bob Cabaj's room

**Sunday, May 11**

9:00- 5:00 pm APA Course #12, New Perspectives on Psychotherapy with Lesbians and Gay men, Shoreham Hotel  
6:00- 8:00 pm AGLP Opening Reception, Washington Plaza, Monroe Room

**Monday, May 12**

10:00- 4:30 pm Hospitality Suite Events, Dupont Plaza, Room 717-8, as listed separately  
5:30- 7:00 pm AGLP Business Meeting, Washington Plaza, Adams Room

**Tuesday, May 13**

9:00-10:30 am APA Workshop, Psychotherapy with Lesbians: A Diversity of Issues, Room 23, Lobby Level, Convention Center  
11:00-12:30 pm APA Workshop, Special Issues in Psychotherapy with Lesbian and Gay Men — Component presentation of the APA Committee on Gay, Lesbian, and Bisexual Issues (see APA material for location)

**Tuesday, May 13 con't**

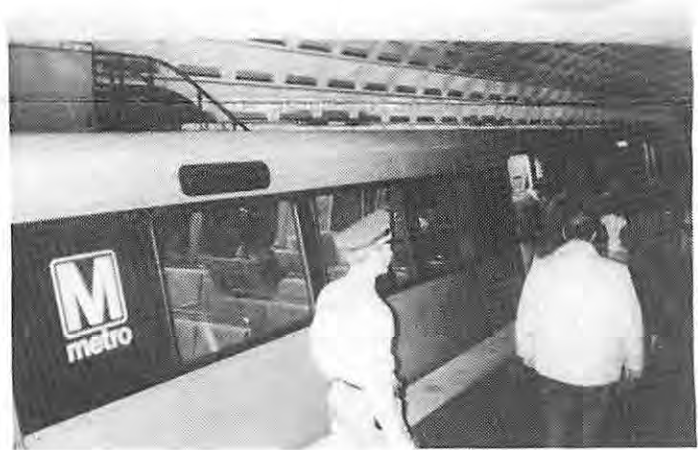
12:30- 4:45 pm Hospitality Suite Events, Dupont Plaza, Room 717-8, as listed separately  
5:30- 7:00 pm AGLP Business Meeting, including elections, Washington Plaza, Washington Room  
6:30- Dinner for Lesbian Psychiatrists (meet in lobby of the Sheraton to walk to dinner)

**Wednesday, May 14**

9:00-11:30 am Hospitality Suite Events, Dupont Plaza, Room 717-8, as listed separately  
12:15- 1:45 pm Second Annual Awards Luncheon, with guest speaker Rep. Barney Frank, Loew's L'Enfant Plaza, Monet III Room (please send in form for luncheon at your earliest possible convenience)  
3:00- 6:00 pm Hospitality Suite Events, Dupont Plaza, Room 717-8, as listed separately

**Thursday, May 15**

9:00-10:30 am APA Workshop, New Thinking on Sexuality and Homosexuality, featuring Drs. Isay, McWhirter, and Pillard (sponsored by AGLP)  
9:00- 5:00 pm APA Course, Meeting the Mental Health Challenges of AIDS (see APA material for location)  
TBA Film, "Choosing Children" about issues facing lesbian parents (see APA material for time and location)  
6:30- 8:30 pm Closing Party, home of Dr. Constantine Kyropolous, 2110 Bancroft Place, N.W.



Washington Subway - "The Metro"

DATE: \_\_\_\_\_

**NEW MEMBERSHIP APPLICATION**  
(or change of address form)

**ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

(Please list preferred mailing address & any special instructions, eg. "mark personal")

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Telephone: home( ) \_\_\_\_\_ or office( ) \_\_\_\_\_

**TYPE OF MEMBERSHIP:**

Voting (APA Member)	\$50.00 _____	Member in Training	\$25.00 _____
Affiliate (APA Non-Member)	\$50.00 _____	Student	\$ 5.00 _____
Mailing List Only	\$10.00 _____		

Make check payable to "AGLP" and return this application to: **Norman B. Hartstein, M.D.; 851 Kings Road, #309; West Hollywood, CA 90069.** Membership and mailing lists are confidential. If you do not wish your name to appear on these lists (in which case you will receive no mailings from AGLP), please check here: \_\_\_\_\_ .

**AGLP REFERRAL SERVICE**

The Association of Gay and Lesbian Psychiatrists' Psychiatric Referral Service provides a list of psychiatrists throughout the country who are comfortable with and experienced in treating gay men and lesbians. If you would like to have your name on the AGLP referral list, please send this form to **Phil Cushman, M.D.; 5801 N.W. 83rd Terrace; Gainesville, FL 32606.**

Name \_\_\_\_\_

Address \_\_\_\_\_ Telephone: Office( ) \_\_\_\_\_

Home (optional)( ) \_\_\_\_\_

Specialty areas of interest:

Yes, please reserve space at the Second Annual Awards Luncheon

Wednesday, May 14, 12:15-1:45 pm  
Loew's L'Enfant Plaza, Monet III Room  
Guest Speaker: Rep. Barney Frank

Name \_\_\_\_\_ Number of places \_\_\_\_\_

Please enclose a check for \$22.50 per person, made out to AGLP, to: **Norman B. Hartstein, M.D.; 851 N. Kings Road, #309; West Hollywood, CA 90069**

ANNOUNCING . . .

**BOOK MANUSCRIPTS  
WELCOME!  
FOR THE  
"RESEARCH ON  
HOMOSEXUALITY"  
BOOK SERIES**

The **Journal of Homosexuality** and The Haworth Press, Inc., announce that it is expanding its publications program to include single-authored works to be published as book supplements to the journal. Selected titles may also be marketed and distributed by the new **Harrington Park Press** paperback imprint launched by The Haworth Press, Inc., last year.

Book-length proposals are now welcomed. Of special interest will be practical, innovative approaches to and help for contemporary problems faced by homosexual men and women, including but not limited to

- **homosexuality and depression, anxiety, and problems in living**
- **homosexuality and aging/mid-life crisis**
- **homosexuality and relationship problems**
- **homosexuality and alcoholism/drug abuse**

Prospective authors are invited to send book proposals with copies of their professional "vitaes" to the attention of John P. De Cecco, Senior Editor (Human Sexuality), The Haworth Press, Inc., Center for Research & Education in Sexuality (CERES), San Francisco State University, Psychology Building, San Francisco, California 94132



**The Haworth Press, Inc.,**

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